



Appendix 32: EX1 Form (Initial Examination Report)

INITIAL EXAMINATION REPORT (MEDICAL – CONFIDENTIAL)



Petroleum Development Oman
MEDICAL DEPARTMENT

PLEASE COMPLETE YOUR PERSONAL
DETAILS IN BLOCK CAPITALS

Surname	JAGIR SINGH
Forenames	
Address	
Home telephone number	94292895

Place of examination	NM CAHALL	Date	17/5/23
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If a dependant enter employee's name here:

Surname:	JAGIR SINGH		
Birth date:	2/4/1982	Nationality:	INDIAN

Forenames:		Country of birth:	INDIA	Religion:	
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<input checked="" type="checkbox"/> Male <input type="checkbox"/> Female	<input checked="" type="checkbox"/> Married <input type="checkbox"/> Single <input type="checkbox"/> Separated /Divorced	Relationship to employee	Number of children:
		<input type="checkbox"/> Wife <input type="checkbox"/> Son <input type="checkbox"/> Daughter	1

Reason for examination	Pre-Employment <input type="checkbox"/>	Job:	Crane operator
	Pre-Overseas <input type="checkbox"/>	Area:	Jifnan

Name and address of family doctor:	List your last 3 jobs
	(1)
	(2)

Are you a Registered Disabled Person? (UK only)	<input type="checkbox"/>	Do you belong to any Medical Insurance Scheme?	<input type="checkbox"/>
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DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)

	Y	N		Y	N		Y	N		
1. Sinus trouble		/	21. Cancer		/	HAVE YOU EVER BEEN:-				
2. Neck swelling/glands		/	22. Heart Disease		/		40. Rejected for employment or insurance for medical reasons			
3. Difficulty in vision		/	23. Rheumatic fever		/		41. Awarded benefits for industrial injury/illness		/	
4. Any ear discharge		/	24. Abnormal heartbeat		/		42. Treated for a mental condition, e.g. depression		/	
5. Asthma/bronchitis		/	25. High blood pressure		/		43. Treated for problem drinking or drug abuse		/	
6. Hayfever /other significant allergy		/	26. Stroke		/		44. Exposed to toxic substance or noise		/	
7. Any skin trouble		/	27. Serious chest pain		/		FOR WOMEN ONLY Have you ever had:-			
8. Tuberculosis		/	28. Any blood disease		/			45. An abnormal smear		
9. Shortness of breath		/	29. Kidney disease		/			46. Any gynaecological treatment		
10. Coughed/vomited blood		/	30. Blood in urine		/		47. Are you pregnant?			
11. Severe abdominal pain		/	31. Diabetes		/		48. HAVE YOU HAD AN ILLNESS NOT MENTIONED ABOVE			
12. Stomach ulcer		/	32. Headaches/migraine		/					
13. Recurrent indigestion		/	33. Dizziness/fainting		/					
14. Jaundice or hepatitis		/	34. Epilepsy		/					
15. Gall Bladder disease		/	35. Joints/spinal trouble		/					
16. Marked change in bowel habits		/	36. Surgical operation		/					
17. Blood in stools (motions)		/	37. Serious accident/fracture		/					
18. Marked change in weight		/	38. Tropical disease		/					
19. Varicose veins		/	39. Fear of heights		/					
20. Lump in breast/ampit		/								

How much tobacco each day?	X	Average daily alcohol consumption	7
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Have you ever taken elicited drugs? PDO test all new/potential employees for elicited/recreational drugs

FAMILY HISTORY: Diabetes Tuberculosis Epilepsy Asthma Eczema
Heart disease High blood pressure Stroke Blood Disease Cancer

PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-

I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.

Date:	17/5/2023	Signature of Applicant:	Jagir Singh
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Jagir Singh





FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)		PHYSICAL EXAMINATION
N	A	
✓		1. Eyes & Pupils
✓		2. E.N.T.
✓		3. Teeth & Mouth
✓		4. Lungs & Chest
✓		5. Cardiovascular System
✓		6. Abdo. Viscera
✓		7. Hernial Orifices
✓		8. Anus & Rectum
✓		9. Genito-urinary
✓		10. Extremities
✓		11. Musculo-skeletal
✓		12. Skin & Varicose Vns.
✓		13. C.N.S.

HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE	HEARING	VISION	Colour Vision	Blood Group
170	71	24.5	122/88	60/min.	L 4 R 4	DISTANT NEAR R L R L Uncorrected 6/6 6/6 Corrected	28	

N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS	N	A
		1. Urinalysis		
		2. Hb, Bloodcount, ESR		
		3. LFT, RFT, RBS		
		4. Drug Screen		
		5. Lipids (40 years +)		
		6. Sickle Cell test		

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

ASSESSMENT:

FIT ALL AREAS
 DR. MAJID AL-SAYED
 TEMPORARY UNFIT
 UNFIT
 FIT

Date: _____ Name (Block Capitals): Dr. / Nurse _____ Signature: *17/5/2025*

REVIEW/CONSULTATION

Date: _____ Name (Block Capitals): Dr. / Nurse _____ Signature: _____



DEPARTMENT OF LABORATORY MEDICINE

File No: 50042284	Report No: 0153465
Name: JAGIR SINGH 6790	Sample Date: 17/05/2025 Time: 8:41
Address:	Received By:
Gender: M Age: 43 Y Nationality: INDIAN	Received Date: Time:
GSM No.: 94292895 ID Card No.: 111102534	Report Date: 17/05/2025 Time: 10:17
Ref. By: DR SHIVAKUMAR S DDALAH	Bill No: 0371969 Bill Date: 17/05/2025

INVESTIGATION	RESULT	REFERENCE RANGE
PDO PACKAGE ABOVE 40 YEARS		
RANDOM BLOOD SUGAR	5.40 mmol/L	4.11 - 7.9mmol/L
CREATININE	75.00 µmol/L	Adults MALE: 62 - 106 µmol/L FEMALE: 44 - 80 µmol/L
SGPT (ALT)	14.40 U/L	MALE : up to 41 U/L, FEMALE : up to 33 U/L.
TOTAL WBC COUNT	5.27 x 10 ³ / µL	4.00-11.00 x 10 ³ / µL
DIFFERENTIAL COUNT		
NEUTROPHIL (%)	57.46 %	40-75%
LYMPHOCYTE (%)	28.78 %	20-45%
MONOCYTE (%)	6.37 %	2-8%
EOSINOPHIL (%)	5.89 %	1-6%
BASOPHIL (%)	1.49 %	0-1%
ERYTHROCYTE SEDIMENTATION RATE	10 mm/1st hr	MALE:0-15 mm/ 1st hr FEMALE:0-20 mm/ 1st hr
HAEMOGLOBIN	14.24 gm/dl	Male : 13 -18 gm/dl Female: 11-15 gm /dl children upto 1year-11.0 - 13.0 gm /dl upto 12years-11.5 - 14.5 gm /dl cord blood:13 -19.5 gm /dl.
SICKLE CELL	NEGATIVE	
Method : Solubility test (If Positive , Hb Electrophoresis / HPLC to be done to confirm Sickle cell anaemia / Trait).		
URINE ROUTINE		
URINE BIOCHEMISTRY		
URINE GLUCOSE	NEGATIVE	NEGATIVE
URINE PROTEIN	NEGATIVE	NEGATIVE
URINE KETONE	NEGATIVE	NEGATIVE

Verified By

Approved By

11011

Lab Technologist

Specialist Pathologist

MOH License No.

Electronically signed at 17/05/2025 10:13:00

Printed at: 17/05/2025 4:32:55 PM

Page: 1 of 2



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Ref. By: DR SHIVAKUMAR S:DDAIA-F	Bill No: 0371969 Bill Date: 17/05/2025

INVESTIGATION	RESULT	REFERENCE RANGE
URINE BILIRUBIN	NEGATIVE	NEGATIVE
NITRITE	NEGATIVE	NEGATIVE
URINE PH	6.5	4.8-8.0
SPECIFIC GRAVITY	1.010	1.010-1.030
BLOOD	NEGATIVE	NEGATIVE
UROBILINOGEN	NORMAL	NORMAL
URINE MACROSCOPY		
COLOUR	PALE YELLOW	
APPEARANCE	CLEAR	
URINE MICROSCOPY		
RBC	0-1 /hpf	0-3
WBC	2-3 /hpf	0-5
EPITHELIAL CELLS	0-2 /hpf	NIL
CRYSTAL	NIL /hpf	NIL
CAST	NIL /hpf	NIL
BACTERIA	NIL	
MUCOUS THREAD	NIL	
LIPID PROFILE		
TOTAL CHOLESTEROL	4.52 mmol/L	< 5.18 mmol/L
HDL	1.29 mmol/L	>1.5 mmol/L
TRIGLYCERIDES	1.07 mmol/L	Desirable : <2.082 mmol/L Borderline high : 2.83 - 5.67 mmol/L Hypertriglyceridemia >5.65 mmol/L
LDL	2.93 mmol/L	< 2.6 mmol/L
VLDL	0.49 mmol/L	0.128-0.645mmol/L

Verified By:

Approved By:

11011

Lab Technologist

Specialist Pathologist

MCI License No:
Electronically signed at: 5/7/2025 10:18:00

AUDIOMETRY REPORT

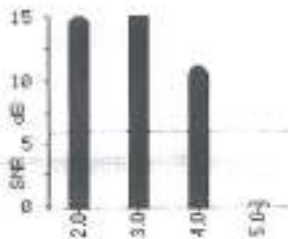
Name of the Patient JAGIR SINGH

U107.05
17-MAY-25 09:13
DP 4s 4 SRC avg
SN: G11005649 G12014535

Sex M MRN 50042284 Date of Test 17-5-25

NAME:

Left: Pass

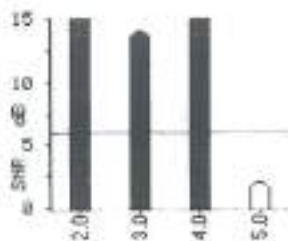


F2	L1	L2	DP	NF	SNR	P
2.0	65	55	-4	-19	15	P
3.0	60	51	-2	-20	18	P
4.0	64	54	-9	-20	11	P
5.0	62	52	-20	-20	0	P

U107.05
17-MAY-25 09:17
DP 4s 4 SRC avg
SN: G11005649 G12014535

NAME:

Right: Pass



F2	L1	L2	DP	NF	SNR	P
2.0	66	57	-4	-20	16	P
3.0	65	54	-6	-20	14	P
4.0	63	50	-1	-20	19	P
5.0	64	55	-18	-20	2	P



Jeyashree

Signature of the Technician

NMCOMAN/DOC/NSG/75



Pulmonary Function Report

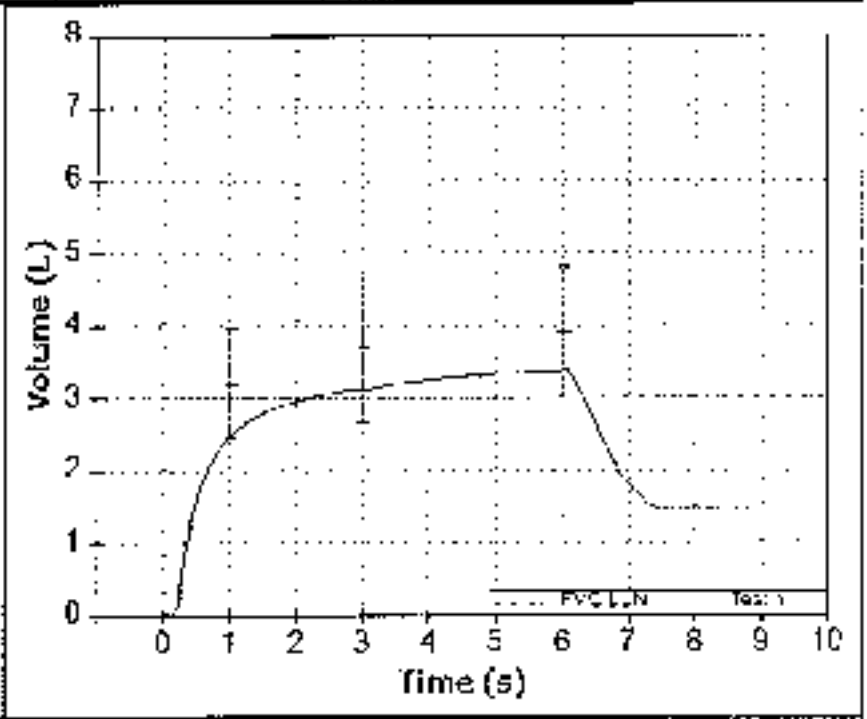
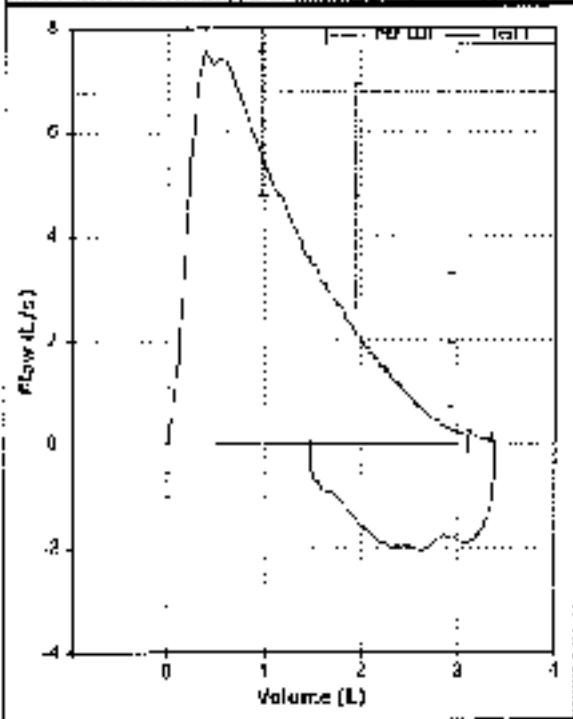
Personal and Demographic Information

ID:	2025137_093110247	Alternate ID:	50042284		
Last Name:	Singh	First Name:	Jogir	Middle Name:	
Population:	Asian	Gender:	Male	Date of Birth:	02/04/1982
Age:	43	Height:	170 cm	Weight:	71.0 kg
BMI:	24.6	Smoking:	Non Smoker		

Test and Device Information

Test Date:	17/05/2025 09:32	Device:	AI PHA Touch	Serial Number:	32100
No. of Tests:	2	Accuracy Chk:	30/05/2019 15:42	User:	Administrator
Pred. Values:	ERS 95	Pred. Factor:	90%	Posture:	Standing

Flow-Volume Graphs



Summary Table

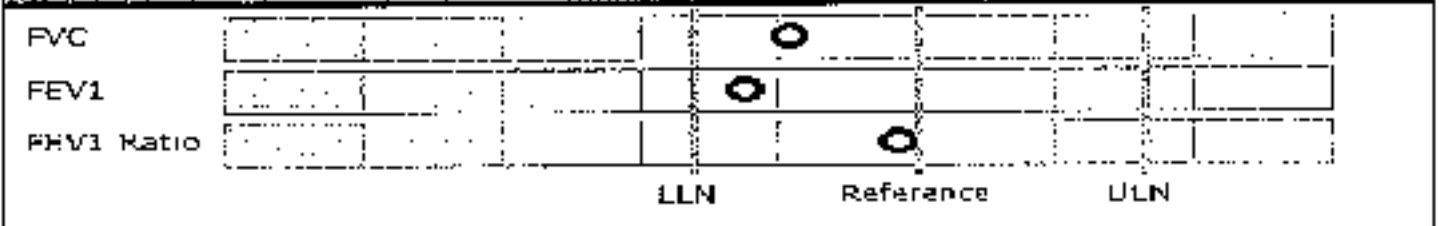
Parameter	Pred	LLN	Best	% Pred.	Z-Score
FVC (L)	3.90	3.40	3.39	87	-0.93
FEV1 (L)	3.21	2.46	2.64	82	-1.25
FEV1 Ratio	0.79	0.68	0.78	99	-0.15
FEV6 (L)	3.90	3.00	3.39	87	-0.93
PEF (L/min)	524	406	454	87	-0.97
FF25-75 (L/s)	4.15	2.41	2.26*	54	-1.91

Values at BTPS. *Below lower limit of normality (LLN)

FVC Session Grade	FVC Rep:	FEV1 Rep:	Slow Start of test	End of test criteria not achieved	Cough detected in 1st second
C	0.31 L (9.1%)	0.21 L (8.0%)	0 blow(s)	1 blow(s)	0 blow(s)

Example: Interpretations cannot be relied upon for diagnosis. Normal ventilatory function.

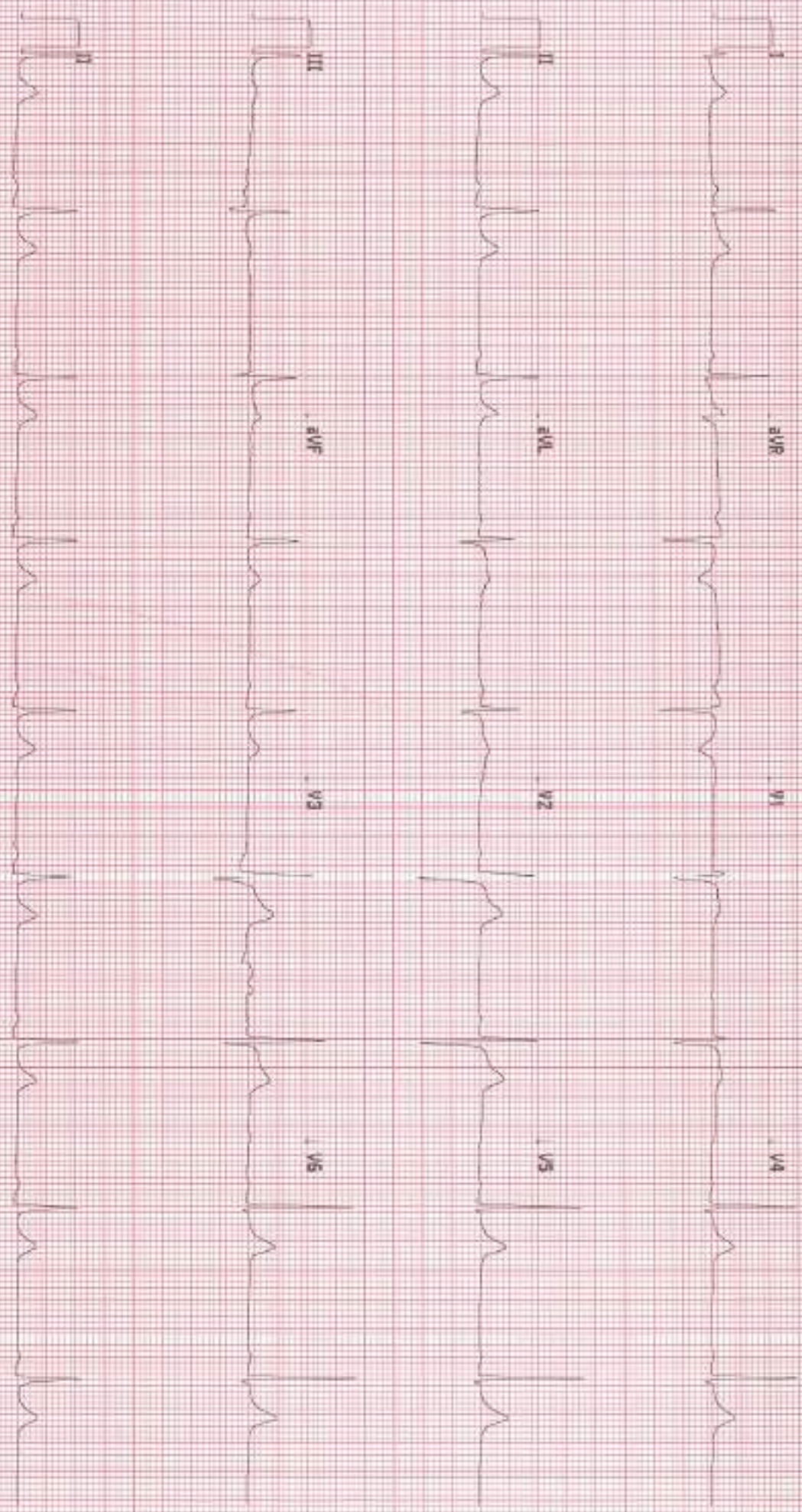
Reference Plot



UNCONFIRMED REPORT
DOB: 43yr.

VENT RATE: 52 BPM
PR INT: 173 ms
QRS DUR: 86 ms
QT/QTc: 389/368 ms
P-R-T AXES: 34 48 45

DRUGS: NONE
BORDERLINE ECG
UNCONFIRMED REPORT



1192K0000835 No Site Name

Site # 0 Cart # 0 Version 2.10.5 Sequence #02834 25mm/s 10mm/mV 0.05-40 Hz K

FL754

Calculator

About

References

Framingham Risk Score (2008)

Questions

1. Gender?	Male
2. Age?	40-44
3. Total Cholesterol?	4.14-5.15 mmol/L
4. HDL?	1.17-1.29 mmol/L
5. Systolic Blood Pressure?	130-139 mmHg
6. On Medication for Hypertension?	No
7. Smoker?	No
8. Diabetic?	No
9. Known Vascular Disease (CAD, PVD, S...)	No

About

The FRS estimates the 10 year risk of manifesting clinical CVD (CAD, Stroke, PVD, CHF, cardiac death). Although not examined in the 2008 model, it is common practice to double the FRS if there is a FHx of premature CAD in a 1st degree relative (men <55y, women <65y).

*The risk stratification tool for the ESC is the SCORE system which estimates 10y risk of CVD death. Patients with a 10y risk of CVD death $\geq 5\%$ are considered high risk. The lipid guidelines recognize risk equivalents as a distinct category that warrant immediate treatment. For patients with an ESC SCORE $\geq 5\%$ a 3 month trial of lifestyle measures is a reasonable starting point. If after 3 months the lipids remain above moderate risk targets and the SCORE remains $\geq 5\%$ then intensive therapy to reach high risk targets is recommended.

References

Ralph B. D'Agostino, Sr, Ramachandran S. Vasan, Michael J. Pencina, Philip A. Wolf, Mark Cobain, Joseph M. Massaro and William B. Kannel.

[General cardiovascular risk profile for use in primary care: the Framingham Heart Study.](#)

Circulation 2008 February 12, 117 (6): 743-53

McPherson R et al.

[Canadian Cardiovascular Society position statement—recommendations for the diagnosis and treatment of dyslipidemia and prevention of cardiovascular disease.](#)

Canadian Journal of Cardiology 2006, 22 (11): 913-27

[Management of Blood Cholesterol in Adults: Systematic Evidence Review from the Cholesterol Expert Panel.](#)

Ian Graham et al.

[European guidelines on cardiovascular disease prevention in clinical practice: executive summary. Fourth Joint Task Force of the European Society of Cardiology and Other Societies on Cardiovascular Disease Prevention in Clinical Practice \(Constituted by representatives of nine societies and by invited experts\).](#)

European Heart Journal, Volume 28, Issue 39, October 2007. Pages 2375-2414

The Framingham Risk Score (2008) calculator is created by QxMD.

Results

Estimated 10-year Global CVD Risk

5.6%

Risk Category

Low Risk

Estimated Vascular Age

45 Years

Treatment Guidelines

ATP-III (2004)

Treatment Targets

LDL <100 mg/dL (<4.14 mmol/L)

Non-HDL <150 mg/dL (<4.93 mmol/L)

CCS (2009)

Initiate Pharmacotherapy if

LDL >5 mmol/L (>193 mg/dL)

TChol/HDL-C >6 mmol/L (>231 mg/dL)

Treatment Targets

$\geq 50\%$ decrease in LDL-C

ESC (2007, see info for more)

Treatment Targets

LDL <3 mmol/L (<120 mg/dL)

TChol <5 mmol/L (<194 mg/dL)

Created by QxMD



