

11.32 Appendix 32: EX1 Form (Initial Examination Report)

INITIAL EXAMINATION REPORT (MEDICAL - CONFIDENTIAL)



Petroleum Development Oman
MEDICAL DEPARTMENT

PLEASE COMPLETE YOUR PERSONAL
DETAILS IN BLOCK CAPITALS

Surname: Shaiikh		Forenames: Pareeq. Ahmad	
Address: 10		Home telephone number: 94691084	
Place of examination	Date: 30/3/2018		
If a dependant enter employee's name here:			
Surname: Tadon		Forenames: To	
Birth date: 15/7/1970	Nationality: Tadon	Country of birth: Tadon	Religion:
☐ Male ☐ Female	☒ Married ☐ Single ☐ Separated /Divorced	Relationship to employee: ☐ Wife ☐ Son ☐ Daughter	Number of children:
Reason for examination: ☐ Pre-Employment ☐ Job: ☐ Pre-Overseas ☐ Area:			
Name and address of family doctor		List your last 3 jobs	
		(1)	
		(2)	
Are you a Registered Disabled Person? (UK only) ☐		Do you belong to any Medical Insurance Scheme? ☐	
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)			
	Y	N	
1. Sinus trouble		☒	21. Cancer
2. Neck swelling/glands		☒	22. Heart Disease
3. Difficulty in vision		☒	23. Rheumatic fever
4. Any ear discharge		☒	24. Abnormal heartbeat
5. Asthma/bronchitis		☒	25. High blood pressure
6. Hayfever /other significant allergy		☒	26. Stroke
7. Any skin trouble		☒	27. Serious chest pain
8. Tuberculosis		☒	28. Any blood disease
9. Shortness of breath		☒	29. Kidney disease
10. Coughed/vomited blood		☒	30. Blood in urine
11. Severe abdominal pain		☒	31. Diabetes
12. Stomach ulcer		☒	32. Headaches/migraine
13. Recurrent indigestion		☒	33. Dizziness/fainting
14. Jaundice or hepatitis		☒	34. Epilepsy
15. Gall Bladder disease		☒	35. Joints/spinal trouble
16. Marked change in bowel habits		☒	36. Surgical operation
17. Blood in stools (motions)		☒	37. Serious accident/fracture
18. Marked change in weight		☒	38. Tropical disease
19. Varicose veins		☒	39. Fear of heights
20. Lump in breast/armpit		☒	
How much tobacco each day?		Average daily alcohol consumption	
Have you ever taken elicited drugs? () PDO test all new/potential employees for elicited/recreational drugs			
FAMILY HISTORY: Diabetes () Tuberculosis () Epilepsy () Asthma () Eczema ()			
Heart disease () High blood pressure () Stroke () Blood Disease () Cancer ()			
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-			
I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.			
Date: 30/3/2018		Signature of Applicant: [Signature]	

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FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)				PHYSICAL EXAMINATION			
N	A						
✓		1. Eyes & Pupils					
✓		2. E.N.T.					
✓		3. Teeth & Mouth					
✓		4. Lungs & Chest					
✓		5. Cardiovascular System					
✓		6. Abdo. Viscera					
✓		7. Hemal Orifices					
✓		8. Anus & Rectum					
✓		9. Genito-urinary					
✓		10. Extremities					
✓		11. Musculo-skeletal					
✓		12. Skin & Varicose Vns.					
✓		13. C.N.S.					
HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE	HEARING L	VISION DISTANT R L	Colour Vision
168	77	27.3	111 69	95/min.	R	Uncorrected Corrected	
						NEAR R L	Blood Group
						4/6 6/6	
N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS				N	A
✓		1. Urinalysis				7. Audiogram	
✓		2. Hb, Bloodcount, ESR				8. Lung Function	
✓		3. LFT, RFT, RBS				9. Chest X-Ray	
		4. Drug Screen				10. ECG	
✓		5. Lipids (40 years +)				11. CVS risk for 40 yrs. & above	
✓		6. Sickle Cell test				12. HIV, Hepatitis screening	

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

Borderline Diab. Diet and exercise control.
Fasting lipid profile after 3 months

ASSESSMENT:

☒ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT

Date:

3.3/2.23

Name (Block Capitals): Dr. Nurse

RATULISA

REVIEW/CONSULTATION

Date:

Name (Block Capitals): Dr. Nurse

Signature

Framingham Risk Assessment form

Framingham Risk Assessment (For all professional drivers, crane operators, forklift operator or other employees who are above 40 years of age):

Employee Name: Shakib Parwez Ahmed

Emp #:

Date of Assessment: 18/03/2023

1	Age	Years	<u>59</u>
2	Gender	Female/Male	<u>Male</u>
3	Total Cholesterol	mmol/L	<u>5.00</u>
4	HDL Cholesterol	mmol/L	<u>0.98</u>
5	Smoker	Yes/No	<u>No</u>
6	Diabetes	Yes/No	<u>No</u>
7	Systolic Blood pressure	mm Hg	<u>110</u>
8	Is the patient being treated for High blood pressure?	Yes/No	<u>No</u>

Framingham Risk score: 6.5 %

Framingham Risk Rating (Circle the appropriate score):

Low

Medium

High

Any further action or recommendations?

Assessment or Examination conducted by:

Dr. Rakesh Yella



د. رakesh يلا
DR. RAKESH YELLA
رئيس الأطباء
LICENSE NO: 12288
طبيب عام

Epworth Screening Quest. for Sleep Apnoea

Employee Data		Date: 30/3/2023
Name: Shaikh. Parwaj. Ahmad		Department/Company: 70
I. D No. 100635194	Tel # 94611024	Occupation:

This questionnaire will help identify if you have any health condition which may need a more detailed medical assessment as part of your fitness to work determination. If you have any queries please contact your local Health Services staff. All information provided on this form and during consultations remains strictly confidential. When further clinical evaluation is required following completion of a screening questionnaire, the details should be recorded on Q1 and E1 forms.

How likely are you to fall asleep in the following situations? (use 0 to 3 score as shown below)

0	Would never doze
1	Slight chance of dozing
2	Moderate chance of dozing
3	High chance of dozing

0	sitting and reading
0	watching TV
0	sitting inactive in a public place (e.g. theatre or meeting)
0	as a passenger in the car for an hour without a break
1	Lying down to rest in the afternoon when circumstances permit
0	Sitting and talking with someone
0	Sitting quietly after lunch without alcohol
0	In a car, while stopped for a few minutes in traffic
Total 1	

If you score a total of 15 or more you should seek advice from medical personnel on site before continuing to drive or operate machinery in the workplace.

Declaration: I, Shaikh. Parwaj. Ahmad (Print Name) certify that to the best of my knowledge the above information supplied by me is true and correct.

Signature: _____ Date: 30/3/2023

Fitness to Work Certificate

Employee Data		Date 30/3/2023	
Name Shoikh. parug. Ahamed		Department/Company	
I.D No. 100835194	Age 52/y	Occupation	
Type of Medical Evaluation		Mark those applying ✓	
A1 Aircraft refuelling		A6 Fire / Emergency response team work	
A2 Breathing apparatus		A7 Professional driving	
A3 Business traveller		A8 Remote location work	
A4 Catering and food preparation		A9 Transfers – group A country	
A5 Crane or forklift driving & all heavy vehicles		A10 Transfers – group B country	
Health Advisor Statement : The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.			
Fit with no restrictions			
Fit with following restriction(s)			
The employee is fit for above work but should avoid the following task(s)	Temporary restriction	Permanent restriction	
Work near moving machinery or sharp edges			
Working at height			
Pulling, pushing, or carrying weight over ____ Kg			
Ascend/descend ladders or stairs			
Operate motor vehicles, forklifts or heavy machinery			
Use of a respirator			
Repetitive twisting of valves or wrenches			
Flying			
Other (Specify)			
Temporary Unfit until			
Permanently Unfit		Date	
Name of health advisor Dr. Rakesh	Signature [Signature]	Date 30/3/2023	



DEPARTMENT OF LABORATORY MEDICINE

File No: 0221789	Report No: 0654194
Name: SHAIKH PARWEJ AHAMAD	Sample Date: 30/03/2023 Time: 11:52
	Received By: 181773
Address:	Received Date: 30/03/2023 Time: 12:09
Gender: M Age: 52 Y Nationality: INDIAN	Report Date: 30/03/2023 Time: 13:32
GSM No.: 94691082 ID Card No.: 100835194	Bill No: 0870738 Bill Date: 30/03/2023
Ref. By: EXTERNAL DOCTOR	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
PDO MEDICAL CHECK UP ABOVE 40(truckoman)		
FBS (FASTING BLOOD SUGAR)	5.71 mmol/L	3.9 - 6.1
Method :- Hexokinase	102.78 mg/dL	70 - 110
LIPID PROFILE - SERUM		
CHOLESTEROL (TOTAL)	5.00 mmol/L	1 - 5.1
Method:-Enzymatic	193.3 mg/dl	40 - 200
HDL (HIGH DENSITY LIPOPROTEIN)	0.985 mmol/L	0.777 - 1.813
Method:-Enzymatic	38.08 mg/dl	30 - 70
LDL (LOW DENSITY LIPOPROTEIN)	2.65 mmol/L	1.295 - 4.54
Method:-Calculation	102.47 mg/dl	50 - 172
VLDL (VERY LOW DENSITY LIPOPROTEIN)	1.37 mmol/L	0.259 - 1.036
Method:-Calculation	52.75 mg/dl	10 - 40
RATIO (TOTAL CHOL / HDL CHOL)	5.08	3.8 - 5.9
Method:-Calculation		
TRIGLYCERIDES	2.98 mmol/L	0.584 - 2.146
Method : Enzymatic	263.73 mg/dl	50 - 190
LIVER FUNCTION TEST - SERUM		
TOTAL BILIRUBIN - SERUM	0.414 mg/dL	0.1 - 1
Method : Diazo	7.08 µmol/L	1 - 17.1
DIRECT BILIRUBIN - SERUM	0.149 mg/dL	0.1 - 0.5
Method : Diazo	2.55 µmol/L	1 - 8.55
SGOT (AST)-SERUM (IFCC)	31.97 U/L	Male: up to 40.0 Female: up to 32.0
SGPT (ALT)-SERUM (IFCC)	48.25 U/L	Male: 10-50 Female: 10-35

Thansila Thah

Processed By:
181773

Lab Technologist

MOH License No: 21829

Approved By:
181773

Lab Technologist

THANSILA THAH
LAB TECHNICIAN
REG No: 21829

Released By:
181773

Lab Technologist

MOH License No: 21829

Dr. Shayfa
DR. SHAYFA
Specialist Pathologist

MOH LIC NO:13475

Electronically Signed at: 30/03/2023 1:33:00 PM

Printed at: 30/03/2023 1:34:19 PM

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DEPARTMENT OF LABORATORY MEDICINE

File No: 0221789
Name: SHAIKH PARWEJ AHAMAD
Address:
Gender: M **Age:** 52 Y **Nationality:** INDIAN
GSM No.: 94691082 **ID Card No.:** 100835194
Ref. By: EXTERNAL DOCTOR

Report No: 0654194
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Report Date: 30/03/2023 **Time:** 13:32
Bill No: 0870738 **Bill Date:** 30/03/2023
Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
ALKALINE PHOSPHATASE (ALP)-SERUM (IFCC)	79.94 U/L	Adult : Men -40-129 :Female 35-104 Children:(Aged) 7months - 1Year :- <462 1Year - 3 Years :- <281 4 Years - 6 Years :- <269 7 Years - 12 Years :- <300 13 Years - 17 Years(M) :-<390 13 Years - 17 Years(F) :- <187
TOTAL PROTEIN-SERUM(Colorimetric Assay)	8.02 gm/dL	6.6 - 8.7
ALBUMIN - SERUM (Colorimetric Assay)	4.60 gm/dL	3.9 - 4.9
GLOBULIN - SERUM (Calculation)	3.42 gm/dL	2.3 - 3.5
ALBUMIN / GLOBULIN RATIO - Calculation	1.35	1.2 - 1.5
GGT(GAMMA GLUTAMYL TRANSPEPTIDASE) - SERUM	38.32 U/L	Men : 8-61 Female : 5-36
Method :-Enzymatic Assay		
RENAL FUNCTION TEST (UREA - CREATININE)		
UREA - SERUM	4.32 mmol/L	1.7 - 8.3
Method : Kinetic Assay	25.95 mg/dL	10.2 - 49.8
CREATININE - SERUM	83.80 µmol/L	44.2 - 123.7
Method :-Jaffé Method	0.95 mg/dl	0.5 - 1.4
CBC (COMPLETE BLOOD COUNT)		
TOTAL WBC COUNT	7720 cells/cumm	4000 - 11000 cells/cumm
Method : -Fluorescence Flow Cytometry		
DC (DIFFERENTIAL COUNT)		
Method : -Fluorescence Flow Cytometry		
NEUTROPHILS	33.0 %	40-75%

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Lab Technologist

Approved By:
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Lab Technologist

Released By:
181773
Lab Technologist

DR. SHAYEA P
Specialist Pathologist

MOH License No: 21829

MOH License No: 21829

MOH LIC NO:13476

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Gender: M Age: 52 Y Nationality: INDIAN	Report Date: 30/03/2023 Time: 13:32
GSM No.: 94691082 ID Card No.: 100835194	Bill No: 0870738 Bill Date: 30/03/2023
Ref. By: EXTERNAL DOCTOR	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
LYMPHOCYTES	59.3 %	20-45%
EOSINOPHILS	1.7 %	2-6 %
MONOCYTES	5.7 %	2-8 %
BASOPHILS	0.3 %	0-1%
HB (HEMOGLOBIN)	16.0 gm/dl	Male-13 - 18 gm/dl Female-11- 15 gm/dl
Method : -Cyanide-free SLS haemoglobin		
TOTAL RBC COUNT	5.53 million/cu	MALE: 4.5-6.5million/cu FEMALE: 3.9-5.5million/cu
Method : - Hydrodynamically focussed impedance		
PLATELET COUNT	2.29 lakhs/cumm	1.0 - 4.0 lakhs / cumm
Method : - Hydrodynamically focussed impedance		
PCV (PACKED CELL VOLUME)	48.70 %	Males : 42% - 52% Females : 37% - 47%
MCV (MEAN CORPUSCULAR VOLUME)	88.10 FL	76 - 96 FL
MCH (MEAN CORPUSCULAR HEMOGLOBIN)	28.90 PG	27 - 33 PG
MCHC(MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION)	32.90 g/dl	32 - 36 g/dl
ESR (ERYTHROCYTE SEDIMENTATION RATE)	04 mm/ 1st hr	MALE:0-9 mm/ 1st hr FEMALE:0-20 mm/ 1st hr

Capillary Photometry Technology

Measures the kinetics of red cells aggregation.Clinical Laboratory and Standard Institute (CLSI) procedure for the ESR Test.

SICKLE CELL

NEGATIVE

Method : -Haemoglobin solubility test

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181773

Lab Technologist

MOH License No: 21829

Approved By:
181773

Lab Technologist

Released By:
181773

Lab Technologist

MOH License No: 21829



DR. SHAYFA P
Specialist Pathologist

MOH LIC NO:13475

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Ref. By: EXTERNAL DOCTOR	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
URINE ROUTINE		
URINE BIOCHEMISTRY		
Method :- Colorimetric Assay		
GLUCOSE	NIL	
PROTEIN	NIL	
KETONE	NIL	
BILIRUBIN	NIL	
pH	ACIDIC	
UROBILINOGEN	NORMAL	
URINE MICROSCOPY (Centrifugation Method)		
RED BLOOD CELLS (RBC)	NIL /hpf	
PUS CELLS	0-2 /hpf	
EPITHELIAL CELLS	NIL /hpf	
CRYSTALS	NIL /hpf	
CAST	NIL /hpf	
BACTERIA	PRESENT /hpf	
YEAST CELLS	NIL /hpf	



Processed By:
181773
Lab Technologist

THANSILA THANA
Approved By:
181773
Lab Technologist

Released By:
181773
Lab Technologist

DR. SHAYFA P
Specialist Pathologist

MOH License No: 21829

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MOH LIC NO:13475

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X-RAY REPORT

Doc No:	0069832
Name:	SHAIKH PARWEJ AHAMAD
Age/DOB:	52 Y Omani ID/ L.Card No:: 100835194
Sex:	Male
Referred By:	EXTERNAL DOCTOR
Clinical Diagnosis:	
X-Ray/UltraSound	CHEST X-RAY
Date:	30/03/2023
X-Ray Film No:	TO
Bill No:	0870738
Charge Sheet No:	

Both lung fields are normal

Both cp angles are clear

Mediastinal shadow and bony thorax are normal

Cardiac configuration is within normal limits

Conclusion: A normal X-ray appearance

Signature:

DR. NITHINMON GU
SPECIALIST RADIOLOGY
MOH Licence: 21058
ASTER HOSPITAL IBRI



221789

SHAIKH PARWEJ

3/30/2023 12:16:51 PM
Aster Hospital IBRI
ECG Room
ECG Room

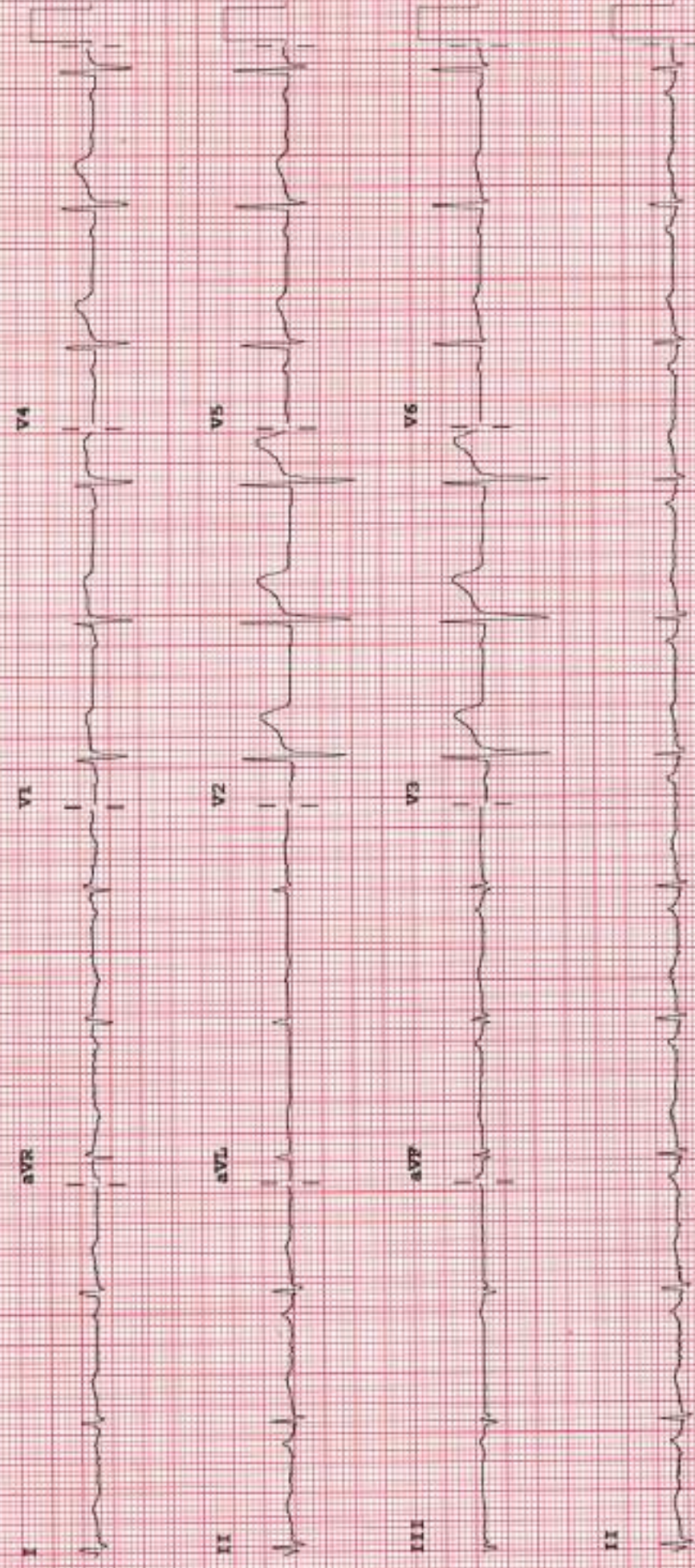
د. راجمول ساراسواتي
DR. RAJMOUL SARASWATHI
رئيس القلب
HEAD OF CARD
CHIEF OF CARDIOLOGY



Rate 67
PR 181
QRS 88
QT 396
QTc 418

--AXIS--
P 72
QRS -6
T 30

12 Lead; Standard Placement

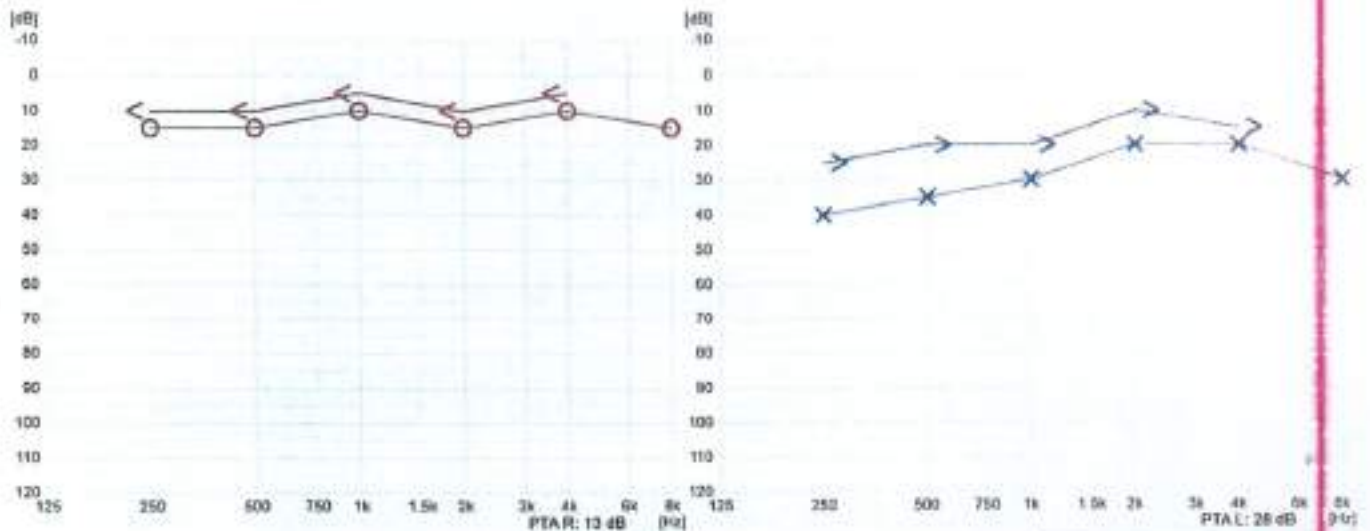


Device: Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV

P 50~ 0.50~ 40 Hz W P10 L P7

SUPER QUALITY HEARING AID AND SPEECH THERAPY CENTER

Code: 0870738 Last name, First name: SHAIKH, PARWEJ AHAM Born: 03.03.2023
Test type: Tonal audiometry Test date: 30.03.2023



Legend	R	L
Air	○	×
AirMasked	△	□
Bone	<	>
BoneMasked	[	]
MCL	M	M
UCL	m	m
Free Field	⊙	⊗
Free FieldMasked	A	A
Binaural		B
No response		I

Comments
RIGHT: NORMAL HEARING SENSITIVITY
LEFT: MILD MIXED HEARING LOSS

Signature:

Date: 30/3/2023