## Initial Medical Examination Report

### INITIAL EXAMINATION REPORT (MEDICAL – CONFIDENTIAL)

| | |
|---|---|
| **Surname** | |
| **Forenames** | Rashid Sarwar |
| **Address:** | |
| **Home telephone number** | |

**Place of examination:** Aster Hospital, Ibri  **Date:** 01/02/2021

If a dependant enter employee's name here:

**Birth date:** 23/02/1992  **Nationality:** Pakistan  **Project:**  **Country of birth:**  **Religion:**

[✓] Male [ ] Female   [ ] Married [ ] Single [ ] Separated /Divorced

**Relationship to employee** [ ] Wife [ ] Son [ ] Daughter   **Number of children:**

**Reason for examination**
Pre-Employment [ ]  Job:
Pre-Overseas [ ]  Area:

Name and address of family doctor

List your last 3 jobs
(1)

Are you a Registered Disabled Person? (UK only) [ ]   Do you belong to any Medical Insurance Scheme? [ ]

**DO YOU HAVE OR HAVE YOU HAD:-** (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)

| | Y | N | | Y | N | | Y | N |
|---|---|---|---|---|---|---|---|---|
| 1. Sinus trouble | | ✓ | 21. Cancer | | ✓ | **HAVE YOU EVER BEEN:-** | | |
| 2. Neck swelling/glands | | ✓ | 22. Heart Disease | | ✓ | 40. Rejected for employment or insurance for medical reasons | | ✓ |
| 3. Difficulty in vision | ✓ | | 23. Rheumatic fever | | ✓ | | | |
| 4. Any ear discharge | | ✓ | 24. Abnormal heartbeat | | ✓ | 41. Awarded benefits for industrial injury/illness | | ✓ |
| 5. Asthma/bronchitis | | ✓ | 25. High blood pressure | | ✓ | | | |
| 6. Hayfever /other significant allergy | | ✓ | 26. Stroke | | ✓ | 42. Treated for a mental condition, e.g. depression | | ✓ |
| 7. Any skin trouble | | ✓ | 27. Serious chest pain | | ✓ | | | |
| 8. Tuberculosis | | ✓ | 28. Any blood disease | | ✓ | 43. Treated for problem drinking or drug abuse | | ✓ |
| 9. Shortness of breath | | ✓ | 29. Kidney disease | | ✓ | | | |
| 10. Coughed/vomited blood | | ✓ | 30. Blood in urine | | ✓ | 44. Exposed to toxic substance or noise | | ✓ |
| 11. Severe abdominal pain | | ✓ | 31. Diabetes | | ✓ | | | |
| 12. Stomach ulcer | | ✓ | 32. Headaches/migraine | | ✓ | **FOR WOMEN ONLY** | | |
| 13. Recurrent indigestion | | ✓ | 33. Dizziness/fainting | | ✓ | Have you ever had:- | | |
| 14. Jaundice or hepatitis | | ✓ | 34. Epilepsy | | ✓ | 45. An abnormal smear | | |
| 15. Gall Bladder disease | | ✓ | 35. Joints/spinal trouble | | ✓ | 46. Any gynaecological treatment | | |
| 16. Marked change in bowel habits | | ✓ | 36. Surgical operation | | ✓ | | | |
| 17. Blood in stools (motions) | | ✓ | 37. Serious accident/fracture | | ✓ | 47. Are you pregnant? | | |
| 18. Marked change in weight | | ✓ | 38. Tropical disease | | ✓ | 48. **Have you had an illness not mentioned above** | | |
| 19. Varicose veins | | ✓ | 39. Fear of heights | | ✓ | | | |
| 20. Lump in breast/armpit | | ✓ | | | | | | |

How much tobacco each day?   Average daily alcohol consumption

**Have you ever taken elicited drugs? ( )** PDO test all new/potential employees for elicited/recreational drugs

**FAMILY HISTORY:** Diabetes [✗]   Tuberculosis ( - )   Epilepsy [✗]   Asthma ( ✗ )   Eczema [✗]
Heart disease ( ∟ )   High blood pressure (✗)   Stroke ( )   Blood Disease ( )   Cancer ( )

**PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-**
I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. **I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.**

**Date:** 01/02/2021   **Signature of Applicant:**

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مستشفى عمان الخير ش.م.م
ص.ب: ٤٠٠ الرمز البريدي: ٥١١
عبري سلطنة عمان
هاتف: ٥٧.٨٨٦٥٢٦٨٩٧+
فاكس: ٢٥.٨٨٦٥٢٦٨٩٧+
نقال: ٧٧٩٩٥٥١٧/٣٧.٣٩٩١٩٨٦٩٧+

**FOR COMPLETION BY EXAMINING DOCTOR OR NURSE**
Further details of medical history and recreational activities

N = Normal   A = Abnormal (please describe)

| N | A | PHYSICAL EXAMINATION | |
|---|---|---|---|
| ✓ | | 1. Eyes & Pupils | |
| ✓ | | 2. E.N.T. | |
| ✓ | | 3. Teeth & Mouth | |
| ✓ | | 4. Lungs & Chest | |
| ✓ | | 5. Cardiovascular System | |
| ✓ | | 6. Abdo. Viscera | |
| ✓ | | 7. Hernial Orifices | |
| ✓ | | 8. Anus & Rectum | |
| ✓ | | 9. Genito-urinary | |
| ✓ | | 10. Extremities | |
| ✓ | | 11. Musculo-skeletal | |
| ✓ | | 12. Skin & Varicose Vns. | |
| ✓ | | 13. C.N.S. | |

| HEIGHT cm | WEIGHT kg | BMI | B.P. | PULSE /mins. | HEARING | | VISION | | | | | Colour Vision | Blood Group |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | | | L | | | DISTANT | | NEAR | | | |
| 166 Cm | 63 kg | 22.9 | 130 80 mm | 62th | R | | | R | L | R | L | | |
| | | | | | | Uncorrected | | 6/6 | 6/6 | 6/6 | 6/6 | | |
| | | | | | | Corrected | | | | | | | |

| N | A | | LABORATORY AND OTHER SPECIAL INVESTIGATIONS | N | A | |
|---|---|---|---|---|---|---|
| ✓ | | 1. Urinalysis | | | | 7. Audiogram |
| ✓ | | 2. Hb, Bloodcount, ESR | | | | 8. Lung Function |
| ✓ | | 3. LFT, RFT, RBS | | ✓ | | 9. Chest X-Ray |
| | | 4. Drug Screen | | | | 10. ECG |
| ✓ | | 5. Lipids (40 years +) | | | | 11. CVS risk for 40 yrs. & above |
| ✓ | | 6. Sickle Cell  test | | | | 12. HIV, Hepatitis screening |

**OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)**

**ASSESSMENT:**

☑ FIT ALL AREAS   ☐ FIT WITH RESTRICTION   ☐ TEMPORARY UNFIT   ☐ UNFIT

Date: 2/02/2021

Name (Block Capitals): Dr. DR·RAJI

Signature:

*[Stamp: DR. RAGIMOL SARASWATHI, LICENCE NO. 8860, GENERAL PRACTITIONER]*

*[Stamp: OMAN AL-KHAIR HOSPITAL LLC]*

**REVIEW/CONSULTATION**

Date:                Name (Block Capitals): Dr.                Signature:

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ص.ب: ٤٠٠ الرمز البريدي: ٥١١
عبري سلطنة عمان

هاتف: ٩٦٨٢٥٦٨٨٠٧٥+
فاكس: ٩٦٨٢٥٦٨٨٠٢٥+
نقال: ٩٦٨ ٩١٣٩٩٠٧٣/٧١٥٥٩٩٧٧+

## DEPARTMENT OF LABORATORY MEDICINE

| | |
|---|---|
| **File No:** | 0218745 |
| **Name:** | RASHID SARWAR |
| **Address:** | |
| **Gender:** M **Age:** 28 Y **Nationality:** PAKISTANI | |
| **GSM No.:** 93227076 **ID Card No.:** 108911589 | |
| **Ref. By:** EXTERNAL DOCTOR | |

| | | |
|---|---|---|
| **Report No:** | 0563899 | |
| **Sample Date:** | 02/02/2021 **Time:** | 18:42 |
| **Received By:** | SREEJAS | |
| **Received Date:** | 02/02/2021 **Time:** | 18:50 |
| **Report Date:** | 02/02/2021 **Time:** | 19:02 |
| **Bill No:** | 0744637 **Bill Date:** | 01/02/2021 |
| **Report Status:** | Final | |

| INVESTIGATION | RESULT | REFERENCE RANGE |
|---|---|---|
| **PDO MEDICAL CHECK UP BELOW 40 (Truckoman)** | | |
| FBS (FASTING BLOOD SUGAR) | 4.91 mmol/L | 3.9 - 6.1 |
| Method :- Hexokinase | 88.38 mg/dL | 70 - 110 |
| **LIPID PROFILE - SERUM** | | |
| CHOLESTEROL (TOTAL) | 3.72 mmol/L | 1 - 5.1 |
| Method:-Enzymatic | 143.82 mg/dl | 40 - 200 |
| HDL (HIGH DENSITY LIPOPROTEIN) | 0.98 mmol/L | 0.777 - 1.813 |
| " " | 38.0 mg/dl | 30 - 70 |
| LDL (LOW DENSITY LIPOPROTEIN) | 1.65 mmol/L | 1.295 - 4.54 |
| " " | 63.69 | 50 - 172 |
| VLDL (VERY LOW DENSITY LIPOPROTEIN) | **1.09 mmol/L** | 0.259 - 1.036 |
| " " | **42.13 mg/dl** | 10 - 40 |
| RATIO (TOTAL CHOL / HDL CHOL) | 3.8 | 3.8 - 5.9 |
| TRIGLYCERIDES | **2.38 mmol/L** | 0.564 - 2.146 |
| Method : Enzymatic | **210.63 mg/dl** | 50 - 190 |
| **LIVER FUNCTION TEST - SERUM** | | |
| TOTAL BILIRUBIN - SERUM | 0.37 mg/dL | 0.1 - 1 |
| Method : Diazo | 6.30 µmol/L | 1 - 17.1 |
| DIRECT BILIRUBIN - SERUM | 0.15 mg/dL | 0.1 - 0.5 |
| Method : Diazo | 2.56 µmol/L | 1 - 8.55 |
| SGOT (AST)-SERUM (IFCC) | 21.60 U/L | Male: up to 40.0 Female: up to32.0 |
| SGPT (ALT)-SERUM (IFCC) | 31.50 U/L | Male: 10-50 Female:10-35 |
| ALKALINE PHOSPHATASE (ALP)-SERUM (IFCC) | 138.77 U/L | Adult : Men -40-129 |

SREEJA S.
Lab Technician
MOH No.: 11155

| Processed By: | Approved By: | Released By: | |
|---|---|---|---|
| **SWATHY** | **ASHWINI** | **ASHWINI** | |
| Lab Technologist | Lab Technologist | Lab Technologist | *Specialist Pathologist* |
| MOH License No: 13250 | | MOH License No: 16064 | |