

# MEDICAL EVALUATION REPORT FOR OQ CONTRACTORS - SUMMARY



|                       |              |          |
|-----------------------|--------------|----------|
| Civil ID / Passport # | Company ID # | Position |
|                       |              |          |
| Nationality           | Age          | Sex      |
|                       |              |          |

ent 18085 Reg.Dt 22/10/2022

RIYAZ AHMAD

Location

## EXAMINATION TYPE

Examination ☒ Pre-employment ☐ Periodic ☐ Exit

## VITAL SIGNS & BODY MEASURES

Blood Pressure Category: 130/90 ☒ Normal ☐ Prehypertension ☐ Hypertension Stage 1 ☐ Hypertension Stage 2 ☐ Hypertension Crises

BMI Category: 26.2 ☐ Underweight ☐ Normal ☒ Overweight ☐ Obese ☐ Morbid Obesity

Remarks:

## VISUAL TEST

Visual Acuity Test RT 6/6 LT 6/6 Visual Field Test ☒ Normal ☐ Abnormal

Colour Vision Test ☒ Normal ☐ Abnormal ☐ Not Required Stereoscopic Vision Test ☐ Normal ☐ Abnormal ☐ Not Required

Pre-existing condition:

Remarks:

## RESPIRATORY SYSTEM

Spirometry Test ☒ Normal ☐ Abnormal ☐ Not Required Chest X-Ray ☒ Normal ☐ Abnormal ☐ Not Required

Pre-existing condition: Physical Assessment ☐ Normal ☐ Abnormal

Remarks:

## ENT SYSTEM

Audiometry Test ☒ Normal ☐ Abnormal ☐ Not Required Otoscopy ☒ Normal ☐ Abnormal ☐ Not Required

Pre-existing condition: Physical Assessment ☒ Normal ☐ Abnormal (Whisper, Weber & Rinne Tests)

Remarks:

## CARDIOVASCULAR SYSTEM

ECG Test ☒ Normal ☐ Abnormal ☐ Not Required Physical Assessment ☒ Normal ☐ Abnormal

Pre-existing condition:

Remarks:

## NEUROLOGICAL SYSTEM

Physical Assessment ☒ Normal ☐ Abnormal

Pre-existing condition:

Remarks:

## MUSCULOSKELETAL SYSTEM

Physical Assess. ☒ Normal ☐ Abnormal Lumbar X-Ray ☒ Normal ☐ Abnormal ☐ Not Required

Pre-existing condition:

Remarks:

## LABORATORY INVESTIGATIONS

Lab Tests: ☒ Normal ☐ Abnormal If abnormal, please specify below:

Blood Grouping: B+ve

Pre-existing condition:

Remarks:

Glucose Level Category 100 ☒ Normal 80 - 100 mg/dl ☐ Pre diabetic 100 - 125 mg/dl ☐ Diabetic > 126 mg/dl

Cholesterol Risk Category 130 ☒ Low Risk LDL is less 130 mg/dl ☐ Moderate Risk LDL 130-159 mg/dl ☐ High Risk LDL >160 mg/dl

Routine Urine Analysis ☒ Normal ☐ Abnormal ☐ Not Required

Stool Analysis ☒ Normal ☐ Abnormal ☐ Not Required

## QUESTIONNAIRES

|                                          |         |
|------------------------------------------|---------|
| Medical & Surgical History Questionnaire | Remarks |
| Respiratory Protection Questionnaire     | Remarks |
| Hearing Conservation Questionnaire       | Remarks |
| Screening Questionnaire                  | Remarks |

Fagerstrom Test - Smoking ☐ Non-smoker ☐ Low dependence ☐ Low to Mod dependence ☐ Moderate dependence ☐ High dependence

CAGE Questionnaire Alcohol Use ☐ No use of alcohol ☐ Screening negative ☐ Clinically significant

SRQ-20 Self-reported Questionnaire ☐ No positive answers ☐ Positive answers Factor I (1 to 6) ☐ Positive answers Factor II (7 to 12)

☐ Positive answers Factor III (13 to 16) ☐ Positive answers Factor IV (17 to 20)

|                    |           |                     |                                 |            |
|--------------------|-----------|---------------------|---------------------------------|------------|
| Clinic Doctor Name | License # | Hospital/Polyclinic | Doctor Signature & Clinic Stamp | Issue Date |
| Dr. MOHAMMAD ULLAH |           |                     |                                 | 23-10-22   |

OQ - Occupational Health Department  
MOH License No. : 7790



Form Review - 02-30/05/2021

# FITNESS TO WORK CERTIFICATE - OQ CONTRACTORS



| EMPLOYEE IDENTIFICATION |              |     |                             |          |  |
|-------------------------|--------------|-----|-----------------------------|----------|--|
| Civil ID / Passport #   | Company ID # |     |                             | Position |  |
| Nationality             | Age          | Sex | ent 18085 Reg.Dt 22/10/2022 | Location |  |
|                         |              |     | RIYAZ AHMAD                 |          |  |

| EXAMINATION TYPE                                                     |                                                             |                                                          |
|----------------------------------------------------------------------|-------------------------------------------------------------|----------------------------------------------------------|
| <input checked="" type="checkbox"/> Pre-employment Examination (PRE) | <input type="checkbox"/> Periodic Medical Examination (PME) | <input type="checkbox"/> Post-absence Examination        |
| <input type="checkbox"/> Change of Position Examination              | <input type="checkbox"/> Exit Examination                   | <input type="checkbox"/> Critical Activities Examination |
| <input type="checkbox"/> Emergency Response Team                     | <input type="checkbox"/> Travelling Examination             | <input type="checkbox"/> Medical Surveillance            |

| Medical Suitability for Work |                                                          |
|------------------------------|----------------------------------------------------------|
| Medical Suitability for Work | <input checked="" type="checkbox"/> Fit to work          |
|                              | <input type="checkbox"/> Fit with following restrictions |
|                              | <input type="checkbox"/> Pending Fitness                 |
|                              | <input type="checkbox"/> Not fit to work                 |

## Restrictions

|                                                          |                                                                       |
|----------------------------------------------------------|-----------------------------------------------------------------------|
| <input type="checkbox"/> Working at height               | <input type="checkbox"/> Pulling, pushing or carrying weight          |
| <input type="checkbox"/> Working in confined space       | <input type="checkbox"/> Ascend/descend ladders and stairs            |
| <input type="checkbox"/> Working with electricity        | <input type="checkbox"/> Walking or standing for long distance/period |
| <input type="checkbox"/> Working near rotating machinery | <input type="checkbox"/> Repetitive movements                         |
| <input type="checkbox"/> Working in noise area           | <input type="checkbox"/> Mobile machinery operation                   |
| <input type="checkbox"/> Working in extreme heat         | <input type="checkbox"/> Heavy lifting operation                      |
| <input type="checkbox"/> Handling chemical products      | <input type="checkbox"/> Driving vehicle                              |
| <input type="checkbox"/> Use of respirator               | <input type="checkbox"/> Emergency response duty                      |

Other, specify

| New Position | New Function | New Department |
|--------------|--------------|----------------|
| NA           | NA           | NA             |

| Examination Date | Exams Performed |
|------------------|-----------------|
| 22-10-2022       |                 |

|                        |                          |
|------------------------|--------------------------|
| Medical Review Date    | Employee Signature       |
|                        |                          |
| Doctor Name            | Medical Doctor Signature |
| DR. MOHAMMAD ULLAH     |                          |
| General Practitioner   |                          |
| MOH License No. : 7790 |                          |

