

(Zamra) Hossain 41 1/2 CM 10 # 108911556

COMPLETION BY EXAMINING DOCTOR OR NURSE

for details of medical history and recreational activities

Normal	A = Abnormal (please describe)	PHYSICAL EXAMINATION			
A		1. Eyes & Pupils ERTL, pink palpebral conjunctiva 2. E.N.T. unremarkable 3. Teeth & Mouth dental caries 4. Lungs & Chest (CE, clear BC RLF, @ crackles 5. Cardiovascular System Adynamic prec. AB 5th LIA MCL @ murmur 6. Abdo. Viscera Flabby abdomen, non-tender 7. Hernial Orifices unremarkable 8. Anus & Rectum unremarkable 9. Genito-urinary unremarkable 10. Extremities Ht pulses full and equal 11. Musculo-skeletal No deformities, no mass 12. Skin & Varicose Vns. No active skin lesion 13. C.N.S. unremarkable			
T	WEIGHT kg 91 BMI 33 B.P. 115/72	PULSE 71/min.	HEARING L (M) R (N)	VISION DISTANT NEAR Uncorrected Corrected R/L R/L	
A		LABORATORY AND OTHER SPECIAL INVESTIGATIONS		N	A
	1. Urinalysis	FBS 102 mg/dL		✓	7. Audiogram
	2. Hb, Bloodcount, ESR	TC 200			8. Lung Function
	3. LFT, RFT, RBS	TC 240			9. Chest X-Ray
	4. Drug Screen	HDL 40		✓	10. ECG
✓	5. Lipids (40 years +)	LDL 140			11. CVS risk for 40 yrs. & above
	6. Sickie Cell test (negative)				12. HIV, Hepatitis screening

FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)
 Obese Class I (BMI 33)
 FFR 5.6% (low risk)
 Dyslipidemia
 regular diet and exercise regularly. Lost the excess weight gradually
 repeat lipid profile test after 3 months

ASSESSMENT AND RECOMMENDATIONS:
 FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT ☐
 Fit to work as driver

Dr. Eugene Lopez
 Signature: [Signature]

Name (Block Capitals): Dr. / Nurse

CONSULTATION

Dr. Eugene Lopez
 Signature: [Signature]

Name (Block Capitals): Dr. / Nurse

