

Initial Medical Examination Report

INITIAL EXAMINATION REPORT (MEDICAL – CONFIDENTIAL)

Surname		Forenames		Address		Home telephone number	
Place of examination: Aster Hospital, Ibri		Date: 18/6/2021		Project:		Country of birth:	
If a dependant enter employee's name here:							
Birth date:		Nationality: Pakistani		Relationship to employee		Number of children:	
☒ Male ☐ Female		☐ Married ☐ Single ☐ Separated / Divorced		☐ Wife ☐ Son ☐ Daughter			
Reason for examination		Pre-Employment ☐ Job:		Pre-Overseas ☐ Area:			
Name and address of family doctor				List your last 3 jobs			
				(1)			
Are you a Registered Disabled Person? (UK only) ☐				Do you belong to any Medical Insurance Scheme? ☐			
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)							
Y		N		Y		N	
1. Sinus trouble		☒		21. Cancer		☒	
2. Neck swelling/glands		☒		22. Heart Disease		☒	
3. Difficulty in vision		☒		23. Rheumatic fever		☒	
4. Any ear discharge		☒		24. Abnormal heartbeat		☒	
5. Asthma/bronchitis		☒		25. High blood pressure		☒	
6. Hayfever /other significant allergy		☒		26. Stroke		☒	
7. Any skin trouble		☒		27. Serious chest pain		☒	
8. Tuberculosis		☒		28. Any blood disease		☒	
9. Shortness of breath		☒		29. Kidney disease		☒	
10. Coughed/vomited blood		☒		30. Blood in urine		☒	
11. Severe abdominal pain		☒		31. Diabetes		☒	
12. Stomach ulcer		☒		32. Headaches/migraine		☒	
13. Recurrent indigestion		☒		33. Dizziness/fainting		☒	
14. Jaundice or hepatitis		☒		34. Epilepsy		☒	
15. Gall Bladder disease		☒		35. Joints/spinal trouble		☒	
16. Marked change in bowel habits		☒		36. Surgical operation		☒	
17. Blood in stools (motions)		☒		37. Serious accident/fracture		☒	
18. Marked change in weight		☒		38. Tropical disease		☒	
19. Varicose veins		☒		39. Fear of heights		☒	
20. Lump in breast/arm/pl		☒					
How much tobacco each day?				Average daily alcohol consumption			
Have you ever taken elicited drugs? () PDO test all new/potential employees for elicited/recreational drugs							
FAMILY HISTORY:		Diabetes ()		Tuberculosis ()		Epilepsy ()	
		Heart disease ()		High blood pressure ()		Stroke ()	
						Blood Disease ()	
						Cancer ()	
						Eczema ()	
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-							
I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.							
Date: 18/6/2021		Signature of Applicant:					

FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

N = Normal, A = Abnormal (please describe)		PHYSICAL EXAMINATION							
N	A								
/		1. Eyes & Pupils							
/		2. E.N.T.							
/		3. Teeth & Mouth							
/		4. Lungs & Chest							
/		5. Cardiovascular System							
/		6. Abdo. Viscera							
/		7. Hemial Orifices							
/		8. Anus & Rectum							
/		9. Genito-urinary							
/		10. Extremities							
/		11. Musculo-skeletal							
/		12. Skin & Varicose Vns.							
/		13. C.N.S.							

HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE	HEARING	VISION				Colour Vision	Blood Group
160cm	71	27.7	120/80	62/min.	L R	DISTANT NEAR					
						R	L	R	L		
						Uncorrected 6/6 6/6					
						Corrected					

N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS		N	A
/		1. Urinalysis		/	7. Audiogram
/		2. Hb. Bloodcount, ESR		/	8. Lung Function
/		3. LFT, RFT, RBS		/	9. Chest X-Ray
/		4. Drug Screen		/	10. ECG
/		5. Lipids (40 years +)		/	11. CVS risk for 40 yrs. & above
/		6. Sickle Cell test		/	12. HIV, Hepatitis screening

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

ASSESSMENT:

☒ FIT ALL AREAS
 ☐ FIT WITH RESTRICTION
 ☐ TEMPORARY UNFIT
 ☐ UNFIT

Date: 19/6/21

Name (Block Capitals): Dr. ALI ALI ALI Signature: [Signature]

REVIEW/CONSULTATION

Date: 18-06-2021

Name (Block Capitals): Dr.

Signature: [Signature]



Framingham Risk Assessment form

Framingham Risk Assessment (For all professional drivers, crane operators, forklift operator or other employees who are above 40 years of age).

Employee Name: Ali Abbas
Emp #: 108911429
Date of Assessment: 108911429

1	Age	32 Years	
2	Gender	Female/Male	
3	Total Cholesterol	5.15 mmol/L	
4	HDL Cholesterol	0.98 mmol/L	
5	Smoker	Yes/No	
6	Diabetes	Yes/No	
7	Systolic Blood pressure	120 mm Hg	
8	Is the patient being treated for High blood pressure?	Yes/No	

Framingham Risk score: 2 %

Framingham Risk Rating (Circle the appropriate score):

Low

Medium

High

Any further action or recommendations?



Assessment or Examination conducted by:

Dr. Rakesh Yella

Rakesh Yella



Epworth Screening Quest. for Sleep Apnoea

Employee Data		Date: 18/6/2021
Name: Ali Abbas	Department/Company: Truck Amm	
I.D No. 108911429	Tel # 98277931	Occupation: Driver

This questionnaire will help identify if you have any health condition which may need a more detailed medical assessment as part of your fitness to work determination. If you have any queries please contact your local Health Services staff. All information provided on this form and during consultations remains strictly confidential. When further clinical evaluation is required following completion of a screening questionnaire, the details should be recorded on Q1 and E1 forms.

How likely are you to fall asleep in the following situations? (use 0 to 3 score as shown below)

- 0 Would never doze
 - 1 Slight chance of dozing
 - 2 Moderate chance of dozing
 - 3 High chance of dozing
- 0 sitting and reading
 0 watching TV
 0 sitting inactive in a public place (e.g. theatre or meeting)
 1 as a passenger in the car for an hour without a break
 0 Lying down to rest in the afternoon when circumstances permit
 0 Sitting a talking with someone
 1 Sitting quietly after lunch without alcohol
 0 In a car, while stopped for a few minutes in traffic
 Total 2

If you score a total of 15 or more you should seek advice from medical personnel on site before continuing to drive or operate machinery in the workplace.

Declaration: I, Ali Abbas (Print Name) certify that to the best of my knowledge the above information supplied by me is true and correct.

Signature: [Signature] Date: 18/6/2021



Fitness to Work Certificate

Employee Data		Date
Name	Ali Abbas	18/6/2021
ID No.	108911429	Department/Company
Age	32y	Occupation
Type of Medical Evaluation		Mark those applying ✓
A1 Aircraft refuelling		A6 Fire / Emergency response team work
A2 Breathing apparatus		A7 Professional driving
A3 Business traveller		A8 Remote location work
A4 Catering and food preparation		A9 Transfers - group A country
A5 Crane or forklift driving & all heavy vehicles		A10 Transfers - group B country
Health Advisor Statement : The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.		
Fit with no restrictions		✓
Fit with following restriction(s)		
The employee is fit for above work but should avoid the following task(s)	Temporary restriction	Permanent restriction
Work near moving machinery or sharp edges		
Working at height		
Pulling, pushing, or carrying weight over ____ Kg		
Ascend/descend ladders or stairs		
Operate motor vehicles, forklifts or heavy machinery		
Use of a respirator		
Repetitive twisting of valves or wrenches		
Flying		
Other (Specify)		
Temporary Unfit until		
Permanently Unfit		
Name of health advisor	Signature	Date
DR. RAKESH	[Signature]	17/6/21



DEPARTMENT OF LABORATORY MEDICINE

File No: 0221918
Name: ALI ABBAS

Address:

Gender: M Age: 32 Y Nationality: PAKISTANI

GSM No.: 95277931 ID Card No.: 108911429

Ref. By: EXTERNAL DOCTOR

Report No: 0575736

Sample Date: 18/06/2021 Time: 9:23

Received By: ASHWINI

Received Date: 18/06/2021 Time: 9:31

Report Date: 18/06/2021 Time: 10:23

Bill No: 0762197

Bill Date: 18/06/2021

Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
PDO MEDICAL CHECK UP BELOW 40 (Truckman)		
FBS (FASTING BLOOD SUGAR)	5.48 mmol/L	3.9 - 6.1
Method :- Hexokinase	98.64 mg/dL	70 - 110
LIPID PROFILE - SERUM		
CHOLESTEROL (TOTAL)	5.15 mmol/L	1 - 5.1
Method:-Enzymatic	199.1 mg/dl	40 - 200
HDL (HIGH DENSITY LIPOPROTEIN)	0.98 mmol/L	0.777 - 1.813
" "	38.0 mg/dl	30 - 70
LDL (LOW DENSITY LIPOPROTEIN)	3.52 mmol/L	1.295 - 4.54
" "	135.97	50 - 172
VLDL (VERY LOW DENSITY LIPOPROTEIN)	0.65 mmol/L	0.259 - 1.036
" "	25.13 mg/dl	10 - 40
RATIO (TOTAL CHOL / HDL CHOL)	5.26	3.8 - 5.9
TRIGLYCERIDES	1.42 mmol/L	0.564 - 2.146
Method : Enzymatic	125.67 mg/dl	50 - 190
LIVER FUNCTION TEST - SERUM		
TOTAL BILIRUBIN - SERUM	0.78 mg/dL	0.1 - 1
Method : Diazo	13.30 µmol/L	1 - 17.1
DIRECT BILIRUBIN - SERUM	0.25 mg/dL	0.1 - 0.5
Method : Diazo	4.23 µmol/L	1 - 8.55
SGOT (AST)-SERUM (IFCC)	23.20 U/L	Male: up to 40.0 Female: up to 32.0
SGPT (ALT)-SERUM (IFCC)	38.90 U/L	Male: 10-50 Female: 10-35
ALKALINE PHOSPHATASE (ALP)-SERUM (IFCC)	89.79 U/L	Adult : Men -40-129



Processed By:
ASHWINI
Lab Technologist

MOH License No: 16064

Approved By:
ASHWINI
Lab Technologist



Released By:
ASHWINI
Lab Technologist

MOH License No: 16064



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Page 1 of 4

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Bill No: 0762197 Bill Date: 18/06/2021
Report Status: Final

Address:

Gender: M Age: 32 Y Nationality: PAKISTANI
GSM No.: 95277931 ID Card No.: 108911429
Ref. By: EXTERNAL DOCTOR

INVESTIGATION

RESULT

REFERENCE RANGE

TOTAL PROTEIN-SERUM(Colorimetric Assay)
ALBUMIN - SERUM (Colorimetric Assay)
GLOBULIN - SERUM (Calculation)
ALBUMIN / GLOBULIN RATIO - Calculation
GGT(GAMMA GLUTAMYL TRANSPEPTIDASE) -
SERUM
RENAL FUNCTION TEST (UREA - CREATININE)
UREA - SERUM
Method : Kinetic Assay
CREATININE - SERUM
Method : Jaffe Method
CBC (COMPLETE BLOOD COUNT)
TOTAL WBC COUNT
DC (DIFFERENTIAL COUNT)
NEUTROPHILS
LYMPHOCYTES
EOSINOPHILS
MONOCYTES

7.75 gm/dL
4.75 gm/dL
3 gm/dL
1.58
40 U/L
2.30 mmol/L
13.81 mg/dL
73.34 μ mol/L
0.83 mg/dl
4690 cells/cumm
37.4 %
49.0 %
5.1 %
8.1 %

Female 35-104
Children:(Aged)
7months - 1Year :- <462
1Year - 3 Years :- <281
4 Years - 6 Years :- <269
7 Years - 12 Years :- <300
13 Years - 17 Years(M) :- <390
13 Years - 17 Years(F) :- <187
6.6 - 8.7
3.9 - 4.9
2.3 - 3.5
1.2 - 1.5
Men : 8-61
Female : 5-36
1.7 - 8.3
10.2 - 49.8
44.2 - 123.7
0.5 - 1.4
4000 - 11000 cells/cumm
40-75%
20-45%
2-6 %
2-8 %



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Lab Technologist

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Released By:
ASHWINI
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MOH License No: 16064

Specialist Pathologist

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Page 2 of 4

DEPARTMENT OF LABORATORY MEDICINE

File No: 0221918
Name: ALI ABBAS

Address:

Gender: M Age: 32 Y Nationality: PAKISTANI

GSM No.: 95277931 ID Card No.: 108911429

Ref. By: EXTERNAL DOCTOR

Report No: 0575736

Sample Date: 18/06/2021 Time: 9:23

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Bill Date: 18/06/2021

Report Status: Final

INVESTIGATION

RESULT

REFERENCE RANGE

BASOPHILS	0.4 %	0-1%
HB (HEMOGLOBIN)	15.7 gm/dl	Male-13 - 18 gm/dl Female-11- 15 gm/dl
TOTAL RBC COUNT	5.48 million/cu	MALE: 4.5-6.5million/cu FEMALE: 3.9-5.5million/cu
PLATELET COUNT	1.76 lakhs/cumm	1.0 - 4.0 lakhs / cumm
PCV (PACKED CELL VOLUME)	47.00 %	Males : 42% - 52% Females : 37% - 47%
MCV (MEAN CORPUSCULAR VOLUME)	85.80 FL	76 - 96 FL
MCH (MEAN CORPUSCULAR HEMOGLOBIN)	28.60 PG	27 - 33 PG
MCHC(MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION)	33.40 g/dl	32 - 36 g/dl
ESR (ERYTHROCYTE SEDIMENTATION RATE)	02 mm/ 1st hr	MALE:0-9 mm/ 1st hr FEMALE:0-20 mm/ 1st hr
Capillary Photometry Technology Measures the kinetics of red cells aggregation.Clinical Laboratory and Standard Institute (CLSI) procedure for the ESR Test.		
SICKLE CELL	NEGATIVE	
URINE ROUTINE		
URINE BIOCHEMISTRY		
GLUCOSE	NIL	
PROTEIN	NIL	
KETONE	NIL	
BILIRUBIN	NIL	
pH	ACIDIC	

Processed By:
ASHWINI
Lab Technologist

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Lab Technologist

MOH License No: 18064

Specialist Pathologist

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Page 3 of 4

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Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
UROBILINOGEN	NORMAL	
URINE MICROSCOPY (Centrifugation Method)		
RED BLOOD CELLS (RBC)	NIL /hpf	
PUS CELLS	0 - 2 /hpf	
EPITHELIAL CELLS	NIL /hpf	
CRYSTALS	NIL /hpf	
CAST	NIL /hpf	
BACTERIA	PRESENT /hpf	
YEAST CELLS	NIL /hpf	



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ASHWINI RATHEESAN
Page 4 of 4

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مستشفى عمان الخير - م.م.
ص.ب. 400 - الرمز البريدي 511
عزري سلطنة عمان

X-RAY REPORT

Doc No:	0058131		
Name:	ALI ABBAS		
Age/DOB:	32 Y	ID Card No	108911429
Sex:	Male		
Referred By:	EXTERNAL DOCTOR		
Clinical Diagnosis:			
X-Ray/UltraSound	CHEST X-RAY		
Date:	18/06/2021		
X-Ray Film No:	TRUCK OMAN		
Bill No:	0762197		
Charge Sheet No:			

Both lung fields are normal

Both cp angles are clear

Mediastinal shadow and bony thorax are normal

Cardiac configuration is within normal limits

Conclusion: A normal X-ray appearance

Signature:

DR. KALESHA AL-KHAIK
Specialist Radiology
MOH Reg. No. 17925



221918
32 Years
ALI ABRAS
Male

18-Jun-21 10:01:32 AM

Oman AlKhair Hospital (Emergency)

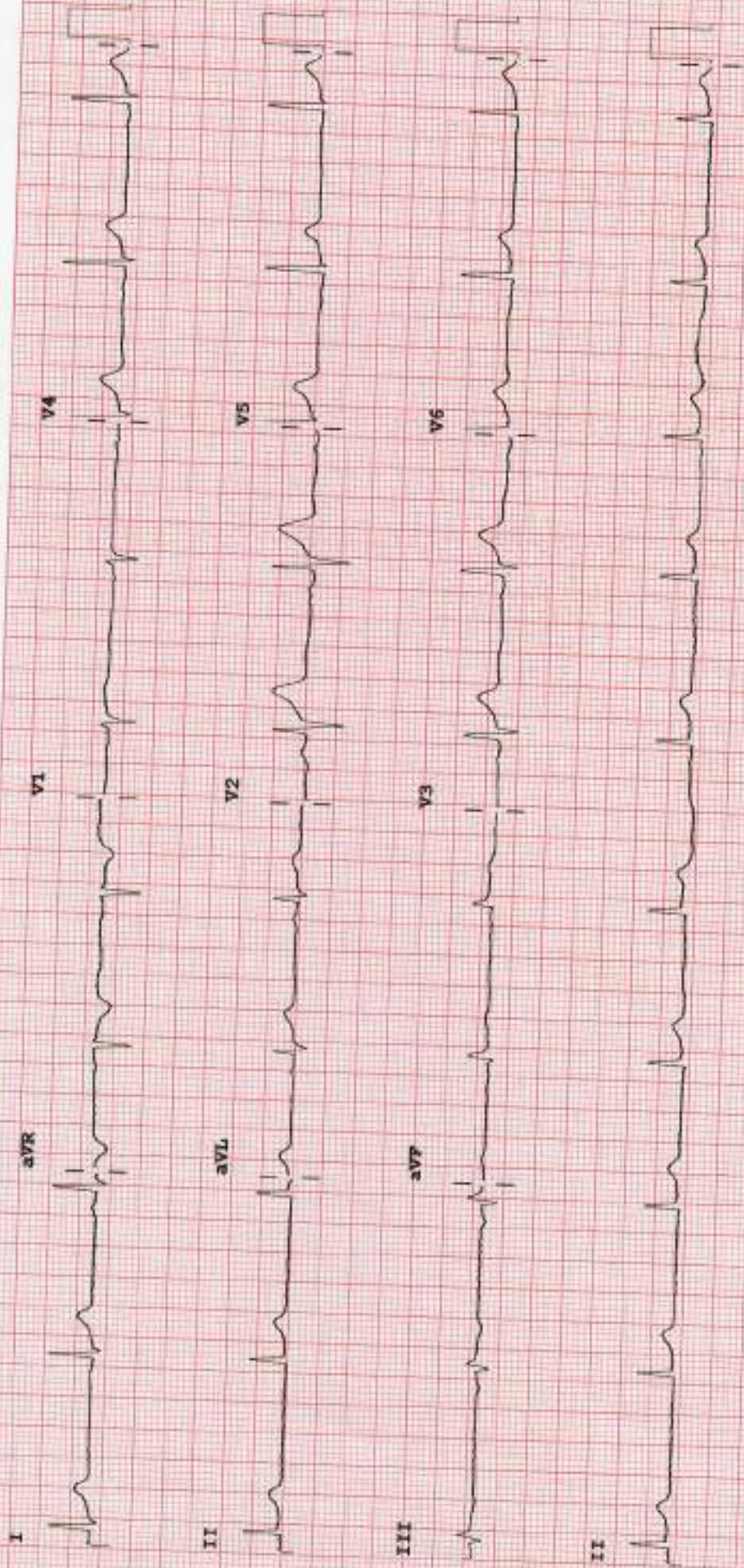


Rate 57
RR 1053
PR 147
QRS 97
QT 388
QTc 378

--AXIS--

P -23
QRS 37
T 16

12 Lead; Standard Placement



Device:

Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV

50~ 0.50~ 40 Hz W

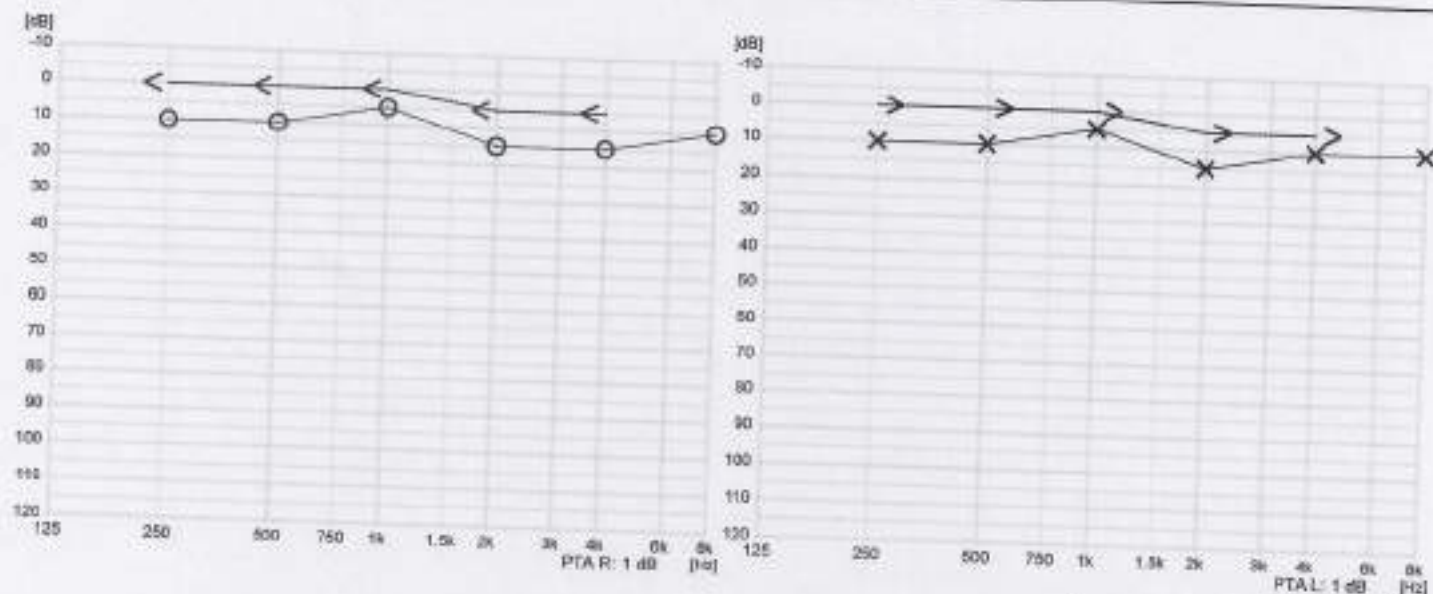
PH10 CL P?

SUPER QUALITY HEARING AID AND SPEECH THERAPY CENTER

IBRI

22349191

Code: 0762197	Last name, First name ABBAS, ALI	Born: 19/05/2021
Test type Tonal audiometry	Test date: 19/06/2021	



Legend	R	L
Air	O	X
AirMasked	Δ	□
Bone	<	>
BoneMasked	[	]
MCL	M	M
UCL	m	m
Free Field	∅	⊗
Free FieldAided	A	A
Binaural	B	
No response	I	

PTA

Right:- 10 dB HL

Left:- 10 dB HL

Comments

BILATERAL HEARING SENSITIVITY WITHIN NORMAL LIMITS

Signature:

[Signature]



Date: 19/06/2021