



11.32 Appendix 32: EX1 Form (Initial Examination Report)

INITIAL EXAMINATION REPORT (MEDICAL - CONFIDENTIAL)

Petroleum Development Oman
MEDICAL DEPARTMENTPLEASE COMPLETE YOUR PERSONAL
DETAILS IN BLOCK CAPITALS

Surname: Younis Said Al-Nahsiri		Forenames: Al-Nahsiri	
Address: 99060050			
Place of examination: 9/2/2023		Home telephone number: 99060050	
If a dependant enter employee's name here:			
Surname: Younis Said Al-Nahsiri		Forenames: Al-Nahsiri	
Birth date: 28/8/1978		Country of birth: Oman	
Nationality: Oman		Religion: Al-Nahsiri	
☐ Male ☐ Female	☐ Married ☐ Single ☐ Separated /Divorced	☐ Wife ☐ Son ☐ Daughter	Relationship to employee: Al-Nahsiri
Reason for examination: ☐ Pre-Employment ☐ Job: ☐ Pre-Overseas ☐ Area:			
Name and address of family doctor:		List your last 3 jobs:	
		(1)	
		(2)	
Are you a Registered Disabled Person? (UK only) ☐		Do you belong to any Medical Insurance Scheme? ☐	
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)			
Y N		Y N	
1. Sinus trouble		21. Cancer	
2. Neck swelling/glands		22. Heart Disease	
3. Difficulty in vision		23. Rheumatic fever	
4. Any ear discharge		24. Abnormal heartbeat	
5. Asthma/bronchitis		25. High blood pressure	
6. Hayfever /other significant allergy		26. Stroke	
7. Any skin trouble		27. Serious chest pain	
8. Tuberculosis		28. Any blood disease	
9. Shortness of breath		29. Kidney disease	
10. Coughed/vomited blood		30. Blood in urine	
11. Severe abdominal pain		31. Diabetes	
12. Stomach ulcer		32. Headaches/migraine	
13. Recurrent indigestion		33. Dizziness/fainting	
14. Jaundice or hepatitis		34. Epilepsy	
15. Gall Bladder disease		35. Joints/spinal trouble	
16. Marked change in bowel habits		36. Surgical operation	
17. Blood in stools (motions)		37. Serious accident/fracture	
18. Marked change in weight		38. Tropical disease	
19. Varicose veins		39. Fear of heights	
20. Lump in breast/arm/pit			
How much tobacco each day?		Average daily alcohol consumption	
Have you ever taken elicited drugs? () PDO test all new/potential employees for elicited/recreational drugs			
FAMILY HISTORY: Diabetes () Tuberculosis () Epilepsy () Asthma () Eczema ()			
Heart disease () High blood pressure () Stroke () Blood Disease () Cancer ()			
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-			
I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required; and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.			
Date: 2/2/2023		Signature of Applicant: [Signature]	

FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)		PHYSICAL EXAMINATION
N	A	
/		1. Eyes & Pupils
/		2. E.N.T.
/		3. Teeth & Mouth
/		4. Lungs & Chest
/		5. Cardiovascular System
/		6. Abdo. Viscera
/		7. Hemial Orifices
/		8. Anus & Rectum
/		9. Genito-urinary
/		10. Extremities
/		11. Musculo-skeletal
/		12. Skin & Varicose Vns.
/		13. C.N.S.

HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE /mins.	HEARING L R	VISION DISTANT R L NEAR R L	Colour Vision	Blood Group
171	86	29.4	130/80	90		Uncorrected Corrected 6/6 6/6		

N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS	N	A	
/		1. Urinalysis	/		7. Audiogram
/		2. Hb, Bloodcount, ESR	/		8. Lung Function
/		3. LFT, RFT, RBS	/		9. Chest X-Ray
/		4. Drug Screen	/		10. ECG
/		5. Lipids (40 years +)	/		11. CVS risk for 40 yrs. & above
/		6. Sickle Cell test	/		12. HIV, Hepatitis screening

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

Sickle Cell positive

ASSESSMENT:

☒ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT

Date:

9/2/2023

Name (Block Capitals): Dr. F. M. Al-Jabri

REVIEW/CONSULTATION

Date:

Name (Block Capitals): Dr. F. M. Al-Jabri

Signature:

Framingham Risk Assessment form

Framingham Risk Assessment (For all professional drivers, crane operators, forklift operator or other employees who are above 40 years of age):

Employee Name:

Emp #:

Date of Assessment:

1	Age	Years	21/2/2023
2	Gender	Female/Male	44
3	Total Cholesterol	mmol/L	6.0.
4	HDL Cholesterol	mmol/L	1.10
5	Smoker	Yes/No	
6	Diabetes	Yes/No	
7	Systolic Blood pressure	mm Hg	130
8	Is the patient being treated for High blood pressure?	Yes/No	

Framingham Risk score: 7.9 %

Framingham Risk Rating (Circle the appropriate score):

Low

Medium

High

Any further action or recommendations?

Assessment or Examination conducted by:



Epworth Screening Quest. for Sleep Apnoea

Employee Data:		Date: 2/9/2023
Name: Younis Saad Almurifi	Department/Company: T.O.	
I.D No. 6046383	Tel # 990600500	Occupation :

This questionnaire will help identify if you have any health condition which may need a more detailed medical assessment as part of your fitness to work determination. If you have any queries please contact your local Health Services staff. All information provided on this form and during consultations remains strictly confidential. When further clinical evaluation is required following completion of a screening questionnaire, the details should be recorded on Q1 and E1 forms.

How likely are you to fall asleep in the following situations? (use 0 to 3 score as shown below)

- 0 Would never doze
- 1 Slight chance of dozing
- 2 Moderate chance of dozing
- 3 High chance of dozing

- 0 sitting and reading
- 0 watching TV
- 0 sitting inactive in a public place (e.g. theatre or meeting)
- 0 as a passenger in the car for an hour without a break
- 1 Lying down to rest in the afternoon when circumstances permit
- 0 Sitting a talking with someone
- 0 Sitting quietly after lunch without alcohol
- 0 In a car, while stopped for a few minutes in traffic

Total 1

If you score a total of 15 or more you should seek advice from medical personnel on site before continuing to drive or operate machinery in the workplace.

Declaration: I, Younis (Print Name) certify that to the best of my knowledge the above information supplied by me is true and correct.

Signature: [Signature] Date: 2/9/2023

Fitness to Work Certificate

Employee Data		Date 2/2/2023	
Name Younis Said Al-Qurbi		Department/Company To	
I.D No. 6046383	Age 44/4	Occupation	
Type of Medical Evaluation		Mark those applying ✓	
A1 Aircraft refuelling	☐	A6 Fire / Emergency response team work	☐
A2 Breathing apparatus	☐	A7 Professional driving	☐
A3 Business traveller	☐	A8 Remote location work	☐
A4 Catering and food preparation	☐	A9 Transfers - group A country	☐
A5 Crane or forklift driving & all heavy vehicles	☐	A10 Transfers - group B country	☐
Health Advisor Statement : The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.			
Fit with no restrictions		☒	
Fit with following restriction(s)			
The employee is fit for above work but should avoid the following task(s)	Temporary restriction	Permanent restriction	
Work near moving machinery or sharp edges			
Working at height			
Pulling, pushing, or carrying weight over ____ Kg			
Ascend/descend ladders or stairs			
Operate motor vehicles, forklifts or heavy machinery			
Use of a respirator			
Repetitive twisting of valves or wrenches			
Flying			
Other (Specify)			
Temporary Unfit until			
Permanently Unfit			
Name of Health Advisor [Signature]	Signature [Signature]	Date 2/2/2023	Date

DEPARTMENT OF LABORATORY MEDICINE

File No: 0185241
Name: YOUNIS SAID MOHSIN AL QUWAITEI
Address:
Gender: M **Age:** 44 Y **Nationality:** OMANI
GSM No.: 99060050 **ID Card No.:** 6046383
Ref. By: EXTERNAL DOCTOR

Report No: 0647245
Sample Date: 02/02/2023 **Time:** 10:17
Received By: JIBI
Received Date: 02/02/2023 **Time:** 10:22
Report Date: 02/02/2023 **Time:** 12:09
Bill No: 0862182 **Bill Date:** 02/02/2023
Report Status: Preliminary

INVESTIGATION	RESULT	REFERENCE RANGE
PDO MEDICAL CHECK UP ABOVE 40(truckoman)		
FBS (FASTING BLOOD SUGAR)	5.26 mmol/L	3.9 - 6.1
Method : - Hexokinase	94.68 mg/dL	70 - 110
LIPID PROFILE - SERUM		
CHOLESTEROL (TOTAL)	6.00 mmol/L	1 - 5.1
Method:-Enzymatic	231.96 mg/dl	40 - 200
HDL (HIGH DENSITY LIPOPROTEIN)	1.10 mmol/L	0.777 - 1.813
Method:-Enzymatic	42.53 mg/dl	30 - 70
LDL (LOW DENSITY LIPOPROTEIN)	3.73 mmol/L	1.295 - 4.54
Method:-Calculation	144.12 mg/dl	50 - 172
VLDL (VERY LOW DENSITY LIPOPROTEIN)	1.17 mmol/L	0.259 - 1.036
Method:-Calculation	45.31 mg/dl	10 - 40
RATIO (TOTAL CHOL / HDL CHOL)	5.45	3.8 - 5.9
Method:-Calculation		
TRIGLYCERIDES	2.56 mmol/L	0.564 - 2.146
Method : Enzymatic	226.56 mg/dl	50 - 190
LIVER FUNCTION TEST - SERUM		
TOTAL BILIRUBIN - SERUM	0.326 mg/dL	0.1 - 1
Method : Diazo	5.57 µmol/L	1 - 17.1
DIRECT BILIRUBIN - SERUM	0.145 mg/dL	0.1 - 0.5
Method : Diazo	2.48 µmol/L	1 - 8.55
SGOT (AST)-SERUM (IFCC)	14.60 U/L	Male: up to 40.0 Female: up to 32.0
SGPT (ALT)-SERUM (IFCC)	25.30 U/L	Male: 10-50 Female: 10-35

Processed By:
JIBI
Lab Technologist
MOH LIC No: 4384

Approved By:
Lab Technologist

Released By:
JIBI
Lab Technologist
MOH LIC No: 4384

Specialist Pathologist



DEPARTMENT OF LABORATORY MEDICINE

File No: 0185241
Name: YOUNIS SAID MOHSIN AL QUWAITEI
Address:
Gender: M Age: 44 Y Nationality: OMANI
GSM No.: 99060050 ID Card No.: 6046383
Ref. By: EXTERNAL DOCTOR

Report No: 0647245
Sample Date: 02/02/2023 Time: 10:17
Received By: JIBI
Received Date: 02/02/2023 Time: 10:22
Report Date: 02/02/2023 Time: 12:09
Bill No: 0862182 Bill Date: 02/02/2023
Report Status: Preliminary

INVESTIGATION	RESULT	REFERENCE RANGE
ALKALINE PHOSPHATASE (ALP)-SERUM (IFCC)	81.72 U/L	Adult : Men -40-129 Female 35-104 Children: (Aged) 7 months - 1 Year : <462 1 Year - 3 Years : <281 4 Years - 6 Years : <269 7 Years - 12 Years : <300 13 Years - 17 Years (M) : <390 13 Years - 17 Years (F) : <187
TOTAL PROTEIN-SERUM (Colorimetric Assay)	8.02 gm/dL	6.6 - 8.7
ALBUMIN - SERUM (Colorimetric Assay)	4.49 gm/dL	3.9 - 4.9
GLOBULIN - SERUM (Calculation)	3.53 gm/dL	2.3 - 3.5
ALBUMIN / GLOBULIN RATIO - Calculation	1.27	1.2 - 1.5
GGT (GAMMA GLUTAMYL TRANSPEPTIDASE) - SERUM	43.92 U/L	Men : 8-61 Female : 5-36
Method : -Enzymatic Assay		
RENAL FUNCTION TEST (UREA - CREATININE)		
UREA - SERUM	3.30 mmol/L	1.7 - 8.3
Method : Kinetic Assay	19.82 mg/dL	10.2 - 49.8
CREATININE - SERUM	96.59 µmol/L	44.2 - 123.7
Method : -Jaffé Method	1.09 mg/dl	0.5 - 1.4
CBC (COMPLETE BLOOD COUNT)		
TOTAL WBC COUNT	3330 cells/cumm	4000 - 11000 cells/cumm
Method : -Fluorescence Flow Cytometry		
DC (DIFFERENTIAL COUNT)		
Method : -Fluorescence Flow Cytometry		
NEUTROPHILS	39.4 %	40-75%

Processed By:
JIBI
Lab Technologist
MOH LIC No: 4384

Approved By:
Lab Technologist

Released By:
JIBI
Lab Technologist
MOH LIC No: 4384



Printed at: 02/02/2023 12:47:39 PM

Page 2 of 4

DEPARTMENT OF LABORATORY MEDICINE

File No: 0185241	Report No: 0647245
Name: YOUNIS SAID MOHSIN AL QUWAITEI	Sample Date: 02/02/2023 Time: 10:17
	Received By: JIBI
Address:	Received Date: 02/02/2023 Time: 10:22
Gender: M Age: 44 Y Nationality: OMANI	Report Date: 02/02/2023 Time: 12:09
GSM No.: 99080050 ID Card No.: 6046383	Bill No: 0862182 Bill Date: 02/02/2023
Ref. By: EXTERNAL DOCTOR	Report Status: Preliminary

INVESTIGATION	RESULT	REFERENCE RANGE
LYMPHOCYTES	49.5 %	20-45%
EOSINOPHILS	1.5 %	2-6 %
MONOCYTES	9.3 %	2-8 %
BASOPHILS	0.3 %	0-1%
HB (HEMOGLOBIN)	15.8 gm/dl	Male-13 - 18 gm/dl Female-11- 15 gm/dl
Method : -Cyanide-free SLS haemoglobin		
TOTAL RBC COUNT	5.84 million/cu	MALE: 4.5-6.5million/cu FEMALE: 3.9-5.5million/cu
Method : - Hydrodynamically focussed impedance		
PLATELET COUNT	2.05 lakhs/cumm	1.0 - 4.0 lakhs / cumm
Method : - Hydrodynamically focussed impedance		
PCV (PACKED CELL VOLUME)	47.40 %	Males : 42% - 52% Females : 37% - 47%
MCV (MEAN CORPUSCULAR VOLUME)	81.20 FL	76 - 96 FL
MCH (MEAN CORPUSCULAR HEMOGLOBIN)	27.10 PG	27 - 33 PG
MCHC(MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION)	33.30 g/dl	32 - 36 g/dl
ESR (ERYTHROCYTE SEDIMENTATION RATE)	03 mm/ 1st hr	MALE:0-9 mm/ 1st hr FEMALE:0-20 mm/ 1st hr

Capillary Photometry Technology

Measures the kinetics of red cells aggregation.Clinical Laboratory and Standard Institute (CLSI) procedure for the ESR Test.

SICKLE CELL

POSITIVE

Method : -Haemoglobin solubility test

Processed By:
JIBI

Lab Technologist
MOH LIC No: 4384

Approved By:

Lab Technologist

Released By:
JIBI

Lab Technologist
MOH LIC No: 4384



Printed at: 02/02/2023 12:47:39 PM

Page 3 of 4

DEPARTMENT OF LABORATORY MEDICINE

File No: 0185241
Name: YOUNIS SAID MOHSIN AL QUWAITEI
Address:
Gender: M **Age:** 44 Y **Nationality:** OMANI
GSM No.: 99080050 **ID Card No.:** 6046383
Ref. By: EXTERNAL DOCTOR

Report No: 0647245
Sample Date: 02/02/2023 **Time:** 10:17
Received By: JIBI
Received Date: 02/02/2023 **Time:** 10:22
Report Date: 02/02/2023 **Time:** 12:09
Bill No: 0862182 **Bill Date:** 02/02/2023
Report Status: Preliminary

INVESTIGATION	RESULT	REFERENCE RANGE
URINE ROUTINE		
URINE BIOCHEMISTRY		
Method :- Colorimetric Assay		
GLUCOSE	NIL	
PROTEIN	NIL	
KETONE	NIL	
BILIRUBIN	NIL	
pH	ACIDIC	
UROBILINOGEN	NORMAL	
URINE MICROSCOPY (Centrifugation Method)		
RED BLOOD CELLS (RBC)	NIL /hpf	
PUS CELLS	0-2 /hpf	
EPITHELIAL CELLS	NIL /hpf	
CRYSTALS	NIL /hpf	
CAST	NIL /hpf	
BACTERIA	PRESENT /hpf	
YEAST CELLS	NIL /hpf	

Note:-Since variety of condition and other abnormal haemoglobin in addition to haemoglobin S may give false positive results, Positive Hb solubility tests should be confirmed by HPLC testing

Processed By:
JIBI
Lab Technologist
MOH LIC No: 4384

Approved By:
Lab Technologist

Released By:
Lab Technologist
MOH LIC No: 4384



Printed at: 02/02/2023 12:47:39 PM

Page 4 of 4

0185241

younis said

2/2/2023 02:21:39 AM

Aster Hospital IBRI

ECG Room

ECG Room

Rate 81

PR 175

QRS 92

QT 359

QTc 417

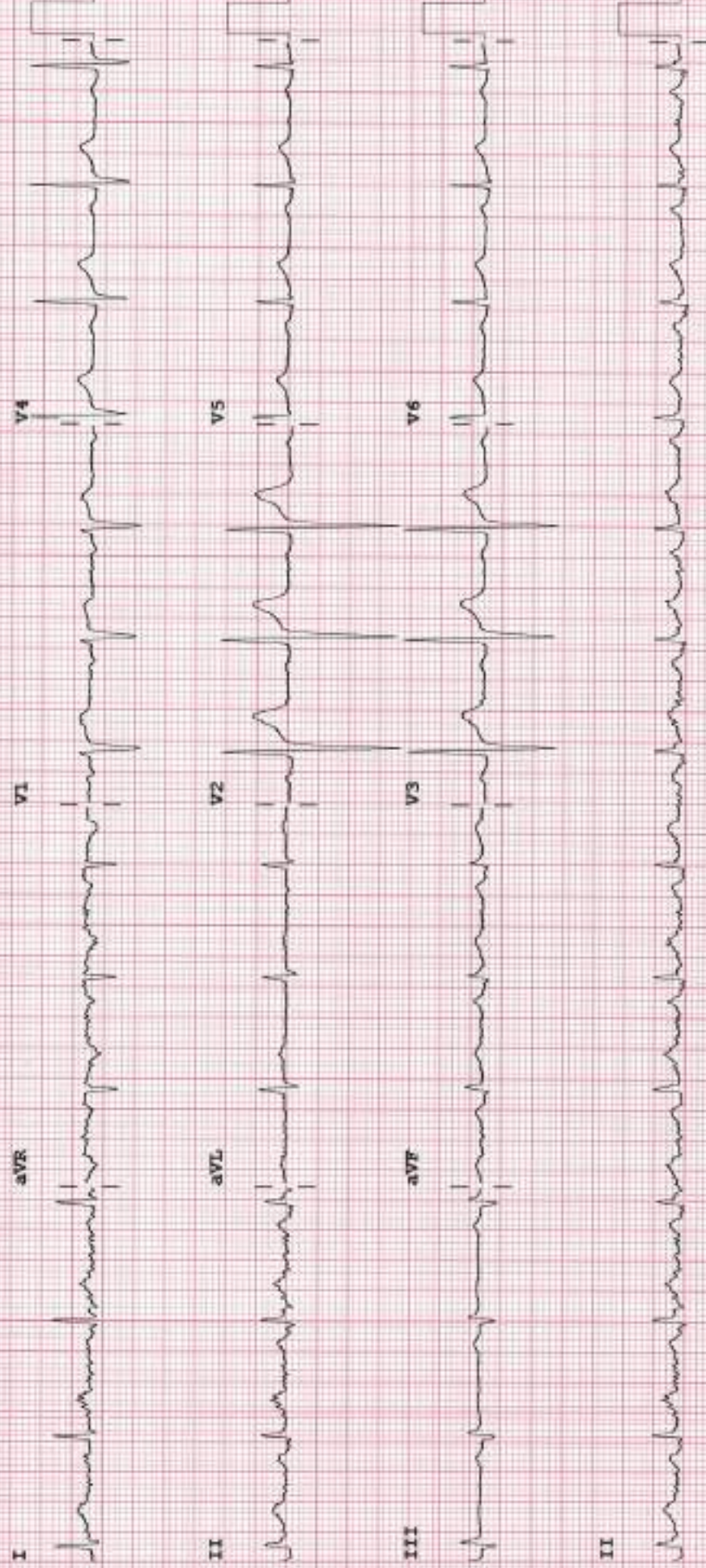
--AXIS--

P 66

QRS 37

T 41

12 Lead; Standard Placement



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

50- 0.50- 40 Hz W

P10

L

P2

X-RAY REPORT

Doc No:	0068009
Name:	YOUNIS SAID MOHSIN AL QUWAITEI
Age/DOB:	44 Y Omani ID/ L.Card No:: 6046383
Sex:	Male
Referred By:	EXTERNAL DOCTOR
Clinical Diagnosis:	
X-Ray/UltraSound	CHEST X-RAY
Date:	02/02/2023
X-Ray Film No:	PDO
Bill No:	0862182
Charge Sheet No:	

Both lung fields are normal

Both cp angles are clear

Mediastinal shadow and bony thorax are normal

Cardiac configuration is within normal limits

Conclusion: A normal X-ray appearance

Signature: 

DR. NITHINMON CU
SPECIALIST RADIOLOGY
MOH Licence: 21058
ASTER HOSPITAL IBRI

