



TON - 01

## Appendix 33: EX2 Form (Routine/Periodic Medical Examination)

## ROUTINE/PERIODIC EXAMINATION REPORT (MEDICAL - CONFIDENTIAL)

Ref. No. 20554	Reg. Dt. 22/10/2023	Sum Development Oman	Surname/Forenames BADAR SULAIMAN SAID AL AGHABARI	
Ref. No. 20554	Ref. No. 20554	Medical Department	Nationality OMANI - D.O.B # 21-10-1976	
Gender Male	Nationality OMANI	PLEASE COMPLETE YOUR PERSONAL DETAILS IN BLOCK CAPITALS		
Mobile No. 92466724		Address: 4410963	Company Number: 6079	Reference Indicator:
<b>Personal Details</b>				
A <input checked="" type="checkbox"/> Male <input type="checkbox"/> Female		<input type="checkbox"/> Married <input type="checkbox"/> Single <input type="checkbox"/> Separated /Divorced /Widow(er)		
Home/Leave Address:		Relationship to employee <input type="checkbox"/> Wife <input type="checkbox"/> Son <input type="checkbox"/> Daughter No of Children: 6		
<b>Reason for Examination</b> (tick as appropriate)				
Periodic Medical Examination <input checked="" type="checkbox"/>		Final / Retirement <input type="checkbox"/>	Other Reason: <input type="checkbox"/>	
<b>Employee only</b>				
B Present Job and Location: DAMER - HAIMA		Next Job and Location:		
Are you a registered person with special needs? <input type="checkbox"/>		Do you belong to any Medical Insurance Scheme? <input type="checkbox"/>		
<b>Previous Medical History:</b> All important medical events should be listed and dated at every medical examination. To be completed together with the interviewing Nurses or Doctor who will be able to help by referring to your notes.				
<b>Please answer the following questions and tick 'N' (no) or 'Y' (yes) in the column. If 'Y' please describe</b>				
		N	Y	Description
Have you, since your last medical been treated by your family doctor or specialist for significant (major) ailments?		<input checked="" type="checkbox"/>		
1	Ear, nose, eye or throat problems	<input checked="" type="checkbox"/>		
2	Chest problems like asthma, bronchitis, another bad cough	<input checked="" type="checkbox"/>		
3	Heart abnormality, chest pains	<input checked="" type="checkbox"/>		
4	Abdominal pains, abnormal bowel motions	<input checked="" type="checkbox"/>		
5	Urogenital problems (kidney disease, menstrual disorder)	<input checked="" type="checkbox"/>		
6	Skin trouble or allergies	<input checked="" type="checkbox"/>		
7	Epileptic fits, dizzy spells or migraine	<input checked="" type="checkbox"/>		
8	History of mental illness, depression anxiety	<input checked="" type="checkbox"/>		
9	Diabetes, thyroid disease ,history of Hypertension	<input checked="" type="checkbox"/>		
10	Blood disorder e.g. anaemia, blood cancer e.g. leukaemia	<input checked="" type="checkbox"/>		
11	Any history of accidents or fractures	<input checked="" type="checkbox"/>		
12	<b>Have you had any serious allergies</b>	<input checked="" type="checkbox"/>		
13	Do any dependants have a significant ongoing illness?	<input checked="" type="checkbox"/>		
14	Any family history of cancers	<input checked="" type="checkbox"/>		
Do you take any regular medicines, or have you taken in the past? <input checked="" type="checkbox"/>				
Do you smoke? If yes, what and how much each day? <input checked="" type="checkbox"/>				
Do you drink alcohol? If yes, what is your average weekly intake? <input checked="" type="checkbox"/>				
Have you ever taken elicited/recreational drugs? <input checked="" type="checkbox"/>				
Are you doing regular sports or physical activities? <input checked="" type="checkbox"/>				
<b>STATEMENT:</b> I have read the above questions and the above answers are correct and no information concerning my present or past state of health has been withheld. I understand and agree that this form will be held as a confidential record by PDO Medical Department, and may be copied (by paper or secure electronic transmission) to the Occupational Health Services for the purpose of Health Surveillance and other Occupational Health review.				
Date: 22-10-2023		Signature of Applicant:		
				



**Appendix 33: EX2 Form (Routine/Periodic Medical Examination)**  
**ROUTINE/PERIODIC EXAMINATION REPORT (MEDICAL – CONFIDENTIAL)**

FOR COMPLETION BY EXAMINING DOCTOR OR NURSE

Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)		PHYSICAL EXAMINATION									
N	A										
✓	1. Eyes & Pupils										
✓	2. E.N.T.										
✓	3. Teeth & Mouth										
✓	4. Lungs & Chest										
✓	5. Cardiovascular System										
✓	6. Abdo. Viscera										
✓	7. Hernial Orifices										
	8. Anus & Rectum										
✓	9. Genito-urinary										
✓	10. Extremities										
✓	11. Musculo-skeletal										
✓	12. Skin & Varicose Vns.										
✓	13. C.N.S.										
HEIGHT cm	WEIGHT kg	BMI	B.P. 130 90 mmhg	PULSE 78 mins.	HEARING L N R N	VISION DISTANT Uncorrected 6/6 Corrected 6/6				Color Vision ✓ 1. Normal 2. Abnormal	
N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS				N	A				
✓	1. Urinalysis							7. Audiogram			
✓	2. Hb, Blood count, ESR							8. Lung Function			
✓	3. LFT, RFT, RBS							9. Chest X-Ray			
	4. Drug Screen							✓ 10. ECG			
✓	5. Lipids (40 years +)							47 11. CVS risk for 40 yrs. & above			
	6. Sickle Cell test							12. HIV, Hepatitis screening			

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

BMI: obese  
Adverse life style Modification

ASSESSMENT AND RECOMMENDATIONS		FIT ALL AREAS		FIT WITH RESTRICTION		TEMPORARY UNFIT		UNFIT	
Date: 23.10.2013	Name (Block Capitals): Dr. / Nurse: Dr. ABUBAKER ABD. HALIM	<input checked="" type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>	
REVIEW/CONSULTATION		Dr. ABUBAKER ABD. HALIM MOHAMED XHEIR. IGRAHIM M.O. No: 20874		Dr. ABUBAKER ABD. HALIM MOHAMED XHEIR. IGRAHIM M.O. No: 20874		Dr. ABUBAKER ABD. HALIM MOHAMED XHEIR. IGRAHIM M.O. No: 20874		Dr. ABUBAKER ABD. HALIM MOHAMED XHEIR. IGRAHIM M.O. No: 20874	
Date:	Name (Block Capitals): Dr. / Nurse	Signature: 							