Initial Medical Examination Report

INITIAL EXAMINATION REPORT (MEDICAL – CONFIDENTIAL)

Surname	Sulaiman Hamad.
Forenames	Naji
Address:	Ibri
Home telephone number	

Place of examination: Aster Hospital Ibri	Date: 10-3-2021		
If a dependant, enter employee's name here:		Project:	
Birth date: 01-1980	Nationality: Omani	Country of birth:	Religion:
☑ Male ☐ Female	☐ Married ☐ Single ☐ Separated /Divorced	Relationship to employee ☐ Wife ☐ Son ☐ Daughter	Number of children:
Reason for examination	Pre-Employment ☐ Job:		
	Pre-Overseas ☐ Area:		
Name and address of family doctor		List your last 3 jobs	
		(1)	
Are you a Registered Disabled Person? (UK only) ☐		Do you belong to any Medical Insurance Scheme? ☐	

DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)

	Y	N		Y	N		Y	N
1. Sinus trouble		✓	21. Cancer		✓	HAVE YOU EVER BEEN:-		
2. Neck swelling/glands		✓	22. Heart Disease		✓	40. Rejected for employment or insurance for medical reasons		✓
3. Difficulty in vision		✓	23. Rheumatic fever		✓	41. Awarded benefits for industrial injury/illness		✓
4. Any ear discharge		✓	24. Abnormal heartbeat		✓	42. Treated for a mental condition, e.g. depression		✓
5. Asthma/bronchitis		✓	25. High blood pressure		✓	43. Treated for problem drinking or drug abuse		✓
6. Hayfever /other significant allergy		✓	26. Stroke		✓	44. Exposed to toxic substance or noise		✓
7. Any skin trouble		✓	27. Serious chest pain		✓	FOR WOMEN ONLY		
8. Tuberculosis		✓	28. Any blood disease		✓	Have you ever had:-		
9. Shortness of breath		✓	29. Kidney disease		✓	45. An abnormal smear		
10. Coughed/vomited blood		✓	30. Blood in urine		✓	46. Any gynaecological treatment		
11. Severe abdominal pain		✓	31. Diabetes		✓	47. Are you pregnant?		
12. Stomach ulcer		✓	32. Headaches/migraine		✓	48. **Have you had an illness not mentioned above**		
13. Recurrent indigestion		✓	33. Dizziness/fainting		✓			
14. Jaundice or hepatitis		✓	34. Epilepsy		✓			
15. Gall Bladder disease		✓	35. Joints/spinal trouble		✓			
16. Marked change in bowel habits		✓	36. Surgical operation		✓			
17. Blood in stools (motions)		✓	37. Serious accident/fracture		✓			
18. Marked change in weight		✓	38. Tropical disease		✓			
19. Varicose veins		✓	39. Fear of heights		✓			
20. Lump in breast/armpit		✓						

How much tobacco each day?	Average daily alcohol consumption
Have you ever taken elicited drugs? ( )	PDO test all new/potential employees for elicited/recreational drugs

FAMILY HISTORY: Diabetes ( ) Tuberculosis ( ) Epilepsy ( ) Asthma ( ) Eczema ( )
Nil Heart disease ( ) High blood pressure ( ) Stroke ( ) Blood Disease ( ) Cancer ( )

PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-

I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. **I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.**

Date: 10-03-2021 **Signature of Applicant:**

FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

N	A	N = Normal A = Abnormal (please describe)	PHYSICAL EXAMINATION
		1. Eyes & Pupils	
		2. E.N.T.	
		3. Teeth & Mouth	
		4. Lungs & Chest	
		5. Cardiovascular System	
		6. Abdo. Viscera	
		7. Hernial Orifices	
		8. Anus & Rectum	
		9. Genito-urinary	
		10. Extremities	
		11. Musculo-skeletal	
		12. Skin & Varicose Vns.	
		13. C.N.S.	

Normal

HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE	HEARING	VISION				Colour Vision	Blood Group
						DISTANT		NEAR			
						R	L	R	L		
178cm	64kg	20.6	120/80 mmHg	79 mins.	L	Uncorrected					
					R	Corrected					

N	A		LABORATORY AND OTHER SPECIAL INVESTIGATIONS	N	A	
✓		1. Urinalysis				7. Audiogram
✓		2. Hb. Bloodcount, ESR				8. Lung Function
✓		3. LFT, RFT, RBS		✓		9. Chest X-Ray
		4. Drug Screen		✓		10. ECG
	✓	5. Lipids (40 years +)				11. CVS risk for 40 yrs. & above
✓		6. Sickle Cell test		✓		12. HIV, Hepatitis screening

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

ASSESSMENT: Hyperlipidemia. Advised lifestyle modification & repeat fasting lipid profile after 3 months

☑ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ EMPORARY UNFIT ☐ UNFIT

Date: Name (Block Capitals): Dr. NAUDALIA PAMUDI Signature:

REVIEW/CONSULTATION

Date 10-3-2021 Name (Block Capitals): Dr. Signature:

Oman Al Khair Hospital LLC
P.O. Box 400, Postal Code : 511
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Framingham Risk Assessment form

Framingham Risk Assessment (For all professional drivers, crane operators, forklift operator or other employees who are above 40 years of age):

Employee Name: Naji Sulaiman
Emp #:
Date of Assessment: 10-3-2021

1	Age	Years	41
2	Gender	Female/Male	
3	Total Cholesterol	mmol/L	6.21
4	HDL Cholesterol	mmol/L	1.04
5	Smoker	Yes/No	
6	Diabetes	Yes/No	
7	Systolic Blood pressure	mm Hg	120
8	Is the patient being treated for High blood pressure?	Yes/No	

Framingham Risk score: 7-9 %

Framingham Risk Rating (Circle the appropriate score):

Low **Medium** **High**

Any further action or recommendations?

Assessment or Examination conducted by:

Epworth Screening Quest. for Sleep Apnoea

Employee Data		Date: 10-3-2021
Name: Naji Sulaiman Ahmad		Department/Company: Truck owner
I. D No. 9366136	Tel # 90383833	Occupation: Supervisor

This questionnaire will help identify if you have any health condition which may need a more detailed medical assessment as part of your fitness to work determination. If you have any queries please contact your local Health Services staff. All information provided on this form and during consultations remains strictly confidential. When further clinical evaluation is required following completion of a screening questionnaire, the details should be recorded on Q1 and E1 forms.

How likely are you to fall asleep in the following situations? (use 0 to 3 score as shown below)

0 Would never doze

1 Slight chance of dozing

2 Moderate chance of dozing

3 High chance of dozing

0	sitting and reading
0	watching TV
0	sitting inactive in a public place (e.g. theatre or meeting)
0	as a passenger in the car for an hour without a break
1	Lying down to rest in the afternoon when circumstances permit
0	Sitting a talking with someone
0	Sitting quietly after lunch without alcohol
0	In a car, while stopped for a few minutes in traffic
Total	1

If you score a total of 15 or more you should seek advice from medical personnel on site before continuing to drive or operate machinery in the workplace.

Declaration: I _____ *(Print Name)* certify that to the best of my knowledge the above information supplied by me is true and correct.

Signature: _____ Date: 10-3-2021

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Fitness to Work Certificate

Employee Data				Date	10-3-2021
Name	Naji Sulaiman Hamad			Department/Company	Truckmen
I.D No.	936613G	Age	41.Y	Occupation	Supervisor

Type of Medical Evaluation		Mark those applying √	
A1 Aircraft refuelling		A6 Fire / Emergency response team work	
A2 Breathing apparatus		A7 Professional driving	
A3 Business traveller		A8 Remote location work	
A4 Catering and food preparation		A9 Transfers – group A country	
A5 Crane or forklift driving & all heavy vehicles		A10 Transfers – group B country	

Health Advisor Statement : The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.

Fit with no restrictions ✓	
Fit with following restriction(s)	

The employee is fit for above work but should avoid the following task(s)	*Temporary restriction*	*Permanent restriction*
Work near moving machinery or sharp edges		
Working at height		
Pulling, pushing, or carrying weight over ___ Kg		
Ascend/descend ladders or stairs		
Operate motor vehicles, forklifts or heavy machinery		
Use of a respirator		
Repetitive twisting of valves or wrenches		
Flying		
Other (Specify)		

Temporary Unfit until	
Permanently Unfit	

Name of health advisor Dr. Vandana Parvdi Signature Date 10-03-2021 Date

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DEPARTMENT OF LABORATORY MEDICINE

File No:	220495	**Report No:**	0567190		
Name:	NAJI SULAIMAN HUMAID ALHABSI	**Sample Date:**	10/03/2021	**Time:**	12:35
		Received By:	SWATHY		
Address:		**Received Date:**	10/03/2021	**Time:**	13:56
Gender:	M **Age:** 41 Y **Nationality:** OMANI	**Report Date:**	10/03/2021	**Time:**	13:56
GSM No.:	90383833 **ID Card No.:** 9366136	**Bill No:**	0748974	**Bill Date:**	10/03/2021
Ref. By:	EXTERNAL DOCTOR	**Report Status:**	Final		

INVESTIGATION	RESULT	REFERENCE RANGE
PDO MEDICAL CHECK UP ABOVE 40(truckoman)		
FBS (FASTING BLOOD SUGAR)	5.70 mmol/L	3.9 - 6.1
Method :- Hexokinase	102.6 mg/dL	70 - 110
LIPID PROFILE - SERUM		
CHOLESTEROL (TOTAL)	**6.21 mmol/L**	1 - 5.1
Method:-Enzymatic	**240.08 mg/dl**	40 - 200
HDL (HIGH DENSITY LIPOPROTEIN)	1.04 mmol/L	0.777 - 1.813
" "	40.0 mg/dl	30 - 70
LDL (LOW DENSITY LIPOPROTEIN)	**4.8 mmol/L**	1.295 - 4.54
" "	**185.21**	50 - 172
VLDL (VERY LOW DENSITY LIPOPROTEIN)	0.39 mmol/L	0.259 - 1.036
" "	14.87 mg/dl	10 - 40
RATIO (TOTAL CHOL / HDL CHOL)	**5.97**	3.8 - 5.9
TRIGLYCERIDES	0.84 mmol/L	0.564 - 2.146
Method : Enzymatic	74.34 mg/dl	50 - 190
LIVER FUNCTION TEST - SERUM		
TOTAL BILIRUBIN - SERUM	0.91 mg/dL	0.1 - 1
Method : Diazo	15.60 µmol/L	1 - 17.1
DIRECT BILIRUBIN - SERUM	0.26 mg/dL	0.1 - 0.5
Method : Diazo	4.5 µmol/L	1 - 8.55
SGOT (AST)-SERUM (IFCC)	17.10 U/L	Male: up to 40.0 Female: up to32.0
SGPT (ALT)-SERUM (IFCC)	12.90 U/L	Male: 10-50 Female:10-35
ALKALINE PHOSPHATASE (ALP)-SERUM (IFCC)	75.18 U/L	Adult : Men -40-129

Processed By:
SWATHY
Lab Technologist
MOH License No: 13250

Approved By:
SWATHY
Lab Technologist

Released By:
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MOH 13250
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Specialist Pathologist

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عبري سلطنة عمان

DEPARTMENT OF LABORATORY MEDICINE

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GSM No.:	90383833 **ID Card No.:** 9366136	**Bill No:**	0748974	**Bill Date:**	10/03/2021
Ref. By:	EXTERNAL DOCTOR	**Report Status:**	Final		

INVESTIGATION	RESULT	REFERENCE RANGE
		:Female 35-104 Children:(Aged) 7months - 1Year :- <462 1Year - 3 Years :- <281 4 Years - 6 Years :- <269 7 Years - 12 Years :- <300 13 Years - 17 Years(M) :-<390 13 Years - 17 Years(F) :- <187
TOTAL PROTEIN-SERUM(Colorimetric Assay)	7.77 gm/dL	6.6 - 8.7
ALBUMIN - SERUM (Colorimetric Assay)	**5.07 gm/dL**	3.9 - 4.9
GLOBULIN - SERUM (Calculation)	2.7 gm/dL	2.3 - 3.5
ALBUMIN / GLOBULIN RATIO - Calculation	**1.88**	1.2 - 1.5
GGT(GAMMA GLUTAMYL TRANSPEPTIDASE) - SERUM	36 U/L	Men : 8-61 Female : 5-36
RENAL FUNCTION TEST (UREA - CREATININE)		
UREA - SERUM	7.50 mmol/L	1.7 - 8.3
Method : Kinetic Assay	45.05 mg/dL	10.2 - 49.8
CREATININE - SERUM	86.16 µmol/L	44.2 - 123.7
Method :-Jaffé Method	0.97 mg/dl	0.5 - 1.4
CBC (COMPLETE BLOOD COUNT)		
TOTAL WBC COUNT	4530 cells/cumm	4000 - 11000 cells/cumm
DC (DIFFERENTIAL COUNT)		
NEUTROPHILS	42.5 %	40-75%
LYMPHOCYTES	43.9 %	20-45%
EOSINOPHILS	5.7 %	2-6 %
MONOCYTES	7.5 %	2-8 %

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فاكس: ٢٥٦٨ ٨٠٢٥ ٩٦٨+
نقال: ٧١٥٥ ٩٩٧٧/ ٩٣٩٩ ٨٢٧٣ ٩٦٨+

DEPARTMENT OF LABORATORY MEDICINE

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Ref. By:	EXTERNAL DOCTOR	**Report Status:**	Final		

INVESTIGATION	RESULT	REFERENCE RANGE
BASOPHILS	0.4 %	0-1%
HB (HEMOGLOBIN)	14.1 gm/dl	Male-13 - 18 gm/dl Female-11- 15 gm/dl
TOTAL RBC COUNT	5.37 million/cu	MALE: 4.5-6.5million/cu FEMALE: 3.9-5.5million/cu
PLATELET COUNT	2.49 lakhs/cumm	1.0 - 4.0 lakhs / cumm
PCV (PACKED CELL VOLUME)	45.70 %	Males : 42% - 52% Females : 37% - 47%
MCV (MEAN CORPUSCULAR VOLUME)	85.10 FL	76 - 96 FL
MCH (MEAN CORPUSCULAR HEMOGLOBIN)	26.30 PG	27 - 33 PG
MCHC(MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION)	30.90 g/dl	32 - 36 g/dl
ESR (ERYTHROCYTE SEDIMENTATION RATE)	09 mm/ 1st hr	MALE:0-9 mm/ 1st hr FEMALE:0-20 mm/ 1st hr
Capillary Photometry Technology Measures the kinetics of red cells aggregation.Clinical Laboratory and Standard Institute (CLSI) procedure for the ESR Test.		
SICKLE CELL	NEGATIVE	
URINE ROUTINE		
URINE BIOCHEMISTRY		
GLUCOSE	NIL	
PROTEIN	NIL	
KETONE	NIL	
BILIRUBIN	NIL	
pH	ACIDIC	

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DEPARTMENT OF LABORATORY MEDICINE

File No: 220495
Name: NAJI SULAIMAN HUMAID ALHABSI
Address:
Gender: M **Age:** 41 Y **Nationality:** OMANI
GSM No.: 90383833 **ID Card No.:** 9366136
Ref. By: EXTERNAL DOCTOR

Report No: 0567190
Sample Date: 10/03/2021 **Time:** 12:35
Received By: SWATHY
Received Date: 10/03/2021 **Time:** 13:56
Report Date: 10/03/2021 **Time:** 13:56
Bill No: 0748974 **Bill Date:** 10/03/2021
Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
UROBILINOGEN	NORMAL	
URINE MICROSCOPY (Centrifugation Method)		
RED BLOOD CELLS (RBC)	NIL /hpf	
PUS CELLS	1 - 2 /hpf	
EPITHELIAL CELLS	NIL /hpf	
CRYSTALS	NIL /hpf	
CAST	NIL /hpf	
BACTERIA	PRESENT /hpf	
YEAST CELLS	NIL /hpf	

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نقال: ٧١٥٥ ٩٩٧٧/٩١٣٩ ٩٠٧٣+٩٦٨

X-RAY REPORT

Doc No:	0057769
Name:	NAJI SULAIMAN HUMAID ALHABSI
Age/DOB:	41 Y
ID Card No	9366136
Sex:	Male
Referred By:	EXTERNAL DOCTOR
Clinical Diagnosis:	
X-Ray/UltraSound	CHEST X-RAY
Date:	10/03/2021
X-Ray Filim No:	TRUCK OMAN
Bill No:	0748974
Charge Sheet No:	

Both lung fields are normal

Both cp angles are clear

Mediastinal shadow and bony thorax are normal

Cardiac configuration is within normal limits

Conclusion: A normal X-ray appearance

Signature: .....

Seal

220495 naji sulaiman 3/10/2021 12:15:07 PM

Oman AlKhair Hospital

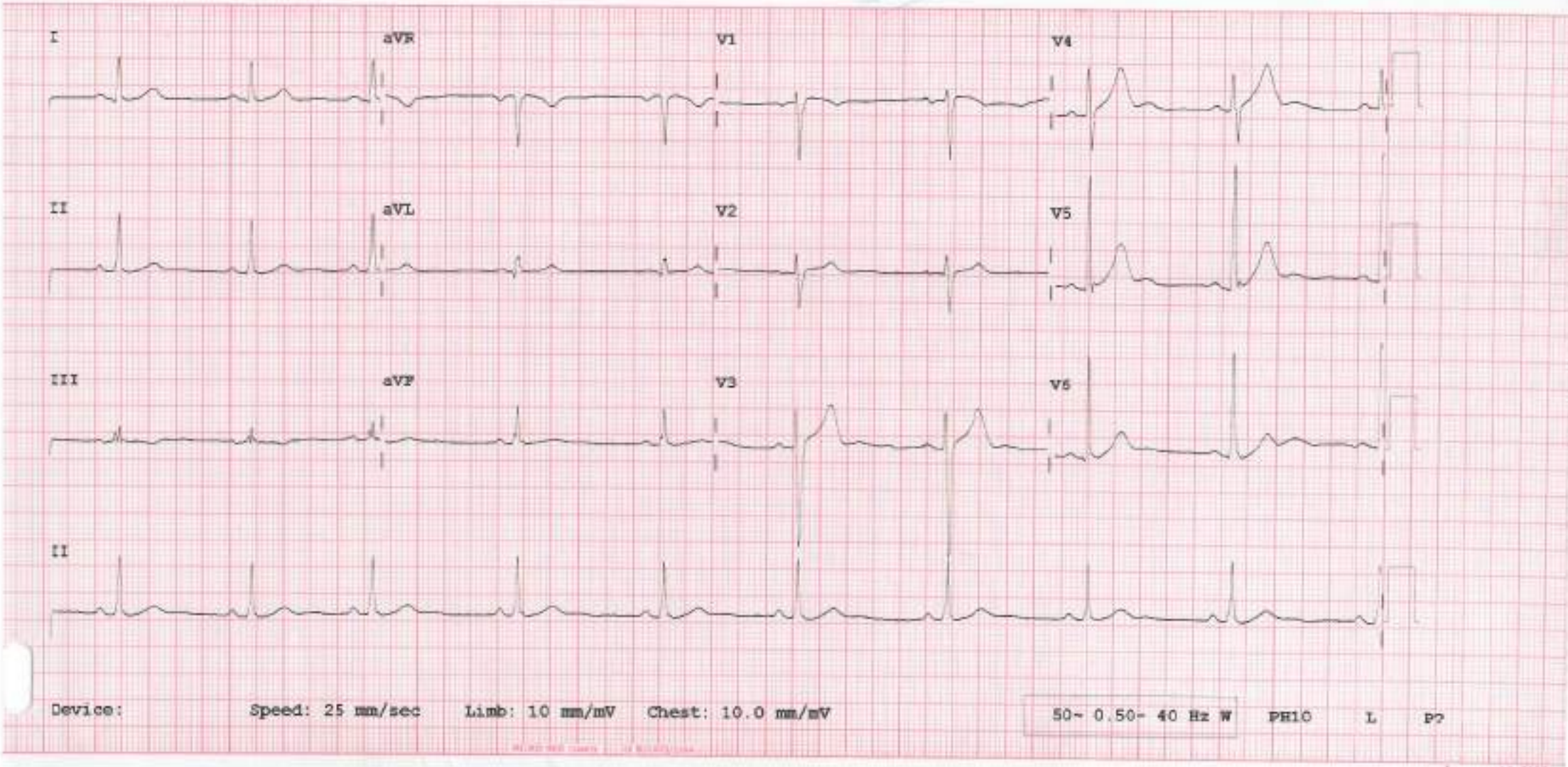
ECG

Rate 58

PR 142
QRSD 87
QT 385
QTc 379

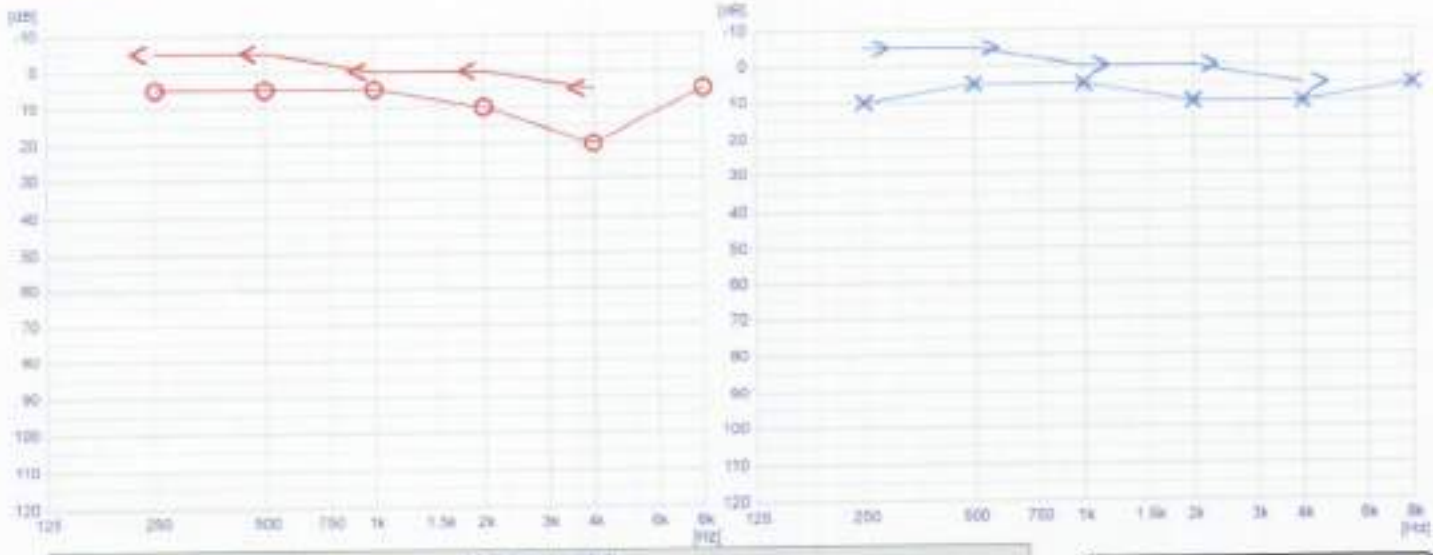
--AXIS--
P -6
QRS 40
T 22

12 Lead; Standard Placement



SUPER QUALITY HEARING AID AND SPEECH THERAPY CENTER

Code	Last name , First name	Born
0746974	AL HABSI , NAJI SULAIMA[illegible]	[illegible]
Test type	**Test date**	
Tonal audiometry	10.03.2021	



Audiometry (unaided)								
Freq [Hz]	500	1000	1500	2000	3000	4000	6000	8000
Left	5	5		10		10		5
Right	5	5		10		20		5

Calculate % hearing loss (if known)	L [%]	R [%]	Binaural [%]	Comments
Does the applicant exceed 35dB loss in either ear at 0.5, 1.0 or 2.0kHz?			Yes/No	

Legend	R	L
Air	O	X
AirMasked	△	□
Bone	<	>
BoneMasked	[	]
MCL	M	M
UCL	m	m
Free Field	⊘	%
Free Field/Aided	A	A
Binaural	B	
No response	I	

PTA

Right :- 6·6 dBHL

Left :- 6·6 dBHL

Comments

BILATERAL HEARING SENSITIVITY WITHIN NORMAL LIMITS

Signature:

Date: 10/03/2021

C.R. No. [illegible]
P.O. Box: 3371
Postal Code: 123
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