

Appendix 32: EX1 Form (Initial Examination Report)

INITIAL EXAMINATION REPORT (MEDICAL – CONFIDENTIAL)

 Petro Development Oman MEDICAL DEPARTMENT		Surname MOHD A-AZIZ DAWOOD					
PLEASE COMPLETE YOUR PERSONAL DETAILS IN BLOCK CAPITALS		Forenames AL BALUSHI					
Place of examination AL MAIL		Address _____					
Date 31/7/25		Home telephone number 97132355					
If a dependant enter employee's name here: _____							
Surname MOHD A-AZIZ DAWOOD		Forenames AL BALUSHI					
Birth date: _____	Nationality: OMANI	Country of birth: OMAN	Religion: MUSLIM				
☒ Male ☐ Female	☐ Married ☒ Single ☐ Separated / Divorced	Relationship to employee ☐ Wife ☐ Son ☐ Daughter					
Reason for examination Pre-Employment ☐ Job: Driver Pre-Overseas ☐ Area: Haima		Number of children: _____					
Name and address of family doctor _____		List your last 3 jobs (1) _____ (2) _____					
Are you a Registered Disabled Person? (UK only) ☐		Do you belong to any Medical Insurance Scheme? ☐					
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)							
<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <th style="width: 50%;">Y</th> <th style="width: 50%;">N</th> </tr> </table>		Y	N	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <th style="width: 50%;">Y</th> <th style="width: 50%;">N</th> </tr> </table>		Y	N
Y	N						
Y	N						
1. Sinus trouble		21. Cancer					
2. Neck swelling/glands		22. Heart Disease					
3. Difficulty in vision		23. Rheumatic fever					
4. Any ear discharge		24. Abnormal heartbeat					
5. Asthma/bronchitis		25. High blood pressure					
6. Hayfever /other significant allergy		26. Stroke					
7. Any skin trouble		27. Serious chest pain					
8. Tuberculosis		28. Any blood disease					
9. Shortness of breath		29. Kidney disease					
10. Coughed/vomited blood		30. Blood in urine					
11. Severe abdominal pain		31. Diabetes					
12. Stomach ulcer		32. Headaches/migraine					
13. Recurrent indigestion		33. Dizziness/fainting					
14. Jaundice or hepatitis		34. Epilepsy					
15. Gall Bladder disease		35. Joints/spinal trouble					
16. Marked change in bowel habits		36. Surgical operation					
17. Blood in stools (motions)		37. Serious accident/fracture					
18. Marked change in weight		38. Tropical disease					
19. Varicose veins		39. Fear of heights					
20. Lump in breast/armpit							
How much tobacco each day? 0		Average daily alcohol consumption 0					
Have you ever taken elicited drugs? ☒ PDO test all new/potential employees for elicited/recreational drugs							
FAMILY HISTORY: Diabetes ☒ Tuberculosis ☒ Epilepsy ☒ Asthma ☒ Heart disease ☒ High blood pressure ☒ Stroke ☒ Blood Disease ☒							
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:- I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.							
Date: 31/7/25		Signature of Applicant: _____					

FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)		PHYSICAL EXAMINATION	
N	A		
/		1. Eyes & Pupils	
/		2. E.N.T.	
/		3. Teeth & Mouth	
/		4. Lungs & Chest	
/		5. Cardiovascular System	
/		6. Abdo. Viscera	
/		7. Hernial Orifices	
/		8. Anus & Rectum	
/		9. Genito-urinary	
/		10. Extremities	
/		11. Musculo-skeletal	
/		12. Skin & Varicose Vns.	
/		13. C.N.S.	

HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE	HEARING L R	VISION DISTANT R L NEAR R L Uncorrected Corrected	Colour Vision	Blood Group
175	89	29	128/96	84 /mins.		8/9/16 6/6	32	

N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS	N	A	
		1. Urinalysis			7. Audiogram
		2. Hb, Bloodcount, ESR			8. Lung Function
		3. LFT, RFT, RBS			9. Chest X-Ray
		4. Drug Screen			10. ECG
		5. Lipids (40 years +)			11. CVS risk for 40 yrs. & above
		6. Sickle Cell test			12. HIV, Hepatitis screening

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

ASSESSMENT:

☒ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT

31/07/2025

Lifestyle modification
Diet at Roshan

Date: Name (Block Capitals): Dr. / Nurse

Signature:

DR. SADRA ALIREZA NIKSERESHT
General Practitioner
MOH Lic. No: 20495
nmc specialty hospital, Al Hail

REVIEW/CONSULTATION

Date: Name (Block Capitals): Dr. / Nurse

Signature:

DR. SHIVA KUMAR SIDDIAH
General Practitioner
MOH Lic. No: 5070
nmc specialty hospital, Al Hail

FIT

DEPARTMENT OF LABORATORY MEDICINE

File No: 50140483	Report No: 0159842
Name: MOHD A-AZIZ DAWOOD AL BALUSHI	Sample Date: 31/07/2025 Time: 9:32
Address:	Received By:
Gender: M Age: 50 Y Nationality: OMANI	Received Date: Time:
GSM No.: 97132355 ID Card No.: 2055545	Report Date: 31/07/2025 Time: 13:05
Ref. By: DR ERFAN GHOODJANI	Bill No: 0384188 Bill Date: 31/07/2025

INVESTIGATION	RESULT	REFERENCE RANGE
PDO PACKAGE ABOVE 40 YEARS		
RANDOM BLOOD SUGAR	7.67 mmol/L	4.11 -7.9mmol/L
CREATININE	87.00 µ mol/L	Adults: MALE: 62 – 106 µ mol/L FEMALE: 44 - 80 µ mol/L
SGPT (ALT)	42.20 U/L	MALE : up to 41 U/L, FEMALE : up to 33 U/L.
TOTAL WBC COUNT	6.90 x 10 ³ / µL	4.00-11.00 x 10 ³ / µL
DIFFERENTIAL COUNT		
NEUTROPHIL (%)	59.38 %	40-75%
LYMPHOCYTE (%)	29.83 %	20-45%
MONOCYTE (%)	8.03 %	2-8%
EOSINOPHIL (%)	1.52 %	1-6%
BASOPHIL (%)	1.24 %	0-1%
ERYTHROCYTE SEDIMENTATION RATE	14 mm/1st hr	MALE:0-15 mm/ 1st hr FEMALE:0-20 mm/ 1st hr
HAEMOGLOBIN	15.89 gm/dl	Male : 13 -18 gm/dl Female:11-15 gm /dl childrens upto 1year-11.0 - 13.0 gm /dl upto12years-11.5 - 14.5 gm /dl cord blood:13 -19.5 gm /dl
SICKLE CELL	Negative	
Method : Solubility test (If Positive , Hb Electrophoresis / HPLC to be done to confirm Sick cell anaemia / Trait).		
URINE ROUTINE		
URINE BIOCHEMISTRY		
URINE GLUCOSE	Negative	Negative
URINE PROTEIN	Negative	Negative
URINE KETONE	Negative	Negative

Verified By:



11011

Lab Technologist

Approved By:

Specialist Pathologist



MOH License No:
Electronically signed at: 7/31/2025 2:27:00

Printed at: 31/07/2025 3:07:46 PM

Page: 1 of 2

DEPARTMENT OF LABORATORY MEDICINE

File No: 50140483	Report No: 0159842
Name: MOHD A-AZIZ DAWOOD AL BALUSHI	Sample Date: 31/07/2025 Time: 9:32
Address:	Received By:
Gender: M Age: 50 Y Nationality: OMANI	Received Date: Time:
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Ref. By: DR ERFAN GHOODJANI	Bill No: 0384188 Bill Date: 31/07/2025

INVESTIGATION	RESULT	REFERENCE RANGE
URINE BILIRUBIN	NEGATIVE	NEGATIVE
NITRITE	NEGATIVE	NEGATIVE
URINE PH	6.0	4.6-8.0
SPECIFIC GRAVITY	1.030	1.010-1.030
BLOOD	NEGATIVE	NEGATIVE
UROBILINOGEN	NORMAL	NORMAL
URINE MACROSCOPY		
COLOUR	PALE YELLOW	
APPEARANCE	TURBID	
URINE MICROSCOPY		
RBC	NIL /hpf	0-3
PUSCELLS	2-3 /hpf	0-5
EPITHELIAL CELLS	0-2 /hpf	NIL
CRYSTAL	AMORPHOUS URATES (++++)/hpf	NIL
CAST	NIL /hpf	NIL
BACTERIA	NIL	
MUCOUS THREAD	NIL	
LIPID PROFILE		
TOTAL CHOLESTEROL	5.94 mmol/L	< 5.18 mmol/L
HDL	1.42 mmol/L	>1.5 mmol/L
TRIGLYCERIDES	1.17 mmol/L	Desirable : <2.083 mmol/L Boderline high : 2.83 - 5.67 mmol/L Hypertriglyceridemia >5.65 mmol/L
LDL	4.04 mmol/L	< 2.6 mmol/L
VLDL	0.53 mmol/L	0.128-0.645mmol/L

Verified By:



11011

Lab Technologist

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Page: 2 of 2





nmc specialty hospital,al-hail

P.O BOX : 613, Postal Code : 133
al-hail
24269222

Fitness Certificate

Empno:

Date of issue : 31/07/2025

Ref No : 0000020/FIT/NMC/2025

This is to certify that Mr. / Mrs. *MOHD A-AZIZ DAWOOD AL BALUSHI* with file no 50140483 and Resident card no. 2055545 was *Treated* at *nmc specialty hospital,al-hail* on 31/07/2025 and will be *FIT TO WORK(MEDICALLY FIT)* from the medical point of view starting from 31/07/2025

DIAGNOSIS

Remarks

TMT: NEGATIVE FOR ISCHEMIA

DR ERFAN GHOODJANI

Place: *nmc specialty hospital,al-hail*

Signature



(Hospital Seal)





Pulmonary Function Report

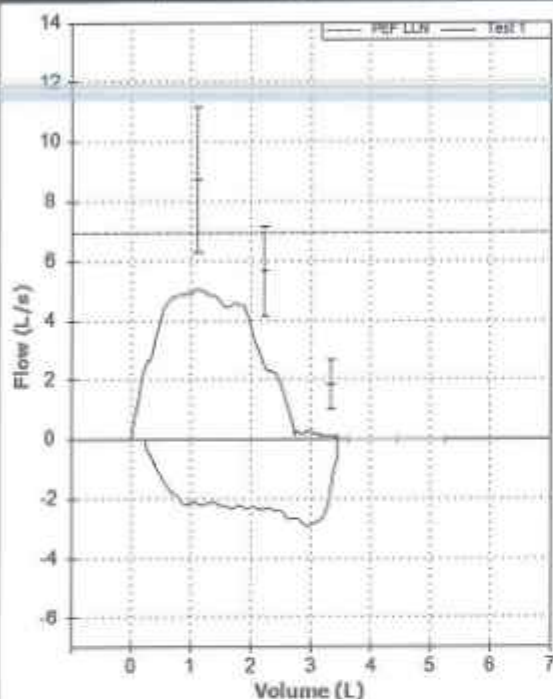
Subject Information

ID:	2025212_104728557	Alternate ID:	50140483		
Last Name:	Albalushi	First Name:	Mohd Aziz	Middle Name:	Dawood
Population:	MIDDLE EAST	Gender:	Male	Date of Birth:	13/10/1970
Age:	54	Height:	175 cm	Weight:	89.0 kg
BMI:	29.1	Smoking:	Non Smoker		

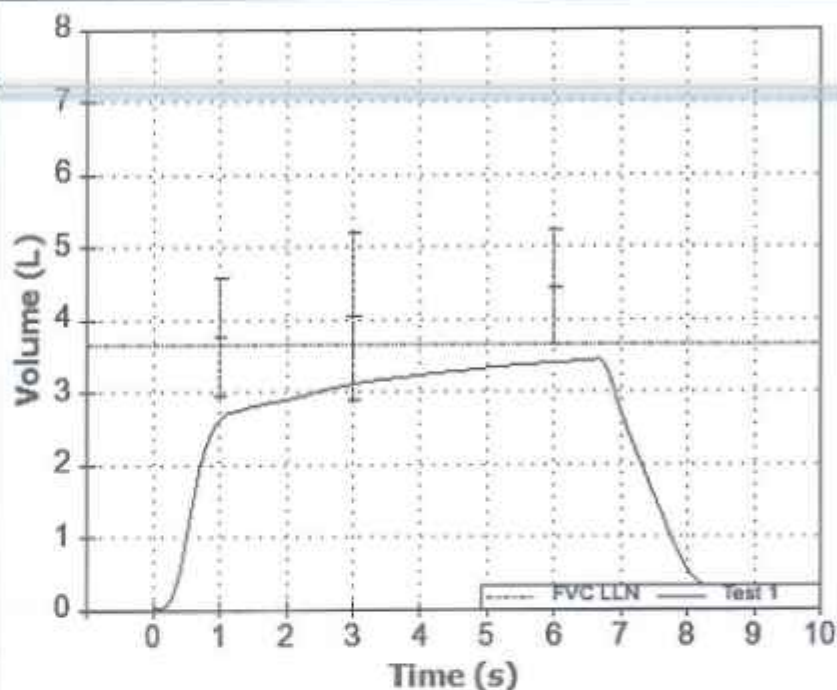
Test Session Information

Test Date:	31/07/2025 10:50	Device:	ALPHA Touch	Serial Number:	32166
No. of Tests:	4	Accuracy Chk:	30/05/2019 15:42	User:	Administrator
Pred. Values:	Goldman	Pred. Factor:	100%	Posture:	Sitting

Flow / Volume Graph



Volume/Time Graph



Results

Parameter	Pred	LLN	Best	% Pred.	Z-Score
FVC (L)	4.44	3.65	3.45*	78	-2.06
FEV1 (L)	3.76	2.94	2.76*	73	-2.00
FEV1 Ratio	0.77	0.66	0.80	104	0.45
FEV6 (L)	4.44	3.65	3.42*	77	-2.12
PEF (L/min)	592	418	305*	51	-2.71
FF25-75 (L/s)	4.43	3.34	3.45	78	-1.47

Values at STPS. *Below lower limit of normality (LLN)

Session Quality and Repeatability Information

FVC Session Grade	FVC Rep:	FEV1 Rep:	Slow Start of test	End of test criteria not achieved	Cough detected in 1st second
D	-	-	1 blow(s)	0 blow(s)	0 blow(s)

Computer Suggested Interpretation

Computer interpretations cannot be relied upon for diagnosis. Mild restriction.

Reference Pictogram

Parameter	LLN	Reference	ULN
FVC	Below	Below	Below
FEV1	Below	Below	Below
FEV1 Ratio	Below	Between	Between



AUDIOMETRY REPORT

Name of the Patient

Mohd Aziz Dawood

U107.05

31-JUL-25 10:13

DP 2s

2 sec avg

SN: G11005649 G12014595

16

MRN

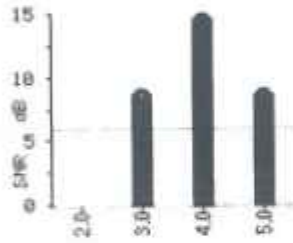
50140482

Date of Test

31/07/25

NAME:

Left: Pass



F2	L1	L2	DP	NF	SNR
2.0	65	55	-13	-8	-5
3.0	66	56	-4	-12	9
4.0	67	56	-5	-20	15
5.0	67	56	-9	-18	9

P
P
P
P

U107.05

31-JUL-25 10:13

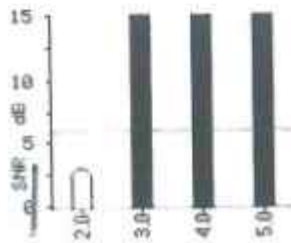
DP 2s

2 sec avg

SN: G11005649 G12014595

NAME:

Right: Pass



F2	L1	L2	DP	NF	SNR
2.0	65	55	-6	-9	3
3.0	65	55	-2	-18	16
4.0	63	55	1	-16	18
5.0	65	55	1	-20	21

P
P
P
P



Al Zaeh

Signature of the Technician

NMCOMAN/DOC/NSG/75

AL BALUSHI, MOHD AZIZ
50140483

Exam Summary

7/31/2025 10:53:45 AM

Bruce

Summary

Exercise Time: 08:33
Leads with 100uV ST, II, III, aVR, aVF, V2, V3, V4, V5, V6
PVCs: 0
Duke Treadmill Score: 0

Max Values

Speed: 3.4 MPH
Grade: 14 %
METs: 10.3
HR*BP: 33800 BPM * mmHg
ST/HR Index: 0.63 uV/bpm in V6 at 06:30

Max ST

ST elevation: 2.3 mm in V3 at 09:20
ST depression: -1.5 mm in aVR at 09:20

Max ST Changes

ST elevation change: 1.5 mm in V3 at 09:20
ST depression change: -1 mm in V6 at 06:30

STAGE SUMMARY

ST measurement based on JugsDms

	Speed (MPH)	Grade (%)	HR (bpm)	BP (mmHg)	METs	HR*BP	I	II	III	aVR	aVL	aVF	V1	V2	V3	V4	V5	V6
BP	0.0	0.0	92	126/89	-	11776	0.4	0.8	0.3	-0.7	0	0.6	-0.1	0.9	0.9	0.9	0.6	0.4
START EXE	0.0	0.0	94	-	1.3	-	0.3	0.8	0.4	-0.7	-0.1	0.6	0	0.8	0.9	0.8	0.7	0.4
BP	1.7	0.0	134	170/86	4.7	22780	0.1	0.5	0.3	-0.4	-0.1	0.4	0.2	0.9	1	0.7	0.5	0.2
STAGE 1	1.7	0.0	133	-	4.7	-	0.4	0.7	0.2	-0.7	0.1	0.4	0.2	0.9	1	0.7	0.4	0.2
BP	2.5	2.0	143	183/86	7.1	26189	0.2	0.5	0.2	-0.4	0	0.3	0.2	1	1.1	0.7	0.4	0
STAGE 2	2.5	2.0	149	-	7.1	-	0.3	0.3	0	-0.4	0.1	0.1	0.1	1	0.9	0.5	0.2	0
BP	3.4	4.0	169	200/86	10.3	33800	0.1	0.4	0.2	-0.4	0	0.3	0.2	1.3	1.4	0.8	0.3	-0.1
START EXE	0.0	0.0	94	-	1.3	-	0.3	0.8	0.4	-0.7	-0.1	0.6	0	0.8	0.9	0.8	0.7	0.4
BP	1.7	0.0	134	170/86	4.7	22780	0.1	0.5	0.3	-0.4	-0.1	0.4	0.2	0.9	1	0.7	0.5	0.2
STAGE 1	1.7	0.0	133	-	4.7	-	0.4	0.7	0.2	-0.7	0.1	0.4	0.2	0.9	1	0.7	0.4	0.2
BP	2.5	2.0	143	183/86	7.1	26189	0.2	0.5	0.2	-0.4	0	0.3	0.2	1	1.1	0.7	0.4	0
STAGE 2	2.5	2.0	149	-	7.1	-	0.3	0.3	0	-0.4	0.1	0.1	0.1	1	0.9	0.5	0.2	0
BP	3.4	4.0	169	200/86	10.3	33800	0.1	0.4	0.2	-0.4	0	0.3	0.2	1.3	1.4	0.8	0.3	-0.1
Peak	3.4	4.0	169	-	10.3	-	0.1	0.4	0.2	-0.4	0	0.3	0.2	1.3	1.4	0.8	0.3	-0.1
Treadmill Stopped	0.0	0.0	169	-	10.3	-	0.1	0.4	0.2	-0.4	0	0.3	0.2	1.3	1.4	0.8	0.3	-0.1
BP	0.0	0.0	127	187/79	7.6	23749	0.5	1.6	1.1	-1.1	-0.3	1.3	0.1	1.5	1.8	1.6	1.2	0.8
BP	0.0	0.0	115	180/83	5.8	20700	0.3	0.8	0.4	-0.6	-0.1	0.6	0.1	0.8	1.1	0.7	0.5	0.2
BP	0.0	0.0	112	150/84	4.0	16800	0.3	0.3	0	-0.4	0.1	0.1	0.1	0.2	0.7	0.4	0.1	-0.1
BP	0.0	0.0	105	136/84	2.2	14280	0.2	0.1	-0.1	-0.3	0.1	0	0.1	0.5	0.5	0.2	0	-0.1
BP	0.0	0.0	113	136/81	1.0	15368	0.2	0.1	-0.1	-0.2	0.1	0	0.1	0.6	0.5	0.2	0	-0.1
END REC	0.0	0.0	114	-	1.0	-	0.2	0.1	-0.1	-0.2	0.1	0	0.1	0.6	0.5	0.2	0	-0.1



AL BALUSHI, MOHD AZIZ
50140483

Patient Information

7/31/2025 10:53:45 AM

Bruce

ID: 50140483

Second ID:

Admission ID:

Date of Birth:

Height: 175 cm

Gender: Male

Age: 50 Years

Weight: 89 kg

Race: Unknown

Indications
test

Medications
NIL

Referring Physician: DR ERFAN

Location: NMC AL HAIL

Procedure Type: TMT

Attending Phy: DR CHRISTINE ABDALLA

Target HR: 145 bpm (85%)

Reasons for end: ACHIEVED METS, Target HR

Technician: ANEESH

Max HR(%MPHR): 171 bpm (100%)

Symptoms: NO CHEST PAIN

Diagnosis

Notes

Conclusions

The patient was tested using the Bruce protocol for a duration of 08:33 min:ss and achieved 10.3 METs. A maximum heart rate of 171 bpm with a target predicted heart rate of 117% was obtained at 08:40. A maximum systolic blood pressure of 200/86 was obtained at 08:30 and a maximum diastolic blood pressure of 200/86 was obtained at 08:30. A maximum ST depression of -0.8 mm in aVR occurred at 06:00. A maximum ST elevation of +1.6 mm in V2 occurred at 08:40. The patient reached target heart rate with appropriate heart rate and blood pressure response to exercise. No significant ST changes during exercise or recovery. No evidence of ischemia. Normal exercise stress test.

Reviewed by:

UNCONFIRMED REPORT

Signed by:

Date:

DR ERFAN GHODDJANI
Specialist Cardiology
NMC AL HAIL
NMC Specialty Hospital, Al-Qadisiyah

MOHID AZIZ D AL BALUSIB
50140483

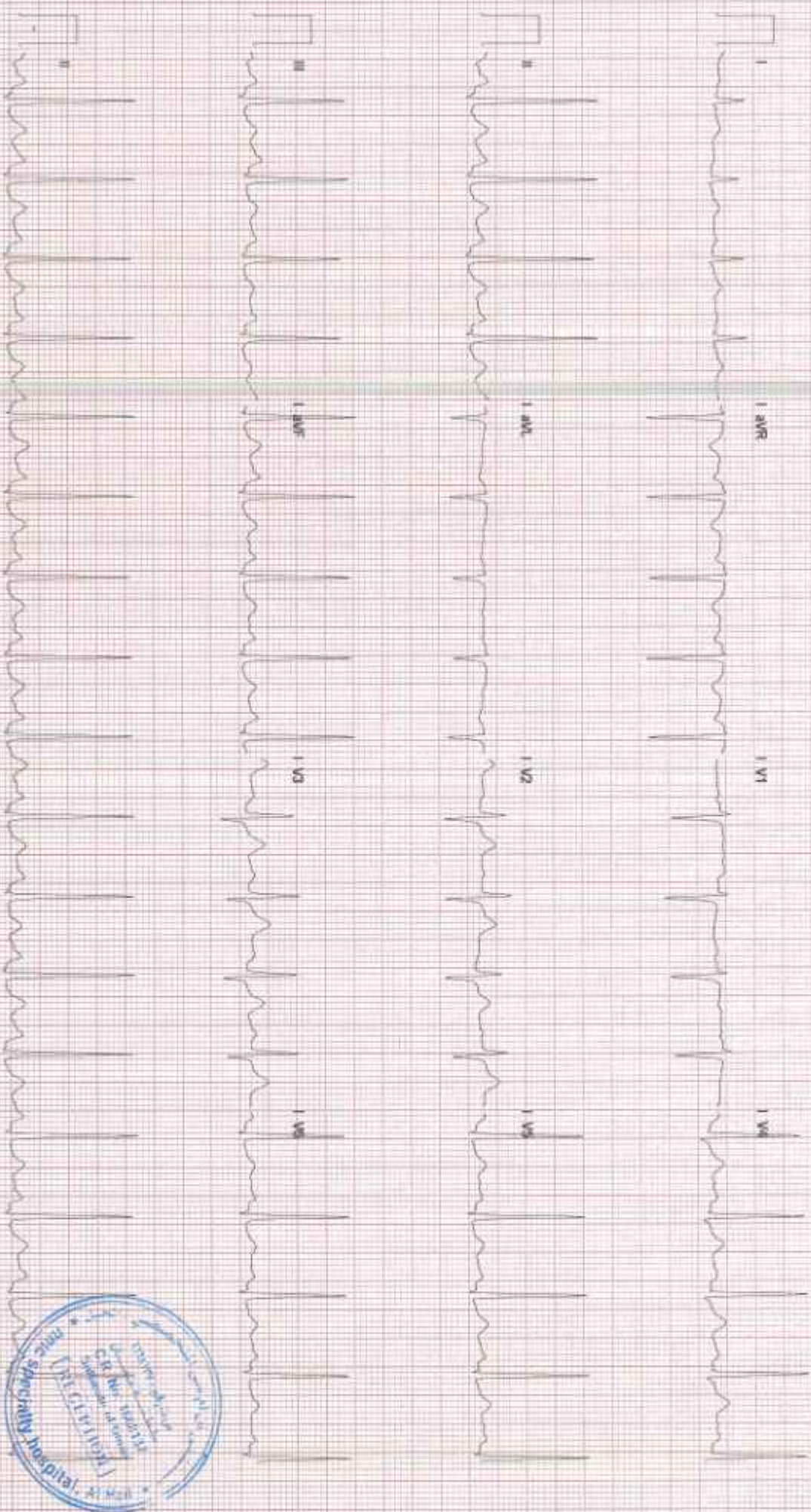
Brace

Exam Start: 7/31/2025 10:53:45 AM
Print Time: 7/31/2025 11:08:53 AM
Date of Birth:
Gender: Male

08:33 EXER
04:59 REC

--- MPH
---%

RATE 108
BP 136/84
REC 04:31



Auto Print



Framingham Risk Score (2008)

Questions

- | | |
|---|------------------|
| 1. Gender? | Male |
| 2. Age? | 50-54 |
| 3. Total Cholesterol? | 5.16-6.19 mmol/L |
| 4. HDL? | 1.30-1.55 mmol/L |
| 5. Systolic Blood Pressure? | 130-139 mmHg |
| 6. On Medication for Hypertension? | No |
| 7. Smoker? | No |
| 8. Diabetic? | Yes |
| 9. Known Vascular Disease (CAD, PVD, S... | No |

About

The FRS estimates the 10 year risk of manifesting clinical CVD (CAD, Stroke, PVD, CHF, cardiac death). Although not examined in the 2008 model, it is common practice to double the FRS if there is a FHx of premature CAD in a 1st degree relative (men <55y, women <65y).

*The risk stratification tool for the ESC is the SCORE system which estimates 10y risk of CVD death. Patients with a 10y risk of CVD death ≥5% are considered high risk. The lipid guidelines recognize risk equivalents as a distinct category that warrant immediate treatment. For patients with an ESC SCORE ≥ 5% a 3 month trial of lifestyle measures is a reasonable starting point. If after 3 months the lipids remain above moderate risk targets and the SCORE remains ≥ 5% then intensive therapy to reach high risk targets is recommended.

References

Ralph B. D'Agostino, Sr, Ramachandran S. Vasan, Michael J. Pencina, Philip A. Wolf, Mark Cobain, Joseph M. Massaro and William B. Kannel.

General cardiovascular risk profile for use in primary care: the Framingham Heart Study.
Circulation 2008 February 12, 117 (6): 743-53

McPherson R et al.
Canadian Cardiovascular Society position statement—
recommendations for the diagnosis and treatment of dyslipidemia
and prevention of cardiovascular disease.
Canadian Journal of Cardiology 2006, 22 (11): 913-27

Management of Blood Cholesterol in Adults: Systematic Evidence
Review from the Cholesterol Expert Panel.

Ian Graham et al.
European guidelines on cardiovascular disease prevention in clinical
practice: executive summary: Fourth Joint Task Force of the
European Society of Cardiology and Other Societies on
Cardiovascular Disease Prevention in Clinical Practice (Constituted
by representatives of nine societies and by invited experts).
European Heart Journal, Volume 28, Issue 19, October 2007, Pages
2375-2414

The Framingham Risk Score (2008) calculator is created by QxMD.

Results

[Copy Results](#)

Estimated 10-year Global CVD Risk

15.6%*

Risk Category

High Risk*

Estimated Vascular Age

64 Years*

*Due to this patient being diabetic, they are placed in the High Risk Category and should be treated based on the following guidelines.

Treatment Guidelines

ATP-III (2004)

Treatment Targets

LDL <100 mg/dL (<2.59 mmol/L)

Non-HDL <130 mg/dL (<3.37 mmol/L)

CCS (2009)

Treatment Targets

LDL <2 mmol/L (<77 mg/dL) or ≥50 % decrease in LDL-C

apoB <0.8 g/L (80 mg/dL)

ESC (2007, see info for more)

Treatment Targets

LDL <2-2.5 mmol/L (<80-100 mg/dL)

TChol <4-4.5 mmol/L (<155-175 mg/dL)

Created by  QxMD



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NAME: MOHAMED ABDUL AZIZ DAWOOD

AL BULUSHI

تاريخ الميلاد / تاريخ الميلاد / تاريخ الميلاد

ملاحظات

VEHICLE CATEGORY / LICENSE

تاريخ الميلاد / تاريخ الميلاد / تاريخ الميلاد

ملاحظات

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