

MEDICAL FITNESS CERTIFICATE FOR TRUCK OMAN LLC

NAME MOHAMED ABDUL AZIZ DAWOOD AL BULUSHI

AGE/D.O.B	50 Y, 13.10.1970	DATE	11.05.2021
PASS/ID NO:	2055545	GENDER	MALE
VISION-RT-EYE	6/6 WITH GLASSES	HEIGHT	174 CM
LT-EYE	6/6 WITH GLASSES	WEIGHT	87 KG
HEART	NORMAL	BP	134/84 mmHg
LUNGS	NORMAL	PULSE	76/Min
ABDOMEN	NORMAL	CNS	NORMAL
SKIN	NORMAL	ENT	NORMAL

INVESTIGATIONS

RBS	
BLOOD GROUP	
HAEMOGRAM	
LIPID PROFILE	
RFT	
LFT	
SICKLING TEST	
URE	
ECG	
TMT	NEGATIVE FOR STRESS INDUCED ISCHEMIA
AUDIOGRAM	Normal hearing threshold with mild SNHL at high frequency in Rt ear & mild dia at 4000Hz in Lt ear.
FRAMINGHAM REPORT	Probability of developing cardiovascular disease in next 10 years is 5.5 %
COMMENTS	<ul style="list-style-type: none"> * To use adequate ear protection in high noise environment * DLP- Advised lifestyle modification

CONCLUSION

MEDICALLY FIT

Signature:

Dr.B.VENKATESH KUMAR
CARDIOLOGIST
MOH NO#14581

FIT



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Appendix 32: EX1 Form (Initial Examination Report)

INITIAL EXAMINATION REPORT (MEDICAL – CONFIDENTIAL)



**Petroleum Development Oman
MEDICAL DEPARTMENT**

PLEASE COMPLETE YOUR PERSONAL
DETAILS IN BLOCK CAPITALS

Place of examination BADR AL SAMAA	Date 11/1/21	Home telephone number
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If a dependant enter employee's name here:		Forenames:
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Surname:	Forenames:
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Birth date: 13-10-1970	Nationality:	Country of birth:	Religion:
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<input checked="" type="checkbox"/> Male <input type="checkbox"/> Female	<input type="checkbox"/> Married <input type="checkbox"/> Single <input type="checkbox"/> Separated /Divorced	Relationship to employee <input type="checkbox"/> Wife <input type="checkbox"/> Son <input type="checkbox"/> Daughter	Number of children:
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Reason for examination	Pre-Employment	Job: <input type="checkbox"/>
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Pre-Overseas Area: <input type="checkbox"/>

Name and address of family doctor	List your last 3 jobs (1) (2)
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Are you a Registered Disabled Person? (UK only) <input type="checkbox"/>	Do you belong to any Medical Insurance Scheme? <input type="checkbox"/>
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DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)

	Y	N		Y	N		Y	N
1. Sinus trouble	<input checked="" type="checkbox"/>	<input type="checkbox"/>	21. Cancer	<input checked="" type="checkbox"/>	<input type="checkbox"/>	HAVE YOU EVER BEEN:-		
2. Neck swelling/glands	<input checked="" type="checkbox"/>	<input type="checkbox"/>	22. Heart Disease	<input checked="" type="checkbox"/>	<input type="checkbox"/>	40. Rejected for employment or insurance for medical reasons	<input checked="" type="checkbox"/>	<input type="checkbox"/>
3. Difficulty in vision	<input checked="" type="checkbox"/>	<input type="checkbox"/>	23. Rheumatic fever	<input checked="" type="checkbox"/>	<input type="checkbox"/>	41. Awarded benefits for industrial injury/illness	<input checked="" type="checkbox"/>	<input type="checkbox"/>
4. Any ear discharge	<input checked="" type="checkbox"/>	<input type="checkbox"/>	24. Abnormal heartbeat	<input checked="" type="checkbox"/>	<input type="checkbox"/>	42. Treated for a mental condition, e.g. depression	<input checked="" type="checkbox"/>	<input type="checkbox"/>
5. Asthma/bronchitis	<input checked="" type="checkbox"/>	<input type="checkbox"/>	25. High blood pressure	<input checked="" type="checkbox"/>	<input type="checkbox"/>	43. Treated for problem drinking or drug abuse	<input checked="" type="checkbox"/>	<input type="checkbox"/>
6. Hayfever/other significant allergy	<input checked="" type="checkbox"/>	<input type="checkbox"/>	26. Stroke	<input checked="" type="checkbox"/>	<input type="checkbox"/>	44. Exposed to toxic substance or noise	<input checked="" type="checkbox"/>	<input type="checkbox"/>
7. Any skin trouble	<input checked="" type="checkbox"/>	<input type="checkbox"/>	27. Serious chest pain	<input checked="" type="checkbox"/>	<input type="checkbox"/>	FOR WOMEN ONLY		
8. Tuberculosis	<input checked="" type="checkbox"/>	<input type="checkbox"/>	28. Any blood disease	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Have you ever had:-		
9. Shortness of breath	<input checked="" type="checkbox"/>	<input type="checkbox"/>	29. Kidney disease	<input checked="" type="checkbox"/>	<input type="checkbox"/>	45. An abnormal smear	<input checked="" type="checkbox"/>	<input type="checkbox"/>
10. Coughed/vomited blood	<input checked="" type="checkbox"/>	<input type="checkbox"/>	30. Blood in urine	<input checked="" type="checkbox"/>	<input type="checkbox"/>	46. Any gynaecological treatment	<input checked="" type="checkbox"/>	<input type="checkbox"/>
11. Severe abdominal pain	<input checked="" type="checkbox"/>	<input type="checkbox"/>	31. Diabetes	<input checked="" type="checkbox"/>	<input type="checkbox"/>	47. Are you pregnant?	<input checked="" type="checkbox"/>	<input type="checkbox"/>
12. Stomach ulcer	<input checked="" type="checkbox"/>	<input type="checkbox"/>	32. Headaches/migraine	<input checked="" type="checkbox"/>	<input type="checkbox"/>	48. HAVE YOU HAD AN ILLNESS NOT MENTIONED ABOVE	<input checked="" type="checkbox"/>	<input type="checkbox"/>
13. Recurrent indigestion	<input checked="" type="checkbox"/>	<input type="checkbox"/>	33. Dizziness/fainting	<input checked="" type="checkbox"/>	<input type="checkbox"/>			
14. Jaundice or hepatitis	<input checked="" type="checkbox"/>	<input type="checkbox"/>	34. Epilepsy	<input checked="" type="checkbox"/>	<input type="checkbox"/>			
15. Gall Bladder disease	<input checked="" type="checkbox"/>	<input type="checkbox"/>	35. Joints/spinal trouble	<input checked="" type="checkbox"/>	<input type="checkbox"/>			
16. Marked change in bowel habits	<input checked="" type="checkbox"/>	<input type="checkbox"/>	36. Surgical operation	<input checked="" type="checkbox"/>	<input type="checkbox"/>			
17. Blood in stools (motions)	<input checked="" type="checkbox"/>	<input type="checkbox"/>	37. Serious accident/fracture	<input checked="" type="checkbox"/>	<input type="checkbox"/>			
18. Marked change in weight	<input checked="" type="checkbox"/>	<input type="checkbox"/>	38. Tropical disease	<input checked="" type="checkbox"/>	<input type="checkbox"/>			
19. Varicose veins	<input checked="" type="checkbox"/>	<input type="checkbox"/>	39. Fear of heights	<input checked="" type="checkbox"/>	<input type="checkbox"/>			
20. Lump in breast/armpit	<input checked="" type="checkbox"/>	<input type="checkbox"/>						

How much tobacco each day? 1/2	Average daily alcohol consumption None
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Have you ever taken elicited drugs? **(No)** PDO test all new/potential employees for elicited/recreational drugs

FAMILY HISTORY: Diabetes (No)	Tuberculosis (No)	Epilepsy (No)	Asthma (No)	Eczema (No)
Heart disease (Yes)	High blood pressure (Yes)	Stroke (Yes)	Blood Disease (Yes)	Cancer (Yes)

PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-

I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.

Date: 11/1/21	Signature of Applicant:
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FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities



Dr. B. VENKATESH KUMAR
CARDIOLOGIST
MOH NO#14581

N = Normal A = Abnormal (please describe)		PHYSICAL EXAMINATION										
N	A											
	1. Eyes & Pupils	Normal & Reactive										
	2. E.N.T.	Ear, nose & throat - normal										
	3. Teeth & Mouth	MM										
	4. Lungs & Chest	S1, S2 No rales soft m(A) normal										
	5. Cardiovascular System	normal										
	6. Abdo. Viscera	normal										
	7. Hernial Orifices	normal										
	8. Anus & Rectum	normal										
	9. Genito-urinary	normal										
	10. Extremities	normal										
	11. Musculo-skeletal	normal										
	12. Skin & Varicose Vns.	normal										
	13. C.N.S.	normal										
HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE b/mins.	HEARING L R	DISTANT Uncorrected Corrected	VISION NEAR R L R L	Colour Vision	Blood Group			
174	82.1	28.8	134/32	76			6/6 6/6 NL NLP	(W)	O+			
N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS				N	A	7. Audiogram 8. Lung Function 9. Chest X-Ray 10. ECG 11. CVS risk for 40 yrs. & above 12. HIV, Hepatitis screening				
✓		1. Urinalysis 2. Hb, Bloodcount, ESR 3. LFT, RFT, RBS 4. Drug Screen 5. Lipids (40 years +) 6. Sickle Cell test						Bilateral hearing sensitivity normal left high ear is right and dips cleft is left ear.				

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

OLP - Advised lifestyle modification

ASSESSMENT:

FIT ALL AREAS FIT WITH RESTRICTION TEMPORARY UNFIT UNFIT

Date: 11/17/21 Name (Block Capitals): Dr. / Nurse Signature:

REVIEW/CONSULTATION

Date: 11/17/21 Name (Block Capitals): Dr. / Nurse Signature:



Take ear protection in noisy environment

Dr. SAJIL
MBBS., DNB (ENT),
Specialist Ent Surgeon
MOH Lic No.: 18387