

Initial Medical Examination Report

INITIAL EXAMINATION REPORT (MEDICAL – CONFIDENTIAL)

Surname: GALIM ABOULLAH SAID KALFAN AL		Forenames:	
Address:		Home telephone number: 99050205	
Place of examination: Aster Hospital, Ibbri	Date: 25/1/2020	Project: Truck Oman - A. Duvaini	
If a dependant enter employee's name here:		Country of birth: Oman	Religion: A. Duvaini
Birth date: 18/11/1977	Nationality: OMANI	Relationship to employee	Number of children:
☒ Male ☐ Female	☐ Married ☐ Single ☐ Separated / Divorced	☐ Wife ☐ Son ☐ Daughter	
Reason for examination: Pre-Employment ☐ Job: ☐ Pre-Overseas ☐ Area: ☐			
Name and address of family doctor:		List your last 3 jobs (1):	
Are you a Registered Disabled Person? (UK only) ☐		Do you belong to any Medical Insurance Scheme? ☐	
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)			
	Y	N	Y
1. Sinus trouble		☒	21. Cancer
2. Neck swelling/glands		☒	22. Heart Disease
3. Difficulty in vision		☒	23. Rheumatic fever
4. Any ear discharge		☒	24. Abnormal heartbeat
5. Asthma/bronchitis		☒	25. High blood pressure
6. Hayfever /other significant allergy		☒	26. Stroke
7. Any skin trouble		☒	27. Serious chest pain
8. Tuberculosis		☒	28. Any blood disease
9. Shortness of breath		☒	29. Kidney disease
10. Coughed/vomited blood		☒	30. Blood in urine
11. Severe abdominal pain		☒	31. Diabetes
12. Stomach ulcer		☒	32. Headaches/migraine
13. Recurrent indigestion		☒	33. Dizziness/fainting
14. Jaundice or hepatitis		☒	34. Epilepsy
15. Gall Bladder disease		☒	35. Joints/spinal trouble
16. Marked change in bowel habits		☒	36. Surgical operation
17. Blood in stools (motions)		☒	37. Serious accident/fracture
18. Marked change in weight		☒	38. Tropical disease
19. Varicose veins		☒	39. Fear of heights
20. Lump in breast/ampit			
How much tobacco each day?		Average daily alcohol consumption	
Have you ever taken illicit drugs? () PDO test all new/potential employees for illicit/recreational drugs			
FAMILY HISTORY: Diabetes () Tuberculosis () Epilepsy () Asthma () Eczema ()			
Heart disease () High blood pressure () Stroke () Blood Disease () Cancer ()			
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-			
I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.			
Date: 25/1/2020	Signature of Applicant: [Signature]		

FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)		PHYSICAL EXAMINATION
N	A	
☒		1. Eyes & Pupils
☒		2. E.N.T.
☒		3. Teeth & Mouth
☒		4. Lungs & Chest
☒		5. Cardiovascular System
☒		6. Abdo. Viscera
☒		7. Hernial Orifices
☒		8. Anus & Rectum
☒		9. Genito-urinary
☒		10. Extremities
☒		11. Musculo-skeletal
☒		12. Skin & Varicose Vns.
☒		13. C.N.S.

HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE	HEARING	VISION				Colour Vision	Blood Group																
180 cm	91 kg	28.1	110/70	80/min.	L R	<table border="1"> <thead> <tr> <th colspan="2">DISTANT</th> <th colspan="2">NEAR</th> </tr> <tr> <th>R</th> <th>L</th> <th>R</th> <th>L</th> </tr> </thead> <tbody> <tr> <td>Uncorrected</td> <td>6/6</td> <td>6/6</td> <td>6/6</td> </tr> <tr> <td>Corrected</td> <td></td> <td></td> <td></td> </tr> </tbody> </table>				DISTANT		NEAR		R	L	R	L	Uncorrected	6/6	6/6	6/6	Corrected					
DISTANT		NEAR																									
R	L	R	L																								
Uncorrected	6/6	6/6	6/6																								
Corrected																											

N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS	N	A
☒		1. Urinalysis		
☒		2. Hb, Bloodcount, ESR		
☒		3. LFT, RFT, RBS		
☒		4. Drug Screen		
☒		5. Lipids (40 years +)		
☒		6. Sickle Cell test		

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

ASSESSMENT:

☒ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT

Date: 25/1/2022 Name (Block Capitals): Dr. RAHIL

REVIEW/CONSULTATION

Date: Name (Block Capitals): Dr. Signature:

Framingham Risk Assessment form

Framingham Risk Assessment (For all professional drivers, crane operators, forklift operator or other employees who are above 40 years of age):

Employee Name: SALIM ABDULLAH SAID KALFAN AL QURAINI

Emp #: 57401101

Date of Assessment: _____

1	Age	44 Years	
2	Gender	Female/Male	
3	Total Cholesterol	5.2 mmol/L	
4	HDL Cholesterol	0.83 mmol/L	
5	Smoker	Yes/No	
6	Diabetes	Yes/No	
7	Systolic Blood pressure	110 mm Hg	
8	Is the patient being treated for High blood pressure?	Yes/No	

Framingham Risk score: 5.6 %

Framingham Risk Rating (Circle the appropriate score):

Low

Medium

High

Any further action or recommendations?

Assessment or Examination conducted by

DR. RAHMAT SARIWANTH
A.A.T.
LICENCE NO: 8885
GENERAL PRACTITIONER

Epworth Screening Quest. for Sleep Apnoea

Employee Data		Date: 25-01-2022
Name: SALIM ABDULLAH SAID KHALIL	Department/Company: Turk Oman	
I. D No. 7401101	Tel # 9950305	Occupation :

This questionnaire will help identify if you have any health condition which may need a more detailed medical assessment as part of your fitness to work determination. If you have any queries please contact your local Health Services staff. All information provided on this form and during consultations remains strictly confidential. When further clinical evaluation is required following completion of a screening questionnaire, the details should be recorded on Q1 and E1 forms.

How likely are you to fall asleep in the following situations? (use 0 to 3 score as shown below)

- 0 Would never doze
 - 1 Slight chance of dozing
 - 2 Moderate chance of dozing
 - 3 High chance of dozing
- 0 sitting and reading
 - 0 watching TV
 - 0 sitting inactive in a public place (e.g. theatre or meeting)
 - 0 as a passenger in the car for an hour without a break
 - 0 Lying down to rest in the afternoon when circumstances permit
 - 0 Sitting a talking with someone
 - 0 Sitting quietly after lunch without alcohol
 - 0 In a car, while stopped for a few minutes in traffic
 - Total 0

If you score a total of 15 or more you should seek advice from medical personnel on site before continuing to drive or operate machinery in the workplace.

Declaration: I, SALIM KHALIL (Print Name) certify that to the best of my knowledge the above information supplied by me is true and correct.

Signature: [Signature]

Date: 25/1/2022

Fitness to Work Certificate

Employee Data		Date <u>25-01-2022</u>	
Name <u>SALIM ABDULLAH SAID KATKAT ALAWADH</u>		Department/Company <u>Truck Driver</u>	
ID No. <u>7401101</u>	Age <u>44</u>	Occupation	
Type of Medical Evaluation		Mark those applying -/	
A1 Aircraft refuelling	☐	A5 Fire / Emergency response team work	☐
A2 Breathing apparatus	☐	A7 Professional driving	☐
A3 Business traveller	☐	A8 Remote location work	☐
A4 Catering and food preparation	☐	A9 Transfers – group A country	☐
A5 Crane or forklift driving & all heavy vehicles	☐	A10 Transfers – group B country	☐
Health Advisor Statement : The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.			
Fit with no restrictions		☒	
Fit with following restriction(s)			
The employee is fit for above work but should avoid the following task(s)	Temporary restriction	Permanent restriction	
Work near moving machinery or sharp edges			
Working at height			
Lifting, pushing, or carrying weight over ____ Kg			
Ascend/descend ladders or stairs			
Operate motor vehicles, forklifts or heavy machinery			
Use of a respirator			
Repetitive twisting of valves or wrenches			
Flying			
Other (Specify)			
Temporary Unfit until			
Permanently Unfit		Date	
Name of health advisor <u>[Signature]</u>	Signature <u>[Signature]</u>	Date <u>25/1/2022</u>	



DEPARTMENT OF LABORATORY MEDICINE

File No: 0244288	Report No: 0598537
Name: SALIM ABDULLAH SAID KHALFAN AL QURAINI	Sample Date: 25/01/2022 Time: 11:30
Address:	Received By: 181773
Gender: M Age: 44 Y Nationality: OMANI	Received Date: 25/01/2022 Time: 11:34
GSM No.: 99050205 ID Card No.: 7401101	Report Date: 25/01/2022 Time: 13:18
Ref. By: EXTERNAL DOCTOR	Bill No: 0806259 Bill Date: 25/01/2022
	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
PDO MEDICAL CHECK UP ABOVE 40(truckoman)		
FBS (FASTING BLOOD SUGAR)	5.84 mmol/L	3.9 - 6.1
Method :- Hexokinase	105.12 mg/dL	70 - 110
LIPID PROFILE - SERUM		
CHOLESTEROL (TOTAL)	5.20 mmol/L	1 - 5.1
Method:-Enzymatic	201.03 mg/dl	40 - 200
HDL (HIGH DENSITY LIPOPROTEIN)	0.830 mmol/L	0.777 - 1.813
" "	32.09 mg/dl	30 - 70
LDL (LOW DENSITY LIPOPROTEIN)	3.37 mmol/L	1.295 - 4.54
" "	130	50 - 172
VLDL (VERY LOW DENSITY LIPOPROTEIN)	1.01 mmol/L	0.259 - 1.036
" "	38.94 mg/dl	10 - 40
RATIO (TOTAL CHOL / HDL CHOL)	6.27	3.8 - 5.9
TRIGLYCERIDES	2.2 mmol/L	0.564 - 2.146
Method : Enzymatic	194.7 mg/dl	50 - 190
LIVER FUNCTION TEST - SERUM		
TOTAL BILIRUBIN - SERUM	0.423 mg/dL	0.1 - 1
Method : Diazo	7.23 µmol/L	1 - 17.1
DIRECT BILIRUBIN - SERUM	0.120 mg/dL	0.1 - 0.5
Method : Diazo	2.05 µmol/L	1 - 8.55
SGOT (AST)-SERUM (IFCC)	21.40 U/L	Male: up to 40.0 Female: up to 32.0
SGPT (ALT)-SERUM (IFCC)	27.06 U/L	Male: 10-50 Female: 10-35
ALKALINE PHOSPHATASE (ALP)-SERUM (IFCC)	39.30 U/L	Adult : Men -40-129

Processed By:
ASHWINI
Lab Technologist

Approved By:
ABHILASH
Lab Technologist

Released By:
ABHILASH
Lab Technologist



MOH License No: 16064

MOH LIC NO : 11015

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INVESTIGATION	RESULT	REFERENCE RANGE
		Female 35-104 Children: (Aged) 7 months - 1 Year :- <462 1 Year - 3 Years :- <281 4 Years - 6 Years :- <269 7 Years - 12 Years :- <300 13 Years - 17 Years (M) :- <390 13 Years - 17 Years (F) :- <187
TOTAL PROTEIN-SERUM (Colorimetric Assay)	6.78 gm/dL	6.6 - 8.7
ALBUMIN - SERUM (Colorimetric Assay)	4.44 gm/dL	3.9 - 4.9
GLOBULIN - SERUM (Calculation)	2.34 gm/dL	2.3 - 3.5
ALBUMIN / GLOBULIN RATIO - Calculation	1.9	1.2 - 1.5
GGT (GAMMA GLUTAMYL TRANSPEPTIDASE) - SERUM	18.47 U/L	Men : 8-61 Female : 5-36
RENAL FUNCTION TEST (UREA - CREATININE)		
UREA - SERUM	6.48 mmol/L	1.7 - 8.3
Method : Kinetic Assay	38.92 mg/dL	10.2 - 49.8
CREATININE - SERUM	71.19 µmol/L	44.2 - 123.7
Method :- Jaffe Method	0.81 mg/dl	0.5 - 1.4
CBC (COMPLETE BLOOD COUNT)		
TOTAL WBC COUNT	6770 cells/cumm	4000 - 11000 cells/cumm
DC (DIFFERENTIAL COUNT)		
NEUTROPHILS	51.0 %	40-75%
LYMPHOCYTES	39.1 %	20-45%
EOSINOPHILS	2.1 %	2-6 %
MONOCYTES	7.2 %	2-8 %

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Medical Lab Technologist
MOH No: 5544

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INVESTIGATION	RESULT	REFERENCE RANGE
BASOPHILS	0.6 %	0-1%
HB (HEMOGLOBIN)	14.6 gm/dl	Male-13 - 18 gm/dl Female-11- 15 gm/dl
TOTAL RBC COUNT	5.04 million/cu	MALE: 4.5-6.5million/cu FEMALE: 3.9-5.5million/cu
PLATELET COUNT	2.15 lakhs/cumm	1.0 - 4.0 lakhs / cumm
PCV (PACKED CELL VOLUME)	42.40 %	Males : 42% - 52% Females : 37% - 47%
MCV (MEAN CORPUSCULAR VOLUME)	84.10 FL	76 - 96 FL
MCH (MEAN CORPUSCULAR HEMOGLOBIN)	29.00 PG	27 - 33 PG
MCHC(MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION)	34.40 g/dl	32 - 36 g/dl
ESR (ERYTHROCYTE SEDIMENTATION RATE)	04 mm/ 1st hr	MALE:0-9 mm/ 1st hr FEMALE:0-20 mm/ 1st hr
Capillary Photometry Technology Measures the kinetics of red cells aggregation.Clinical Laboratory and Standard Institute (CLSI) procedure for the ESR Test.		
SICKLE CELL	NEGATIVE	
URINE ROUTINE		
URINE BIOCHEMISTRY		
GLUCOSE	NIL	
PROTEIN	NIL	
KETONE	NIL	
BILIRUBIN	NIL	
pH	ACIDIC	

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INVESTIGATION	RESULT	REFERENCE RANGE
UROBILINOGEN	NORMAL	
URINE MICROSCOPY (Centrifugation Method)		
RED BLOOD CELLS (RBC)	NIL /hpf	
PUS CELLS	0-2 /hpf	
EPITHELIAL CELLS	NIL /hpf	
CRYSTALS	NIL /hpf	
CAST	NIL /hpf	
BACTERIA	PRESENT /hpf	
YEAST CELLS	NIL /hpf	

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X-RAY REPORT

Doc No:	0060265
Name:	SALIM ABDULLAH SAID KHALFAN AL QURAINI
Age/DOB:	44 Y Omani ID/ L.Card No:: 7401101
Sex:	Male
Referred By:	EXTERNAL DOCTOR
Clinical Diagnosis:	
X-Ray/UltraSound	CHEST X-RAY
Date:	25/01/2022
X-Ray Film No:	TRUCK
Bill No:	0806259
Charge Sheet No:	

Both lung fields are normal

Both cp angles are clear

Mediastinal shadow and bony thorax are normal

Cardiac configuration is within normal limits

Conclusion: A normal X-ray appearance

Signature: 
DR. KALESHA SHAIK
Specialist Radiology
MOH Reg. No. 17925

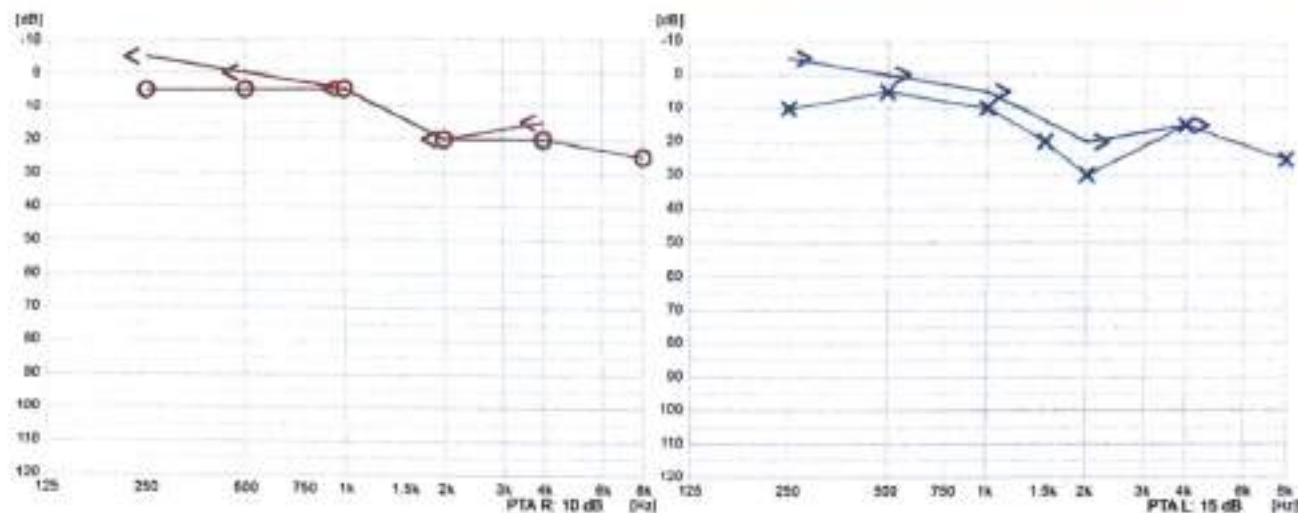


SUPER QUALITY HEARING AID AND SPEECH THERAPY CENTER

IBRI

22349191

Code: 0906259	Last name , First name AL QURAINI , SALIM ABDOUSAMER KHALFAN	Born:
Test type Tonal audiometry	Test date: 25/01/2022	



Legend	R	L
Air	○	×
AirMasked	△	□
Bone	<	>
BoneMasked	[	]
MCL	M	M
UCL	m	m
Free Field	⊗	⊗
Free FieldMasked	A	A
Stimulus		B
No response		I

PTA
Right: 10 dB HL
Left: 15 dB HL

Comments

BILATERAL HEARING SENSITIVITY WITHIN NORMAL LIMITS WITH SLOPE AT HIGH FREQUENCIES

Signature:



Date: 25/01/2022