



## MEDICAL FITNESS CERTIFICATE FOR P.D.O

### NAME

SALEEM MUBARAK MABROOK AL RASHDI

AGE/D.O.B	46 Y, 14.10.1974	DATE	11.08.2021
PASS/ID NO:	2307466	GENDER	MALE
VISION-RT-EYE	6/6 WITH GLASSES	HEIGHT	165 KG
LT-EYE	6/6 WITH GLASSES	WEIGHT	86 KG
HEART	NORMAL	BP	120/70 mmHg
LUNGS	NORMAL	PULSE	74/Min
ABDOMEN	NORMAL	CNS	NORMAL
SKIN	NORMAL	ENT	NORMAL

### INVESTIGATIONS

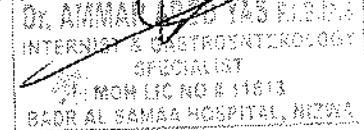
FBS	NORMAL
BLOOD GROUP	A POSITIVE
HAEMOGRAM	NORMAL
LIPID PROFILE	Slightly elevated triglycerides
RFT	NORMAL
LFT	NORMAL
SICKLING TEST	NEGATIVE
URE	NORMAL
ECG	NORMAL
AUDIOGRAM	NORMAL AUDIOMETRIC THRESHOLD
FRAMINGHAM SCORE	Probability of developing cardiovascular disease in next 10 years is 3.4%

COMMENTS \* Slightly elevated triglycerides- Advised lifestyle modification

### CONCLUSION

MEDICALLY FIT

Signature:



Headquarters:

CR. No. 1693808, P.B No. 443, P.C. 112,

Ruwi, Sultanate of Oman, Tel: +968 24799760, Fax: 24799765

Al Khuwair: 24488322 | Sohar: 26846660 | Al Khoud: 24546099 | Salalah: 23291830

Barka: 26884910 | Sur: 25546112 | Niwa: 25447777 | Falaj: 26754131

Email: info@badroman.com

المقر الرئيسي:

س.ت. ١٤٩٣٨-٤، ص.ب. ٤٤٣، الرمز البريد: ١١٢

روي سلطنة عمان، هاتف: +968 24799760، فاكس: 24799760

العنوان: ٢٤٣٦٦٩٩، ص.ب. ٢٤٣٦٦٩٩، ص.ب. ٢٤٣٦٦٩٩، ص.ب. ٢٤٣٦٦٩٩

بريد: ٢٤٣٦٦٩٩، ص.ب. ٢٤٣٦٦٩٩، ص.ب. ٢٤٣٦٦٩٩، ص.ب. ٢٤٣٦٦٩٩

البريد الإلكتروني: info@badroman.com

**Appendix 32: EX1 Form (Initial Examination Report)**

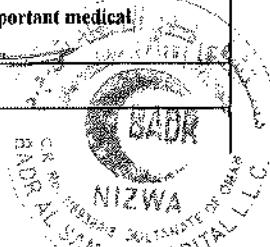
**INITIAL EXAMINATION REPORT (MEDICAL – CONFIDENTIAL)**



**Petroleum Development Oman  
MEDICAL DEPARTMENT**

PLEASE COMPLETE YOUR PERSONAL  
DETAILS IN BLOCK CAPITALS

Surname																																																																																																																																																																												
Forenames: <i>Saleem Mubarak Mabrook</i>																																																																																																																																																																												
Address																																																																																																																																																																												
Place of examination <b>BADR AL SAMAA</b> Date		Home/telephone number																																																																																																																																																																										
If a dependant enter employee's name here:																																																																																																																																																																												
Surname:		Forenames:																																																																																																																																																																										
Birth date: <i>11-10-1971</i> Nationality:		Country of birth:																																																																																																																																																																										
<input checked="" type="checkbox"/> Male <input type="checkbox"/> Female		<input type="checkbox"/> Married <input type="checkbox"/> Single <input type="checkbox"/> Separated/Divorced																																																																																																																																																																										
<input type="checkbox"/> Wife <input type="checkbox"/> Son <input type="checkbox"/> Daughter		Relationship to employee																																																																																																																																																																										
Number of children:																																																																																																																																																																												
Reason for examination Pre-Employment Job: <input type="checkbox"/>																																																																																																																																																																												
Pre-Overseas Area: <input type="checkbox"/>																																																																																																																																																																												
Name and address of family doctor		List your last 3 jobs																																																																																																																																																																										
(1)																																																																																																																																																																												
(2)																																																																																																																																																																												
Are you a Registered Disabled Person? (UK only) <input type="checkbox"/>		Do you belong to any Medical Insurance Scheme? <input type="checkbox"/>																																																																																																																																																																										
DO YOU HAVE OR HAVE YOU HAD: - (Tick "Yes" or "No" column or put a (?) if uncertain/exclude minor ailments.)																																																																																																																																																																												
<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="width: 5%;">Y</th> <th style="width: 5%;">N</th> <th style="width: 90%;">List</th> <th style="width: 5%;">Y</th> <th style="width: 5%;">N</th> <th style="width: 90%;">List</th> <th style="width: 5%;">Y</th> <th style="width: 5%;">N</th> <th style="width: 90%;">List</th> </tr> </thead> <tbody> <tr> <td style="text-align: center;">/</td> <td style="text-align: center;">/</td> <td>21. Cancer</td> <td style="text-align: center;">/</td> <td style="text-align: center;">/</td> <td>HAVE YOU EVER BEEN:-</td> <td style="text-align: center;">/</td> <td style="text-align: center;">/</td> <td style="text-align: center;">/</td> </tr> <tr> <td style="text-align: center;">/</td> <td style="text-align: center;">/</td> <td>22. Heart Disease</td> <td style="text-align: center;">/</td> <td style="text-align: center;">/</td> <td>40. Rejected for employment or insurance for medical reasons</td> <td style="text-align: center;">/</td> <td style="text-align: center;">/</td> <td style="text-align: center;">/</td> </tr> <tr> <td style="text-align: center;">/</td> <td style="text-align: center;">/</td> <td>23. Rheumatic fever</td> <td style="text-align: center;">/</td> <td style="text-align: center;">/</td> <td>41. Awarded benefits for industrial injury/illness</td> <td style="text-align: center;">/</td> <td style="text-align: center;">/</td> <td style="text-align: center;">/</td> </tr> <tr> <td style="text-align: center;">/</td> <td style="text-align: center;">/</td> <td>24. Abnormal heartbeat</td> <td style="text-align: center;">/</td> <td style="text-align: center;">/</td> <td>42. Treated for a mental condition, e.g. depression</td> <td style="text-align: center;">/</td> <td style="text-align: center;">/</td> <td style="text-align: center;">/</td> </tr> <tr> <td style="text-align: center;">/</td> <td style="text-align: center;">/</td> <td>25. High blood pressure</td> <td style="text-align: center;">/</td> <td style="text-align: center;">/</td> <td>43. Treated for problem drinking or drug abuse</td> <td style="text-align: center;">/</td> <td style="text-align: center;">/</td> <td style="text-align: center;">/</td> </tr> <tr> <td style="text-align: center;">/</td> <td style="text-align: center;">/</td> <td>26. Stroke</td> <td style="text-align: center;">/</td> <td style="text-align: center;">/</td> <td>44. Exposed to toxic substance or noise</td> <td style="text-align: center;">/</td> <td style="text-align: center;">/</td> <td style="text-align: center;">/</td> </tr> <tr> <td style="text-align: center;">/</td> <td style="text-align: center;">/</td> <td>27. Serious chest pain</td> <td style="text-align: center;">/</td> <td style="text-align: center;">/</td> <td colspan="3" style="text-align: center;">FOR WOMEN ONLY</td> </tr> <tr> <td style="text-align: center;">/</td> <td style="text-align: center;">/</td> <td>28. Any blood disease</td> <td style="text-align: center;">/</td> <td style="text-align: center;">/</td> <td colspan="3" style="text-align: center;">Have you ever had:-</td> </tr> <tr> <td style="text-align: center;">/</td> <td style="text-align: center;">/</td> <td>29. Kidney disease</td> <td style="text-align: center;">/</td> <td style="text-align: center;">/</td> <td colspan="3" style="text-align: center;">45. An abnormal smear</td> </tr> <tr> <td style="text-align: center;">/</td> <td style="text-align: center;">/</td> <td>30. Blood in urine</td> <td style="text-align: center;">/</td> <td style="text-align: center;">/</td> <td colspan="3" style="text-align: center;">46. Any gynaecological treatment</td> </tr> <tr> <td style="text-align: center;">/</td> <td style="text-align: center;">/</td> <td>31. Diabetes</td> <td style="text-align: center;">/</td> <td style="text-align: center;">/</td> <td colspan="3" style="text-align: center;">47. Are you pregnant?</td> </tr> <tr> <td style="text-align: center;">/</td> <td style="text-align: center;">/</td> <td>32. Headaches/migraine</td> <td style="text-align: center;">/</td> <td style="text-align: center;">/</td> <td colspan="3" style="text-align: center;">48. HAVE YOU HAD AN ILLNESS NOT MENTIONED ABOVE</td> </tr> <tr> <td style="text-align: center;">/</td> <td style="text-align: center;">/</td> <td>33. Dizziness/fainting</td> <td style="text-align: center;">/</td> <td style="text-align: center;">/</td> <td colspan="3" style="text-align: center;">/</td> </tr> <tr> <td style="text-align: center;">/</td> <td style="text-align: center;">/</td> <td>34. Epilepsy</td> <td style="text-align: center;">/</td> <td style="text-align: center;">/</td> <td colspan="3" style="text-align: center;">/</td> </tr> <tr> <td style="text-align: center;">/</td> <td style="text-align: center;">/</td> <td>35. Joints/spinal trouble</td> <td style="text-align: center;">/</td> <td style="text-align: center;">/</td> <td colspan="3" style="text-align: center;">/</td> </tr> <tr> <td style="text-align: center;">/</td> <td style="text-align: center;">/</td> <td>36. Surgical operation</td> <td style="text-align: center;">/</td> <td style="text-align: center;">/</td> <td colspan="3" style="text-align: center;">/</td> </tr> <tr> <td style="text-align: center;">/</td> <td style="text-align: center;">/</td> <td>37. Serious accident/fracture</td> <td style="text-align: center;">/</td> <td style="text-align: center;">/</td> <td colspan="3" style="text-align: center;">/</td> </tr> <tr> <td style="text-align: center;">/</td> <td style="text-align: center;">/</td> <td>38. Tropical disease</td> <td style="text-align: center;">/</td> <td style="text-align: center;">/</td> <td colspan="3" style="text-align: center;">/</td> </tr> <tr> <td style="text-align: center;">/</td> <td style="text-align: center;">/</td> <td>39. Fear of heights</td> <td style="text-align: center;">/</td> <td style="text-align: center;">/</td> <td colspan="3" style="text-align: center;">/</td> </tr> </tbody> </table>		Y	N	List	Y	N	List	Y	N	List	/	/	21. Cancer	/	/	HAVE YOU EVER BEEN:-	/	/	/	/	/	22. Heart Disease	/	/	40. Rejected for employment or insurance for medical reasons	/	/	/	/	/	23. Rheumatic fever	/	/	41. Awarded benefits for industrial injury/illness	/	/	/	/	/	24. Abnormal heartbeat	/	/	42. Treated for a mental condition, e.g. depression	/	/	/	/	/	25. High blood pressure	/	/	43. Treated for problem drinking or drug abuse	/	/	/	/	/	26. Stroke	/	/	44. Exposed to toxic substance or noise	/	/	/	/	/	27. Serious chest pain	/	/	FOR WOMEN ONLY			/	/	28. Any blood disease	/	/	Have you ever had:-			/	/	29. Kidney disease	/	/	45. An abnormal smear			/	/	30. Blood in urine	/	/	46. Any gynaecological treatment			/	/	31. Diabetes	/	/	47. Are you pregnant?			/	/	32. Headaches/migraine	/	/	48. HAVE YOU HAD AN ILLNESS NOT MENTIONED ABOVE			/	/	33. Dizziness/fainting	/	/	/			/	/	34. Epilepsy	/	/	/			/	/	35. Joints/spinal trouble	/	/	/			/	/	36. Surgical operation	/	/	/			/	/	37. Serious accident/fracture	/	/	/			/	/	38. Tropical disease	/	/	/			/	/	39. Fear of heights	/	/	/			How much tobacco each day?		Average daily alcohol consumption	
Y	N	List	Y	N	List	Y	N	List																																																																																																																																																																				
/	/	21. Cancer	/	/	HAVE YOU EVER BEEN:-	/	/	/																																																																																																																																																																				
/	/	22. Heart Disease	/	/	40. Rejected for employment or insurance for medical reasons	/	/	/																																																																																																																																																																				
/	/	23. Rheumatic fever	/	/	41. Awarded benefits for industrial injury/illness	/	/	/																																																																																																																																																																				
/	/	24. Abnormal heartbeat	/	/	42. Treated for a mental condition, e.g. depression	/	/	/																																																																																																																																																																				
/	/	25. High blood pressure	/	/	43. Treated for problem drinking or drug abuse	/	/	/																																																																																																																																																																				
/	/	26. Stroke	/	/	44. Exposed to toxic substance or noise	/	/	/																																																																																																																																																																				
/	/	27. Serious chest pain	/	/	FOR WOMEN ONLY																																																																																																																																																																							
/	/	28. Any blood disease	/	/	Have you ever had:-																																																																																																																																																																							
/	/	29. Kidney disease	/	/	45. An abnormal smear																																																																																																																																																																							
/	/	30. Blood in urine	/	/	46. Any gynaecological treatment																																																																																																																																																																							
/	/	31. Diabetes	/	/	47. Are you pregnant?																																																																																																																																																																							
/	/	32. Headaches/migraine	/	/	48. HAVE YOU HAD AN ILLNESS NOT MENTIONED ABOVE																																																																																																																																																																							
/	/	33. Dizziness/fainting	/	/	/																																																																																																																																																																							
/	/	34. Epilepsy	/	/	/																																																																																																																																																																							
/	/	35. Joints/spinal trouble	/	/	/																																																																																																																																																																							
/	/	36. Surgical operation	/	/	/																																																																																																																																																																							
/	/	37. Serious accident/fracture	/	/	/																																																																																																																																																																							
/	/	38. Tropical disease	/	/	/																																																																																																																																																																							
/	/	39. Fear of heights	/	/	/																																																																																																																																																																							
Have you ever taken elicited drugs? ( ) PDO test all new/potential employees for elicited/recreational drugs																																																																																																																																																																												
FAMILY HISTORY: Diabetes ( ) Tuberculosis ( ) Epilepsy ( ) Asthma ( ) Eczema ( ) Heart disease ( ) High blood pressure ( ) Stroke ( ) Blood Disease ( ) Cancer ( )																																																																																																																																																																												
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-																																																																																																																																																																												
I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.																																																																																																																																																																												
Date: <i>11.06.2004</i>		Signature of Applicant:																																																																																																																																																																										
FOR COMPLETION BY EXAMINING DOCTOR OR NURSE Further details of medical history and recreational activities																																																																																																																																																																												



N = Normal A = Abnormal (please describe)			PHYSICAL EXAMINATION							
N	A									
✓	1. Eyes & Pupils		Normal							
✓	2. E.N.T.		Normal							
✓	3. Teeth & Mouth		Normal							
✓	4. Lungs & Chest		Normal							
✓	5. Cardiovascular System		Normal							
✓	6. Abdo. Viscera		Normal							
✓	7. Hemal Orifices		Normal							
✓	8. Anus & Rectum		Normal							
✓	9. Genito-urinary		Normal							
✓	10. Extremities		Normal							
✓	11. Musculo-skeletal		Normal							
✓	12. Skin & Varicose Vns.		Normal							
✓	13. C.N.S.		Normal							
HEIGHT cm	WEIGHT kg	BMI	B.P. 120 70	PULSE /mins. 74	HEARING L R	DISTANT Uncorrected Corrected	VISION NEAR R L R L 6/6 6/6 6/6 6/6	Colour Vision	Blood Group	
169	99	31.0						A+		
N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS				N	A			
✓	1. Urinalysis								7. Audiogram	
✓	2. Hb, Bloodcount, ESR								8. Lung Function	
✓	3. LFT, RFT, RBS								9. Chest X-Ray	
✓	4. Drug Screen								10. ECG	
✓	5. Lipids (40 years +)								11. CVS risk for 40 yrs. & above	
✓	6. Sickle Cell test								12. HIV, Hepatitis screening	
OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)  Slightly elevated triglycerides - advised modification										
ASSESSMENT:  FIT ALL AREAS <input checked="" type="checkbox"/> FIT WITH RESTRICTION <input type="checkbox"/> TEMPORARY UNFIT <input type="checkbox"/> UNFIT <input type="checkbox"/>										
Date:	Name (Block Capitals): Dr. / Nurse			Signature:						
REVIEW/CONSULTATION										
Date:	Name (Block Capitals): Dr. / Nurse			Signature:						
<div style="border: 1px solid black; padding: 5px; display: inline-block;"> <b>Dr. AMMAR ABED YAS</b> F.R.B.M.S.          INTERNIST &amp; GASTROENTEROLOGY          SPECIALIST          MOH LIC NO #11613          RADA AL SAMAA HOSPITAL, NIZWA       </div>										

