



Al Nile Hospital

مستشفى النيل

Patient Name: MANOJ KUMAR
File No: 25006576
Age: 53y 7m 6d
Gender: Male
Nationality: India

Surname/
Forenames **MANOJ KUMAR**

Nationality **INDIAN**

PLEASE COMPLETE YOUR PERSONAL
DETAILS IN BLOCK CAPITALS

Mobile No. **95609958**

Home/Leave Address:

Company Number:

Reference Indicator:

Personal Details

A ☒ Male ☐ Female

☒ Married ☐ Single ☐ Separated / Divorced / Widow(er)

Home/Leave Address:

Relationship to employee

☐ Wife ☐ Son ☐ Daughter

No. of children: **2**

Reason for Examination (tick as appropriate)

Periodic Medical Examination ☒ Final / Retirement ☐ Other Reason ☐

Employee only

B Present Job and Location: **Crane operator / Sahrag**

Next Job and Location:

Are you a registered person with special needs? ☐

Do you belong to any Medical Insurance Scheme? ☐

Previous Medical History: All important medical events should be listed and dated at every medical examination. To be completed together with the interviewing Nurses or Doctor who will be able to help by referring to your notes.

Please answer the following questions and tick 'N' (no) or 'Y' (yes) in the column. If 'Y' please describe

	N	Y	Description
Have you, since your last medical been treated by your family doctor or specialist for significant (major) ailments?	☒		
1 Ear, nose, eye or throat problems	☒		
2 Chest problems like asthma, bronchitis, other bad cough	☒		
3 Heart abnormality, chest pains	☒		
4 Abdominal pains, abnormal bowel motions	☒		
5 Urogenital problems (kidney disease, menstrual disorder)	☒		
6 Skin trouble or allergies	☒		
7 Epileptic fits, dizzy spells or migraine	☒		
8 History of mental illness, depression anxiety	☒		
9 Diabetes, thyroid disease	☒		
10 Blood disorder e.g., anaemia, blood cancer e.g., leukaemia	☒		
11 Any history of accidents or fractures	☒		right leg fracture 25 y ago
12 Have you had any serious allergies	☒		
13 Do any dependants have a significant ongoing illness?	☒		
14 Any family history of cancers	☒		
Do you take any regular medicines, or have your taken in the past?	☒		
Do you smoke? If yes, what and how much each day?	☒		
Do you drink alcohol? If yes, what is your average weekly intake?	☒		
Have you ever taken illicit/recreational drugs?	☒		
Are you doing regular sports or physical activities?	☒		

STATEMENT: I have read the above questions and the above answers are correct and no information concerning my present or past state of health has been withheld. I understand and agree that this form will be held as a confidential record by the concerned medical institute and may be copied (by paper or secure electronic transmission) to PDO the Occupational Health Services for the purpose of Health Surveillance and other Occupational Health review.

Date: **20/4/25**

Signature of Applicant: **MANOJ K**





Further details of medical history and recreational activities:

details of medical history and recreational activities: NO PMH OR drugs allergy
right leg fracture 25/9/90-



Employee Data	
NAME:	DATE 20/4/25
ID No.	Company: TRUCK OMAN
	Occupation: CRANE OPERATOR

The Epworth Sleepiness Scale

How likely are you to doze off or fall asleep in the following situations? You should rate your chances of dozing off, not just feeling tired. Even if you have not done some of these things recently try to determine how they would have affected you. For each situation, decide whether or not you would have:

- No chance of dozing =0
- Slight chance of dozing =1
- Moderate chance of dozing =2
- High chance of dozing =3

Write down the number corresponding to your choice in the right-hand column. Total your score below.

Situation	Chance of Dozing
Sitting and reading	• 0
Watching TV	• 0
Sitting inactive in a public place (e.g., a theater or a meeting)	• 0
As a passenger in a car for an hour without a break	• 1
Lying down to rest in the afternoon when circumstances permit	• 2
Sitting and talking to someone	• 0
Sitting quietly after a lunch without alcohol	• 2
In a car, while stopped for a few minutes in traffic	• 0

Total Score =

5

Analyze Your Score

Interpretation:

- 0-7: It is unlikely that you are abnormally sleepy.
- 8-9: You have an average amount of daytime sleepiness.
- 10-15: You may be excessively sleepy depending on the situation. You may want to consider seeking medical attention.
- 16-24: You are excessively sleepy and should consider seeking medical attention.

Reference: Johns MW. A new method for measuring daytime sleepiness: The Epworth Sleepiness Scale.



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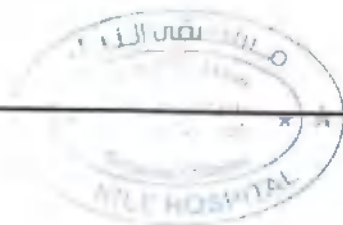
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Fitness to Work Certificate

Employee Data		Date	20/4/25
Last Name		First Name	MANOJ KUMAR
I.D No.	78137137	Age	52yr
		Occupation	CRANE OPERATOR
Type of Medical Evaluation			
		Mark those applying	
A1 Aircraft refueling		A6 Emergency response team work	
A2 Breathing apparatus		A7 Professional driving	
A3 Business traveler		A8 Remote location work	
A4 Catering and food preparation		A9 Transfers- group A country	
A5 Crane or forklift driving		A10 Transfers-group B country	

Health Advisor statement The Above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time their fitness to work status for the above tasks is as follows.

Fit with no restrictions		
Fit with following restrictions		
The employee is fit for above work but should avoid the following tasks		
Work near moving machinery or sharp edges		Operate motor vehicles, forklifts or heavy machinery
Working at height		Use a respirator
Pull push carry weight over Kg		Repetitive twisting of valves or wrenches
Ascend/descend ladders or stairs		Flying
Other(Specify)		
These restrictions are permanent		
These restrictions are temporary until (date)		
Temporary Unfit until (date)		
Permanently Unfit		
Date	Signature	Print Name
21/04/2025		



7600023704572A79

سلطنة عُمان
SULTANATE OF OMAN

RESIDENT
CARD

CIVIL NUMBER
78137137

EXPIRY DATE
06/04/2026

DATE OF BIRTH
14/09/1971

الرقم المدني
تاريخ الانتهاء
تاريخ الميلاد
مكان الميلاد

الاسم مالوج كومان
المهنة سائق عموم واليات الطرقي
عمل بدونه مرافقين لـ شركة ترك غفان ق م م

SIGNATURE

موقع

AL NILE HIGHWAY



Al Nile
Medical Complex
مجمع النيل الطبي

P.O.BOX:300, POSTAL CODE – 611 NIZWA, SULTANATE OF OMAN C.R.NO.1128642
PH : 25426665, 25426228 \ WHATSAPP:94146648
Instagram:https://www.instagram.com/alnile_medical

Medical Report

Patient Name: MANOJ KUMAR		Date: 20/04/2025 10:12:42
File No: 25006576	Age/Gender: 53y 7m 7d / M	Nationality: India
Payer Name: --		Doctor: Dr. Bassei Ali Al Ratel
Insurance Card No:	ID Card No: 78137137	Phone: 95609958

Vitals:-

Temperature	BP (SBP/DBP)	Pulse Rate	Respiratory Rate	Weight	Height	SpO2	RBS:	Pain Level	Abdominal Circumference	Head Circumference	CVP	Body Mass Index
37.4° C	130 / 80 mmHG	70 bpm	0bpm	90.0kg	168.0 cm	0 SP02		0	0.0	0.0		31.887755

Chief Complaints:-

evaluation of elevated FBS and ECG abnormalities

Patient History:-

the patient is undergoing evaluation for Truck Oman for contract renewal he works as Crane operator. the patient denies diabetes or cardiac problems in the past but claims that he has HTN and taking Amlodipine 5 mg and well controlled, hypercholesterolemia and on treatment the patient claims that he has exertional dyspnoea when he climbs stairs, has polydipsia without polyuria, no visual problems, no numbness in hands or feet, no GI symptoms, no skin tags, no WT loss, PE: resp and CVS are WNL, abdomen: distended due to obesity, no peripheral edema non-smoker, not consuming alcohol. ECG: Diagnosis: Sinus, Reg, axis: mild LAD, HR=75bpm, P-Wave: WNL, no ST segment deviation, QRS complex: WNL, T-Wave: abnormal on III AVF V2V3V4V5V6, no conduction abnormalities, no pathologic Q waves, QT interval: normal HBA1c= 7%

Radiology Report:-

Echocardiography: LV: thickened LV walls IVS=16mm EF=75%, no RWMA, LA: dilated size= 37mm MV: normal structure, EVA=0.8 TDI, E'=-9Cm/sec diastolic dysfunction stage I AV: 3 leaflets, normal flow and structure RV: normal size, walls, function RA: normal size TV: mild regurgitation, PASP= 20mmhg, normal structure, PV: normal structure and flow Tapse; 38 mm pericardium: dry conclusion: LV hypertrophy with diastolic dysfunction TMT: DTS= +10 and the patient is low Risk for ASCVD

Management Plan:-

assessment: the patient has newly diagnosed Type 2 DM WT reduction and diet and exercise explained to the patient. the patient is fit to work as crane operator from CV perspective needs re-evaluation after one month for serum glucose control checkup

Investigations:-

No.	Internal Code	Name
1		HBA1C
2		CONVENTIONAL ECHOCARDIOGRAPHY





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Prescriptions:-

No.	MOH Code	Medicine	Dosage	Duration	Remarks
1		GALVUSMET TAB 50/500 60S		30 Days	

Dr. Bassel Ali Al Ratei

Licence Number : 19770

2025-04-21 12:26:19

****End of Report****

Al Nile Medical Complex
الدكتور / باسل علي الرطيل
Dr. BASSEL ALI AL RATEI
General Medicine
19770





Al Nile Medical Complex مجمع النيل الطبي

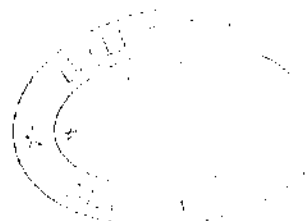
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Lab Report

Patient Name:	MANOJ KUMAR	Date:	20/04/2025 08:29:17
File No:	25006576	Age/Gender: 53y 7m 6d / M	Sld No: Bill#14227
Payer Name:		Collection Date & Time:	20/04/2025 08:13:46
Insurance Card No:	--	Received Date & Time:	20/04/2025 08:29:17
Doctor:	Dr. Ali Mohammad Ghassah	Reported Date & Time:	20/04/2025 08:36:42
Billing Time:	20/04/2025 07:59:35	Id Card No.:	78137137
	Mobile: 95609958		

Test Name	Result	Biological Reference
Complete Blood Count		
Haemoglobin	13.1 mg/dl	13.0-18.0
Total leucocyte count	4,020.0 Cells / Cumm	3,999.0 - 11,000.0
Differential count		
Neutrophil	47.4 %	40.0-75.0
Lymphocytes	45.0 %	15.0-45.0
Eosinophils	3.0 %	1.0-6.0
Monocyte	3.8 %	2.0-8.0
Basophils	0.3 %	< 10.0
Packed cell volum	39.7 %	< 54.0
RBC count	4.69 millions/mm	4.5-5.5
MCV	84.7 fl	81.8-95.5
MCH	27.9 pg	27.0-32.3
MCHC	33.0 g/dl	32.4-35.0
Platelet count	229,000.0 Cu.mm	150,000.0-400,000.0
RDW-CV	13.9 %	11.0-16.0
RDW-SD	43.0 fl	35.0-56.0
ESR(AUTOMATED)	9.0 mm/hr	< 15.0
BLOOD SUGAR FASTING	7.62	-
SGOT	17.2 U/L	< 40.0
SGPT	23.6 U/L	< 41.0
BILIRUBIN TOTAL	0.328 mg/dl	< 1.1
ALBUMIN	5.1 g/dl	3.5-5.2
ALKALINE PHOSPHATASE	44.0 U/L	35.0-104.0
CHOLESTEROL	170.3 mg/dl	< 200.0
TRIGLYCERIDE	171.2 mg/dl	40.0-160.0
HDL CHOLESTEROL	42.53 mg/dl	40.0-60.0
LDL CHOLESTEROL	94.0 mg/dl	< 150.0
TOTAL PROTEIN	7.66 g/dl	6.6-8.7
URIC ACID	4.7 mg/dl	3.4-7.0
CREATININE	1.24 mg/dl	0.7-1.4
UREA	20.6 mg/dl	15.0-45.0

URINE ANALYSIS





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Test Name	Result	Biological Reference
Color	Yellow	-
Transparency	Clear	-
Specific Gravity	0.0	-
PH	Alkaline	-
Glucose	NIL	-
Acetone	NIL	-
Bilirubin	NIL	-
Blood	NIL	-
Urobilinogen	NIL	-
Protein	NIL	-
Nitrate	NIL	-
Leukocyte	NIL	-
Pus cells	2-3	-
Erythrocytes	0-2	-
Squamous Epithelial Cell	few	-
Crystal	NIL	-
Cast	NIL	-
Bacteria	NIL	-
Others	NIL	-

2025-04-20 09:12:15

****End of Report****





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Lab Report

Patient Name:	MANOJ KUMAR	Date:	20/04/2025 11:52:11
File No:	25006576	Age/Gender: 53y 7m 7d / M	Sid No: Bill#14262
Payer Name:		Collection Date & Time:	20/04/2025 11:51:40
Insurance Card No:	--	Received Date & Time:	20/04/2025 11:52:11
Doctor:	Dr. Bassef Ali Al Ratel	Reported Date & Time:	20/04/2025 12:25:29
Billing Time:	20/04/2025 10:12:56	Mobile: 95609958	Id Card No.: 78137137

Test Name	Result	Biological Reference
HBA1C	7.0 %	4.0 - 6.0

2025-04-21 12:05:44

****End of Report****



Technician: Hajar Mohammed
Hussin Mousa
License No: 9245

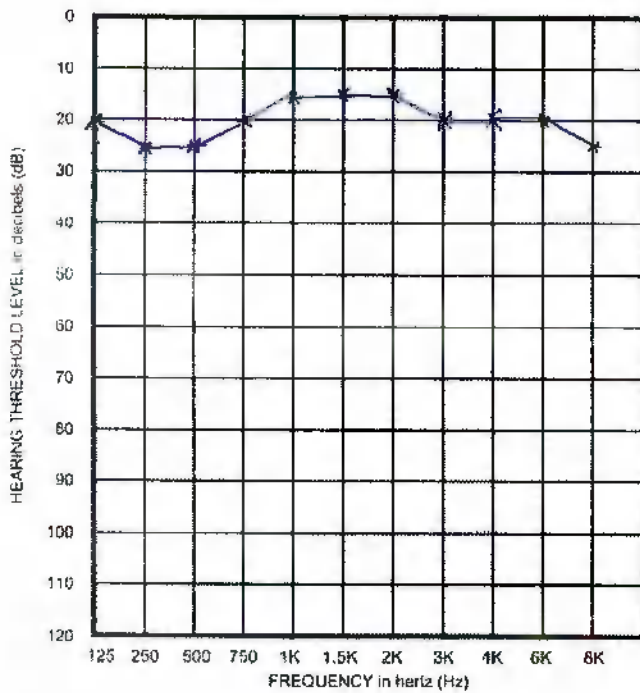


Patient Id :
Name :
Consultant :

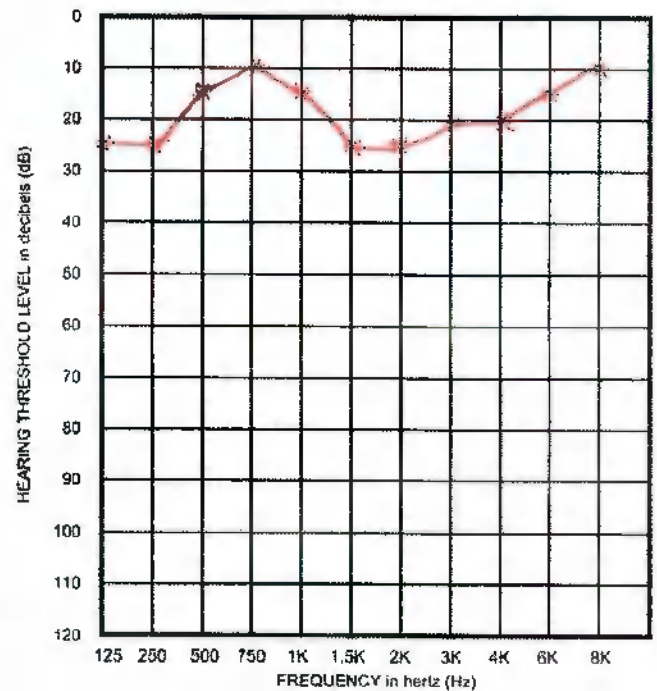
Patient Name: MANOJ KUMAR
File No: 25006576
Age: 53y 7m 6d
Gender : Male
Nationality: India

Age / Gender :
Report Date : 20/4/25

LEFT EAR

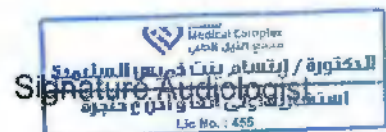


RIGHT EAR



PURE TONE AVERAGE (500-1000-2000 Hz)		
Ear	Air	Bone
RIGHT		
LEFT		

Provisional Diagnosis: Bilateral hearing sensitivity is within normal limits



2025 04-20 08:47:07

Name : manoj kumar

Sex : Male Age

Section: DR. ali

RoomID:

BedID:

ID: 25006576

Operator: maryanu

<< Conclusions >>

Normal Sinus Rhythm;

Cardiac electric axis normal;

III aVF V1 V3 V4 V5 V6 Abnormal T wave.

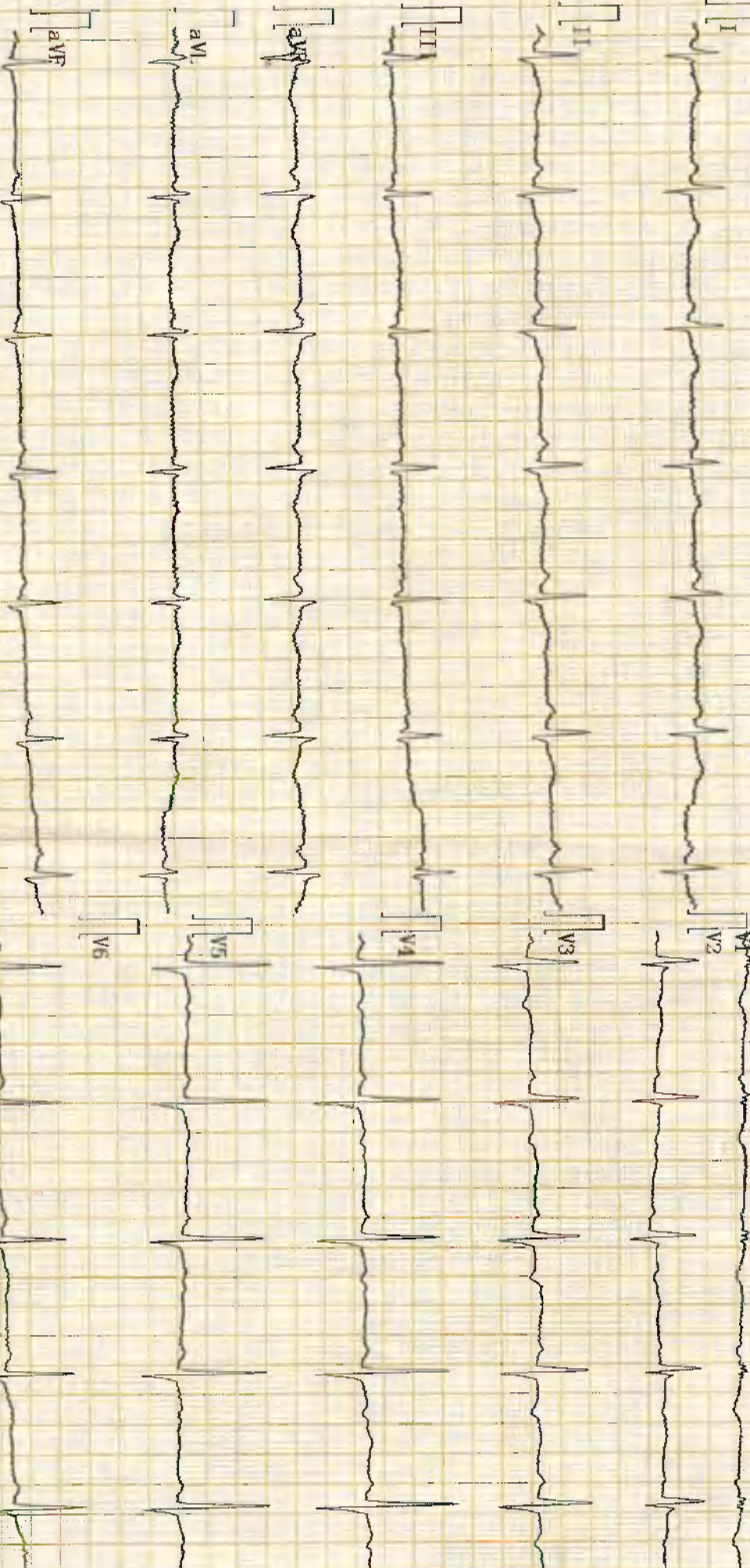
Report need physician confirm

Patient Name: MANOJ KUMAR
File No: 25006576
Age: 33y 7m 6d
Gender: Male
Nationality: India

Physician:

AUTO 10mm/mV

10mm/mV



25mm/s AC50Hz

AL NILE MEDICAL CENTER



2025-04-20 08:47:07
Name : manoj kumar
Sex : Male Age : 52
Section: DR. ali
RoomID: _____
BedID: _____
ID: 25006576
Operator: maryanu

Normal Sinus Rhythm;
Cardiac electric axis normal;
III aVF V1 V3 V4 V5 V6 Abnormal T wave;

Report need physician confirm

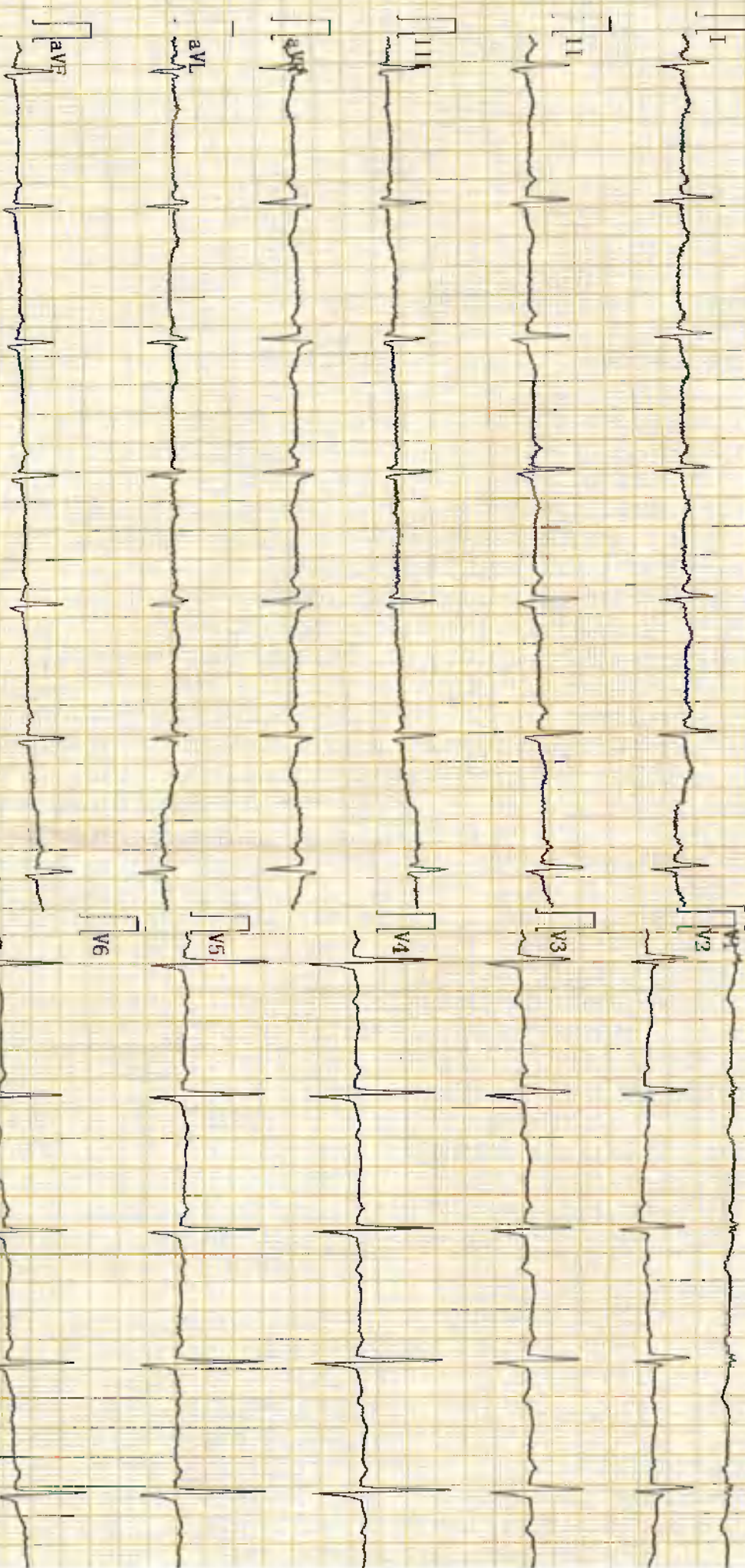
Physician: _____

Patient Name: MANOJ KUMAR
File No: 25006576
Age: 53y 7m 6d
Gender: Male
Nationality: India



AUTO 10mm/mV

10mm/mV





Al Nile
Hospital
مستشفى النيل

الدكتور / علي محمد دة
طبيب عام
15/10/2020

Age	53	years
Sex	Female	Male
Smoker	No	Yes
Total cholesterol	170	mg/dl
HDL cholesterol	42	mg/dl
Systolic BP	130	mm Hg
Blood pressure being treated with medicines	No	Yes

5.0 %

10-year risk of MI or death for this patient

10 %

Average 10-year risk of MI or death

Copy Results

Next Steps



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Tax Invoice

File Number:	25006576	Invoice No:	28998
Patient Name:	MANOJ KUMAR	Date:	20/04/2025 09:39:48
Id Card No. :	78137137	APT No:	APT13484
Age / Gender:	-- 53 (Y) / m	Payer Name:	TRUCK OMAN
Doctor:	Dr. Bassel Ali Al Ratei		
Address:		Nationality:	India
Mobile No:	95609958		

Sl.No.	Description	Code	Qty	Gross	Disc	Vat%	Vat	Net Amount
1	Consultation (Cardiologist Specialist)	CON0002	1	5.000	0.000		0.000	5.000

Total Amount:	5.000
Tax Amount:	0.000
Discount:	0.000
Net Amount:	5.000
Patient to pay:	0.0

Total Paid	0.0	Balance to be Paid	5.000	Balance to be Paid (TRUCK OMAN)	5.000
------------	-----	--------------------	-------	---------------------------------	-------

Total Amount in Words: Five Rial Only

Invoiced By: Marwa Eid albusaidi

Payment Details:

<u>Receipt Date</u>	<u>Receipt No</u>	<u>Amount</u>	<u>Pay Mode</u>
20/04/2025 09:41:03	029703	0.0	

2025-04-20 09:41:11

***End of Report**



Al-Hayah International Medical Center Stress Exercise Report

ID: 21042025

Section: Cardiology Clinic

Name: Manoj Kumar

Sex: Male

Age: 54

Exam Time: 2025-04-21 10:43

Information		
DOB: 1971-09-14	Race: Oriental Race	Indications: Required by Truck Oman Company
Height: 160.00 cm	Weight: 90.00 kg	
☐ Smoking	☐ Diabetic	Medications: Rosuvastatin with Fenofibrate 10/160 mg HS Amlodipine 5 mg OD
☒ Hypertension	☒ Hyperlipidemia	
☐ History of MI		
☐ Family History		
Address:		
Telephone:		

Result							
Stage Name	PRE-EXE	EXE1	EXE2	EXE3	EXE4	REC1	REC2
HR(bpm)	83	110	127	143	165	115	98
BP(mmHg)	145/80	150/80	160/90	170/90	180/95	190/95	170/90
Stage Name	REC3	REC4					
HR(bpm)	95	95					
BP(mmHg)	150/80	140/80					

Summary			Max Values			ST Segment		
Protocol Name:	BRUCE		HR:	165	bpm	10:20	Max Elevation:	
Target HR:	141	bpm	Target HR:	117.0	%		0.36	mV 11:20 II
Exercise Time:	18:35	mm:ss	METs:	13.6	METs	09:10	Max Depression:	
Max Speed:	6.8	km/h	HR*BP:				-0.45	mV 07:30 V3
Max Grade:	16.0	%		22687.5	bpm*mmHg	10:30	Max Elevation Change:	
Exceed +/-100uV Leads:			SYS:	190.0	mmHg	12:17	0.33	mV 11:20 II
I II III aVR aVL aVF			DIA:	95.0	mmHg	10:31	Max Depression Change:	
V2 V3 V4 V5 V6							-0.47	mV 07:30 V3
DUKE Score:	+10							

Arrhythmia				Reason for End : Reaching >85% of the target HR			
Total Beats:	2147	Abnormal Beats:	66				
Total V:	22	Total S:	43				
V Pairs:	0	S Pairs:	1	Symptoms: No symptoms			
V Run:	0	S Run:	2				
V bigeminal:	0	S bigeminal:	0				
V trigeminal:	0	S trigeminal:	0				
Total Long:	1						

An Exercise Stress Test was performed for Mr. Manoj Kumar, using the treadmill and according to Bruce Protocol, showed good exercise response and the patient reached more than 85% of the target heart rate.

The Exercise stopped in Stage IV without any symptoms or ECG changes (only upsloping ST depression which is considered non-specific), with a normal increase in BP, and a Duke Treadmill Score of +10.

Conclusion: Negative TMT test and the patient is considered fit from a cardiac perspective to work as a crane operator.

Operator: Dr. Houmam Fatayri, MD, FESC, EECC

Reviewing Physician:

Dr. Houmam Fatayri
Cardiologist
Lic. No. 21379

Al-Hayah International Medical Center Stress Exercise Report

Average QRS

ID:21042025

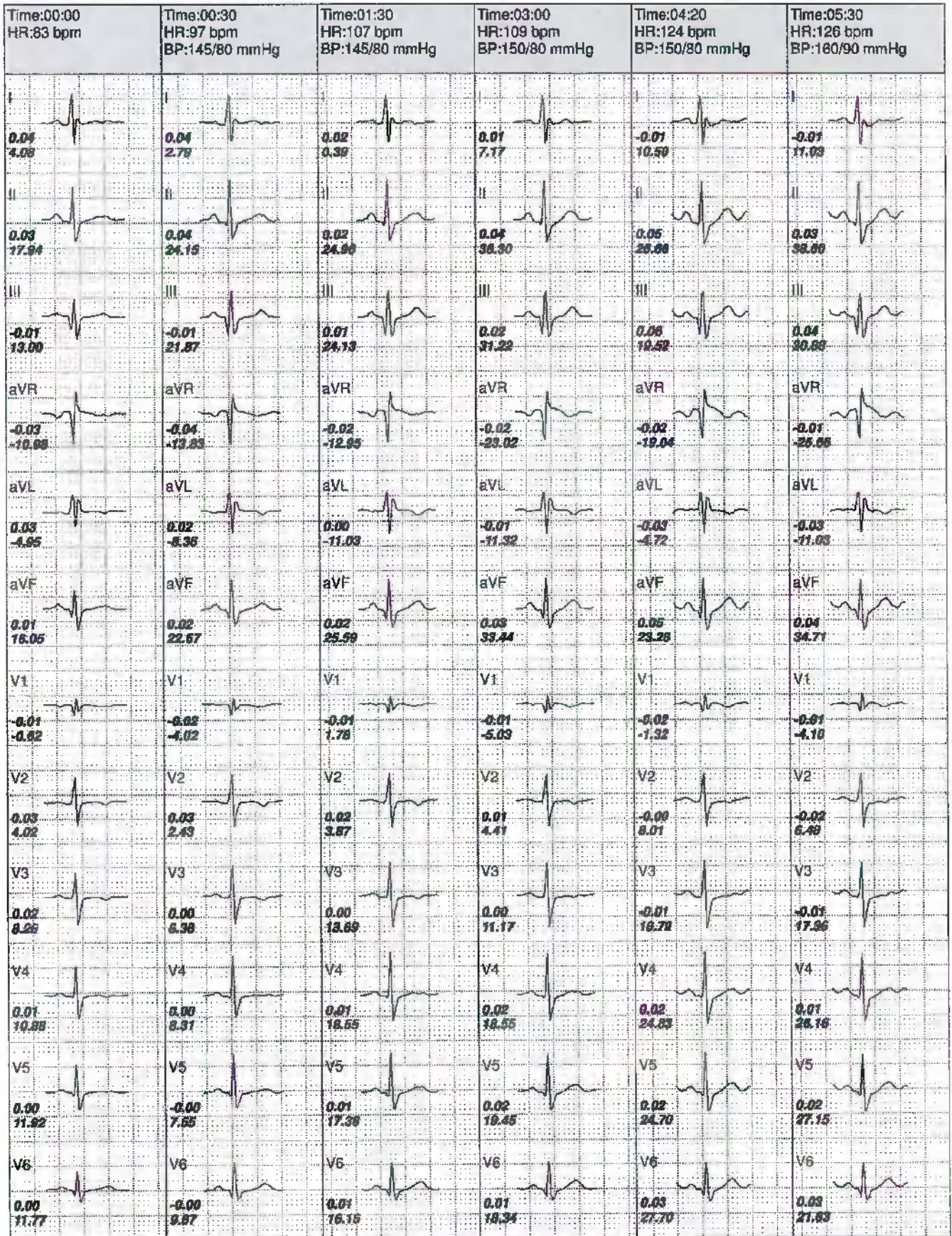
Section:Cardiology Clinic

Name:Manoj Kumar

Sex:Male

Age:54

Exam Time:2025-04-21 10:43



Dr.Houmam Fatayri
Cardiologist
Lic No: 21370

Al-Hayah International Medical Center Stress Exercise Report

Average QRS

ID:21042025

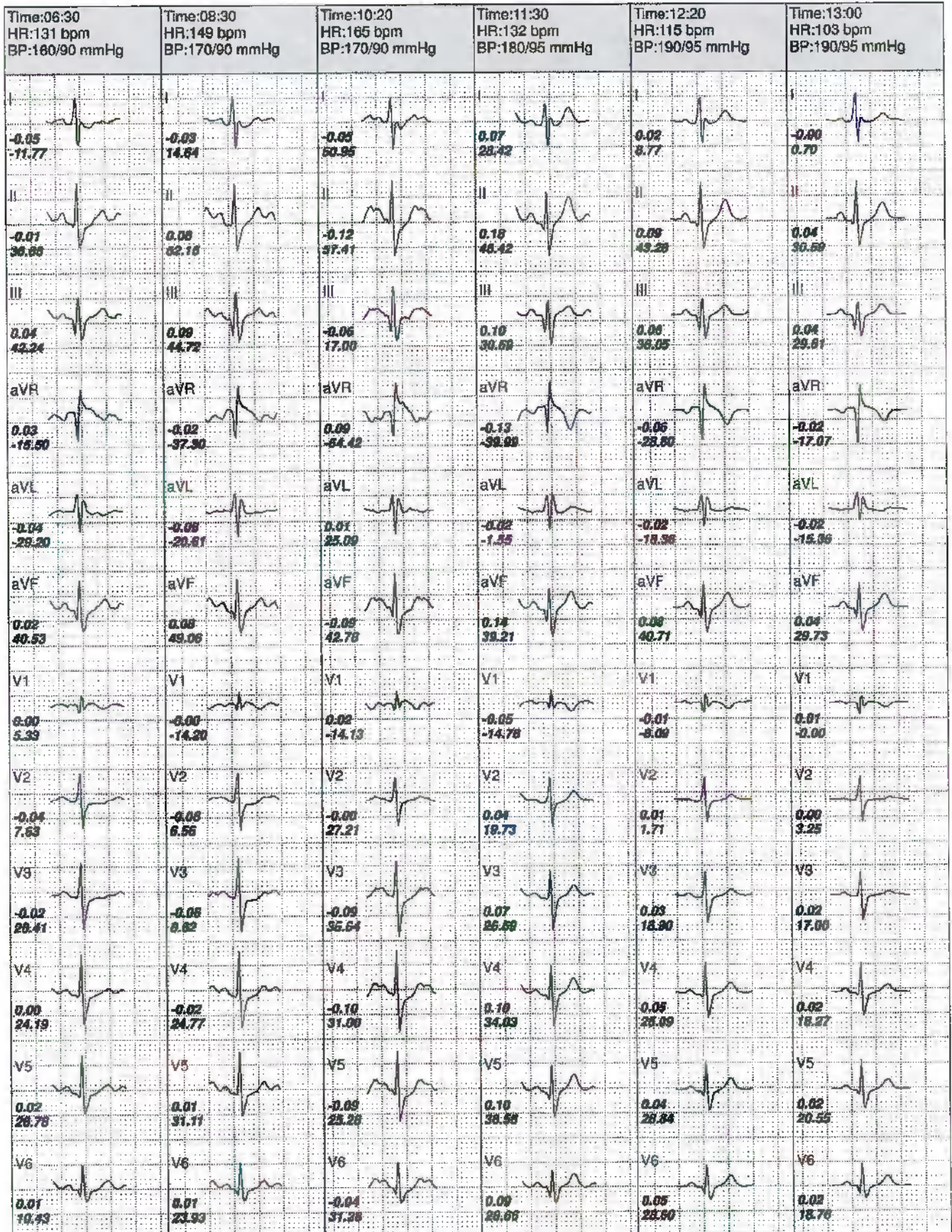
Section:Cardiology Clinic

Name:Manoj Kumar

Sex:Male

Age:54

Exam Time:2025-04-21 10:43



Dr.Houmam Fatayri
Cardiologist
Lic No: 21370

Al-Hayah International Medical Center Stress Exercise Report

Average QRS

ID:21042025

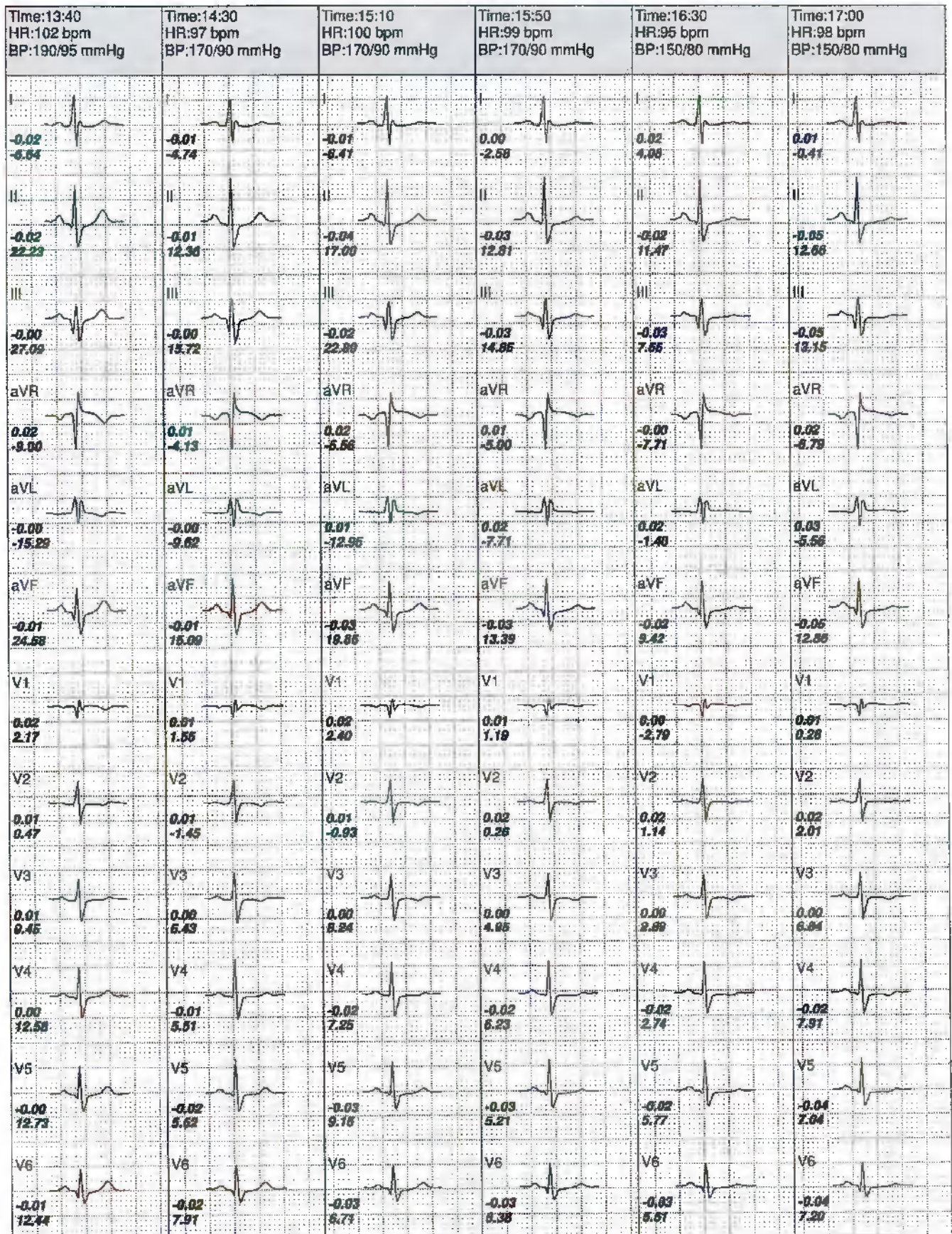
Section:Cardiology Clinic

Name:Manoj Kumar

Sex:Male

Age:54

Exam Time:2025-04-21 10:43



Dr.Houmam Fatayri
Cardiologist
 Lic No: 21370