

1.1 Appendix 32: EX1 Form (Initial Examination Report)

INITIAL EXAMINATION REPORT (MEDICAL – CONFIDENTIAL)



Petroleum Development Oman
MEDICAL DEPARTMENT

PLEASE COMPLETE YOUR PERSONAL
DETAILS IN BLOCK CAPITALS

Surname SANTOKH SINGH					
Forenames					
Address					
Home telephone number					
Employment No #					
Place of examination Apollo Hospital AHM	Date 6-10-2021				
If a dependant enter employee's name here:					
Surname:	Forenames:				
Birth date: 1-5-1977	Nationality: INDIAN				
Country of birth: INDIA	Religion: HINDU				
☒ Male ☐ Female	☒ Married ☐ Single ☐ Separated /Divorced				
Relationship to employee ☐ Wife ☐ Son ☐ Daughter					
Number of children: 2					
Reason for examination Pre-Employment ☐ Job:					
Pre-Overseas ☐ Area:					
Name and address of family doctor	List your last 3 jobs				
	(1)				
	(2)				
Are you a Registered Disabled Person? (UK only) ☐	Do you belong to any Medical Insurance Scheme? ☐				
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)					
Y	N	Y	N	Y	N
1. Sinus trouble	☒	21. Cancer	☒	HAVE YOU EVER BEEN:-	
2. Neck swelling/glands	☒	22. Heart Disease	☒	40. Rejected for employment or insurance for medical reasons	☒
3. Difficulty in vision	☒	23. Rheumatic fever	☒	41. Awarded benefits for industrial injury/illness	☒
4. Any ear discharge	☒	24. Abnormal heartbeat	☒	42. Treated for a mental condition, e.g. depression	☒
5. Asthma/bronchitis	☒	25. High blood pressure	☒	43. Treated for problem drinking or drug abuse	☒
6. Hayfever/other significant allergy	☒	26. Stroke	☒	44. Exposed to toxic substance or noise	☒
7. Any skin trouble	☒	27. Serious chest pain	☒	FOR WOMEN ONLY	
8. Tuberculosis	☒	28. Any blood disease	☒	Have you ever had:-	
9. Shortness of breath	☒	29. Kidney disease	☒	45. An abnormal smear	☒
10. Coughed/vomited blood	☒	30. Blood in urine	☒	46. Any gynaecological treatment	☒
11. Severe abdominal pain	☒	31. Diabetes	☒	47. Are you pregnant?	☒
12. Stomach ulcer	☒	32. Headaches/migraine	☒	48. HAVE YOU HAD AN ILLNESS NOT MENTIONED ABOVE	☒
13. Recurrent indigestion	☒	33. Dizziness/fainting	☒		
14. Jaundice or hepatitis	☒	34. Epilepsy	☒		
15. Gall Bladder disease	☒	35. Joints/spinal trouble	☒		
16. Marked change in bowel habits	☒	36. Surgical operation	☒		
17. Blood in stools (motions)	☒	37. Serious accident/fracture	☒		
18. Marked change in weight	☒	38. Tropical disease	☒		
19. Varicose veins	☒	39. Fear of heights	☒		
20. Lump in breast/ampit	☒				
How much tobacco each day?	Average daily alcohol consumption				
Have you ever taken elicited drugs? () PDO test all new/potential employees for elicited/recreational drugs					
FAMILY HISTORY: Diabetes () Tuberculosis () Epilepsy () Asthma () Eczema ()					
Heart disease () High blood pressure () Stroke () Blood Disease () Cancer ()					
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-					
I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.					
Date:		Signature of Applicant:			

FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)		PHYSICAL EXAMINATION
N	A	
/		1. Eyes & Pupils
/		2. E.N.T.
/		3. Teeth & Mouth
/		4. Lungs & Chest
/		5. Cardiovascular System
/		6. Abdo. Viscera
/		7. Hemial Orifices
/		8. Anus & Rectum
/		9. Genito-urinary
/		10. Extremities
/		11. Musculo-skeletal
/		12. Skin & Varicose Vns.
/		13. U.N.S.

HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE	HEARING	VISION	Colour Vision	Blood Group
163	75.5	28.4	130/90	76/min.	L R	DISTANT NEAR Uncorrected Corrected R L R L 6/6 6/6 N/6 N/6	N	

N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS	N	A
		1. Urinalysis		7. Audiogram
		2. Hb, Bloodcount, ESR		8. Lung Function
		3. LFT, RFT, RBS		9. Chest X-Ray
		4. Drug Screen		10. ECG
		5. Lipids (40 years +)		11. CVS risk for 40 yrs. & above
		6. Sickle Cell test		12. HIV, Hepatitis screening

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

ASSESSMENT:

☒ FIT ALL AREAS ☐ FIT WITH RESTRICTIONS ☐ UNFIT

Dr. REHMAT MANSOOR SOLANKI
MEDICAL OFFICER
MOH License No. 14830
APOLLO HOSPITAL MUSCAT

Date: Name (Block Capitals): Dr. / Nurse

Signature:

REVIEW/CONSULTATION

Date: Name (Block Capitals): Dr. / Nurse

Signature:



DEPARTMENT OF LABORATORY SERVICES

File No: 0354823
Name: SANTOKH SINGH
Address:
Gender: M Age: 44 Y Nationality: INDIAN
GSM No.: 95326249 ID Card No.: 102158861
Doctor: DR. SIMRAN IBRAHIM ANSARI

Report No: 0482200
Sample Date: 06/10/2021 Time: 11:06
Received Date: 06/10/2021 Time: 11:06
Report Date: 06/10/2021 Time: 12:41
Bill No: 1016842 Bill Date: 06/10/2021
Company: TRUCK OMAN LLC

INVESTIGATION	RESULT	REFERENCE RANGE
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TRUCK OMAN PRE-EMPLOYMENT CHECK UP

Fasting Blood Glucose	81.20 mg/dL	ADA Guidelines Normal <100 mg/dl Pre Diabetes 100-125 mg/dl Diabetes >126 mg/dl
ESR	03 mm/hr	Male : 0-10 mm/hour Female: 0-20 mm/hour
S.Creatinine	0.57 mg/dL	Male : 0.7 - 1.2 mg/dl Female : 0.5 - 0.9 mg/dl
Sickle cells (Screen)	Negative	
CBC		
WBC COUNT	9.73 $10^3/uL$	4.0-11.0 $\times 10^3/mm^3$
RBC	5.36 $10^6/uL$	4.20 - 6.30 $10^6/uL$
HGB	15.90 g/dl	male 13.5 - 18.0 g/dl female 11.5 - 16.0 g/dl
HCT	50.00 %	37.0 - 51.0 %
MCV	93.30 fL	80.0 - 97.0 fL
MCH	29.70 pg	26.0 - 32.0 pg
MCHC	31.80 g/dL	31.0 - 36.0 g/dL
RDW	13.70 %	11.0 - 14.5 %
NEUT#	4.05 $10^3/uL$	1.50 - 7.00 $10^3/uL$
LYMPH#	4.16 $10^3/uL$	0.60 - 4.10 $10^3/uL$
MONO#	0.76 $10^3/uL$	0.00 - 0.70 $10^3/uL$
EOS#	0.70 $10^3/uL$	0.00 - 0.40 $10^3/uL$
BASO#	0.06 $10^3/uL$	0.00 - 0.10 $10^3/uL$

Reported By:

Verified By:



ANANDH

Lab Technologist

MOH License No: 19245

Printed at: 06/10/2021 12:41:19 PM



Dr. Mohammed Atif Syed
Specialist Pathologist

DEPARTMENT OF LABORATORY SERVICES

File No: 0354823
Name: SANTOKH SINGH

Address:

Gender: M **Age:** 44 Y **Nationality:** INDIAN
GSM No.: 95326249 **ID Card No.:** 102158861
Doctor: DR. SIMRAN IBRAHIM ANSARI

Report No:	0482200		
Sample Date:	06/10/2021	Time:	11:06
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Bill No:	1016842	Bill Date:	06/10/2021
Company:	TRUCK OMAN LLC		

INVESTIGATION	RESULT	REFERENCE RANGE
NEUT%	41.60 %	37.0 - 72.0 %
LYMPH%	42.80 %	10.0 - 58.5 %
MONO%	7.80 %	0.0 - 14.0 %
EOS%	7.20 %	0.0 - 6.0 %
BASO%	0.60 %	0.0 - 1.0 %
PLATELET	166.00 $10^3/uL$	140 - 440 $10^3/uL$
LFT		
Total Bilirubin	0.99 mg/dL	Up to 1.1 mg/dL
Direct Bilirubin	0.21 mg/dL	Up to 0.3 mg/dL
Indirect Bilirubin	0.78 mg/dL	0.2 - 0.8 mg/dL
AST (SGOT)	23.70 U/L	Men : 10 - 50 U/L Female : 10 - 35 U/L
ALT (SGPT)	30.80 U/L	Men : Up to 41 U/L Female : 10 - 35 U/L
ALP	78.80 U/L	Men : 40 - 129 U/L Female : 35 - 104 U/L
Total Protein	7.10 g/dL	6.6 - 8.7 g/dL
Albumin	4.50 g/dL	3.4 - 4.8 g/dL
Globulin	2.6 g/dL	1.8 - 3.6 g/dL
GGT	56.30 U/L	0 - 50 U/L
A:G Ratio	1.730769	1.1-1.8
LIPID PROFILE		
Total Cholesterol	155.70 mg/dL	< 200 mg/dL
Triglyceride	215.70 mg/dL	<150 mg/dl

Reported By:

Verified By:

M. 2

ANANDH

Lab Technologist

MOH License No: 19245

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Dr. Mohammed Atif Syed
Specialist Pathologist

DEPARTMENT OF LABORATORY SERVICES

File No: 0354823	Report No: 0482200
Name: SANTOKH SINGH	Sample Date: 06/10/2021 Time: 11:06
Address:	Received Date: 06/10/2021 Time: 11:06
Gender: M Age: 44 Y Nationality: INDIAN	Report Date: 06/10/2021 Time: 12:41
GSM No.: 95326249 ID Card No.: 102158861	Bill No: 1016842 Bill Date: 06/10/2021
Doctor: DR. SIMRAN IBRAHIM ANSARI	Company: TRUCK OMAN LLC

INVESTIGATION	RESULT	REFERENCE RANGE
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HDL - CHOL	41.70 mg/dl	>45 mg/dl
LDL - CHOL	70.86 mg/dl	<100 mg/dl
Total Chol/HDL Chol ratio	3.73	Desirable < 4
URINE DRUG SCREEN		
Amphetamine (AMP)	Negative	Negative
Barbiturates (BAR)	Negative	Negative
Cocaine (COC)	Negative	Negative
Morphine (MOR)	Negative	Negative
Marijuana (THC)	Negative	Negative
URINE ROUTINE ANALYSIS		
PHYSICAL		
Quantity	10 ml	
Colour	Pale yellow	
Sp. Gravity	1.015	
pH	Acidic	
Appearance	Clear	
CHEMICAL		
Glucose	Negative	
Protein	Negative	
Ketones	Negative	
Blood	Negative	
Bilirubin	Negative	
Urobilinogen	Normal	
Nitrite	Negative	

Reported By:

Verified By:

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Dr. Mohammed Atif Syed
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DEPARTMENT OF LABORATORY SERVICES

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GSM No.: 95326249 ID Card No.: 102168861	Company: TRUCK OMAN LLC
Doctor: DR. SIMRAN IBRAHIM ANSARI	

INVESTIGATION	RESULT	REFERENCE RANGE
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MICROSCOPIC

Pus Cell	1-2 Cells/hpf
RBC	NIL
Epithelial Cells	Few cells/hpf
Casts	NIL
Crystals	NIL
Others	NIL

STOOL ROUTINE ANALYSIS

PHYSICAL

Colour	Brownish
Consistency	Semisolid
Reaction	Alkaline

MICROSCOPIC

Ova:	NIL
Cyst:	NIL
Pus Cells:	0-2 Cells/hpf
RBCs	Nil Cells/hpf
Others	Nil

Reported By:



ANANDH

Lab Technologist

MOH License No: 19245

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Verified By:



Dr. Mohammed Atif Syed
Specialist Pathologist

Id: 0354823

Singh, Santok

Male --- (---) Unknown

Height: 0 cm Weight: 0 kg BP: 0/0 mmHg

Med:

Tech:

Note:

06/10/2021 12:08:57

HR: 76 bpm

PR: 150 ms

QRS: 92 ms

QT/QTc: 388/416 ms

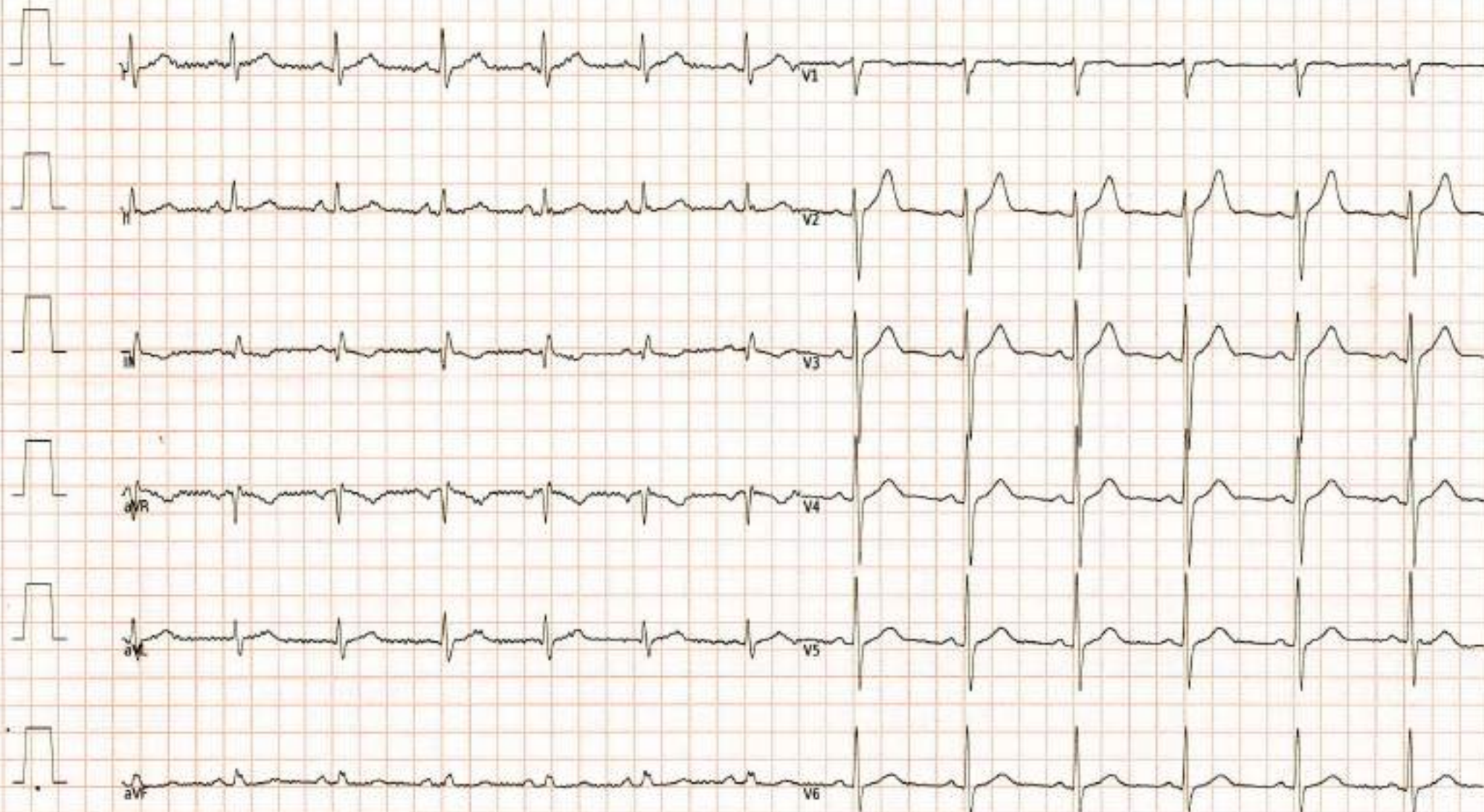
QTcB: 437 ms

QTcF: 420 ms

R_{as-q}/S_{v1}: 1.48/0.68 mV

Sok-Lyon: 2.15 mV

Axis: 50/41/11 °



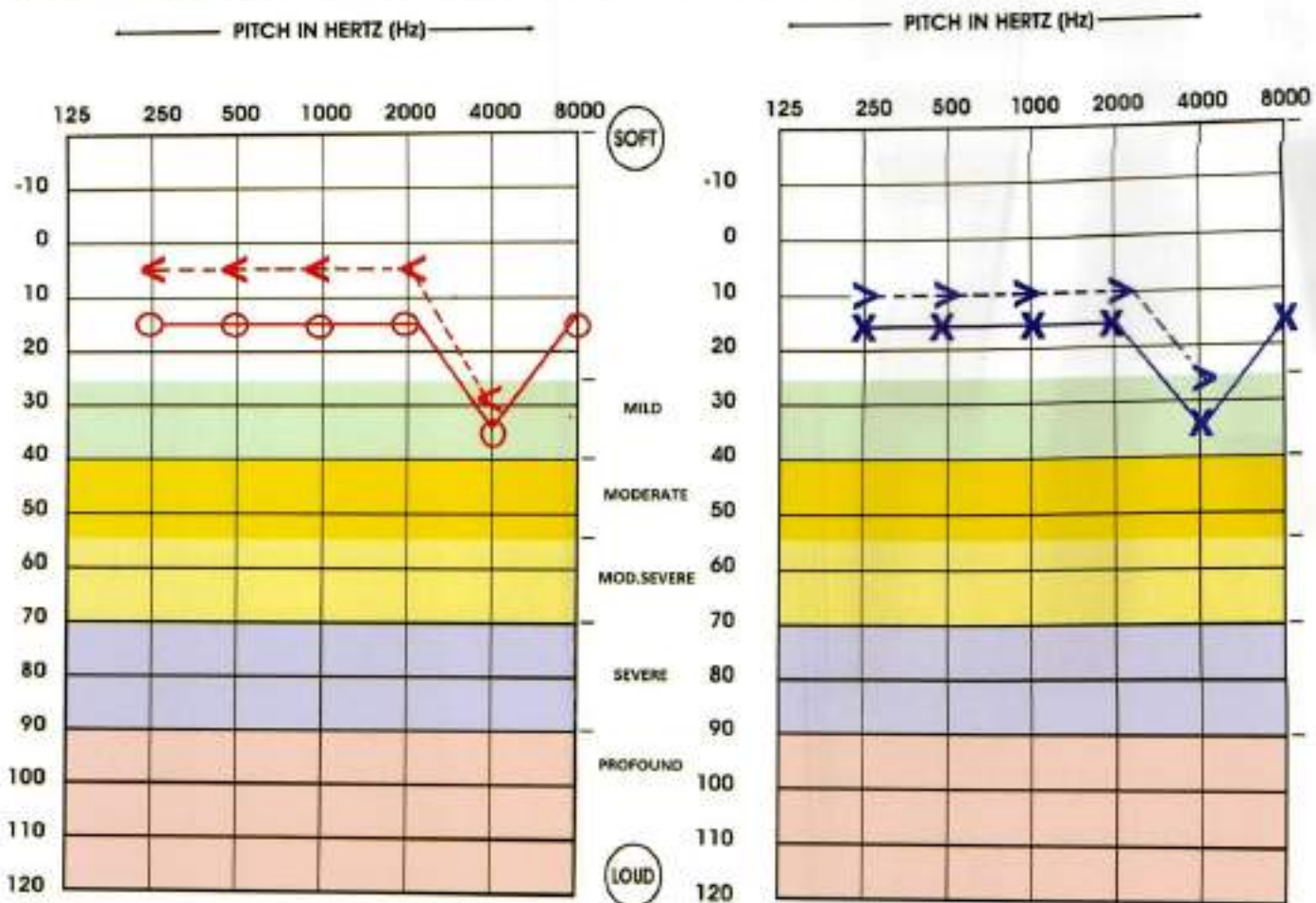
AUDIOGRAM EXAMINATION SHEET

FILE NO : 354822 BILL NO : DATE : 6/10/21

NAME : SANTOKH SINGH AGE / SEX : 44/M

COMPANY : TRUCK OMAN DOB :

CONSULTANT (REF) :



WEBER					

dBHL	PTA	SRT	SIS(%)	MCL	UCL	SPECIAL TESTS			
						SISI	TDT	MLB/BLB	OAE
RIGHT	15								
LEFT	15								

INTERPRETATION :

HEARING SENSITIVITY WITHIN NORMAL LIMITS WITH A DIP AT 4KHz (NIHL)

RECOMMENDATION : USE EAR PROTECTIVE DEVICES(EAR PLUGS)

SIKKU SOMAN
AUDIOLOGIST
MOH License No. 16998
Apollo Hospitals Muscat
AUDIOLOGIST

NAME	: SANTOKH SINGH	AGE	: 44 Y(01/05/1977)
GENDER	: Male	PATIENT ID	: 354823
COMPANY	: TRUCK OMAN LLC (Credit)	DATE	: 06/10/2021 11:02 AM
CONSULTANT	: DR. SIMRAN IBRAHIM ANSARI	BILL NO	: 1016842
BILL DATE	: 06/10/2021		
TEST NAME	: CHEST PA		

X-RAY CHEST PA VIEW

Bilateral lung fields are clear. No mass lesion or opacification.

Trachea is mid line.

Bilateral hilar shadows are symmetrical and normal in size .

Cardiac silhouette is normal. No signs suggestive of cardiac enlargement .

Bony thoracic cage appears normal.

No Soft tissue mass or calcification can be seen

Bilateral costophrenic angles are clear.

IMPRESSION:

Normal radiograph of the chest.

Please correlate clinically & other investigation.

Please note: This is a imaging study and has its own limitations. This is a opinion based on image interpretation and it is not a diagnose on itself. Impression should be considered as professional opinion & correlated with clinical evidence, reconfirmed by further investigations and relevant data as indicated. If possible the findings should be reconfirmed on higher resolution imaging, special sections and sequences and with other modalities.

DR. WASSAN A KHUDHAIR AL SAEDI

DR. WASSAN ABDUL REHMAN
SPECIALIST - RADIOLOGIST
MOH Licence No. : 14883
Apollo Hospital Muscat

<http://apollosrv/Radiology/DiagnosisReport.aspx?action=ViewVisitSummary&flg=0&vis...> 06/10/2021

Results



Estimated 10-year Global CVD Risk

6.7%

Risk Category

Low Risk

Estimated Vascular Age

48 Years

Treatment Guidelines

ATP-III (2004)

Treatment Targets

LDL <160 mg/dL (<4.14 mmol/L)

Non-HDL <190 mg/dL (<4.93 mmol/L)

CCS (2009)

Initiate Pharmacotherapy if

LDL >5 mmol/L (>193 mg/dL)

TChol/HDL-C >6 mmol/L (>231 mg/dL)

Treatment Targets

≥50 % decrease in LDL-C

ESC (2007, see Info for more)

Treatment Targets

LDL <3 mmol/L (<120 mg/dL)

TChol <5 mmol/L (<194 mg/dL)

SANTOKH SINGH
46 / Male





Peace Land Medical Center

P.O. Box 1403, Postal Code: 133, Al Azaiba, Roundabout Al Sahwa Tower
Sultanate of Oman

Tel: 24617117/24617148/24617149

LAB RESULT

Name: SANTOKH SINGH
Age: 46 Y Nationality: INDIAN
Gender: M
Ref. By: DR.SHIMA
GSM No.: 71301466

Doc No: 0032960
File No: 0042143
Bill No: 0049664
Date: 04/05/2023
Time: 15:25

Test	Result	Normal Range
Lipid profile(CH,TG,HDL,LDL)		
LIPID PROFILE		
Total Cholesterol	194 mg/dl	0.0 - 200 mg/dl
Triglyceride	207.8 mg/dl	0.0 - 150 mg/dl
HDL - CHOL	46.6 mg/dl	35.0 - 79.0 mg/dl
LDL - CHOL	105.9 mg/dl	< 100 mg/dl
VLDL	41.5 mg/dl	2.0 - 30 mg/dl



Medical Technologist