



Appendix 32: EX1 Form (Initial Examination Report)

INITIAL EXAMINATION REPORT (MEDICAL – CONFIDENTIAL)

Petrochem Development Oman
MEDICAL DEPARTMENTPLEASE COMPLETE YOUR PERSONAL
DETAILS IN BLOCK CAPITALS

Surname		Forenames		Address		Home telephone number	
		Manjith Singh				97235230	
Place of examination		Date					
NMC Hall		20.05.2025					
If a dependant enter employee's name here:				Forenames:			
Surname:				Manjith Singh			
Birth date:		Nationality:		Country of birth:		Religion:	
		Indian					
☒ Male ☐ Female		☐ Married ☐ Single ☐ Separated /Divorced		Relationship to employee		Number of children:	
				☐ Wife ☐ Son ☐ Daughter			
Reason for examination		Pre-Employment ☐ Job:					
		Pre-Overseas ☐ Area:					
Name and address of family doctor				List your last 3 jobs			
				(1)			
				(2)			
Are you a Registered Disabled Person? (UK only) ☐				Do you belong to any Medical Insurance Scheme? ☐			
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)							
		Y	N			Y	N
1. Sinus trouble				21. Cancer			
2. Neck swelling/glands				22. Heart Disease			
3. Difficulty in vision				23. Rheumatic fever			
4. Any ear discharge				24. Abnormal heartbeat			
5. Asthma/bronchitis				25. High blood pressure			
6. Hayfever /other significant allergy				26. Stroke			
7. Any skin trouble				27. Serious chest pain			
8. Tuberculosis				28. Any blood disease			
9. Shortness of breath				29. Kidney disease			
10. Coughed/vomited blood				30. Blood in urine			
11. Severe abdominal pain				31. Diabetes			
12. Stomach ulcer				32. Headaches/migraine			
13. Recurrent indigestion				33. Dizziness/fainting			
14. Jaundice or hepatitis				34. Epilepsy			
15. Gall Bladder disease				35. Joints/spinal trouble			
16. Marked change in bowel habits				36. Surgical operation			
17. Blood in stools (motions)				37. Serious accident/fracture			
18. Marked change in weight				38. Tropical disease			
19. Varicose veins				39. Fear of heights			
20. Lump in breast/armpit							
How much tobacco each day? No				Average daily alcohol consumption No			
Have you ever taken illicit drugs? No PDO test all new/potential employees for illicit/recreational drugs							
FAMILY HISTORY: Diabetes (X) Tuberculosis (X) Epilepsy (X) Asthma (X) Eczema (X)							
Heart disease (X) High blood pressure (X) Stroke (X) Blood Disease (X) Cancer (X)							
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-							
I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.							
Date: 20.05.2025		Signature of Applicant: Manjith Singh					





FOR COMPLETION BY EXAMINING DOCTOR OR NURSE		Further details of medical history and recreational activities	
N = Normal A = Abnormal (please describe)		PHYSICAL EXAMINATION	
N	A		
/	X	1. Eyes & Pupils	
/	X	2. E.N.T.	
/	X	3. Teeth & Mouth	
/	X	4. Lungs & Chest	
/	X	5. Cardiovascular System	
/	X	6. Abdo. Viscera	
/	X	7. Hemial Orifices	
/	X	8. Anus & Rectum	
/	X	9. Genito-urinary	
/	X	10. Extremities	
/	X	11. Musculo-skeletal	
/	X	12. Skin & Varicose Vns.	
/	X	13. C.N.S.	
HEIGHT cm	WEIGHT kg	BMI	B.P.
167	89	26.8	134/75
PULSE	HEARING	VISION	Colour Vision
100/min.	L N R N	DISTANT R L Uncorrected Corrected	
		NEAR R L Uncorrected Corrected	
N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS	
/	/	1. Urinalysis	
/	/	2. Hb, Bloodcount, ESR	
/	/	3. LFT, RFT, RBS	
/	/	4. Drug Screen	
/	/	5. Lipids (40 years +)	
/	/	6. Sickie Cell test	
/	/	7. Audiogram	
/	/	8. Lung Function	
/	/	9. Chest X-Ray	
/	/	10. ECG	
/	/	11. CVS risk for 40 yrs. & above	
/	/	12. HIV, Hepatitis screening	
OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)			
ASSESSMENT:			
☒ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT			
Date:		Name (Block Capitals): DR. ASWATH RAVI	
Date:		Name (Block Capitals): Dr. / Nurse	
REVIEW/CONSULTATION		Signature:	
Date:		Signature:	

DEPARTMENT OF LABORATORY MEDICINE

File No: 50092244	Report No: 0153863	
Name: MANJIT SINGH	Sample Date: 20/05/2025	Time: 9:03
	Received By:	
Address:	Received Date:	Time:
Gender: M Age: 35 Y Nationality: INDIAN	Report Date: 20/05/2025	Time: 13:55
GSM No.: 97235230 ID Card No.: 106490069	Bill No: 0372685	Bill Date: 20/05/2025
Ref. By: DR SADRA NIKSERESHT		

INVESTIGATION	RESULT	REFERENCE RANGE
PDO PACKAGE BELOW 40 YEARS		
RANDOM BLOOD SUGAR	4.82 mmol/L	4.11 -7.9mmol/L
CREATININE	66.00 μ mol/L	Adults: MALE: 62 – 106 μ mol/L FEMALE: 44 - 80 μ mol/L
SGPT (ALT)	44.90 U/L	MALE : up to 41 U/L, FEMALE : up to 33 U/L.
TOTAL WBC COUNT	8.27 x 10 ³ / μ L	4.00-11.00 x 10 ³ / μ L
DIFFERENTIAL COUNT		
NEUTROPHIL (%)	43.45 %	40-75%
LYMPHOCYTE (%)	44.82 %	20-45%
MONOCYTE (%)	8.47 %	2-8%
EOSINOPHIL (%)	1.74 %	1-6%
BASOPHIL (%)	1.53 %	0-1%
ERYTHROCYTE SEDIMENTATION RATE	14 mm/1st hr	MALE:0-15 mm/ 1st hr FEMALE:0-20 mm/ 1st hr
HAEMOGLOBIN	15.21 gm/dl	Male : 13 -18 gm/dl Female:11-15 gm /dl childrens upto 1year-11.0 - 13.0 gm /dl upto12years-11.5 - 14.5 gm /dl cord blood:13 -19.5 gm /dl
SICKLE CELL	NEGATIVE	
Method : Solubility test (If Positive , Hb Electrophoresis / HPLC to be done to confirm Sick cell anaemia / Trait).		
URINE ROUTINE		
URINE BIOCHEMISTRY		
URINE GLUCOSE	NEGATIVE	NEGATIVE
URINE PROTEIN	NEGATIVE	NEGATIVE
URINE KETONE	NEGATIVE	NEGATIVE

Verified By:

Approved By:



10756

Lab Technologist

Specialist Pathologist



nmc specialty hospital

NMC Healthcare LLC
CR No. 1668137
Psc No. 294, Block 316
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Sultanate of Oman
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Electronically signed at: 5/20/2025 1:58:00

Printed at: 20/05/2025 2:18:39 PM

DEPARTMENT OF LABORATORY MEDICINE

File No: 50092244	Report No: 0153863	
Name: MANJIT SINGH	Sample Date: 20/05/2025	Time: 9:03
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INVESTIGATION	RESULT	REFERENCE RANGE
URINE BILIRUBIN	NEGATIVE	NEGATIVE
NITRITE	NEGATIVE	NEGATIVE
URINE PH	5.0	4.6-8.0
SPECIFIC GRAVITY	1.030	1.010-1.030
BLOOD	NEGATIVE	NEGATIVE
UROBILINOGEN	NORMAL	NORMAL
URINE MACROSCOPY		
COLOUR	PALE YELLOW	
APPEARANCE	CLEAR	
URINE MICROSCOPY		
RBC	NIL /hpf	0-3
PUSCELLS	1-3 /hpf	0-5
EPITHELIAL CELLS	1-2 /hpf	NIL
CRYSTAL	NIL /hpf	NIL
CAST	NIL /hpf	NIL
BACTERIA	NIL	
MUCOUS THREAD	NIL	
LIPID PROFILE		
TOTAL CHOLESTEROL	3.89 mmol/L	< 5.18 mmol/L
HDL	0.76 mmol/L	>1.5 mmol/L
TRIGLYCERIDES	1.86 mmol/L	Desirable : <2.083 mmol/L Boderline high : 2.83 - 5.67 mmol/L Hypertriglyceridemia >5.65 mmol/L
LDL	2.70 mmol/L	< 2.6 mmol/L
VLDL	0.85 mmol/L	0.128-0.645mmol/L

Verified By:

Approved By:



10756

Lab Technologist

Specialist Pathologist



nmc specialty hospital

NMC Healthcare LLC
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Electronically signed at: 5/20/2025 1:56:00

Printed at: 20/05/2025 2:18:39 PM



Pulmonary Function Report

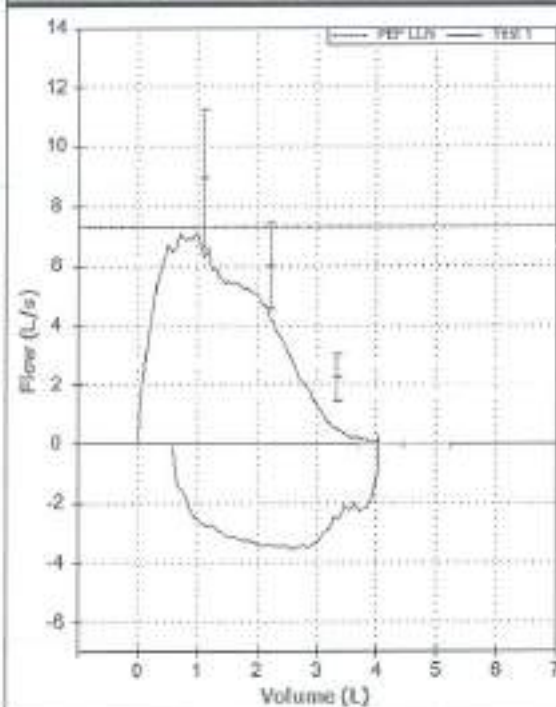
Subject Information

ID:	2025140_092947123	Alternate ID:	50092244		
Last Name:	Singh	First Name:	Manjit	Middle Name:	
Population:	MIDDLE EAST	Gender:	Male	Date of Birth:	28/10/1989
Age:	35	Height:	167 cm	Weight:	75.0 kg
BMI:	26.9	Smoking:	Non Smoker		

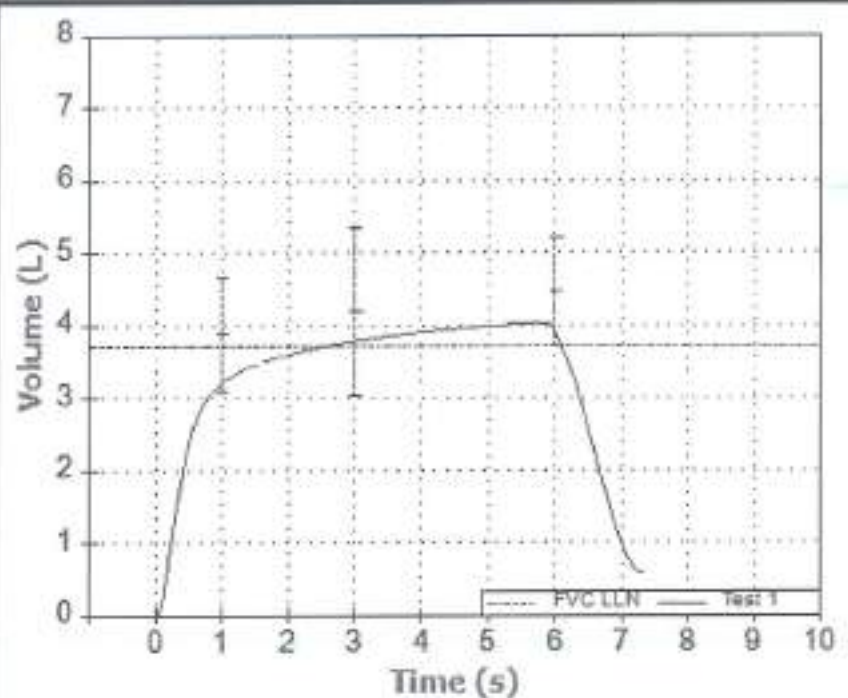
Test Session Information

Test Date:	20/05/2025 09:31	Device:	ALPHA Touch	Serial Number:	32166
No. of Tests:	1	Accuracy Chk:	30/05/2019 15:42	User:	Administrator
Pred. Values:	Golshan	Pred. Factor:	100%	Posture:	Sitting

Flow / Volume Graph



Volume/Time Graph



Results

Parameter	Pred	LLN	Best	% Pred.	Z-Score
FVC (L)	4.46	3.71	4.04	91	-0.92
FEV1 (L)	3.89	3.10	3.27	84	-1.29
FEV1 Ratio	0.81	0.69	0.81	100	0.00
FEV6 (L)	4.46	3.71	4.04	91	-0.92
PEF (L/min)	604	438	426*	71	-1.76
FEF25-75 (L/s)	4.91	3.86	3.53*	72	-2.16

Values at 8TP%, *Below lower limit of normality (LLN)

Session Quality and Repeatability Information

FVC Session Grade	FVC Rep:	FEV1 Rep:	Slow Start of test	End of test criteria not achieved	Cough detected in 1st second
D	-	-	0 blow(s)	1 blow(s)	0 blow(s)

Computer Suggested Interpretation

Computer interpretations cannot be relied upon for diagnosis. Normal ventilatory function.

Reference Pictogram

Parameter	LLN	Reference	ULN
FVC	1	1	0
FEV1	1	1	0
FEV1 Ratio	0	1	1

AUDIOMETRY REPORT

Manjit Singh

U107.05

20-MAY-25 09:33

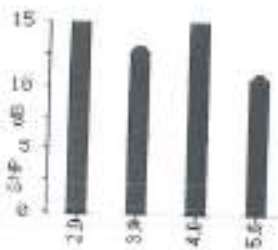
DP 4s 4 sec avg

SN: G11005649 G12014595

Sex M MRN 50092244 Date of Test 20-5-25

NAME:

Left: Pass



F2	L1	L2	DP	NF	SNR	
2.0	65	55	12	-8	20	P
3.0	64	54	0	-13	13	P
4.0	64	55	-1	-20	19	P
5.0	65	54	3	-7	11	P

U107.05

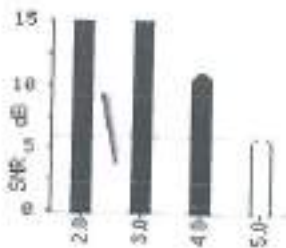
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DP 4s 4 sec avg

SN: G11005649 G12014595

NAME:

Right: Pass



F2	L1	L2	DP	NF	SNR	
2.0	64	55	9	-8	17	P
3.0	64	53	4	-15	19	P
4.0	64	57	-9	-20	11	P
5.0	67	56	-14	-20	6	P



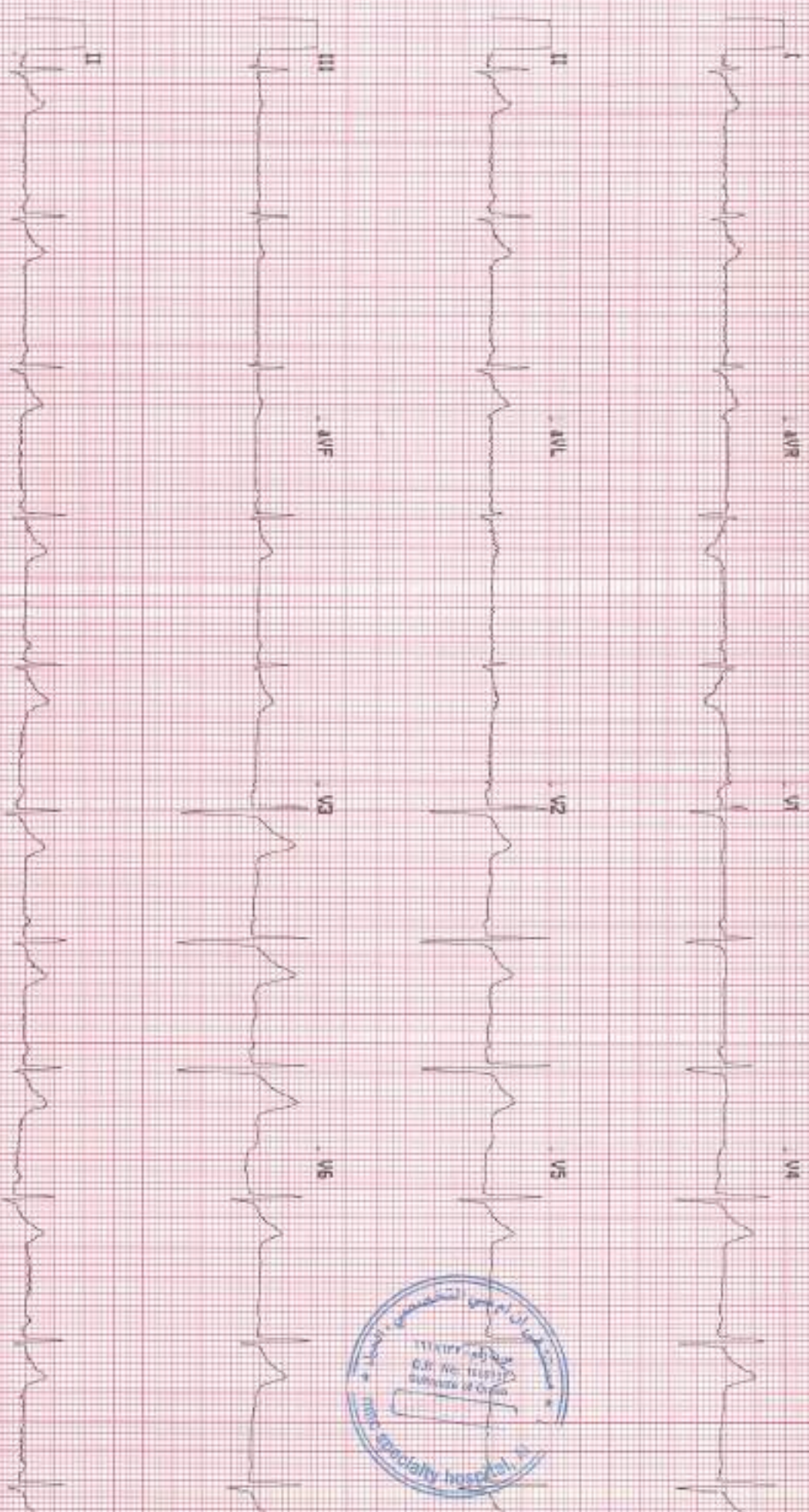
NMCOMAN/DOC/NSG/75

Signature of the Technician

ID: 500922A4
DOB:
35yr, Male

Heart rate: 62 BPM
PR int: 154 ms
QRS dur: 88 ms
QT/QTc: 371/375 ms
P-R-T axes: 47 73 46

SINUS RHYTHM
NORMAL ECG
UNCONFIRMED REPORT



119210000836

No Site Name

Site # 0 Cart # 0 Version 2.10.5 Sequence #02858 25mm/s 10mm/mV 0.05-40 Hz M

72.754

