



مجموعة مستشفيات ومستوصفات بدر السماء

BADR AL SAMAA

GROUP OF HOSPITALS & POLYCLINICS

More Than Healthcare... Humane Care



Accreditation
by International
Board for Standards and Practices
Board of Standards and Practices

MEDICAL FITNESS CERTIFICATE FOR TRUCKOMAN

NAME	MUBASHAR JAVED																						
AGE/D.O.B	35 Y,10.10.1985	DATE	04.04.2021																				
PASS/ID NO:	92176062	GENDER	MALE																				
VISION-RT-EYE	6/6 WITHOUT GLASSES	HEIGHT	174 CM																				
LT-EYE	6/6 WITHOUT GLASSES	WEIGHT	89 KG																				
HEART	NORMAL	BP	126/88 mmHg																				
LUNGS	NORMAL	PULSE	74/ Min																				
ABDOMEN	NORMAL	CNS	NORMAL																				
SKIN	NORMAL	ENT	NORMAL																				
INVESTIGATIONS	<table border="1"> <tr><td>FBS</td><td>NORMAL</td></tr> <tr><td>BLOOD GROUP</td><td>B POSITIVE</td></tr> <tr><td>HAEMOGRAM</td><td>NORMAL</td></tr> <tr><td>LFT</td><td>NORMAL</td></tr> <tr><td>RFT</td><td>NORMAL</td></tr> <tr><td>LIPID PROFILE</td><td>DLP</td></tr> <tr><td>SICKLING TEST</td><td>NEGATIVE</td></tr> <tr><td>URINE ROUTINE</td><td>NORMAL</td></tr> <tr><td>AUDIOGRAM</td><td>Normal hearing threshold with 8000Hz dip B/I.</td></tr> <tr><td>FRAMINGHAM SCORE</td><td>Probability of developing cardiovascular disease in next 10 years is 1.2%</td></tr> </table>			FBS	NORMAL	BLOOD GROUP	B POSITIVE	HAEMOGRAM	NORMAL	LFT	NORMAL	RFT	NORMAL	LIPID PROFILE	DLP	SICKLING TEST	NEGATIVE	URINE ROUTINE	NORMAL	AUDIOGRAM	Normal hearing threshold with 8000Hz dip B/I.	FRAMINGHAM SCORE	Probability of developing cardiovascular disease in next 10 years is 1.2%
FBS	NORMAL																						
BLOOD GROUP	B POSITIVE																						
HAEMOGRAM	NORMAL																						
LFT	NORMAL																						
RFT	NORMAL																						
LIPID PROFILE	DLP																						
SICKLING TEST	NEGATIVE																						
URINE ROUTINE	NORMAL																						
AUDIOGRAM	Normal hearing threshold with 8000Hz dip B/I.																						
FRAMINGHAM SCORE	Probability of developing cardiovascular disease in next 10 years is 1.2%																						
COMMENTS	To use adequate ear protection in high noise environment DLP- Advised lifestyle modification																						

CONCLUSION **MEDICALLY FIT**

Signature:

Dr.B.VENKATESH KUMAR
CARDIOLOGIST
MOH NO#14581

FIT



Headquarters:

CR. No. 1693808, P.B No. 443, P.C. 112,

Ruw, Sultanate of Oman, Tel: +968 24799760, Fax: 24799765

Al Khuwair: 24488322 | Sohar: 26846660 | Al Khoud: 24546099 | Salehah: 23291830

Barka: 26884910 | Sur: 25546112 | Nizwa: 25447777 | Fala: 26754131

Email: info@badroman.com

المقر الرئيسي:

س.ت. ١٦٩٣٨٠٨، ص. ب. ٤٤٣، الرمز البريدي: ١١٢

روي سلطنة عمان، هاتف: ٢٤٧٩٩٧٦٠، فاكس: ٢٤٧٩٩٧٦٥

الكويت: ٢٤٤٨٨٣٢٢ | ص. ب. ٤٤٣ | الخوض: ٢٤٥٤٦٠٩٩ | صلالة: ٢٣٢٩١٨٣٠

بركاء: ٢٦٨٨٤٩٠٠ | صور: ٢٥٥٤٦٨٢ | نزوى: ٢٥٤٤٧٧٧ | ملح: ٢٦٥٤٣١٣

البريد الإلكتروني: info@badroman.com



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Organized by
The Accreditation Authority
BADR Al Samaa Hospital - Badr Al Samaa

File No: 3249887
Name: MUBASHAR JAVED
Age: 35 Y **Sex:** M
Nationality: PAKISTANI
GSM No.: 93838518
Ref. By: DR. VENKATESH KUMAR

Doc No: 3505508
Date: 04/04/2021 **Time:** 11:42
Bill No: 4119335
Chs No:
ID No:

Test	Result	Normal Range
BLOOD GROUP	B	
Rh	POSITIVE	
HAEMOGRAM		
TOTAL COUNT(W B C)	5.9 K/uL	4.0 - 11.0 K/uL
DIFFERENTIAL COUNT		
NEUTROPHILS	62 %	40- 75 %
LYMPHOCYTES	30 %	20 -45 %
EOSINOPHILS	02 %	01 - 06 %
MONOCYTS	06 %	02 - 10 %
BASOPHILS	00 %	
HAEMOGLOBIN	15.5 gm/dl	Male : 14 - 18 gm/dl Female - 12-16 gm/dl
R B C COUNT	5.44 mil/ul	3.8 - 5.8 mil/ul
PCV	43.8 %	37 - 47 %
M C V	80.6 fL	78 - 93 fL
M C H	28.5 pg	27 - 32 pg
M C H C	35.3 gm/dL	31 - 35 gm/dL
PLATELET COUNT	283 k/UI	150 - 400 k/UI
SICKLING TEST	NEGATIVE	
RENAL FUNCTION TEST		
UREA	3.49 mmol/L (21 mg/dl)	1.66 - 7.47 mmol/L 10 - 45 mg/dl
CREATININE	101.66 umol/L (1.15 mg/dl)	61.88-123.76 umol/L 0.7 - 1.4 mg/dl
URIC ACID	392.57 umol/L (6.6 mg/dl)	Male:202-416 umol/L , Male:3.4-7.0 mg/dl, Female:149-357 umol/L Female:2.5-6.0mg/dl

Medical Technologist
Out of Normal Range

Requisitioning Doctor:
Out of Critical Range

Clinical Pathologist

Collected Date And Time:

Reported Date And Time:



Page : 1 of 1

Headquarters:
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Nizwa, Sultanate of Oman, Tel: +968 24799760, Fax: 24799765
Al Khawair: 24488122 | Sohar: 26846560 | Al Khoud: 24546099 | Salalah: 23291830
Barka: 26844910 | Sur: 25546112 | Nizwa: 25447777 | Falaj: 26754131
Email: info@badralsamaahospitals.com

المقر الرئيسي:
ق.س. ١٦٩٣٠٠٠، ص.ب. ٤٤٣، المنطقة الحرة، نواحي:
نوي، سلطنة عمان، هاتف: ٢٤٧٩٩٧٦٠، فاكس: ٢٤٧٩٩٧٦٥
الخوير: ٢٣٢٩١٨٣٠ | صلالة: ٢٣٢٩١٨٣٠ | الكويز: ٢٤٥٤٦٠٩٩ | صور: ٢٥٥٤٦١١٢ | الفلج: ٢٦٧٥٤١٣١
بركاء: ٢٦٨٤٨٩١٠ | السواحل: ٢٤٤٨٨١٢٢ | الخواير: ٢٤٤٨٨١٢٢ | نواحي: ٢٤٤٨٨١٢٢ | الفلج: ٢٦٧٥٤١٣١
البريد الإلكتروني: info@badrroman.com



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By JWC & Licensure authorities
Badr Al Samaa Hospital, Muscat & Doha

File No: 3249887
Name: MUBASHAR JAVED
Age: 35 Y Sex: M
Nationality: PAKISTANI
GSM No.: 93838518
Ref. By: DR. VENKATESH KUMAR

Doc No: 3505509
Date: 04/04/2021 Time: 11:42
Bill No: 4119335
Chs No:
ID No:

Test	Result	Normal Range	
BLOOD SUGAR[FASTING]	4.94 mmol/L (89 mg/dl)	Normal: upto 5.55 mmol/l, Impaired fasting glucose:5.55-6.99 mmol/l Diabetic : > 6.99 mmol/l	Normal : up to 100 mg/dl Impaired fasting glucose:100-126 mg/dl Diabetic: > 126 mg/dl
LIVER FUNCTION TEST			
ALKALINE PHOSPHATASE	68 U/L	Male :40 - 129 U/L Female:-35 -104 U/L Children:1y-9 y:145-420 U/L 10y-11y:30 -560 U/L	
SGOT (AST)	27 IU/L	Up to 40 IU / L	
SGPT (ALT)	56 IU/L	Up to 41 IU / L	
TOTAL BILIRUBIN	11.63 umol/L (0.68 mg/dl)	Up to 17 umol/l	Up to 1.0 mg/dl
DIRECT BILIRUBIN	3.25 umol/L (0.19 mg/dl)	Up to 5 umol/l	Up to 0.3 mg/dl
INDIRECT BILIRUBIN	8.38 umol/L (0.49 mg/dl)	Upto 12 umol/L	Up to 0.7 mg/dl
PROTEIN TOTAL	78 gm/L (7.8 gm/dl)	60 - 83 gm/L	6.0 - 8.3 gm/dl
ALBUMIN	49 gm/L (4.9 gm/dl)	32 - 50 gm/L	3.2 - 5.0 gm/dl
GLOBULIN	29 gm/L (2.9 gm/dl)	23 - 35 gm /L	2.3 - 3.5 gm/dl
LIPID PROFILE			
CHOLESTEROL [TOTAL]	5.95 mmol/l (230 mg/dl)	Upto 5.17 mmol/l	Up to 200 mg/dl
CHOLESTEROL [HDL]	1.01 mmol/l (39 mg/dl)	>1.03 mmol/l	> 40 mg/dl
CHOLESTEROL [LDL]	3.4 mmol/l (131.6 mg/dl)	Upto 3.36 mmol/l	Up to 130 mg/dl
CHOLESTEROL [VLDL]	1.54 mmol/l (59.4 mg/dl)	Upto 1.29 mmol/l	Up to 50 mg/dl
TRIGLYCERIDES	3.35 mmol/l (297 mg/dl)	Up to 2.26 mmol/l	Up to 200 mg/dl

Medical Technologist
Out of Normal Range

Requisitioning Doctor:

Clinical Pathologist

Collected Date And Time:

Reported Date And Time:



Page: 1 of 1

Headquarters:
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Barka: 26884910 | Sur: 25546112 | Nizwa: 25447777 | Falaj: 26754131
Email: info@badralsamaahospitals.com

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روهي، سلطنة عمان، هاتف: 24799760، فاكس: 24799765
الخوير: 24488322 | صحر: 26846680 | البحوي: 24546099 | سلاطه: 23291830
بركة: 26884910 | صور: 25546112 | نزوى: 25447777 | فج: 26754131
البريد الإلكتروني: info@badrman.com



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BADR AL SAMAA

GROUP OF HOSPITALS AND POLYCLINICS

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Registered & Accredited
by Jeddah Chamber of Commerce
Badr Al Samaa Hospital, Jeddah, KSA

File No: 3249887
Name: MUBASHAR JAVED
Age: 35 Y Sex: M
Nationality: PAKISTANI
GSM No.: 93838518
Ref. By: DR. VENKATESH KUMAR

Doc No: 3505510
Date: 04/04/2021 Time: 11:42
Bill No: 4119335
Chs No:
ID No:

Test	Result
URINE ROUTINE EXAMINATION	
PHYSICAL & CHEMICAL EXAMINATION	
COLOUR	Pale Yellow
SP. GRAVITY	1.015
REACTION	Acidic(6.0)
PROTEIN	Nil
SUGAR	Nil
KETONE	Nil
UROBILINOGEN	Negative
BILIRUBIN	Nil
NITRATE	NEGATIVE
MICROSCOPIC EXAMINATION	
R.B.Cs	Nil / HPF
PUS CELLS	1-2 / HPF
EPITHELIAL CELLS	2-4 / HPF
CASTS	Nil / HPF
CRYSTALS	Nil/HPF
PARASITES	Nil/HPF
OTHER FINDINGS	Nil/ HPF

Medical Technologist
Out of Normal Range

Requisitioning Doctor:
Out of Critical Range



Collected Date And Time:

Reported Date And Time:

Headquarters:
CH, No. 1693088, P.O. No. 443, P.C. 112,
Ruw, Sultanate of Oman, Tel: +968 24799768, Fax: 24799765
Al Khwair: 24488122 | Sohar: 26846660 | Al Ghoud: 24546099 | Salalah: 23291830
Barka: 26884910 | Sur: 25546112 | Nizwa: 25447777 | Falaj: 26754131
Email: info@badralsamaahospitals.com

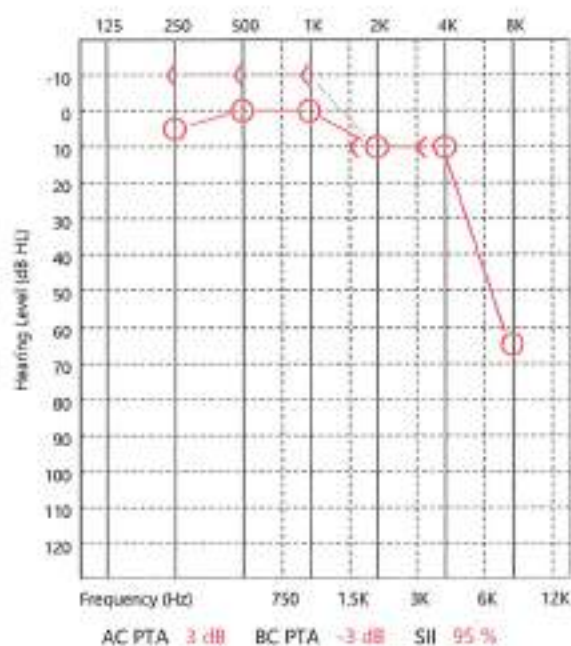
المقر الرئيسي:
ص. ب. 1693088، ص. ب. 443، ب. 112،
روي، سلطنة عمان، هاتف: 24799768، فاكس: 24799765
الخوير: 24488122 | صلالة: 23291830 | الخوض: 26846660 | الفج: 26754131
بركاء: 26884910 | نزوى: 25447777 | نيزا: 25546112 | قلح: 24546099
البريد الإلكتروني: info@badrman.com

Name	MUBASHAR JAVED
Patient ID	3249887
Gender	Male
Birthdate	10/10/1985
Age	35 years

Report Date/Time
04/04/2021 10:07 AM

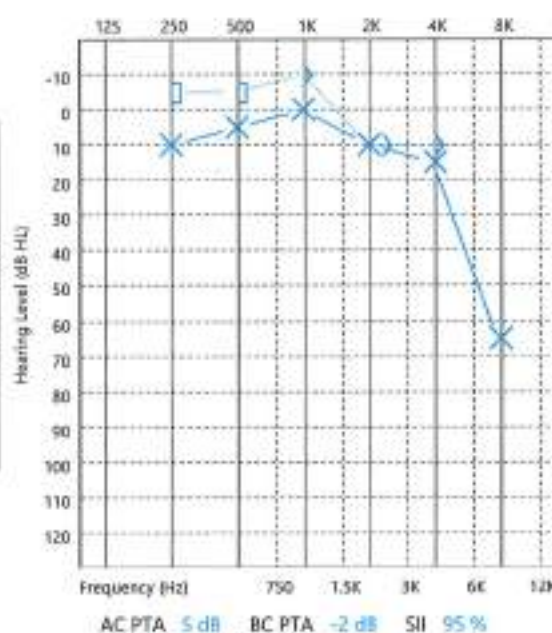
Audiogram Graph

BD45

[illegible]

Audiogram Graph

0045

[illegible]

Clinical Comments

BILATERAL HEARING SENSITIVITY ESSENTIALLY WITHIN NORMAL LIMITS WITH MODERATELY SEVERE DIP AT 8KHZ.

Examiner SRUTHI JINOY

License Number 16261

Signed By:

SURESH JINOO
AUDILOGIST
MOBILE: 916201

Signed On Date: _____



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المقر الرئيسي :
س.ت : ٦٩٨-١، ص. بـ : ٤٣٠، الزمك الجديد - حف
بوي، سلطنة عمان، هاتف : ٢٤٩٩٧٧٠، فاكس : ٢٤٩٩٧٧٦
الجور : ٢٥٥٨٢٢٢، فاكس : ٢٥٥٨٢٦٦، الفص : ٢٥٥٦٩٩، صلالة : ٢٣٩٨٢٠
بيضا : ٢٧٨٢٠، صور : ٢٥٥٧٢٠، نزوى : ٢٥٤٧٧٧، فتح : ٢٥٥٢١٠
البريد الإلكتروني : info@badrioman.com

Fitness to Work Certificate

Employee Data		Date : 04/04/24	
Name : <u>FAWAZ HAN JAVED</u>		Department/Company	
I.D No : <u>921700062</u>	Age : <u>35y</u>	Occupation : <u>Heavy vehicle driver.</u>	
Type of Medical Evaluation		Mark those applying ✓	
A1 Aircraft refueling	A6 Fire /Emergency response team work		
A2 Breathing apparatus	A7 Professional driving		
A3 Business traveler	A8 Remote location work		
A4 Catering and food preparation	A9 Transfers – group A country		
A5 Crane or forklift driving& all heavy vehicles	A10 Transfers – group B country		
Health Advisor Statement: The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.			
Fit with no restrictions			
Fit with following restriction(s)			
The employee is fit for above work but should avoid the following task(s)	Temporary restriction	Permanent restriction	
Work near moving machinery or sharp edges			
Working at height			
Pulling, pushing, or carrying weight over ____ Kg			
Ascend/descend ladders or stairs.			
Operate motor vehicles, forklifts or heavy machinery			
Use of a respirator			
Repetitive twisting of valves or wrenches			
Flying			
Other (Specify) – Working Conditions (Extreme / Interir Clinic / Confined Work Place / Noisy)			
Temporary Unfit until		Date	
Permanently Unfit		Date	
Name of health advisor	Signature	Date : 04/04/24	



Dr. B. VENKATESH KUMAR
CARDIOLOGIST
MOH NO#14581



Appendix 32: EX1 Form (Initial Examination Report)

INITIAL EXAMINATION REPORT (MEDICAL – CONFIDENTIAL)



Petroleum Development Oman
MEDICAL DEPARTMENT

PLEASE COMPLETE YOUR PERSONAL
DETAILS IN BLOCK CAPITALS

Place of examination BADR AL SAMAA		Date 04/04/21	Surname Almasani Farid	
If a dependent enter employee's name here:		Forenames:		
Surname:		Address:		
Birth date: 10-10-1988 Nationality:		Country of birth:		Home telephone number:
☒ Male ☐ Female		☐ Married ☐ Single ☐ Separated /Divorced		Relationship to employee ☐ Wife ☐ Son ☐ Daughter
Reason for examination Pre-Employment/Job:		Number of children:		
Pre-Overseas Area:		List your last 3 jobs		
Name and address of family doctor		(1)		
		(2)		
Are you a Registered Disabled Person? (UK only)		Do you belong to any Medical Insurance Scheme?		
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)				
	Y	N	Y	N
1. Sinus trouble		☒	21. Cancer	☒
2. Neck swelling/glands		☒	22. Heart Disease	☒
3. Difficulty in vision		☒	23. Rheumatic fever	☒
4. Any ear discharge		☒	24. Abnormal heartbeat	☒
5. Asthma/bronchitis		☒	25. High blood pressure	☒
6. Hayfever/other significant allergy		☒	26. Stroke	☒
7. Any skin trouble		☒	27. Serious chest pain	☒
8. Tuberculosis		☒	28. Any blood disease	☒
9. Shortness of breath		☒	29. Kidney disease	☒
10. Coughed/vomited blood		☒	30. Blood in urine	☒
11. Severe abdominal pain		☒	31. Diabetes	☒
12. Stomach ulcer		☒	32. Headaches/migraine	☒
13. Recurrent indigestion		☒	33. Dizziness/fainting	☒
14. Jaundice or hepatitis		☒	34. Epilepsy	☒
15. Gall Bladder disease		☒	35. Joints/spinal trouble	☒
16. Marked change in bowel habits		☒	36. Surgical operation	☒
17. Blood in stools (motions)		☒	37. Serious accident/fracture	☒
18. Marked change in weight		☒	38. Tropical disease	☒
19. Varicose veins		☒	39. Fear of heights	☒
20. Lump in breast/armpit		☒		
How much tobacco each day? Nil		Average daily alcohol consumption Nil		
Have you ever taken illicit drugs? (X) PDO test all new/potential employees for illicit/recreational drugs				
FAMILY HISTORY: Diabetes (X) Tuberculosis (X) Epilepsy (X) Asthma (X) Eczema (X)				
Heart disease (X) High blood pressure (X) Stroke (X) Blood Disease (X) Cancer (X)				
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-				
I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination is confidential and may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.				
Date: 04/04/21		Signature of Applicant: [Signature]		
FOR COMPLETION BY EXAMINING DOCTOR OR NURSE				
Further details of medical history and recreational activities				

B. VENKATESH KUMAR
CARDIOLOGIST
MOH NO#14581



N = Normal A = Abnormal (please describe)				PHYSICAL EXAMINATION							
N	A										
		1. Eyes & Pupils									
		2. E.N.T.									
		3. Teeth & Mouth									
		4. Lungs & Chest									
		5. Cardiovascular System									
		6. Abdo. Viscera									
		7. Hemial Orifices									
		8. Anus & Rectum									
		9. Genito-urinary									
		10. Extremities									
		11. Musculo-skeletal									
		12. Skin & Varicose Vess.									
		13. C.N.S.									
HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE	HEARING	VISION				Colour Vision	Blood Group
174	89	29.4	126/88	74/min.	L R	DISTANT Uncorrected Corrected	NEAR R L R L				B+
N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS				N	A				
		1. Urinalysis						7. Audiogram			
		2. Hb, Bloodcount, ESR						8. Lung Function			
		3. LFT, RFT, RBS						9. Chest X-Ray			
		4. Deng Screen						10. ECG			
		5. Lipids (40 years +)						11. CVS risk for 40 yrs. & above			
		6. Sickle Cell test						12. HIV, Hepatitis screening			
OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)											
DLP - Advised lifestyle modification											
ASSESSMENT:											
FIT ALL AREAS ☒ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT ☐											
Date: 01/01/2024 Name (Block Capitals): Dr. / Nurse Signature:											
REVIEW/CONSULTATION											
Date: 01/01/2024 Name (Block Capitals): Dr. / Nurse Signature:											

Take ear protection in noisy environment

Dr. SAJILA P.P.
MBBS., DNB (ENT), DLO.
Specialist Ent Surgeon
MOH Lic No.: 18387

Dr. B. VENKATESH KUMAR
CARDIOLOGIST
MOH NO#14581



Appendix 20: (Form SQ5): Epworth Screening Quest. For Sleep Apnoea

Employee Data		Date: 04/04/21
Name: KAWRASHAR FAYED		Department/Company:
I.D No. 92176062	Tel #	Occupation: Heavy Vehicle driver

This questionnaire will help identify if you have any health condition which may need a more detailed medical assessment as part of your fitness to work determination. If you have any queries please contact your local Health Services staff. All information provided on this form and during consultations remains strictly confidential. When further clinical evaluation is required following completion of a screening questionnaire, the details should be recorded on Q1 and E1 forms.

How likely are you to fall asleep in the following situations? (use 0 to 3 score as shown below)

0 Would never doze

1 Slight chance of dozing

2 Moderate chance of dozing

3 High chance of dozing

1 sitting and reading

1 watching TV

0 sitting inactive in a public place (e.g. theatre or meeting)

2 as a passenger in the car for an hour without a break

2 Lying down to rest in the afternoon when circumstances permit

0 Sitting and talking with someone

3 Sitting quietly after lunch without alcohol

0 In a car, while stopped for a few minutes in traffic

Total 8

If you score a total of 15 or more you should seek advice from medical personnel on site before continuing to drive or operate machinery in the workplace.

Declaration: I, _____ (Print Name) certify that to the best of my knowledge the above information supplied by me is true and correct.

Signature: _____ Date: 04/04/21

[Signature]
B. VENKATESH KUMAR
 CARDIOLOGIST
 MOH NO#14581

