



Appendix 32: EX1 Form (Initial Examination Report)

INITIAL EXAMINATION REPORT (MEDICAL – CONFIDENTIAL)

Petroroleum Development Oman
MEDICAL DEPARTMENTPLEASE COMPLETE YOUR PERSONAL
DETAILS IN BLOCK CAPITALS

Surname	SINGH
Forenames	MANJOT
Address	
Home telephone number	

Place of examination	NMC ALHAIL	Date	11/09/2023
If a dependant enter employee's name here:			
Surname:	Forenames:		
Birth date:	16/04/1983	Nationality:	INDIAN
Country of birth:		Religion:	
☒ Male ☐ Female	☒ Married ☐ Single ☐ Separated /Divorced	Relationship to employee ☐ Wife ☐ Son ☐ Daughter	Number of children:
Reason for examination Pre-Employment ☐ Job: Pre-Overseas ☐ Area:			
Name and address of family doctor		List your last 3 jobs	
		(1)	
		(2)	
Are you a Registered Disabled Person? (UK only) ☐		Do you belong to any Medical Insurance Scheme? ☐	
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)			
	Y	N	Y
1. Sinus trouble	☒	☐	21. Cancer
2. Neck swelling/glands	☒	☐	22. Heart Disease
3. Difficulty in vision	☒	☐	23. Rheumatic fever
4. Any ear discharge	☒	☐	24. Abnormal heartbeat
5. Asthma/bronchitis	☒	☐	25. High blood pressure
6. Hayfever/other significant allergy	☒	☐	26. Stroke
7. Any skin trouble	☒	☐	27. Serious chest pain
8. Tuberculosis	☒	☐	28. Any blood disease
9. Shortness of breath	☒	☐	29. Kidney disease
10. Coughed/vomited blood	☒	☐	30. Blood in urine
11. Severe abdominal pain	☒	☐	31. Diabetes
12. Stomach ulcer	☒	☐	32. Headaches/migraine
13. Recurrent indigestion	☒	☐	33. Dizziness/fainting
14. Jaundice or hepatitis	☒	☐	34. Epilepsy
15. Gall Bladder disease	☒	☐	35. Joint/spinal trouble
16. Marked change in bowel habits	☒	☐	36. Surgical operation
17. Blood in stools (motions)	☒	☐	37. Serious accident/fracture
18. Marked change in weight	☒	☐	38. Tropical disease
19. Varicose veins	☒	☐	39. Fear of heights
20. Lump in breast/armpit	☒	☐	
How much tobacco each day?	NO		Average daily alcohol consumption
Have you ever taken illicit drugs?	NO		
Have you ever taken illicit drugs? (X) PDO test all new/potential employees for illicit/recreational drugs			
FAMILY HISTORY: Diabetes (X) Tuberculosis (X) Epilepsy (X) Asthma (X) Eczema (X)			
Heart disease (X) High blood pressure (X) Stroke (X) Blood Disease (X) Cancer (X)			
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-			
I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDO reserves the right to disqualify me if it was found that I have purposely withheld important medical information.			
Date:	Signature of Applicant:		



DEPARTMENT OF LABORATORY MEDICINE

File No: 14284726	Report No: 0097538
Name: MANJIT SINGH 6715	Sample Date: 11/09/2023 Time: 10:21
Address:	Received By:
Gender: M Age: 40 Y Nationality: INDIAN	Received Date: Time:
GSM No.: 96339731 ID Card No.: 104352862	Report Date: 11/09/2023 Time: 13:13
Ref. By: DR NISANTH KALLINKEEL	Bill No: 0255450 Bill Date: 11/09/2023

INVESTIGATION	RESULT	REFERENCE RANGE
PDO PACKAGE ABOVE 40 YEARS		
RANDOM BLOOD SUGAR	4.65 mmol/L	4.11 -7.9mmol/L
CREATININE	75.00 μ mol/L	Adults: MALE: 62 – 106 μ mol/L FEMALE: 44 - 80 μ mol/L
SGPT (ALT)	16.30 U/L	MALE : up to 41 U/L, FEMALE : up to 33 U/L
TOTAL WBC COUNT	$5.70 \times 10^3 / \mu$ L	4.00-11.00 $\times 10^3 / \mu$ L
DIFFERENTIAL COUNT		
NEUTROPHIL (%)	55.60 %	40-75%
LYMPHOCYTE (%)	34.20 %	20-45%
MONOCYTE (%)	7.90 %	2-8%
EOSINOPHIL (%)	2.10 %	1-6%
BASOPHIL (%)	0.20 %	0-1%
ERYTHROCYTE SEDIMENTATION RATE	07 mm/1st hr	MALE:0-15 mm/ 1st hr FEMALE:0-20 mm/ 1st hr
HAEMOGLOBIN	14.20 gm/dl	Male : 13 -18 gm/dl Female:11-15 gm /dl childrens upto 1year-11.0 - 13.0 gm /dl upto12years-11.5 - 14.5 gm /dl cord blood:13 -19.5 gm /dl
SICKLE CELL	NEGATIVE	
Method : Solubility test (If Positive , Hb Electrophoresis / HPLC to be done to confirm Sicklc cell anaemia / Trait).		

URINE ROUTINE

URINE BIOCHEMISTRY

URINE GLUCOSE

URINE PROTEIN

URINE KETONE

1+

NEGATIVE

NEGATIVE

NEGATIVE

NEGATIVE

NEGATIVE

Verified By:

Approved By:



10589

Lab Technologist

Specialist Pathologist

MOH License No: 17976

Electronically signed at: 9/11/2023 1:14:00

Printed at: 11/09/2023 5:57:22 PM

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NMC Healthcare LLC

C.R.No. 3588237

Plot No. 254, Block 235

Building No. 852, Al Mafraq North

Saltwater of Urine

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DEPARTMENT OF LABORATORY MEDICINE

File No: 14284726	Report No: 0097538
Name: MANJIT SINGH 6715	Sample Date: 11/09/2023 Time: 10:21
Address:	Received By:
Gender: M Age: 40 Y Nationality: INDIAN	Received Date: Time:
GSM No.: 96339731 ID Card No.: 104352862	Report Date: 11/09/2023 Time: 13:13
Ref. By: DR NISANTH KALLINKEEL	Bill No: 0255450 Bill Date: 11/09/2023

INVESTIGATION	RESULT	REFERENCE RANGE
URINE BILIRUBIN	NEGATIVE	NEGATIVE
NITRITE	NEGATIVE	NEGATIVE
URINE PH	6.0	4.6-8.0
SPECIFIC GRAVITY	1.030	1.010-1.030
BLOOD	NEGATIVE	NEGATIVE
UROBILINOGEN	NORMAL	NORMAL
URINE MACROSCOPY		
COLOUR	YELLOW	
APPEARANCE	CLEAR	
URINE MICROSCOPY		
RBC	NIL /hpf	0-3
PUSCELLS	2-3 /hpf	0-5
EPITHELIAL CELLS	0-1 /hpf	NIL
CRYSTAL	NIL /hpf	NIL
CAST	NIL /hpf	NIL
BACTERIA	NIL	NIL
MUCOUS THREAD	PRESENT	NIL
LIPID PROFILE		
TOTAL CHOLESTEROL	4.88 mmol/L	< 5.18 mmol/L
HDL	1.07 mmol/L	>1.5 mmol/L
TRIGLYCERIDES	2.36 mmol/L	Desirable : <2.083 mmol/L Boderline high : 2.83 - 5.67 mmol/L Hypertnglycendemia >5.65 mmol/L
LDL	3.41 mmol/L	< 2.6 mmol/L
VLDL	1.07 mmol/L	0.128-0.645mmol/L

Verified By:

Approved By:



10589

Lab Technologist

Specialist Pathologist

MOH License No: 17976

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nmc-specialty hospital

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Sultanate of Oman
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www.nmc-hospital.com



Pulmonary Function Report

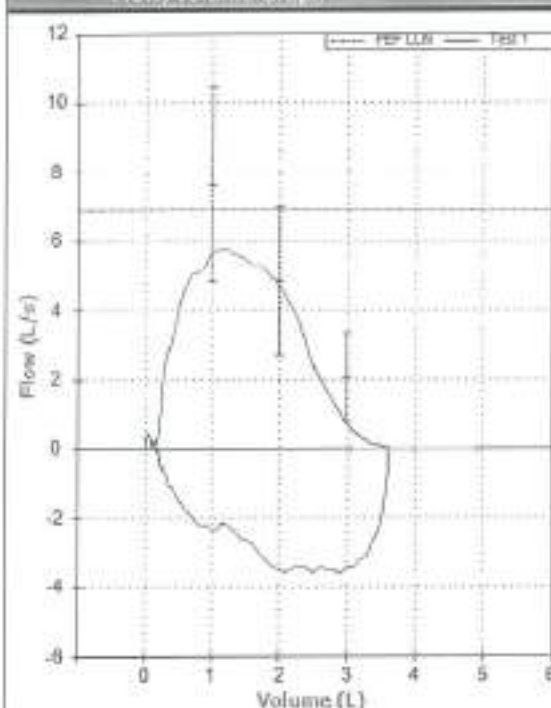
Subject Information

ID:	2023254_105049294	Alternate ID:	14284726		
Last Name:	Singh	First Name:	Manjit	Middle Name:	
Population:	Asian	Gender:	Male	Date of Birth:	18/04/1983
Age:	40	Height:	170 cm	Weight:	78.0 kg
BMI:	27	Smoking:	Non Smoker		

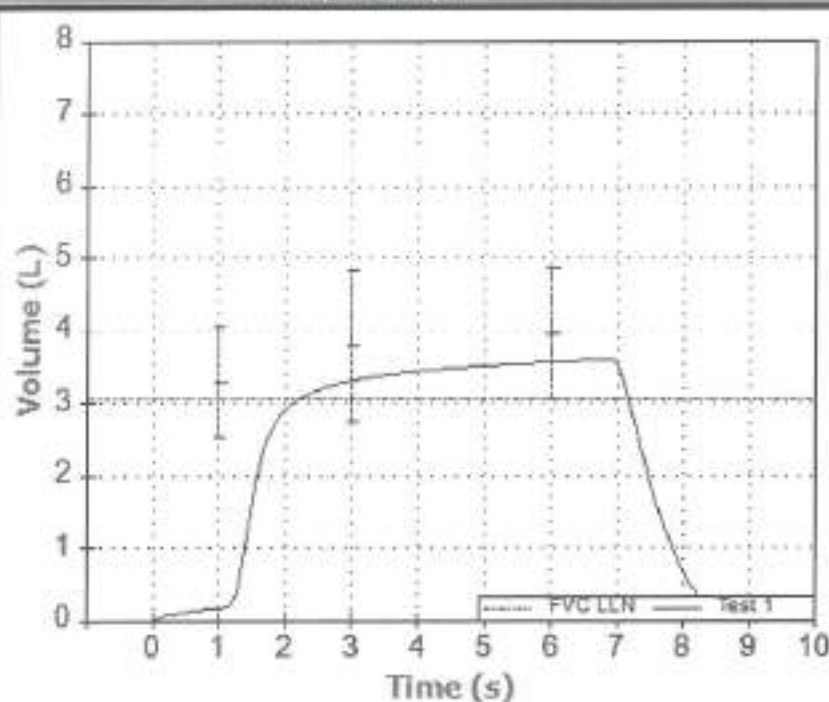
Test Session Information

Test Date:	11/09/2023 10:52	Device:	ALPHA Touch	Serial Number:	32166
No. of Tests:	3	Accuracy Chk:	30/05/2019 15:42	User:	Administrator
Pred. Values:	ERS 93	Pred. Factor:	90%	Posture:	Sitting

Flow/Volume Graph



Volume/Time Graph



Results

Parameter	Pred	LLN	Best	% Pred.	Z-Score
FVC (L)	3.97	3.07	3.60	91	-0.67
FEV1 (L)	3.29	2.54	3.07	93	-0.48
FEV1 Ratio	0.80	0.68	0.85	106	0.68
FEV6 (L)	3.97	3.07	3.60	91	-0.67
PEF (L/min)	532	413	346*	65	-2.56
FEF25-75 (L/s)	4.28	2.57	3.98	93	-0.29

Values at ETPS. *Below lower limit of normality (LLN)

Session Quality and Repeatability Information

FVC Session Grade	FVC Rep:	FEV1 Rep:	Slow Start of test	End of test criteria not achieved	Cough detected in 1st second
C	0.44 L (12.2%)	0.43 L (14.0%)	2 blow(s)	0 blow(s)	0 blow(s)

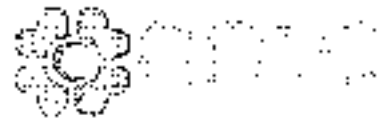
Computer Suggested Interpretation

Computer interpretations cannot be relied upon for diagnosis. Normal ventilatory function.

Reference Pictogram

Parameter	LLN	Reference	ULN
FVC	~4.5	~6.5	~8.5
FEV1	~4.5	~6.5	~8.5
FEV1 Ratio	~4.5	~6.5	~8.5





DEPARTMENT OF LABORATORY MEDICINE

File No: 14284726
Name: MANJIT SINGH 6715

Address:

Gender: M Age: 40 Y Nationality: INDIAN
GSM No : 96339731 ID Card No.: 104352562
Ref. By: OUT PATIENT

Report No: 0007773
Sample Date: 13/09/2023 Time: 9:40
Received By:
Received Date: Time:
Report Date: 13/09/2023 Time: 10:58
Bill No: 0255931 Bill Date: 13/09/2023
Report Status: Final

INVESTIGATION

RESULT

REFERENCE RANGE

HbA1C 5.5 %
NORMAL : < 6.0
GOOD DIABETES CONTROL : <7
FAIR DIABETES CONTROL : 7-8
POOR DIABETES CONTROL : >8

Verified By:

10589

Lab. Technologist

Approved By:

DR ROSE MARY

Specialist Pathologist

MCH License No: 17876

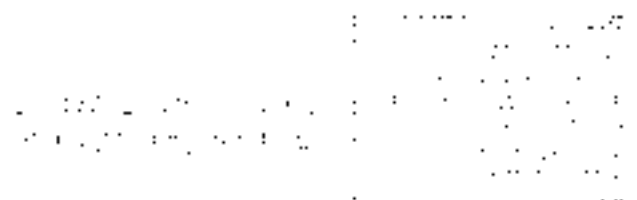
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MCH License No: 18178

Electronically signed at: 13/09/2023 10:55:00

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Last calibration date:	20/10/2017
KUCI wave serial number	0901-00972
Stone vibrator serial number	Adress /
Sound booth	SANS 10182 Diagnostic
Type of audiometer	Near Type 1
Test 0100001	

Heart rate: 64 bpm
PR int: 146 ms
QRS dur: 84 ms
QT/QTc: 362/372 ms
P-R-T axes: 24 67 3

SINUS RHYTHM
NORMAL ECG
UNCONFIRMED REPORT



721.012 ER 440-7341



www.MANUJI.SINCHU

January - 2004

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