



مركز بلاد السلام الطبي Peace Land Medical Center

Fitness for work certificate

Employee Data		Date: 13/8/2020
Name: Jaswant Singh	Department/Company: Truck Oman	
I.D No. 104352332	Operator	
Type of Medical Evaluation Mark those applying ✓		
A1 Aircraft refuelling		A6 Fire / Emergency response team work
A2 Breathing apparatus		A7 Professional driving
A3 Business traveller		A8 Remote location work
A4 Catering and food preparation		A9 Transfers – group A country
A5 HVD-Crane or forklift driving & all heavy vehicles	✓	A10 Transfers – group B country
Health Advisor Statement: The above named person has been examined according to the statements laid down in "Protocol and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the at tasks is as follows.		
Fit with no restrictions		✓
Fit with following restriction(s)		
The employee is fit for above work but should avoid the following task(s)	Permanent restriction	
Work near moving machinery or sharp edges		
Working at height		
Pulling, pushing, or carrying weight over _____ Kg		
Ascend/descend ladders or stairs		
Operate motor vehicles, forklifts or heavy machinery		
Use of a respirator		
Repetitive twisting of valves or wrenches		
Flying		
Other (Specify)		
Temporary Unfit until		
Permanently Unfit		
Name of health advisor Signature		Date 13/8/2020

Dr. IMAD OMER AL-AMAR
General Practitioner
MOH License No. : 6909

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