

### Fitness to Work Certificate

<b>Employee Data</b>		Date : <u>28/4/11</u>
Name : <u>SHAJI MOOTHANT UZHATHIR</u> <u>THANKAPPAN</u>		Department/Company
I.D No : <u>91680701</u>	Age : <u>54yr</u>	Occupation : <u>operator</u>
<b>Type of Medical Evaluation</b> <span style="float: right;">Mark those applying <input type="checkbox"/></span>		
A1 Aircraft refueling	A6 Fire /Emergency response team work	
A2 Breathing apparatus	A7 Professional driving	
A3 Business traveler	A8 Remote location work	
A4 Catering and food preparation	A9 Transfers – group A country	
A5 Crane or forklift driving& all heavy vehicles	A10 Transfers – group B country	
<b>Health Advisor Statement:</b> The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.		
<b>Fit with no restrictions</b> <span style="float: right;"></span>		
<b>Fit with following restriction(s)</b>		
<i>The employee is fit for above work but should avoid the following task(s)</i>	<b>Temporary restriction</b>	<b>Permanent restriction</b>
Work near moving machinery or sharp edges		
Working at height		
Puling, pushing, or carrying weight over _____ Kg		
Ascend/descend ladders or stairs.		
Operate motor vehicles, forklifts or heavy machinery		
Use of a respirator		
Repetitive twisting of valves or wrenches		
Flying		
Other (Specify) – Working Conditions (Extreme / Interir Clinic / Confined Work Place / Noicy )		
<b>Temporary Unfit until</b>		
<b>Permanently Unfit</b>		Date <u>28/4/11</u>
Name of health advisor	Signature	Date : <u>28/4/11</u>



**Dr. B. VENKATESH KUMAR**  
**CARDIOLOGIST**  
**MOH NO#14581**



**Appendix 32: EX1 Form (Initial Examination Report)**

**INITIAL EXAMINATION REPORT (MEDICAL – CONFIDENTIAL)**



Petroleum Development Oman  
MEDICAL DEPARTMENT

PLEASE COMPLETE YOUR PERSONAL  
DETAILS IN BLOCK CAPITALS

Place of examination <b>BADR AL SAMAA</b>		Date <b>28/4/13</b>	Surname <b>SHAFI MOOTHATHU (IZHAF) THIL THANKADHIN</b>																																																									
			Forenames :																																																									
			Address																																																									
			Home telephone number																																																									
If a dependant enter employee's name here:																																																												
Surname:		Forenames:																																																										
Birth date: <b>25-03-1967</b>		Nationality:	Country of birth:	Religion:																																																								
<input checked="" type="checkbox"/> Male <input type="checkbox"/> Female		<input type="checkbox"/> Married <input type="checkbox"/> Single <input type="checkbox"/> Separated /Divorced	<input type="checkbox"/> Wife <input type="checkbox"/> Son <input type="checkbox"/> Daughter	Relationship to employee Number of children:																																																								
Reason for examination Pre-Employment Job: <input type="checkbox"/>																																																												
Pre-Overseas Area: <input type="checkbox"/>																																																												
Name and address of family doctor		List your last 3 jobs																																																										
		(1)																																																										
		(2)																																																										
Are you a Registered Disabled Person? (UK only) <input type="checkbox"/>		Do you belong to any Medical Insurance Scheme? <input type="checkbox"/>																																																										
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)																																																												
<table border="1"> <tr> <td><input type="checkbox"/> Y</td> <td><input type="checkbox"/> N</td> </tr> <tr> <td>1. Sinus trouble</td> <td>21. Cancer</td> </tr> <tr> <td>2. Neck swelling/glands</td> <td>22. Heart Disease</td> </tr> <tr> <td>3. Difficulty in vision</td> <td>23. Rheumatic fever</td> </tr> <tr> <td>4. Any ear discharge</td> <td>24. Abnormal heartbeat</td> </tr> <tr> <td>5. Asthma/bronchitis</td> <td>25. High blood pressure</td> </tr> <tr> <td>6. Hayfever/other significant allergy</td> <td>26. Stroke</td> </tr> <tr> <td>7. Any skin trouble</td> <td>27. Serious chest pain</td> </tr> <tr> <td>8. Tuberculosis</td> <td>28. Any blood disease</td> </tr> <tr> <td>9. Shortness of breath</td> <td>29. Kidney disease</td> </tr> <tr> <td>10. Coughed/vomited blood</td> <td>30. Blood in urine</td> </tr> <tr> <td>11. Severe abdominal pain</td> <td>31. Diabetes</td> </tr> <tr> <td>12. Stomach ulcer</td> <td>32. Headaches/migraine</td> </tr> <tr> <td>13. Recurrent indigestion</td> <td>33. Dizziness/fainting</td> </tr> <tr> <td>14. Jaundice or hepatitis</td> <td>34. Epilepsy</td> </tr> <tr> <td>15. Gall Bladder disease</td> <td>35. Joints/spinal trouble</td> </tr> <tr> <td>16. Marked change in bowel habits</td> <td>36. Surgical operation</td> </tr> <tr> <td>17. Blood in stools (motions)</td> <td>37. Serious accident/fracture</td> </tr> <tr> <td>18. Marked change in weight</td> <td>38. Tropical disease</td> </tr> <tr> <td>19. Varicose veins</td> <td>39. Fear of heights</td> </tr> <tr> <td>20. Lump in breast/armpit</td> <td></td> </tr> </table>		<input type="checkbox"/> Y	<input type="checkbox"/> N	1. Sinus trouble	21. Cancer	2. Neck swelling/glands	22. Heart Disease	3. Difficulty in vision	23. Rheumatic fever	4. Any ear discharge	24. Abnormal heartbeat	5. Asthma/bronchitis	25. High blood pressure	6. Hayfever/other significant allergy	26. Stroke	7. Any skin trouble	27. Serious chest pain	8. Tuberculosis	28. Any blood disease	9. Shortness of breath	29. Kidney disease	10. Coughed/vomited blood	30. Blood in urine	11. Severe abdominal pain	31. Diabetes	12. Stomach ulcer	32. Headaches/migraine	13. Recurrent indigestion	33. Dizziness/fainting	14. Jaundice or hepatitis	34. Epilepsy	15. Gall Bladder disease	35. Joints/spinal trouble	16. Marked change in bowel habits	36. Surgical operation	17. Blood in stools (motions)	37. Serious accident/fracture	18. Marked change in weight	38. Tropical disease	19. Varicose veins	39. Fear of heights	20. Lump in breast/armpit		<table border="1"> <tr> <td><input type="checkbox"/> Y</td> <td><input type="checkbox"/> N</td> </tr> <tr> <td colspan="2">HAVE YOU EVER BEEN:-</td> </tr> <tr> <td>40. Rejected for employment or insurance for medical reasons</td> <td></td> </tr> <tr> <td>41. Awarded benefits for industrial injury/illness</td> <td></td> </tr> <tr> <td>42. Treated for a mental condition, e.g. depression</td> <td></td> </tr> <tr> <td>43. Treated for problem drinking or drug abuse</td> <td></td> </tr> <tr> <td>44. Exposed to toxic substance or noise</td> <td></td> </tr> </table>		<input type="checkbox"/> Y	<input type="checkbox"/> N	HAVE YOU EVER BEEN:-		40. Rejected for employment or insurance for medical reasons		41. Awarded benefits for industrial injury/illness		42. Treated for a mental condition, e.g. depression		43. Treated for problem drinking or drug abuse		44. Exposed to toxic substance or noise		<input type="checkbox"/> Y <input type="checkbox"/> N
<input type="checkbox"/> Y	<input type="checkbox"/> N																																																											
1. Sinus trouble	21. Cancer																																																											
2. Neck swelling/glands	22. Heart Disease																																																											
3. Difficulty in vision	23. Rheumatic fever																																																											
4. Any ear discharge	24. Abnormal heartbeat																																																											
5. Asthma/bronchitis	25. High blood pressure																																																											
6. Hayfever/other significant allergy	26. Stroke																																																											
7. Any skin trouble	27. Serious chest pain																																																											
8. Tuberculosis	28. Any blood disease																																																											
9. Shortness of breath	29. Kidney disease																																																											
10. Coughed/vomited blood	30. Blood in urine																																																											
11. Severe abdominal pain	31. Diabetes																																																											
12. Stomach ulcer	32. Headaches/migraine																																																											
13. Recurrent indigestion	33. Dizziness/fainting																																																											
14. Jaundice or hepatitis	34. Epilepsy																																																											
15. Gall Bladder disease	35. Joints/spinal trouble																																																											
16. Marked change in bowel habits	36. Surgical operation																																																											
17. Blood in stools (motions)	37. Serious accident/fracture																																																											
18. Marked change in weight	38. Tropical disease																																																											
19. Varicose veins	39. Fear of heights																																																											
20. Lump in breast/armpit																																																												
<input type="checkbox"/> Y	<input type="checkbox"/> N																																																											
HAVE YOU EVER BEEN:-																																																												
40. Rejected for employment or insurance for medical reasons																																																												
41. Awarded benefits for industrial injury/illness																																																												
42. Treated for a mental condition, e.g. depression																																																												
43. Treated for problem drinking or drug abuse																																																												
44. Exposed to toxic substance or noise																																																												
<table border="1"> <tr> <td colspan="2">FOR WOMEN ONLY</td> </tr> <tr> <td colspan="2">Have you ever had:-</td> </tr> <tr> <td>45. An abnormal smear</td> <td></td> </tr> <tr> <td>46. Any gynaecological treatment</td> <td></td> </tr> <tr> <td>47. Are you pregnant?</td> <td></td> </tr> <tr> <td colspan="2">48. HAVE YOU HAD AN ILLNESS NOT MENTIONED ABOVE</td> </tr> </table>					FOR WOMEN ONLY		Have you ever had:-		45. An abnormal smear		46. Any gynaecological treatment		47. Are you pregnant?		48. HAVE YOU HAD AN ILLNESS NOT MENTIONED ABOVE																																													
FOR WOMEN ONLY																																																												
Have you ever had:-																																																												
45. An abnormal smear																																																												
46. Any gynaecological treatment																																																												
47. Are you pregnant?																																																												
48. HAVE YOU HAD AN ILLNESS NOT MENTIONED ABOVE																																																												
How much tobacco each day? <b>NU</b>		Average daily alcohol consumption <b>NU</b>																																																										
Have you ever taken elicited drugs? <input checked="" type="checkbox"/> PDO test all new/potential employees for elicited/recreational drugs																																																												
<b>FAMILY HISTORY:</b> Diabetes <input checked="" type="checkbox"/> Tuberculosis <input checked="" type="checkbox"/> Epilepsy <input checked="" type="checkbox"/> Asthma <input checked="" type="checkbox"/> Eczema <input checked="" type="checkbox"/> Heart disease <input checked="" type="checkbox"/> High blood pressure <input checked="" type="checkbox"/> Stroke <input checked="" type="checkbox"/> Blood Disease <input checked="" type="checkbox"/> Cancer <input checked="" type="checkbox"/>																																																												
<b>PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-</b> I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.																																																												
Date: <b>28/4/13</b>		Signature of Applicant: 																																																										
<b>FOR COMPLETION BY EXAMINING DOCTOR OR NURSE</b> Further details of medical history and recreational activities																																																												

**T2m x 9hr on Metformin 500 - 1000**

**1/1/13 x 1hr on olber 20 100**

**Dr. B. VENKATESH KUMAR**  
CARDIOLOGIST  
MOH NO#14581

**Father - Cancer**

