

Medical Fitness Certificate

Name of the Examined employee: MOHAMMED AFZAL MOKBUL AHMED

Age: 46

ID NUMBER:

Job Title:

Date of Medical Examination: 19.10.2023

Examining Physician:

Medical Centre: APOLLO HOSPITAL MUSCAT

Company:

Assessment Result:

Fit to work without restrictions

This Certificate is valid for 2 years from the date of medical examination

Fitness Classifications:

- Fit to work without restrictions
- Fit to work with restriction
- Unfit to work Temporarily or Definitely

Restrictions List:

- R1: Unfit to work offshore, on marine vessels and in remote locations.
R2: Unfit for Lifting and strenuous efforts.
R3: Unfit to work in certain countries, check with geomarkethealth advisor.
R4: Unfit to work in jobs requiring precise color vision.
R5: Unfit to work in job with high level of noise.
R6: Unfit to work in high risk of malaria countries.
R7: Unfit to work in extreme heat.
R8: Unfit to work in extreme cold.
R9: Contact Geomarket health advisor/international medical coordinator – there exist specific restriction.
R10: Unfit to work for a temporarily of time until further notice.
R11: Unfit to work in jobs requiring good visual acuity (eg: driving company vehicle).
R12: Fit only for defined period of time (1, 3 or 6 months) and must be reassessed and fitness redefined.
R13: Unfit to drive company vehicle.
R14: Unfit to fly long haul flights.
R15: Unfit to work in heights and confined spaces.

Examining Physician Stamp and signature

Dr. AFROZA SULTANA
GENERAL PRACTITIONER
MOH License No.: 17832
Apollo Hospital Muscat

Hospital/Clinic Seal



CONFIDENTIAL MEDICAL TO BE COMPLETED BY THE EMPLOYEE

Med-check History Form		Name:	Mohammed Afzal		
		GIN #	C 246		
Place of examination Apollo Hospital		Date	19/10/23		
		Mobile #	97145102		
Age: 46	Nationality: Bangladeshi	Blood Group			
☒ Male ☐ Female	☐ Married ☐ Single ☐ Separated / Divorced	Number of children:			
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)					
	Y	N		Y	N
1. Sinus trouble		/	21. Cancer		/
2. Neck swelling/glands		/	22. Heart Disease		/
3. Difficulty in vision		/	23. Rheumatic fever		/
4. Any ear discharge		/	24. Abnormal heartbeat		/
5. Asthma/bronchitis		/	25. High blood pressure		/
6. Hayfever /other significant allergy		/	26. Stroke		/
7. Any skin trouble		/	27. Serious chest pain		/
8. Tuberculosis		/	28. Any blood disease		/
9. Shortness of breath		/	29. Kidney disease		/
10. Coughed/vomited blood		/	30. Blood in urine		/
11. Severe abdominal pain		/	31. Diabetes		/
12. Stomach ulcer		/	32. Headaches/migraine		/
13. Recurrent indigestion		/	33. Dizziness/fainting		/
14. Jaundice or hepatitis		/	34. Epilepsy		/
15. Gall Bladder disease		/	35. Joints/spinal trouble		/
16. Marked change in bowel habits		/	36. Surgical operation		/
17. Blood in stools (motions)		/	37. Serious accident/fracture		/
18. Marked change in weight		/	38. Tropical disease		/
19. Varicose veins		/	39. Fear of heights		/
20. Lump in breast/arm/pit		/			
How much tobacco each day? A/L			Average daily alcohol consumption A/L		
Have you ever taken illicit drugs? (X)					
FAMILY HISTORY: Diabetes (X) Tuberculosis (X) Epilepsy (X) Asthma (X) Eczema (X) Heart disease (X) High blood pressure (X) Stroke (X) Blood Disease (X) Cancer (X)					
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:- I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company's Doctors, and the details sent to them by the examining Doctor.					
Date: 19-10-2023					
Signature of Applicant: 					

CONFIDENTIAL MEDICAL TO BE COMPLETED BY THE EXAMINING PHYSICIAN

PHYSICAL EXAMINATION IF ABNORMAL, PLEASE DETAIL

Visual Fields:		Color Vision:	(N)
Speech:		Whisper test:	
Near Vision Right eye:	N/6	Near Vision Left eye:	N/6
Distant Vision Left eye:	6/6	Distant Vision Right eye:	6/6
Height: 169	Weight: 84	BMI: 29.4	BP: 120/80 Pulse: 78 mb
Body System/Organ	N	A	Abnormality if any
Eyes and pupils	/		
Ear/nose/throat	/		
Teeth and mouth	/		
Lungs and chest	/		
Cardiovascular	/		
Abdomen	/		
Hernial orifices	/		
Anus and rectum	/		
Genito-urinary	/		
Extremities	/		
Musculoskeletal	/		
Skin/varicose viens	/		
Neurological	/		
Mental fitness	/		
Breast	/		

TO BE COMPLETED BY THE EXAMINING PHYSICIAN

Name:	Age:	Sex:	Company:	GIN:
Mohammed Afzal Ahmed	46	M		

Past Medical History:		Blood Group
Allergies:		
Vaccination	Date of Initial Injection	Booster Due Date
Hepatitis A:		
Hepatitis B:		
Typhoid Fever		
Influenza		

Tests Results	
Audiogram:	Normal
DSU 5 Panel	Negative

ECG:	WNL
Chest X-Ray	WNL

Blood Investigations:					
RBCs	5.39	4.20-5.30 X10 ⁶ /UL	SGOT	24.70	Male: 10-50 Female: 10-35 U/L
WBCs	9.26	4.0-11.0 X10 ³ /UL	SGPT	32.60	Male: Up to 41 Female: 10-35 U/L
NEUTRO	50.70	37-72%	GGT	22.20	0-50 U/L
EOSINO	8.90	0-6%	FBS:	93.10	80-110 mg/dl
BASO	0.50	0-1%	CHOLESTEROL:	185.70	Up to 200 mg/dl
LYMPHO	27.30	10-38%	HDL	52.20	20-60 mg/dl
MONO	12.60	0-14%	LDL	113.58	Up to 130 mg/dl
HEMATOCRIT	47.60	37-51%	TRIGLYCERIDES	99.60	35-175 mg/dl
HEMOGLOBIN	15.70	Male: 13.5-18.0 Female: 11.5-16.0 g/dl	CREATININE	0.94	Male: 0.7-1.2 mg/dl Female: 0.5-0.9 mg/dl
ESR	03	Male: 0-10 mm/hr Female: 0-20 mm/hr	URIC ACID	Sixth Neg	Male: 3.6-7.7 mg/dl Female: 2.5-6.8 mg/dl

Urine Analysis			
Blood	Negative	Sugar	Negative
Albumin	Negative	Others	Normal

Stool Analysis			
Parasites	NIL	Blood:	NIL

Comments	Framingham Score - 2.1%
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Examining Physician:

Dr. AFROZA SULTANA
GENERAL PRACTITIONER
MOH Licence No.: 17832
Apollo Hospital Muscat

Hospital/Clinic Seal

Schlumberger-Private



DEPARTMENT OF LABORATORY SERVICES

File No: 0355972
Name: MOHAMMED AFZAL MOKBUL AHMED
Address:
Gender: M Age: 46 Y Nationality: BANGLADESHI
GSM No.: 97145102 ID Card No.: 781936323
Doctor: DR. LABEEB K ABDU

Report No: 0579470
Sample Date: 19/10/2023 Time: 8:18
Received Date: 19/10/2023 Time: 8:18
Report Date: 19/10/2023 Time: 10:16
Bill No: 1185873 Bill Date: 19/10/2023
Company: TRUCK OMAN LLC

INVESTIGATION	RESULT	REFERENCE RANGE
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TRUCK OMAN PRE-EMPLOYMENT CHECK UP

Fasting Blood Glucose	93.10 mg/dL	Normal: <100 mg/dl Prediabetes: 100-125 mg/dl Diabetes: 126 mg/dl or higher
ESR	03 mm/hr	Male : 0-10 mm/hour Female: 0-20 mm/hour
S.Creatinine	0.94 mg/dL	Male : 0.7 - 1.2 mg/dl Female : 0.5 - 0.9 mg/dl
Sickle cell Screen test	Negative	
CBC		
WBC COUNT	9.26 $10^3/\mu\text{L}$	4.0-11.0 $\times 10^3/\text{mm}^3$
RBC	5.39 $10^6/\mu\text{L}$	4.20 - 6.30 $10^6/\mu\text{L}$
HGB	15.70 g/dl	male 13.5 - 18.0 g/dl female 11.5 - 16.0 g/dl
HCT	47.60 %	37.0 - 51.0 %
MCV	88.30 fL	80.0 - 97.0 fL
MCH	29.10 pg	26.0 - 32.0 pg
MCHC	33.00 g/dL	31.0 - 36.0 g/dL
RDW	13.50 %	11.0 - 14.5 %
NEUT#	4.69 $10^3/\mu\text{L}$	1.50 - 7.00 $10^3/\mu\text{L}$
LYMPH#	2.53 $10^3/\mu\text{L}$	0.60 - 4.10 $10^3/\mu\text{L}$
MONO#	1.17 $10^3/\mu\text{L}$	0.00 - 0.70 $10^3/\mu\text{L}$
EOS#	0.82 $10^3/\mu\text{L}$	0.00 - 0.40 $10^3/\mu\text{L}$
BASO#	0.05 $10^3/\mu\text{L}$	0.00 - 0.10 $10^3/\mu\text{L}$
NEUT%	50.70 %	37.0 - 72.0 %

Reported By:

Dhanya

DHANYA

Lab Technologist

MOH License No: 7129

Printed at: 19/10/2023 10:22:13 AM

Verified By:

Dr. Mohammed Atif Syed

Dr. Mohammed Atif Syed

Specialist Pathologist

MOH License No: 20491

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INVESTIGATION	RESULT	REFERENCE RANGE
LYMPH%	27.30 %	10.0 - 58.5 %
MONO%	12.60 %	0.0 - 14.0 %
EOS%	8.90 %	0.0 - 6.0 %
BASO%	0.50 %	0.0 - 1.0 %
PLATELET	206.00 $10^3/uL$	140 - 440 $10^3/uL$
LFT		
Total Bilirubin	0.43 mg/dL	Up to 1.1 mg/dL
Direct Bilirubin	0.08 mg/dL	Up to 0.3 mg/dL
Indirect Bilirubin	0.35 mg/dL	0.2 - 0.8 mg/dL
AST (SGOT)	24.70 U/L	Men : 10 - 50 U/L Female : 10 - 35 U/L
ALT (SGPT)	32.60 U/L	Men : Up to 41 U/L Female : 10 - 35 U/L
ALP	58.60 U/L	Men : 40 - 129 U/L Female : 35 - 104 U/L
Total Protein	7.10 g/dL	6.6 - 8.7 g/dL
Albumin	4.10 g/dL	3.4 - 4.8 g/dL
Globulin	3 g/dL	1.8 - 3.6 g/dL
GGT	22.20 U/L	0 - 50 U/L
A/G Ratio	1.366666	1.1-1.8
LIPID PROFILE		
Total Cholesterol	185.70 mg/dL	< 200 mg/dL
Triglyceride	99.60 mg/dL	<150 mg/dl
HDL Cholesterol	52.20 mg/dl	>45 mg/dl

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Sample Date:	19/10/2023	Time:	8:18
Received Date:	19/10/2023	Time:	8:18
Report Date:	19/10/2023	Time:	10:16
Bill No:	1185873	Bill Date:	19/10/2023
Company:	TRUCK OMAN LLC		

INVESTIGATION	RESULT	REFERENCE RANGE
LDL Cholesterol	113.58 mg/dl	<100 mg/dl
Total Chol/HDL Chol ratio	3.56	Desirable < 4
URINE DRUG SCREEN		
Amphetamine (AMP)	Negative	Negative
Barbiturates (BAR)	Negative	Negative
Cocaine (COC)	Negative	Negative
Morphine (MOR)	Negative	Negative
Marijuana (THC)	Negative	Negative
URINE ROUTINE ANALYSIS		
Physical		
Quantity	30 ml	
Colour	Pale Yellow	Pale yellow
Sp. Gravity	1.010	1.003-1.035
pH	8	5-9
Appearance	Clear	Clear
Chemical		
Glucose	Negative	Negative
Protein	Trace	Negative
Ketones	Negative	Negative
Blood / haemoglobin	1+	Negative
Bilirubin	Negative	Negative
Urobilinogen	Normal	Normal
Nitrite	Negative	Negative
Leucocytes	Negative	Negative

Reported By:

Phanpao

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INVESTIGATION	RESULT	REFERENCE RANGE
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Microscopic Examination

Pus Cells	2 - 4 Cells/hpf	0-5 cells/hpf
RBC	4-6 cells/hpf	0-2 cells/hpf
Epithelial Cells	0 - 1 Cells/hpf	0-8 cells/hpf
Casts	Absent	Absent
Crystals	Absent	Absent
Others	Absent	Absent

STOOL ROUTINE ANALYSIS

PHYSICAL

Colour	Brownish	Yellowish Brown
Consistency	Semi solid	Well Formed
Reaction	Alkaline	Acidic
Adult Worms	Absent	Absent

MICROSCOPIC

Ova:	Absent	Absent
Cyst:	Absent	Absent
Pus Cells:	1-3 Cells/hpf	Few
RBCs	Absent Cells/hpf	Absent
Epithelial cells	Few Cells/hpf	Few
Trophozoites	Absent	Absent
Larvae	Absent	Absent
Eggs	Absent	Absent
Worms	Absent	Absent
Fat globules	Absent	Absent

Reported By:

Dhanya

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Company:	TRUCK OMAN LLC		

INVESTIGATION	RESULT	REFERENCE RANGE
Vegetable cells	Present	Present

Remarks and comments - Sick cell screen test

1. A False negative solubility test result may occur with blood taken from severe anemic patients or if the proportion of Hb-S is less than 20 % or following blood transfusion.
2. A False positive result may be caused by the presence of abnormal plasma proteins or when patient is receiving parenteral nutrition.
3. This test provides only a preliminary screening result, Hb HPLC must be used to obtain a confirmed results.
4. There is a possibility that an interfering substance in the specimen may cause erroneous results.

Urine drug screen

Method

Rapid Chromatographic Immunoassay

Interpretation:

Negative: The drug concentration is below the designated cut off levels for the particular drug tested.

Positive: The drug concentration is greater the designated cut off levels for the particular drug tested

Remarks and comments - Urine drug screen

1. Multi-Drug Rapid Test Panel (Urine) provides only qualitative, preliminary analytical results.
2. A secondary analytical method must be used to obtain a confirmed result.
3. Gas chromatography/mass spectrometry (GC/MS) is the preferred confirmatory method.
4. This test does not distinguish between drug abuse and certain medications.
5. A positive result may be obtained from certain foods or food supplements.

Reported By:

Pharynx

DHANYA

Lab Technologist

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Verified By:

[Signature]

Dr. Mohammed Atif Syed

Specialist Pathologist

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Met:
Tech:
Note:

Unknown --- (---) Unknown
Height: 0 cm Weight: 0 kg BP: 0/0 mmHg

Id:

19/10/2023 08:57:28

HR: 66 bpm
PR: 154 ms
QRS: 96 ms
QT/QTc: 408/419 ms
QTcB: 428 ms
QTcF: 421 ms

Rx-QS: 1.01/0.40 mV
Sx-Lyon: 1.41 mV
Axis: 7/21/8°

myocardial infarct

355912

age 46 y M

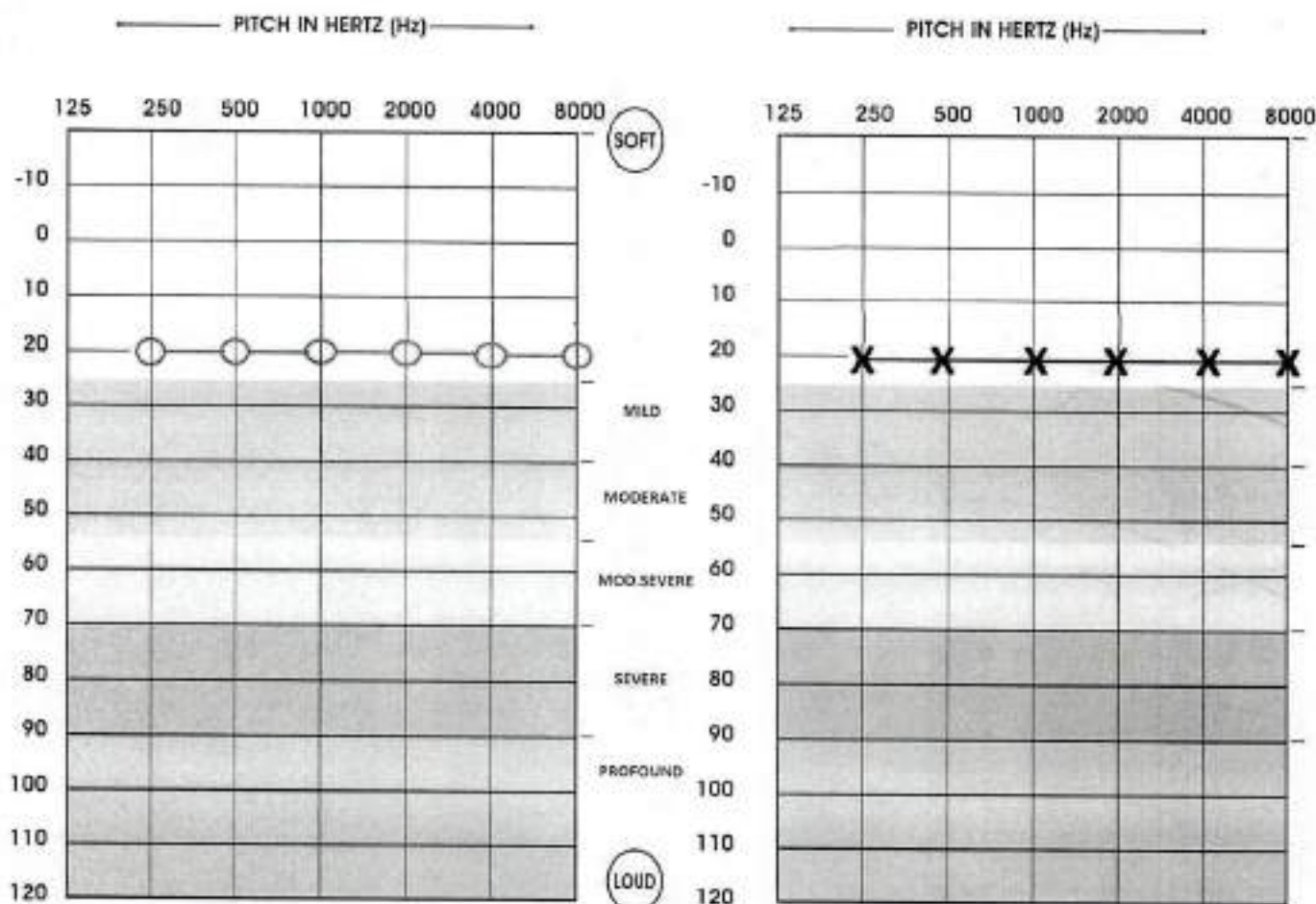
AUDIOGRAM EXAMINATION SHEET

FILE NO: 355972 BILL NO: DATE: 19-10-2023

NAME: MOHAMMED AFZAL MOKBUL AHMED AGE / SEX: 46/M

COMPANY: TRUCK OMAN DOB:

CONSULTANT (REF):



WEBER					

						SPECIAL TESTS			
dBHL	PTA	SRT	SIS(%)	MCL	UCL	SISI	TDT	MLB/BLB	OAE
RIGHT	<u>20</u>								
LEFT	<u>20</u>								

INTERPRETATION :

BILATERAL HEARING SENSITIVITY WITHIN NORMAL LIMITS

RECOMMENDATION :

NAFLA K.V.
AUDIOLOGIST
MOH Licence No.: 22832
Apollo Hospital Muscat

SIGNATURE

RADIOLOGY

SI No: 19739		Date: 19/10/2023	
Patient Name: MOHAMMED AFZAL MOKBUL AHMED		Reg No: 355972	Bill No:
Age: 46 Y	Gender: Male	Nationality: BANGLADESHI	Phone:
Address: staff no; 6246			
Company: TRUCK OMAN LLC		Policy No:	
Certificate No:		Consultant Name: DR. LABEEB K ABDU	
Region: CHEST PA			

RADIOGRAPH CHEST PA VIEW

OBSERVATION : Allowing for the rotation and mid inspiratory film
Trachea appears to be in mid line.

Bilateral lung fields appear clear. No mass lesion or opacification.

Bilateral costophrenic and cardiophrenic angles appear normal.

Bilateral hilum appears symmetrical and normal in size.

Cardiac silhouette appears within normal limits.

Bony thoracic appears normal.

No Soft tissue mass or calcification can be seen

IMPRESSION:

Unremarkable chest radiograph

Please correlate clinically & other investigation.

Please note: This is a imaging study and has its own limitations. This is a opinion based on image interpretation and it is not a diagnose on itself. Impression should be considered as professional opinion & correlated with clinical evidence ,reconfirmed by further investigations and relevant data as indicated. If possible the findings should be reconfirmed on higher resolution imaging, special sections and sequences and with other modalities.

DR. SARADA KUTAKKI

