مجموعة مستشفيات ومستوصفات بدر السماء
BADR AL SAMAA
GROUP OF HOSPITALS & POLYCLINICS
More Than Healthcare ...Humane Care

MEDICAL FITNESS CERTIFICATE FOR P.D.O

NAME	KISHORKUMAR SRINIVASAN		
AGE/D.O.B	17.05.1986	DATE	18.10.2022
PASS/ID NO:	78749271	GENDER	MALE
VISION-RT-EYE	6/6 WITHOUT GLASSES	HEIGHT	170 CM
LT-EYE	6/6 WITHOUT GLASSES	WEIGHT	79 KG
HEART	NORMAL	BP	142/90 mmHg
LUNGS	NORMAL	PULSE	82/Min
ABDOMEN	NORMAL	CNS	NORMAL
SKIN	NORMAL	ENT	NORMAL

INVESTIGATIONS

FBS	ELEVATED FBS
GHB	9.7. %
BLOOD GROUP	'A' POSITIVE
HAEMOGRAM	NORMAL
LIPIDPROFILE	DLP
RFT	NORMAL
LFT	NORMAL
SICKLING TEST	NEGATIVE
URE	NORMAL
AUDIOGRAM	Normal hearing threshold, with SNHL at HF in both ears

COMMENTS

Over weight /DLP - advised lifestyle modification & weight reduction
K/C/O T2DM / SHT - On medication
HbA1C Elevated (OHA modified), Repeat FB/PPBS after 2 weeks

CONCLUSION MEDICALLY FIT

Signature: .....

FIT

Dr.B.VENKATESH KUMAR
CARDIOLOGIST
MOH NO#14581

BADR AL SAMAA VISA MEDICAL

Headquarters:
CR. No. 1693808, P.B No. 443, P.C. 112,
Ruwi, Sultanate of Oman, Tel: +968 24799760, Fax: 24799765

No:	3108027	Doc No:	3621170
Name:	KISHORKUMAR SRINIVASAN	Date:	18/10/2022 Time: 12:33
Age:	36 Y Sex: M	Bill No:	4408686
Nationality:	INDIAN	Chs No:	
GSM No.:	97058323	ID No:	
Ref. By:	DR. VENKATESH KUMAR		

Test	Result	Normal Range	
BLOOD GROUP	A		
Rh	POSITIVE		
HAEMOGRAM			
TOTAL COUNT(W B C)	6.4 K/uL	4.0 - 11.0 K/uL	
DIFFERENTIAL COUNT			
NEUTROPHILS	30 %	40- 75 %	
LYMPHOCYTES	58 %	20 -45 %	
EOSINOPHILS	06 %	01 - 06 %	
MONOCYTS	06 %	02 - 10 %	
BASOPHILS	00 %		
HAEMOGLOBIN	17.4 gm/dl	Male : 14 - 18 gm/dl Female - 12-16 gm/dl	
R B C COUNT	5.7 mil/ul	3.8 - 5. 8 mil/ul	
PCV	50.0 %	37 - 47 %	
M C V	87.3 fL	78 - 93 fL	
M C H	30.4 pg	27 - 32 pg	
M C H C	34.9 gm/dL	31 - 35 gm/dL	
PLATELET COUNT	198 k/Ul	150 - 400 k/Ul	
SICKLING TEST	NEGATIVE		
RENAL FUNCTION TEST			
UREA	2.82 mmol/L (17 mg/dl)	1.66 - 7.47 mmol/L	10 - 45 mg/dl
CREATININE	70.72 umol/L (0.80 mg/dl)	61.88-123.76 umol/L	0.7 - 1.4 mg/dl
URIC ACID	226.02 umol/L (3.8 mg/dl)	Male:202-416 umol/L , Female:149-357 umol/L	Male:3.4-7.0 mg/dl, Female:2.5-6.0mg/dl

Medical Technologist — Requisitioning Doctor: — Clinical Pathologist

■ Out of Normal Range ■ Out of Critical Range

Collected Date And Time: 18/10/2022 9:23:00 AM
Reported Date And Time: 18/10/2022 12:33:00

No:	3108027	**Doc No:**	3621171
Name:	KISHORKUMAR SRINIVASAN	**Date:**	18/10/2022 **Time:** 12:33
Age:	36 Y **Sex:** M	**Bill No:**	4408686
Nationality:	INDIAN	**Chs No:**	
GSM No.:	97058323	**ID No:**	
Ref. By:	DR. VENKATESH KUMAR		

Test	Result	Normal Range	
BLOOD SUGAR[FASTING]	**10.93 mmol/L (197 mg/dl)**	Normal: upto 5.55 mmol/l, Impared fasting glucose:5.55-6.99 mmol/l Diabetic : > 6.99 mmol/l	Normal : up to 100 mg/dl Impared fasting glucose:100-126 mg/dl Diabetic: > 126 mg/dl
LIPID PROFILE			
CHOLESTEROL [TOTAL]	3.39 mmol/l (131 mg/dl)	Upto 5.17 mmol/l	Up to 200 mg/dl
CHOLESTEROL [HDL]	**0.93 mmol/l (36 mg/dl)**	>1.03 mmol/l	> 40 mg/dl
CHOLESTEROL [LDL]	**0.97 mmol/l (37.6 mg/dl)**	Upto 3.36 mmol/l	Up to 130 mg/dl
CHOLESTEROL (VLDL)	**1.48 mmol/l (57.4 mg/dl)**	Upto 1.29 mmol/l	Up to 50 mg/dl
TRIGLYCERIDES	**3.24 mmol/l (287 mg/dl)**	Up to 2.26 mmol/l	Up to 200 mg/dl
LIVER FUNCTION TEST			
ALKALINE PHOSPHATASE	93 U/L	Male :40 - 129 U/L Female:-35 -104 U/L Children:1y-9 y:145-420 U/L 10y-11y:30 -560 U/L	
SGOT (AST)	**47 IU/L**	Up to 40 IU / L	
SGPT (ALT)	**86 IU/L**	Up to 41 IU / L	
TOTAL BILIRUBIN	**14.02 umol/L (0.82 mg/dl)**	Up to 17 umol/l	Up to 1.0 mg/dl
DIRECT BILIRUBIN	**6.16 umol/L (0.36 mg/dl)**	Up to 5 umol/l	Up to 0.3 mg/dl
INDIRECT BILIRUBIN	**7.87 umol/L (0.46 mg/dl)**	Upto 12 umol/L	Up to 0.7 mg/dl
PROTEIN TOTAL	79 gm/L (7.9 gm/dl)	60 - 83 gm/L	6.0 - 8.3 gm/d l
ALBUMIN	47 gm/L (4.7 gm/dl)	32 - 50 gm/L	3.2 - 5.0 gm/dl
GLOBULIN	32 gm/L (3.2 gm/dl)	23 - 35 gm /L	2.3 - 3.5 gm/dl

Medical Technologist *Requisitioning Doctor:* *Clinical Pathologist*

■ *Out of Normal Range* ■ *Out of Critical Range*

Collected Date And Time: 18/10/2022 9:23:00 AM
Reported Date And Time: 18/10/2022 12:33:00

Headquarters:
CR. No. 1693808, P.B No. 445, P.C. 112,
Ruwi, Sultanate of Oman, Tel: +968 24799760, Fax: 24799765

المقر الرئيسي:
س.ت: ١٦٩٣٨٠٨، ص.ب: ٤٤٥، الرمز البريدي: ١١٢،
روي، سلطنة عمان، هاتف: ٢٤٧٩٩٧٦٠، فاكس: ٢٤٧٩٩٧٦٥

مستشفى بدر السماء
BADR AL SAMAA HOSPITAL
RUWI, SULTANATE OF OMAN
More Than Healthcare ... Humane Care

No:	3108027	Doc No:	3621172
Name:	KISHORKUMAR SRINIVASAN	Date:	18/10/2022 Time: 12:33
Age:	36 Y Sex: M	Bill No:	4408686
Nationality:	INDIAN	Chs No:	
GSM No.:	97058323	ID No:	
Ref. By:	DR. VENKATESH KUMAR		

Test	Result
URINE ROUTINE EXAMINATION	
PHYSICAL & CHEMICAL EXAMINATION	
COLOUR	Yellow
SP. GRAVITY	1.010
REACTION	Acidic(5.0)
PROTEIN	Nil
SUGAR	Nil
KETONE	Nil
UROBILINOGEN	Negative
BILIRUBIN	Nil
NITRATE	NEGATIVE
MICROSCOPIC EXAMINATION	
R.B.Cs	Nil / HPF
PUS CELLS	1-2 / HPF
EPITHELIAL CELLS	0-3 / HPF
CASTS	Nil / HPF
CRYSTALS	Nil/HPF
PARASITES	Nil/HPF
OTHER FINDINGS	Nil/ HPF

Medical Technologist

Requisitioning Doctor:

Clinical Pathologist

Out of Normal Range Out of Critical Range

بدر السماء للفحص الطبي
BADR
BADR AL SAMAA VISA MEDICAL

Collected Date And Time: 18/10/2022 9:23:00 AM
Reported Date And Time: 18/10/2022 12:33:00

Headquarters:
CR. No. 1693808, P.B No. 443, P.C. 112,

المقر الرئيسي:
س.ت: ١٦٩٣٨٠٨، ص.ب: ٤٤٣، الرمز البريدي: ١١٢
روي، سلطنة عمان، هاتف: ٢٤٧٩٩٧٦٠، فاكس: ٢٤٧٩٩٧١٥

مجموعة مستشفيات ومستوصفات بدر السماء

BADR AL SAMAA

GROUP OF HOSPITALS AND POLYCLINICS

More Than Healthcare ... Humane Care

...o:	3108027	**Doc No:**	3622128
...me:	KISHORKUMAR SRINIVASAN	**Date:**	22/10/2022 **Time:** 09:00
Age:	36 Y **Sex:** M	**Bill No:**	4410624
Nationality:	INDIAN	**Chs No:**	
GSM No.:	97058323	**ID No:**	
Ref. By:	DR. VENKATESH KUMAR		

Test	Result	Normal Range
GLYCOSYLATED Hb	9.7 %	< 6.0 % G D A Guidelines: Good Diabetes control < 7 % Fair Diabetes control 7 - 8 % Poor Diabetes control > 8 %

Medical Technologist

Requisitioning Doctor:

Clinical Pathologist

■ *Out of Normal Range* ■ *Out of Critical Range*

Collected Date And Time: 22/10/2022 8:29:00 AM

Reported Date And Time: 22/10/2022 9:00:00

Headquarters:
CR. No. 1693808, P.B No. 443, P.C. 112,
Ruwi, Sultanate of Oman, Tel: +968 24799760, Fax: 24799765

المقر الرئيسي :
سجل ت. ١٦٩٣٨٠٨، ص. ب. ٤٤٣، الرمز البريدي : ١١٢،
روي، سلطنة عمان. هاتف : ٢٤٧٩٩٧٦٠، فاكس : ٢٤٧٩٩٧٦٥

مجموعة مستشفيات ومستوصفات بدرالسماء

BADR AL SAMAA

GROUP OF HOSPITALS & POLYCLINICS

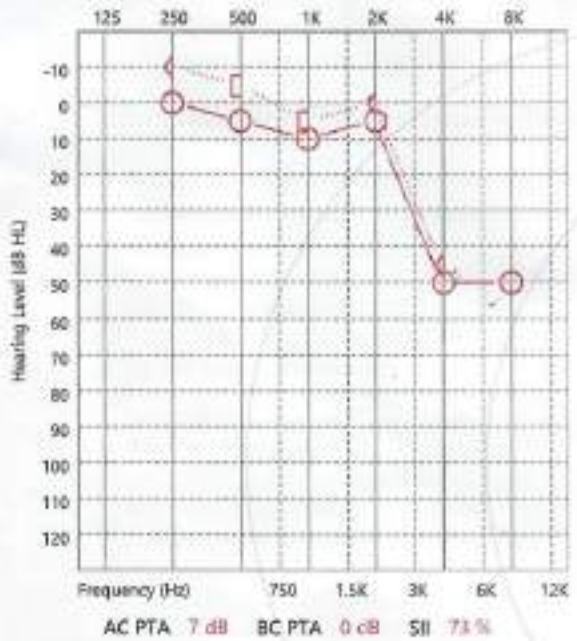
More Than Healthcare ... Human Care

First Name	KISHORKUMAR SRINIVASAN
Last Name	
Patient ID	3108027
Gender	Male
Birthdate	17/05/1986
Age	36 years

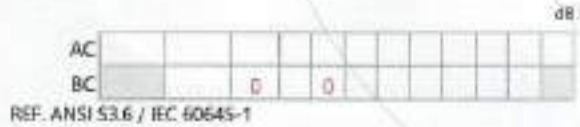
Report Date/Time
18/10/2022 10:00 AM

Audiogram Graph

DD45



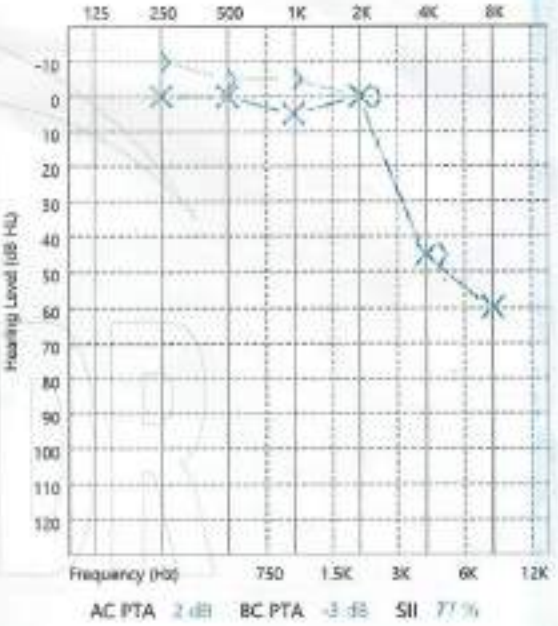
AC PTA 7 dB BC PTA 0 dB SII 73 %



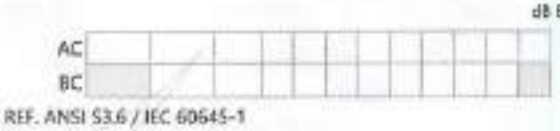
REF. ANSI S3.6 / IEC 60645-1

Audiogram Graph

DD45



AC PTA 2 dB BC PTA -3 dB SII 77 %



REF. ANSI S3.6 / IEC 60645-1

Provisional Diagnosis

BILATERAL HEARING SENSITIVITY ESSENTIALLY WITHIN NORMAL LIMITS WITH MODERATE SENSORINEURAL HEARING LOSS AT HIGH FREQUENCY IN RIGHT EAR & SLOPING SENSORINEURAL HEARING LOSS AT HIGH FREQUENCY IN LEFT EAR.

Examiner SRUTHI JINOY License Number 16261

Signed By: SRUTHI JINOY AUDIOLOGIST MOH Lic. No. 16261 Signed On Date: 18/10/2022

BADR AL SAMAA VISA MEDICAL

Headquarters:
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المقر الرئيسي:
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Fitness to Work Certificate

Employee Data		Date : 18/10/22
Name : KISHORKUMAR SRINIVASAN		Department/Company
I.D No :	Age : 36/M	Occupation : Mechanic

Type of Medical Evaluation			Mark those applying √
A1	Aircraft refueling	A6	Fire /Emergency response team work
A2	Breathing apparatus	A7	Professional driving
A3	Business traveler	A8	Remote location work
A4	Catering and food preparation	A9	Transfers – group A country
A5	Crane or forklift driving& all heavy vehicles	A10	Transfers – group B country

Health Advisor Statement: The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.

Fit with no restrictions			Yes
Fit with following restriction(s)			
The employee is fit for above work but should avoid the following task(s)	***Temporary restriction***	***Permanent restriction***	
Work near moving machinery or sharp edges			
Working at height			
Puling, pushing, or carrying weight over ____ Kg			
Ascend/descend ladders or stairs.			
Operate motor vehicles, forklifts or heavy machinery			
Use of a respirator			
Repetitive twisting of valves or wrenches			
Flying			
Other (Specify) – Working Conditions (Extreme / Interir Clinic / Confined Work Place / Noicy)			
Temporary Unfit until			
Permanently Unfit			**Date**

Name of health advisor **Signature** **Date :** 18/10/22

FIT

Dr.B.VENKATESH KUMAR
CARDIOLOGIST
MOH NO:14581

BADR AL SAMA MEDICAL
NIZWA 1

Appendix 32: EX1 Form (Initial Examination Report)

INITIAL EXAMINATION REPORT (MEDICAL – CONFIDENTIAL)

Petroleum Development Oman
MEDICAL DEPARTMENT

PLEASE COMPLETE YOUR PERSONAL DETAILS IN BLOCK CAPITALS

Surname	SRINIVASAN
Forenames :	KISHORKUMAR
Address	
Home telephone number	

Place of examination **BADR AL SAMAA**	Date 18/10/22

If a dependant enter employee's name here:

Surname:		Forenames:	
Birth date:	Nationality:	Country of birth:	Religion:
☑ Male ☐ Female	☐ Married ☐ Single ☐ Separated /Divorced	**Relationship to employee** ☐ Wife ☐ Son ☐ Daughter	Number of children:

Reason for examination Pre-Employment Job: ☐

Pre-Overseas Area: ☐

Name and address of family doctor	List your last 3 jobs
	(1)
	(2)
Are you a Registered Disabled Person? (UK only) ☐	Do you belong to any Medical Insurance Scheme? ☐

DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)

	Y	N		Y	N		Y	N
1. Sinus trouble		✓	21. Cancer		✓	**HAVE YOU EVER BEEN:-**		
2. Neck swelling/glands		✓	22. Heart Disease		✓	40. Rejected for employment or insurance for medical reasons		✓
3. Difficulty in vision		✓	23. Rheumatic fever		✓			
4. Any ear discharge		✓	24. Abnormal heartbeat		✓	41. Awarded benefits for industrial injury/illness		✓
5. Asthma/bronchitis		✓	25. High blood pressure	✓				
6. Hayfever/other significant allergy		✓	26. Stroke		✓	42. Treated for a mental condition, e.g. depression		✓
7. Any skin trouble		✓	27. Serious chest pain		✓			
8. Tuberculosis		✓	28. Any blood disease		✓	43. Treated for problem drinking or drug abuse		✓
9. Shortness of breath		✓	29. Kidney disease		✓			
10. Coughed/vomited blood		✓	30. Blood in urine		✓	44. Exposed to toxic substance or noise		✓
11. Severe abdominal pain		✓	31. Diabetes	✓				
12. Stomach ulcer		✓	32. Headaches/migraine		✓	**FOR WOMEN ONLY**		
13. Recurrent indigestion		✓	33. Dizziness/fainting		✓	Have you ever had:-		
14. Jaundice or hepatitis		✓	34. Epilepsy		✓	45. An abnormal smear		
15. Gall Bladder disease		✓	35. Joints/spinal trouble		✓	46. Any gynaecological treatment		
16. Marked change in bowel habits		✓	36. Surgical operation		✓			
17. Blood in stools (motions)		✓	37. Serious accident/fracture		✓	47. Are you pregnant?		
18. Marked change in weight		✓	38. Tropical disease		✓	48. HAVE YOU HAD AN ILLNESS NOT MENTIONED ABOVE		
19. Varicose veins		✓	39. Fear of heights		✓			
20. Lump in breast/armpit		✓						

How much tobacco each day? (2-3 - Q/day) Average daily alcohol consumption Occasion

Have you ever taken elicited drugs? (No) PDO test all new/potential employees for elicited/recreational drugs

FAMILY HISTORY: Diabetes (+) Tuberculosis (No) Epilepsy (No) Asthma (No) Eczema (No)
Heart disease (No) High blood pressure (+) Stroke (No) Blood Disease (No) Cancer (+)

PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-

I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to any own doctor if this is considered necessary by the examining medical officer. **I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.**

Date: 18/10/22 **Signature of Applicant:**

FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

Dr. VENKATESH KUMAR
RADIOLOGIST

BADR AL SAMAA MEDICAL
NIZWA

N = Normal A = Abnormal (please describe)			PHYSICAL EXAMINATION
N	A		
		1. Eyes & Pupils	Normal & Reactive
		2. E.N.T.	Ear, nose, throat → normal
		3. Teeth & Mouth	
		4. Lungs & Chest	NVM
		5. Cardiovascular System	S1S2⊕ no murmur
		6. Abdo. Viscera	soft, BS⊕
		7. Hernial Orifices	Normal
		8. Anus & Rectum	Normal
		9. Genito-urinary	Normal
		10. Extremities	Normal
		11. Musculo-skeletal	Normal
		12. Skin & Varicose Vns.	Normal
		13. C.N.S.	NFND

HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE	HEARING	VISION	Colour Vision	Blood Group
170	79	27.0	142/90	86 /mins.	L R	DISTANT R L / NEAR R L Uncorrected 6/6 6/6 N6 N6 Corrected	(N)	A+ve

N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS		N	A	
		1. Urinalysis				7. Audiogram B/L hearing acuity within normal limit c̄ SNHL at high freq.
		2. Hb, Bloodcount, ESR				8. Lung Function
		3. LFT, RFT, RBS				9. Chest X-Ray
		4. Drug Screen				10. ECG
		5. Lipids (40 years +)				11. CVS risk for 40 yrs. & above
		6. Sickle Cell test				12. HIV, Hepatitis screening

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

K/c/o T2DM HTN on medication
MMSE – fluent / DMA modified

ASSESSMENT:

FIT ALL AREAS ☑ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT ☐

FIT

Date: Name (Block Capitals): Dr. / Nurse Signature:

REVIEW/CONSULTATION

Rpt FBS - PPBS / after ② weeks

Date 18/10/22 Name (Block Capitals): Dr. / Nurse Signature

بدر السماء للفحص الطبي
BADR
NIZWA
BADR AL SAMAA VISA MEDICAL

Dr. B. VENKATESH KUMAR
CARDIOLOGIST
MOH NO#14581

Dr. SAHILA P.
MBBS., DNB (ENT).,
Specialist Ent Surgeon
[illegible] 18387

Appendix 20: (Form SQ5): Epworth Screening Quest. For Sleep Apnoea

Employee Data		Date: 18/10/22
Name: KISHORKUMAR		Department/Company:
I. D No.	Tel #	Occupation : Mechanic

This questionnaire will help identify if you have any health condition which may need a more detailed medical assessment as part of your fitness to work determination. If you have any queries please contact your local Health Services staff. All information provided on this form and during consultations remains strictly confidential. When further clinical evaluation is required following completion of a screening questionnaire, the details should be recorded on Q1 and E1 forms.

How likely are you to fall asleep in the following situations? (use 0 to 3 score as shown below)

0 Would never doze

1 Slight chance of dozing

2 Moderate chance of dozing

3 High chance of dozing

0	sitting and reading
0	watching TV
0	sitting inactive in a public place (e.g. theatre or meeting)
1	as a passenger in the car for an hour without a break
1	Lying down to rest in the afternoon when circumstances permit
0	Sitting a talking with someone
1	Sitting quietly after lunch without alcohol
0	In a car, while stopped for a few minutes in traffic

Total 3

If you score a total of 15 or more you should seek advice from medical personnel on site before continuing to drive or operate machinery in the workplace.

Declaration: I,_____*(Print Name)* certify that to the best of my knowledge the above information supplied by me is true and correct.

Signature:_____ Date: 18/10/22

Dr. B. VENKATESH KUMAR
CARDIOLOGIST
MOH NO#14581

BADR

Dr.B.VENKATESH KUMAR
CARDIOLOGIST
MOH NO#14581