مجموعة مستشفيات ومستوصفات بدرالسماء
BADR AL SAMAA
GROUP OF HOSPITALS & POLYCLINICS
More Than Healthcare ...Humane Care

MEDICAL FITNESS CERTIFICATE FOR P.D.O

NAME	**SUNIL GEORGE**		
AGE/D.O.B	**42 Y 14.05.1980**	**DATE**	**18.10.2022**
PASS/ID NO:	**71771699**	**GENDER**	**MALE**
VISION-RT-EYE	**6/6 WITHOUT GLASSES**	**HEIGHT**	**172 CM**
LT-EYE	**6/6 WITHOUT GLASSES**	**WEIGHT**	**65 KG**
HEART	**NORMAL**	**BP**	**126/78 mmHg**
LUNGS	**NORMAL**	**PULSE**	**74/Min**
ABDOMEN	**NORMAL**	**CNS**	**NORMAL**
SKIN	**NORMAL**	**ENT**	**NORMAL**

INVESTIGATIONS

RBS	**NORMAL**
BLOOD GROUP	**B POSITIVE**
HAEMOGRAM	**NORMAL**
LIPIDPROFILE	**DLP**
RFT	**HYPERURICEMIA**
LFT	**NORMAL**
SICKLING TEST	**NEGATIVE**
URE	**NORMAL**
ECG	**SINUS BRADYCARDIA**
AUDIOGRAM	**NORMAL HEARING THRESHOLD**
FRAMINGHAM SCORE	**Probability of developing cardiovascular disease in next 10 yrs is2.1%**

COMMENTS

- **DLP - Advised for lifestyle modification**
- **HYPERURICEMIA - Advised for evaluation if symptomatic**

CONCLUSION **MEDICALLY FIT**

FIT

Signature: .....

Dr.B.VENKATESH KUMAR
CARDIOLOGIST
MOH NO#14581

بدر السماء للفحص الطبي
BADR AL SAMAA VISA MEDICAL
NIZWA

Headquarters:
CR. No. 1693808, P.B No. 443, P.C. 112,
Ruwi, Sultanate of Oman, Tel: +968 24799760, Fax: 24799765

العنوان الرئيسي :
س.ت. : ١٦٩٣٨٠٨ ص . ب: ٤٤٣ الرمز البريدي : ١١٢
روي سلطنة عمان، هاتف : ٢٤٧٩٩٧٦٠ فاكس : ٢٤٧٩٩٧٦٥

مستشفى بدر السماء
BADR AL SAMAA HOSPITAL
RUWI, SULTANATE OF OMAN
More Than Healthcare ... Humane Care

File No:	3418825	**Doc No:**	3621167
Name:	SUNIL GEORGE	**Date:**	18/10/2022 **Time:** 12:31
Age:	42 Y **Sex:** M	**Bill No:**	4408683
Nationality:	INDIAN	**Chs No:**	
GSM No.:	99358140	**ID No:**	
Ref. By:	DR. VENKATESH KUMAR		

Test	Result	Normal Range	
BLOOD GROUP	B		
Rh	POSITIVE		
HAEMOGRAM			
TOTAL COUNT(W B C)	7.1 K/uL	4.0 - 11.0 K/uL	
DIFFERENTIAL COUNT			
NEUTROPHILS	**37 %**	40- 75 %	
LYMPHOCYTES	45 %	20 -45 %	
EOSINOPHILS	**11 %**	01 - 06 %	
MONOCYTS	07 %	02 - 10 %	
BASOPHILS	00 %		
HAEMOGLOBIN	15.0 gm/dl	Male : 14 - 18 gm/dl Female - 12-16 gm/dl	
R B C COUNT	4.8 mil/ul	3.8 - 5. 8 mil/ul	
PCV	42.6 %	37 - 47 %	
M C V	88.6 fL	78 - 93 fL	
M C H	31.2 pg	27 - 32 pg	
M C H C	**35.2 gm/dL**	31 - 35 gm/dL	
PLATELET COUNT	188 k/Ul	150 - 400 k/Ul	
SICKLING TEST	NEGATIVE		
RENAL FUNCTION TEST			
UREA	3.49 mmol/L (21 mg/dl)	1.66 - 7.47 mmol/L	10 - 45 mg/dl
CREATININE	108.73 umol/L (1.23 mg/dl)	61.88-123.76 umol/L	0.7 - 1.4 mg/dl
URIC ACID	**469.89 umol/L (7.9 mg/dl)**	Male:202-416 umol/L , Female:149-357 umol/L	Male:3.4-7.0 mg/dl, Female:2.5-6.0mg/dl

Medical Technologist

■ *Out of Normal Range* ■ *Out of Critical Range*

Requisitioning Doctor:

Clinical Pathologist

بدر السماء للفحص الطبي
BADR
BADR AL SAMAA VISA MEDICAL

Collected Date And Time: 18/10/2022 9:22:00 AM
Reported Date And Time: 18/10/2022 12:31:00

Headquarters:
CR. No. 1693808, PB No. 443, PC. 112,
Ruwi, Sultanate of Oman, Tel: +968 24799760, Fax: 24799765

المقر الرئيسي :
س.ت : ١٦٩٣٨٠٨، ص.ب: ٤٤٣، الرمز البريد : ١١٢
روي، سلطنة عمان، هاتف : ٢٤٧٩٩٧٦٠، فاكس : ٢٤٧٩٩٧٦٥

File No:	3418825	**Doc No:**	3621168
Name:	SUNIL GEORGE	**Date:**	18/10/2022 **Time:** 12:32
Age:	42 Y **Sex:** M	**Bill No:**	4408683
Nationality:	INDIAN	**Chs No:**	
GSM No.:	99358140	**ID No:**	
Ref. By:	DR. VENKATESH KUMAR		

Test	Result	Normal Range	
BLOOD SUGAR[FASTING]	**5.33 mmol/L (96 mg/dl)**	Normal: upto 5.55 mmol/l, Impared fasting glucose:5.55-6.99 mmol/l Diabetic : > 6.99 mmol/l	Normal : up to 100 mg/dl Impared fasting glucose:100-126 mg/dl Diabetic: > 126 mg/dl
LIPID PROFILE			
CHOLESTEROL [TOTAL]	**5.66 mmol/l (219 mg/dl)**	Upto 5.17 mmol/l	Up to 200 mg/dl
CHOLESTEROL [HDL]	**1.4 mmol/l (54 mg/dl)**	>1.03 mmol/l	> 40 mg/dl
CHOLESTEROL [LDL]	**3.83 mmol/l (148.2 mg/dl)**	Upto 3.36 mmol/l	Up to 130 mg/dl
CHOLESTEROL (VLDL)	**0.43 mmol/l (16.8 mg/dl)**	Upto 1.29 mmol/l	Up to 50 mg/dl
TRIGLYCERIDES	**0.95 mmol/l (84 mg/dl)**	Up to 2.26 mmol/l	Up to 200 mg/dl
LIVER FUNCTION TEST			
ALKALINE PHOSPHATASE	75 U/L	Male :40 - 129 U/L Female:-35 -104 U/L Children:1y-9 y:145-420 U/L 10y-11y:30 -560 U/L	
SGOT (AST)	20 IU/L	Up to 40 IU / L	
SGPT (ALT)	23 IU/L	Up to 41 IU / L	
TOTAL BILIRUBIN	**10.09 umol/L (0.59 mg/dl)**	Up to 17 umol/l	Up to 1.0 mg/dl
DIRECT BILIRUBIN	**2.91 umol/L (0.17 mg/dl)**	Up to 5 umol/l	Up to 0.3 mg/dl
INDIRECT BILIRUBIN	**7.18 umol/L (0.42 mg/dl)**	Upto 12 umol/L	Up to 0.7 mg/dl
PROTEIN TOTAL	78 gm/L (7.8 gm/dl)	60 - 83 gm/L	6.0 - 8.3 gm/d l
ALBUMIN	47 gm/L (4.7 gm/dl)	32 - 50 gm/L	3.2 - 5.0 gm/dl
GLOBULIN	31 gm/L (3.1 gm/dl)	23 - 35 gm /L	2.3 - 3.5 gm/dl

Medical Technologist

■ *Out of Normal Range* ■ *Out of Critical Range*

Requisitioning Doctor:

Clinical Pathologist

Collected Date And Time: 18/10/2022 9:22:00 AM
Reported Date And Time: 18/10/2022 12:32:00

Headquarters:
CR. No. 1693808, P.B No. 443, P.C. 112,
Ruwi, Sultanate of Oman, Tel: +968 24799760, Fax: 24700765

المقر الرئيسي :
س.ت. ، ص.ب. ، الرمز البريدي ، ١١٢
روي، سلطنة عمان، هاتف : ، فاكس :

مستشفى بدر السماء
BADR AL SAMAA HOSPITAL
SULTANATE OF OMAN
More Than Healthcare ... Humane Care

File No:	3418825	**Doc No:**	3621169
Name:	SUNIL GEORGE	**Date:**	18/10/2022 **Time:** 12:32
Age:	42 Y **Sex:** M	**Bill No:**	4408683
Nationality:	INDIAN	**Chs No:**	
GSM No.:	99358140	**ID No:**	
Ref. By:	DR. VENKATESH KUMAR		

Test	Result
URINE ROUTINE EXAMINATION	
PHYSICAL & CHEMICAL EXAMINATION	
COLOUR	Pale Yellow
SP. GRAVITY	1.010
REACTION	Neutral(7.0)
PROTEIN	Nil
SUGAR	Nil
KETONE	Nil
UROBILINOGEN	Negative
BILIRUBIN	Nil
NITRATE	NEGATIVE
MICROSCOPIC EXAMINATION	
R.B.Cs	Nil / HPF
PUS CELLS	2-3 / HPF
EPITHELIAL CELLS	1-3 / HPF
CASTS	Nil / HPF
CRYSTALS	Nil/HPF
PARASITES	Nil/HPF
OTHER FINDINGS	Nil/ HPF

Medical Technologist *Requisitioning Doctor:* *Clinical Pathologist*

■ Out of Normal Range ■ Out of Critical Range

Collected Date And Time: 18/10/2022 9:22:00 AM
Reported Date And Time: 18/10/2022 12:32:00

Headquarters:
CR. No. 1693806, P.B No. 443, P.C. 112,
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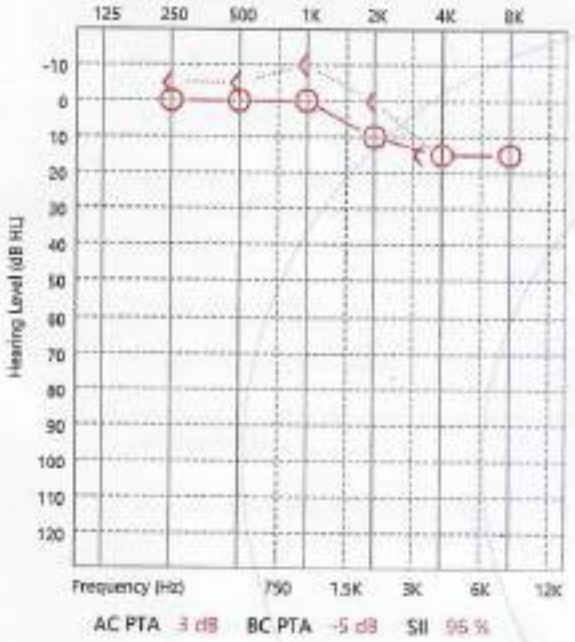
المقر الرئيسي:
س.ت. ١٦٩٣٨٠٦، ص.ب: ٤٤٣، الرمز البريدي: ١١٢

First Name	SUNIL GEORGE
Last Name	
Patient ID	3418825
Gender	Male
Birthdate	14/05/1980
Age	42 years

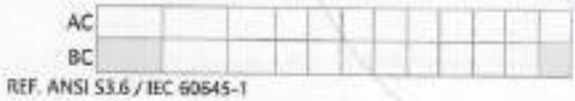
Report Date/Time
18/10/2022 9:45 AM

Audiogram Graph

DD45



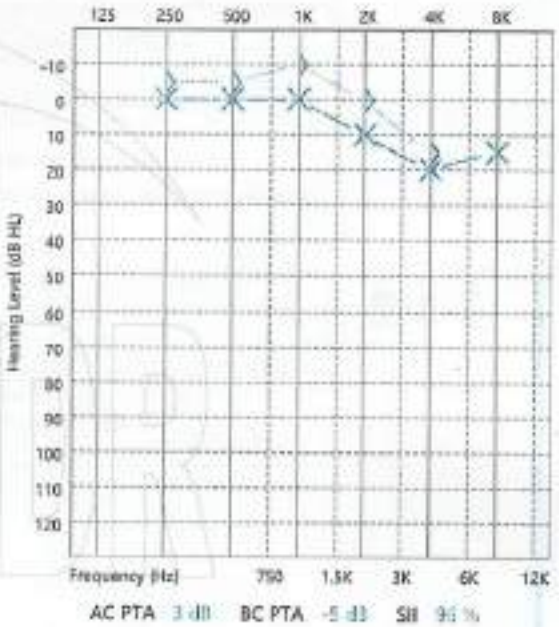
AC PTA 3 dB BC PTA -5 dB SII 95 %



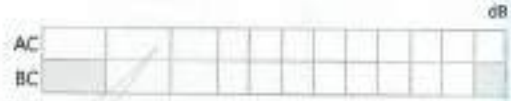
REF. ANSI S3.6 / IEC 60645-1

Audiogram Graph

DD45



AC PTA 3 dB BC PTA -5 dB SII 96 %



REF. ANSI S3.6 / IEC 60645-1

Provisional Diagnosis

BILATERAL HEARING SENSITIVITY ESSENTIALLY WITHIN NORMAL LIMITS.

Examiner SRUTHI JINOY License Number 16261

Signed By: SRUTHI JINOY AUDIOLOGIST MOH LIC.# 16261 Signed On Date: 18/10/2022

BADR AL SAMAA VISA MEDICAL

Fitness to Work Certificate

Employee Data		Date : 18/10/24
Name : SUNIL GEORGE		Department/Company
I.D No : 71771699	Age : 42yrs	Occupation : workshop Manager.

Type of Medical Evaluation			Mark those applying √
A1	Aircraft refueling	A6	Fire /Emergency response team work
A2	Breathing apparatus	A7	Professional driving
A3	Business traveler	A8	Remote location work
A4	Catering and food preparation	A9	Transfers – group A country
A5	Crane or forklift driving& all heavy vehicles	A10	Transfers – group B country

Health Advisor Statement: The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.

Fit with no restrictions			Yes
Fit with following restriction(s)			
The employee is fit for above work but should avoid the following task(s)	***Temporary restriction***	***Permanent restriction***	
Work near moving machinery or sharp edges			
Working at height			
Pulling, pushing, or carrying weight over ____ Kg			
Ascend/descend ladders or stairs			
Operate motor vehicles, forklifts or heavy machinery			
Use of a respirator			
Repetative twisting of valves or wrenches			
Flying			
Other (Specify) – Working Conditions (Extreme / Interir Clinic / Confined Work Place / Noisy)			
Temporary Unfit until			
Permanently Unfit			**Date**

Name of health advisor **Signature** **Date :** 18/10/24

FIT

Dr.B.VENKATESH KUMAR
CARDIOLOGIST
MOH NO#14581

BADR AL SAMAA VISA MEDICAL

Appendix 32: EX1 Form (Initial Examination Report)

INITIAL EXAMINATION REPORT (MEDICAL – CONFIDENTIAL)

Petroleum Development Oman
MEDICAL DEPARTMENT

PLEASE COMPLETE YOUR PERSONAL DETAILS IN BLOCK CAPITALS

Surname GEORGE

Forenames : SUNIL

Address

Home telephone number

Place of examination **BADR AL SAMAA** | Date 18/10/22

If a dependant enter employee's name here:
Surname: | Forenames:

Birth date:	Nationality:	Country of birth:	Religion:

☑ Male ☐ Female	☐ Married ☐ Single ☐ Separated /Divorced	**Relationship to employee** ☐ Wife ☐ Son ☐ Daughter	Number of children:

Reason for examination Pre-Employment Job ☐
Pre-Overseas Area ☐

Name and address of family doctor	List your last 3 jobs
	(1)
	(2)
Are you a Registered Disabled Person? (UK only) ☐	Do you belong to any Medical Insurance Scheme? ☐

DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)

	Y	N		Y	N		Y	N
1. Sinus trouble		✓	21. Cancer		✓	**HAVE YOU EVER BEEN:-**		
2. Neck swelling/glands		✓	22. Heart Disease		✓	40. Rejected for employment or insurance for medical reasons		✓
3. Difficulty in vision		✓	23. Rheumatic fever		✓			
4. Any ear discharge		✓	24. Abnormal heartbeat		✓	41. Awarded benefits for industrial injury/illness		✓
5. Asthma/bronchitis		✓	25. High blood pressure		✓			
6. Hayfever/other significant allergy		✓	26. Stroke		✓	42. Treated for a mental condition, e.g. depression		✓
7. Any skin trouble		✓	27. Serious chest pain		✓			
8. Tuberculosis		✓	28. Any blood disease		✓	43. Treated for problem drinking or drug abuse		✓
9. Shortness of breath		✓	29. Kidney disease		✓			
10. Coughed/vomited blood		✓	30. Blood in urine		✓	44. Exposed to toxic substance or noise		✓
11. Severe abdominal pain		✓	31. Diabetes		✓			
12. Stomach ulcer		✓	32. Headaches/migraine		✓	**FOR WOMEN ONLY**		
13. Recurrent indigestion		✓	33. Dizziness/fainting		✓	Have you ever had:-		
14. Jaundice or hepatitis		✓	34. Epilepsy		✓	45. An abnormal smear		
15. Gall Bladder disease		✓	35. Joints/spinal trouble		✓	46. Any gynecological treatment		
16. Marked change in bowel habits		✓	36. Surgical operation		✓			
17. Blood in stools (motions)		✓	37. Serious accident/fracture		✓	47. Are you pregnant?		
18. Marked change in weight		✓	38. Tropical disease		✓	48. HAVE YOU HAD AN ILLNESS NOT MENTIONED ABOVE		
19. Varicose veins		✓	39. Fear of heights		✓			
20. Lump in breast/armpit		✓						

How much tobacco each day? Nil | Average daily alcohol consumption Nil

Have you ever taken elicited drugs? (No) PDO test all new/potential employees for elicited/recreational drugs

FAMILY HISTORY: Diabetes (No) Tuberculosis (No) Epilepsy (No) Asthma (No) Eczema (No)
Heart disease (No) High blood pressure (No) Stroke (No) Blood Disease (No) Cancer (No)

PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-

I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. **I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.**

Date: 18/10/22 **Signature of Applicant:**

FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and occupational activities

Dr. B. VENKATESH KUMAR
CARDIOLOGIST
MOH NO#14581

BADR AL SAMAA CENTRE FOR MEDICAL EXAMINATIONS
NIZWA 1

N = Normal A = Abnormal (please describe)			PHYSICAL EXAMINATION
N	A		
		1. Eyes & Pupils	Round & Reactive
		2. E.N.T.	Ears, nose, throat
		3. Teeth & Mouth	
		4. Lungs & Chest	NVBS
		5. Cardiovascular System	S1S2 +, no murmur
		6. Abdo. Viscera	soft, BS +
		7. Hernial Orifices	Normal
		8. Anus & Rectum	Normal
		9. Genito-urinary	Normal
		10. Extremities	Normal
		11. Musculo-skeletal	Normal
		12. Skin & Varicose Vns.	Normal
		13. C.N.S.	NFD

HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE	HEARING	VISION	Colour Vision	Blood Group
172	65	22	126/78	74/mins.	L R	DISTANT R L: Uncorrected 6/6, 6/6; Corrected NEAR R L: N6, N6	(N)	B +ve

N	A		LABORATORY AND OTHER SPECIAL INVESTIGATIONS	N	A	
✓		1. Urinalysis				7. Audiogram B/L hearing sensitivity & intensity is normal limit
✓		2. Hb, Bloodcount, ESR				8. Lung Function
	✓	3. LFT, RFT, RBS				9. Chest X-Ray
		4. Drug Screen		✓		10. ECG
	✓	5. Lipids (40 years +)				11. CVS risk for 40 yrs. & above
✓		6. Sickle Cell test				12. HIV, Hepatitis screening

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

ASSESSMENT:

FIT ALL AREAS ☑ **FIT WITH RESTRICTION** ☐ **TEMPORARY UNFIT** ☐ **UNFIT** ☐

FIT

Date Name (Block Capitals): Dr. / Nurse Signature:

REVIEW/CONSULTATION

Date: 18/10/2[illegible] Name (Block Capitals): Dr. / Nurse Signature:

BADR AL SAMAA VISA MEDICAL
BADR
NIZWA
CR No. [illegible]
MOH No. [illegible]

DR. VENKATESH KUMAR
CARDIOLOGIST
MOH NO#14561

Dr. SAJILA P.P
MBBS., DNB (ENT), DLO
Specialist Ent Surgeon
MOH Lic No.: 13[illegible]87

Appendix 20: (Form SQ5): Epworth Screening Quest. For Sleep Apnoea

Employee Data		Date: 18/10/22
Name: SUNIL GEORGE		Department/Company:
I. D No. 7177169	Tel #	Occupation : 18/10/2022

This questionnaire will help identify if you have any health condition which may need a more detailed medical assessment as part of your fitness to work determination. If you have any queries please contact your local Health Services staff. All information provided on this form and during consultations remains strictly confidential. When further clinical evaluation is required following completion of a screening questionnaire, the details should be recorded on Q1 and E1 forms.

How likely are you to fall asleep in the following situations? (use 0 to 3 score as shown below)

0 Would never doze

1 Slight chance of dozing

2 Moderate chance of dozing

3 High chance of dozing

FIT

0	sitting and reading
0	watching TV
0	sitting inactive in a public place (e.g. theatre or meeting)
1	as a passenger in the car for an hour without a break
1	Lying down to rest in the afternoon when circumstances permit
0	Sitting a talking with someone
1	Sitting quietly after lunch without alcohol
0	In a car, while stopped for a few minutes in traffic
Total	3

If you score a total of 15 or more you should seek advice from medical personnel on site before continuing to drive or operate machinery in the workplace.

Declaration: I,_____*(Print Name)* certify that to the best of my knowledge the above information supplied by me is true and correct.

Signature:_____ **Date:** 18/10/22

DR. VENKATESH H
CARDIOLOGIST

BADR AL SAMAA VISA MEDICAL

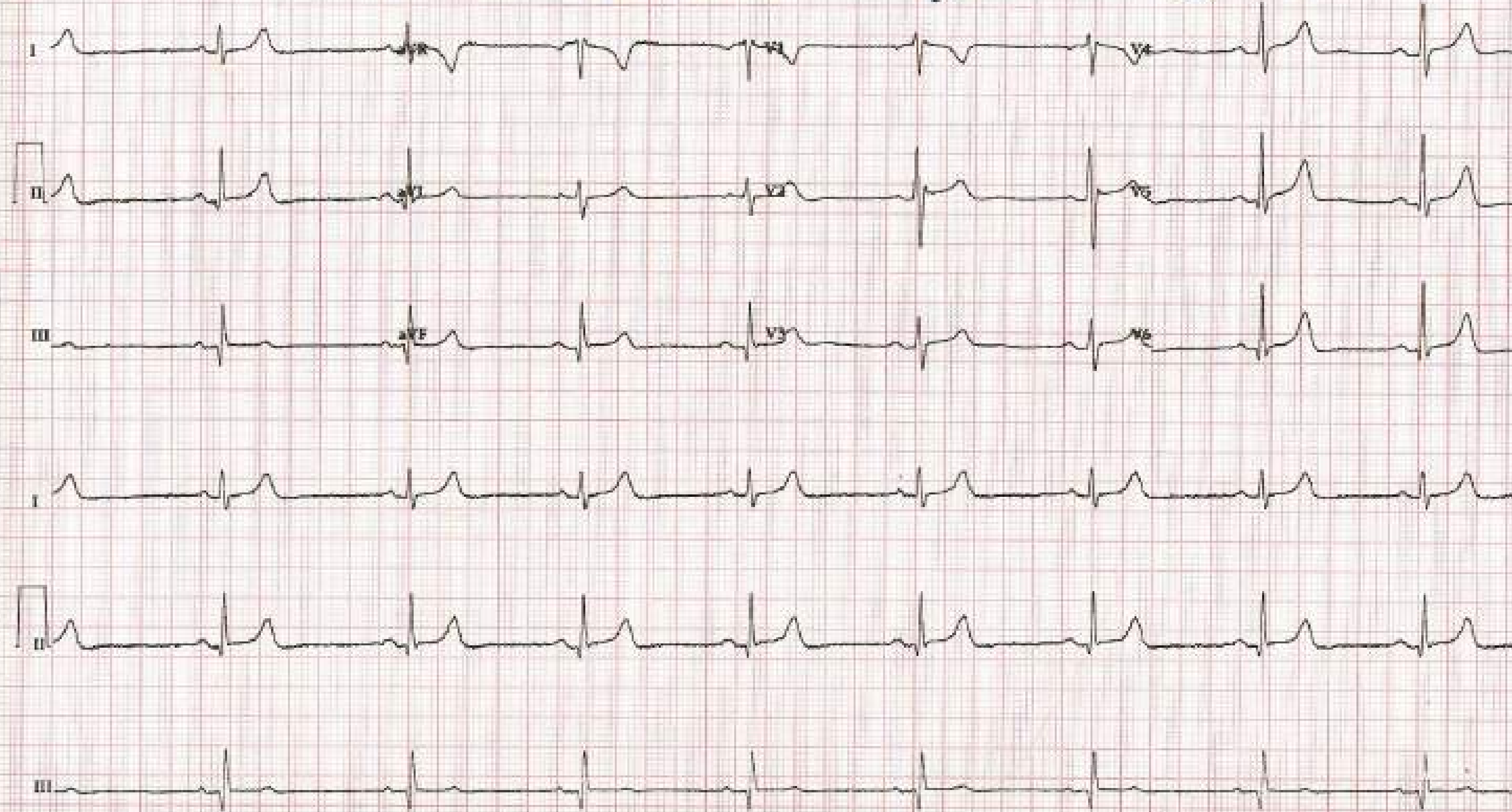
B.VENKATESH KUMAR
CARDIOLOGIST
MOH NO#14581

First Name:						
Last Name:						
Age	:0	Physician	:No	PR Interval	: 168	ms
Height	:0 cm	Technician	:No	QRS Duration	: 84	ms
Weight	:0 kg	Room No.	:0	QT/QTc	: 436 / 403	ms
Gender	:Male	Medication1	:No	PP/RR Interval	: 1172/1169	ms
Race	:No	Medication2	:No	P/R/T axis	: 44 /62 /33	
Pacemaker	:No	Comments	:			

Vent. Rate : 51 bpm

<Diagnosis Result>
Sinus Bradycardia
[Summary] Abnormal

Dr.B.VENKATESH KUMAR
CARDIOLOGIST
MOH NO#14581



[redacted]0.16 - 100Hz 50Hz 10 mm/mV 25mm/Sec 45/21/2252 PM 31-72 AF5 340R MEDIGATE MeCA812i Ver 1.62/0.07