

Medical Fitness Certificate

Name of the Examined employee: MALKIAT SINGH JAGAT

Age: 52

ID NUMBER:

Job Title:

Date of Medical Examination: 26.08.2023

Examining Physician:

Medical Centre: APOLLO HOSPITAL MUSCAT

Company:

Assessment Result:**Fit to work without restrictions**

This Certificate is valid for 2 years from the date of medical examination

Fitness Classifications:

- Fit to work without restrictions
- Fit to work with restriction
- Unfit to work Temporarily or Definitely

Restrictions List:

- R1: Unfit to work offshore, on marine vessels and in remote locations.
R2: Unfit for Lifting and strenuous efforts.
R3: Unfit to work in certain countries, check with geomarkethealth advisor.
R4: Unfit to work in jobs requiring precise color vision.
R5: Unfit to work in job with high level of noise.
R6: Unfit to work in high risk of malaria countries.
R7: Unfit to work in extreme heat.
R8: Unfit to work in extreme cold.
R9: Contact Geomarket health advisor/international medical coordinator – there exist specific restriction.
R10: Unfit to work for a temporarily of time until further notice.
R11: Unfit to work in jobs requiring good visual acuity (eg: driving company vehicle).
R12: Fit only for defined period of time (1, 3 or 6 months) and must be reassessed and fitness redefined.
R13: Unfit to drive company vehicle.
R14: Unfit to fly long haul flights.
R15: Unfit to work in heights and confined spaces.

Examining Physician Stamp and signature

Hospital/Clinic Seal

Dr. REHMAT MANSOOR SOLANKI
MEDICAL OFFICER
MOH Licence No.: 14330
APOLLO HOSPITAL MUSCAT



CONFIDENTIAL MEDICAL TO BE COMPLETED BY THE EMPLOYEE

Med-check History Form		Name:	Malkiat Singh Jagat		
		GIN #	6333		
Place of examination	Date	Mobile #			
Apollo Hospital	26/8/2023	95238717			
Age: 52	Nationality: INDIAN	Blood Group			
<input checked="" type="checkbox"/> Male <input type="checkbox"/> Female	<input type="checkbox"/> Married <input type="checkbox"/> Single <input type="checkbox"/> Separated / Divorced	Number of children:			
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)					
	Y	N		Y	N
1. Sinus trouble		/	21. Cancer		/
2. Neck swelling/glands		/	22. Heart Disease		/
3. Difficulty in vision		/	23. Rheumatic fever		/
4. Any ear discharge		/	24. Abnormal heartbeat		/
5. Asthma/bronchitis		/	25. High blood pressure		/
6. Hayfever /other significant allergy		/	26. Stroke		/
7. Any skin trouble		/	27. Serious chest pain		/
8. Tuberculosis		/	28. Any blood disease		/
9. Shortness of breath		/	29. Kidney disease		/
10. Coughed/vomited blood		/	30. Blood in urine		/
11. Severe abdominal pain		/	31. Diabetes		/
12. Stomach ulcer		/	32. Headaches/migraine		/
13. Recurrent indigestion		/	33. Dizziness/fainting		/
14. Jaundice or hepatitis		/	34. Epilepsy		/
15. Gall Bladder disease		/	35. Joints/spinal trouble		/
16. Marked change in bowel habits		/	36. Surgical operation		/
17. Blood in stools (motions)		/	37. Serious accident/fracture		/
18. Marked change in weight		/	38. Tropical disease		/
19. Varicose veins		/	39. Fear of heights		/
20. Lump in breast/armpit		/			
How much tobacco each day?			Average daily alcohol consumption		
Have you ever taken elicited drugs? ()					
FAMILY HISTORY: Diabetes () Tuberculosis () Epilepsy () Asthma () Eczema () Heart disease () High blood pressure () Stroke () Blood Disease () Cancer ()					
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-					
I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company's Doctors, and the details sent to them by the examining Doctor.					
Date: 26/8/2023					
Signature of Applicant: Malkiat Singh					