

## Medical Fitness Certificate

Name of the Examined employee: MALKIAT SINGH JAGAT

Age: 50

ID NUMBER:

Job Title:

Date of Medical Examination: 19.08.2021

Examining Physician:

Medical Centre: APOLLO HOSPITAL MUSCAT

Company:

### Assessment Result:

#### Fit to work without restrictions

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*This Certificate is valid for 2 years from the date of medical examination*

Fitness Classifications:

- Fit to work without restrictions
- Fit to work with restriction
- Unfit to work Temporarily or Definitely

Restrictions List:

R1: Unfit to work offshore, on marine vessels and in remote locations.

R2: Unfit for Lifting and strenuous efforts.

R3: Unfit to work in certain countries, check with geomarket health advisor.

R4: Unfit to work in jobs requiring precise color vision.

R5: Unfit to work in job with high level of noise.

R6: Unfit to work in high risk of malaria countries.

R7: Unfit to work in extreme heat.

R8: Unfit to work in extreme cold.

R9: Contact Geomarket health advisor/international medical coordinator – there exist specific restriction.

R10: Unfit to work for a temporarily of time until further notice.

R11: Unfit to work in jobs requiring good visual acuity ( eg: driving company vehicle ).

R12: Fit only for defined period of time ( 1, 3 or 6 months ) and must be reassessed and fitness redefined.

R13: Unfit to drive company vehicle.

R14: Unfit to fly long haul flights.

R15: Unfit to work in heights and confined spaces.

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Examining Physician Stamp and signature



Hospital/Clinic Seal



Med-check History Form		Name:	Malvinder Singh Jagat				
		GIN #	G 333				
Place of examination	Date	Mobile #	9573717				
Age: 50	Nationality: INDIAN	Blood Group	AB Pos				
<input checked="" type="checkbox"/> Male <input type="checkbox"/> Female	<input checked="" type="checkbox"/> Married <input type="checkbox"/> Single <input type="checkbox"/> Separated /Divorced	Number of children:	2				
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)							
1. Sinus trouble	Y	N	21. Cancer	Y	N	HAVE YOU EVER BEEN:-	
2. Neck swelling/glands			22. Heart Disease			40. Rejected for employment or insurance for medical reasons	
3. Difficulty in vision			23. Rheumatic fever			41. Awarded benefits for industrial injury/illness	
4. Any ear discharge			24. Abnormal heartbeat			42. Treated for a mental condition, e.g. depression	
5. Asthma/bronchitis			25. High blood pressure			43. Treated for problem drinking or drug abuse	
6. Hayfever /other significant allergy			26. Stroke			44. Exposed to toxic substance or noise	
7. Any skin trouble			27. Serious chest pain			FOR WOMEN ONLY	
8. Tuberculosis			28. Any blood disease			Have you ever had:-	
9. Shortness of breath			29. Kidney disease			45. An abnormal smear	
10. Coughed/vomited blood			30. Blood in urine			46. Any gynaecological treatment	
11. Severe abdominal pain			31. Diabetes			47. Are you pregnant?	
12. Stomach ulcer			32. Headaches/migraine			48. HAVE YOU HAD AN ILLNESS NOT MENTIONED ABOVE	
13. Recurrent indigestion			33. Dizziness/fainting				
14. Jaundice or hepatitis			34. Epilepsy				
15. Gall Bladder disease			35. Joints/spinal trouble				
16. Marked change in bowel habits			36. Surgical operation				
17. Blood in stools (motions)			37. Serious accident/fracture				
18. Marked change in weight			38. Tropical disease				
19. Varicose veins			39. Fear of heights				
20. Lump in breast/armpit							
How much tobacco each day?	Nil		Average daily alcohol consumption	Nil			
Have you ever taken elicited drugs? <input checked="" type="checkbox"/>							
FAMILY HISTORY: Diabetes <input checked="" type="checkbox"/> Tuberculosis <input checked="" type="checkbox"/> Epilepsy <input checked="" type="checkbox"/> Asthma <input checked="" type="checkbox"/> Eczema <input checked="" type="checkbox"/> Heart disease <input checked="" type="checkbox"/> High blood pressure <input checked="" type="checkbox"/> Stroke <input checked="" type="checkbox"/> Blood Disease <input checked="" type="checkbox"/> Cancer <input checked="" type="checkbox"/>							
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-							
I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company's Doctors, and the details sent to them by the examining Doctor.							
Date:	19/8/2021						
Signature of Applicant:	Malvinder Singh						