



Al Nile Hospital

مستشفى النيل

Patient Name: DARSHAN SINGH
File No: 25009541
Age: 36y On: 20d
Gender: Male
Nationality: India

PLEASE COMPLETE YOUR PERSONAL DETAILS IN BLOCK CAPITALS		Surname/Forenames: DARSHAN SINGH	
		Nationality: INDIAN	
Mobile No: 96475488	Home/Leave Address:	Company Number:	Reference Indicator:
Personal Details			
A ☒ Male ☐ Female		☒ Married ☐ Single ☐ Separated / Divorced / Widow(er)	
Home/Leave Address:		Relationship to employee: ☐ Wife ☐ Son ☐ Daughter	
		No. of children: 1	
Reason for Examination (tick as appropriate)			
Periodic Medical Examination ☒ Final / Retirement ☐ Other Reason ☐			
Employee only			
B Present Job and Location: DRIVER, INDIA		Next Job and Location:	
Are you a registered person with special needs? ☐		Do you belong to any Medical Insurance Scheme? ☐	
Previous Medical History: All important medical events should be listed and dated at every medical examination. To be completed together with the Interviewing Nurses or Doctor who will be able to help by referring to your notes.			
Please answer the following questions and tick 'N' (no) or 'Y' (yes) in the column. If 'Y' please describe			
	N	Y	Description
Have you, since your last medical been treated by your family doctor or specialist for significant (major) ailments?			
1		☒	
2		☒	
3		☒	
4		☒	
5		☒	
6		☒	
7		☒	
8		☒	
9		☒	treated 1 year ago (1 year/50)
10		☒	
11		☒	30 Y ago No injury
12		☒	
13		☒	Mother: Diabetes
14		☒	
Do you take any regular medicines, or have you taken in the past?			
Do you smoke? If yes, what and how much each day?			
Do you drink alcohol? If yes, what is your average weekly intake?			
Have you ever taken illicit/recreational drugs?			
Are you doing regular sports or physical activities?			
STATEMENT: I have read the above questions and the above answers are correct and no information concerning my present or past state of health has been withheld. I understand and agree that this form will be held as a confidential record by the concerned medical institute and may be copied (by paper or secure electronic transmission) to PDO the Occupational Health Services for the purpose of Health Surveillance and other Occupational Health review.			
Date: 04/06/25		Signature of Applicant: DARSHAN SINGH	





FOR COMPLETION BY EXAMINING DOCTOR
Further details of medical history and recreational activities:

N = Normal A = Abnormal (please describe)		PHYSICAL EXAMINATION	
N		1. Eyes & Pupils	
N		2. E.N.T.	
N		3. Teeth & Mouth	
N		4. Lungs & Chest	
N		5. Cardiovascular System	
N		6. Abdo. Viscera	
N		7. Hemial Orifices	
N		8. Anus & Rectum	
N		9. Genito-urinary	
N		10. Extremities	
N		11. Musculo-skeletal	
N		12. Skin & Varicose Vns.	
N		13. C.N.S.	

HEIGHT Cm	WEIGHT kg	BMI	B.P.	PULSE / mins.	HEARING L R	VISION DISTANT R L NEAR R L Uncorrected Corrected	Colour Vision	Blood Group
175cm	79kg	25.8	140 90	100	L N R N	6/6 6/6 6/6 6/6 6/6 6/6 6/6 6/6 without glass	N	

N A		LABORATORY AND OTHER SPECIAL INVESTIGATIONS	
N	A	1. Urinalysis	
N	A	2. Hb, Blood count, ESR	
	A	3. LFT, RFT, RBS	
		4. Drug Screen	
	A	5. Lipids (40 years +)	
		6. Sickie Cell test	
		7. Audiogram	
		8. Lung Function	
		9. Chest X-Ray	
		10. ECG	
	A	11. CVS risk for 40 yrs. & above	
		12. HIV, Hepatitis screening	

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

high RBS FBC - Glucose in urine - high triglyceride and cholesterol
for TMT - internal consultation.

ASSESSMENT:

☐ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT

Date: Name (Block Capitals): Dr.

Signature:

REVIEW/CONSULTATION

Uncontrolled Diabetes: Treatment modified
Resting Tachycardia: need further evaluation and controlling

Date: Name (Block Capitals): Dr.

Signature:





Patient Name: DAKSHAN SINGH
File No: 25409541
Age: 30y On 20d
Gender : Male
Nationality: India

FOR COMPLETION BY EXAMINING DOCTOR
Further details of medical history and recreational activities:

N = Normal A = Abnormal (please describe)				PHYSICAL EXAMINATION							
N	A										
		1. Eyes & Pupils									
		2. E.N.T.									
		3. Teeth & Mouth									
		4. Lungs & Chest									
		5. Cardiovascular System									
		6. Abdo. Viscera									
		7. Hernial Orifices									
		8. Anus & Rectum									
		9. Genito-urinary									
		10. Extremities									
		11. Musculo-skeletal									
		12. Skin & Varicose Vns.									
		13. C.N.S.									
HEIGHT Cm	WEIGHT kg	BMI	B.P.	PULSE / mins.	HEARING L R	VISION DISTANT R L NEAR R L Uncorrected Corrected				Colour Vision	Blood Group
N	A				LABORATORY AND OTHER SPECIAL INVESTIGATIONS				N	A	
		1. Urinalysis									7. Audiogram
		2. Hb, Blood count, ESR									8. Lung Function
		3. LFT, RFT, RBS									9. Chest X-Ray
		4. Drug Screen									10. ECG
		5. Lipids (40 years +)									11. CVS risk for 40 yrs. & above
		6. Sickie Cell test									12. HIV, Hepatitis screening
OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)											
ASSESSMENT:											
☐ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT											
Date: _____ Name (Block Capitals): Dr. _____ Signature: _____											
REVIEW/CONSULTATION											
on re-evaluation The patient's HR = 65 B/min on medication Date: _____ Name (Block Capitals): Dr. _____ Signature: _____											





Employee Data	DATE: 04/06/25
NAME: DARSHAN SINGH	Company: TRUCK OMAN
ID No. 35134002	Occupation: DRIVER

The Epworth Sleepiness Scale

How likely are you to doze off or fall asleep in the following situations? You should rate your chances of dozing off, not just feeling tired. Even if you have not done some of these things recently try to determine how they would have affected you. For each situation, decide whether or not you would have:

- No chance of dozing =0
- Slight chance of dozing =1
- Moderate chance of dozing =2
- High chance of dozing =3

Write down the number corresponding to your choice in the right-hand column. Total your score below.

Situation	Chance of Dozing
Sitting and reading	• 0
Watching TV	• 1
Sitting inactive in a public place (e.g., a theater or a meeting)	• 0
As a passenger in a car for an hour without a break	• 0
Lying down to rest in the afternoon when circumstances permit	• 2
Sitting and talking to someone	• 0
Sitting quietly after a lunch without alcohol	• 2
In a car, while stopped for a few minutes in traffic	• 0

Total Score =

(5)

Analyze Your Score

Interpretation:

- 0-7: It is unlikely that you are abnormally sleepy.
- 8-9: You have an average amount of daytime sleepiness.
- 10-15: You may be excessively sleepy depending on the situation. You may want to consider seeking medical attention.
- 16-24: You are excessively sleepy and should consider seeking medical attention.

Reference: Johns MW. A new method for measuring daytime sleepiness: The Epworth Sleepiness Scale.





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Patient Name: DARSHAN SINGH
File No: 25009541
Age: 56y 0m 20d
Gender: Male
Nationality: India

Fitness to Work Certificate

Employee Data		Date	10/06/25
Last Name SINGH		First Name	DARSHAN
I.D No. 851340002	Age 56 yrs	Occupation	DRIVER
Type of Medical Evaluation			
A1 Aircraft refueling		A6 Emergency response team work	
A2 Breathing apparatus		A7 Professional driving	
A3 Business traveler		A8 Remote location work	
A4 Catering and food preparation		A9 Transfers- group A country	
A5 Crane or forklift driving		A10 Transfers-group B country	

Mark those applying

Health Advisor statement The Above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time their fitness to work status for the above tasks is as follows

Fit with no restrictions	FIT	
Fit with following restrictions		
The employee is fit for above work but should avoid the following tasks		
Work near moving machinery or sharp edges		Operate motor vehicles, forklifts or heavy machinery
Working at height		Use a respirator
Pull push carry weight over Kg		Repetitive twisting of valves or wrenches
Ascend/descend ladders or stairs		Flying
Other(Specify)		
These restrictions are permanent		
These restrictions are temporary until (date)		
Temporary Unfit until (date)		
Permanently Unfit		
Date 10/06/2025	Signature	Print Name





Ainile
Medical Complex
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P.O.BOX:300, POSTAL CODE - 511 NIZWA, SULTANATE OF OMAN C.R.NO.1128642
PH : 25426665, 25426228 \ WHATSAPP:94146848
Instagram:https://www.instagram.com/ainile_medical

Lab Report

Patient Name:	DARSHAN SINGH	Date:	10/06/2025 10:19:24
File No:	25009541	Age/Gender: 56y 0m 20d / M	Sid No: Bill#22937
Payer Name:		Collection Date & Time:	10/06/2025 10:17:06
Insurance Card No:	--	Received Date & Time:	10/06/2025 10:19:24
Doctor:	Dr. Bassel Ali Al Ratei	Reported Date & Time:	10/06/2025 10:36:47
Billing Time:	10/06/2025 10:10:45	Mobile: 96475488	Id Card No: 85134002

Test Name	Result	Biological Reference
BLOOD SUGAR FASTING	9.72 mmol/m	3.3 - 6.1

2025-06-10 10:50:07

****End of Report****

Technician: Hajar Mohammed
Hussin Mousa
License No: 9245



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Lab Report

Patient Name:	DARSHAN SINGH	Date:	04/06/2025 18:03:47
File No:	25009541	Age/Gender: 56y 0m 20d / M	Bill#22335
Payer Name:		Collection Date & Time:	04/06/2025 18:00:16
Insurance Card No:	--	Received Date & Time:	04/06/2025 18:03:47
Doctor:	Dr. Bassel Ali Al Ratni	Reported Date & Time:	04/06/2025 18:04:25
Billing Time:	04/06/2025 12:50:03	Id Card No:	B5134002
	Mobile: 96475488		

Test Name	Result	Biological Reference
CALCIUM	9.78 mg/dl	8.6 - 10.4
TSH	1.14 mIU/ml	0.27 - 4.2

2025-06-10 09:32:51

****End of Report****

Technician: Hajar Mohammed
Hassan Moussa
License No: 9245



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Instagram:https://www.instagram.com/alnile_medical

Medical Report

Patient Name: DARSHAN SINGH	Date: 04/06/2023 10:08:17
File No: 25009541	Age/Gender: 56y 0m 14d / M
Payer Name: --	Nationality: India
Insurance Card No:	Doctor: Dr. Bassel Ali Al Ratei
ID Card No: 85134002	Phone: 96475485

Vitals:-

Temperature	BP (SBP/DBP)	Pulse Rate	Respiratory Rate	Weight	Height	SpO2	RBS	Pain Level	Abdominal Circumference	Head Circumference	CVP	Body Mass Index
37.5° C	140 / 90 mmHG	100 bpm	0 bpm	0.0 kg	0.0 cm	0.5PO2	10.7	0	0.0	0.0		0.0
0.0° C	140 / 84 mmHG	120 bpm	0 bpm	0.0 kg	0.0 cm	0.5PO2		0	0.0	0.0		0.0

Chief Complaints:-

ECG abnormalities, elevated blood glucose, dyslipidaemia, high ASCVD risk

Patient History:-

the patient has been referred by the GP for evaluation of ECG abnormalities, hyperlipidaemia, hyperglycemia, the patient denies any complains like chest pain, dyspnoea, exertional fatigue, dizziness or palpitations, no symptoms of hyperglycemia, like WT loss, polyuria or polydipsia, the patient is diabetic for 15 years, and now using only Janumet 50\1000 OD, adherent to diet SR: RESP-, CV-, GI-, GU-, Neuro- PE: RESP and CVS are WNL

Radiology Report:-

ECG: Diagnosis: Sinus tachycardia, Reg. axis: mild LAD, HR=110bpm, P-Wave: WNL, no ST segment deviation, QRS complex: low voltage on the limb leads with poor R wave progression on the chest leads, T-Wave: normal axis and amplitude, no conduction abnormalities, no pathologic Q waves, QT interval: normal Echocardiography: LV: thickened myocardial walls IVS= 23mm, EF=78%, no RWMA, LA: normal size MV: normal structure and flow E/A=0.4, TDI= E'-9CM/SEC diastolic dysfunction AV: 3 leaflets, thickened with calcific leaflets RV: normal size, walls, function RA: normal size TV: mild regurgitation, PASP= 20mmhg, normal structure, PV: normal structure and flow Tapse: 20 mm pericardium: dry conclusion: hypertrophic CMP with diastolic dysfunction and calcified Aortic valve leaflets. TMT: the candidate has performed the test on Bruce protocol and completed 10 minutes of test without any symptoms of angina or angina equivalents. BP at rest 149\90 increased during the test to 180\90 and returned to normal during the recovery phase Heart rate at rest 133 increased to 164 maximum with represents 100% of MHR adjusted to Age DTS= +10 low risk for ASCVD

Management Plan:-

uncontrolled blood glucose levels, hyperlipidaemia inappropriate resting tachycardia hypertrophic cardiomyopathy with diastolic dysfunction the patient needs further evaluation of tachycardia etiologies like electrolytes, calcium and TFTs start on BB to control his tachycardia add diamicrone 30mg tab OD to his diabetic medication review his HBA1c after 3 months

Final Diagnosis:-





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No.	ICD Code	Diagnosis
1	E78.4	Other hyperlipidaemia
2	R73.9	Hyperglycaemia, unspecified

Investigations:-

No.	Internal Code	Name
2		CONVENTIONAL ECHOCARDIOGRAPHY
3		HBA1C
4		TSH
5		SERUM ELECTROLYTE
6	82310	CALCIUM

Procedures:-

No.	Internal Code	Name
1	93000	ECG

Prescriptions:-

No.	MOH Code	Medicine	Dosage	Duration	Remarks
1		CONCOR 5MG TAB 30S		15 Days	
2		DIAMICRON MR TAB 60MG 30S		30 Days	1/2 tab with breakfast

Dr. Bassel Ali Al Ratel

Licence Number : 19770

2025-06-04 13:45:53

****End of Report****





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Instagram:https://www.instagram.com/alnile_medical

Medical Report

Patient Name: DARSHAN SINGH	Date: 10/06/2025 10:06:59
File No: 25009541	Age/Gender: 56y 0m 20d / M
Payer Name: --	Nationality: India
Insurance Card No:	Doctor: Dr. Bassel Ali Al Ratel
ID Card No: 85134002	Phone: 96475488

Vitals:-

Temperature	BP (SBP/DBP)	Pulse Rate	Respiratory Rate	Weight	Height	SpO2	RDS	Pain Level	Abdominal Circumference	Head Circumference	CVP	Body Mass Index
0.0° C	140 / 90 mmHG	116 bpm	0 bpm	0.0kg	0.0cm	0 SpO2	0.0	0	0.0	0.0		0.0

Patient History:-

the patient feels much better; his heart rate is HR=65BPM, BP=140\90 and the patient understand his condition well and adherent to his medications

Radiology Report:-

ECG: Diagnosis: Sinus, Reg. axis: mild LAD, HR=65bpm, P-Wave: WNI., no ST segment deviation, QRS complex: low voltage on limb leads, T-Wave: subtle STE on I II III AVF, normal axis and amplitude, no conduction abnormalities, no pathologic Q waves, QT interval: normal

Management Plan:-

the patient now is fit to resume his job as Heavy vehicle driver.

Investigations:-

No.	Internal Code	Name
1	82947	BLOOD SUGAR FASTING

Dr. Bassel Ali Al Ratel

Licence Number : 19770

2025-06-10 10:55:14

End of Report



AL NILE HOSPITAL NIZWA

Name: DARSHAN SINGH

Date: 04-06-2025 Time: 12:19

Age: 56

Gender: M

Height: 171 cms

Weight: 75 Kg

ID: 25009541

Clinical History:

Medications:

Test Details:

Protocol: Bruce

Predicted Max HR: 164

Target HR: 139 (85% of Pr. MHR)

Exercise Time: 0:09:00

Achieved Max HR: 164 (100% of Pr. MHR)

Max BP: 200/100

Max BP x HR: 32800

Max Mets: 10.1

Test Termination Criteria:

Protocol Details:

Stage Name	Stage Time	METS	Speed km/h	Grade %	Heart Rate bpm	BP mmHg	RPP	Max ST Level mm	Max ST Slope mV/s
Standing	00:13	1	0	0	133	120/80	15960	-1.2 V3	6.2 V3
PreTest	00:40	1	1.6	0	136	130/90	20400	-1.9 V3	5.6 V3
Stage: 1	01:00	4.7	2.7	10	145	150/90	21750	-2.2 V3	4 V3
Stage: 2	01:00	7	4	12	154	200/100	30800	1.7 V3	2.1 V3
Stage: 3	01:00	10.1	5.5	14	164	180/100	29520	1.6 V3	1.7 V3
Peak Exercise	00:20	10.1	6.8	16	164	180/100	29520	1.6 V3	1.7 V3
Recovery1	01:00	1	0	0	137	180/100	28200	-2.1 V3	4.9 V3
Recovery2	01:00	1	0	0	152	180/100	27360	0.8 V3	4.6 V3
Recovery3	01:00	1	0	0	140	180/100	25200	0.6 V3	3 V3
Recovery4	01:00	1	0	0	140	180/100	25200	-2.7 V3	2.8 V3
Recovery5	00:12	1	0	0	143	170/100	24310	-2.7 V3	3.2 V3

Interpretation

- Resting tachycardia HR=133 BPM
 - Max HR = 164 = 100% of The Age related Max HR
 - Resting BP = 149/90 → Max BP = 180/100
Returned to Baseline after The test
 - No chest pain or equivalents
- Ref. Doctor: — — No ST segment Deviation Doctor: —

SCHILLER

(Summary Report edited by User)
Cardiofit CS-20 Version:3.5

STs = + Lo low Risk for ASCVD



DARSHAN SINGH (56 M) AL NILE HOSPITAL NIZWA

Brace Protocol

Exec Time : 00:00

ID: 25009541

Stage: Recovery5

Stage Time : 00:12

Date: 04-06-2025

THR: 139 bpm

Speed: 0 kmph

HR: 140 bpm

BP: 170/100 mmHg

Slope: 0 %

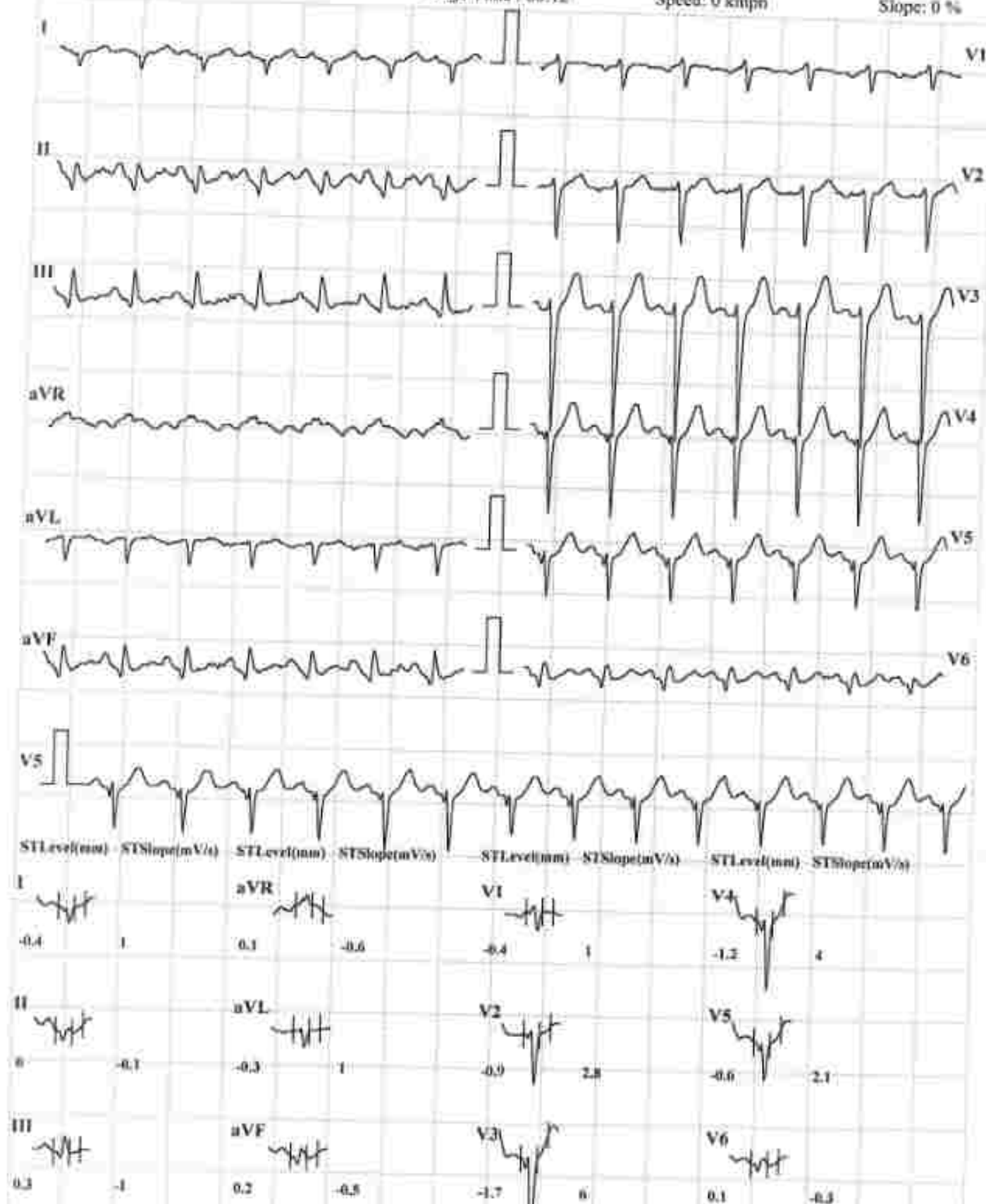


Chart Speed: 25 mm/sec

Schiller Cardiovit CS-20 Version:3.3

Filter: 35 Hz

Main Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms

Amplitude: 10mm/mV

DARSHAN SINGH (56 M)

AL NILE HOSPITAL NIZWA

Bruce Protocol
Exer Time : 0:00:00

ID: 23009541
Stage: Standing
Stage Time : 00:13

Date: 04-06-2023
THR: 139 bpm
Speed: 0 kmph

HR: 133 bpm
BP: 120/80 mmHg
Grade: 0%

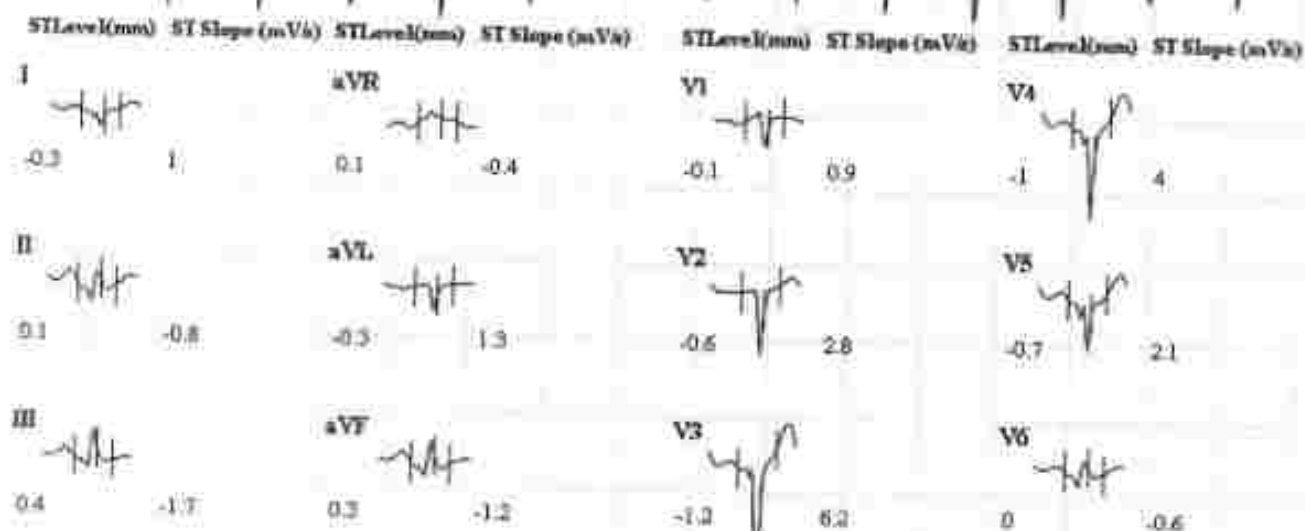
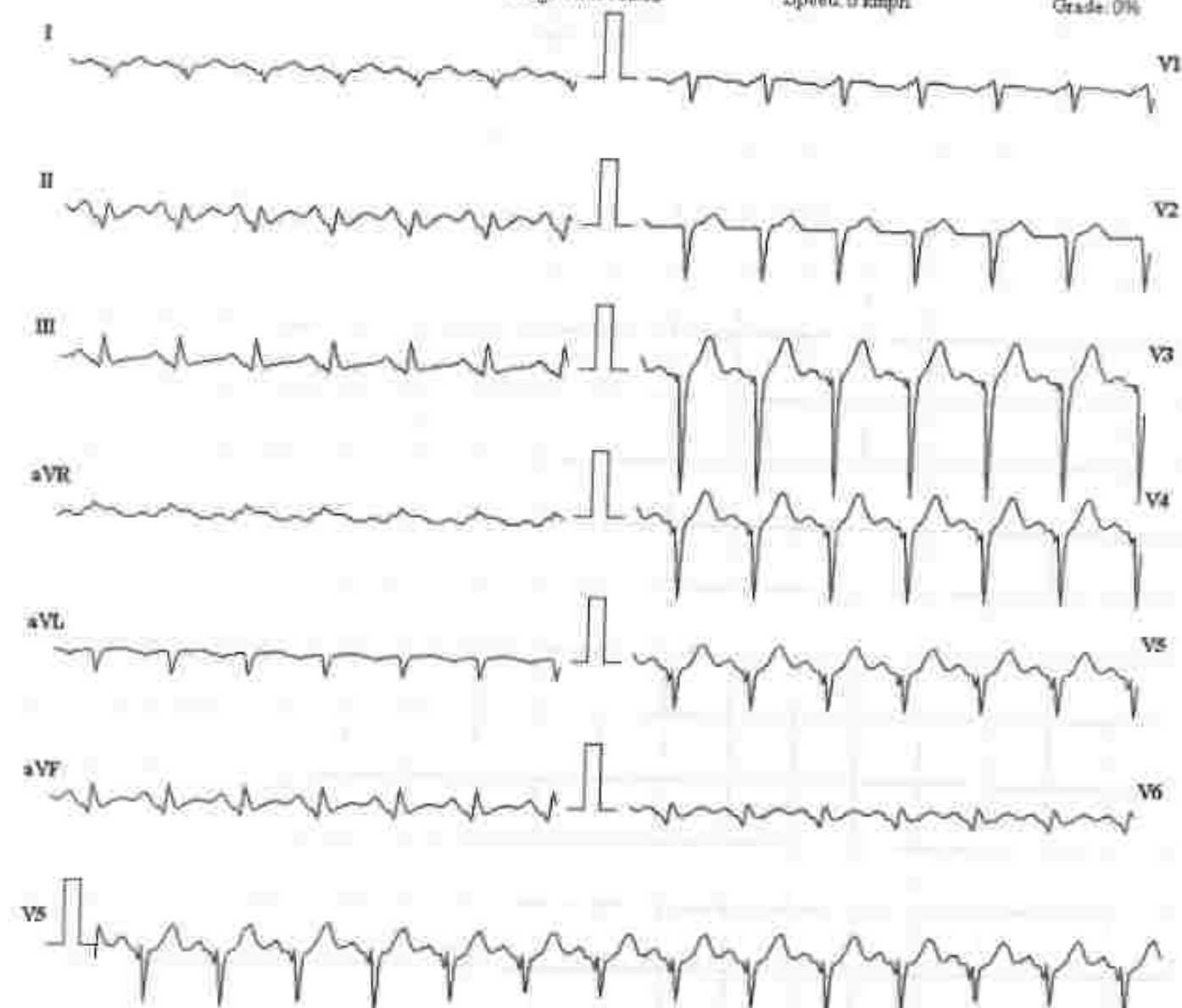


Chart Speed: 25 mm/sec
Schiller Cardiovit CS-20 Version:3.5

Filter: 35 Hz
Linked Median

Mean Filter: ON
Amplitude: 10mm/mV
ISO = R + 60 ms, J + R + 60 ms, Post J = J + 80 ms

DARSHAN SINGH (56 M)

AL NILE HOSPITAL NIZWA

Bruce Protocol
Exec Time : 0:00:00

ID: 25009541
Stage: PreTest
Stage Time : 00:49

Date: 04/06/2023
THR: 139 bpm
Speed: 1.6 kmph

HR: 136 bpm
BP: 150/90 mmHg
Grade: 0%

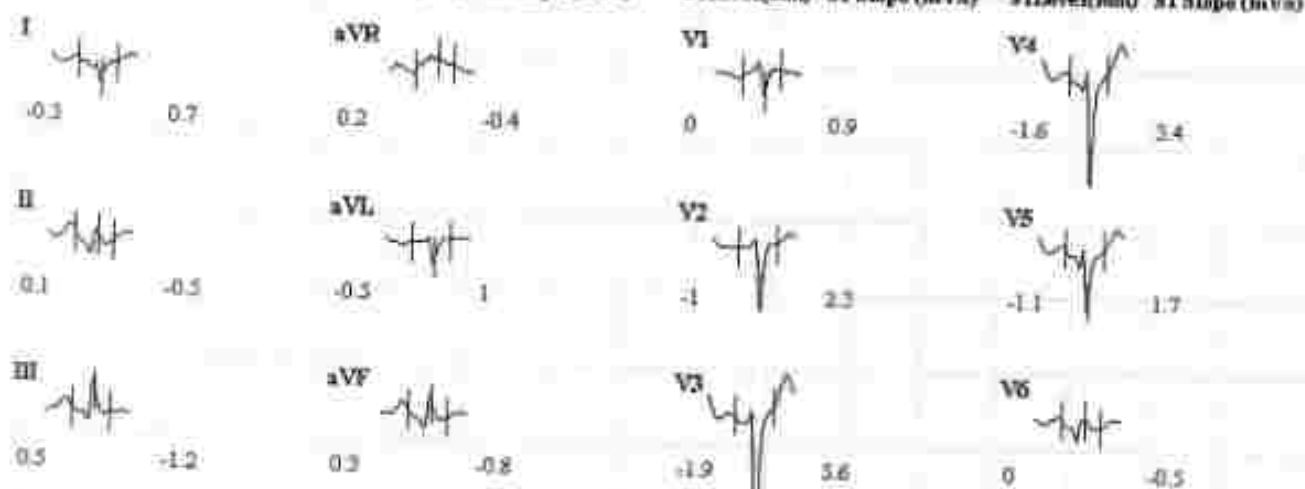


Chart Speed: 33 mm/sec
Schiller CardioNet CS-20 Version 3.5

Filter: 35 Hz
Linked Median

Main Filter: Off
ECG: R - 60 ms, J - R - 60 ms, Post J - J - 80 ms

Amplitude: 10mm/mV

DARSHAN SINGH (56 M)

AL NILE HOSPITAL NIZWA

Brace Protocol:

ID: 25009541

Date: 04-06-2025

HR: 145 bpm

Exec Time: 00:03:00

Stage: 1

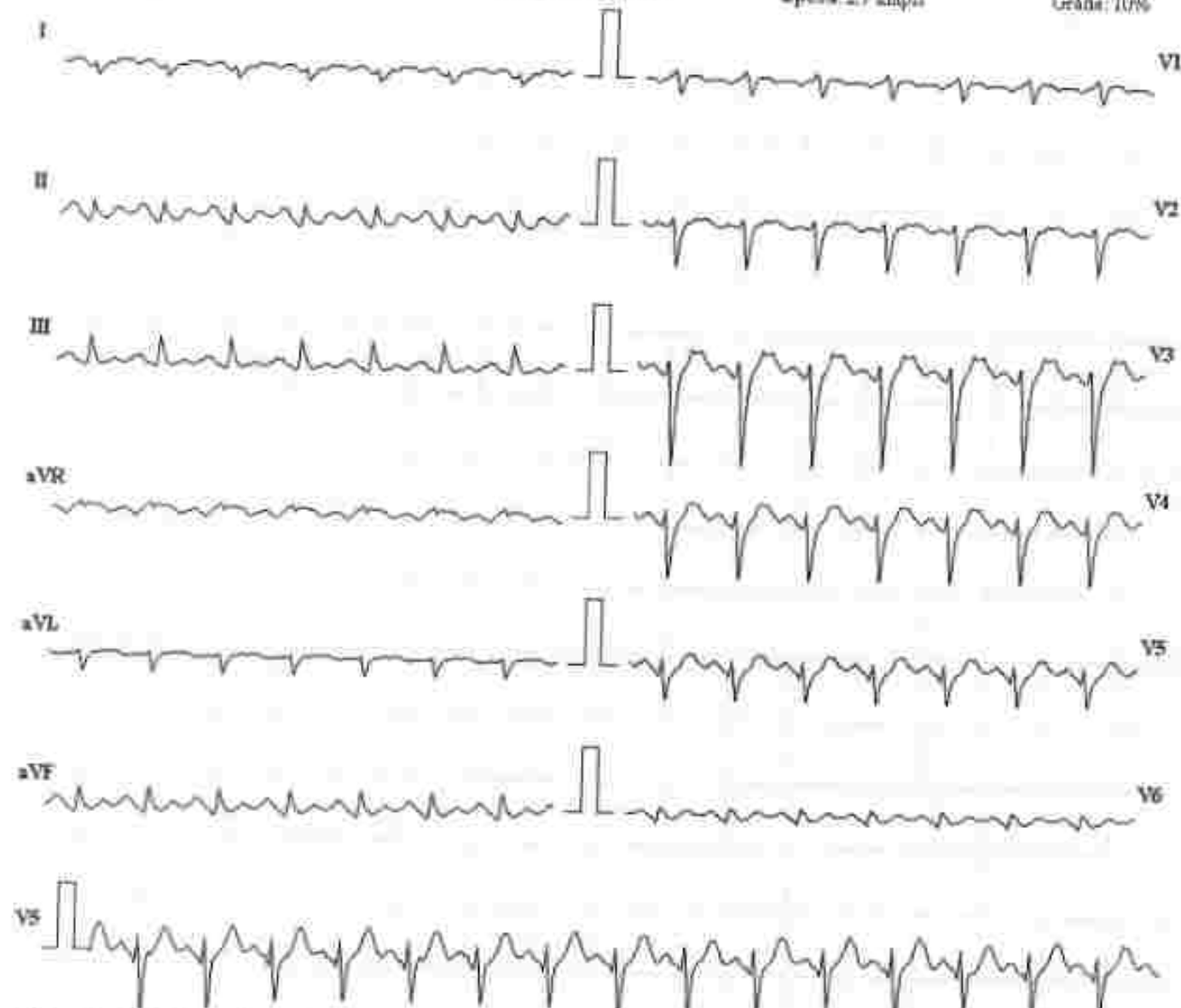
THR: 139 bpm

BP: 150/90 mmHg

Stage Time: 03:00

Speed: 2.7 kmph

Grade: 10%



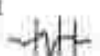
STLevel(mm)	ST Slope (mV/s)	STLevel(mm)	ST Slope (mV/s)	STLevel(mm)	ST Slope (mV/s)	STLevel(mm)	ST Slope (mV/s)								
I		-0.4	0.5	aVR		0.2	-0.2	V1		-0.3	0.7	V4		-1.6	2.2
II		-0.1	-0.5	aVL		-0.4	0.6	V2		-1.1	1.8	V5		-1.1	1
III		0.3	-1	aVF		0.2	-0.8	V3		-2.2	4	V6		0	-0.4

Chart Speed: 25 mm/sec

Filter: 35 Hz

Schiller Cardioit CL-20 Version:3.5

Linked Median

Mean Filter: ON

Amplitude: 10mm/mV

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms

DARSHAN SINGH (56 M)

AL NILE HOSPITAL NIZWA

Bruce Protocol
Exer Time : 0:05:00

ID: 25009541
Stage: 2
Stage Time : 03:00

Date: 04-06-2025
THR: 139 bpm
Speed: 4 kmph

HR: 154 bpm
BP: 200/100 mmHg
Grade: 12%

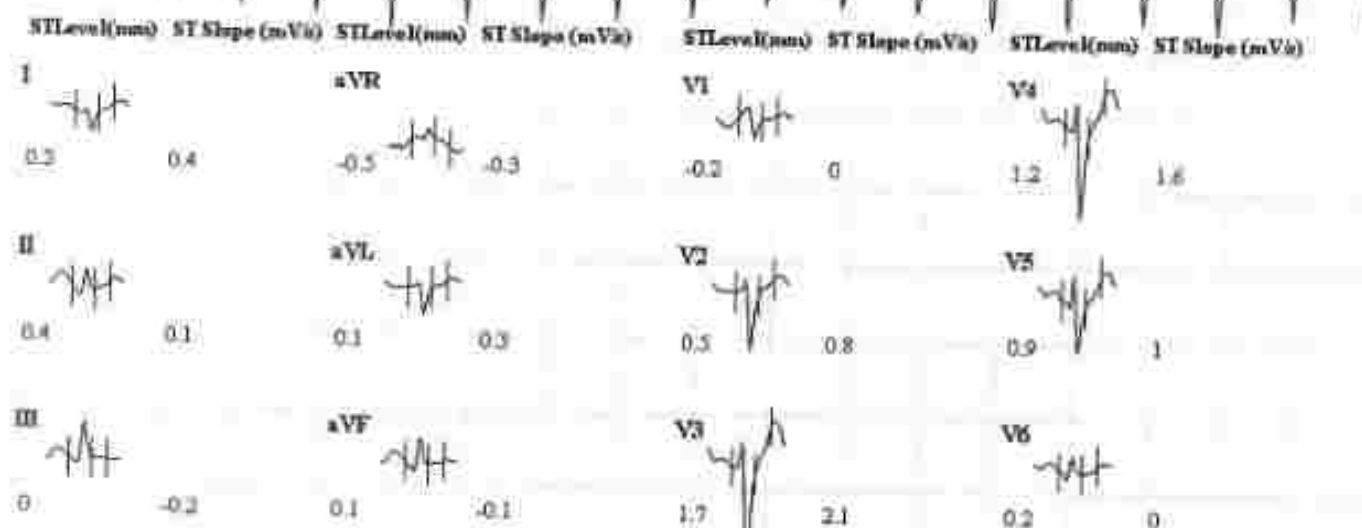
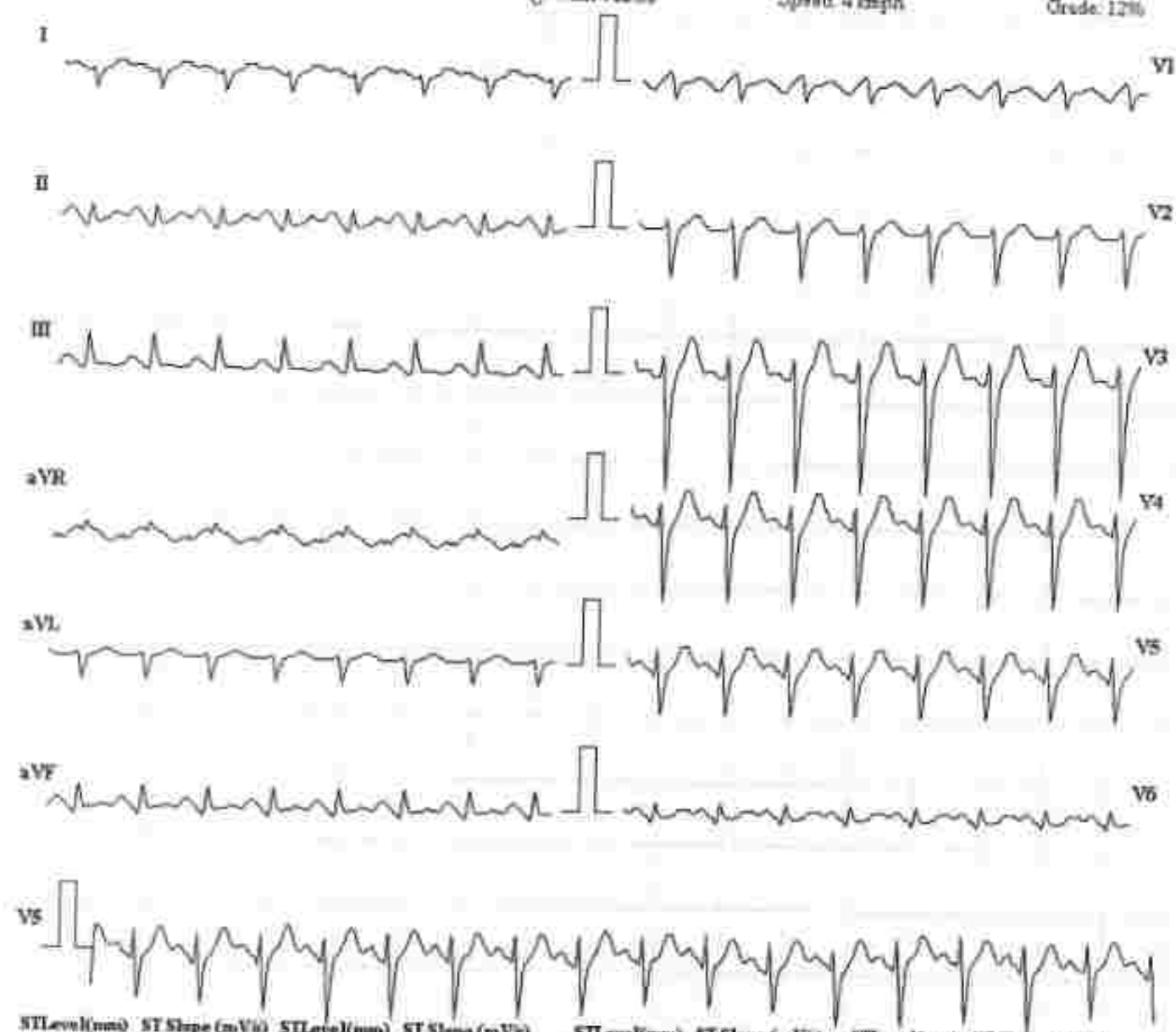


Chart Speed: 25 mm/sec
Schiller Cardiofit CS-20 Version 3.5

Filter: 35 Hz
Limited Median

Means Filter: ON
Amplitude: 10mm/mV
ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms

DARSHAN SINGH (56 M)

AL NILE HOSPITAL NIZWA

Bruce Protocol

ID: 23008541

Date: 04-06-2025

HR: 164 bpm

Exec Time : 0:09:00

Stage: 3

THR: 139 bpm

BP: 180/100 mmHg

Stage Time : 03:00

Speed 5.5 kmph

Grade: 14%

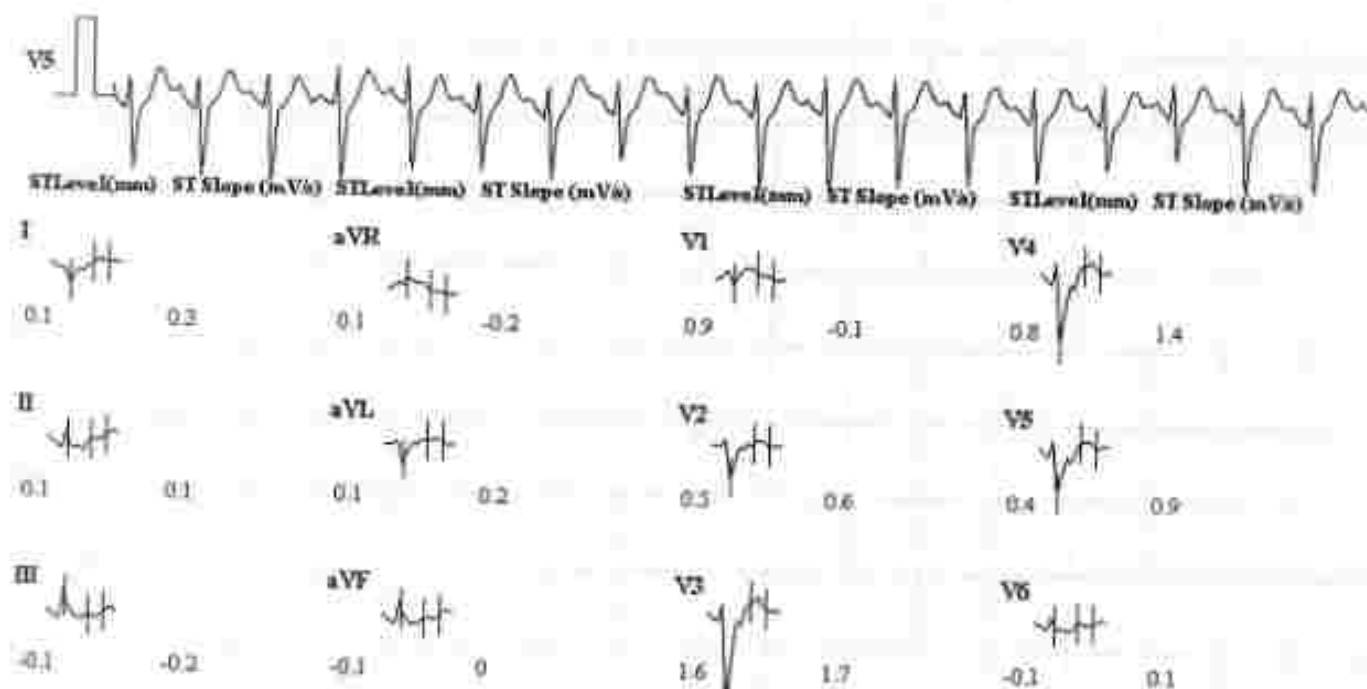
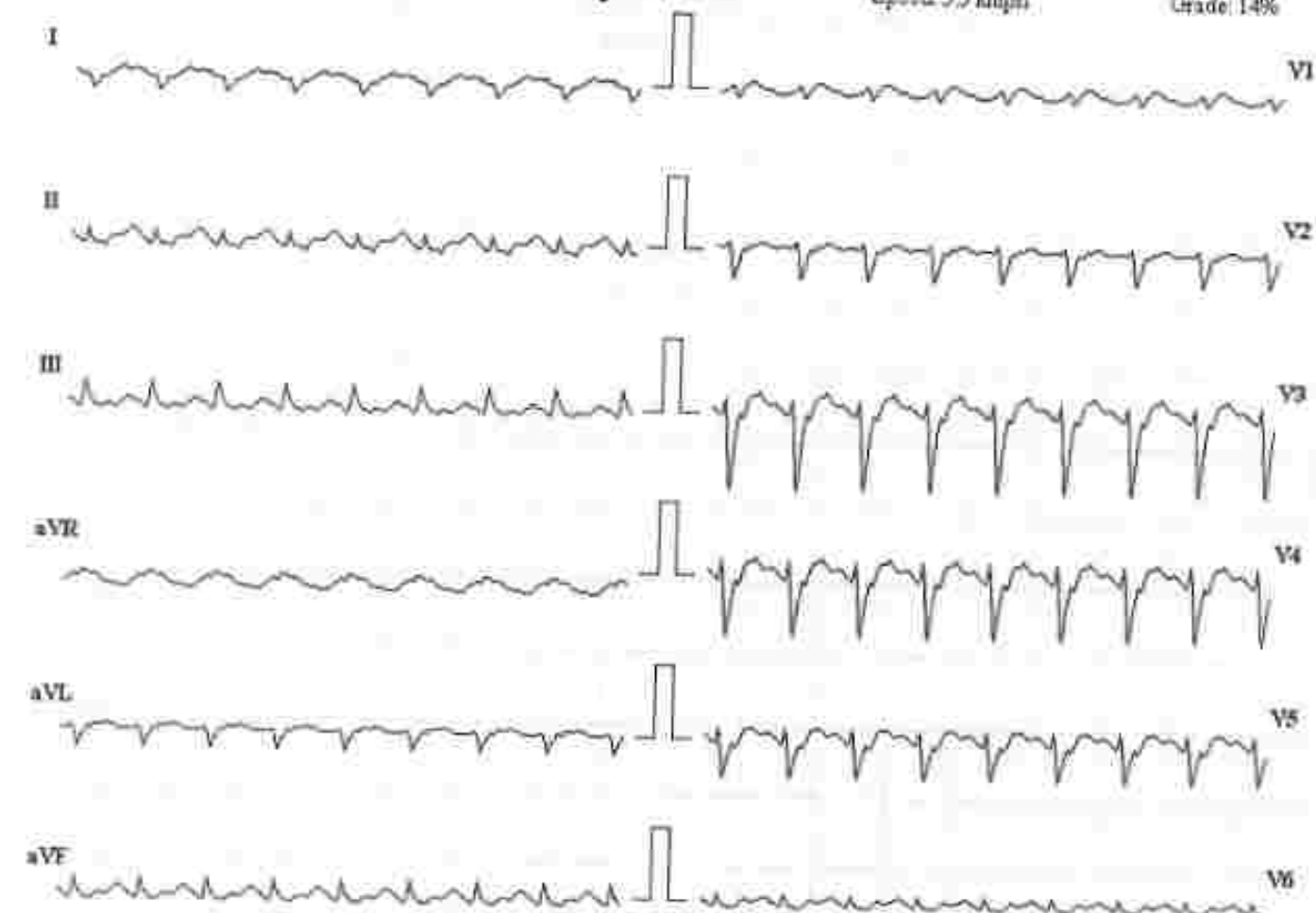


Chart Speed: 25 mm/sec

Schiller Cardiotec CC-20 Version 3.5

Filter: 35 Hz

Linked Median

Main Filter: ON

IDO = R - 60 ms, I = R + 60 ms, Post I = I - 80 ms

Amplitude: 10mm/mV

DARSHAN SINGH (56 M)

AL NILE HOSPITAL NIZWA

Bruce Protocol

ID: 25009541

Date: 04.06.2025

HR: 164 bpm

Exec Time: 00:09:00

Stage: Peak Exercise

THR: 139 bpm

BP: 180/100 mmHg

Stage Time: 00:00

Speed: 6.2 kmph

Grade: 16%

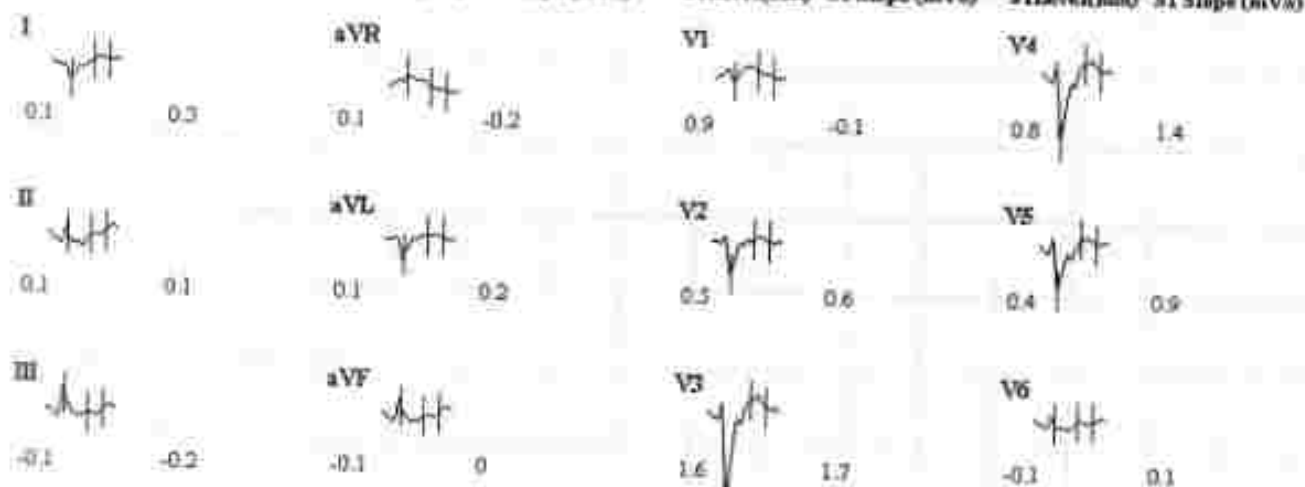
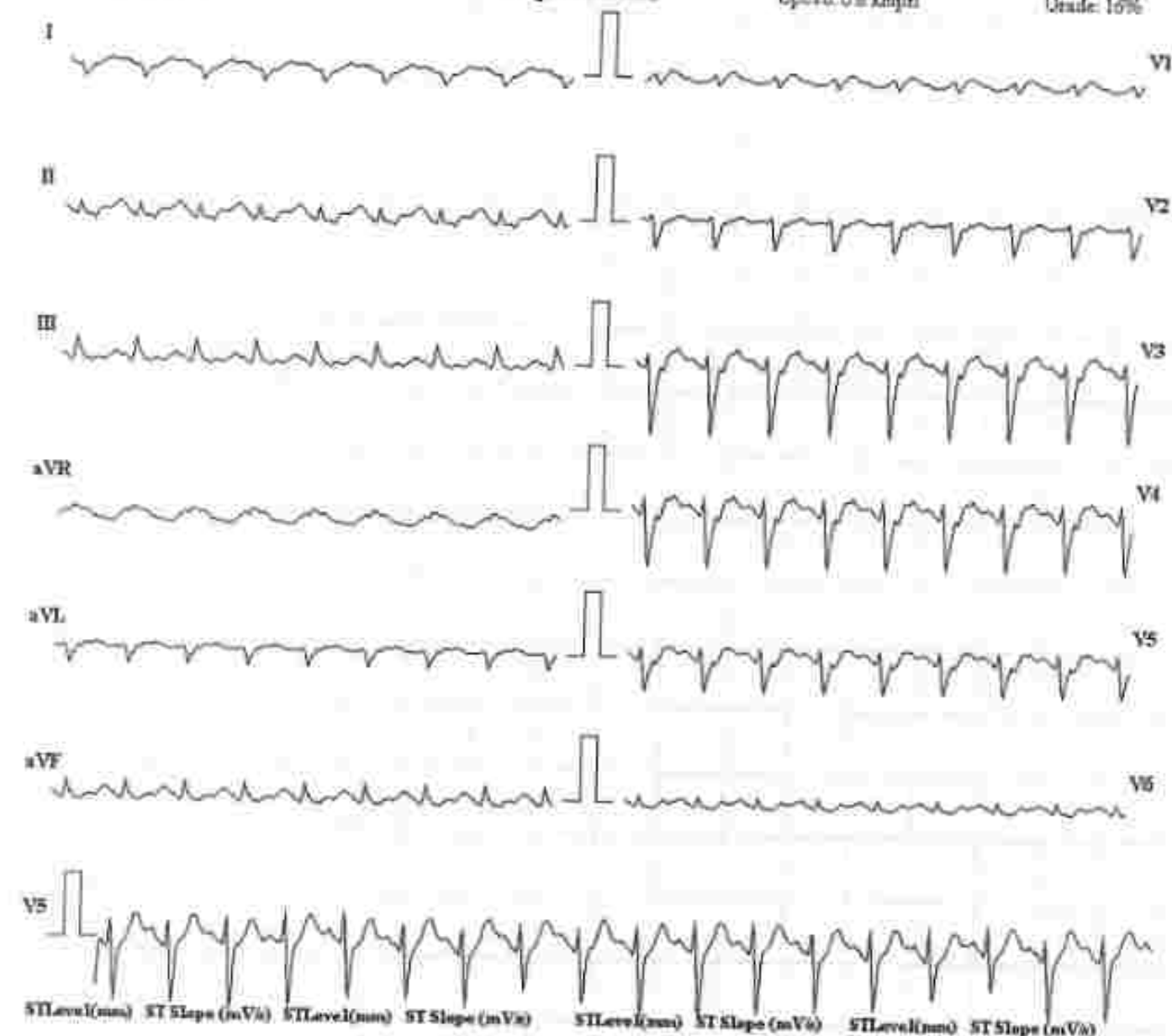


Chart Speed: 25 mm/sec
Schiller Cardiovit CS-20 Version 3.5

Filter: 35 Hz
Linked Median

Main Filter: CH
Amplitude: 10mm/mV
ISO = R - 60 ms, J = R + 60 ms, Post J = I + 80 ms

DARSHAN SINGH (56 M)

AL NILE HOSPITAL NIZWA

Bruce Protocol
Exec Time : 0:10:00

ID: 25009541
Stage: Recovery1
Stage Time : 01:00

Date: 04-05-2025
THR: 129 bpm
Speed: 0 kmph

HR: 157 bpm
BP: 180/100 mmHg
Grade: 0%

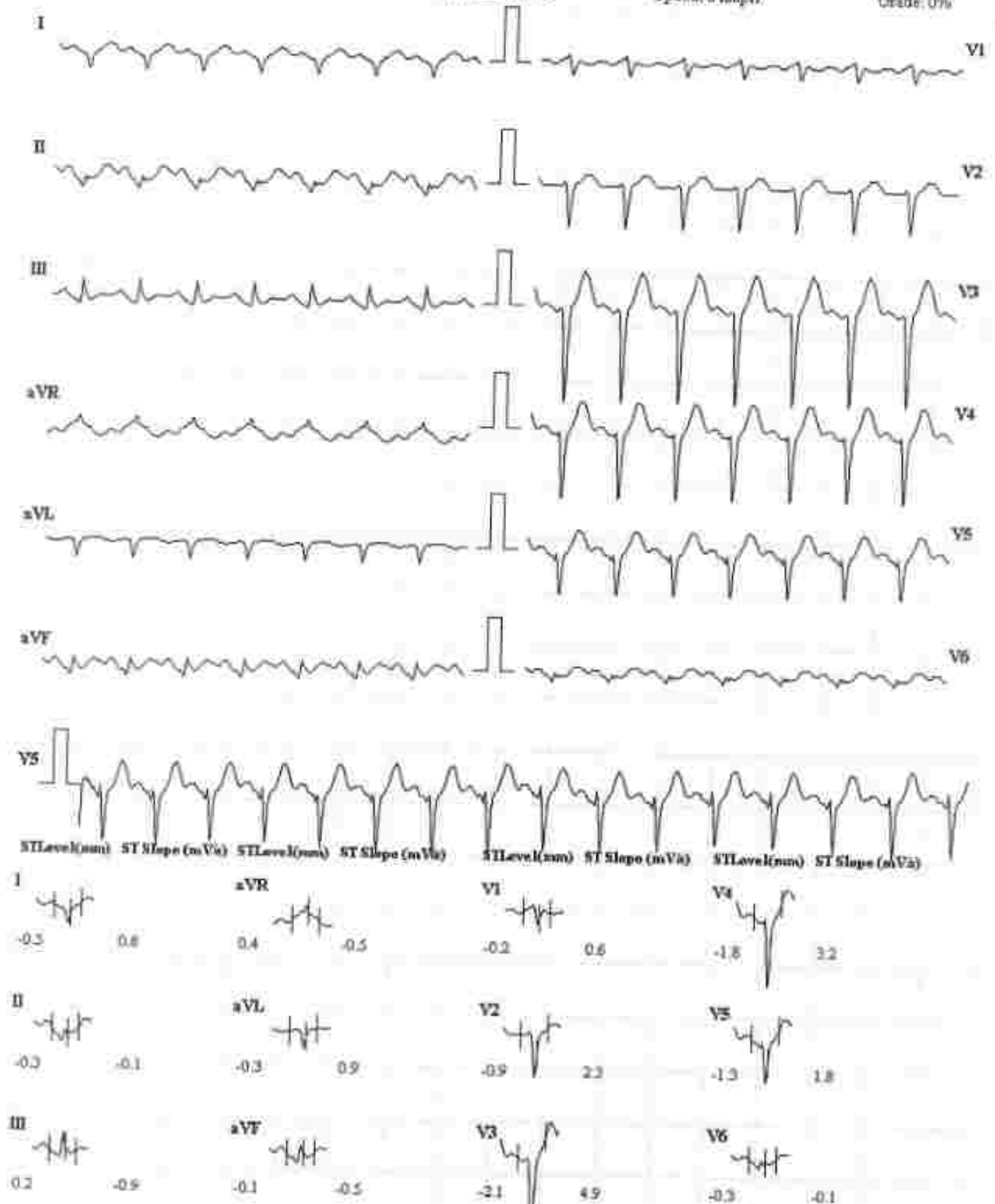


Chart Speed: 25 mm/sec
Schiller Cardiomit CS-20 Version 5.5

Filter: 35 Hz
Limited Median

Main Filter: ON
Amplitude: 10 mm/mV
ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms

DARSHAN SINGH (56 M)

AL NILE HOSPITAL NIZWA

Bruce Protocol

ID: 33009541

Date: 04-06-2025

HR: 152 bpm

Exec Time: 01:10:00

Stage: Recovery2

THR: 139 bpm

BP: 100/100 mmHg

Stage Time: 01:00

Speed: 0 kmph

Grade: 0%

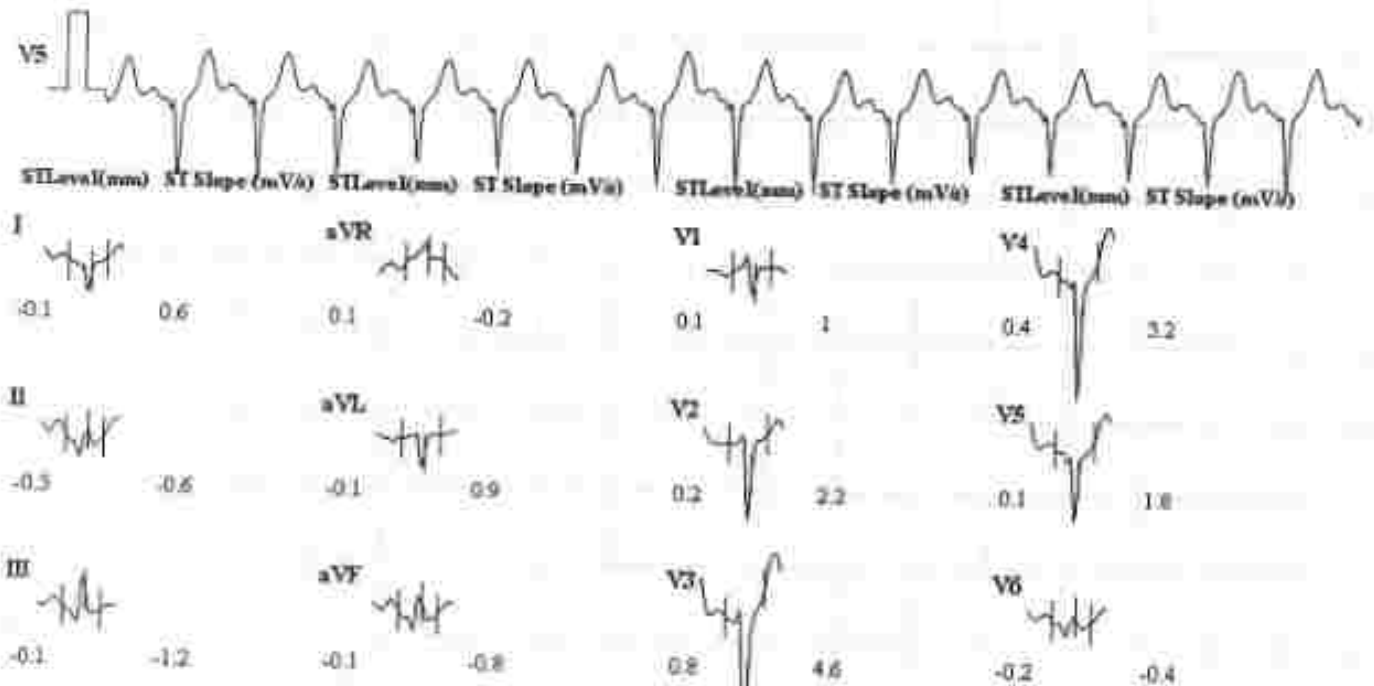
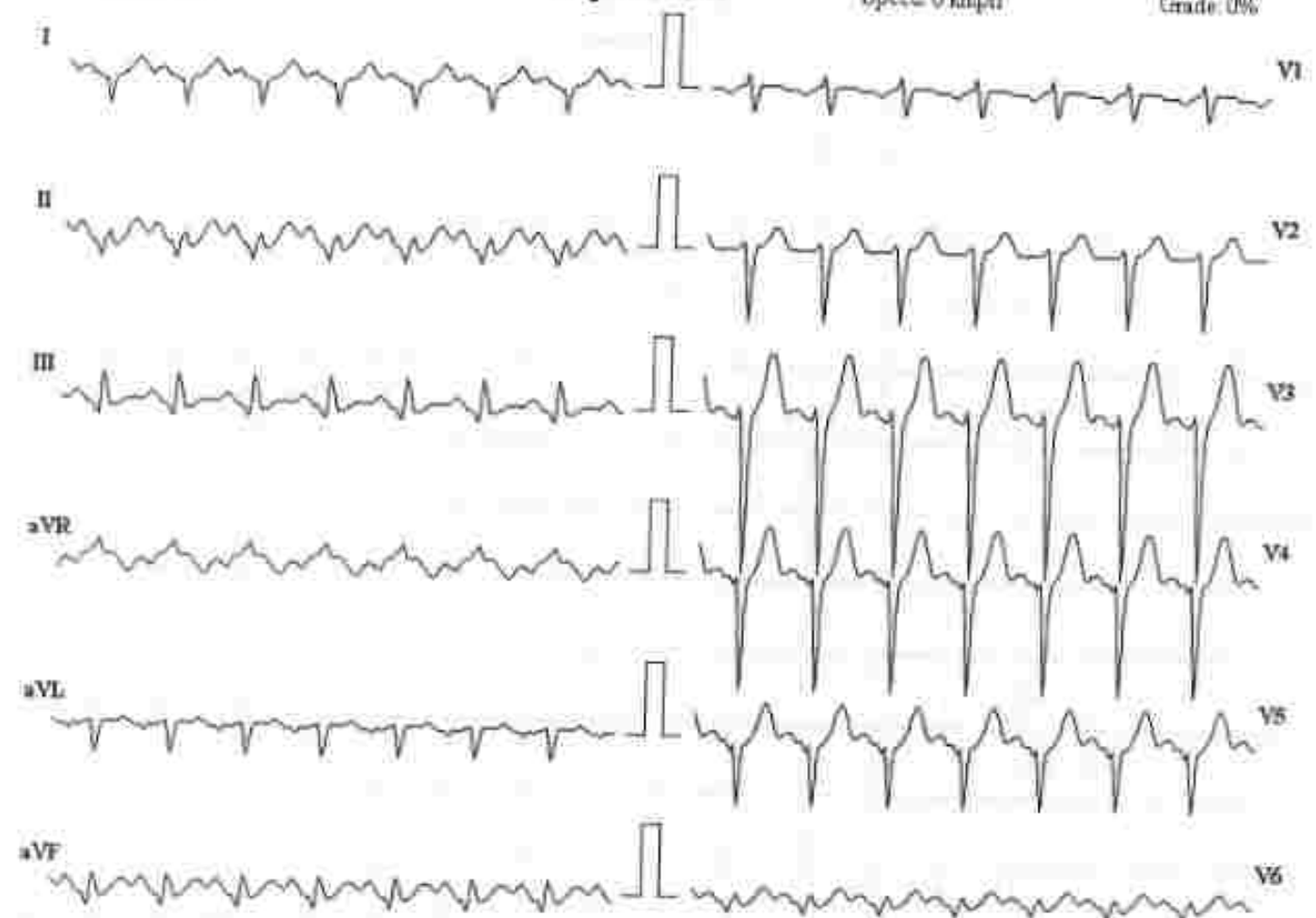
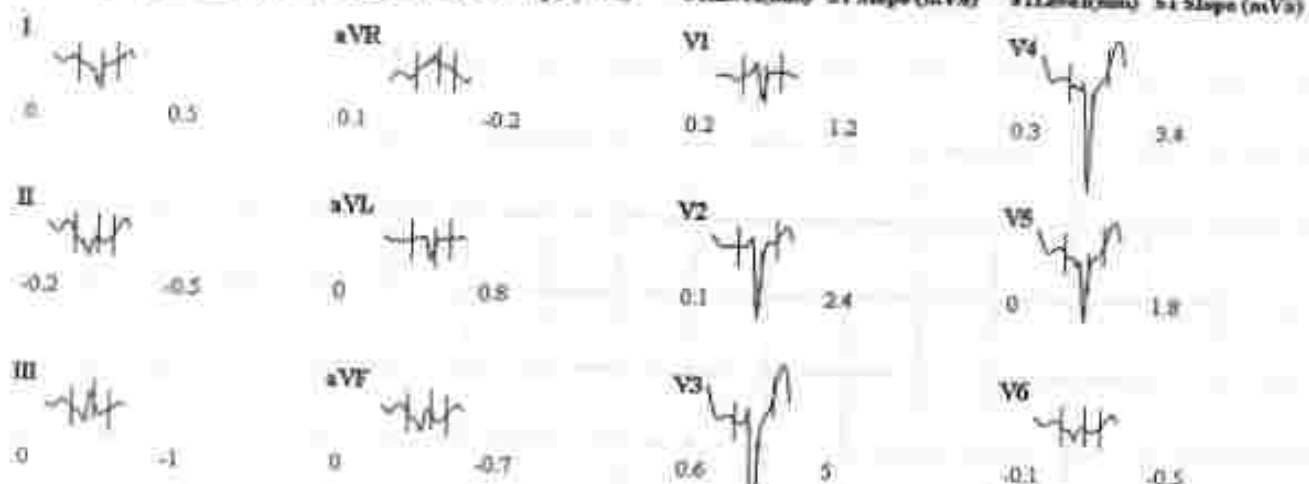
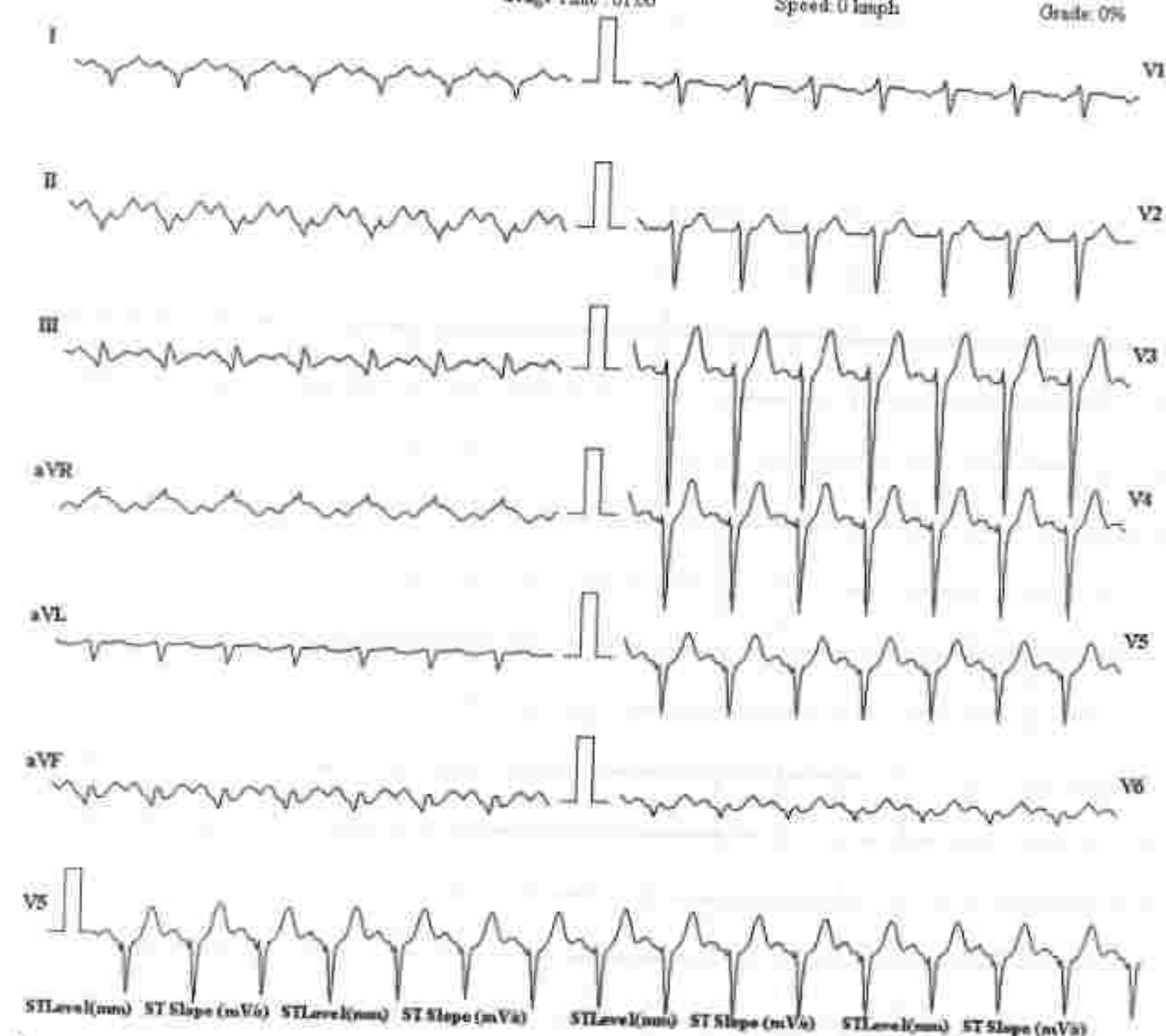
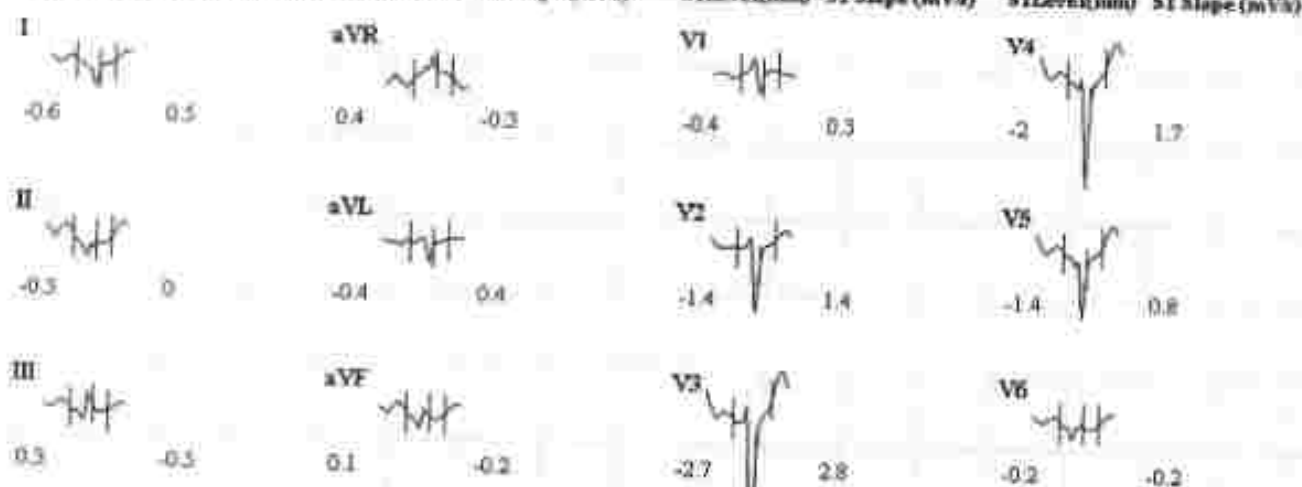
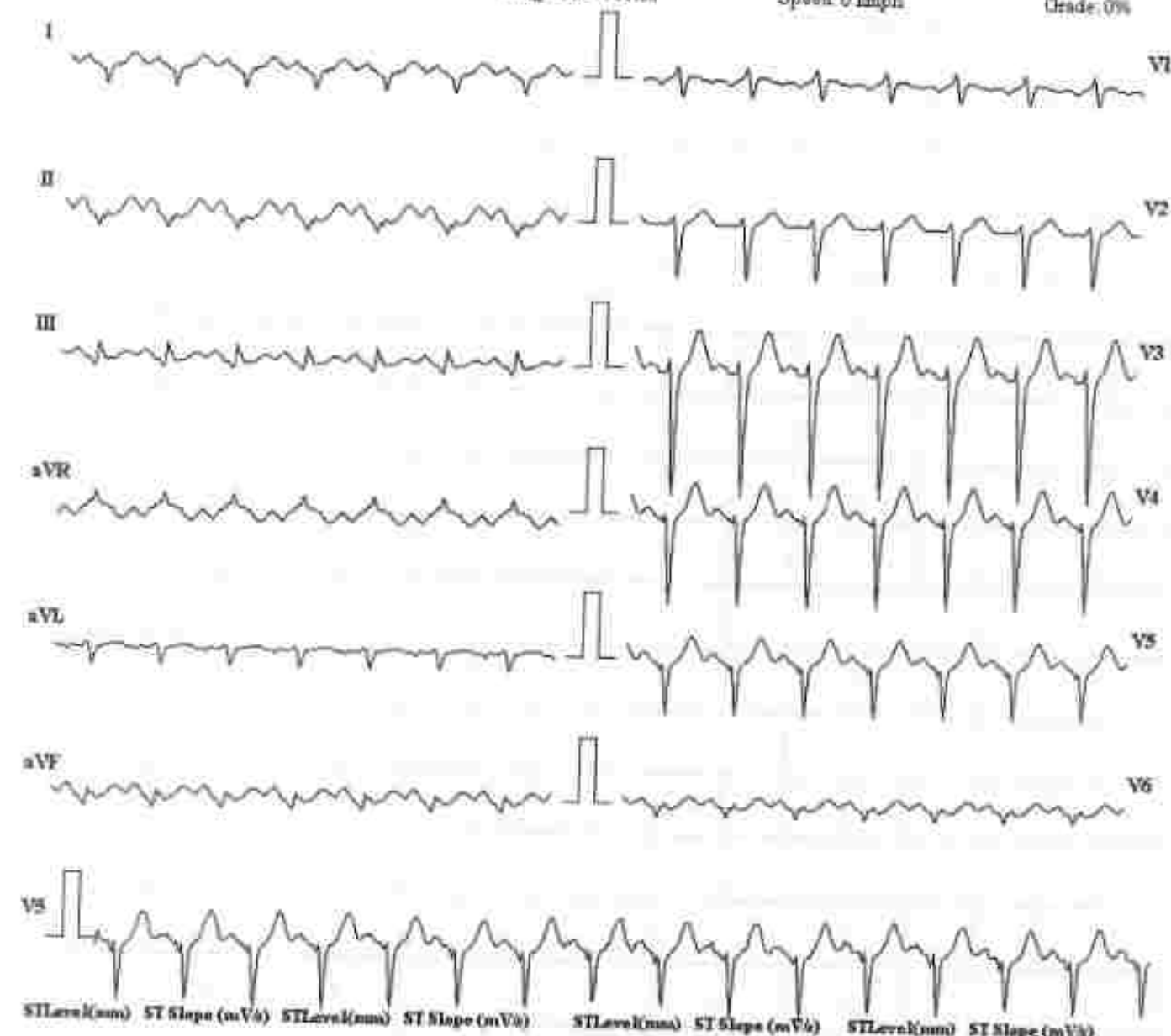


Chart Speed: 25 mm/sec
Schiller Cardiofit CS-20 Version 3.5

Filter: 35 Hz
Linked Median

Mean Filter: CN
Amplitude: 10mm/mV
ISC = R + 60 ms, J = R + 60 ms, Post J = J + 80 ms

DARSHAN SINGH (56 M)**AL NILE HOSPITAL NIZWA**Bruce Protocol
Exec Time : 0:12:00ID: 25009341
Stage: Recovery3
Stage Time : 01:00Date: 04-06-2023
THR: 139 bpm
Speed: 0 kmphHR: 140 bpm
BP: 120/100 mmHg
Grade: 0%Chart Speed: 25 mm/sec
Schiller Cardiofit CS-20 Version 3.5Filter: 35 Hz
Linked MedianMain Filter: ON
Amplitude: 10mm/mV
ECG = R - 60 ms, T = R + 60 ms, Post T = T + 80 ms

DARSHAN SINGH (56 M)**AL NILE HOSPITAL NIZWA**Exerc Protocol:
Exerc Time : 0:13:00ID: 23009541
Stage: Recovery
Stage Time : 01:00Date: 04.06.2025
THR: 139 bpm
Speed: 0 kmph**HR: 140 bpm**
BP: 130/100 mmHg
Grade: 0%Chart Speed: 25 mm/sec
Schiller Cardiovit CS-20 Version 3.5Filter: 35 Hz
Linked MedianMain Filter: ON
ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms

Amplitude: 10mm/mV

DARSHAN SINGH (56 M)

AL NILE HOSPITAL NIZWA

Bruce Protocol
Exer Time : 013:12

ID: 25009541
Stage: Recovery5
Stage Time : 00:12

Date: 04-06-2025
THR: 139 bpm
Speed: 0 kmph

HR: 143 bpm
BP: 170/100 mmHg
Grade: 0%

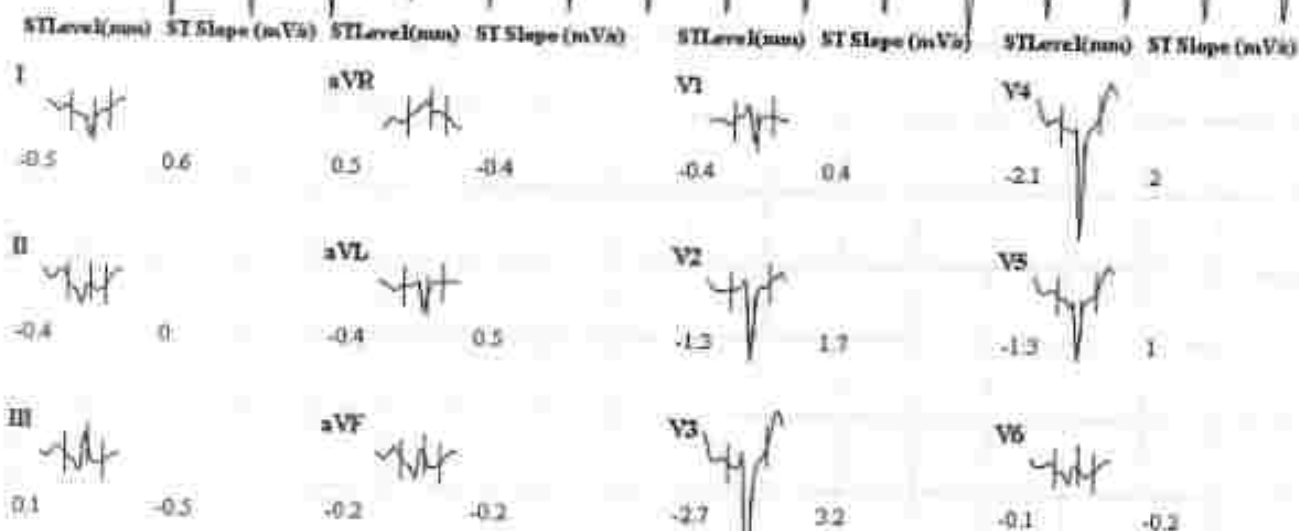
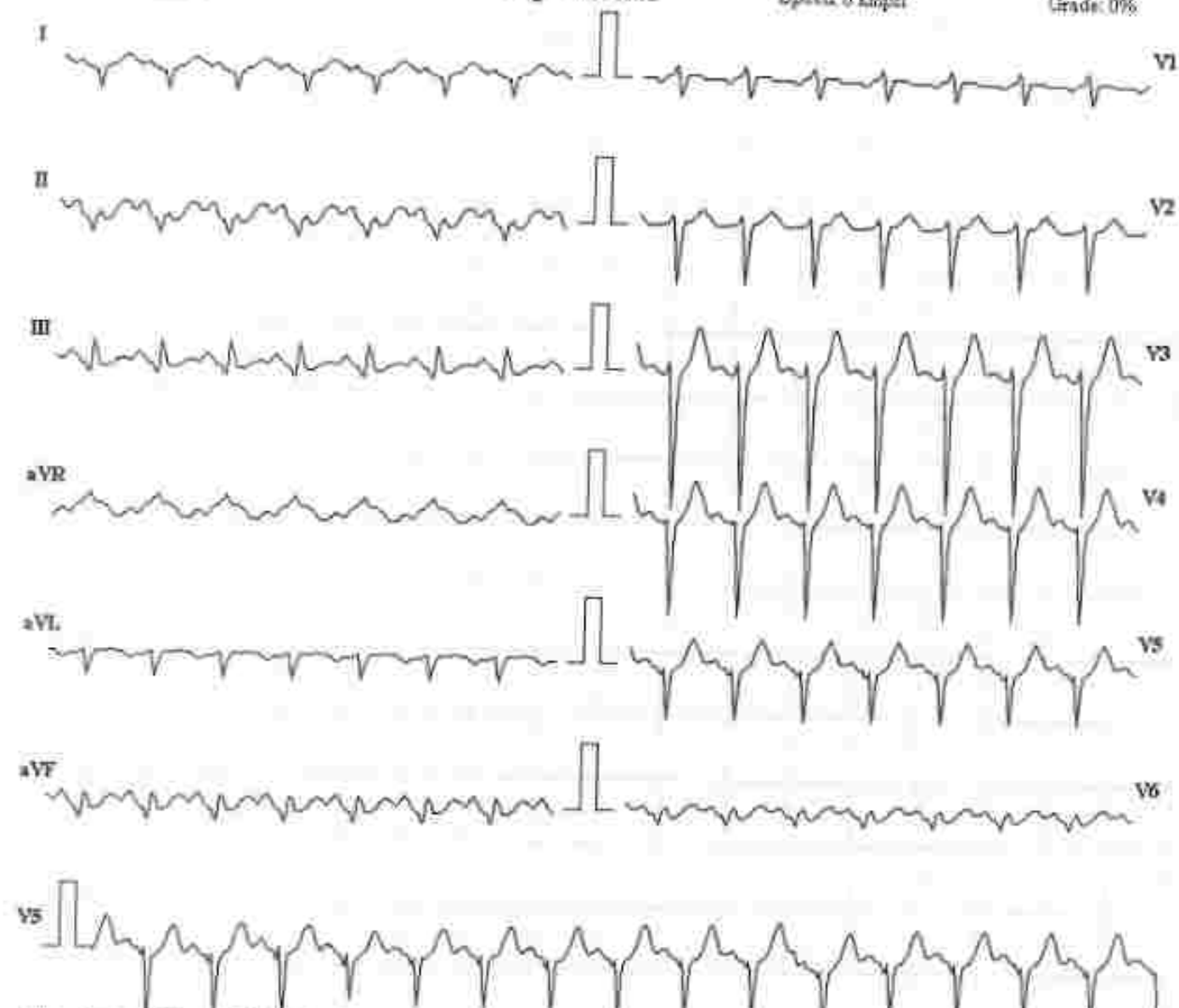


Chart Speed: 25 mm/sec
Schiller Cardiotest CE-20 Version 3.5

Filter: 35 Hz
Linked Median

Mean Filter: ON

ITC = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms

Amplitude: 10mm/mV

DARSHAN SINGH (56 M)

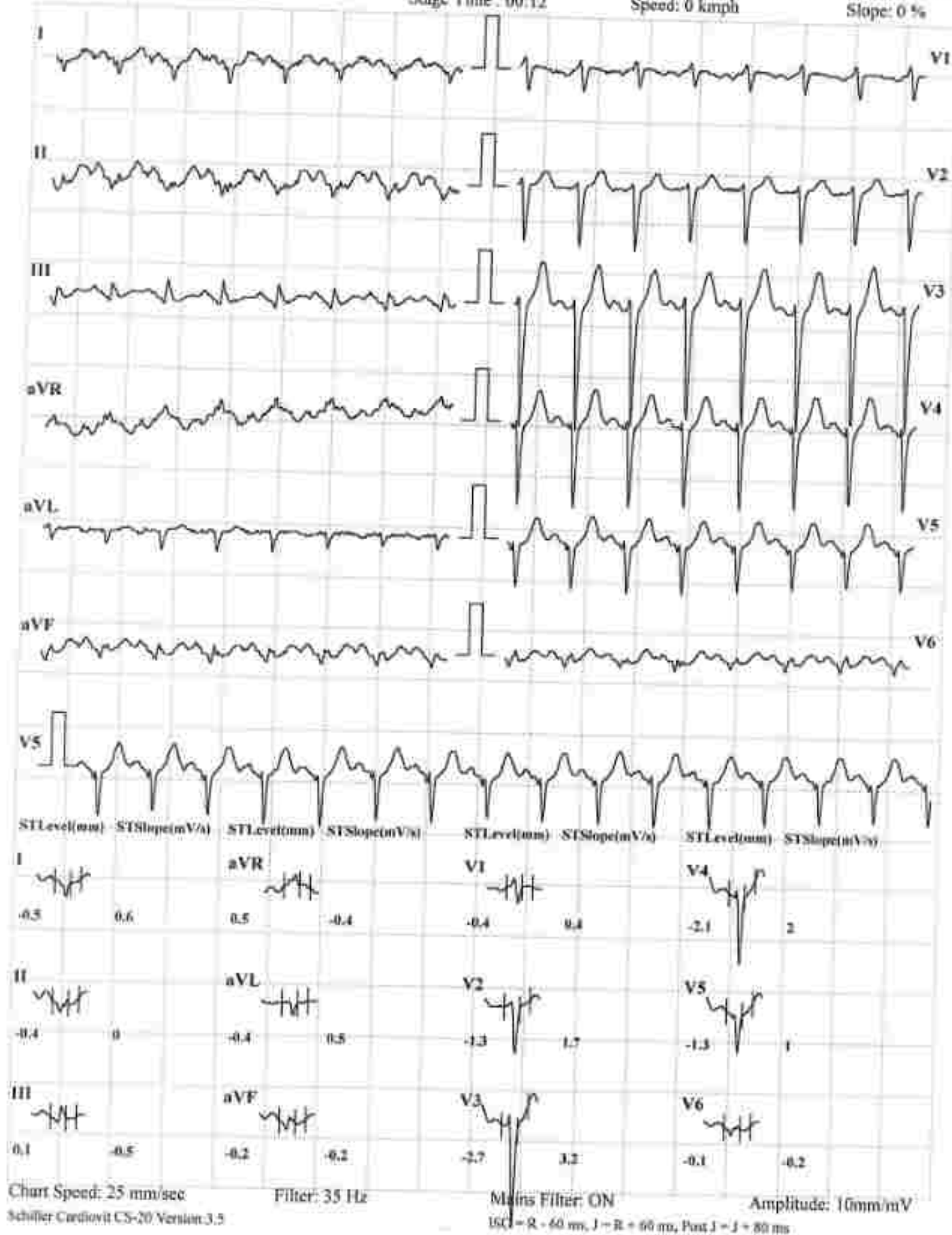
AL NILE HOSPITAL NIZWA

Bruce Protocol
Exec Time : 00:00

ID: 25009541
Stage: Recovery5
Stage Time : 00:12

Date: 04-06-2025
THR: 139 bpm
Speed: 0 kmph

HR: 143 bpm
BP: 170/100 mmHg
Slope: 0 %





Al Nile Hospital
مستشفى النيل

Patient Name: DARSHAN SINGH
File No: 25009541
Age: 36y 0m 14d
Gender: Male
Nationality: India

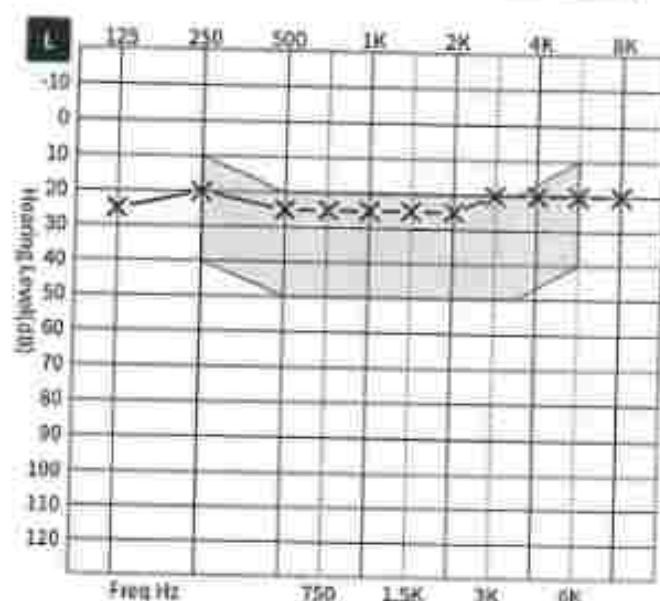
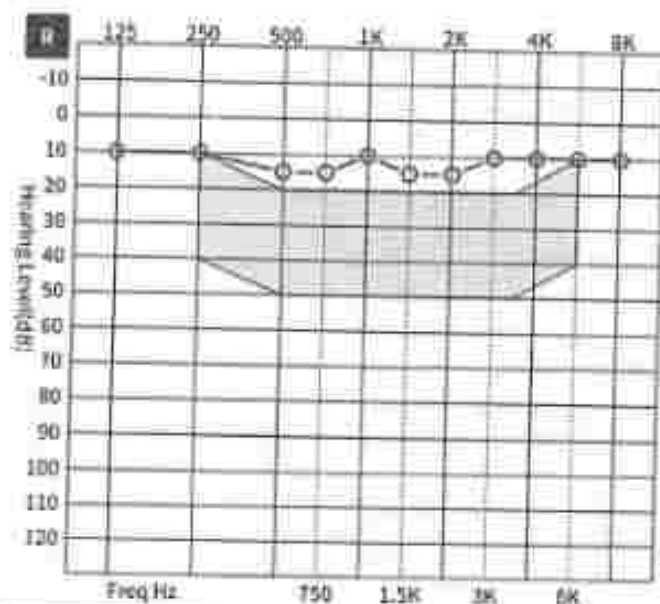
PTA Test Report

ID: 25009541

Name: DARSHAN SINGH

Gender: Male

Age: 36Y



Test Result: BILATERAL HEARING SENSITIVITY IS WITHIN NORMAL LIMITS.



Test Date: 2025-06-03 22:35

Printing Date: 2025-06-03 22:35

Examiner: _____

MR: DARSHAN SINGH, Framingham Risk Score

Estimated 10-year Global CVD Risk: 29.4%*

Risk Category: High Risk*

Estimated Vascular Age: >80 Years*

Answers calculated to formulate result:

1. Gender? — Male
2. Age? — 55-59
3. Total Cholesterol? — 5.16-6.19 mmol/L
4. HDL? — 1.17-1.29 mmol/L
5. Systolic Blood Pressure? — 140-149 mmHg
6. On Medication for Hypertension? — No
7. Smoker? — No
8. Diabetic? — Yes
9. Known Vascular Disease (CAD, PVD, Stroke)? — No





Al Nile Medical Complex مجمع النيل الطبي

P.O.BOX:300, POSTAL CODE - 511 NIZWA, SULTANATE OF OMAN C.R.NO.1128642
PH : 25426555, 25426228 \ WHATSAPP:94146648
Instagram:https://www.instagram.com/alnile_medical

Lab Report

Patient Name:	DARSHAN SINGH	Date:	04/06/2025 08:29:49
File No:	25009541	Sid No:	80822265
Payer Name:		Collection Date & Time:	04/06/2025 08:26:02
Insurance Card No:	-	Received Date & Time:	04/06/2025 08:39:49
Doctor:	Dr. Ali Mohammed Ghamsah	Reported Date & Time:	04/06/2025 09:09:53
Billing Time:	04/06/2025 08:13:59	Id Card No:	85134002
	Mobile: 96475488		

Test Name	Result	Biological Reference
BLOOD SUGAR FASTING	13.79 mmol/m	3.3-6.1
SGOT	9.1 U/L	< 40.0
SGPT	14.4 U/L	< 41.0
CREATININE	1.05 mg/dl	0.7-1.4
UREA	20.8 mg/dl	15.0-43.0
URIC ACID	3.8 mg/dl	3.4-7.0
TOTAL PROTEIN	7.76 g/dl	6.6-8.7
ALBUMIN	4.1 g/dl	3.5-5.2
ALKALINE PHOSPHATASE	99.0 U/L	35.0-104.0
BILIRUBIN TOTAL	0.733 mg/dl	< 1.1
CHOLESTEROL	221.5 mg/dl	< 200.0
HDL CHOLESTEROL	43.47 mg/dl	40.0-60.0
LDL CHOLESTEROL	108.0 mg/dl	< 150.0
TRIGLYCERIDE	340.3 mg/dl	40.0-160.0
Complete Blood Count		
Haemoglobin	16.0 mg/dl	13.0-18.0
Total leucocyte count	7.6200 Cells / Cumm	3,999.0 - 11,000.0
Differential count		
Neutrophils	76.9 %	40.0-75.0
Lymphocytes	15.0 %	15.0-45.0
Eosinophils	2.7 %	1.0-6.0
Monocyte	5.1 %	2.0-8.0
Basophils	0.1 %	< 10.0
Packed cell volume	48.3 %	< 54.0
RBC count	5.57 millions/mm	4.5-5.5
MCV	86.8 fl	81.8-91.5
MCH	28.8 pg	27.0-32.3
MCHC	33.1 g/dl	32.4-35.0
Platelet count	229,000.0 Cumm	150,000.0-400,000.0
RDW-CV	12.9 %	11.0-16.0
RDW-SD	40.6 fl	35.0-56.0
ESR(AUTOMATED)	2.0 mm/hr	< 15.0

URINE ANALYSIS



Al Nile
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P.O.BOX:300, POSTAL CODE - 611 NIZWA, SULTANATE OF OMAN C.R.NO.1128642
PH : 25426665, 25426228 \ WHATSAPP:94146648
Instagram:https://www.instagram.com/alnile_medical

Test Name	Result	Biological Reference
Color	Pale Yellow	"
Transparency	Clear	"
Specific Gravity	1.01	"
PH	Acidic	"
Glucose	++	"
Acetone	Trace	"
Bilirubin	NIL	"
Blood	NIL	"
Urobilinogen	NIL	"
Protein	NIL	"
Nitrate	NIL	"
Leukocyte	NIL	"
Pus cells	1-3	"
Erythrocytes	2-3	"
Squamous Epithelial Cell	Few	"
Crystal	NIL	"
Cast	NIL	"
Bacteria	NIL	"
Others	NIL	"

2025-06-04 09:10:29

End of Report

Technician: Hajar Mohammed
Hussin Mousa
License No: 9245





Al Nile
Medical Complex
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P.O.BOX:300, POSTAL CODE – 611 NIZWA, SULTANATE OF OMAN C.R.NO.1128642
PH : 25426665, 25426228 \ WHATSAPP:94146648
Instagram:https://www.instagram.com/alnile_medical

Lab Report

Patient Name:	DARSHAN SINGH	Date:	04/06/2025 11:17:07
File No:	25009541	Sid No:	BB#22289
Payer Name:		Collection Date & Time:	04/06/2025 11:15:42
Insurance Card No:		Received Date & Time:	04/06/2025 11:17:07
Doctor:	Dr. Bassel Ali Al Rabei	Reported Date & Time:	04/06/2025 11:37:06
Billing Time:	04/06/2025 10:18:17	Id Card No:	85134002
	Age/Gender: 56y 0m 14d / M		
	Mobile: 96475488		

Test Name
HBA1C

Result
8.7 %

Biological Reference
4.0 - 6.0

2025-06-04 14:21:17

End of Report

Technician: Hajar Mohammed
Hussein Mousa
License No: 9245



2025-06-10 10:14:11
Name : DARSHAN SINGH
Sex : Male Age : 56
Section: DR. BASSEL
Room ID:
Bed ID:
ID:
Operator: vidhya

<< Conclusions >>

Normal Sinus Rhythm:
Cardiac electric axis normal.
Report need physician confirm



Patient Name: DARSHAN SINGH
File No: 2505541
Age: 56y 0m 20d
Gender: Male
Nationality: India

Physician:

ALTO 10mm/mV

10mm/mV

