



مجموعة مستشفيات ومستوصفات بدر السماء

BADR AL SAMAA

GROUP OF HOSPITALS & POLYCLINICS

More Than Healthcare ... Humane Care

1464



Organization Accredited
by Joint Commission International
Badr Al Samaa Hospital, Ruwi & Al Khoud

MEDICAL FITNESS CERTIFICATE FOR TRUCKOMAN

NAME		JASWINDER SINGH	
AGE/D.O.B	38 Y,08.10.1982	DATE	03.04.2021
PASS/ID NO:	87690112	GENDER	MALE
VISION-RT-EYE	6/6 WITHOUT GLASSES	HEIGHT	166 CM
LT-EYE	6/6 WITHOUT GLASSES	WEIGHT	97 KG
HEART	NORMAL	BP	134/78 mmHg
LUNGS	NORMAL	PULSE	86/ Min
ABDOMEN	NORMAL	CNS	NORMAL
SKIN	NORMAL	ENT	NORMAL

INVESTIGATIONS

FBS	NORMAL
BLOOD GROUP	A NEGATIVE
HAEMOGRAM	NORMAL
LFT	NORMAL
RFT	NORMAL
LIPID PROFILE	NORMAL
SICKLING TEST	NEGATIVE
URINE ROUTINE	NORMAL
AUDIOGRAM	NORMAL AUDIOMETRIC THRESHOLD
FRAMINGHAM SCORE	Probability of developing cardiovascular disease in next 10 years is 0.5%

COMMENTS KNOWN T2DM /SHT-ON MEDICATION

CONCLUSION MEDICALLY FIT

Signature:

SEAL

Dr.B.VENKATESH KUMAR
CARDIOLOGIST
MOH NO#14581



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المقر الرئيسي :

س.ت. : ١٦٩٣٨٠٨، ص.ب. : ٤٤٣، الفاكس : ٢٤٧٩٩٧٦٠، هاتف : ٢٤٧٩٩٧٦٠

الخبير : ٢٤٤٨٨٣٢٢، ص.ح. : ٢٨٨٤٩١٠، الخوض : ٢٥٤٦٠٩٩، ص.ل. : ٢٣٩٨٣٠

بركاء : ٢٨٨٤٩١٠، صور : ٢٥٥٤٧٧٧، نزوى : ٢٥٤٧٧٧، فج : ٢٦٧٥٤١٣١

البريد الإلكتروني : info@badroman.com

Appendix 32: EX1 Form (Initial Examination Report)

INITIAL EXAMINATION REPORT (MEDICAL – CONFIDENTIAL)



Petroleum Development Oman
MEDICAL DEPARTMENT

PLEASE COMPLETE YOUR PERSONAL
DETAILS IN BLOCK CAPITALS

Surname <u>Jaswinder Singh</u>	
Forenames :	
Address	
Home telephone number	
Place of examination BADR AL SAMAA	Date <u>03/04/21</u>
If a dependant enter employee's name here:	
Surname:	Forenames:
Birth date: <u>08-10-1982</u>	Nationality:
Country of birth:	Religion:
☒ Male ☐ Female	☐ Married ☐ Single ☐ Separated /Divorced
Relationship to employee ☐ Wife ☐ Son ☐ Daughter	
Number of children:	
Reason for examination Pre-Employment Job: ☐	
Pre-Overseas Area: ☐	
Name and address of family doctor	List your last 3 jobs
	(1)
	(2)
Are you a Registered Disabled Person? (UK only) ☐	Do you belong to any Medical Insurance Scheme? ☐
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)	
Y	N
1. Sinus trouble	21. Cancer
2. Neck swelling/glands	22. Heart Disease
3. Difficulty in vision	23. Rheumatic fever
4. Any ear discharge	24. Abnormal heartbeat
5. Asthma/bronchitis	25. High blood pressure
6. Hayfever/other significant allergy	26. Stroke
7. Any skin trouble	27. Serious chest pain
8. Tuberculosis	28. Any blood disease
9. Shortness of breath	29. Kidney disease
10. Coughed/vomited blood	30. Blood in urine
11. Severe abdominal pain	31. Diabetes
12. Stomach ulcer	32. Headaches/migraine
13. Recurrent indigestion	33. Dizziness/fainting
14. Jaundice or hepatitis	34. Epilepsy
15. Gall Bladder disease	35. Joints/spinal trouble
16. Marked change in bowel habits	36. Surgical operation
17. Blood in stools (motions)	37. Serious accident/fracture
18. Marked change in weight	38. Tropical disease
19. Varicose veins	39. Fear of heights
20. Lump in breast/armpit	
HAVE YOU EVER BEEN:-	
40. Rejected for employment or insurance for medical reasons	
41. Awarded benefits for industrial injury/illness	
42. Treated for a mental condition, e.g. depression	
43. Treated for problem drinking or drug abuse	
44. Exposed to toxic substance or noise	
FOR WOMEN ONLY	
Have you ever had:-	
45. An abnormal smear	
46. Any gynaecological treatment	
47. Are you pregnant?	
48. HAVE YOU HAD AN ILLNESS NOT MENTIONED ABOVE	
How much tobacco each day? <u>(2-3 Cig/day)</u>	Average daily alcohol consumption <u>None (non/week)</u>
Have you ever taken elicited drugs? () PDO test all new/potential employees for elicited/recreational drugs	
FAMILY HISTORY: Diabetes (x) Tuberculosis (x) Epilepsy (x) Asthma (x) Eczema (x)	
Heart disease (x) High blood pressure (x) Stroke (x) Blood Disease (x) Cancer (x)	

PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-

I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.

Date: 03/04/21

Signature of Applicant: Jaswinder Singh

FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

HAN/DM on radiation

Dr. B. VENKATESH KURU
CARDIOLOGIST
MOH NO#14581



N = Normal A = Abnormal (please describe)				PHYSICAL EXAMINATION					
N	A								
		1. Eyes & Pupils		Normal → Reactive					
		2. E.N.T.							
		3. Teeth & Mouth							
		4. Lungs & Chest		Normal					
		5. Cardiovascular System		S1 S2					
		6. Abdo. Viscera		No mass					
		7. Hernial Orifices		No					
		8. Anus & Rectum		Normal					
		9. Genito-urinary		Normal					
		10. Extremities		Normal					
		11. Musculo-skeletal		Normal					
		12. Skin & Varicose Vns.		Normal					
		13. C.N.S.		Normal					
HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE	HEARING	VISION		Colour Vision	Blood Group
166	97.3	37.8	134/78	86/min.	L R	DISTANT NEAR	R L R L	(N)	A-
						Uncorrected Corrected	8/6 6/6 2/6 4/6		
N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS				N	A		
✓		1. Urinalysis						7. Audiogram	
✓		2. Hb, Bloodcount, ESR						8. Lung Function	
✓		3. LFT, RFT, RBS						9. Chest X-Ray	
✓		4. Drug Screen						10. ECG	
✓		5. Lipids (40 years +)						11. CVS risk for 40 yrs. & above	
✓		6. Sick Cell test						12. HIV, Hepatitis screening	

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

72mm / 35 on medication

ASSESSMENT:

FIT ALL AREAS ☒ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT ☐

Date: 08/04/16 Name (Block Capitals): Dr. / Nurse Signature:

REVIEW/CONSULTATION

Date: 08/04/16 Name (Block Capitals): Dr. / Nurse Signature:

Dr. B. VENKATESH KUMAR
CARDIOLOGIST
MOH NO#14581

