1404

PLEASE COMPLETE YOUR PERSONAL DETAILS IN BLOCK CAPITALS

DOB 08/10/1982 CIVIL-8266901

مركز الرسيل الصحي
RUSAYL HEALTH CENTRE
NIZR, FAHUD, QARNALAM, BHAJA, SAHRIWAL, MARMUL

INITIAL EXAMINATION REPORT

Surname	
Forenames	JASWINDER SINGH
Address	TRUCK-OMAN
	Staff-1464
Home Telephone number	95398892

Place of examination: RS PAC CLINIC BAHJA Date: 27/04/19

If a dependant or fancee entr employees name jere :-

Surname : Forenames:

Naticnality	Country of birth	Religion
INDIAN	INDIA	SIKHISM

☑ Male	☐ Single	☐ Widow(er)	
☐ Female	☑ Married	☐ Divorced Separated	

Relationship to employee: ☑ Wife 1 Son 1 Daughter ☐ Fiancee

Number of Children: 2

Reason for examination: ☑ Pre-employment ☐ Pre-overseas

Job :- DRIVER (HEAVY)

Area:- BAHJA

Name and address of family doctor	List your last 3 jobs
	(1)
	(2)
	(3)

C.R. No.: 1/259954 P.O. Box : 18 P.C.: 124, Rusayl Sultanate of Oman RUSAYL HEALTH CENTRE

Are you Registered Disabled Person? (UK ☐ Do you belong to any Medical Insurance Scheme? ☐

DO YOU HAVE OR HAVE YOU HAD :- (Tick "yes" or "No" column or put a (?) It uncerlain exclude minor ailmenis.)

	Y	N
1. Sirius rouble		✓
2. Neck swellings/flands		✓
3. Difficulty in vision		✓
4. Any ear discharge		✓
5. Asthma/bronchitis		✓
6. Hayfever/other allergy		✓
7. Any skin trouble		✓
8. Tuberculosis		✓
9. Shortness of breath		✓
10. Coughed/vomited blood		✓
11. Severe abdominal pain		✓
12. Stomach ulcer		✓
13. Recurrent indigestion		✓
14. Jaundice or hepatitis		✓
15. Gall bladder disease		✓
16. Marked change in bowel habits		✓
17. Blood in stools (motions)		✓
18. Marked change in weight		✓
19. Varicose veins		✓
20. Lump in breast/armpit		✓
21. Cancer		✓

	Y	N
22. Heart Disease		✓
23. Rheumatic Fever		✓
24. Abnormal heartbeat		✓
25. High blood pressure	✓	
26. Stroke		✓
27. Serious chest pain		✓
28. Any blood disease		✓
29. Kidney disease		✓
30. Painful passage of urine		✓
31. Blood in urine		✓
32. Diabetes	✓	
33. Headaches /migraine		✓
34. Dizziness/tainting		✓
35. Epilepsy		✓
36. Joints/spinal trouble		✓
37. Surgical operation		✓
38. Serious accident /tracture		✓
39. Tropical disease		✓
40. Fear of heights		✓
HAVE YOU EVER BEEN:- 41. Rejected for employment or insurance for medical reasons		✓

	Y	N
42. Awarded benifities for Industrial injury/lilness		✓
43. Treated for a mental condition. eg . depression		✓
44. Treated for problem drinking or drug abuse		✓
45. Exposed to toxic substance or noise		✓
FOR WOMEN ONLY Have you aver had:-		✓
46. An abnormal smear		
47. Any gynaecological treatment		
48. Are you pregnant?		
49. HAVE YOU HAD AN ILLNESS NOT MENTIONED ABOVE ?		

How much tabacco each day ? 1-2 Average daily alcohol consuption

Family history: Diabetes ☒ Tuberculosis ☒ Epilepsy ☒ Asthama ☒ Eczerna ☒
Heart disease ☒ High blood pressure ☒ Stroke ☒ Cancer ☒ Blood disease ☒

PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT :-
I declare these statements to be true to the best of my knowledge and belief and I agree that the result of this medical in general terms may be revealed to the company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer.

Date 27-04-19 Signature of applicant Jaswinder Singh

FOR COMPLETION BY EXAMINING DOCTOR OR SISTER
FURTHER DETAILS OF MEDICAL HISTORY AND RECREATIONAL ACTIVITIES

N - Normal A - Abnormal Please Describe			PHYSICAL EXAMINATION
N	A		BMI-36.4 kg/m²
✓		1. Eyes & Pupils	HR-96 b/min
✓		2. E.N.T.	
✓		3. Teeth & Mouth	
✓		4. Lungs & Chest	
✓		5. Cardiovascular System	
✓		6. Abdo. Viscera	
✓		7. Hermial Orifices	
✓		8. Anus & Recturn	
✓		9. Genito - urinary	
✓		10. Extremities	
✓		11. Muscula-skeletal	
✓		12. Skin & Varicose Vns.	
✓		13. C.N.S.	
✓		14. Breasts	
		15.	

مركز الرسيل الصحي
C.R. No.: 1/2599516
P.O. Box : 19
P.C.: 124, Rusayl
Sultanate of Oman
RUSAYL HEALTH CENTRE

HEIGHT cm	WEIGHT kg	B.P.	HEARING	HEARING	VISION:	DISTANT	NEAR	COLOUR VISION	BLOOD GROUP
163	96.8	147/81	L (N)	L	Uncorrected	R (N) L (N)	R (N) L (N)		
			R (N)	R	Corrected				

N	A	LABORATORY AND SPECIAL INVESTIGATIONS	N	A	
✓		1. Urimalysis			6. Audiogram
✓		2. Hb Bloodcount ESR			7. Lung Function
	✓	3. Sarum Profile			8. Chest X-Ray
		4. Stool			9. Drug Screen
		5. E.C.G.			10. CR Screen

TG-221 mg/dl FBS-192 mg/dl
TC-238 mg/dl
HDL-37.6 mg/dl
LDL-146.56 mg/dl

OTHER FINDINGS (physique, scars, disabilities, mental stability etc.)

BMI-36.4 kg/m²

Adv-
- ✓ Weight reduction
- ✓ Regular exercise
- ✓ Take plenty of fruits vegetables & fish oil
- ✓ Continue diabetic & antihypertensive medication.

ASSESSMENT

☑ FIT ALL AREAS ☐ FIT HOME SERVICES ONLY ☐ UNFIT/UNSUITABLE ☐ MAY BE REASSESSED

Date 28-04-19 Signature DR. HASAN MAHBUB KHAN BAYZID Name (Block Capitals) Doctor / Sister

MEDICAL OFFICER
RUSAYL HEALTH CENTRE
MOH LIC NO. 15691

REVIEW/CONSULTATION

Date Signature Name (Block Capitals) Doctor / Sister