



Appendix 32: EX1 Form (Initial Examination Report)

INITIAL EXAMINATION REPORT (MEDICAL – CONFIDENTIAL)



Petroleum Development Oman
MEDICAL DEPARTMENT

PLEASE COMPLETE YOUR PERSONAL
DETAILS IN BLOCK CAPITALS

Surname	JAVED AHMED
Forenames	Muhammad Ahmad
Address	
Home telephone number	

Place of examination	Muscat - Oman	Date	18/02/2022
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If a dependant enter employee's name here:	
Surname:	Forenames:

Birth date:	Nationality:	Country of birth:	Religion:
06/01/1989	PAKISTANI	PAKISTAN	

<input checked="" type="checkbox"/> Male <input type="checkbox"/> Female	<input checked="" type="checkbox"/> Married <input type="checkbox"/> Single <input type="checkbox"/> Separated /Divorced	Relationship to employee <input type="checkbox"/> Wife <input type="checkbox"/> Son <input type="checkbox"/> Daughter	Number of children: 3
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Reason for examination	Pre-Employment <input type="checkbox"/> Job:
	Pre-Overseas <input type="checkbox"/> Area:

Name and address of family doctor	List your last 3 jobs
	(1)
	(2)

Are you a Registered Disabled Person? (UK only) <input type="checkbox"/>	Do you belong to any Medical Insurance Scheme? <input type="checkbox"/>
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DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)

	Y	N		Y	N		Y	N		
1. Sinus trouble			21. Cancer			HAVE YOU EVER BEEN:-				
2. Neck swelling/glands			22. Heart Disease				40. Rejected for employment or insurance for medical reasons			
3. Difficulty in vision			23. Rheumatic fever				41. Awarded benefits for industrial injury/illness			
4. Any ear discharge			24. Abnormal heartbeat				42. Treated for a mental condition, e.g. depression			
5. Asthma/bronchitis			25. High blood pressure				43. Treated for problem drinking or drug abuse			
6. Hayfever /other significant allergy			26. Stroke				44. Exposed to toxic substance or noise			
7. Any skin trouble			27. Serious chest pain				FOR WOMEN ONLY Have you ever had:-			
8. Tuberculosis			28. Any blood disease					45. An abnormal smear		
9. Shortness of breath			29. Kidney disease					46. Any gynaecological treatment		
10. Coughed/vomited blood			30. Blood in urine					47. Are you pregnant?		
11. Severe abdominal pain			31. Diabetes			48. HAVE YOU HAD AN ILLNESS NOT MENTIONED ABOVE				
12. Stomach ulcer			32. Headaches/migraine							
13. Recurrent indigestion			33. Dizziness/fainting							
14. Jaundice or hepatitis			34. Epilepsy							
15. Gall Bladder disease			35. Joints/spinal trouble							
16. Marked change in bowel habits			36. Surgical operation							
17. Blood in stools (motions)			37. Serious accident/fracture							
18. Marked change in weight			38. Tropical disease							
19. Varicose veins			39. Fear of heights							
20. Lump in breast/areola										

How much tobacco each day? <input checked="" type="checkbox"/>	Average daily alcohol consumption <input checked="" type="checkbox"/>
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Have you ever taken elicited drugs? PDO test all new/potential employees for elicited/recreational drugs

FAMILY HISTORY: Diabetes <input checked="" type="checkbox"/> Tuberculosis <input checked="" type="checkbox"/> Epilepsy <input checked="" type="checkbox"/> Asthma <input checked="" type="checkbox"/> Eczema <input checked="" type="checkbox"/>
Heart disease <input checked="" type="checkbox"/> High blood pressure <input checked="" type="checkbox"/> Stroke <input checked="" type="checkbox"/> Blood Disease <input checked="" type="checkbox"/> Cancer <input checked="" type="checkbox"/>

PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-

I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.

Date: 18/02/2022	Signature of Applicant: Javed
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FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

Hypertension on Reg Reg.

N = Normal A = Abnormal (please describe)		PHYSICAL EXAMINATION	
N	A		
/		1. Eyes & Pupils	
/		2. E.N.T.	
/		3. Teeth & Mouth	
/		4. Lungs & Chest	
/		5. Cardiovascular System	
/		6. Abdo. Viscera	
/		7. Hemial Orifices	
/		8. Anus & Rectum	
/		9. Genito-urinary	
/		10. Extremities	
/		11. Musculo-skeletal	
/		12. Skin & Varicose Vns.	
/		13. C.N.S.	

HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE	HEARING	VISION	Colour Vision	Blood Group
1.49	102	22	100/90	79 /mins.	L 4 R 4	DISTANT R L Uncorrected 6/6 6/6 Corrected	28	

N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS	N	A
/		1. Urinalysis	/	
/		2. Hb, Bloodcount, ESR	/	
/		3. LFT, RFT, RBS	/	
/		4. Drug Screen	/	
/		5. Lipids (40 years +)	/	
/		6. Sickle Cell test	/	
		Impaired FBS		
		7. Audiogram		
		8. Lung Function		
		9. Chest X-Ray		
		10. ECG		
		11. CVS risk for 40 yrs. & above		
		12. HIV, Hepatitis screening		

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

ASSESSMENT:

FIT ALL AREAS FIT WITH RESTRICTION TEMPORARY UNFIT UNFIT

18/03/2025
- Impaired FBS - Report 2 HbA1c after 3 months
- Lifestyle modifiable

Date: _____ Name (Block Capitals): Dr. / Nurse _____ Signature: _____

REVIEW/CONSULTATION

Date: _____ Name (Block Capitals): Dr. / Nurse _____ Signature: _____



DEPARTMENT OF LABORATORY MEDICINE

File No: 14279545	Report No: 0148155
Name: JAVAID AZAM MUHAMMAD AZAM 6269	Sample Date: 18/03/2025 Time: 8:21
Address:	Received By:
Gender: M Age: 44 Y Nationality: PAKISTANI	Received Date: Time:
GSM No.: 95116931 ID Card No.: 67762603	Report Date: 18/03/2025 Time: 10:24
Ref. By: DR SHIVAKUMAR SIDDAIAH	Bill No: 0360818 Bill Date: 18/03/2025
	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
PDO PACKAGE ABOVE 40 YEARS		
↑ FASTING BLOOD SUGAR	6.17 mmol/L	4.11 -6.05mmol/L
CREATININE	87.00 µ mol/L	Adults: MALE: 62 – 106 µ mol/L FEMALE: 44 - 80 µ mol/L
SGPT (ALT)	47.00 U/L	MALE : up to 41 U/L, FEMALE : up to 33 U/L.
TOTAL WBC COUNT	8.80 x 10 ³ / µL	4.00-11.00 x 10 ³ / µL
DIFFERENTIAL COUNT		
NEUTROPHIL (%)	53.79 %	40-75%
LYMPHOCYTE (%)	34.04 %	20-45%
MONOCYTE (%)	6.63 %	2-8%
EOSINOPHIL (%)	4.79 %	1-6%
BASOPHIL (%)	0.76 %	0-1%
ERYTHROCYTE SEDIMENTATION RATE	15 mm/1st hr	MALE:0-15 mm/ 1st hr FEMALE:0-20 mm/ 1st hr
HAEMOGLOBIN	15.01 gm/dl	Male : 13 -18 gm/dl Female:11-15 gm /dl childrens upto 1year-11.0 - 13.0 gm /dl upto12years-11.5 - 14.5 gm /dl cord blood:13 -19.5 gm /dl
SICKLE CELL	NEGATIVE	
Method : Solubility test (If Positive , Hb Electrophoresis / HPLC to be done to confirm Sickle cell anaemia / Trait).		
URINE ROUTINE		
URINE BIOCHEMISTRY		
URINE GLUCOSE	NEGATIVE	NEGATIVE
URINE PROTEIN	NEGATIVE	NEGATIVE
URINE KETONE	NEGATIVE	NEGATIVE

Verified By:



10593

Lab Technologist

Approved By:



DR ROSE MARY

Specialist Pathologist

MOH License No: 18178

Electronically signed at: 18/03/2025 11:16:00

MOH License No:

Electronically signed at: 3/18/2025 10:26:00

Printed at: 18/03/2025 2:11:21 PM



مستشفى نى ان ام سبى التخصصى
nmc specialty hospital

NMC Healthcare LLC
CR No - 1658137
Plot No. 294, Block 316
Building No: 812, Al Hall North
Sultanate of Oman
T: (+968) 2426 9222
F: (+968) 2426 9298



DEPARTMENT OF LABORATORY MEDICINE

File No: 14279545
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Address:
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Table with 3 columns: INVESTIGATION, RESULT, REFERENCE RANGE. Rows include URINE BILIRUBIN, NITRITE, URINE PH, SPECIFIC GRAVITY, BLOOD, UROBILINOGEN, URINE MACROSCOPY COLOUR, APPEARANCE, URINE MICROSCOPY RBC, PUSCELLS, EPITHELIAL CELLS, CRYSTAL, CAST, BACTERIA, MUCOUS THREAD, and LIPID PROFILE (TOTAL CHOLESTEROL, HDL, TRIGLYCERIDES, LDL, VLDL).

Verified By:

[Signature]

10593

Lab Technologist

MOH License No:
Electronically signed at: 3/18/2025 10:26:00

Approved By:

[Signature]

DR ROSE MARY

Specialist Pathologist

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nmc specialty hospital

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nmc specialty hospital, al-hail

P.O BOX : 613, Postal Code : 133 al-hail Sultanate of Oman

SI No: 44758	Bill Date: 18/03/2025	Report Date :18/03/2025 09:56:51
Patient Name: JAVAID AZAM MUHAMMAD AZAM 6269	Reg No: 14279545	
Age: 44Y	Gender: Male	Nationality: PAKISTAN
Address:		Phone:
Company: TRUCKOMAN EQUIPMENT RENTAL LLC	Policy No:	
Certificate No:		
Region: CHEST X RAY PA		
Referred Doctor:	Consultant Name: DR SHIVAKUMAR SIDDAIAH	

CHEST X RAY PA

Both lung fields are clear.

Bilateral CP angles are clear

Cardiac silhouette appears normal .

Both domes of diaphragm are normal.

Bony thorax appears normal

Impression:

- No significant abnormality.

Suggested clinical correlation



DR ANAMIKA CHATURVEDI

AUDIOMETRY REPORT

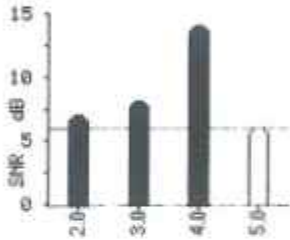
Name of the Patient Javaid Azam Muhammed Azam

Sex male MRN 14279545 Date of Test 18/03/2025

U107.05
18-MAR-25 08:44
DP 2s 2 sec avg
SN: G11005649 G12014595

NAME:

Right: Pass

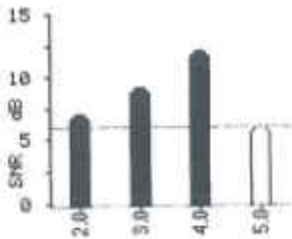


F2	L1	L2	DP	NF	SNR	
2.0	65	55	-11	-18	7	P
3.0	68	54	-6	-14	8	P
4.0	61	53	-6	-20	14	P
5.0	63	53	-14	-20	6	P

107.05
8-MAR-25 08:45
P 2s 2 sec avg
N: G11005649 G12014595

NAME:

Left: Pass



F2	L1	L2	DP	NF	SNR	
2.0	65	55	-4	-11	7	P
3.0	66	56	-11	-20	9	P
4.0	66	56	-8	-20	12	P
5.0	66	56	-14	-20	6	P

Signature of the Technician



NMCOMAN/DOC/NSG/75

Vitalograph

Pulmonary Function Report

Subject Information

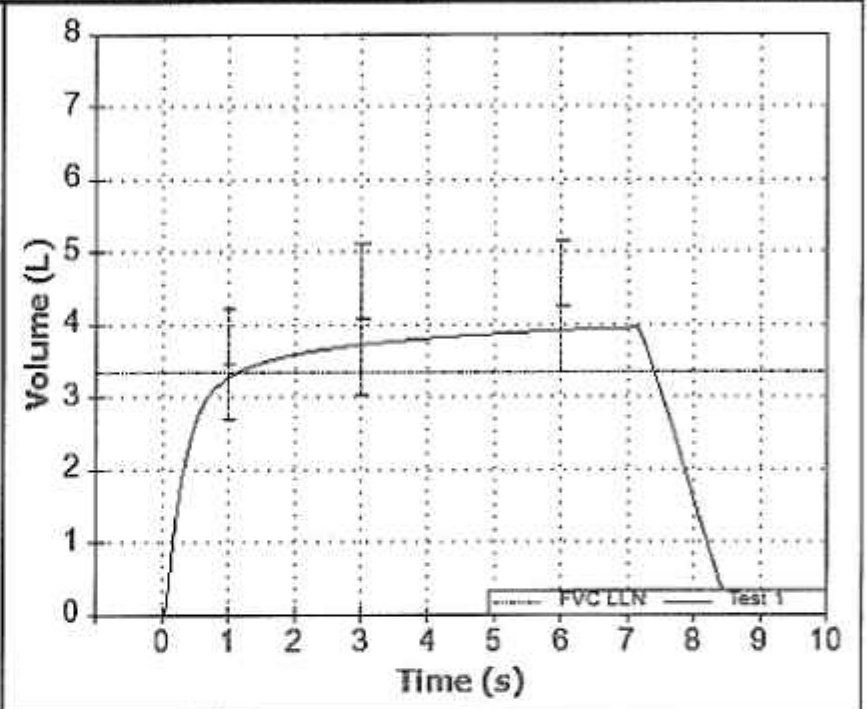
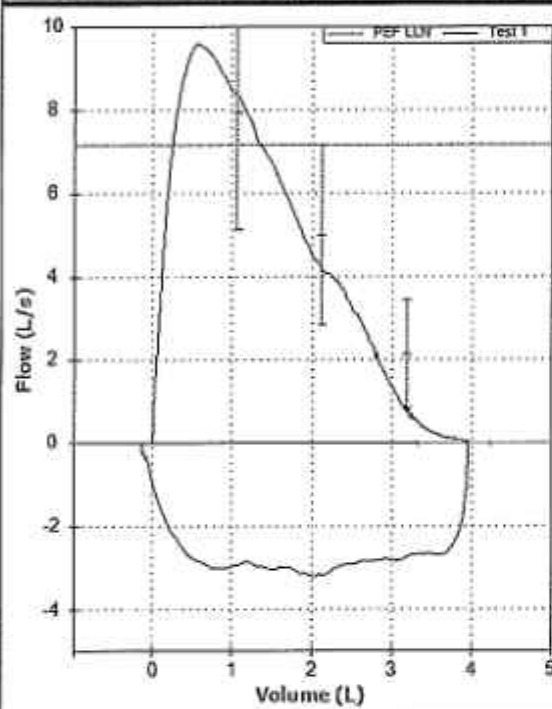
ID:	2025077_092800244	Alternate ID:	14279545	Middle Name:	Muhammed
Last Name:	Azam	First Name:	Javid Azam	Date of Birth:	10/01/1981
Population:	Asian	Gender:	Male	Weight:	102.0 kg
Age:	44	Height:	177 cm		
BMI:	32.6	Smoking:	Non Smoker		

Test Session Information

Test Date:	18/03/2025 09:31	Device:	ALPHA Touch	Serial Number:	32166
No. of Tests:	2	Accuracy Chk:	30/05/2019 15:42	User:	Administrator
Pred. Values:	ERS 93	Pred. Factor:	90%	Posture:	Sitting

Flow/Volume Graph

Volume/Time Graph



Results

Parameter	Pred	LLN	Best	% Pred.	Z-Score
FVC (L)	4.24	3.34	3.95	93	-0.53
FEV1 (L)	3.47	2.71	3.30	95	-0.37
FEV1 Ratio	0.79	0.68	0.81	103	0.30
FEV6 (L)	4.24	3.34	3.92	92	-0.58
PEF (L/min)	548	429	575	105	0.37
FEF25-75 (L/s)	4.24	2.53	3.98	94	-0.25

Values at BTPS, *Below lower limit of normality (LLN)

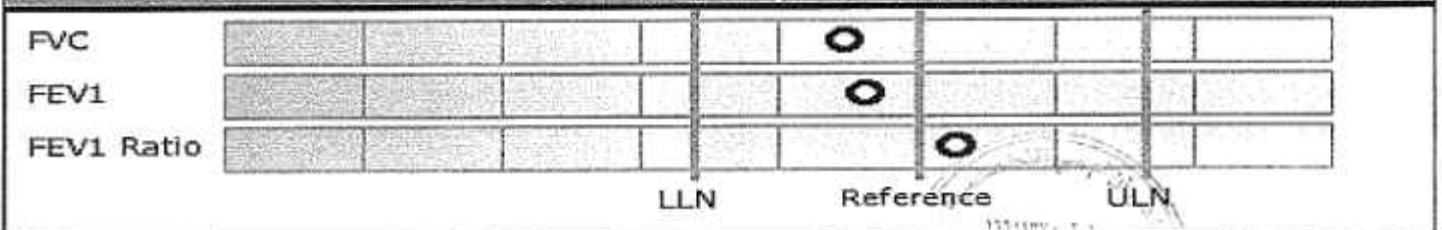
Session Quality and Repeatability Information

FVC Session Grade	FVC Rep:	FEV1 Rep:	Slow Start of test	End of test criteria not achieved	Cough detected in 1st second
D	-	-	0 blow(s)	0 blow(s)	0 blow(s)

Computer Suggested Interpretation

Computer interpretations cannot be relied upon for diagnosis. Normal ventilatory function.

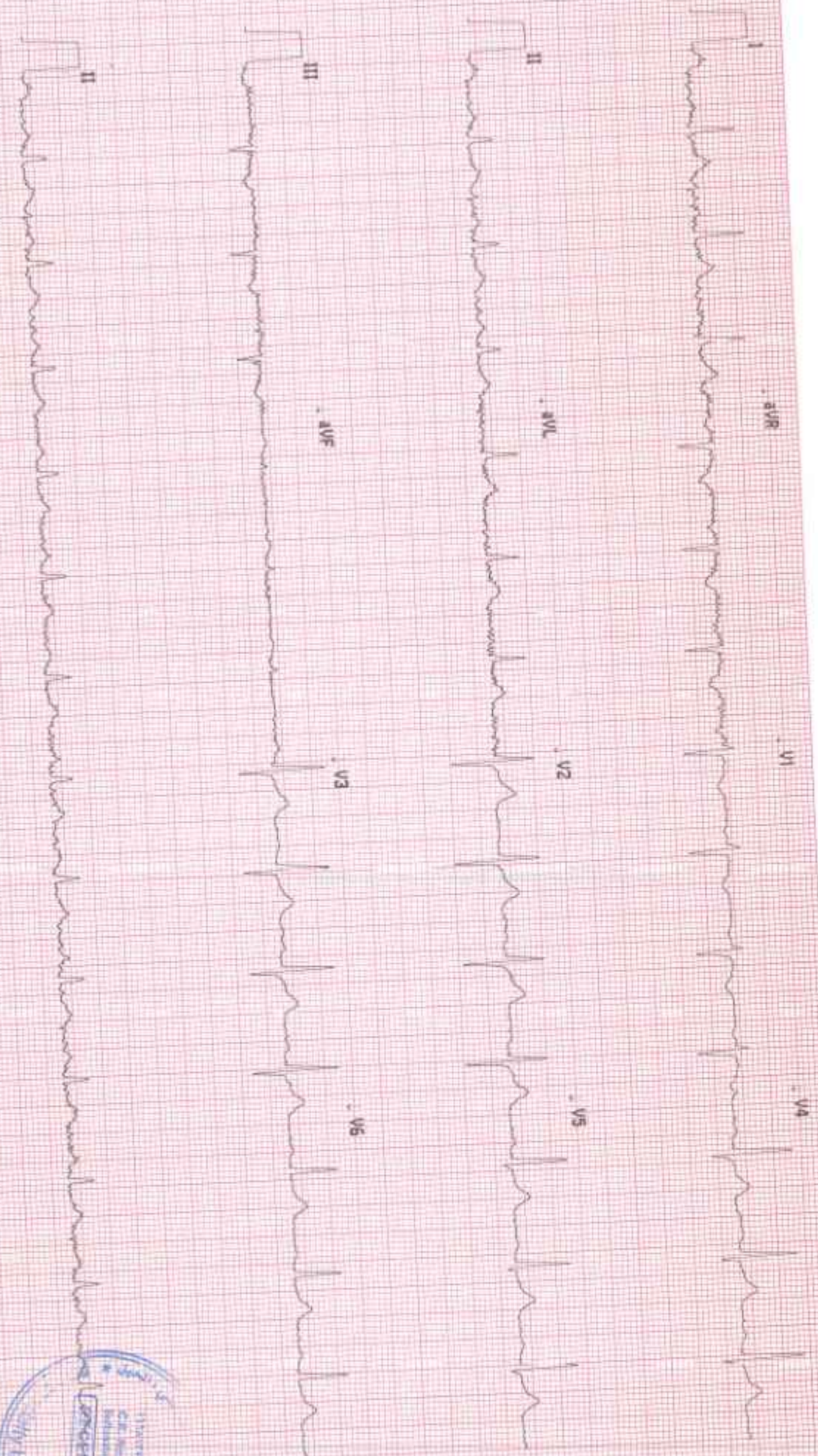
Reference Pictogram



MURAMBO AZAM, JAVAN AZAM
ID: 14279545
DOB: 44yr, Male

Vent rate: 81 BPM
PR Int: 172 ms
QRS dur: 84 ms
QT/QTc: 357/395 ms
p-R-T axes: 42 5 15

SINUS RHYTHM
NORMAL ECG
UNCONFIRMED REPORT



Print # 0 Part # 0 Version 2.1.0.5 Sequence #02335 25mm/s 10mm/mV 0.05-40 Hz M



PDO FTW - JAVED AZAM # 6269

From Muatasim Al Mandhari <Muatasim@truckomangroup.com>

Date Mon 3/17/2025 12:59 PM

To Customercare Hail [NMC Oman] <customercare.hail@nmcoman.com>

Cc Rahul Bhalerao [NMC Oman] <Rahul.Bhalerao@nmcoman.com>; Davis George <davis@truckomangroup.com>; Sahaya Jayaraj <Sahaya@truckomangroup.com>; Sampuran Sanndhu <sampuran@truckomangroup.com>; Jeyasingh <jeyasingh@truckomangroup.com>; Sudheesh Krishnan <sudheesh.krishnan@truckomangroup.com>

This email was sent from a source outside of NMC

Do NOT ACT on any instructions given on email unless you recognize the Sender, If in doubt please contact the Sender directly for confirmation. Do not click on links or open attachments unless you recognize the sender.

Dear NMC Team,

Please arrange for the PDO FTW for JAVED AZAM # 6269 tomorrow, 18th March 2025. Kindly share the report once it is completed. Thank you.

Regards,



Muatasim AL-Mandhari |HSE Advisor

TER HSE Dept

M: +968 96968848

E: muatasim@truckomangroup.com



Framingham Risk Score (2008)

Questions

- | | |
|---|------------------|
| 1. Gender? | Male |
| 2. Age? | 40-44 |
| 3. Total Cholesterol? | 4.14-5.15 mmol/L |
| 4. HDL? | 0.9-1.16 mmol/L |
| 5. Systolic Blood Pressure? | 150-159 mmHg |
| 6. On Medication for Hypertension? | No |
| 7. Smoker? | No |
| 8. Diabetic? | Yes |
| 9. Known Vascular Disease (CAD, PVD, S... | No |

About

The FRS estimates the 10 year risk of manifesting clinical CVD (CAD, Stroke, PVD, CHF, cardiac death). Although not examined in the 2008 model, it is common practice to double the FRS if there is a FHx of premature CAD in a 1st degree relative (men <55y, women <65y).

*The risk stratification tool for the ESC is the SCORE system which estimates 10y risk of CVD death. Patients with a 10y risk of CVD death $\geq 5\%$ are considered high risk. The lipid guidelines recognize risk equivalents as a distinct category that warrant immediate treatment. For patients with an ESC SCORE $\geq 5\%$ a 3 month trial of lifestyle measures is a reasonable starting point. If after 3 months the lipids remain above moderate risk targets and the SCORE remains $\geq 5\%$ then intensive therapy to reach high risk targets is recommended.

References

Ralph B. D'Agostino, Sr, Ramachandran S. Vasan, Michael J. Pencina, Philip A. Wolf, Mark Cobain, Joseph M. Massaro and William B. Kannel.

General cardiovascular risk profile for use in primary care: the Framingham Heart Study.
Circulation 2008 February 12, 117 (6): 743-53

McPherson R et al.
Canadian Cardiovascular Society position statement—
recommendations for the diagnosis and treatment of dyslipidemia
and prevention of cardiovascular disease.
Canadian Journal of Cardiology 2006, 22 (11): 913-27

Management of Blood Cholesterol in Adults: Systematic Evidence
Review from the Cholesterol Expert Panel.

Ian Graham et al.
European guidelines on cardiovascular disease prevention in clinical
practice: executive summary: Fourth Joint Task Force of the
European Society of Cardiology and Other Societies on
Cardiovascular Disease Prevention in Clinical Practice (Constituted
by representatives of nine societies and by invited experts).
European Heart Journal, Volume 28, Issue 19, October 2007, Pages
2375-2414

The Framingham Risk Score (2008) calculator is created by QxMD.

Results

Estimated 10 year Global CVD Risk

13.2%*

Risk Category

High Risk*

Estimated Vascular Age

60 Years*

*Due to this patient being diabetic, they are placed in the High Risk Category and should be treated based on the following guidelines.

Treatment Guidelines

ATP-III (2004)

Treatment Targets

LDL <100 mg/dL (<2.59 mmol/L)

Non-HDL <130 mg/dL (<3.37 mmol/L)

CCS (2009)

Treatment Targets

LDL <2 mmol/L (<77 mg/dL) or $\geq 50\%$ decrease in LDL-C

apoB <0.8 g/L (80 mg/dL)

ESC (2007, see info for more)

Treatment Targets

LDL <2-2.5 mmol/L (<80-100 mg/dL)

TChol <4-4.5 mmol/L (<155-175 mg/dL)

Created by QxMD

