

# MEDICAL EVALUATION REPORT FOR OQ CONTRACTORS - SUMMARY



| CANDIDATE / EMPLOYEE IDENTIFICATION |              |     |                                   |                   |          |
|-------------------------------------|--------------|-----|-----------------------------------|-------------------|----------|
| Civil ID / Passport #               | Company ID # |     |                                   |                   | Position |
| Nationality                         | Age          | Sex | ent 10083                         | Reg.Dt 22/10/2022 | Location |
|                                     |              |     | ABDUL RAFAEEK KUNNAPPILLY MOIDEEN |                   |          |

| EXAMINATION TYPE |                                                                                                                    |
|------------------|--------------------------------------------------------------------------------------------------------------------|
| Examination      | <input checked="" type="checkbox"/> Pre-employment <input type="checkbox"/> Periodic <input type="checkbox"/> Exit |

| VITAL SIGNS & BODY MEASURES |                                                                                                                                                                                                                                     |
|-----------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Blood Pressure Category:    | 140/90 <input type="checkbox"/> Normal <input checked="" type="checkbox"/> Prehypertension <input type="checkbox"/> Hypertension Stage 1 <input type="checkbox"/> Hypertension Stage 2 <input type="checkbox"/> Hypertension Crises |
| BMI Category:               | 30.8 <input type="checkbox"/> Underweight <input type="checkbox"/> Normal <input checked="" type="checkbox"/> Overweight <input type="checkbox"/> Obese <input type="checkbox"/> Morbid Obesity                                     |
| Remarks:                    |                                                                                                                                                                                                                                     |

| VISUAL TEST             |                                                                                                                                  |
|-------------------------|----------------------------------------------------------------------------------------------------------------------------------|
| Visual Acuity Test      | RT 6/6 LT 6/6 <input checked="" type="checkbox"/> Normal <input type="checkbox"/> Abnormal <input type="checkbox"/> Not Required |
| Colour Vision Test      | <input checked="" type="checkbox"/> Normal <input type="checkbox"/> Abnormal <input type="checkbox"/> Not Required               |
| Pre-existing condition: |                                                                                                                                  |
| Remarks:                |                                                                                                                                  |

| RESPIRATORY SYSTEM      |                                                                                                                    |
|-------------------------|--------------------------------------------------------------------------------------------------------------------|
| Spirometry Test         | <input checked="" type="checkbox"/> Normal <input type="checkbox"/> Abnormal <input type="checkbox"/> Not Required |
| Chest X-Ray             | <input checked="" type="checkbox"/> Normal <input type="checkbox"/> Abnormal <input type="checkbox"/> Not Required |
| Physical Assessment     | <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal                                                  |
| Pre-existing condition: |                                                                                                                    |
| Remarks:                |                                                                                                                    |

| ENT SYSTEM              |                                                                                                                    |
|-------------------------|--------------------------------------------------------------------------------------------------------------------|
| Audiometry Test         | <input checked="" type="checkbox"/> Normal <input type="checkbox"/> Abnormal <input type="checkbox"/> Not Required |
| Otoscopy                | <input checked="" type="checkbox"/> Normal <input type="checkbox"/> Abnormal <input type="checkbox"/> Not Required |
| Physical Assessment     | <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal (Whisper, Weber & Rinne Tests)                   |
| Pre-existing condition: |                                                                                                                    |
| Remarks:                |                                                                                                                    |

| CARDIOVASCULAR SYSTEM   |                                                                                                                    |
|-------------------------|--------------------------------------------------------------------------------------------------------------------|
| ECG Test                | <input checked="" type="checkbox"/> Normal <input type="checkbox"/> Abnormal <input type="checkbox"/> Not Required |
| Physical Assessment     | <input checked="" type="checkbox"/> Normal <input type="checkbox"/> Abnormal                                       |
| Pre-existing condition: |                                                                                                                    |
| Remarks:                |                                                                                                                    |

| NEUROLOGICAL SYSTEM     |                                                                              |
|-------------------------|------------------------------------------------------------------------------|
| Physical Assessment     | <input checked="" type="checkbox"/> Normal <input type="checkbox"/> Abnormal |
| Pre-existing condition: |                                                                              |
| Remarks:                |                                                                              |

| MUSCULOSKELETAL SYSTEM  |                                                                                                                    |
|-------------------------|--------------------------------------------------------------------------------------------------------------------|
| Physical Assess.        | <input checked="" type="checkbox"/> Normal <input type="checkbox"/> Abnormal                                       |
| Lumbar X-Ray            | <input checked="" type="checkbox"/> Normal <input type="checkbox"/> Abnormal <input type="checkbox"/> Not Required |
| Pre-existing condition: |                                                                                                                    |
| Remarks:                |                                                                                                                    |

| LABORATORY INVESTIGATIONS |                                                                                                                 |
|---------------------------|-----------------------------------------------------------------------------------------------------------------|
| Lab Tests:                | <input checked="" type="checkbox"/> Normal <input type="checkbox"/> Abnormal If abnormal, please specify below: |
| Blood Grouping:           | B + ve                                                                                                          |
| Pre-existing condition:   |                                                                                                                 |
| Remarks:                  |                                                                                                                 |

|                           |                                                                                                                                                                                   |
|---------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Glucose Level Category    | 104 <input checked="" type="checkbox"/> Normal 80 - 100 mg/dl <input type="checkbox"/> Pre diabetic 100 - 125 mg/dl <input type="checkbox"/> Diabetic > 126 mg/dl                 |
| Cholesterol Risk Category | 130 <input checked="" type="checkbox"/> Low Risk LDL is less 130 mg/dl <input type="checkbox"/> Moderate Risk LDL 130-159 mg/dl <input type="checkbox"/> High Risk LDL >160 mg/dl |
| Routine Urine Analysis    | <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal <input type="checkbox"/> Not Required                                                                           |
| Stool Analysis            | <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal <input type="checkbox"/> Not Required                                                                           |

| QUESTIONNAIRES                           |                                                                                                                                                                                                                  |
|------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Medical & Surgical History Questionnaire | Remarks                                                                                                                                                                                                          |
| Respiratory Protection Questionnaire     | Remarks                                                                                                                                                                                                          |
| Hearing Conservation Questionnaire       | Remarks                                                                                                                                                                                                          |
| Screening Questionnaire                  | Remarks                                                                                                                                                                                                          |
| Fagerstrom Test - Smoking                | <input type="checkbox"/> Non-smoker <input type="checkbox"/> Low dependence <input type="checkbox"/> Low to Mod dependence <input type="checkbox"/> Moderate dependence <input type="checkbox"/> High dependence |
| CAGE Questionnaire Alcohol Use           | <input type="checkbox"/> No use of alcohol <input type="checkbox"/> Screening negative <input type="checkbox"/> Clinically significant                                                                           |
| SRQ-20 Self-reported Questionnaire       | <input type="checkbox"/> No positive answers <input type="checkbox"/> Positive answers Factor I (1 to 6) <input type="checkbox"/> Positive answers Factor II (7 to 12)                                           |
|                                          | <input type="checkbox"/> Positive answers Factor III (13 to 16) <input type="checkbox"/> Positive answers Factor IV (17 to 20)                                                                                   |

|                      |           |                     |                                 |            |
|----------------------|-----------|---------------------|---------------------------------|------------|
| Clinic Doctor Name   | License # | Hospital/Policlinic | Doctor Signature & Clinic Stamp | Issue Date |
| DR. MOHAMMAD ULLAH   |           |                     |                                 | 23-10-22   |
| General Practitioner |           |                     |                                 |            |

OQ - Occupational Health & Safety 7790

Form Review - 02-30/05/2021



# FITNESS TO WORK CERTIFICATE - OQ CONTRACTORS



| EMPLOYEE IDENTIFICATION |              |     |                                                                        |          |
|-------------------------|--------------|-----|------------------------------------------------------------------------|----------|
| Civil ID / Passport #   | Company ID # |     |                                                                        | Position |
|                         |              |     |                                                                        |          |
| Nationality             | Age          | Sex | Location                                                               |          |
|                         |              |     | ent 16083 Reg-Dt 22/10/2022<br>no ABDUL RAFAEEK KUNNAPPILLY<br>MOIDEEN |          |

| EXAMINATION TYPE                                                     |                                                             |                                                          |
|----------------------------------------------------------------------|-------------------------------------------------------------|----------------------------------------------------------|
| <input checked="" type="checkbox"/> Pre-employment Examination (PRE) | <input type="checkbox"/> Periodic Medical Examination (PME) | <input type="checkbox"/> Post-absence Examination        |
| <input type="checkbox"/> Change of Position Examination              | <input type="checkbox"/> Exit Examination                   | <input type="checkbox"/> Critical Activities Examination |
| <input type="checkbox"/> Emergency Response Team                     | <input type="checkbox"/> Travelling Examination             | <input type="checkbox"/> Medical Surveillance            |

| Medical Suitability for Work |                                                          |
|------------------------------|----------------------------------------------------------|
| Medical Suitability for Work | <input checked="" type="checkbox"/> Fit to work          |
|                              | <input type="checkbox"/> Fit with following restrictions |
|                              | <input type="checkbox"/> Pending Fitness                 |
|                              | <input type="checkbox"/> Not fit to work                 |

## Restrictions

|                                                          |                                                                       |
|----------------------------------------------------------|-----------------------------------------------------------------------|
| <input type="checkbox"/> Working at height               | <input type="checkbox"/> Pulling, pushing or carrying weight          |
| <input type="checkbox"/> Working in confined space       | <input type="checkbox"/> Ascend/descend ladders and stairs            |
| <input type="checkbox"/> Working with electricity        | <input type="checkbox"/> Walking or standing for long distance/period |
| <input type="checkbox"/> Working near rotating machinery | <input type="checkbox"/> Repetitive movements                         |
| <input type="checkbox"/> Working in noise area           | <input type="checkbox"/> Mobile machinery operation                   |
| <input type="checkbox"/> Working in extreme heat         | <input type="checkbox"/> Heavy lifting operation                      |
| <input type="checkbox"/> Handling chemical products      | <input type="checkbox"/> Driving vehicle                              |
| <input type="checkbox"/> Use of respirator               | <input type="checkbox"/> Emergency response duty                      |

Other, specify

| New Position | New Function | New Department |
|--------------|--------------|----------------|
| NA           | NA           | NA             |

| Examination Date | Exams Performed |
|------------------|-----------------|
| 22-10-2022       |                 |

| Medical Review Date | Employee Signature |
|---------------------|--------------------|
|                     |                    |

| Doctor Name                                                          | Medical License | Hospital | Medical Doctor Signature |
|----------------------------------------------------------------------|-----------------|----------|--------------------------|
| Dr. MOHAMMAD ULLAH<br>General Practitioner<br>MOH License No. : 7790 |                 |          |                          |

