

11.32 Appendix 32: EX1 Form (Initial Examination Report)

INITIAL EXAMINATION REPORT (MEDICAL - CONFIDENTIAL)



**Petrochem Development Oman
MEDICAL DEPARTMENT**

PLEASE COMPLETE YOUR PERSONAL
DETAILS IN BLOCK CAPITALS

Surname: Ameer Said	
Forenames: Amir Said	
Address: 9264-7499	
Place of examination: SABBS	Home telephone number: 9264-7499
If a dependant enter employee's name here:	
Surname: 1/1/1976	Forenames: Pakistan
Birth date: 1/1/1976	Country of birth: Pakistan
Nationality: Pakistan	Religion: Muslim
☒ Male ☐ Female ☐ Married ☐ Single ☐ Separated / Divorced ☐ Wife ☐ Son ☐ Daughter	Relationship to employee: Number of children:
Reason for examination: Pre-Employment ☐ Job: ☐ Pre-Overseas ☐ Area: ☐	
Name and address of family doctor:	List your last 3 jobs:
	(1)
	(2)
Are you a Registered Disabled Person? (UK only) ☐	Do you belong to any Medical Insurance Scheme? ☐
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)	
Y N	Y N
1. Sinus trouble	21. Cancer
2. Neck swelling/glands	22. Heart Disease
3. Difficulty in vision	23. Rheumatic fever
4. Any ear discharge	24. Abnormal heartbeat
5. Asthma/bronchitis	25. High blood pressure
6. Hayfever / other significant allergy	26. Stroke
7. Any skin trouble	27. Serious chest pain
8. Tuberculosis	28. Any blood disease
9. Shortness of breath	29. Kidney disease
10. Coughed/vomited blood	30. Blood in urine
11. Severe abdominal pain	31. Diabetes
12. Stomach ulcer	32. Headaches/migraine
13. Recurrent indigestion	33. Dizziness/fainting
14. Jaundice or hepatitis	34. Epilepsy
15. Gall Bladder disease	35. Joints/spinal trouble
16. Marked change in bowel habits	36. Surgical operation
17. Blood in stools (motions)	37. Serious accident/fracture
18. Marked change in weight	38. Tropical disease
19. Varicose veins	39. Fear of heights
20. Lump in breast/arm/pit	
How much tobacco each day?	Average daily alcohol consumption
Have you ever taken illicit drugs? () PDO test all new/potential employees for illicit/recreational drugs	
FAMILY HISTORY: Diabetes () Tuberculosis () Epilepsy () Asthma () Eczema ()	
Heart disease () High blood pressure () Stroke () Blood Disease () Cancer ()	
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-	
I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.	
Date: 5/4/2023	Signature of Applicant: [Signature]

Page 60

Specification

Printed

The controlled version of this document is available online in Livelink®. Printed copies are UNCONTROLLED.



FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)		PHYSICAL EXAMINATION										
N	A											
☒		1. Eyes & Pupils										
☒		2. E.N.T.										
☒		3. Teeth & Mouth										
☒		4. Lungs & Chest										
☒		5. Cardiovascular System										
☒		6. Abdo. Viscera										
☒		7. Hemial Orifices										
☒		8. Anus & Rectum										
☒		9. Genito-urinary										
☒		10. Extremities										
☒		11. Musculo-skeletal										
☒		12. Skin & Varicose Vns.										
☒		13. C.N.S.										
HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE /min.	HEARING L	VISION DISTANT		NEAR	Colour Vision	Blood Group		
173	93	31.1	130/80	74	R	Uncorrected	R L	R L				
						Corrected	6/6	6/6				
N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS				N	A					
☒		1. Urinalysis					☒		7. Audiogram			
☒		2. Hb, Bloodcount, ESR					☒		8. Lung Function			
☒		3. LFT, RFT, RBS					☒		9. Chest X-Ray			
☒		4. Drug Screen					☒		10. ECG			
☒		5. Lipids (40 years +)							11. CVS risk for 40 yrs. & above			
☒		6. Sickle Cell test							12. HIV, Hepatitis screening			
OTHER FINDINGS (Physique, soars, disabilities, mental stability including behaviour, etc.)												
Triglycerides are high. Adv - Diet, walking exercises, Review after 1 month.												
ASSESSMENT:												
☒ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT												
Date: 5/4/2023 Name (Block Capitals): Dr. Rakesh Yella Signature: د. راکش یلا												
REVIEW/CONSULTATION												
Date: Name (Block Capitals): Dr. Nurse Signature:												

Framingham Risk Assessment form

Framingham Risk Assessment (For all professional drivers, crane operators, forklift operator or other employees who are above 40 years of age).

Employee Name: Ameer Said

Emp #:

Date of Assessment: 8/11/2013

1	Age	Years	<u>56</u>
2	Gender	Female/Male	<u>Male</u>
3	Total Cholesterol	mmol/L	<u>5.20</u>
4	HDL Cholesterol	mmol/L	<u>0.90</u>
5	Smoker	Yes/No	
6	Diabetes	Yes/No	<u>No</u>
7	Systolic Blood pressure	mm Hg	<u>130</u>
8	Is the patient being treated for High blood pressure?	Yes/No	<u>No</u>

Framingham Risk score: 18.4 %

Framingham Risk Rating (Circle the appropriate score):

Low

Medium

High

Any further action or recommendation?

Moderate risk

Assessment or Examination conducted by:



Epworth Screening Quest, for Sleep Apnoea

Employee Data		Date: 5/4/2013
Name: Ameer Said	Department/Company: 7.0	
I.D No. 86919344	Tel # 9647499	Occupation:

This questionnaire will help identify if you have any health condition which may need a more detailed medical assessment as part of your fitness to work determination. If you have any queries please contact your local Health Services staff. All information provided on this form and during consultations remains strictly confidential. When further clinical evaluation is required following completion of a screening questionnaire, the details should be recorded on Q1 and E1 forms.

How likely are you to fall asleep in the following situations? (use 0 to 3 score as shown below)

- 0 Would never doze
- 1 Slight chance of dozing
- 2 Moderate chance of dozing
- 3 High chance of dozing

- 0 sitting and reading
- 0 watching TV
- 0 sitting inactive in a public place (e.g. theatre or meeting)
- 0 as a passenger in the car for an hour without a break
- 0 Lying down to rest in the afternoon when circumstances permit
- 0 Sitting a talking with someone
- 0 Sitting quietly after lunch without alcohol
- 0 In a car, while stopped for a few minutes in traffic

Total

1

If you score a total of 15 or more you should seek advice from medical personnel on site before continuing to drive or operate machinery in the workplace.

Declaration: I, Ameer Said (Print Name) certify that to the best of my knowledge the above information supplied by me is true and correct.

Signature: Ameer Said

Date: 5/4/2013



Fitness to Work Certificate

Employee Data		Date
Name	5/4/2023	
I.D No.	Department/Company	
Age	Occupation	
Type of Medical Evaluation		
Mark those applying ✓		
A1 Aircraft refuelling	A6 Fire / Emergency response team work	
A2 Breathing apparatus	A7 Professional driving	
A3 Business traveller	A8 Remote location work	
A4 Catering and food preparation	A9 Transfers – group A country	
A5 Crane or forklift driving & all heavy vehicles	A10 Transfers – group B country	
Health Advisor Statement : The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.		
Fit with no restrictions		
Fit with following restriction(s)		
The employee is fit for above work but should avoid the following task(s)	Temporary restriction	Permanent restriction
Work near moving machinery or sharp edges		
Working at height		
Lifting, pushing, or carrying weight over ____ Kg		
Ascend/descend ladders or stairs		
Operate motor vehicles, forklifts or heavy machinery		
Use of a respirator		
Repetitive twisting of valves or wrenches		
Flying		
Other (Specify)		
Temporary Unfit until		
Permanently Unfit		
Name of health advisor	Signature	Date

DEPARTMENT OF LABORATORY MEDICINE

File No: 0270007	Report No: 0654658
Name: AMEER SAID	Sample Date: 05/04/2023 Time: 8:48
	Received By: SREERAJ
Address:	Received Date: 05/04/2023 Time: 8:51
Gender: M Age: 56 Y Nationality: PAKISTANI	Report Date: 05/04/2023 Time: 10:24
GSM No.: 92647499 ID Card No.: 86919344	Bill No: 0871464 Bill Date: 05/04/2023
Ref. By: EXTERNAL DOCTOR	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
PDO MEDICAL CHECK UP ABOVE 40(truckoman)		
FBS (FASTING BLOOD SUGAR)	5.79 mmol/L	3.9 - 6.1
Method :- Hexokinase	104.22 mg/dL	70 - 110
LIPID PROFILE - SERUM		
CHOLESTEROL (TOTAL)	5.20 mmol/L	1 - 5.1
Method:-Enzymatic	201.03 mg/dl	40 - 200
HDL (HIGH DENSITY LIPOPROTEIN)	0.90 mmol/L	0.777 - 1.813
Method:-Enzymatic	34.79 mg/dl	30 - 70
LDL (LOW DENSITY LIPOPROTEIN)	2.7 mmol/L	1.295 - 4.54
Method:-Calculation	104.29 mg/dl	50 - 172
VLDL (VERY LOW DENSITY LIPOPROTEIN)	1.6 mmol/L	0.259 - 1.036
Method:-Calculation	61.95 mg/dl	10 - 40
RATIO (TOTAL CHOL / HDL CHOL)	5.78	3.8 - 5.9
Method:-Calculation		
TRIGLYCERIDES	3.50 mmol/L	0.564 - 2.146
Method : Enzymatic	309.75 mg/dl	50 - 190
LIVER FUNCTION TEST - SERUM		
TOTAL BILIRUBIN - SERUM	0.50 mg/dL	0.1 - 1
Method : Diazo	8.55 µmol/L	1 - 17.1
DIRECT BILIRUBIN - SERUM	0.12 mg/dL	0.1 - 0.5
Method : Diazo	2.05 µmol/L	1 - 8.55
SGOT (AST)-SERUM (IFCC)	16.00 U/L	Male: up to 40.0 Female: up to 32.0
SGPT (ALT)-SERUM (IFCC)	21.50 U/L	Male: 10-50 Female: 10-35

(Signature)

Processed By:
SREERAJ
Lab Technologist

MOH License No: 6644

Approved By:
SREERAJ
Lab Technologist

SREERAJ
Medical Laboratory Technologist
MOH No: 6644

Released By:
SREERAJ
Lab Technologist

MOH License No: 6644

(Signature)
DR. SHAYFA P
Specialist Pathologist

MOH LIC NO:13475

Electronically Signed at: 05/04/2023 10:26:00 AM

Printed at: 05/04/2023 10:26:16 AM

Page 1 of 4

DEPARTMENT OF LABORATORY MEDICINE

File No: 0270007	Report No: 0654658
Name: AMEER SAID	Sample Date: 05/04/2023 Time: 8:48
	Received By: SREERAJ
Address:	Received Date: 05/04/2023 Time: 8:51
Gender: M Age: 56 Y Nationality: PAKISTANI	Report Date: 05/04/2023 Time: 10:24
GSM No.: 92647499 ID Card No.: 86919344	Bill No: 0871464 Bill Date: 05/04/2023
Ref. By: EXTERNAL DOCTOR	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
ALKALINE PHOSPHATASE (ALP)-SERUM (IFCC)	76.65 U/L	Adult : Men -40-129 :Female 35-104 Children:(Aged) 7months - 1Year :- <462 1Year - 3 Years :- <281 4 Years - 6 Years :- <269 7 Years - 12 Years :- <300 13 Years - 17 Years(M) :- <390 13 Years - 17 Years(F) :- <187
TOTAL PROTEIN-SERUM(Colorimetric Assay)	7.20 gm/dL	6.6 - 8.7
ALBUMIN - SERUM (Colorimetric Assay)	4.76 gm/dL	3.9 - 4.9
GLOBULIN - SERUM (Calculation)	2.44 gm/dL	2.3 - 3.5
ALBUMIN / GLOBULIN RATIO - Calculation	1.95	1.2 - 1.5
GGT(GAMMA GLUTAMYL TRANSPEPTIDASE) - SERUM	24.76 U/L	Men : 8-61 Female : 5-36
Method :-Enzymatic Assay		
RENAL FUNCTION TEST (UREA - CREATININE)		
UREA - SERUM	3.30 mmol/L	1.7 - 8.3
Method : Kinetic Assay	19.82 mg/dL	10.2 - 49.8
CREATININE - SERUM	88.25 µmol/L	44.2 - 123.7
Method :-Jaffé Method	1 mg/dl	0.5 - 1.4
CBC (COMPLETE BLOOD COUNT)		
TOTAL WBC COUNT	9790 cells/cumm	4000 - 11000 cells/cumm
Method : -Fluorescence Flow Cytometry		
DC (DIFFERENTIAL COUNT)		
Method : -Fluorescence Flow Cytometry		
NEUTROPHILS	50.7 %	40-75%

[Signature]

Processed By:
SREERAJ
Lab Technologist

MOH License No: 6544

Approved By:
SREERAJ
Lab Technologist

[Signature]
Med. Lab Technologist
Released By:
SREERAJ
Lab Technologist

MOH License No: 6544

[Signature]
DR. SHAYFA P
Specialist Pathologist

MOH LIC NO:13475

Electronically Signed at: 05/04/2023 10:26:00 AM

Printed at: 05/04/2023 10:26:18 AM

Page 2 of 4

DEPARTMENT OF LABORATORY MEDICINE

File No: 0270007	Report No: 0654658
Name: AMEER SAID	Sample Date: 05/04/2023 Time: 8:48
	Received By: SREERAJ
Address:	Received Date: 05/04/2023 Time: 8:51
Gender: M Age: 56 Y Nationality: PAKISTANI	Report Date: 05/04/2023 Time: 10:24
GSM No.: 92647499 ID Card No.: 86919344	Bill No: 0871464 Bill Date: 05/04/2023
Ref. By: EXTERNAL DOCTOR	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
LYMPHOCYTES	40.6 %	20-45%
EOSINOPHILS	2.2 %	2-6 %
MONOCYTES	6.1 %	2-8 %
BASOPHILS	0.4 %	0-1%
HB (HEMOGLOBIN)	14.2 gm/dl	Male-13 - 18 gm/dl Female-11- 15 gm/dl
Method : -Cyanide-free SLS haemoglobin		
TOTAL RBC COUNT	4.92 million/cu	MALE: 4.5-6.5million/cu FEMALE: 3.9-5.5million/cu
Method : - Hydrodynamically focussed impedance		
PLATELET COUNT	3.03 lakhs/cumm	1.0 - 4.0 lakhs / cumm
Method : - Hydrodynamically focussed impedance		
PCV (PACKED CELL VOLUME)	43.20 %	Males : 42% - 52% Females : 37% - 47%
MCV (MEAN CORPUSCULAR VOLUME)	87.80 FL	76 - 96 FL
MCH (MEAN CORPUSCULAR HEMOGLOBIN)	28.90 PG	27 - 33 PG
MCHC(MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION)	32.90 g/dl	32 - 36 g/dl
ESR (ERYTHROCYTE SEDIMENTATION RATE)	05 mm/ 1st hr	MALE:0-9 mm/ 1st hr FEMALE:0-20 mm/ 1st hr

Capillary Photometry Technology

Measures the kinetics of red cells aggregation.Clinical Laboratory and Standard Institute (CLSI) procedure for the ESR Test.

SICKLE CELL

NEGATIVE

Method : -Haemoglobin solubility test

Sreeraj

Processed By:
SREERAJ
Lab Technologist

MOH License No: 6644

Approved By:
SREERAJ
Lab Technologist

Sreeraj
SREERAJ
Lab Technologist
MOH No. 6644

MOH License No: 8844

Shayfa P
DR. SHAYFA P
Specialist Pathologist
MOH LIC NO:13475

Electronically Signed at: 05/04/2023 10:26:00 AM

Printed at: 05/04/2023 10:26:18 AM

Page 3 of 4

DEPARTMENT OF LABORATORY MEDICINE

File No: 0270007	Report No: 0654658
Name: AMEER SAID	Sample Date: 05/04/2023 Time: 8:48
	Received By: SREERAJ
Address:	Received Date: 05/04/2023 Time: 8:51
Gender: M Age: 56 Y Nationality: PAKISTANI	Report Date: 05/04/2023 Time: 10:24
GSM No.: 92647499 ID Card No.: 86919344	Bill No: 0871464 Bill Date: 05/04/2023
Ref. By: EXTERNAL DOCTOR	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
URINE ROUTINE		
URINE BIOCHEMISTRY		
Method :- Colorimetric Assay		
GLUCOSE	NIL	
PROTEIN	NIL	
KETONE	NIL	
BILIRUBIN	NIL	
pH	ACIDIC	
UROBILINOGEN	NORMAL	
URINE MICROSCOPY (Centrifugation Method)		
RED BLOOD CELLS (RBC)	NIL /hpf	
PUS CELLS	1-2 /hpf	
EPITHELIAL CELLS	NIL /hpf	
CRYSTALS	NIL /hpf	
CAST	NIL /hpf	
BACTERIA	PRESENT /hpf	
YEAST CELLS	NIL /hpf	



Processed By:
SREERAJ
Lab Technologist

Approved By:
SREERAJ
Lab Technologist

Released By:
SREERAJ
Lab Technologist

DR. SHAYFA P
Specialist Pathologist

MOH License No: 6644

MOH License No: 6644

MOH LIC NO: 13475

Printed at: 05/04/2023 10:26:18 AM

Page 4 of 4

Electronically Signed at: 05/04/2023 10:26:00 AM

X-RAY REPORT

Doc No:	0069958
Name:	AMEER SAID
Age/DOB:	56 Y Omani ID/ L.Card No:: 86919344
Sex:	Male
Referred By:	EXTERNAL DOCTOR
Clinical Diagnosis:	
X-Ray/UltraSound	CHEST X-RAY
Date:	05/04/2023
X-Ray Film No:	PDO
Bill No:	0871464
Charge Sheet No:	

Both lung fields are normal

Both cp angles are clear

Mediastinal shadow and bony thorax are normal

Cardiac configuration is within normal limits

Conclusion: A normal X-ray appearance

Signature: 

DR. NITHINMON CU
SPECIALIST RADIOLOGY
MOH Licence: 21058
ASTER HOSPITAL IBRI



Seal

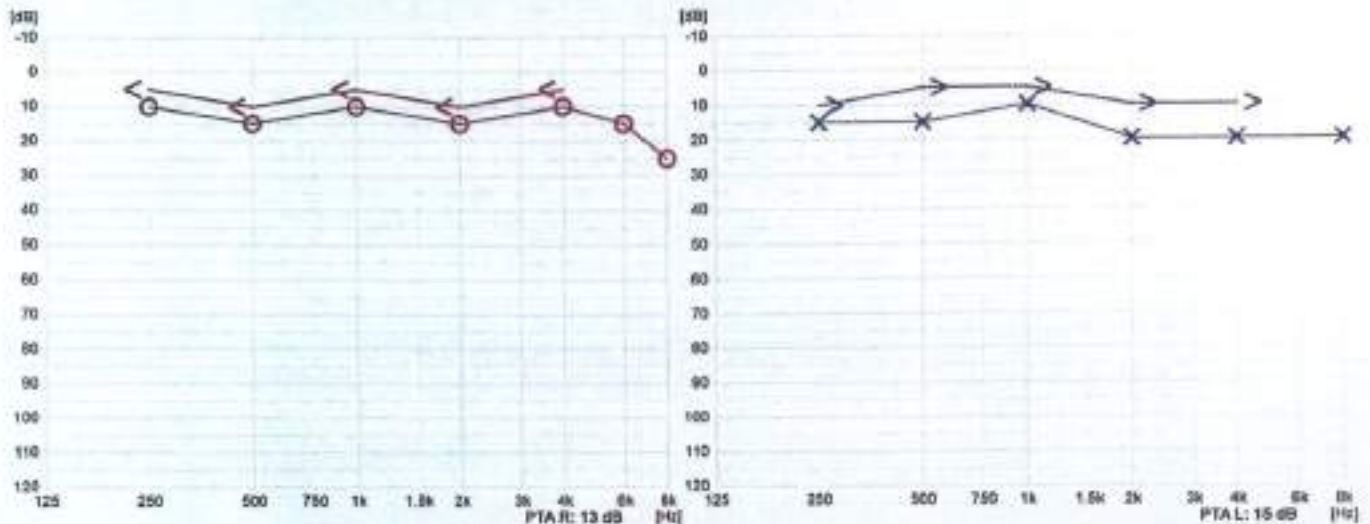
05-Apr-23 07:22:35 AM
ASTER HOSPITAL IHRI (Emergency)

12 Lead; standard Placement



SUPER QUALITY HEARING AID AND SPEECH THERAPY CENTER

Code: 0671464 Last name , First name AMEER , SAID Birth: 05.04.2023
Test type: Tonal audiometry Test date: 05.04.2023



Legend	R	L
Air	○	×
AirMasked	△	□
Bone	<	>
BoneMasked	[	]
MCL	M	M
UCL	m	m
Free Field	⊙	⊗
Free FieldAided	A	A
Binaural		B
No response		I

Comments
BILATERAL NORMAL HEARING SENSITIVITY

Signature:



Date: 5/04/2023