

## Medical Fitness Certificate

Name of the Examined employee: SHUJHAT ALI KHAN

Age: 33

ID NUMBER:

Job Title:

Date of Medical Examination: 26.08.2019

Examining Physician: DR.DILIP KUMAR

Medical Centre: APOLLO HOSPITAL MUSCAT

Company:

### Assessment Result:

#### Fit to work without restrictions

*This Certificate is valid for 2 years from the date of medical examination*

#### Fitness Classifications:

- Fit to work without restrictions
- Fit to work with restriction
- Unfit to work Temporarily or Definitely

#### Restrictions List:

- R1: Unfit to work offshore, on marine vessels and in remote locations.  
R2: Unfit for Lifting and strenuous efforts.  
R3: Unfit to work in certain countries, check with geomarkethealth advisor.  
R4: Unfit to work in jobs requiring precise color vision.  
R5: Unfit to work in job with high level of noise.  
R6: Unfit to work in high risk of malaria countries.  
R7: Unfit to work in extreme heat.  
R8: Unfit to work in extreme cold.  
R9: Contact Geomarket health advisor/international medical coordinator – there exist specific restriction.  
R10: Unfit to work for a temporarily of time until further notice.  
R11: Unfit to work in jobs requiring good visual acuity ( eg: driving company vehicle ).  
R12: Fit only for defined period of time ( 1, 3 or 6 months ) and must be reassessed and fitness redefined.  
R13: Unfit to drive company vehicle.  
R14: Unfit to fly long haul flights.  
R15: Unfit to work in heights and confined spaces.

Examining Physician Stamp and signature

Hospital/Clinic Seal



## CONFIDENTIAL MEDICAL TO BE COMPLETED BY THE EMPLOYEE

Med-check History Form		Name:	Shujhat Ali Khan		
		GIN #	6757		
Place of examination	Date	Mobile #			
Apollo	26/8/19	94530345			
Age: 33	Nationality: Pakistani	Blood Group	O+		
<input checked="" type="checkbox"/> Male <input type="checkbox"/> Female	<input type="checkbox"/> Married <input checked="" type="checkbox"/> Single <input type="checkbox"/> Separated / Divorced	Number of children:			
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)					
	Y	N		Y	N
1. Sinus trouble		<input checked="" type="checkbox"/>	21. Cancer	<input checked="" type="checkbox"/>	HAVE YOU EVER BEEN:-
2. Neck swelling/glands		<input checked="" type="checkbox"/>	22. Heart Disease	<input checked="" type="checkbox"/>	40. Rejected for employment or insurance for medical reasons
3. Difficulty in vision		<input checked="" type="checkbox"/>	23. Rheumatic fever	<input checked="" type="checkbox"/>	41. Awarded benefits for industrial injury/illness
4. Any ear discharge		<input checked="" type="checkbox"/>	24. Abnormal heartbeat	<input checked="" type="checkbox"/>	42. Treated for a mental condition, e.g. depression
5. Asthma/bronchitis		<input checked="" type="checkbox"/>	25. High blood pressure	<input checked="" type="checkbox"/>	43. Treated for problem drinking or drug abuse
6. Hayfever /other significant allergy		<input checked="" type="checkbox"/>	26. Stroke	<input checked="" type="checkbox"/>	44. Exposed to toxic substance or noise
7. Any skin trouble		<input checked="" type="checkbox"/>	27. Serious chest pain	<input checked="" type="checkbox"/>	FOR WOMEN ONLY
8. Tuberculosis		<input checked="" type="checkbox"/>	28. Any blood disease	<input checked="" type="checkbox"/>	Have you ever had:-
9. Shortness of breath		<input checked="" type="checkbox"/>	29. Kidney disease	<input checked="" type="checkbox"/>	45. An abnormal smear
10. Coughed/vomited blood		<input checked="" type="checkbox"/>	30. Blood in urine	<input checked="" type="checkbox"/>	46. Any gynaecological treatment
11. Severe abdominal pain		<input checked="" type="checkbox"/>	31. Diabetes	<input checked="" type="checkbox"/>	47. Are you pregnant?
12. Stomach ulcer		<input checked="" type="checkbox"/>	32. Headaches/migraine	<input checked="" type="checkbox"/>	48. HAVE YOU HAD AN ILLNESS NOT MENTIONED ABOVE
13. Recurrent indigestion		<input checked="" type="checkbox"/>	33. Dizziness/fainting	<input checked="" type="checkbox"/>	
14. Jaundice or hepatitis		<input checked="" type="checkbox"/>	34. Epilepsy	<input checked="" type="checkbox"/>	
15. Gall Bladder disease		<input checked="" type="checkbox"/>	35. Joints/spinal trouble	<input checked="" type="checkbox"/>	
16. Marked change in bowel habits		<input checked="" type="checkbox"/>	36. Surgical operation	<input checked="" type="checkbox"/>	
17. Blood in stools (motions)		<input checked="" type="checkbox"/>	37. Serious accident/fracture	<input checked="" type="checkbox"/>	
18. Marked change in weight		<input checked="" type="checkbox"/>	38. Tropical disease	<input checked="" type="checkbox"/>	
19. Varicose veins		<input checked="" type="checkbox"/>	39. Fear of heights	<input checked="" type="checkbox"/>	
20. Lump in breast/armpit		<input checked="" type="checkbox"/>			
How much tobacco each day?		Average daily alcohol consumption			
Have you ever taken elicited drugs? ( )					
FAMILY HISTORY: Diabetes (✓) Tuberculosis (✓) Epilepsy (✓) Asthma (✓) Eczema (✓) Heart disease (✓) High blood pressure (✓) Stroke (✓) Blood Disease (✓) Cancer (✓)					
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-					
I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company's Doctors, and the details sent to them by the examining Doctor.					
Date: 26/8/19					
Signature of Applicant: 					