



MEDICAL FITNESS CERTIFICATE FOR TRUCKOMAN

NAME VIJAY KUMAR

AGE/D.O.B 41Y, 15.04.1979

DATE 08.03.2021

PASS/ID NO: 86975389

GENDER MALE

VISION-RT-EYE 6/6 WITHOUT GLASSES

HEIGHT 166 CM

LT-EYE 6/6 WITHOUT GLASSES

WEIGHT 93 KG

HEART NORMAL

BP 110/86 mmHg

LUNGS NORMAL

PULSE 82/ Min

ABDOMEN NORMAL

CNS NORMAL

SKIN NORMAL

ENT- Nose- Mild DNS
asymptomatic

INVESTIGATIONS

FBS NORMAL

BLOOD GROUP O NEGATIVE

HAEMOGRAM NORMAL

LFT NORMAL

RFT NORMAL

LIPID PROFILE NORMAL

SICKLING TEST NEGATIVE

URINE ROUTINE NORMAL

AUDIOGRAM NORMAL

FRAMINGHAM SCORE NORMAL AUDIOMETRIC THRESHOLD

Probability of developing
cardiovascular disease in next 10
years is 0.7%

CONCLUSION **MEDICALLY FIT**

Signature:

SEAL

Dr.B.VENKATESH KUMAR
 CARDIOLOGIST
 MOH NO#14581

FIT

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المقر الرئيسي:

س.ت. : ١٦٩٣٨٠٨، ص. ب. : ٤٤٣، ١١٢/٢٢٨، شارع السماء

روي سلطنة عمان، هاتف : ٢٤٧٩٩٧٦٠، فاكس : ٢٤٧٩٩٧٦٥

الكوبر : ٢٤٤٨٨٣٢٢ | ص. ب. : ٢٦٨٤٦٦٠ | الخوض : ٢٤٥٤٦٩٩ | صلالة : ٢٣٢٩١٨٣٠

بركاء : ٢٦٨٨٤٩١٠ | صور : ٢٥٥٤٧٧٧ | نزوى : ٢٥٤٧٧٧٧ | فج : ٢٦٧٥٤١٣١

البريد الإلكتروني: info@badroman.com

Appendix 32: EX1 Form (Initial Examination Report)

INITIAL EXAMINATION REPORT (MEDICAL – CONFIDENTIAL)



Petroleum Development Oman
MEDICAL DEPARTMENT

PLEASE COMPLETE YOUR PERSONAL
DETAILS IN BLOCK CAPITALS

Surname V. JAY KUMAR	
Forenames :	
Address	
Home telephone number	
Place of examination BADR AL SAMAA	Date 8/3/21
If a dependant enter employee's name here:	
Surname:	Forenames:
Birth date: 15-04-1979	Nationality:
Country of birth:	Religion:
<input checked="" type="checkbox"/> Male <input type="checkbox"/> Female	<input type="checkbox"/> Married <input type="checkbox"/> Single <input type="checkbox"/> Separated /Divorced
Relationship to employee <input type="checkbox"/> Wife <input type="checkbox"/> Son <input type="checkbox"/> Daughter	
Number of children:	
Reason for examination Pre-Employment Job: <input type="checkbox"/>	
Pre-Overseas Area: <input type="checkbox"/>	
Name and address of family doctor	
List your last 3 jobs	
(1)	
(2)	
Are you a Registered Disabled Person? (UK only) <input type="checkbox"/>	
Do you belong to any Medical Insurance Scheme? <input type="checkbox"/>	
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)	
Y	N
1. Sinus trouble	<input checked="" type="checkbox"/>
2. Neck swelling/glands	<input checked="" type="checkbox"/>
3. Difficulty in vision	<input checked="" type="checkbox"/>
4. Any ear discharge	<input checked="" type="checkbox"/>
5. Asthma/bronchitis	<input checked="" type="checkbox"/>
6. Hayfever/other significant allergy	<input checked="" type="checkbox"/>
7. Any skin trouble	<input checked="" type="checkbox"/>
8. Tuberculosis	<input checked="" type="checkbox"/>
9. Shortness of breath	<input checked="" type="checkbox"/>
10. Coughed/vomited blood	<input checked="" type="checkbox"/>
11. Severe abdominal pain	<input checked="" type="checkbox"/>
12. Stomach ulcer	<input checked="" type="checkbox"/>
13. Recurrent indigestion	<input checked="" type="checkbox"/>
14. Jaundice or hepatitis	<input checked="" type="checkbox"/>
15. Gall Bladder disease	<input checked="" type="checkbox"/>
16. Marked change in bowel habits	<input checked="" type="checkbox"/>
17. Blood in stools (motions)	<input checked="" type="checkbox"/>
18. Marked change in weight	<input checked="" type="checkbox"/>
19. Varicose veins	<input checked="" type="checkbox"/>
20. Lump in breast/armpit	<input checked="" type="checkbox"/>
21. Cancer	<input checked="" type="checkbox"/>
22. Heart Disease	<input checked="" type="checkbox"/>
23. Rheumatic fever	<input checked="" type="checkbox"/>
24. Abnormal heartbeat	<input checked="" type="checkbox"/>
25. High blood pressure	<input checked="" type="checkbox"/>
26. Stroke	<input checked="" type="checkbox"/>
27. Serious chest pain	<input checked="" type="checkbox"/>
28. Any blood disease	<input checked="" type="checkbox"/>
29. Kidney disease	<input checked="" type="checkbox"/>
30. Blood in urine	<input checked="" type="checkbox"/>
31. Diabetes	<input checked="" type="checkbox"/>
32. Headaches/migraine	<input checked="" type="checkbox"/>
33. Dizziness/fainting	<input checked="" type="checkbox"/>
34. Epilepsy	<input checked="" type="checkbox"/>
35. Joints/spinal trouble	<input checked="" type="checkbox"/>
36. Surgical operation	<input checked="" type="checkbox"/>
37. Serious accident/fracture	<input checked="" type="checkbox"/>
38. Tropical disease	<input checked="" type="checkbox"/>
39. Fear of heights	<input checked="" type="checkbox"/>
HAVE YOU EVER BEEN:-	
40. Rejected for employment or insurance for medical reasons	<input checked="" type="checkbox"/>
41. Awarded benefits for industrial injury/illness	<input checked="" type="checkbox"/>
42. Treated for a mental condition, e.g. depression	<input checked="" type="checkbox"/>
43. Treated for problem drinking or drug abuse	<input checked="" type="checkbox"/>
44. Exposed to toxic substance or noise	<input checked="" type="checkbox"/>
FOR WOMEN ONLY	
Have you ever had:-	
45. An abnormal smear	<input checked="" type="checkbox"/>
46. Any gynaecological treatment	<input checked="" type="checkbox"/>
47. Are you pregnant?	<input checked="" type="checkbox"/>
48. HAVE YOU HAD AN ILLNESS NOT MENTIONED ABOVE	<input checked="" type="checkbox"/>
How much tobacco each day? Nil	Average daily alcohol consumption occasional (3-4 pegs/week)
Have you ever taken elicited drugs? (X) PDO test all new/potential employees for elicited/recreational drugs	
FAMILY HISTORY: Diabetes (X) Tuberculosis (X) Epilepsy (X) Asthma (X) Eczema (X)	
Heart disease (X) High blood pressure (X) Stroke (X) Blood Disease (X) Cancer (X)	
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-	
I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.	
Date: 8/3/21	Signature of Applicant: V. Jay Kumar
FOR COMPLETION BY EXAMINING DOCTOR OR NURSE	
Further details of medical history and recreational activities	

[Signature]

Dr. B. VENKATESH KUMAR
CARDIOLOGIST
MOH NO#14581



N = Normal A = Abnormal (please describe)				PHYSICAL EXAMINATION									
N	A			<p style="text-align: center; font-size: 1.2em;">Normal & Routine</p> <p style="text-align: center;">mmg Sih @, No mmg fpp. In @ norm</p> <p style="text-align: center;">norm norm norm norm norm norm</p>									
		1. Eyes & Pupils											
		2. E.N.T.											
		3. Teeth & Mouth											
		4. Lungs & Chest											
		5. Cardiovascular System											
		6. Abdo. Viscera											
		7. Hernial Orifices											
		8. Anus & Rectum											
		9. Genito-urinary											
		10. Extremities											
		11. Musculo-skeletal											
		12. Skin & Varicose Vns.											
		13. C.N.S.											
HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE	HEARING	VISION				Colour Vision	Blood Group		
166	93.4	33.9	110 86	82 mins.	L R	DISTANT	NEAR	R	L	R	L	(N)	O-
						Uncorrected	Corrected	6/6	6/6	N/A	N/A		
N	A					LABORATORY AND OTHER SPECIAL INVESTIGATIONS				N	A		
✓		1. Urinalysis										7. Audiogram	
✓		2. Hb, Bloodcount, ESR										8. Lung Function	
✓		3. LFT, RFT, RBS										9. Chest X-Ray	
		4. Drug Screen								✓		10. ECG	
✓		5. Lipids (40 years +)										11. CVS risk for 40 yrs. & above	
✓		6. Sickie Cell test										12. HIV, Hepatitis screening	
OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)													
ASSESSMENT:													
FIT ALL AREAS <input checked="" type="checkbox"/> FIT WITH RESTRICTION <input type="checkbox"/> TEMPORARY UNFIT <input type="checkbox"/> UNFIT <input type="checkbox"/>													
Date: 8/3/21 Name (Block Capitals): Dr. / Nurse Signature:													
REVIEW/CONSULTATION													
Date: 8/3/21 Name (Block Capitals): Dr. / Nurse Signature:													

[Signature]

Dr. B. VENKATESH KUMAR
CARDIOLOGIST
MOH NO#14581



Fitness to Work Certificate

Employee Data		Date : 8/3/21	
Name : VIJAY KUMAR		Department/Company	
I.D No : 86975389	Age : 41yrs	Occupation : Heavy vehicle driver.	
Type of Medical Evaluation		Mark those applying ✓	
A1 Aircraft refueling		A6 Fire /Emergency response team work	
A2 Breathing apparatus		A7 Professional driving	
A3 Business traveler		A8 Remote location work	
A4 Catering and food preparation		A9 Transfers – group A country	
A5 Crane or forklift driving& all heavy vehicles		A10 Transfers – group B country	
<p>Health Advisor Statement: The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.</p>			
Fit with no restrictions		<div style="border: 2px solid blue; padding: 5px; display: inline-block; transform: rotate(-2deg); font-weight: bold; font-size: 1.5em;">FIT</div> Yes	
Fit with following restriction(s)			
The employee is fit for above work but should avoid the following task(s)		Temporary restriction	Permanent restriction
Work near moving machinery or sharp edges			
Working at height			
Puling, pushing, or carrying weight over ____ Kg			
Ascend/descend ladders or stairs.			
Operate motor vehicles, forklifts or heavy machinery			
Use of a respirator			
Repetitive twisting of valves or wrenches			
Flying			
Other (Specify) – Working Conditions (Extreme / Interir Clinic / Confined Work Place / Noicy)			
Temporary Unfit until			
Permanently Unfit		Date	8/3/21
Name of health advisor		Signature	
		Date : 8/3/21	

[Signature]

Dr.B.VENKATESH K. NIZWA
CARDIOLOGIST
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