

11.32 Appendix 32: EX1 Form (Initial Examination Report)

INITIAL EXAMINATION REPORT (MEDICAL - CONFIDENTIAL)

 Petrochem Development Oman MEDICAL DEPARTMENT PLEASE COMPLETE YOUR PERSONAL DETAILS IN BLOCK CAPITALS		Surname ASHLEY JOSEPH Forenames D SOUZA Address _____ Home telephone number 94757959	
Place of examination _____ Date 20/6/2023		If a dependant enter employee's name here: Surname _____ Forenames T.O	
Birth date: 60Y	Nationality: INDIAN	Country of birth: INDIA	Religion: INDIA
☒ Male ☐ Female	☒ Married ☐ Single ☐ Separated / Divorced	Relationship to employee ☐ Wife ☐ Son ☐ Daughter	Number of children _____
Reason for examination Pre-Employment ☐ Job: _____ Pre-Overseas ☐ Area: _____		Name and address of family doctor _____ List your last 3 jobs (1) _____ (2) _____	
Are you a Registered Disabled Person? (UK only) ☐		Do you belong to any Medical Insurance Scheme? ☐	
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments)			
	Y	N	
1. Sinus trouble		✓	21. Cancer
2. Neck swelling/glands		✓	22. Heart Disease
3. Difficulty in vision		✓	23. Rheumatic fever
4. Any ear discharge		✓	24. Abnormal heartbeat
5. Asthma/bronchitis		✓	25. High blood pressure
6. Hayfever /other significant allergy		✓	26. Stroke
7. Any skin trouble		✓	27. Serious chest pain
8. Tuberculosis		✓	28. Any blood disease
9. Shortness of breath		✓	29. Kidney disease
10. Coughed/vomited blood		✓	30. Blood in urine
11. Severe abdominal pain		✓	31. Diabetes
12. Stomach ulcer		✓	32. Headaches/migraine
13. Recurrent indigestion		✓	33. Dizziness/fainting
14. Jaundice or hepatitis		✓	34. Epilepsy
15. Gall Bladder disease		✓	35. Joints/spinal trouble
16. Marked change in bowel habits		✓	36. Surgical operation
17. Blood in stools (motions)		✓	37. Serious accident/fracture
18. Marked change in weight		✓	38. Tropical disease
19. Varicose veins		✓	39. Fear of heights
20. Lump in breast/armpit		✓	
How much tobacco each day? _____		Average daily alcohol consumption _____	
Have you ever taken illicit drugs? () PDO test all new/potential employees for illicit/recreational drugs			
FAMILY HISTORY: Diabetes () Tuberculosis () Epilepsy () Asthma () Eczema () Heart disease () High blood pressure () Stroke () Blood Disease () Cancer ()			
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:- I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company as required and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDO reserves the right to dismiss me if it was found that I have purposely withheld important medical information.			
Date: 20/6/2023		Signature of Applicant: ASHLEY	

FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)

PHYSICAL EXAMINATION

N	A	
✓		1. Eyes & Pupils
✓		2. E.N.T.
✓		3. Teeth & Mouth
✓		4. Lungs & Chest
✓		5. Cardiovascular System
✓		6. Abdo. Viscers
✓		7. Hemal Orifices
✓		8. Anus & Rectum
✓		9. Genito-urinary
✓		10. Extremities
✓		11. Musculo-skeletal
✓		12. Skin & Varicose Vns.
✓		13. C.N.S.

HEIGHT cm	WEIGHT kg	BMI	B.P. mmHg	PULSE /min.	HEARING L R	VISION DISTANT NEAR R L R L Uncorrected Corrected	Colour Vision	Blood Group
158	70	28	80/55	72				

N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS	N	A	
✓		1. Urinalysis	✓		7. Audiogram
✓		2. Hb, Bloodcount, ESR			8. Lung Function
✓		3. LFT, RFT, RBS	✓		9. Chest X-Ray
✓		4. Drug Screen	✓		10. ECG
✓		5. Lipids (40 years +)			11. CVS risk for 40 yrs. & above
✓		6. Sickle Cell test			12. HIV, Hepatitis screening

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

HTN on metoprolol 25 + Telmisartan 40 once daily.

Repeat check Bp after 1 week. If high needs medicine change.

ASSESSMENT:

☒ FIT ALL AREAS
 ☐ FIT WITH RESTRICTION
 ☐ TEMPORARY UNFIT
 ☐ UNFIT

Date: 20/6/2022

Name (Block Capitals): Dr. Nandana Ramdi

Signature:

REVIEW/CONSULTATION

Date: 20/6/2023

Name (Block Capitals): Dr. / Nurse

Signature:

Framingham Risk Assessment form

Framingham Risk Assessment (For all professional drivers, crane operators, forklift operator or other employees who are above 40 years of age).

Employee Name: Ashley Joseph D. Souza

Emp #:

Date of Assessment: 6/8/2023

1	Age	Years	<u>60</u>
2	Gender	Female Male	<u>3</u>
3	Total Cholesterol	mmol/L	<u>4.97</u>
4	HDL Cholesterol	mmol/L	<u>0.800</u>
5	Smoker	Yes No	<u>3</u>
6	Diabetes	Yes/No	<u>3</u>
7	Systolic Blood pressure	mm Hg	<u>150</u>
8	Is the patient being treated for High blood pressure?	Yes No	<u>3</u>

Framingham Risk score: 7.30 %

Framingham Risk Rating (Circle the appropriate score):

Low

Medium

High

Any further action or recommendations?

Assessment or Examination conducted by: [Signature]

[Stamp: OMAN AL-KHAIR HOSPITAL]

Epworth Screening Quest. for Sleep Apnoea

Employee Data		Date: 2016/2023
Name: ASHLEY JOSEPH D SOUZA		Department/Company: T.O.
I.D No. 64886261	Tel # 94757959	Occupation :

This questionnaire will help identify if you have any health condition which may need a more detailed medical assessment as part of your fitness to work determination. If you have any queries please contact your local Health Services staff. All information provided on this form and during consultations remains strictly confidential. When further clinical evaluation is required following completion of a screening questionnaire, the details should be recorded on Q1 and E1 forms.

How likely are you to fall asleep in the following situations? (use 0 to 3 score as shown below)

0 Would never doze

1 Slight chance of dozing

2 Moderate chance of dozing

3 High chance of dozing

0 sitting and reading

0 watching TV

0 sitting inactive in a public place (e.g. theatre or meeting)

0 as a passenger in the car for an hour without a break

0 Lying down to rest in the afternoon when circumstances permit

0 Sitting and talking with someone

1 Sitting quietly after lunch without alcohol

0 In a car, while stopped for a few minutes in traffic

Total 1

If you score a total of 15 or more you should seek advice from medical personnel on site before continuing to drive or operate machinery in the workplace.

Declaration: I, ASHLEY, Print Name certify that to the best of my knowledge the above information supplied by me is true and correct.

Signature: Ashley Date: 2016/2023

Fitness to Work Certificate

Employee Data		Date 20/6/2023	
Name ASHLEY JOSEPH D SOUZA		Department/Company T.O.	
I.D No. 64886261	Age 60Y	Occupation	
Type of Medical Evaluation		Mark those applying ✓	
A1 Aircraft refuelling		A6 Fire / Emergency response team work	
A2 Breathing apparatus		A7 Professional driving	
A3 Business traveller		A8 Remote location work	
A4 Catering and food preparation		A9 Transfers – group A country	
A5 Crane or forklift driving & all heavy vehicles		A10 Transfers – group B country	
Health Advisor Statement : The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.			
Fit with no restrictions ✓			
Fit with following restriction(s)			
The employee is fit for above work but should avoid the following task(s)	Temporary restriction	Permanent restriction	
Work near moving machinery or sharp edges			
Working at height			
Lifting, pushing, or carrying weight over ____ Kg			
Ascend/descend ladders or stairs			
Operate motor vehicles, forklifts or heavy machinery			
Use of a respirator			
Repetitive twisting of valves or wrenches			
Flying			
Other (Specify)			
Temporary Unfit until			
Permanently Unfit			
Name of health advisor Dr. Alandana P	Signature	Date 20/6/2023	



DEPARTMENT OF LABORATORY MEDICINE

File No: 0254538	Report No: 0662878
Name: ASHLEY JOSEPH D SOUZA	Sample Date: 20/06/2023 Time: 9:34
Address:	Received By: JIBI
Gender: M Age: 60 Y Nationality: INDIAN	Received Date: 20/06/2023 Time: 10:07
GSM No.: 94757959 ID Card No.: 64886261	Report Date: 20/06/2023 Time: 11:49
Ref. By: EXTERNAL DOCTOR	Bill No: 0881927 Bill Date: 20/06/2023
	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
PDO MEDICAL CHECK UP ABOVE 40(truckoman)		
FBS (FASTING BLOOD SUGAR)	6.0 mmol/L	3.9 - 6.1
Method :- Hexokinase	108 mg/dL	70 - 110
LIPID PROFILE - SERUM		
CHOLESTEROL (TOTAL)	4.97 mmol/L	1 - 5.1
Method:-Enzymatic	192.14 mg/dl	40 - 200
HDL (HIGH DENSITY LIPOPROTEIN)	0.800 mmol/L	0.777 - 1.813
Method:-Enzymatic	30.93 mg/dl	30 - 70
LDL (LOW DENSITY LIPOPROTEIN)	3.06 mmol/L	1.295 - 4.54
Method:-Calculation	118.2 mg/dl	50 - 172
VLDL (VERY LOW DENSITY LIPOPROTEIN)	1.11 mmol/L	0.259 - 1.036
Method:-Calculation	43.01 mg/dl	10 - 40
RATIO (TOTAL CHOL / HDL CHOL)	6.21	3.8 - 5.9
Method:-Calculation		
TRIGLYCERIDES	2.43 mmol/L	0.564 - 2.146
Method : Enzymatic	215.055 mg/dl	50 - 190
LIVER FUNCTION TEST - SERUM		
TOTAL BILIRUBIN - SERUM	0.866 mg/dL	0.1 - 1
Method : Diazo	14.81 µmol/L	1 - 17.1
DIRECT BILIRUBIN - SERUM	0.276 mg/dL	0.1 - 0.5
Method : Diazo	4.72 µmol/L	1 - 8.55
SGOT (AST)-SERUM (IFCC)	26.24 U/L	Male: up to 40.0 Female: up to 32.0
SGPT (ALT)-SERUM (IFCC)	31.25 U/L	Male: 10-50 Female: 10-35

Processed By:
JIBI
Lab Technologist
MOH LIC No: 4384

Approved By:
ASHWINI
Lab Technologist

Released By:
ASHWINI
Lab Technologist
MOH License No: 18064

DR. SHAYFA P.
Specialist Pathologist
MOH LIC NO: 13475

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INVESTIGATION	RESULT	REFERENCE RANGE
ALKALINE PHOSPHATASE (ALP)-SERUM (IFCC)	83.46 U/L	Adult : Men -40-129 :Female 35-104 Children:(Aged) 7months - 1Year :- <462 1Year - 3 Years :- <281 4 Years - 6 Years :- <269 7 Years - 12 Years :- <300 13 Years - 17 Years(M) :-<390 13 Years - 17 Years(F) :- <187
TOTAL PROTEIN-SERUM(Colorimetric Assay)	7.74 gm/dL	6.6 - 8.7
ALBUMIN - SERUM (Colorimetric Assay)	4.79 gm/dL	3.9 - 4.9
GLOBULIN - SERUM (Calculation)	2.95 gm/dL	2.3 - 3.5
ALBUMIN / GLOBULIN RATIO - Calculation	1.62	1.2 - 1.5
GGT(GAMMA GLUTAMYL TRANSPEPTIDASE) - SERUM	35.45 U/L	Men : 8-61 Female : 5-36
Method :-Enzymatic Assay		
RENAL FUNCTION TEST (UREA - CREATININE)		
UREA - SERUM	4.34 mmol/L	1.7 - 8.3
Method : Kinetic Assay	26.07 mg/dL	10.2 - 49.8
CREATININE - SERUM	77.20 µmol/L	44.2 - 123.7
Method :-Jaffé Method	0.87 mg/dl	0.5 - 1.4
CBC (COMPLETE BLOOD COUNT)		
TOTAL WBC COUNT	10100 cells/cumm	4000 - 11000 cells/cumm
Method : -Fluorescence Flow Cytometry		
DC (DIFFERENTIAL COUNT)		
Method : -Fluorescence Flow Cytometry		
NEUTROPHILS	72.7 %	40-75%

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Lab Technologist

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MOH License No: 18084

DR. SHAYFA P
Specialist Radiologist

MOH LIC NO:13475

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INVESTIGATION	RESULT	REFERENCE RANGE
LYMPHOCYTES	18.7 %	20-45%
EOSINOPHILS	0.6 %	2-6 %
MONOCYTES	8.0 %	2-8 %
BASOPHILS	0.0 %	0-1%
HB (HEMOGLOBIN)	16.0 gm/dl	Male-13 - 18 gm/dl Female-11- 15 gm/dl
Method : -Cyanide-free SLS haemoglobin		
TOTAL RBC COUNT	5.69 million/cu	MALE: 4.5-6.5million/cu FEMALE: 3.9-5.5million/cu
Method : - Hydrodynamically focussed impedance		
PLATELET COUNT	2.67 lakhs/cumm	1.0 - 4.0 lakhs / cumm
Method : - Hydrodynamically focussed impedance		
PCV (PACKED CELL VOLUME)	48.0 %	Males : 42% - 52% Females : 37% - 47%
MCV (MEAN CORPUSCULAR VOLUME)	84.4 FL	76 - 96 FL
MCH (MEAN CORPUSCULAR HEMOGLOBIN)	28.1 PG	27 - 33 PG
MCHC(MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION)	33.3 g/dl	32 - 36 g/dl
ESR (ERYTHROCYTE SEDIMENTATION RATE)	05 mm/ 1st hr	MALE:0-9 mm/ 1st hr FEMALE:0-20 mm/ 1st hr

Capillary Photometry Technology

Measures the kinetics of red cells aggregation.Clinical Laboratory and Standard Institute (CLSI) procedure for the ESR Test.

SICKLE CELL

NEGATIVE

Method : -Haemoglobin solubility test

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INVESTIGATION	RESULT	REFERENCE RANGE
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URINE ROUTINE		
URINE BIOCHEMISTRY		
Method :- Colorimetric Assay		
GLUCOSE	NIL	
PROTEIN	NIL	
KETONE	NIL	
BILIRUBIN	NIL	
pH	ACIDIC	
UROBILINOGEN	NORMAL	
URINE MICROSCOPY (Centrifugation Method)		
RED BLOOD CELLS (RBC)	NIL /hpf	
PUS CELLS	1 - 2 /hpf	
EPITHELIAL CELLS	NIL /hpf	
CRYSTALS	NIL /hpf	
CAST	NIL /hpf	
BACTERIA	PRESENT /hpf	
YEAST CELLS	NIL /hpf	

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MOH LIC NO:13475

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X-RAY REPORT

Doc No:	0072041
Name:	ASHLEY JOSEPH D SOUZA
Age/DOB:	60 Y Omani ID/ L.Card No.: 64886261
Sex:	Male
Referred By:	EXTERNAL DOCTOR
Clinical Diagnosis:	
X-Ray/UltraSound	CHEST X-RAY
Date:	20/06/2023
X-Ray Film No:	trucoman
Bill No:	0881927
Charge Sheet No:	

Suboptimal study due to poor inspiratory film.

Both lung fields are normal

Both cp angles are clear

Mediastinal shadow and bony thorax are normal

Apparent cardiomegaly noted.

Conclusion: Apparent cardiomegaly noted, could be due to poor inspiratory film. Suggested clinical correlation.

Signature:



0254538

ashley

6/20/2023 10:30:18 AM
Aster Hospital IBRI
ECG Room
ECG Room

Rate 86

PR 161

QRS 101

QT 351

QTc 420

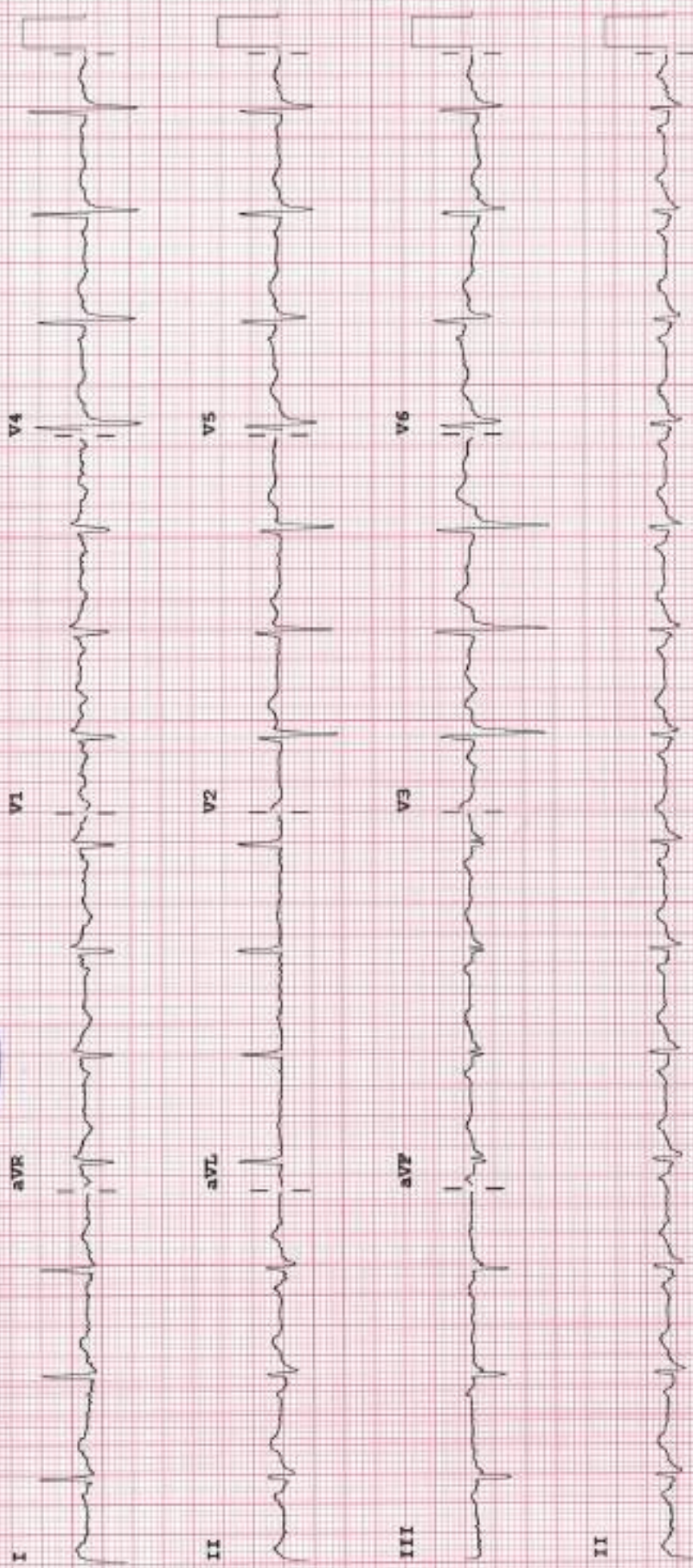
--AXIS--

P 57

QRS -16

T 40

12 Lead; Standard Placement



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

P 50~ 0.50~ 40 Hz W

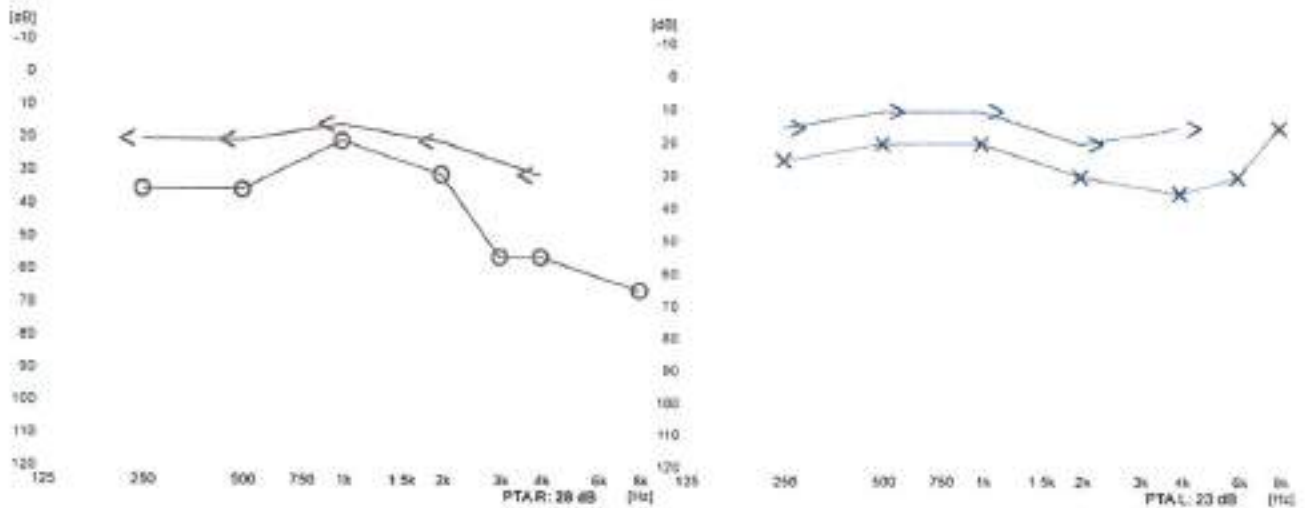
PH10

L

P2

SUPER QUALITY HEARING AID AND SPEECH THERAPY CENTER

Code: 0801927
Last name, First name: ASHLEY JOSEPH, D SOUZA
Born: 20.06.2023
Test type: Tonal audiometry
Test date: 20.06.2023



Legend	R	L
Air	○	×
AirMasked	△	□
Bone	<	>
BoneMasked	[	]
MCL	M	M
UCL	m	m
Free Field	Ø	⊗
Free Field/Aided	A	A
Otitis	B	
No response	I	

Comments
RIGHT: MILD TO SEVERE HIGH FREQUENCY SLOPING SENSORINEURAL HEARING LOSS
LEFT: MINIMAL TO MILD SENSORINEURAL HEARING LOSS

Signature: _____



Date: 20/6/2023