



11.32 Appendix 32: EX1 Form (Initial Examination Report)

INITIAL EXAMINATION REPORT (MEDICAL - CONFIDENTIAL)

Petroleum Development Oman
MEDICAL DEPARTMENTPLEASE COMPLETE YOUR PERSONAL
DETAILS IN BLOCK CAPITALS

Surname		Roaf Muhammad	
Forenames		Yagoub	
Address			
Home telephone number		96350033	
Place of examination	Date	31/12/2011	
If a dependant enter employee's name here			
Surname		Forenames	
Birth date		Country of birth	
Personality		Religion	
Relationship to employee		Number of children	
☐ Male ☐ Female	☐ Married ☐ Single ☐ Separated /Divorced	☐ Wife ☐ Son ☐ Daughter	
Reason for examination			
Pre-Employment		Job:	
Pre-Overseas		Area:	
Name and address of family doctor		List your last 3 jobs	
		(1)	
		(2)	
Are you a Registered Disabled Person? (UK only)		Do you belong to any Medical Insurance Scheme?	
☐		☐	
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)			
Y N		Y N	
1. Sinus trouble		21. Cancer	
2. Neck swelling/glands		22. Heart Disease	
3. Difficulty in vision		23. Rheumatic fever	
4. Any ear discharge		24. Abnormal heartbeat	
5. Asthma/bronchitis		25. High blood pressure	
6. Hayfever /other significant allergy		26. Stroke	
7. Any skin trouble		27. Serious chest pain	
8. Tuberculosis		28. Any blood disease	
9. Shortness of breath		29. Kidney disease	
10. Coughed/vomited blood		30. Blood in urine	
11. Severe abdominal pain		31. Diabetes	
12. Stomach ulcer		32. Headaches/migraine	
13. Recurrent indigestion		33. Dizziness/fainting	
14. Jaundice or hepatitis		34. Epilepsy	
15. Gall Bladder disease		35. Joints/spinal trouble	
16. Marked change in bowel habits		36. Surgical operation	
17. Blood in stools (motions)		37. Serious accident/fracture	
18. Marked change in weight		38. Tropical disease	
19. Varicose veins		39. Fear of heights	
20. Lump in breast/arm/pit			
How much tobacco each day?		Average daily alcohol consumption	
Have you ever taken illicit drugs? () PDO test all new/potential employees for illicit/recreational drugs			
FAMILY HISTORY: Diabetes () Tuberculosis () Epilepsy () Asthma () Eczema ()			
Heart disease () High blood pressure () Stroke () Blood Disease () Cancer ()			
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-			
I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.			
Date:		Signature of Applicant:	
31/12/2011			

FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)		PHYSICAL EXAMINATION							
N	A								
☒		1. Eyes & Pupils	wht						
☒		2. E.N.T.							
☒		3. Teeth & Mouth							
☒		4. Lungs & Chest							
☒		5. Cardiovascular System							
☒		6. Abdo. Viscera							
☒		7. Hemial Orifices							
☒		8. Anus & Rectum							
☒		9. Genito-urinary							
☒		10. Extremities							
☒		11. Musculo-skeletal							
☒		12. Skin & Varicose Vns.							
☒		13. C.N.S.							
HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE /min	HEARING L R	VISION DISTANT R L NEAR R L Uncorrected Corrected		Colour Vision	Blood Group
182	94	28.4	130/80	76		6/6 6/6			
N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS				N	A		
☒		1. Urinalysis					☒		7. Audiogram
☒		2. Hb, Bloodcount, ESR					☒		8. Lung Function
☒		3. LFT, RFT, RBS					☒		9. Chest X-Ray
☒		4. Drug Screen					☒		10. ECG
☒		5. Lipids (40 years +)					☒		11. CVS risk for 40 yrs. & above
☒		6. Sickie Cell test					☒		12. HIV, Hepatitis screening
OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)									
overweight, Advised weight reduction.									
ASSESSMENT:									
☒ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT									
Date: 31/12/2012		Name (Block Capitals): Dr. SANDANA PAMIDI				Signature: [Signature]			
REVIEW/CONSULTATION									
Date:		Name (Block Capitals): Dr. / Nurse				Signature:			

Framingham Risk Assessment form

Framingham Risk Assessment (For all professional drivers, crane operators, forklift operator or other employees who are above 40 years of age):

Employee Name: Rauf Mohammad. Mohammad. Yogan

Emp #: _____

Date of Assessment: 105680974
31/12/2024

1	Age	Years	
2	Gender	Female/Male	
3	Total Cholesterol	mmol/L	5.54
4	HDL Cholesterol	mmol/L	0.895
5	Smoker	Yes/No	
6	Diabetes	Yes/No	
7	Systolic Blood pressure	mm Hg	130
8	Is the patient being treated for High blood pressure?	Yes/No	

Framingham Risk score: 9.4 %

Framingham Risk Rating (Circle the appropriate score):

☒ Low ☐ Medium ☐ High

Any further action or recommendations?

Assessment or Examination conducted by:



Epworth Screening Quest. for Sleep Apnoea

Employee Data		Date: 31/12/2021
Name: Rauf. Mohammad. Youssef	Department/Company: 10	
I. D No. 105680974	Tel # 96350933	Occupation :

This questionnaire will help identify if you have any health condition which may need a more detailed medical assessment as part of your fitness to work determination. If you have any queries please contact your local Health Services staff. All information provided on this form and during consultations remains strictly confidential. When further clinical evaluation is required following completion of a screening questionnaire, the details should be recorded on Q1 and E1 forms.

How likely are you to fall asleep in the following situations? (use 0 to 3 score as shown below)

0	Would never doze
1	Slight chance of dozing
2	Moderate chance of dozing
3	High chance of dozing

3	sitting and reading
3	watching TV
3	sitting inactive in a public place (e.g. theatre or meeting)
3	as a passenger in the car for an hour without a break
1	Lying down to rest in the afternoon when circumstances permit
3	Sitting and talking with someone
3	Sitting quietly after lunch without alcohol
3	In a car, while stopped for a few minutes in traffic
Total 1	

If you score a total of 15 or more you should seek advice from medical personnel on site before continuing to drive or operate machinery in the workplace.

Declaration: I, Rauf. (Print Name) certify that to the best of my knowledge the above information supplied by me is true and correct.

Signature: [Signature] Date: 31/12/2021

Fitness to Work Certificate

Employee Data		Date	
Name		Department/Company	
LD No.	Age	Occupation	
Type of Medical Evaluation		Mark those applying -	
A1 Aircraft refuelling		A6 Fire / Emergency response team work	
A2 Breathing apparatus		A7 Professional driving	
A3 Business traveller		A8 Remote location work	
A4 Catering and food preparation		A9 Transfers – group A country	
A5 Crane or forklift driving & all heavy vehicles		A10 Transfers – group B country	
Health Advisor Statement : The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.			
Fit with no restrictions			
Fit with following restriction(s)			
The employee is fit for above work but should avoid the following task(s)	Temporary restriction	Permanent restriction	
Work near moving machinery or sharp edges			
Working at height			
Pulling, pushing, or carrying weight over ____ Kg			
Ascend/descend ladders or stairs			
Operate motor vehicles, forklifts or heavy machinery			
Use of a respirator			
Repetitive twisting of valves or wrenches			
Flying			
Other (Specify)			
Temporary Unfit until			
Permanently Unfit			
Name of health advisor	Signature	Date	



DEPARTMENT OF LABORATORY MEDICINE

File No: 0264181	Report No: 0643617
Name: RAUF MUHAMMAD MUHAMMAD YAQOOB	Sample Date: 31/12/2022 Time: 10:29
	Received By: 181773
Address:	Received Date: 31/12/2022 Time: 10:52
Gender: M Age: 40 Y Nationality: PAKISTANI	Report Date: 31/12/2022 Time: 11:53
GSM No.: 96350033 ID Card No.: 105680974	Bill No: 0857895 Bill Date: 31/12/2022
Ref. By: EXTERNAL DOCTOR	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
PDO MEDICAL CHECK UP ABOVE 40(truckoman)		
FBS (FASTING BLOOD SUGAR)	5.68 mmol/L	3.9 - 6.1
Method :- Hexokinase	102.24 mg/dL	70 - 110
LIPID PROFILE - SERUM		
CHOLESTEROL (TOTAL)	5.54 mmol/L	1 - 5.1
Method:-Enzymatic	214.18 mg/dl	40 - 200
HDL (HIGH DENSITY LIPOPROTEIN)	0.895 mmol/L	0.777 - 1.813
Method:-Enzymatic	34.6 mg/dl	30 - 70
LDL (LOW DENSITY LIPOPROTEIN)	3.64 mmol/L	1.295 - 4.54
Method:-Calculation	140.46 mg/dl	50 - 172
VLDL (VERY LOW DENSITY LIPOPROTEIN)	1.01 mmol/L	0.259 - 1.036
Method:-Calculation	39.12 mg/dl	10 - 40
RATIO (TOTAL CHOL / HDL CHOL)	6.19	3.8 - 5.9
Method:-Calculation		
TRIGLYCERIDES	2.21 mmol/L	0.564 - 2.146
Method : Enzymatic	195.585 mg/dl	50 - 190
LIVER FUNCTION TEST - SERUM		
TOTAL BILIRUBIN - SERUM	0.589 mg/dL	0.1 - 1
Method : Diazo	10.07 µmol/L	1 - 17.1
DIRECT BILIRUBIN - SERUM	0.101 mg/dL	0.1 - 0.5
Method : Diazo	1.73 µmol/L	1 - 8.55
SGOT (AST)-SERUM (IFCC)	38.00 U/L	Male: up to 40.0 Female: up to 32.0
SGPT (ALT)-SERUM (IFCC)	38.10 U/L	Male: 10-50 Female: 10-35

Processed By:
JIBI
Lab Technologist
MOH LIC No: 4384

THANSILA THAHA
LAB TECHNICIAN
REG No.: 21829
Approved By: 181773
Lab Technologist
Released By: 181773
Lab Technologist
MOH License No: 21829

DR. SHAYFAR
Specialist Pathologist
MOH LIC NO:13475

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DEPARTMENT OF LABORATORY MEDICINE

File No: 0264161	Report No: 0643617
Name: RAUF MUHAMMAD MUHAMMAD YAQOOB	Sample Date: 31/12/2022 Time: 10:29
	Received By: 181773
Address:	Received Date: 31/12/2022 Time: 10:52
Gender: M Age: 40 Y Nationality: PAKISTANI	Report Date: 31/12/2022 Time: 11:53
GSM No.: 96350033 ID Card No.: 105680974	Bill No: 0857895 Bill Date: 31/12/2022
Ref. By: EXTERNAL DOCTOR	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
ALKALINE PHOSPHATASE (ALP)-SERUM (IFCC)	65.90 U/L	Adult : Men -40-129 : Female 35-104 Children:(Aged) 7months - 1Year :- <462 1Year - 3 Years :- <281 4 Years - 6 Years :- <269 7 Years - 12 Years :- <300 13 Years - 17 Years(M) :- <390 13 Years - 17 Years(F) :- <187
TOTAL PROTEIN-SERUM(Colorimetric Assay)	7.79 gm/dL	6.6 - 8.7
ALBUMIN - SERUM (Colorimetric Assay)	4.58 gm/dL	3.9 - 4.9
GLOBULIN - SERUM (Calculation)	3.21 gm/dL	2.3 - 3.5
ALBUMIN / GLOBULIN RATIO - Calculation	1.43	1.2 - 1.5
GGT(GAMMA GLUTAMYL TRANSPEPTIDASE) - SERUM	40.45 U/L	Men : 8-61 Female : 5-36
Method :-Enzymatic Assay		
RENAL FUNCTION TEST (UREA - CREATININE)		
UREA - SERUM	4.00 mmol/L	1.7 - 8.3
Method : Kinetic Assay	24.02 mg/dL	10.2 - 49.8
CREATININE - SERUM	81.53 µmol/L	44.2 - 123.7
Method :-Jaffe Method	0.92 mg/dl	0.5 - 1.4
CBC (COMPLETE BLOOD COUNT)		
TOTAL WBC COUNT	6820 cells/cumm	4000 - 11000 cells/cumm
Method : -Fluorescence Flow Cytometry		
DC (DIFFERENTIAL COUNT)		
Method : -Fluorescence Flow Cytometry		
NEUTROPHILS	49.2 %	40-75%

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Specialist Pathologist

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DEPARTMENT OF LABORATORY MEDICINE

File No: 0264161
Name: RAUF MUHAMMAD MUHAMMAD YAQOOB
Address:
Gender: M **Age:** 40 Y **Nationality:** PAKISTANI
GSM No.: 96350033 **ID Card No.:** 105680974
Ref. By: EXTERNAL DOCTOR

Report No: 0643617
Sample Date: 31/12/2022 **Time:** 10:29
Received By: 181773
Received Date: 31/12/2022 **Time:** 10:52
Report Date: 31/12/2022 **Time:** 11:53
Bill No: 0857895 **Bill Date:** 31/12/2022
Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
LYMPHOCYTES	40.3 %	20-45%
EOSINOPHILS	1.5 %	2-6 %
MONOCYTES	8.7 %	2-8 %
BASOPHILS	0.3 %	0-1%
HB (HEMOGLOBIN)	15.6 gm/dl	Male-13 - 18 gm/dl Female-11- 15 gm/dl
Method : -Cyanide-free SLS haemoglobin		
TOTAL RBC COUNT	5.51 million/cu	MALE: 4.5-6.5million/cu FEMALE: 3.9-5.5million/cu
Method : - Hydrodynamically focussed impedance		
PLATELET COUNT	2.17 lakhs/cumm	1.0 - 4.0 lakhs / cumm
Method : - Hydrodynamically focussed impedance		
PCV (PACKED CELL VOLUME)	48.40 %	Males : 42% - 52% Females : 37% - 47%
MCV (MEAN CORPUSCULAR VOLUME)	87.80 FL	76 - 96 FL
MCH (MEAN CORPUSCULAR HEMOGLOBIN)	28.30 PG	27 - 33 PG
MCHC(MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION)	32.20 g/dl	32 - 36 g/dl
ESR (ERYTHROCYTE SEDIMENTATION RATE)	05 mm/ 1st hr	MALE:0-9 mm/ 1st hr FEMALE:0-20 mm/ 1st hr

Capillary Photometry Technology

Measures the kinetics of red cells aggregation.Clinical Laboratory and Standard Institute (CLSI) procedure for the ESR Test.

SICKLE CELL

Method : -Haemoglobin solubility test

NEGATIVE

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LAB TECHNICIAN
REG No. : 21829



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181773
Lab Technologist

Released By:
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Lab Technologist

DR. SHAYFA P
Specialist Pathologist

MOH LIC No: 4364

MOH License No: 21829

MOH LIC NO:13475

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DEPARTMENT OF LABORATORY MEDICINE

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Name: RAUF MUHAMMAD MUHAMMAD YAQOOB
Address:
Gender: M Age: 40 Y Nationality: PAKISTANI
GSM No.: 96360033 ID Card No.: 105680974
Ref. By: EXTERNAL DOCTOR

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Sample Date: 31/12/2022 Time: 10:29
Received By: 181773
Received Date: 31/12/2022 Time: 10:52
Report Date: 31/12/2022 Time: 11:53
Bill No: 0857895 Bill Date: 31/12/2022
Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
URINE ROUTINE		
URINE BIOCHEMISTRY		
Method :- Colorimetric Assay		
GLUCOSE	NIL	
PROTEIN	NIL	
KETONE	NIL	
BILIRUBIN	NIL	
pH	ACIDIC	
UROBILINOGEN	NORMAL	
URINE MICROSCOPY (Centrifugation Method)		
RED BLOOD CELLS (RBC)	NIL /hpf	
PUS CELLS	0-2 /hpf	
EPITHELIAL CELLS	NIL /hpf	
CRYSTALS	NIL /hpf	
CAST	NIL /hpf	
BACTERIA	PRESENT /hpf	
YEAST CELLS	NIL /hpf	



Signature

DR. SHAYFA P
Specialist Pathologist

MOH LIC NO:13475

Electronically Signed at: 31/12/2022 11:53:00 AM

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Lab Technologist

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MOH License No: 21829

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X-RAY REPORT

Doc No:	0066989
Name:	RAUF MUHAMMAD MUHAMMAD YAQOOB
Age/DOB:	40 Y Omani ID/ L.Card No:: 106680974
Sex:	Male
Referred By:	EXTERNAL DOCTOR
Clinical Diagnosis:	
X-Ray/UltraSound	CHEST X-RAY
Date:	31/12/2022
X-Ray Film No:	PDO
Bill No:	0857895
Charge Sheet No:	

Both lung fields are normal

Both cp angles are clear

Mediastinal shadow and bony thorax are normal

Cardiac configuration is within normal limits

Conclusion: A normal X-ray appearance

Signature:



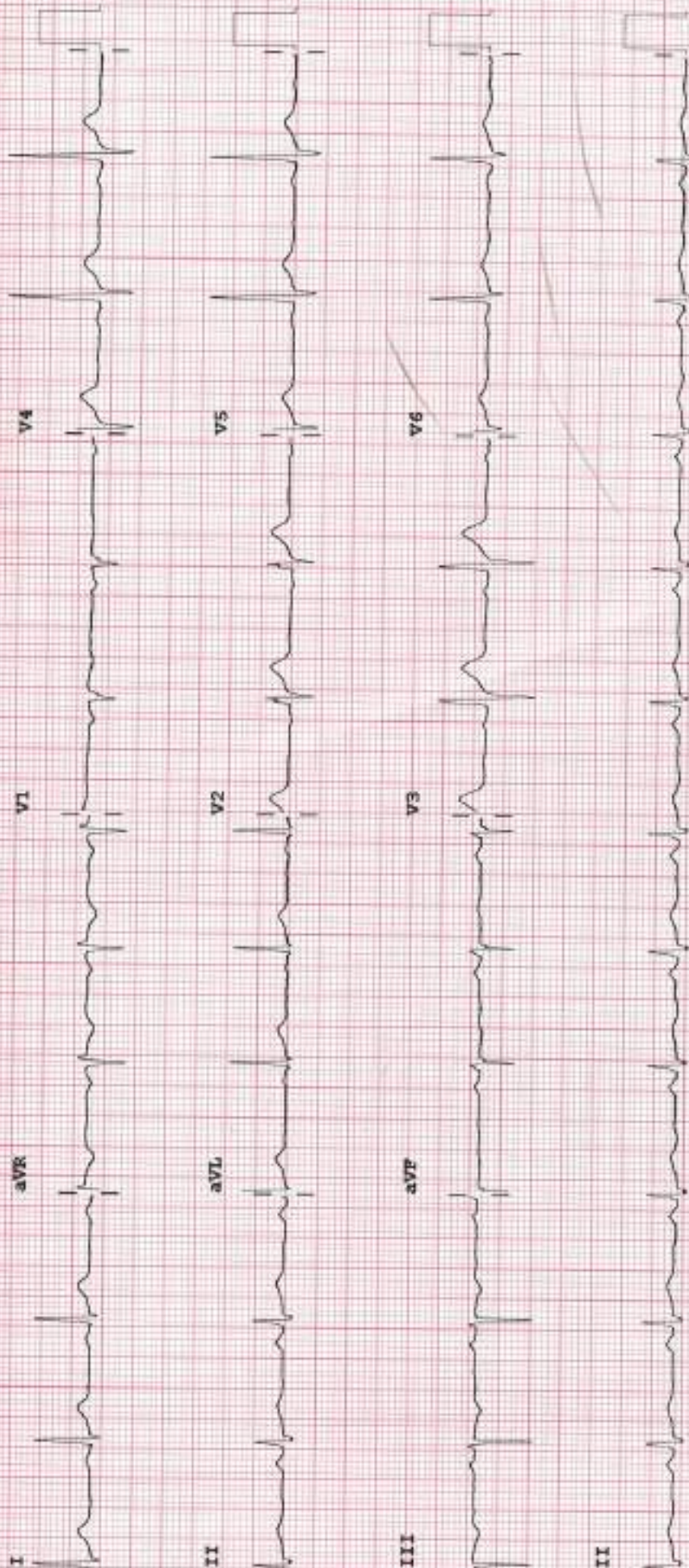
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After Hospital IIRI
ECG Room
ECG Room

396 QTC

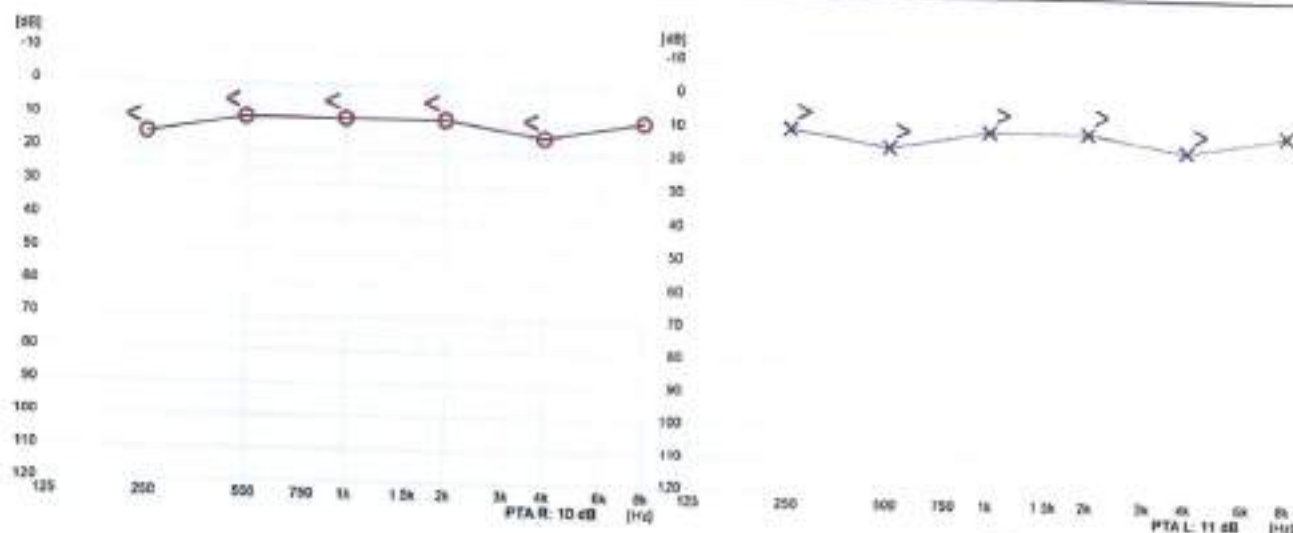
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SUPER QUALITY HEARING AID AND SPEECH THERAPY CENTER

Code: 0857895	Last name, First name: RAUF MUHAMMAD , MUHAMMAD	Born: 08/08/2008
Test type: Tonal audiometry	Test date: 31.12.2022	



PTA
Right: 10 dB HL
Left: 11 dB HL

Legend	R	L
Air	O	X
AirMasked	Δ	□
Bone	<	>
BoneMasked	[	]
MCL	M	M
UCL	m	m
Free Field	⊗	⊗
Free FieldMasked	A	A
Visual		B
No response		I

Comments
BILATERAL NORMAL HEARING SENSITIVITY

Signature:



Date: 31/12/2022