



TRUCKOMAN

Appendix 33: EX2 Form (Routine/Periodic Medical Examination)

19590 Reg.Dt 18/07/2023

RUTINE/PERIODIC EXAMINATION REPORT (MEDICAL - CONFIDENTIAL)

JAGWANT SINGH

Male Nationality INDIAN

m Development Oman
CAL DEPARTMENTSurname/
Forenames JAGWANT SINGH

Nationality INDIAN #DOB: 15/03/1976

PLEASE COMPLETE YOUR PERSONAL
DETAILS IN BLOCK CAPITALS

Mobile No. 71862753

Address: 70268013

Company Number:

Reference Indicator:

Personal Details

A ☒ Male ☐ Female☒ Married ☐ Single ☐ Separated /Divorced /Widow(er)

Home/Leave Address:

Relationship to employee

☐ Wife ☐ Son ☐ Daughter

No of Children: 3

Reason for Examination (tick as appropriate)

Periodic Medical Examination ☒Final / Retirement ☐Other Reason: ☐

Employee only

B Present Job and Location: OPERATOR

Next Job and Location:

Are you a registered person with special needs? ☐Do you belong to any Medical Insurance Scheme? ☐**Previous Medical History:** All important medical events should be listed and dated at every medical examination. To be completed together with the interviewing Nurses or Doctor who will be able to help by referring to your notes.**Please answer the following questions and tick 'N' (no) or 'Y' (yes) in the column. If 'Y' please describe**

| | N | Y | Description |
|--|---|---|-------------------|
| Have you, since your last medical been treated by your family doctor or specialist for significant (major) ailments? | √ | | |
| 1 Ear, nose, eye or throat problems | √ | | |
| 2 Chest problems like asthma, bronchitis, another bad cough | √ | | |
| 3 Heart abnormality, chest pains | √ | | |
| 4 Abdominal pains, abnormal bowel motions | √ | | |
| 5 Urogenital problems (kidney disease, menstrual disorder) | √ | | |
| 6 Skin trouble or allergies | √ | | |
| 7 Epileptic fits, dizzy spells or migraine | √ | | |
| 8 History of mental illness, depression anxiety | √ | | |
| 9 Diabetes, thyroid disease, history of Hypertension | √ | | |
| 10 Blood disorder e.g. anaemia, blood cancer e.g. leukaemia | √ | | HTN ON MEDICATION |
| 11 Any history of accidents or fractures | √ | | |
| 12 Have you had any serious allergies | √ | | |
| 13 Do any dependants have a significant ongoing illness? | √ | | |
| 14 Any family history of cancers | √ | | |
| Do you take any regular medicines, or have you taken in the past? | √ | | T-AMALONG 5mg OD |
| Do you smoke? If yes, what and how much each day? | √ | | |
| Do you drink alcohol? If yes, what is your average weekly intake? | √ | | |
| Have you ever taken elicited/recreational drugs? | √ | | |
| Are you doing regular sports or physical activities? | √ | | |

STATEMENT: I have read the above questions and the above answers are correct and no information concerning my present or past state of health has been withheld. I understand and agree that this form will be held as a confidential record by PDO Medical Department, and may be copied (by paper or secure electronic transmission) to the Occupational Health Services for the purpose of Health Surveillance and other Occupational Health review.

Date: 18/07/2023

Signature of Applicant: JAGWANT SINGH





Appendix 33: EX2 Form (Routine/Periodic Medical Examination)

ROUTINE/PERIODIC EXAMINATION REPORT (MEDICAL – CONFIDENTIAL)

FOR COMPLETION BY EXAMINING DOCTOR OR NURSE

Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)

PHYSICAL EXAMINATION

| N | A | |
|---|---|--------------------------|
| ✓ | | 1. Eyes & Pupils |
| ✓ | | 2. E.N.T. |
| ✓ | | 3. Teeth & Mouth |
| ✓ | | 4. Lungs & Chest |
| ✓ | | 5. Cardiovascular System |
| ✓ | | 6. Abdo. Viscera |
| ✓ | | 7. Hernial Orifices |
| | | 8. Anus & Rectum |
| ✓ | | 9. Genito-urinary |
| ✓ | | 10. Extremities |
| ✓ | | 11. Musculo-skeletal |
| ✓ | | 12. Skin & Varicose Vns. |
| ✓ | | 13. C.N.S. |

| HEIGHT cm | WEIGHT kg | BMI | B.P. | PULSE | HEARING | VISION | Color Vision |
|--------------|--------------|------|----------------|---------|------------|--|--------------------------|
| 177 | 82 | 26.2 | 130/80 mmhg | 74/min. | L N R N | DISTANT R L Uncorrected 6/6 6/6 Corrected | 1. Normal 2. Abnormal |

| N | A | | LABORATORY AND OTHER SPECIAL INVESTIGATIONS | N | A | |
|---|---|-------------------------|--|-----|---|----------------------------------|
| ✓ | | 1. Urinalysis | | ✓ | | 7. Audiogram |
| ✓ | | 2. Hb, Blood count, ESR | | | | 8. Lung Function |
| ✓ | | 3. LFT, RFT, RBS | | | | 9. Chest X-Ray |
| | | 4. Drug Screen | | | | 10. ECG |
| ✓ | | 5. Lipids (40 years +) | | 7-9 | | 11. CVS risk for 40 yrs. & above |
| ✓ | | 6. Sickie Cell test | | | | 12. HIV, Hepatitis screening |

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

1 L SM (cutt Examsi + dent)

ASSESSMENT AND RECOMMENDATIONS:

☒ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT

Date: 18/7/23 Name (Block Capitals): Dr. / Nurse

Dr. Shima Jayasinghe
Cardiology Specialist
MOH Lic. No. 21962

Signature:

REVIEW/CONSULTATION

Date: Name (Block Capitals): Dr. / Nurse

Signature: