



RUSAYL HEALTH CENTRE

ISO 9001-2015 Certified Co.

PLEASE COMPLETE YOUR PERSONAL
DETAILS IN BLOCK CAPITALS

Place of examination

Date 20/09/2021

If a dependant enter employee's name here:

489

Surname:

Birth date: 28/05/1973

Nationality: Indian

Country of birth: Indian

Religion:

Male Female

Married Single Separated /Divorced

Relationship to employee
 Wife Son Daughter

Number of
children:

Reason for examination

Pre-Employment

Job:

Routine

Pre-Overseas

Area:

Mechanic
Truck Driver / Driver

Name and address of family doctor

List your last 3 jobs

(1)

(2)

Are you a Registered Disabled Person? (UK only)

Do you belong to any Medical Insurance Scheme?

DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)

| | Y | N | | Y | N | | Y | N |
|--|-------------------------------------|--------------------------|-------------------------------|-------------------------------------|--------------------------|---|-------------------------------------|--------------------------|
| 1. Sinus trouble | <input checked="" type="checkbox"/> | <input type="checkbox"/> | 21. Cancer | <input checked="" type="checkbox"/> | <input type="checkbox"/> | HAVE YOU EVER BEEN:- | | |
| 2. Neck swelling/glands | <input checked="" type="checkbox"/> | <input type="checkbox"/> | 22. Heart Disease | <input checked="" type="checkbox"/> | <input type="checkbox"/> | 40. Rejected for employment or insurance for medical reasons | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| 3. Difficulty in vision | <input checked="" type="checkbox"/> | <input type="checkbox"/> | 23. Rheumatic fever | <input checked="" type="checkbox"/> | <input type="checkbox"/> | 41. Awarded benefits for industrial injury/illness | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| 4. Any ear discharge | <input checked="" type="checkbox"/> | <input type="checkbox"/> | 24. Abnormal heartbeat | <input checked="" type="checkbox"/> | <input type="checkbox"/> | 42. Treated for a mental condition, e.g. depression | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| 5. Asthma/bronchitis | <input checked="" type="checkbox"/> | <input type="checkbox"/> | 25. High blood pressure | <input checked="" type="checkbox"/> | <input type="checkbox"/> | 43. Treated for problem drinking or drug abuse | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| 6. Hayfever /other significant allergy | <input checked="" type="checkbox"/> | <input type="checkbox"/> | 26. Stroke | <input checked="" type="checkbox"/> | <input type="checkbox"/> | 44. Exposed to toxic substance or noise | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| 7. Any skin trouble | <input checked="" type="checkbox"/> | <input type="checkbox"/> | 27. Serious chest pain | <input checked="" type="checkbox"/> | <input type="checkbox"/> | FOR WOMEN ONLY | | |
| 8. Tuberculosis | <input checked="" type="checkbox"/> | <input type="checkbox"/> | 28. Any blood disease | <input checked="" type="checkbox"/> | <input type="checkbox"/> | Have you ever had:- | | |
| 9. Shortness of breath | <input checked="" type="checkbox"/> | <input type="checkbox"/> | 29. Kidney disease | <input checked="" type="checkbox"/> | <input type="checkbox"/> | 45. An abnormal smear | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| 10. Coughed/vomited blood | <input checked="" type="checkbox"/> | <input type="checkbox"/> | 30. Blood in urine | <input checked="" type="checkbox"/> | <input type="checkbox"/> | 46. Any gynaecological treatment | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| 11. Severe abdominal pain | <input checked="" type="checkbox"/> | <input type="checkbox"/> | 31. Diabetes | <input checked="" type="checkbox"/> | <input type="checkbox"/> | 47. Are you pregnant? | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| 12. Stomach ulcer | <input checked="" type="checkbox"/> | <input type="checkbox"/> | 32. Headaches/migraine | <input checked="" type="checkbox"/> | <input type="checkbox"/> | 48. HAVE YOU HAD AN ILLNESS NOT MENTIONED ABOVE | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| 13. Recurrent indigestion | <input checked="" type="checkbox"/> | <input type="checkbox"/> | 33. Dizziness/fainting | <input checked="" type="checkbox"/> | <input type="checkbox"/> | | | |
| 14. Jaundice or hepatitis | <input checked="" type="checkbox"/> | <input type="checkbox"/> | 34. Epilepsy | <input checked="" type="checkbox"/> | <input type="checkbox"/> | | | |
| 15. Gall Bladder disease | <input checked="" type="checkbox"/> | <input type="checkbox"/> | 35. Joints/spinal trouble | <input checked="" type="checkbox"/> | <input type="checkbox"/> | | | |
| 16. Marked change in bowel habits | <input checked="" type="checkbox"/> | <input type="checkbox"/> | 36. Surgical operation | <input checked="" type="checkbox"/> | <input type="checkbox"/> | | | |
| 17. Blood in stools (motions) | <input checked="" type="checkbox"/> | <input type="checkbox"/> | 37. Serious accident/fracture | <input checked="" type="checkbox"/> | <input type="checkbox"/> | | | |
| 18. Marked change in weight | <input checked="" type="checkbox"/> | <input type="checkbox"/> | 38. Tropical disease | <input checked="" type="checkbox"/> | <input type="checkbox"/> | | | |
| 19. Varicose veins | <input checked="" type="checkbox"/> | <input type="checkbox"/> | 39. Fear of heights | <input checked="" type="checkbox"/> | <input type="checkbox"/> | | | |
| 20. Lump in breast/armpit | <input checked="" type="checkbox"/> | <input type="checkbox"/> | | | | | | |

How much tobacco each day?

Average daily alcohol consumption

Have you ever taken elicited drugs? () PDO test all new/potential employees for elicited/recreational drugs

FAMILY HISTORY: Diabetes () Tuberculosis () Epilepsy () Asthma () Eczema ()
Heart disease () High blood pressure () Stroke () Blood Disease () Cancer ()

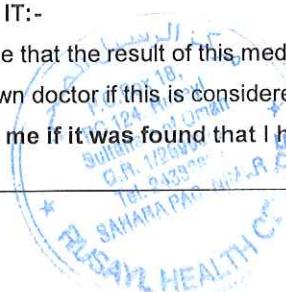
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-

I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.

20/09/2021

Date: Signature of Applicant:

Binu Daniel



FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

| N = Normal A = Abnormal (please describe) | | PHYSICAL EXAMINATION | | | | | | | | | |
|---|--------------------------|----------------------|--------|-------------------|---|-------------------------------------|--|------------------------|--|------------------|----------------|
| N | A | | | | | | | | | | |
| <input checked="" type="checkbox"/> | 1. Eyes & Pupils | N/A | | | | | | | | | |
| <input checked="" type="checkbox"/> | 2. E.N.T. | N/A | | | | | | | | | |
| <input checked="" type="checkbox"/> | 3. Teeth & Mouth | N/A | | | | | | | | | |
| <input checked="" type="checkbox"/> | 4. Lungs & Chest | N/A | | | | | | | | | |
| <input checked="" type="checkbox"/> | 5. Cardiovascular System | BP = 130/90 mmHg | | | | | | | | | |
| <input checked="" type="checkbox"/> | 6. Abdo. Viscera | N/A | | | | | | | | | |
| <input checked="" type="checkbox"/> | 7. Hernial Orifices | N/A | | | | | | | | | |
| <input checked="" type="checkbox"/> | 8. Anus & Rectum | N/A | | | | | | | | | |
| <input checked="" type="checkbox"/> | 9. Genito-urinary | N/A | | | | | | | | | |
| <input checked="" type="checkbox"/> | 10. Extremities | N/A | | | | | | | | | |
| <input checked="" type="checkbox"/> | 11. Musculo-skeletal | N/A | | | | | | | | | |
| <input checked="" type="checkbox"/> | 12. Skin & Varicose Vns. | N/A | | | | | | | | | |
| <input checked="" type="checkbox"/> | 13. C.N.S. | N/A | | | | | | | | | |
| HEIGHT cm | WEIGHT kg | BMI | B.P. | PULSE 64/mins. | HEARING L Normal R Normal Uncorrected Corrected | VISION DISTANT R 6/6 L 6/6 | | NEAR R 6/6 L 6/6 | | Colour Vision | Blood Group |
| 171 | 79 | 27 | 130/90 | | | | | | | | |

| N | A | LABORATORY AND OTHER SPECIAL INVESTIGATIONS | | | N | A | | | | | | |
|-------------------------------------|------------------------|---|--|--|---|---|--------------|--|------------------|----------------|---------|----------------------------------|
| <input checked="" type="checkbox"/> | 1. Urinalysis | Tn - 241 Tc - 219 HDL - 39.21 | | | | | 7. Audiogram | | | | | |
| <input checked="" type="checkbox"/> | 2. Hb, Bloodcount, ESR | | | | | | | | 8. Lung Function | | | |
| <input checked="" type="checkbox"/> | 3. LFT, RFT, RBS | | | | | | | | | 9. Chest X-Ray | | |
| <input checked="" type="checkbox"/> | 4. Drug Screen | | | | | | | | | | 10. ECG | |
| <input checked="" type="checkbox"/> | 5. Lipids (40 years +) | | | | | | | | | | | 11. CVS risk for 40 yrs. & above |
| <input checked="" type="checkbox"/> | 6. Sickle Cell test | | | | | | | | | | | 12. HIV, Hepatitis screening |

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

A 2 risper on regular BP check,
Lear fat eat, regular exercise.
Peculiar FLP after 03 months.

ASSESSMENT:

FIT ALL AREAS FIT WITH RESTRICTION TEMPORARY UNFIT UNFIT

with follow up
20/09/2021

Date: Name (Block Capitals): Dr. / Nurse
DR. SANATH BUDDHIKA PRIYADARSHAN
GENERAL PRACTITIONER
RUSAYL HEALTH CENTRE
MCN NO. 16042

Signature:

REVIEW/CONSULTATION

Date:

Name (Block Capitals): Dr. / Nurse

Signature: