



**ROUTINE/PERIODIC EXAMINATION REPORT (MEDICAL- CONFIDENTIAL)**



**RUSAYL HEALTH CENTRE**  
ISO 9001- 2015 Certified Co.

PLEASE COMPLETE YOUR PERSONAL  
DETAILS IN BLOCK CAPITALS

Surname/ Forenames <b>Tony SEBASTIAN</b>		
Nationality <b>INDIAN</b>		
Mobile No. <b>97057899</b>	Home/Leave Address:	
Company Number: <b>1280 TRUCK OMAN</b> Reference Indicator:		
Personal Details <b>Acc: 56410, DOB: 22/05/1965 Civil ID - 78693049</b>		
A <input checked="" type="checkbox"/> Male <input type="checkbox"/> Female	<input checked="" type="checkbox"/> Married <input type="checkbox"/> Single <input type="checkbox"/> Separated /Divorced /Widow(er)	
Home/Leave Address:	Relationship to employee <input type="checkbox"/> Wife <input type="checkbox"/> Son <input type="checkbox"/> Daughter	
No of Children: <b>2</b>		
Reason for Examination (tick as appropriate)		
Periodic Medical Examination <input checked="" type="checkbox"/> Final / Retirement <input type="checkbox"/> Other Reason: <input type="checkbox"/>		
<b>Employee only</b>		
B Present Job and Location: <b>MECHANIC / NMR</b>	Next Job and Location:	
Are you a registered person with special needs? <input type="checkbox"/>	Do you belong to any Medical Insurance Scheme? <input type="checkbox"/>	
<b>Previous Medical History:</b> All important medical events should be listed and dated at every medical examination. To be completed together with the interviewing Nurses or Doctor who will be able to help by referring to your notes.		
<b>Please answer the following questions and tick 'N' (no) or 'Y' (yes) in the column. If 'Y' Please describe</b>		
	N Y Description	
Have you, since your last medical been treated by your family doctor or specialist for significant (major) ailments?		
1	Ear, nose, eye or throat problems	<input checked="" type="checkbox"/>
2	Chest problems like asthma, bronchitis, other bad cough	<input checked="" type="checkbox"/>
3	Heart abnormality, chest pains	<input checked="" type="checkbox"/>
4	Abdominal pains, abnormal bowel motions	<input checked="" type="checkbox"/>
5	Urogenital problems (kidney disease, menstrual disorder)	<input checked="" type="checkbox"/>
6	Skin trouble or allergies	<input checked="" type="checkbox"/>
7	Epileptic fits, dizzy spells or migraine	<input checked="" type="checkbox"/>
8	History of mental illness, depression anxiety	<input checked="" type="checkbox"/>
9	Diabetes, thyroid disease	<input checked="" type="checkbox"/>
10	Blood disorder e.g. anaemia, blood cancer e.g. leukaemia	<input checked="" type="checkbox"/>
11	Any history of accidents or fractures	<input checked="" type="checkbox"/>
12	<b>Have you had any serious allergies</b>	<input checked="" type="checkbox"/>
13	Do any dependants have a significant ongoing illness?	<input checked="" type="checkbox"/>
14	Any family history of cancers	<input checked="" type="checkbox"/>
Do you take any regular medicines, or have you taken in the past?		<input checked="" type="checkbox"/>
Do you smoke? If yes, what and how much each day?		<input checked="" type="checkbox"/>
Do you drink alcohol? If yes, what is your average weekly intake?		<input checked="" type="checkbox"/>
Have you ever taken elicited/recreational drugs?		<input checked="" type="checkbox"/>
Are you doing regular sports or physical activities?		<input checked="" type="checkbox"/>
<b>STATEMENT:</b> I have read the above questions and the above answers are correct and no information concerning my present or past state of health has been withheld. . I understand and agree that this form will be held as a confidential record by PDO Medical Department, and may be copied (by paper or secure electronic transmission) ) to the Occupational Health Services for the purpose of Health Surveillance and other Occupational Health review .		
<div style="display: flex; justify-content: space-between;"> <div style="border: 1px solid blue; padding: 5px;"> <p>DR. INNOCENT IFEANYI NWOKEDIUKO GENERAL PRACTITIONER RUSAYL HEALTH CENTRE MEDICAL NO. 20162</p> </div> <div style="text-align: center;"> <p>Signature of Applicant: <b>[Signature]</b></p> </div> <div style="border: 1px solid blue; border-radius: 50%; padding: 10px; text-align: center;"> <p>P.O. BOX 18, PC 124, Rusayl Sultanate of Oman C.R. 1/25935/4. Tel. 24382637 SAHARA PAC. NWCEP <b>RUSAYL HEALTH CENTRE</b></p> </div> </div>		

Date: **25/08/21**



FOR COMPLETION BY EXAMINING DOCTOR OR NURSE

Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)		PHYSICAL EXAMINATION	
N	A		
✓		1. Eyes & Pupils	NA ⚡
✓		2. E.N.T.	
✓		3. Teeth & Mouth	
✓		4. Lungs & Chest	
✓		5. Cardiovascular System	
✓		6. Abdo. Viscera	
✓		7. Hernial Orifices	
✓		8. Anus & Rectum	
✓		9. Genito-urinary	
✓		10. Extremities	
✓		11. Musculo-skeletal	
✓		12. Skin & Varicose Vns.	
✓		13. C.N.S.	

HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE	HEARING	VISION			
					L	DISTANT		NEAR	
					R	R	L	R	L
155	67	27.9	128 70	84/min.	N N	Uncorrected			
						Corrected	6/6	6/6	

N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS		N	A
✓		1. Urinalysis	Total cholesterol - 219 mg/dl		7. Audiogram
✓		2. Hb, Bloodcount, ESR			8. Lung Function
✓		3. LFT, RFT, RBS			9. Chest X-Ray
✓		4. Drug Screen NA		✓	10. ECG
✓		5. Lipids (40 years +)		✓	11. CVS risk for 40 yrs. & above 15%
✓		6. Sickle Cell test			12. HIV, Hepatitis screening

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

Torvast 10mg daily

ASSESSMENT AND RECOMMENDATIONS:

FIT ALL AREAS     FIT WITH RESTRICTION     TEMPORARY UNFIT     UNFIT

DR. INNOCENT IFEANYI NWOKEDURU  
GENERAL PRACTITIONER  
RUSAYL HEALTH CENTRE

Date: Name (Block Capitals): Dr. / Nurse

Signature

REVIEW/CONSULTATION

Date: Name (Block Capitals): Dr. / Nurse

Signature: