



PEACELAND MEDICAL CENTER

MEDICAL EXAMINATION REPORT (CONFIDENTIAL)

Appendix 32: EX1 Form (Initial Examination Report)

PLEASE COMPLETE YOUR PERSONAL
DETAILS IN BLOCK CAPITALS

Surname	MARIAPPAN
Forenames	AMBICA PATHI
Address	74457389
Company Name	T.O
Home telephone number	95278343

Place of examination	MUSCAT
Date	9/10/23

If a dependant enters employee's name here:

Surname

Birth date: 18/2/67

Nationality India

Forenames

Country of birth India

Religion: Hindu

☒ Male ☐ Female ☒ Married ☐ Single ☐ Separated / Divorced

Relationship to employee

☐ Wife ☐ Son ☐ Daughter

Number of children 2

Reason for examination

Pre-Employment ☒ Periodic medical check-up

Pre-Diagnosis ☐ Job Area Crane Operator

Name and address of family doctor

List your last 3 jobs

DO YOU HAVE OR HAVE YOU HAD: - (Tick "Yes" or "No" column or put a "C" if uncertain exclude minor ailments?)

	Y	N		Y	N		Y	N
1. Sinus trouble			21. Cancer			HAVE YOU EVER BEEN -		
2. Neck swelling/glands			22. Heart Disease			41. Rejected for employment or insurance for medical reasons		
3. Difficulty in vision			23. Rheumatic fever			42. Awarded benefits for industrial injury/illness		
4. Any ear discharge			24. Abnormal heartbeat			43. Treated for a mental condition e.g. depression		
5. Asthma/bronchitis			25. High blood pressure			44. Treated for problem drinking or drug abuse		
6. Hayfever / other significant allergy			26. Stroke			45. Exposed to toxic substance or noise		
7. Any skin trouble			27. Serious chest pain			FOR WOMEN ONLY have you ever had:-		
8. Tuberculosis			28. Any blood disease			46. An abnormal smear		
9. Shortness of breath			29. Kidney disease			47. Any gynaecological treatment		
10. Coughed up / mixed blood			30. Blood in urine			48. Are you pregnant?		
11. Severe abdominal pain			31. Painful passage of urine			49. HAVE YOU HAD AN ILLNESS NOT MENTIONED ABOVE		
12. Stomach ulcer			32. Diabetes					
13. Recurrent indigestion			33. Headaches/migraine					
14. Jaundice or hepatitis			34. Dizziness/fainting					
15. Gall Bladder disease			35. Epilepsy					
16. Marked change in bowel habits			36. Joint/spinal trouble					
17. Blood in stools (matters)			37. Surgical operation					
18. Marked change in weight			38. Serious accident/fracture					
19. Varicose veins			39. Tropical disease					
20. Lump in breast/armpit			40. Fear of heights					

How much tobacco each day? NO Average daily alcohol consumption NO

Have you ever taken illicit drugs? (X)

FAMILY HISTORY: Diabetes (X) Tuberculosis (X) Epilepsy (X) Asthma (X) Eczema (X)

Heart disease (X) High blood pressure (X) Stroke (X) Blood Disease (X) Cancer (X)

PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT -

I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer.

Date: 9/10/23 Signature of Applicant: [Signature]

Dr, T. V. K. episode 2nd, not for more 50/100mg



PEACELAND MEDICAL CENTER

FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)

PHYSICAL EXAMINATION

N	A	
✓		1. Eyes & Pupils
✓		2. E.N.T.
✓		3. Teeth & Mouth
✓		4. Lungs & Chest
✓		5. Cardiovascular System
✓		6. Abdo. Viscera
✓		7. Genital Offices
		8. Anus & Rectum
✓		9. Genito-urinary
✓		10. Extremities
✓		11. Musculo-skeletal
✓		12. Skin & Vascular Vns
✓		13. C.N.S.
		14. Breast

HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE	HEARING	VISION	Colour Vision	Blood Group
170	68	24	138 88	88 /mins	L abn R abn	DISTANT R L UnCorrected 6/6 6/6 Corrected	N	

N	A		LABORATORY AND OTHER SPECIAL INVESTIGATIONS	N	A	
	✓	1. Urine yers	7.614		✓	7. Audiogram BLHL
✓		2. Hb. Bloodcount. ESR				8. Lung Function
	✓	3. LFT, RFT, RBS	7.735			9. Chest X-Ray
		4. Drug Screen		✓		10. ECG
	✓	5. Lipids (40 years +)	7.204	15.6		11. CVS risk for 40 yrs. & above
✓		6. Sickie Cell test				12. HIV, Hepatitis screening

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

① Hx of DM
② Hx of alcohol consumption
③ Hx of cardiac disease (Dr. GANESH)
④ Hx of hearing loss (Dr. GANESH)
⑤ Hx of diabetes (Dr. GANESH)
⑥ Hx of hypertension (Dr. GANESH)
⑦ Hx of asthma (Dr. GANESH)
⑧ Hx of chronic kidney disease (Dr. GANESH)
⑨ Hx of chronic liver disease (Dr. GANESH)
⑩ Hx of chronic lung disease (Dr. GANESH)
⑪ Hx of chronic neurological disease (Dr. GANESH)
⑫ Hx of chronic psychiatric disease (Dr. GANESH)
⑬ Hx of chronic infectious disease (Dr. GANESH)
⑭ Hx of chronic autoimmune disease (Dr. GANESH)
⑮ Hx of chronic endocrine disease (Dr. GANESH)
⑯ Hx of chronic hematological disease (Dr. GANESH)
⑰ Hx of chronic immunological disease (Dr. GANESH)
⑱ Hx of chronic oncological disease (Dr. GANESH)
⑲ Hx of chronic reproductive disease (Dr. GANESH)
⑳ Hx of chronic congenital disease (Dr. GANESH)
㉑ Hx of chronic acquired disease (Dr. GANESH)
㉒ Hx of chronic idiopathic disease (Dr. GANESH)
㉓ Hx of chronic hereditary disease (Dr. GANESH)
㉔ Hx of chronic degenerative disease (Dr. GANESH)
㉕ Hx of chronic progressive disease (Dr. GANESH)
㉖ Hx of chronic reversible disease (Dr. GANESH)
㉗ Hx of chronic irreversible disease (Dr. GANESH)
㉘ Hx of chronic curable disease (Dr. GANESH)
㉙ Hx of chronic incurable disease (Dr. GANESH)
㉚ Hx of chronic fatal disease (Dr. GANESH)
㉛ Hx of chronic non-fatal disease (Dr. GANESH)
㉜ Hx of chronic life-threatening disease (Dr. GANESH)
㉝ Hx of chronic non-life-threatening disease (Dr. GANESH)
㉞ Hx of chronic mild disease (Dr. GANESH)
㉟ Hx of chronic moderate disease (Dr. GANESH)
㊱ Hx of chronic severe disease (Dr. GANESH)
㊲ Hx of chronic very severe disease (Dr. GANESH)
㊳ Hx of chronic fatal disease (Dr. GANESH)
㊴ Hx of chronic non-fatal disease (Dr. GANESH)
㊵ Hx of chronic life-threatening disease (Dr. GANESH)
㊶ Hx of chronic non-life-threatening disease (Dr. GANESH)
㊷ Hx of chronic mild disease (Dr. GANESH)
㊸ Hx of chronic moderate disease (Dr. GANESH)
㊹ Hx of chronic severe disease (Dr. GANESH)
㊺ Hx of chronic very severe disease (Dr. GANESH)

ASSESSMENT:

☐ FIT ALL AREAS ☒ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT

FIT

Date 26/11/23 Name (Block Capitals): Dr / Nurse

Signature:

REVIEW/CONSULTATION

Date

Name (Block Capitals): Dr / Nurse

Signature





مركز بلاد السلام الطبي Peace Land Medical Center

Epworth Screening Questionnaire for Sleep Apnoea



00557

Date:

9/10/23.

Department/Company:

T.O.

Occupation:

operator

This questionnaire will help identify if you have any health condition which may need a more detailed medical assessment as part of your fitness to work determination. If you have any queries please contact your local Health Services staff. All information provided on this form and during consultations remains strictly confidential. When further clinical evaluation is required following completion of a screening questionnaire, the details should be recorded on Q7 and E1 forms.

How likely are you to fall asleep in the following situations? (use 0 to 3 score as shown below)

- 0 Would never doze
- 1 Slight chance of dozing
- 2 Moderate chance of dozing
- 3 High chance of dozing

- ☒ sitting and reading
- ☐ watching TV
- ☐ sitting inactive in a public place (e.g. theatre or meeting)
- ☐ as a passenger in the car for an hour without a break
- ☒ Lying down to rest in the afternoon when circumstances permit
- ☐ Sitting & talking with someone
- ☐ Sitting quietly after lunch without alcohol
- ☒ In a car, while stopped for a few minutes in traffic

Total

0

If you score a total of 15 or more you should seek advice from medical personnel on site before continuing to drive or operate machinery in the workplace.

Declaration: Amba Pathi Mariappan (Print Name) certify that to the best of my knowledge the above information supplied by me is true and correct.

Signature:

Date:

9/10/23.





Peace Land Medical Center
P.O. Box 1403, Postal Code: 133, Al Azaiba, Roundabout Al Sahwa Tower
Sultanate of Oman
Tel: 24617117/24617148/24617149

LAB RESULT

Name: AMBIKA PATHI MARIAPPAN
Age: 56 Y **Nationality:** INDIAN
Gender: M
Ref. By: DR SHAH FAISAL
GSM No.: 95278343

Doc No: 0038626
File No: 0045928
Bill No: 0055742
Date: 09/10/2023
Time: 15:19

Test	Result	Normal Range
TRUCK OMAN-PDO MEDICAL CHECKUP ABOVE 50 YRS		
COMPLETE BLOOD COUNT		
RBC	$4.8 \times 10^{12}/L$	Male $4.38 - 6.0 \times 10^{12}/L$ Female $4.0 - 5.2 \times 10^{12}/L$
HAEMOGLOBIN	14.1 gm %	Male 13 - 17 gm % Female 11 - 14 gm %
HCT	40.1 %	Male 39.30 - 50.00 % Female 37 - 47 %
MCV	84 fl	84-94 fl
MCH	28.1 pg	27 - 33 pg
MCHC	33.5 g/dl	29.6 - 35.6 %
WBC COUNT	$6.0 \times 10^9/L$	$4.0 - 11.0 \times 10^9/L$
DIFFERENTIAL COUNT		
NEUTROPHIL	60 %	40-75 %
LYMPHOCYTE	33 %	20-45 %
EOSINOPHIL	02 %	1-6 %
MONOCYTE	05 %	2-8 %
BASOPHIL	00 %	0-1 %
ESR		Male 0 - 15 mm / 1st hour Female 0 - 20 mm / 1st hour
PLATELET	$226 \times 10^9/L$	150 - 450 $\times 10^9/L$
SICKLE CELL TEST	NEGATIVE	
LIVER FUCTION TEST		
ALKALINE PHOSPHATASE	58 U/L	53 - 128 U/L
S BILIRUBIN TOTAL	0.64 mg/dl	0 - 2.0 mg/dl
S.G.O.T.	25.2 U/L	0 - 35.0 U/L
S.G.P.T.	28.2 U/L	10 - 45 U/L





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LAB RESULT

Name: AMBIKA PATHI MARIAPPAN
Age: 56 Y **Nationality:** INDIAN
Gender: M
Ref. By: DR.SHAH FAISAL
GSM No.: 95278343

Doc No: 0038625
File No: 0045928
Bill No: 0055742
Date: 09/10/2023
Time: 15:19

Test	Result	Normal Range
ALBUMIN	4.8 g/dl	3.50 - 5.20 g/dl
TOTAL PROTEIN	6.4 g/dl	6 - 8 g/dl
S. BILIRUBIN DIRECT	0.17 mg/dl	0.0 - 0.20 mg/dl
RENAL FUNCTION TEST		
UREA	28.8 mg/dl	18.0 - 55.0 mg/dl
S CREATININE	0.74 mg/dl	0.70 - 1.30 mg/dl
S.URIC ACID	5.3 mg/dl	3.5 - 7.2 mg/dl
LIPID PROFILE		
Total Cholesterol	210 mg/dl	0.0 - 200 mg/dl
Tnglyceride	167.4 mg/dl	0.0 - 150 mg/dl
HDL - CHOL	53.9 mg/dl	35.0 - 79.0 mg/dl
LDL - CHOL	122.7 mg/dl	< 100 mg/dl
VLDL	33.4 mg/dl	2.0 - 30 mg/dl
FASTING BLOOD SUGAR	152.4 mg/dl	74 - 100 mg/dl
URINE ROUTINE ANALYSIS		
PHYSICAL		
Quantity	5 ml	
Colour	Yellow	
Sp. Gravity	1.020	
pH	Acidic	
Appearance	Clear	
CHEMICAL		
Nitrite	Negative	
Protein	Negative	
Glucose	(++)	
Ketones	Negative	
Urobilinogen	Normal	





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LAB RESULT

Name: AMBIKA PATHI MARIAPPAN
Age: 56 Y **Nationality:** INDIAN
Gender: M
Ref. By: DR. SHAH FAISAL
GSM No.: 95278343

Doc No: 0038625
File No: 0045928
Bill No: 0055742
Date: 09/10/2023
Time: 15:10

Test	Result	Normal Range
Bilirubin	Negative	
Blood	Negative	
MICROSCOPIC		
PUS CELLS	1-2	
EPITHELIAL CELLS	1-2	
RBC'S	0-1	
CASTS	NIL	
CRYSTALS	NIL	
BACTERIA	NIL	
OTHERS	NIL	



Results



Estimated 10-year Global CVD Risk

15.6%*

Risk Category

High Risk*

Estimated Vascular Age

64 Years*

***Due to this patient being diabetic, they are placed in the High Risk Category and should be treated based on the following guidelines.**

Treatment Guidelines

ATP-III (2004)

Treatment Targets

LDL <100 mg/dL (<2.59 mmol/L)

Non-HDL <130 mg/dL (<3.37 mmol/L)

CCS (2009)

Treatment Targets

LDL <2 mmol/L (<77 mg/dL) or ≥50

% decrease in LDL-C

apoB <0.8 g/L (80 mg/dL)

ESC (2007, see Info for more)

Treatment Targets

LDL <2.5 mmol/L (<80-100 mg/dL)

TChol <4.5 mmol/L (<155-175 mg/dL)



2023-10-09 09:00:02

6 Channels + 1 Rhythm Report

Hospital:

Prescribed by:

(to be finally confirmed by cardiologist)

ANBKA PATI MARAPPA

000000 05/10/23 09:00:02



05/10/23 09:06

Heart Rate: 88bpm

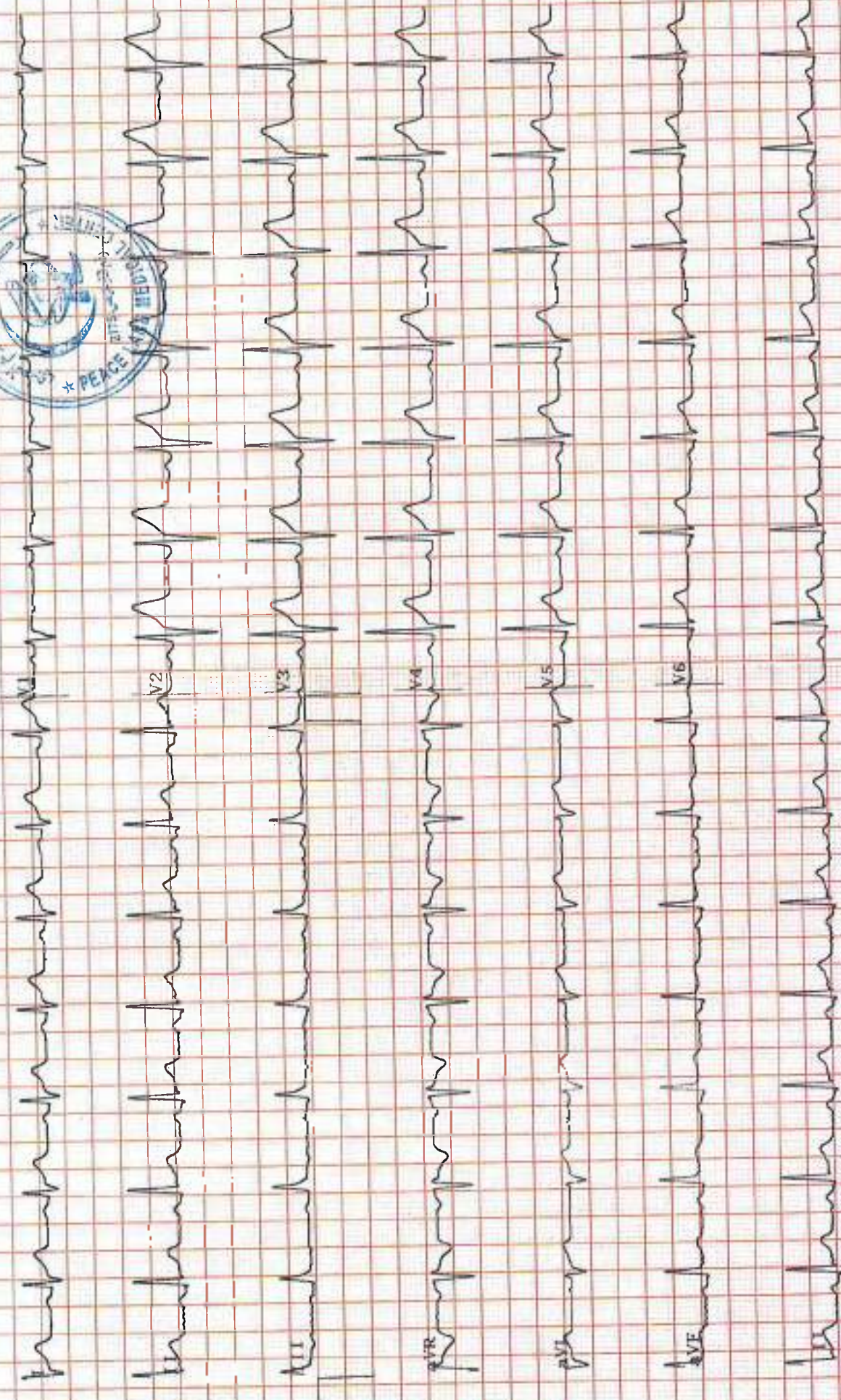
PR Int.: 164 ms Normal Sinus Rhythm

QRS Dur.: 86 ms Normal Axis

QT/QTc: 332/401 ms [Normal ECG]

P-R-T axes:

58 67 19







مركز بلاد السلام الطبي

Peace Land Medical Center

Fitness for work certificate

Employee Data		Date 25/11/23	
Name A. M. B. K. A. P. M. H.		Department/Company T. D.	
I.D. No. 015298343		Occupation machine operator	
Type of Medical Evaluation Mark those applying ✓			
A1 Aircraft refuelling		A6 Fire / Emergency response team work	
A2 Breathing apparatus		A7 Professional driving	
A3 Business traveller		A8 Remote location work	✓
A4 Catering and food preparation		A9 Transfers - group A country	
A5 Crane or forklift driving & all heavy vehicles		A10 Transfers - group B country	
Health Advisor Statement : The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.			
Fit with no restrictions		FIT	
Fit with following restrictions:			
The employee is fit for above work but should avoid the following task(s)	Temporary restriction	Permanent restriction	
Work near moving machinery or sharp edges			
Working at height			
Lifting, pushing, or carrying weight over ___ Kg			
Ascend/descend ladders or stairs			
Operate motor vehicles, forklifts or heavy machinery			
Use of a respirator			
Repetitive twisting of waists or wrenches			
Flying			
Other (Specify)			
Temporary Unfit until		Date 26/11/23	
Permanently Unfit			
Name of health advisor Signature		 Dr. Saad Al-Sayid Consultant MOH Lic. No. 21982	



nmc specialty hospital, al ghoubra

P.O BOX : 613, Postal Code : 133
AL-GHOUBRA
24504000

Fitness Certificate

Empno:

Date of issue : 09/10/2023

Ref No : 0000029/FIT/NMC/2023

This is to certify that Mr. : Mrs. *AMBJKA PATHI MARIAPPAN* with file no *14420451* and Resident card no. *74457389* was *Treated* at *nmc specialty hospital, al ghoubra* on *09/10/2023* and will be *UNFIT TO WORK UNLESS CORONARY ANGIOGRAPHY IS DONE* from the medical point of view starting from *09/10/2023*

DIAGNOSIS

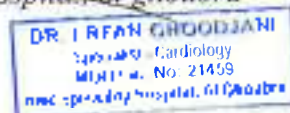
Remarks

TMT: POSITIVE FOR ISCHEMIA

DR ERFAN GHODJANI

Place: *nmc specialty hospital, al ghoubra*

Signature



(Hospital Seal)



nmc specialty hospital, al ghoubra

P.O BOX : 813, Postal Code : 133AL-GHOUBRA

Phone : 24504000

Fax : 24501101

Email : nmc.ghoubra@nmc.com.om

Prescription

File No : 14420451

Date : 09/10/2023

Name: **AMBIKA PATHI MARIAPPAN**

Age: 56 Y

Gender: **Male**

Address :

Omani ID/L.Card No : **74457389**

Company :

Customer : **PEACELAND CLINIC (Credit)**

Policy No :

Certificate No :

Nationality : **INDIAN**

Phone : 95278343

R_x

Sl No	Name	Duration	RO/Adults	Quantity	Remarks
1	(ACETYLSALICYLIC ACID 100 mg g astro-resistant tablet)ASPIRIN PROTECT 100MG 2*10S	30 Days	Oral	30	Take 1 tablet 1 time per day for 30 days;After Food
2	(ROSUVASTATIN (calcium) 20 mg tablet)VIRONTA TAB 20mg 30's 30's (Rosuvastatin)	30 Days	Oral	30	1 tablet 1 time per day for 30 days;In the evening
3	(Others)COSYREL 5MG/5MG TABLETS	30 Days	Oral	30	Take 1 tablet 1 time per day for 30 days;In the evening

09/10/2023 12:30:01



Name of Dr. & Signature

DR ERFAN CHOCCJANI
CARDIOLOGY



Institute of Cardiovascular Sciences
2D ECHOCARDIOGRAM & COLOR DOPPLER REPORT

NAME: MR.MARIYYAPAN	AGE/SEX :56Y /M	DATE:21.10.2023
REF BY:	OP/ IP NO: 2310210350	

2D & M MODE MEASUREMENTS							
IVS (d)	0.8cm	LVPW (d)	0.9cm	LVID (d)	4.3 cm	LVEF	60%
IVS (s)	0.9cm	LVPW (s)	1.0cm	LVID (s)	3.6cm	FS	31%
Aortic root (ED)		3.0cm		Left Atrium (ES)		3.4cm	

Doppler Finding

VALVES	VELOCITY(m/sec)	Gradient (mmHg)		Regurgitation
		Peak	Mean	
Mitral Valve	E-0.6 A-0.9			Nil
Aortic Valve	1.12			Nil
Pulmonary Valve	0.90			Nil
Tricuspid Valve	1.23	RVSP: 22 mmHg		Nil

IMPRESSION:

- Normal cardiac chamber dimension.
- No regional wall motion abnormalities.
- Normal Left ventricular systolic function (LVEF- 60%).
- No pulmonary artery hypertension.
- Grade I left ventricle Diastolic Dysfunction.
- Interatrial and interventricular septae intact.
- No pericardial effusion, No intracardiac thrombus, vegetation or mass.

Dr. GANESH.N MD, DM (Cardio), FACC (USA), FESC, FSCAI
Professor & HOD -Cardiology

Dr. M.NIJAZ AHAMED MD DNB (Cardio)
Consultant Interventional Cardiologist.

Done BY: - M.SELVAVAISHNAVI - Echo technologist



DHANALAKSHMI SRINIVASAN

Super Speciality Hospital



Department of Cardiology - Coronary Angiogram Report

Dr. GANESH.N MD, DM(Cardiology) FACC(USA), FESC, FSCAI

Professor & HOD - Cardiology, Chief Interventional Cardiologist

Dr. R.BHAVIDRA MD, DM (Cardiology)
Consultant & Interventional Cardiologist,

Dr. M.NIAZ AHAMED MD, DNB (Cardiology)
Consultant & Interventional Cardiologist,

PLName: Mr. MARIYAPPAN	Age/Sex: 56yrs/M	Date: 30.10.2023
Consultant: Dr. N. GANESH MD DM.,	Angio no: 6617	IP.No: 231028099

Clinical Diagnosis : CAD / CCS-III / TMT (+) / T2DM / Normal LV systolic function

Procedure done : CAG.

Done by Doctor : Dr. GANESH.N MD, DM(Cardiology) / Dr.M.NIAZ AHAMED MD, DNB (Cardiology)

Technologist : Mr. G. Nagarajan/ Mr. Nelsonraj Scrub Nurse: Miss. Sajitha

Technologist		: Mr. G. Nagarajan/ Mr. Nelsonraj Sridu Nourse. (MSS, SLP, JMD)			
Approach	Right Radial artery- 6F Sheath	Heart Rate	82bpm	Spo2	100%
Catheter	SF TIG	Pressure	134/93/112 mmHg		
Fluor time	02:05Mins	Contrast	Conripaque-40ml		
		Inj. Heparin 3000 units. (BBA) Inj: NTG 100 mcg, + inj: Diltiazem 5mg.			

Angiographic findings: (selective LCA & RCA)

LMCA	Normal.
LAD	Type III vessel. Proximal LAD has mild plaque with distal slow flow. Diagonals & septals are normal.
LCX	Co-Dominant vessel normal & has slow flow. Early Major OM proximal has mild plaque.
RCA	Co-Dominant vessel normal & has slow flow.

Impression : Minimal coronary artery disease.
Slow flow coronary arteries.
Microvascular dysfunction.

Advice : Medical Management.

Dr. GANESH.N MD, DM(Cardiology), FACC, FESC
HOD - Cardiology and Cathlab Services,

Dr.M.NIAZ AHAMED MD, DNB (Cardiology)
Consultant & Interventional Cardiologist,



DHANALAKSHMI SRINIVASAN
Super Speciality Hospital
Institute of Cardiovascular Sciences
Department of Cardiology



Dr. N. GANESH MD, DM (Cardiology), FACC(USA), FESC, FSCAI,
Professor & Head of Cardiology Department
Chief Interventional Cardiologist

DR. BHAVIDRA MD., DM (Cardiology)
Consultant & Interventional Cardiologist

Dr. M. NIJAZ AHAMED MD, DNB (Cardiology)
Consultant & Interventional Cardiologist

Senior Residents:-
Dr. V. Prakash

Dr. Md Al Ameen

Pt. Name : MR. MARIYAPPAN	Age/Sex: 56 YRS / M	IP No: 231028099
Consultant: Dr. N. GANESH MD, DM	D.O.A: 28.10.2023	D.O.D: 31.10.2023

FINAL DIAGNOSIS:

- CAD/Chronic coronary syndrome – VI
- TMT Positive - on 09.10.2023 @ outside
- S/P CAG – Minimal epicardial coronary artery / Slow flow coronaries / Microvascular dysfunction - on 30.10.2023
- Normal LV systolic function (EF: 60%)
- Type II diabetes mellitus
- Chronic Alcoholic

Name of the procedure:-

- S/p Coronary angiogram (Transradial approach) done on 30.10.2023 which revealed Minimal epicardial coronary artery / Slow flow coronaries / Microvascular dysfunction - report enclosed

Case History:

- Patient had a history of fever and cough with expectoration for 1 week. He was initially went to outside hospital, TMT were done. Patient came here for further management.

Past History:-

- K/c/o Type II diabetes mellitus for 14 years on regular medications
- H/o Abdominal mass surgery done
- H/o Chronic Alcoholic (+)



DHANALAKSHMI SRINIVASAN

Super Speciality Hospital



ADVICE:-

- Optimal medical management
- Do not stop Medications without consulting cardiologist
- Lower your cholesterol levels
- Eat a healthy diet that is low in saturated fat
- Control other conditions, such as stress, diabetes and high blood pressure
- Get moderate exercise as per doctor advise
- Take medications as prescribed by your doctor

Medications at the time of discharge:-

S.No	DRUGS NAME	DOSE	ROUTE	FOOD RELATION	DURATION
1	T.ECOSPRIN AV (Aspirin+Atorvastatin)	75/10mg	P/O	After food	0-0-1
2	T.STARPRESS XL (Metoprolol)	25mg	P/O	After food	1-0-0
3	T.FLAVEDON MR (Trimetazidine)	35mg	P/O	After food	1-0-1
4	T.GLIMEPIRIDE	2mg	P/O	Before food	1-0-1
5	T.VILDAMET (vildagliptin+metformin)	50/500mg	P/O	After food	1-0-1
6	T.PAN (Pantoprazole)	40mg	P/O	Before food	1-0-0

To do: RFT and Electrolytes / RBS reports

Review: After 1 month @ cardiac OPD with Dr. N. GANESH MD, DM, (Cardio), FACC on Monday, Wednesday & Friday;

For Appointment please contact - 7094466296 Monday to Saturday (9am to 5 pm)

Dr. N. GANESH MD, DM (Cardiology), FACC(USA), FESC, FSCAI,

Professor & Head of Cardiology Department

Chief Interventional Cardiologist



DR. R. BHAVINDRA MD., DM (Cardiology)

Consultant & Interventional Cardiologist

Dr. M. HIAZ AHAMED MD, DM (Cardiology)

Consultant & Interventional Cardiologist

Srivachur, Perambalur, Tamil Nadu - 621 113 | Ph : 04328 - 254500, 224546 | Toll Free No : 1800 4252 505

Email : dsmchhospital@gmail.com | Web : www.dshospital.org



nmc specialty hospital, al-hall
PO BOX : 643, Postal Code : 133 al hall Sultanate of Oman

Medical Report

Consultant: DR ALTAF HUSSAIN/ENT

Consultation Date : 22/11/2023 09:31:00

Personal Details

Name : AMBURA PAZAR MARIYEM	Age : 36y / M	File No : 14470451	EMP No :
Consultation Date : 22/11/2023 09:31:00	marital status : N/A	Id Card/Pass Card : NC	
Ref By :	Occupation :	Policy No :	
Working Company :	Customer : TRUCODWAN NORTH (MHAZJAN) LLC		
Certificate No :	Address :		
Email Id :	Nationality : OMA	Phone : 95770343	

Chief Complaints

SL No	Symptoms
1	Decreased hearing for 3 Months

History Of Present Illness

Onsetus +, referred from truck driver

Physical Examination

Ear
Right Tympanic Membrane (Normal) ; Left Tympanic Membrane (Normal) ;
Tuning Fork Test: Rinne Test : Right Ear(+) Left Ear(+), Weber Test: Left, ABC Test : Right(Decreased), Left(Decreased)
Nose
Anterior Rhinoscopy
Others: Normal
Oral Cavity/Throat
Apthous Ulcer Present on Others: Normal

Diagnosis

No	Code	Diagnosis	Remarks
1	H91.9	Hearing loss, unspecified	

Procedure

Sl No.	Date	Special Notes	Procedure	Qty	Remarks	Reference Consultant	Billed/Not Billed
1	22/11/2023		AUDIOMETRY	1 DO			Billed

Advice

PDA shows bilateral high frequency hearing loss. May be fit if he requires hearing only for normal conversation and office job.

Altam
DR ALTAF HUSSAIN
ENT
Specialty Hospital, Al Hall
PO BOX : 643, Postal Code : 133 al hall Sultanate of Oman

AMBIKA PATHI MARIAPPAN,
14420451

Patient Information

10/9/2023 12:05:45 PM
Bruce

ID: 14420451 Second ID: 2413610 Admission ID:

Date of Birth: Age: 56 Years Height: Gender: Male Race: Unknown Weight: Unknown

Indications: PDD FITNESS Medications: DM ON MED

Referring Physician: DR ERFAN GHODJANI Location: Procedure Type: TMT FOR PDD FITNESS

Attending Phy: DR ERFAN GHODJANI Target HR: 139 bpm (85%) Reasons for end: ACHIEVED THR
Technician: ANOOPA Max HR(%MPHR): 178 bpm (126%) Symptoms: NO SYMPTOMS

Diagnosis: Notes:

Conclusions: The patient was tested using the Bruce protocol for a duration of 10:31 min:ss and achieved 12.1 METs. A maximum heart rate of 178 bpm with a target predicted heart rate of 128% was obtained at 10:10. A maximum systolic blood pressure of 223/74 was obtained at 11:37 and a maximum diastolic blood pressure of 214/87 was obtained at 08:46. A maximum ST depression of -2.2 mm in III occurred at 09:40. A maximum ST elevation of +2.4 mm in V3 occurred at 12:00. Exercise stress test indicative for myocardial ischemia. ST segment depression of more than 2mm with slow return to baseline indicates coronary artery disease exists. Abnormal exercise stress test.

Reviewed by: Signed by: Date: UNCONFIRMED REPORT

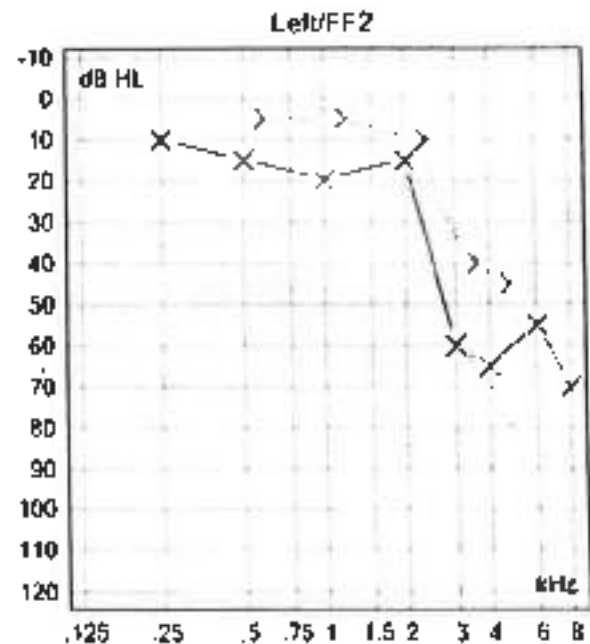
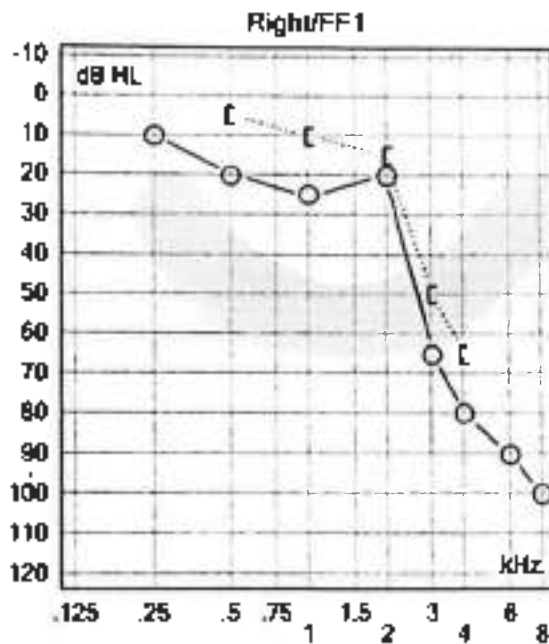
DR ERFAN GHODJANI
Specialty: Cardiology
MCHC, No: 21438
Specialty Hospital, Al Ghosha



11/22/2023 11:41:31 AM

Person ID: 1378
First name: Ambika
Last name: Mariappan

Birth date: 1/1/1967
Gender:
Telephone:



Effective masking for test ear right

AC	125	25	5	75	1	1.5	2	3	4	6	8
BC											

AUD report - no data

Effective masking for test ear left

AC	125	25	5	75	1	1.5	2	3	4	6	8
BC											





SUKRUTI HOSPITAL
Value of Life

SUKRITI HOSPITAL SURUTHI LAB

11/A, Church Street, Thuvakudimalai, Trichy - 22.

Ph : 0431 - 2550555, Mobile : 84387 15227



LAB REPORT

Pt'S Name : MR.MARIAPPAN

Age/ Sex : 56 /M

Ref.By.Dr : SELF

Patient ID : 2436

Collected Date : 09.11.2023

Reported Date : 09.11.2023

SPECIMEN	INVESTIGATION	RESULT	UNITS	REF - VALUE
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ELECTROLYTES

SERUM	SODIUM (NA+)	139.0	mmol/L	135 - 155
SERUM	POTASSIUM (K+)	4.5	mmol/L	3.5 - 5.5
SERUM	CHLORIDE (CL-)	101.0	mmol/L	98 - 106
SERUM	BICARBONATE (HCO ₃)	25.3	mmol/L	22 - 29

BIOCHEMISTRY

SERUM	SUGAR (F)	132.0	mg/dl	70 - 100
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RENAL FUNCTION TEST

SERUM	UREA	31.0	mg/dl	10 - 50
SERUM	CREATININE	0.9	mg/dl	0.6 - 1.1
SERUM	URIC ACID	4.8	mg/dl	MEN : 3.5 - 7.7 WOMEN : 2.6 - 6.0
SERUM	CALCIUM	9.4	mg/dl	8.5 - 11.0

Lab Technician

Results may vary from lab to lab and from time for the same patient. Assays are performed in accordance with standard procedures. The reported results are dependent on individual assay methods / equipments used and quality of specimen's Value of two technologies are not comparable. All reports to be correlated with clinical and other findings.



DHANALAKSHMI SRINIVASAN Medical College & Hospital

Siruvachur, Perambalur, Tamil Nadu - 621113

Ph.: 04328-254500, 224546 | Toll Free No.: 1800 4252 505

Email: dsmchhospital@gmail.com | Web: www.dshospital.org



INDIVIDUAL

OPD REGISTRATION

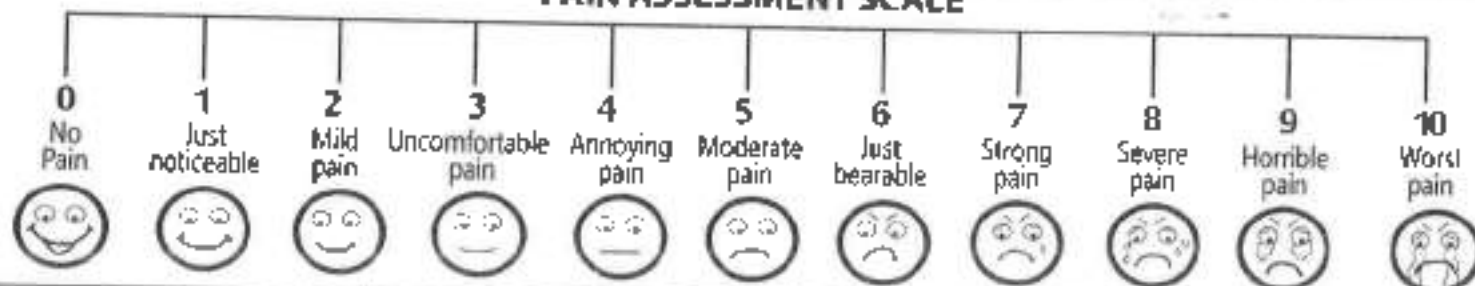


Name of the Patient : Mr. MARIYAPPAN
PMRN : AMBICABATRY
OP ID : 2310210350
Unit :
Age-Sex : 56 M (M)
Address : 77, IMMANUEL NAGAR,
Mobile : 09438019343.

Date : 21-Oct-2023
Specialization : CARDIOLOGY
Unit : CARDIOLOGY
Patient Type : NEW OP
Doctor : DR GANESH N

இருதய கிச்சிச்சைப்பிரிவு
CARDIOLOGY OP

PAIN ASSESSMENT SCALE



ALLERGIES: 21/10/23

Chief Complaints:
(If pain is present, please describe location, character, score etc.)

Past History

BP - 110/80 mmHg

SpO2 - 98%

PR - 79

Present Medications

Social History

Menstrual History

Physical Examination

SIB Dr. Ganesh DM / Dr. Nijaz DMD / Dr. Arman PM

56 y/m -> T10M X44 yrs on A

-> Alcoholice

-> T10M on 9/10/23

☐ HTN ☐ CAD ☐ DM ☐ BA ☐ PTB ☐ COPD ☐ APD
☐ SEIZURE DISORDERS ☐ THYROID DISEASE ☐ JAUNDICE
☐ SURGICAL ILLNESS ☐ OTHERS

TMTM on screening for routine check up

NO H/O DOE / NSE

NO H/O PND / OSA / OSA

NO H/O palpitation / giddiness

☐ Smoking ☐ Tobacco ☐ Ethanol ☐ Drug abuse
Adverse social circumstances if any

☐ Normal

Abnormal Specify _____
LMP _____

off pt

conscious

white



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INDIVIDUAL

OPD REGISTRATION

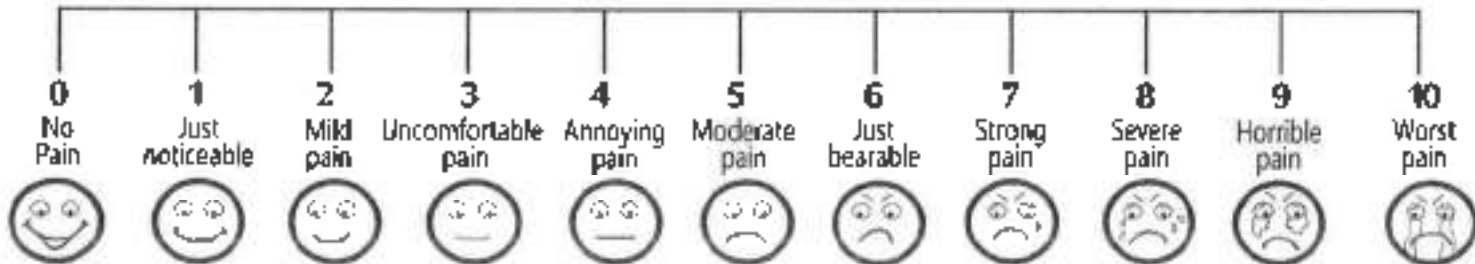


Name of the Patient : Mr. MARIYAPPAN
PMRN : AMBICAPATHY
OPID : 2310210350
Unit :
Age-Sex : 36 M/M
Address : 7/7, IMMANUVEL NAGAR, - Trichy
Mobile : 98438018343,

Date : 28-Oct-2023
Specialization : CARDIOLOGY
Unit : CARDIOLOGY
Patient Type : REVIEW OP
Doctor : DR GANESH N

கருதய சிவசுப்பிரமணியம்
CARDIOLOGY OP

PAIN ASSESSMENT SCALE



ALLERGIES: 28/10/23

Chief Complaints:
(If pain is present, please describe location, character, score etc.)

Past History

BP - 120/80 mmHg

SpO2 - 97%

PR - 81 bpm

Present Medications

Social History

Menstrual History

Physical Examination

SIB Dr. Ganesh DM Cardiol / Dr. Nijaz (AP) / Dr. Anson (PG)

5/11/23 - T2 DM x 14 yrs on Rx

- Metformin

- TMTive on 19/10/23 (per side)

☐ HTN ☐ CAD ☐ DM ☐ BA ☐ PTB ☐ COPD ☐ APD

☐ SEIZURE DISORDERS ☐ THYROID DISEASE ☐ JAUNDICE

☐ SURGICAL ILLNESS ☐ OTHERS

No C/O Angina / dyspnea

No Orthopnea / PND

C/O fever 1 week back

C/O cough & expectoration

☐ Smoking ☐ Tobacco ☐ Ethanol ☐ Drug abuse

Adverse social circumstances if any

O/E : GC febrile. NUPalla I/E

S/E : CVS-SIS2+ No murmur

☐ Normal Abnormal Specify _____

RS - BAF+ LMP



nmc specialty hospital, al ghoubra

P.O BOX : 613, Postal Code : 133
AL-GHOUBRA

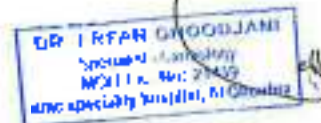
PROCEDURE

Name: **AMBIKA PATHI MARIAPPAN**
Customer : **PEACELAND CLINIC (Credit)**
Date : **09/10/2023**

File No : **14420451**
Gender: **Male**
Age: **56 Y**

SI No ICD Code		Diagnosis		Qty	Remarks	Billed/Not billed
SI No	Special Notes	Code	Name			
1		Cath_PCI	PCI (CAG+PTCA+Single Stent) - 2 day ICU & 1 day ward - PKG	1		

09/10/2023 12:33:43



Name & Signature

DR. ERFAN GHODDJANI



nmc specialty hospital, al ghoubra

P.O BOX : 613, Postal Code : 133
AL-GHOUBRA

PROCEDURE

Name: **AMBIKA PATHI MARIAPPAN**

Customer :

Date : **09/10/2023**

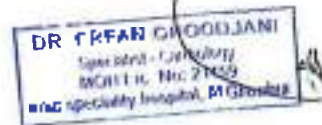
File No : **14420451**

Gender: **Male**

Age: **56 Y**

SI No ICD Code		Diagnosis		Qty	Remarks	Billed / Not billed
SI No	Special Notes	Code	Name			
1		Cath_PCI	PCI (CAG+PTCA+Single Stent) - 2 day ICU & 1 day ward - PKG	1		

09/10/2023 12:33:43



Name & Signature

DR. ERFAN GHODJANI