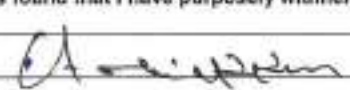


Initial Medical Examination Report

INITIAL EXAMINATION REPORT (MEDICAL – CONFIDENTIAL)

Place of examination: Aster Hospital, Ibra		Date: 10/10/2021	Surname: Ambika Pathi Maniappan	
If a dependant enter employee's name here:		Project: Muck Oman	Forenames: Ambika Pathi Maniappan	
Birth date: 18/2/1967		Nationality: Indian	Address: 952 78343	
Country of birth: Indian		Religion:	Home telephone number:	
☒ Male ☐ Female	☐ Married ☐ Single ☐ Separated /Divorced	Relationship to employee	Number of children:	
Reason for examination		☐ Job:	☐ Wife ☐ Son ☐ Daughter	
Pre-Overseas		☐ Area:		
Name and address of family doctor		List your last 3 jobs		
		(1)		
Are you a Registered Disabled Person? (UK only) ☐		Do you belong to any Medical Insurance Scheme? ☐		
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)				
	Y	N	Y	N
1. Sinus trouble		/	21. Cancer	/
2. Neck swelling/glands		/	22. Heart Disease	/
3. Difficulty in vision		/	23. Rheumatic fever	/
4. Any ear discharge		/	24. Abnormal heartbeat	/
5. Asthma/bronchitis		/	25. High blood pressure	/
6. Hayfever /other significant allergy		/	26. Stroke	/
7. Any skin trouble		/	27. Serious chest pain	/
8. Tuberculosis		/	28. Any blood disease	/
9. Shortness of breath		/	29. Kidney disease	/
10. Coughed/vomited blood		/	30. Blood in urine	/
11. Severe abdominal pain		/	31. Diabetes	/
12. Stomach ulcer		/	32. Headaches/migraine	/
13. Recurrent indigestion		/	33. Dizziness/fainting	/
14. Jaundice or hepatitis		/	34. Epilepsy	/
15. Gall Bladder disease		/	35. Joints/spinal trouble	/
16. Marked change in bowel habits		/	36. Surgical operation	/
17. Blood in stools (motions)		/	37. Serious accident/fracture	/
18. Marked change in weight		/	38. Tropical disease	/
19. Varicose veins		/	39. Fear of heights	/
20. Lump in breast/arm/pit		/		
HAVE YOU EVER BEEN:-				
40. Rejected for employment or insurance for medical reasons				
41. Awarded benefits for industrial injury/illness				
42. Treated for a mental condition, e.g. depression				
43. Treated for problem drinking or drug abuse				
44. Exposed to toxic substance or noise				
FOR WOMEN ONLY				
Have you ever had:-				
45. An abnormal smear				
46. Any gynaecological treatment				
47. Are you pregnant?				
48. Have you had an illness not mentioned above				
How much tobacco each day? Average daily alcohol consumption				
Have you ever taken elicited drugs? () PDO test all new/potential employees for elicited/recreational drugs				
FAMILY HISTORY: Diabetes () Tuberculosis () Epilepsy () Asthma () Eczema ()				
Heart disease () High blood pressure () Stroke () Blood Disease () Cancer ()				
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-				
I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required; and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.				
Date: 10/10/2021	Signature of Applicant: 			

FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)				PHYSICAL EXAMINATION			
N	A						
☒		1. Eyes & Pupils					
☒		2. E.N.T.					
☒		3. Teeth & Mouth					
☒		4. Lungs & Chest					
☒		5. Cardiovascular System					
☒		6. Abdo. Viscera					
☒		7. Hernial Orifices					
☒		8. Anus & Rectum					
☒		9. Genito-urinary					
☒		10. Extremities					
☒		11. Musculo-skeletal					
☒		12. Skin & Varicose Vns.					
☒		13. C.N.S.					

HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE	HEARING	VISION				Colour Vision	Blood Group
172	63.7	21.3	130/80	80 /mins.	L R	DISTANT		NEAR			
						R	L	R	L		
						Uncorrected		6/6		6/6	
						Corrected					

N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS	N	A	
☒		1. Urinalysis	☒		7. Audiogram
☒		2. Hb, Bloodcount, ESR	☒		8. Lung Function
☒		3. LFT, RFT, RBS	☒		9. Chest X-Ray
☒		4. Drug Screen	☒		10. ECG
☒		5. Lipids (40 years +)	☒		11. CVS risk for 40 yrs. & above
☒		6. Sickle Cell test	☒		12. HIV, Hepatitis screening

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

ASSESSMENT:

☐ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT

Date: 10/10/21 Name (Block Capitals): Dr. RAGH

Advise FBS, PPBS

REVIEW/CONSULTATION

Date: Name (Block Capitals): Dr.

Signature:
DR. RAGHOL SARASWATHI
رأف الساراسواتي
AAT-0
LICENSE NO: 1869
طبيب عام
GENERAL PRACTITIONER

Signature:

Framingham Risk Assessment form

Framingham Risk Assessment (For all professional drivers, crane operators, forklift operator or other employees who are above 40 years of age)

Employee Name: Ambika Pathi. M. Srippon

Emp #:

Date of Assessment: 7th 5 7389 10/10/2021

1	Age	54 Years	
2	Gender	Female/Male	
3	Total Cholesterol	5.9 mmol/L	
4	HDL Cholesterol	1.3 mmol/L	
5	Smoker	Yes/No	
6	Diabetes	Yes/No	
7	Systolic Blood pressure	130 mm Hg	
8	Is the patient being treated for High blood pressure?	Yes/No	

Framingham Risk score: 15.6 %

Framingham Risk Rating (Circle the appropriate score):

Low

Medium

High

Any further action or recommendations?

Assessment or Examination conducted by:



Epworth Screening Quest. for Sleep Apnoea

Employee Data		Date: 10/10/2021
Name: Ambika pathi / Naigun	Department/Company: Truck Oman	
I.D No. 74457389	Tel: 9278343	Occupation :

This questionnaire will help identify if you have any health condition which may need a more detailed medical assessment as part of your fitness to work determination. If you have any queries please contact your local Health Services staff. All information provided on this form and during consultations remains strictly confidential. When further clinical evaluation is required following completion of a screening questionnaire, the details should be recorded on Q1 and E1 forms.

How likely are you to fall asleep in the following situations? (use 0 to 3 score as shown below)

- 0 Would never doze
- 1 Slight chance of dozing
- 2 Moderate chance of dozing
- 3 High chance of dozing

- ☐ sitting and reading
- ☐ watching TV
- ☐ sitting inactive in a public place (e.g. theatre or meeting)
- ☐ as a passenger in the car for an hour without a break
- ☐ Lying down to rest in the afternoon when circumstances permit
- ☐ Sitting a talking with someone
- ☐ Sitting quietly after lunch without alcohol
- ☐ In a car, while stopped for a few minutes in traffic

Total 02

If you score a total of 15 or more you should seek advice from medical personnel on site before continuing to drive or operate machinery in the workplace.

Declaration: I, Ambika (Print Name) certify that to the best of my knowledge the above information supplied by me is true and correct.

Signature: [Signature] Date: 10/10/21



Fitness to Work Certificate

Employee Data		Date <u>10/10/2021</u>	
Name <u>Ambika Pathi Mariappan</u>		Department/Company <u>Truck Driver</u>	
ID No. <u>74457389</u>	Age <u>54y</u>	Occupation	
Type of Medical Evaluation		Mark those applying ✓	
A1 Aircraft refuelling	☐	A6 Fire / Emergency response team work	☐
A2 Breathing apparatus	☐	A7 Professional driving	☐
A3 Business traveller	☐	A8 Remote location work	☐
A4 Catering and food preparation	☐	A9 Transfers – group A country	☐
A5 Crane or forklift driving & all heavy vehicles	☐	A10 Transfers – group B country	☐
Health Advisor Statement : The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.			
Fit with no restrictions			
Fit with following restriction(s)			
The employee is fit for above work but should avoid the following task(s)	Temporary restriction	Permanent restriction	
Work near moving machinery or sharp edges			
Working at height			
Pulling, pushing, or carrying weight over ____ Kg			
Ascend/descend ladders or stairs			
Operate motor vehicles, forklifts or heavy machinery			
Use of a respirator			
Repetitive twisting of valves or wrenches			
Flying			
Other (Specify)			
Temporary Unfit until			
Permanently Unfit			
Name of health advisor	Signature <u>[Signature]</u>	Date <u>10/10/2021</u>	Date

DEPARTMENT OF LABORATORY MEDICINE

File No: 0218852	Report No: 0584809
Name: AMBIKA PATHI MARIAPPAN	Sample Date: 10/10/2021 Time: 13:35
Address:	Received By: ASHWINI
Gender: M Age: 54 Y Nationality: INDIAN	Received Date: 10/10/2021 Time: 13:39
GSM No.: 95278343 ID Card No.: 74457389	Report Date: 10/10/2021 Time: 14:08
Ref. By: EXTERNAL DOCTOR	Bill No: 0789141 Bill Date: 10/10/2021
	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
PDO MEDICAL CHECK UP ABOVE 40(truckoman)		
FBS (FASTING BLOOD SUGAR)	13.70 mmol/L	3.9 - 6.1
Method :- Hexokinase	246.6 mg/dL	70 - 110
LIPID PROFILE - SERUM		
CHOLESTEROL (TOTAL)	5.95 mmol/L	1 - 5.1
Method:-Enzymatic	230.03 mg/dl	40 - 200
HDL (HIGH DENSITY LIPOPROTEIN)	1.360 mmol/L	0.777 - 1.813
" "	52.58 mg/dl	30 - 70
LDL (LOW DENSITY LIPOPROTEIN)	3.94 mmol/L	1.295 - 4.54
" "	151.96	50 - 172
VLDL (VERY LOW DENSITY LIPOPROTEIN)	0.66 mmol/L	0.259 - 1.036
" "	25.49 mg/dl	10 - 40
RATIO (TOTAL CHOL / HDL CHOL)	4.37	3.8 - 5.9
TRIGLYCERIDES	1.44 mmol/L	0.564 - 2.146
Method : Enzymatic	127.44 mg/dl	50 - 190
LIVER FUNCTION TEST - SERUM		
TOTAL BILIRUBIN - SERUM	0.885 mg/dL	0.1 - 1
Method : Diazo	15.13 µmol/L	1 - 17.1
DIRECT BILIRUBIN - SERUM	0.237 mg/dL	0.1 - 0.5
Method : Diazo	4.05 µmol/L	1 - 8.55
SGOT (AST)-SERUM (IFCC)	17.03 U/L	Male: up to 40.0 Female: up to 32.0
SGPT (ALT)-SERUM (IFCC)	19.27 U/L	Male: 10-50 Female: 10-35
ALKALINE PHOSPHATASE (ALP)-SERUM (IFCC)	47.71 U/L	Adult : Men -40-129

Processed By:
ASHWINI
Lab Technologist

Approved By:
ASHWINI
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INVESTIGATION	RESULT	REFERENCE RANGE
		Female 35-104 Children: (Aged) 7months - 1Year :- <462 1Year - 3 Years :- <281 4 Years - 6 Years :- <269 7 Years - 12 Years :- <300 13 Years - 17 Years(M) :- <390 13 Years - 17 Years(F) :- <187
TOTAL PROTEIN-SERUM(Colorimetric Assay)	7.74 gm/dL	6.6 - 8.7
ALBUMIN - SERUM (Colorimetric Assay)	5.02 gm/dL	3.9 - 4.9
GLOBULIN - SERUM (Calculation)	2.72 gm/dL	2.3 - 3.5
ALBUMIN / GLOBULIN RATIO - Calculation	1.85	1.2 - 1.5
GGT(GAMMA GLUTAMYL TRANSPEPTIDASE) - SERUM	28.21 U/L	Men : 8-61 Female : 5-36
RENAL FUNCTION TEST (UREA - CREATININE)		
UREA - SERUM	5.06 mmol/L	1.7 - 8.3
Method : Kinetic Assay	30.39 mg/dL	10.2 - 49.8
CREATININE - SERUM	71.56 µmol/L	44.2 - 123.7
Method :-Jaffe Method	0.81 mg/dl	0.5 - 1.4
CBC (COMPLETE BLOOD COUNT)		
TOTAL WBC COUNT	8000 cells/cumm	4000 - 11000 cells/cumm
DC (DIFFERENTIAL COUNT)		
NEUTROPHILS	60.5 %	40-75%
LYMPHOCYTES	26.1 %	20-45%
EOSINOPHILS	3.6 %	2-6 %
MONOCYTES	8.9 %	2-8 %



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	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
BASOPHILS	0.9 %	0-1%
HB (HEMOGLOBIN)	14.6 gm/dl	Male-13 - 18 gm/dl Female-11- 15 gm/dl
TOTAL RBC COUNT	4.87 million/cu	MALE: 4.5-6.5million/cu FEMALE: 3.9-5.5million/cu
PLATELET COUNT	2.39 lakhs/cumm	1.0 - 4.0 lakhs / cumm
PCV (PACKED CELL VOLUME)	42.70 %	Males : 42% - 52% Females : 37% - 47%
MCV (MEAN CORPUSCULAR VOLUME)	87.70 FL	76 - 96 FL
MCH (MEAN CORPUSCULAR HEMOGLOBIN)	30.00 PG	27 - 33 PG
MCHC(MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION)	34.20 g/dl	32 - 36 g/dl
ESR (ERYTHROCYTE SEDIMENTATION RATE)	02 mm/ 1st hr	MALE:0-9 mm/ 1st hr FEMALE:0-20 mm/ 1st hr
Capillary Photometry Technology Measures the kinetics of red cells aggregation.Clinical Laboratory and Standard Institute (CLSI) procedure for the ESR Test.		
SICKLE CELL	NEGATIVE	
URINE ROUTINE		
URINE BIOCHEMISTRY		
GLUCOSE	'++'	
PROTEIN	NIL	
KETONE	NIL	
BILIRUBIN	NIL	
pH	ACIDIC	

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Specialist Pathologist

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Ref. By: EXTERNAL DOCTOR	Bill No: 0789141 Bill Date: 10/10/2021
	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
UROBILINOGEN	NORMAL	
URINE MICROSCOPY (Centrifugation Method)		
RED BLOOD CELLS (RBC)	NIL /hpf	
PUS CELLS	1 - 2 /hpf	
EPITHELIAL CELLS	NIL /hpf	
CRYSTALS	NIL /hpf	
CAST	NIL /hpf	
BACTERIA	PRESENT /hpf	
YEAST CELLS	NIL /hpf	



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ASHWINI
Lab Technologist



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X-RAY REPORT

Doc No:	0058508
Name:	AMBIKA PATHI MARIAPPAN
Age/DOB:	54 Y Omani ID/ L.Card No.: 74457389
Sex:	Male
Referred By:	EXTERNAL DOCTOR
Clinical Diagnosis:	
X-Ray/UltraSound	CHEST X-RAY
Date:	10/10/2021
X-Ray Film No:	TO
Bill No:	0789141
Charge Sheet No:	

Both lung fields are normal

Both cp angles are clear

Mediastinal shadow and bony thorax are normal

Cardiac configuration is within normal limits

Conclusion: A normal X-ray appearance

Signature:

DR. KALESHA SHAIK
Specialist Radiology
MOH Reg. No. 17925



218852
54 Years

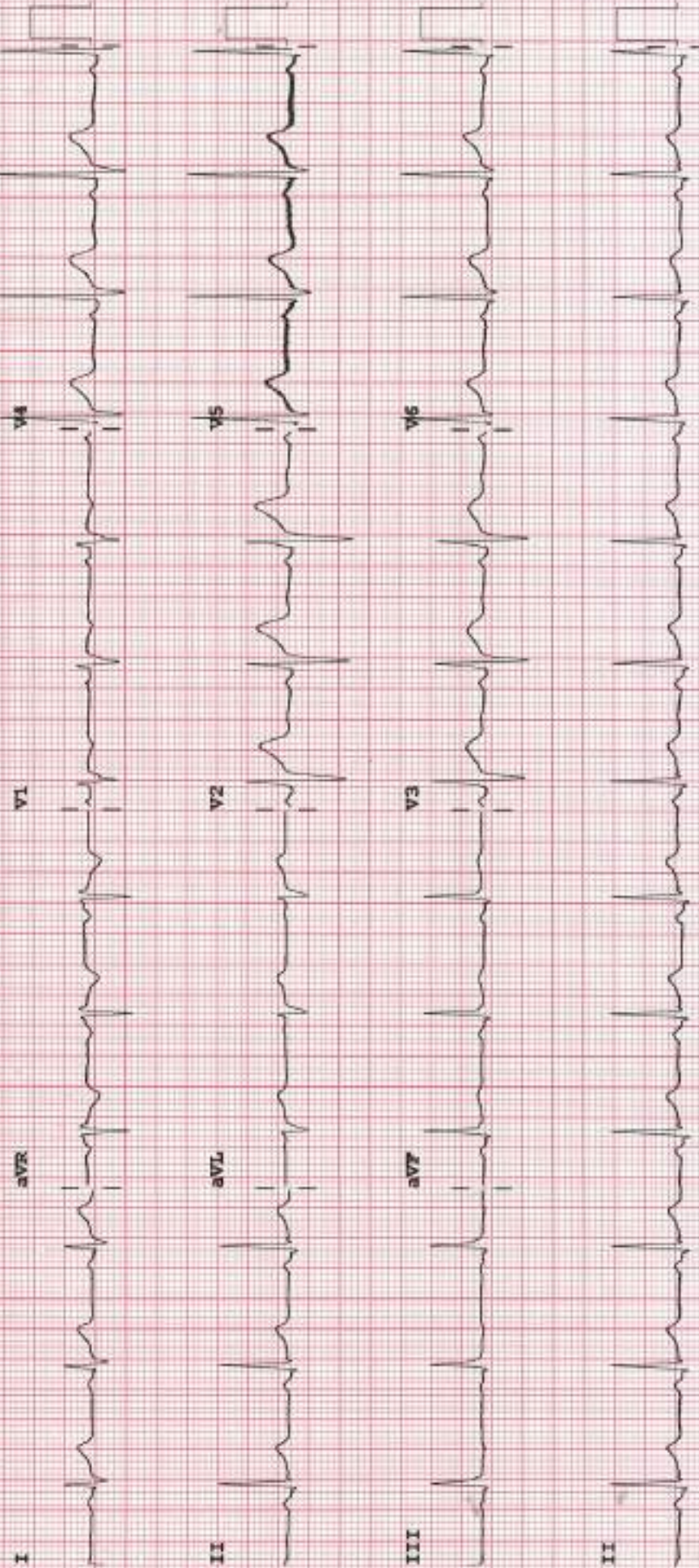
AMBIKA PATHI MARIAPPAN
Male

10-Oct-21 01:07:47 PM
ASTER HOSPITAL, IBRI (Emergency)

Rate 77
RR 779
PR 126
QRS 105
QT 364
QTc 412

--AXIS--
P 45
QRS 83
T 29

12 Lead; Standard Placement



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

50~ 0.50~ 40 Hz W

PH10

CL

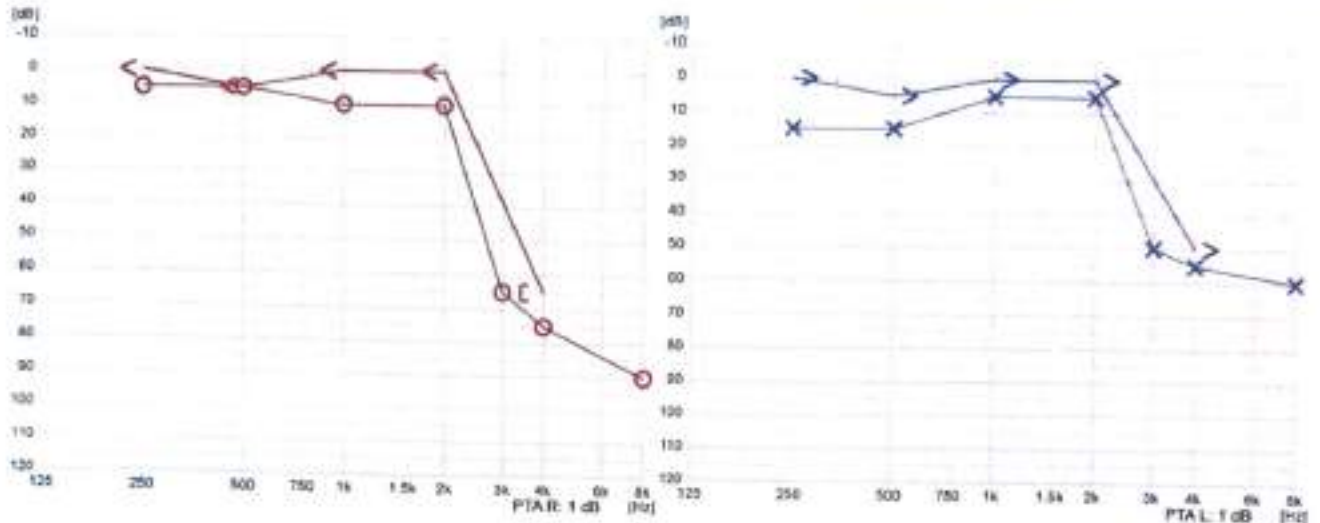
P?

SUPER QUALITY HEARING AID AND SPEECH THERAPY CENTER

IBRI

22349191

Code: 0788141	Last name , First name: MARIAPPAN , AMBIKA PA	Born: 10/10/2021
Test type: Tonal audiometry	Test date: 10/10/2021	



Legend	R	L
Air	○	×
Air Masked	△	□
Bone	<	>
Bone Masked	[	]
MCL	M	M
UCL	m	m
Free Field	⊗	⊗
Free Field Masked	A	A
Binaural		B
No response		I

PTA
Right :- 8.3 dB HL
Left :- 8.3 dB HL

Comments

BILATERAL HEARING SENSITIVITY WITHIN NORMAL LIMITS WITH SLOPE AT HIGHER FREQUENCIES

Signature:

[Handwritten Signature]



Date: 10/10/2021