#1373

PLEASE COMPLETE YOUR PERSONAL DETAILS IN BLOCK CAPITALS

RHC مركز الرسيل الصحي
RUSAYL HEALTH CENTRE
NIMR, FAHUD, QARNALAY, BHAJA, SAIHRIWAL, WARMUL

INITIAL EXAMINATION REPORT

Surname	Sukhdev Singh Mohindra.
Forenames	DOB. 5-5-'64 CN- 62150725
Address	Trueh - Oman, Haima, Bahja
Home Telephone number	94435816

Place of examination: Bahja — Date: 05-03-19

If a dependant or fancee entr employees name jere :-

Surname : — Forenames:

	Naticnality Indian	Country of birth India	Religion Sikh

☑ Male ☐ Female	☐ Single ☑ Married ☐ Widow(er) ☐ Divorced Separated	Relationship to employee: ☑ Wife ☑ Son ☑ Daughter ☐ Fiancee	Number of Children: 2

Reason for examination: ☐ Pre-employment ☐ Pre-overseas — PDO medical

Job :- DRIVER (HEAVY)

Area:- Bahja (Haima)

Name and address of family doctor	List your last 3 jobs
	(1)
	(2)
	(3)

Are you Registered Disabled Person? (UK ☐ Do you belong to any Medical Insurance Scheme? ☐

DO YOU HAVE OR HAVE YOU HAD :- (Tick 'yes' or 'No' column or put a (?) It uncerlain exclude minor ailmenis.)

	Y	N
1. Sirius rouble		✓
2. Neck swellings/flands		✓
3. Difficulty in vision		✓
4. Any ear discharge		✓
5. Asthma/bronchitis		✓
6. Hayfever/other allergy		✓
7. Any skin trouble		✓
8. Tuberculosis		✓
9. Shortness of breath		✓
10. Coughed/vomited blood		✓
11. Severe abdominal pain		✓
12. Stomach ulcer		✓
13. Recurrent indigestion		✓
14. Jaundice or hepatitis		✓
15. Gall bladder disease		✓
16. Marked change in bowel habits		✓
17. Blood in stools (motions)		✓
18. Marked change in weight		✓
19. Varicose veins		✓
20. Lump in breast/armpit		✓
21. Cancer		✓

	Y	N
22. Heart Disease		✓
23. Rheumatic Fever		✓
24. Abnormal heartbeat		✓
25. High blood pressure	✓	
26. Stroke		✓
27. Serious chest pain		✓
28. Any blood disease		✓
29. Kidney disease		✓
30. Painful passage of urine		✓
31. Blood in urine		✓
32. Diabetes	✓	
33. Headaches /migraine		✓
34. Dizziness/tainting		✓
35. Epilepsy		✓
36. Joints/spinal trouble		✓
37. Surgical operation		✓
38. Serious accident /tracture		✓
39. Tropical disease		✓
40. Fear of heights		✓
HAVE YOU EVER BEEN:- 41. Rejected for employment or insurance for medical reasons		✓

	Y	N
42. Awarded benifities for Industrial injury/lilness		✓
43. Treated for a mental condition. eg . depression		✓
44. Treated for problem drinking or drug abuse		✓
45. Exposed to toxic substance or noise		✓
FOR WOMEN ONLY Have you aver had:-		
46. An abnormal smear		
47. Any gynaecological treatment		
48. Are you pregnant?		
49. HAVE YOU HAD AN ILLNESS NOT MENTIONED ABOVE ?		

How much tabacco each day ? N A — Average daily alcohol consuption N A

Family history: Diabetes ✗ Tuberculosis ✗ Epilepsy ✗ Asthama ✗ Eczema ✗ Heart disease ✗ High blood pressure ✗ Stroke ✗ Cancer ✗ Blood disease ✗

PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT :-
I declare these statements to be true to the best of my knowledge and belief and I agree that the result of this medical in general terms may be revealed to the company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer.

Date 5-3-19 — Signature of applicant SUKHDEV SINGH

FOR COMPLETION BY EXAMINING DOCTOR OR SISTER
FURTHER DETAILS OF MEDICAL HISTORY AND RECREATIONAL ACTIVITIES

N	A	N - Normal A - Abnormal Please Describe	PHYSICAL EXAMINATION
N		1. Eyes & Pupils	• BMI : 33.9 kg/cm²
N		2. E.N.T.	
N		3. Teeth & Mouth	
N		4. Lungs & Chest	
N		5. Cardiovascular System	
N		6. Abdo. Viscera	
N		7. Hermial Orifices	
N		8. Anus & Recturn	
N		9. Genito - urinary	
N		10. Extremities	
N		11. Muscula-skeletal	
N		12. Skin & Varicose Vns.	
		13. C.N.S.	
		14. Breasts	
		15.	

HEIGHT cm	WEIGHT kg	B.P.	HEARING	HEARING	VISION:	DISTANT R / L	NEAR R / L	COLOUR VISION	BLOOD GROUP
170	98	140/90	L N	L	Uncorrected	N	N	N.	
			R N	R	Corrected				

N	A		LABORATORY AND SPECIAL INVESTIGATIONS	N	A	
N		1. Urimalysis	• HTN			6. Audiogram
N		2. Hb Bloodcount ESR	• Dm - (FBS) 176 mg/dl.			7. Lung Function
	N	3. Sarum Profile	• dyslipidemia - Total cholesterol = 275 mg/dl.			8. Chest X-Ray
		4. Stool				9. Drug Screen
		5. E.C.G.				10. CR Screen

OTHER FINDINGS (physique, scars, disabilities, mental stability etc.)

• BMI : Obese

Adv :
- Avoid extra calories and fatty foods
- Do regular physical exercise
- visit your physician for sugar contral and dyslipide -mia
- Have your medications regularly.

ASSESSMENT

☑ FIT ALL AREAS ☐ FIT HOME SERVICES ONLY ☐ UNFIT/UNSUITABLE ☐ MAY BE REASSESSED

C/C medications & sugar (Get the pace meter checked by your doctor as earliest as possible).

Date 18.03.19 Signature

DR. MOHAMMAD MARUF FERDOUS
MEDICAL OFFICER
RUSAYL HEALTH CENTRE
MOH LIC NO. 12930

Name (Block Capitals) Doctor / Sister

REVIEW/CONSULTATION

Date Signature Name (Block Capitals) Doctor / Sister