



مركز الرسيل الصحي RUSAYL HEALTH CENTRE

ISO 9001- 2015 Certified Co.

No. B 06945

ROUTINE/PERIODIC EXAMINATION REPORT (MEDICAL- CONFIDENTIAL)



RUSAYL HEALTH CENTRE
ISO 9001- 2015 Certified Co.

PLEASE COMPLETE YOUR PERSONAL
DETAILS IN BLOCK CAPITALS

Surname/Forenames: Sabil Talib Hassan
Al Balushi
Nationality: Omani
Company Number: 10117 Reference Indicator: Truthman

Mobile No: 92210108 Home/Leave Address: Al Musanna

Personal Details: S4Y ID: 22,01,1967 ID: 8842763

A ☒ Male ☐ Female ☒ Married ☐ Single ☐ Separated /Divorced /Widow(er)

Home/Leave Address: Relationship to employee ☐ Wife ☐ Son ☐ Daughter No of Children: 10

Reason for Examination (tick as appropriate)

Periodic Medical Examination ☒ Final / Retirement ☐ Other Reason: ☐

Employee only

B Present Job and Location: HDD Next Job and Location: NIMV

Are you a registered person with special needs? ☐ Do you belong to any Medical Insurance Scheme? ☐

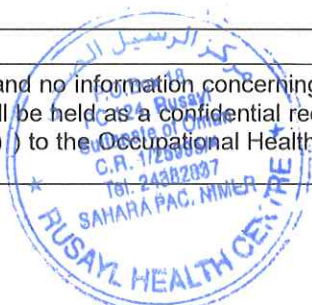
Previous Medical History: All important medical events should be listed and dated at every medical examination. To be completed together with the interviewing Nurses or Doctor who will be able to help by referring to your notes.

Please answer the following questions and tick 'N' (no) or 'Y' (yes) in the column. If 'Y' Please describe		N	Y	Description
Have you, since your last medical been treated by your family doctor or specialist for significant (major) ailments?		<input checked="" type="checkbox"/>		
1	Ear, nose, eye or throat problems	<input checked="" type="checkbox"/>		
2	Chest problems like asthma, bronchitis, other bad cough	<input checked="" type="checkbox"/>		
3	Heart abnormality, chest pains	<input checked="" type="checkbox"/>		
4	Abdominal pains, abnormal bowel motions	<input checked="" type="checkbox"/>		
5	Urogenital problems (kidney disease, menstrual disorder)	<input checked="" type="checkbox"/>		
6	Skin trouble or allergies	<input checked="" type="checkbox"/>		
7	Epileptic fits, dizzy spells or migraine	<input checked="" type="checkbox"/>		
8	History of mental illness, depression anxiety	<input checked="" type="checkbox"/>		
9	Diabetes, thyroid disease	<input checked="" type="checkbox"/>		
10	Blood disorder e.g. anaemia, blood cancer e.g. leukaemia	<input checked="" type="checkbox"/>		
11	Any history of accidents or fractures	<input checked="" type="checkbox"/>		
12	Have you had any serious allergies	<input checked="" type="checkbox"/>		
13	Do any dependants have a significant ongoing illness?	<input checked="" type="checkbox"/>		
14	Any family history of cancers	<input checked="" type="checkbox"/>		
Do you take any regular medicines, or have your taken in the past?		<input checked="" type="checkbox"/>		
Do you smoke? If yes, what and how much each day?		<input checked="" type="checkbox"/>		
Do you drink alcohol? If yes, what is your average weekly intake?		<input checked="" type="checkbox"/>		
Have you ever taken elicited/recreational drugs?		<input checked="" type="checkbox"/>		
Are you doing regular sports or physical activities?		<input checked="" type="checkbox"/>		

STATEMENT: I have read the above questions and the above answers are correct and no information concerning my present or past state of health has been withheld. . I understand and agree that this form will be held as a confidential record by PDO Medical Department, and may be copied (by paper or secure electronic transmission) to the Occupational Health Services for the purpose of Health Surveillance and other Occupational Health review .

DR. INNOCENT IFEANYI NWOKEDIUKO
GENERAL PRACTITIONER
RUSAYL HEALTH CENTRE
MOH LIC NO. 20062
Date: 02/05/2022

Signature of Applicant: [Signature]





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FOR COMPLETION BY EXAMINING DOCTOR OR NURSE

Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)

PHYSICAL EXAMINATION

N	A	
✓		1. Eyes & Pupils
✓		2. E.N.T.
✓		3. Teeth & Mouth
✓		4. Lungs & Chest
✓		5. Cardiovascular System
✓		6. Abdo. Viscera
✓		7. Hernial Orifices
✓		8. Anus & Rectum
✓		9. Genito-urinary
✓		10. Extremities
✓		11. Musculo-skeletal
✓		12. Skin & Varicose Vns.
✓		13. C.N.S.

HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE	HEARING	VISION
161	83	32.0	126/84	68 mins.	L Normal R Normal	DISTANT R L Uncorrected 6/6 Corrected 6/6

N	A		LABORATORY AND OTHER SPECIAL INVESTIGATIONS	N	A	
	✓	1. Urinalysis - Sugar	FBS - 188 02/05/21	✓		7. Audiogram
✓		2. Hb, Bloodcount, ESR	HBA1C -			8. Lung Function
✓		3. LFT, RFT, RBS	FBS - 132 - 03/08/21			9. Chest X-Ray
		4. Drug Screen	Total Cholesterol	✓		10. ECG
	✓	5. Lipids (40 years +)	268 mg/dl	✓		11. CVS risk for 40 yrs. & above - 9.4%
✓		6. Sickle Cell test				12. HIV, Hepatitis screening

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

Weekly FBS at least, 3 monthly HBA1C and strict compliance on Anti-diabetic and statin advised. Torvast 20mg daily, Repeat FLP 14 3 months

ASSESSMENT AND RECOMMENDATIONS:

☒ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT

DR. INNOCENT IFEANYI NWOKEDIUKO
GENERAL PRACTITIONER
RUSAYL HEALTH CENTRE
MOH LIC NO. 20062

Date:

Name (Block Capitals): Dr. / Nurse

Signature:

REVIEW/CONSULTATION

Date:

Name (Block Capitals): Dr. / Nurse

Signature: