

11.32 Appendix 32: EX1 Form (Initial Examination Report)

INITIAL EXAMINATION REPORT (MEDICAL - CONFIDENTIAL)



**Petroleum Development Oman
MEDICAL DEPARTMENT**

PLEASE COMPLETE YOUR PERSONAL
DETAILS IN BLOCK CAPITALS

Surname: Dajit Singh		Forenames: Balwinder Singh	
Address: 10		Home telephone number: 71843166	
Place of examination	Date: 1/1/2018	If a dependant enter employee's name here:	
Surname: Indian		Forenames: Indian	
Birth date: 12/1/1978	Nationality: Indian	Country of birth: Indian	Religion: Singh
☒ Male ☐ Female	☐ Married ☐ Single ☐ Separated /Divorced	Relationship to employee: ☐ Wife ☐ Son ☐ Daughter	
Reason for examination: ☐ Pre-Employment ☐ Job: ☐ Pre-Overseas ☐ Area:		Number of children:	
Name and address of family doctor		List your last 3 jobs	
		(1)	
		(2)	
Are you a Registered Disabled Person? (UK only) ☐		Do you belong to any Medical Insurance Scheme? ☐	
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)			
	Y	N	
1. Sinus trouble		☒	21. Cancer
2. Neck swelling/glands		☒	22. Heart Disease
3. Difficulty in vision		☒	23. Rheumatic fever
4. Any ear discharge		☒	24. Abnormal heartbeat
5. Asthma/bronchitis		☒	25. High blood pressure
6. Hayfever /other significant allergy		☒	26. Stroke
7. Any skin trouble		☒	27. Serious chest pain
8. Tuberculosis		☒	28. Any blood disease
9. Shortness of breath		☒	29. Kidney disease
10. Coughed/vomited blood		☒	30. Blood in urine
11. Severe abdominal pain		☒	31. Diabetes
12. Stomach ulcer		☒	32. Headaches/migraine
13. Recurrent indigestion		☒	33. Dizziness/fainting
14. Jaundice or hepatitis		☒	34. Epilepsy
15. Gall Bladder disease		☒	35. Joints/spinal trouble
16. Marked change in bowel habits		☒	36. Surgical operation
17. Blood in stools (motions)		☒	37. Serious accident/fracture
18. Marked change in weight		☒	38. Tropical disease
19. Varicose veins		☒	39. Fear of heights
20. Lump in breast/ampit		☒	
How much tobacco each day?		Average daily alcohol consumption	
Have you ever taken illicit drugs? () PDO test all new/potential employees for illicit/recreational drugs			
FAMILY HISTORY: Diabetes () Tuberculosis () Epilepsy () Asthma () Eczema ()			
Heart disease () High blood pressure () Stroke () Blood Disease () Cancer ()			
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-			
I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.			
Date: 1/1/2018	Signature of Applicant: Dajit Singh		

FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)

PHYSICAL EXAMINATION

N	A	
☒	☒	1. Eyes & Pupils
☒	☒	2. E.N.T.
☒	☒	3. Teeth & Mouth
☒	☒	4. Lungs & Chest
☒	☒	5. Cardiovascular System
☒	☒	6. Abdo. Viscera
☒	☒	7. Hemial Orifices
☒	☒	8. Anus & Rectum
☒	☒	9. Genito-urinary
☒	☒	10. Extremities
☒	☒	11. Musculo-skeletal
☒	☒	12. Skin & Varicose Vns.
☒	☒	13. C.N.S.

HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE	HEARING	VISION		Colour Vision	Blood Group
					L	R			
170	110	38.1	119 / 76	79 / mins.	L	R	DISTANT R L R L Uncorrected 6/6 6/6 Corrected		

N	A		LABORATORY AND OTHER SPECIAL INVESTIGATIONS	N	A	
☒	☒	1. Urinalysis		☒	☒	7. Audiogram
☒	☒	2. Hb, Bloodcount, ESR		☒	☒	8. Lung Function
☒	☒	3. LFT, RFT, RBS		☒	☒	9. Chest X-Ray
☒	☒	4. Drug Screen		☒	☒	10. ECG
☒	☒	5. Lipids (40 years +)		☒	☒	11. CVS risk for 40 yrs. & above
☒	☒	6. Sickle Cell test		☒	☒	12. HIV, Hepatitis screening

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

ASSESSMENT:

☒ FIT ALL AREAS
 ☐ FIT WITH RESTRICTION
 ☐ TEMPORARY UNFIT
 ☐ UNFIT

Date: 11/11/2013

Name (Block Capitals): Dr. / Nurse RASHID B. S. V.

REVIEW/CONSULTATION

Date:

Name (Block Capitals): Dr. / Nurse



Framingham Risk Assessment form

Framingham Risk Assessment (For all professional drivers, crane operators, forklift operator or other employees who are above 40 years of age):

Employee Name:

Emp #:

Date of Assessment:

Dejrit Singh Bolwinder Singh
7.7.24.96-4
11/4/2023

1	Age	Years	
2	Gender	Female/Male	
3	Total Cholesterol	mmol/L	
4	HDL Cholesterol	mmol/L	
5	Smoker	Yes/No	
6	Diabetes	Yes/No	
7	Systolic Blood pressure	mm Hg	
8	Is the patient being treated for High blood pressure?	Yes/No	

Framingham Risk score: 6.8 %

Framingham Risk Rating (Circle the appropriate score):

Low

Medium

High

Any further action or recommendations?

Assessment or Examination conducted by:

Dr. Rakesh Yella



Epworth Screening Quest. for Sleep Apnoea

Employee Data		Date: 11/4/2023
Name: Daljit Singh Bhandari	Department/Company: T.O.	
I. D No. 7924964	Tel # 71343166	Occupation:

This questionnaire will help identify if you have any health condition which may need a more detailed medical assessment as part of your fitness to work determination. If you have any queries please contact your local Health Services staff. All information provided on this form and during consultations remains strictly confidential. When further clinical evaluation is required following completion of a screening questionnaire, the details should be recorded on Q1 and E1 forms.

How likely are you to fall asleep in the following situations? (use 0 to 3 score as shown below)

- 0 Would never doze
- 1 Slight chance of dozing
- 2 Moderate chance of dozing
- 3 High chance of dozing

0 sitting and reading

0 watching TV

0 sitting inactive in a public place (e.g. theatre or meeting)

0 as a passenger in the car for an hour without a break

0 Lying down to rest in the afternoon when circumstances permit

0 Sitting a talking with someone

0 Sitting quietly after lunch without alcohol

0 In a car, while stopped for a few minutes in traffic

Total 1

If you score a total of 15 or more you should seek advice from medical personnel on site before continuing to drive or operate machinery in the workplace.

Declaration: I, Daljit Singh (Print Name) certify that to the best of my knowledge the above information supplied by me is true and correct.

Signature: Daljit Singh Date: 11/4/2023

Fitness to Work Certificate

Employee Data		Date	
Name Daljit Singh Balwinder		10/4/2023	
I.D No. 77249604		Department/Company T.O	
Age 47		Occupation	
Type of Medical Evaluation		Mark these applying ✓	
A1 Aircraft refuelling	☐	A6 Fire / Emergency response team work	☐
A2 Breathing apparatus	☐	A7 Professional driving	☐
A3 Business traveller	☐	A8 Remote location work	☐
A4 Catering and food preparation	☐	A9 Transfers - group A country	☐
A5 Crane or forklift driving & all heavy vehicles	☐	A10 Transfers - group B country	☐
Health Advisor Statement : The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.			
Fit with no restrictions		☒	
Fit with following restriction(s)			
The employee is fit for above work but should avoid the following task(s)	Temporary restriction	Permanent restriction	
Work near moving machinery or sharp edges			
Working at height			
Lifting, pushing, or carrying weight over ____ Kg			
Ascend/descend ladders or stairs			
Operate motor vehicles, forklifts or heavy machinery			
Use of a respirator			
Repetitive twisting of valves or wrenches			
Flying			
Other (Specify)			
Temporary Unfit until			
Permanently Unfit			
Name of health advisor	Signature	Date	
Dr. Rakesh Vella		11/4/2023	



DEPARTMENT OF LABORATORY MEDICINE

File No: 0222957
Name: DALJIT SINGH BALWINDER SINGH
Address:
Gender: M **Age:** 47 Y **Nationality:** INDIAN
GSM No.: 96128470 **ID Card No.:** 77249604
Ref. By: EXTERNAL DOCTOR

Report No: 0655177
Sample Date: 11/04/2023 **Time:** 9:21
Received By: 181773
Received Date: 11/04/2023 **Time:** 9:44
Report Date: 11/04/2023 **Time:** 11:17
Bill No: 0872236 **Bill Date:** 11/04/2023
Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
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PDO MEDICAL CHECK UP ABOVE 40(truckoman)

FBS (FASTING BLOOD SUGAR)

6.39 mmol/L

3.9 - 6.1

Method :- Hexokinase

115.02 mg/dL

70 - 110

LIPID PROFILE - SERUM

CHOLESTEROL (TOTAL)

4.58 mmol/L

1 - 5.1

Method:-Enzymatic

177.06 mg/dl

40 - 200

HDL (HIGH DENSITY LIPOPROTEIN)

0.842 mmol/L

0.777 - 1.813

Method:-Enzymatic

32.55 mg/dl

30 - 70

LDL (LOW DENSITY LIPOPROTEIN)

2.88 mmol/L

1.295 - 4.54

Method:-Calculation

111.06 mg/dl

50 - 172

VLDL (VERY LOW DENSITY LIPOPROTEIN)

0.87 mmol/L

0.259 - 1.036

Method:-Calculation

33.45 mg/dl

10 - 40

RATIO (TOTAL CHOL / HDL CHOL)

5.44

3.8 - 5.9

Method:-Calculation

TRIGLYCERIDES

1.89 mmol/L

0.564 - 2.146

Method : Enzymatic

167.265 mg/dl

50 - 190

LIVER FUNCTION TEST - SERUM

TOTAL BILIRUBIN - SERUM

0.594 mg/dL

0.1 - 1

Method : Diazo

10.16 µmol/L

1 - 17.1

DIRECT BILIRUBIN - SERUM

0.217 mg/dL

0.1 - 0.5

Method : Diazo

3.71 µmol/L

1 - 8.55

SGOT (AST)-SERUM (IFCC)

24.60 U/L

Male: up to 40.0

Female: up to 32.0

SGPT (ALT)-SERUM (IFCC)

38.60 U/L

Male: 10-50

Female: 10-35

Processed By:
SREERAJ

Lab Technologist

MOH License No: 6844

Approved By:
181773

Lab Technologist

Released By:
181773

Lab Technologist

MOH License No: 21829

DR. SHAYFA P

Specialist Pathologist

MOH LIC NO:13475

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File No: 0222957
Name: DALJIT SINGH BALWINDER SINGH
Address:
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INVESTIGATION	RESULT	REFERENCE RANGE
ALKALINE PHOSPHATASE (ALP)-SERUM (IFCC)	73.76 U/L	Adult : Men -40-129 :Female 35-104 Children:(Aged) 7months - 1Year :- <462 1Year - 3 Years :- <281 4 Years - 6 Years :- <269 7 Years - 12 Years :- <300 13 Years - 17 Years(M) :- <390 13 Years - 17 Years(F) :- <187
TOTAL PROTEIN-SERUM(Colorimetric Assay)	7.30 gm/dL	6.6 - 8.7
ALBUMIN - SERUM (Colorimetric Assay)	4.61 gm/dL	3.9 - 4.9
GLOBULIN - SERUM (Calculation)	2.69 gm/dL	2.3 - 3.5
ALBUMIN / GLOBULIN RATIO - Calculation	1.71	1.2 - 1.5
GGT(GAMMA GLUTAMYL TRANSPEPTIDASE) - SERUM	39.82 U/L	Men : 8-61 Female : 5-36
Method :-Enzymatic Assay		
RENAL FUNCTION TEST (UREA - CREATININE)		
UREA - SERUM	2.80 mmol/L	1.7 - 8.3
Method : Kinetic Assay	16.82 mg/dL	10.2 - 49.8
CREATININE - SERUM	68.36 µmol/L	44.2 - 123.7
Method :-Jaffé Method	0.77 mg/dl	0.5 - 1.4
CBC (COMPLETE BLOOD COUNT)		
TOTAL WBC COUNT	6500 cells/cumm	4000 - 11000 cells/cumm
Method : -Fluorescence Flow Cytometry		
DC (DIFFERENTIAL COUNT)		
Method : -Fluorescence Flow Cytometry		
NEUTROPHILS	58.8 %	40-75%

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INVESTIGATION	RESULT	REFERENCE RANGE
LYMPHOCYTES	27.2 %	20-45%
EOSINOPHILS	3.4 %	2-6 %
MONOCYTES	10.0 %	2-8 %
BASOPHILS	0.6 %	0-1%
HB (HEMOGLOBIN)	16.1 gm/dl	Male-13 - 18 gm/dl Female-11- 15 gm/dl
Method : -Cyanide-free SLS haemoglobin		
TOTAL RBC COUNT	5.64 million/cu	MALE: 4.5-6.5million/cu FEMALE: 3.9-5.5million/cu
Method : - Hydrodynamically focussed impedance		
PLATELET COUNT	2.29 lakhs/cumm	1.0 - 4.0 lakhs / cumm
Method : - Hydrodynamically focussed impedance		
PCV (PACKED CELL VOLUME)	48.10 %	Males : 42% - 52% Females : 37% - 47%
MCV (MEAN CORPUSCULAR VOLUME)	85.30 FL	76 - 96 FL
MCH (MEAN CORPUSCULAR HEMOGLOBIN)	28.50 PG	27 - 33 PG
MCHC(MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION)	33.50 g/dl	32 - 36 g/dl
ESR (ERYTHROCYTE SEDIMENTATION RATE)	04 mm/ 1st hr	MALE:0-9 mm/ 1st hr FEMALE:0-20 mm/ 1st hr

Capillary Photometry Technology

Measures the kinetics of red cells aggregation.Clinical Laboratory and Standard Institute (CLSI) procedure for the ESR Test.

SICKLE CELL

NEGATIVE

Method : -Haemoglobin solubility test

Sreeraj

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Pranika
THAKSIL THANA
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DR. SHAYFA P
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INVESTIGATION	RESULT	REFERENCE RANGE
URINE ROUTINE		
URINE BIOCHEMISTRY		
Method :- Colorimetric Assay		
GLUCOSE	NIL	
PROTEIN	NIL	
KETONE	NIL	
BILIRUBIN	NIL	
pH	ACIDIC	
UROBILINOGEN	NORMAL	
URINE MICROSCOPY (Centrifugation Method)		
RED BLOOD CELLS (RBC)	NIL /hpf	
PUS CELLS	0-2 /hpf	
EPITHELIAL CELLS	NIL /hpf	
CRYSTALS	NIL /hpf	
CAST	NIL /hpf	
BACTERIA	PRESENT /hpf	
YEAST CELLS	NIL /hpf	



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X-RAY REPORT

Doc No:	0070086
Name:	DALJIT SINGH BALWINDER SINGH
Age/DOB:	47 Y Omani ID/ L.Card No:: 77249604
Sex:	Male
Referred By:	EXTERNAL DOCTOR
Clinical Diagnosis:	
X-Ray/UltraSound	CHEST X-RAY
Date:	11/04/2023
X-Ray Film No:	TRUCKOMAN
Bill No:	0872236
Charge Sheet No:	

Both lung fields are normal

Both cp angles are clear

Mediastinal shadow and bony thorax are normal

Cardiac configuration is within normal limits

Conclusion: A normal X-ray appearance

Signature:

DR. NITHINMON CU
SPECIALIST RADIOLOGY
MOH Licence: 21058
ASTER HOSPITAL IBRI



222957

daljit

4/11/2023 10:01:22 AM

Aster Hospital IBRI
ECG Room
ECG Room

Rate 75

PR 174

QRSD 91

QT 368

QTc 411

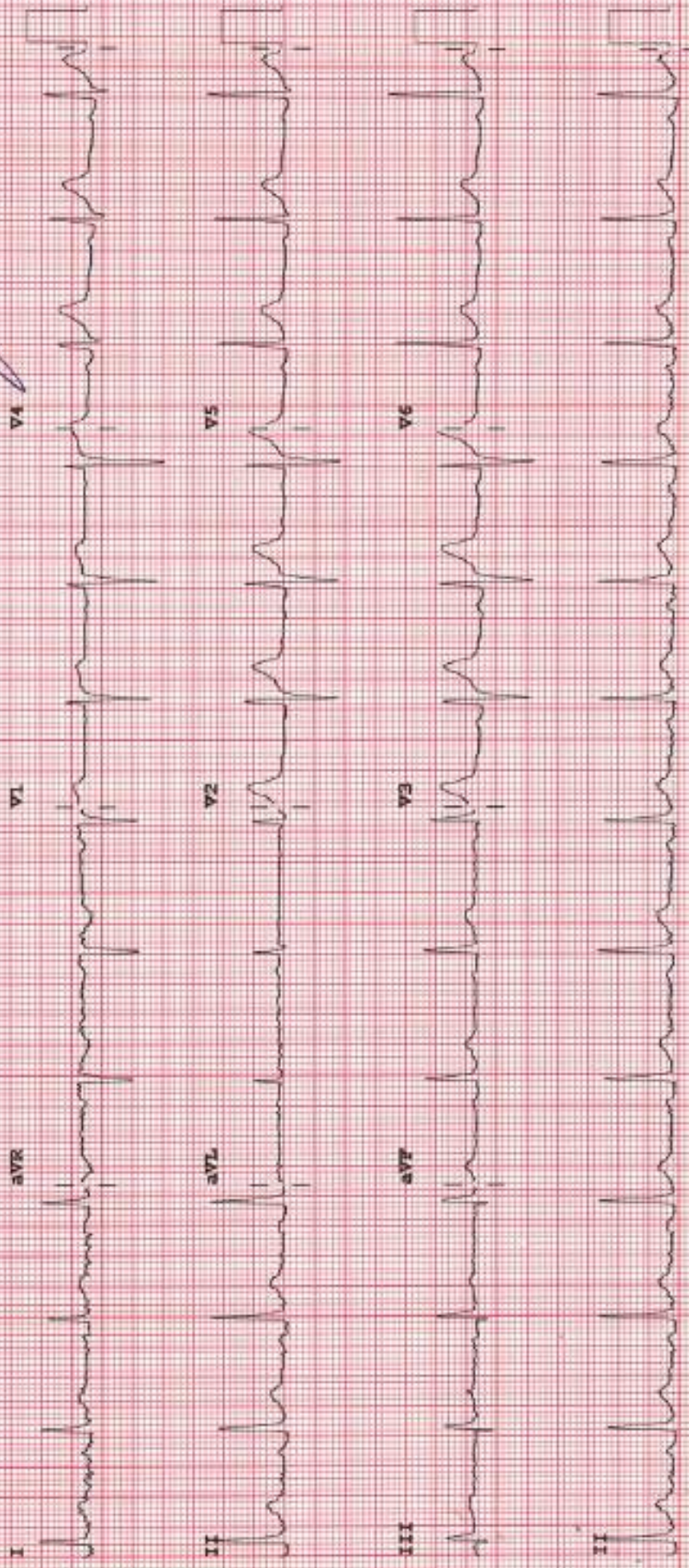
---AXIS---

P 47

QRS 51

T 52

12 Lead: Standard Placement



Device:

Speed: 25 mm/sec

Limbs: 10 mm/mV

Chest: 10.0 mm/mV

P 50~ 0.50~ 40 Hz W

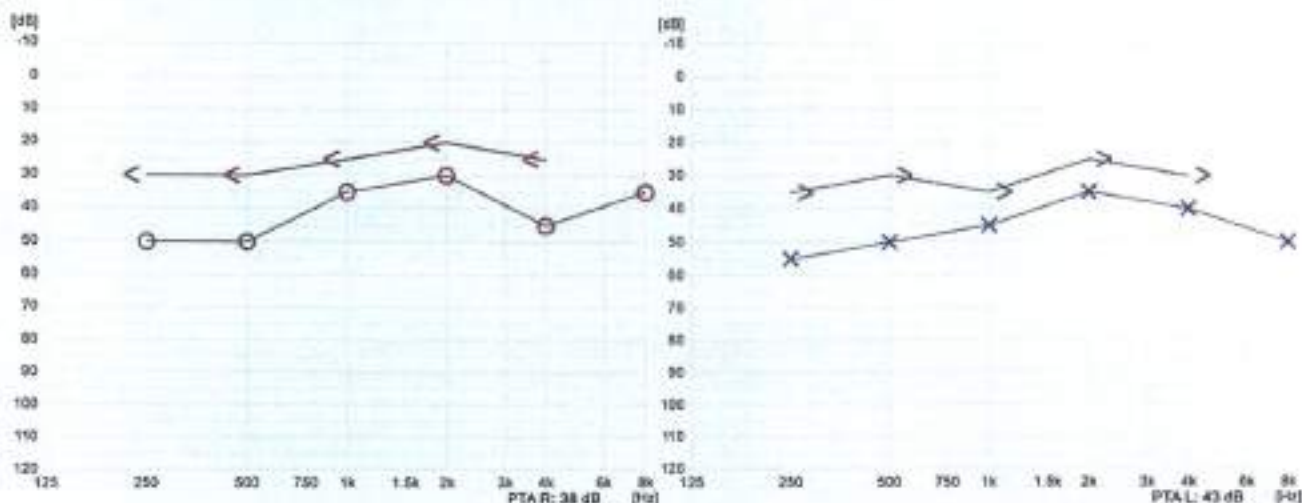
PH10

L

P?

SUPER QUALITY HEARING AID AND SPEECH THERAPY CENTER

Code: 0672236 Last name, First name, Surname: DALJIT SINGH, BALWINDER SINGH
Test type: Tonal audiometry Test date: 11.04.2023



Legend	R	L
Air	O	X
AirMasked	△	□
Bone	<	>
BoneMasked	[	]
MCL	M	M
UCL	m	m
Free Field	⊗	⊗
Free FieldAided	A	A
Stimuli		B
No response		I

Comments
RIGHT:MILD MIXED HEARING LOSS
LEFT:MODERATE MIXED HEARING LOSS

Signature:

Heard by Hedera Binodh Singh (HBS) www.hederaclinic.com



Date: 11/04/2023