

Initial Medical Examination Report

INITIAL EXAMINATION REPORT (MEDICAL – CONFIDENTIAL)

Surname: <u>Thiraganjan</u>					
Forenames: <u>Thiraganesambandam</u>					
Address: <u>Thuckomn.</u>					
Place of examination: Aster Hospital, Ibr	Date: <u>25-10-2021</u>				
Home telephone number: <u>9676648</u>					
If a dependant enter employee's name here: <u>Thuckomn.</u>					
Birth date: <u>19-07-1981</u>	Project: <u>Todien</u>				
Nationality: <u>Indian</u>	Country of birth: <u>Todien</u>				
Religion: <u></u>					
☒ Male ☐ Female	☐ Married ☐ Single ☐ Separated /Divorced				
Relationship to employee: ☐ Wife ☐ Son ☐ Daughter					
Number of children: <u></u>					
Reason for examination: ☐ Pre-Employment ☐ Job: <u></u>					
☐ Pre-Overseas ☐ Area: <u></u>					
Name and address of family doctor: <u></u>					
List your last 3 jobs: <u>(1)</u>					
Are you a Registered Disabled Person? (UK only) ☐					
Do you belong to any Medical Insurance Scheme? ☐					
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)					
Y	N	Y	N	Y	N
	☒	21. Cancer	☒	HAVE YOU EVER BEEN:-	
	☒	22. Heart Disease	☒	40. Rejected for employment or insurance for medical reasons	☒
	☒	23. Rheumatic fever	☒	41. Awarded benefits for industrial injury/illness	☒
	☒	24. Abnormal heartbeat	☒	42. Treated for a mental condition, e.g. depression	☒
	☒	25. High blood pressure	☒	43. Treated for problem drinking or drug abuse	☒
	☒	26. Stroke	☒	44. Exposed to toxic substance or noise	☒
	☒	27. Serious chest pain	☒	FOR WOMEN ONLY	
	☒	28. Any blood disease	☒	Have you ever had:-	
	☒	29. Kidney disease	☒	45. An abnormal smear	☒
	☒	30. Blood in urine	☒	46. Any gynaecological treatment	☒
	☒	31. Diabetes	☒	47. Are you pregnant?	☒
	☒	32. Headaches/migraine	☒	48. Have you had an illness not mentioned above	☒
	☒	33. Dizziness/fainting	☒		
	☒	34. Epilepsy	☒		
	☒	35. Joints/spinal trouble	☒		
	☒	36. Surgical operation	☒		
	☒	37. Serious accident/fracture	☒		
	☒	38. Tropical disease	☒		
	☒	39. Fear of heights	☒		
	☒				
How much tobacco each day? <u></u>		Average daily alcohol consumption <u></u>			
Have you ever taken elicited drugs? () PDO test all new/potential employees for elicited/recreational drugs					
FAMILY HISTORY: Diabetes () Tuberculosis () Epilepsy () Asthma () Eczema ()					
Heart disease () High blood pressure () Stroke () Blood Disease () Cancer ()					
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-					
I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.					
Date: <u>25-10-2021</u>		Signature of Applicant: <u>[Signature]</u>			



FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)				PHYSICAL EXAMINATION						
N	A									
✓		1. Eyes & Pupils								
✓		2. E.N.T.								
✓		3. Teeth & Mouth								
✓		4. Lungs & Chest								
✓		5. Cardiovascular System								
✓		6. Abdo. Viscera								
✓		7. Hernial Orifices								
✓		8. Anus & Rectum								
✓		9. Genito-urinary								
✓		10. Extremities								
✓		11. Musculo-skeletal								
✓		12. Skin & Varicose Vns.								
✓		13. C.N.S.								
HEIGHT cm		WEIGHT kg	BMI	B.P.	PULSE	HEARING	VISION		Colour Vision	Blood Group
179		105	32.8	129/81	74/min.	L N R N	DISTANT NEAR			
							R L R L			
							Uncorrected Corrected			
N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS				N	A			
✓		1. Urinalysis						7. Audiogram		
✓		2. Hb, Bloodcount, ESR						8. Lung Function		
	✓	3. LFT, RFT, RBS				✓		9. Chest X-Ray		
		4. Drug Screen				✓		10. ECG		
		5. Lipids (40 years +)						11. CVS risk for 40 yrs. & above		
✓		6. Sickie Cell test						12. HIV, Hepatitis screening		
OTHER FINDINGS (Physique, scars, disabilities, mental stability including Behaviour, etc.)										
ASSESSMENT:										
☒ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT										
28/10/21 DR RAGU										
REVIEW/CONSULTATION										
28/10/21 DR RAGU										

Framingham Risk Assessment form

Framingham Risk Assessment (For all professional drivers, crane operators, forklift operator or other employees who are above 40 years of age):

Employee Name: Thiyagha Jan Thinganor
Emp #: 89122 724
Date of Assessment: 25-10-2021

1	Age	Years <u>40</u>	
2	Gender	Female/Male <u>Male</u>	
3	Total Cholesterol	mmol/L <u>4.74</u>	
4	HDL Cholesterol	mmol/L <u>1.0</u>	
5	Smoker	Yes/No <u>No</u>	
6	Diabetes	Yes/No <u>No</u>	
7	Systolic Blood pressure	mm Hg <u>129</u>	
8	Is the patient being treated for High blood pressure?	Yes/No <u>No</u>	

Framingham Risk score: 9.4 %

Framingham Risk Rating (Circle the appropriate score):

Low

Medium

High

Any further action or recommendations?

Assessment or Examination conducted by:



Epworth Screening Quest. for Sleep Apnoea

Employee Date		Date: 25/10/2021
Name: Thyagarajan Thangaraj		Department/Company: Truck company
I. D No. 89122724	Tel #96766492	Occupation: HEAVY DRIVER

This questionnaire will help identify if you have any health condition which may need a more detailed medical assessment as part of your fitness to work determination. If you have any queries please contact your local Health Services staff. All information provided on this form and during consultations remains strictly confidential. When further clinical evaluation is required following completion of a screening questionnaire, the details should be recorded on Q1 and E1 forms.

How likely are you to fall asleep in the following situations? (use 0 to 3 score as shown below)

- 0 Would never doze
- 1 Slight chance of dozing
- 2 Moderate chance of dozing
- 3 High chance of dozing

☐ sitting and reading
☐ watching TV
☐ sitting inactive in a public place (e.g. theatre or meeting)
☐ as a passenger in the car for an hour without a break
☐ Lying down to rest in the afternoon when circumstances permit
☐ Sitting a talking with someone
☐ Sitting quietly after lunch without alcohol
☐ in a car, while stopped for a few minutes in traffic

Total: 3

If you score a total of 15 or more you should seek advice from medical personnel on site before continuing to drive or operate machinery in the workplace.

Declaration: I, Thyagarajan Thangaraj (Print Name) certify that to the best of my knowledge the above information supplied by me is true and correct.

Signature: T. Thangaraj **Date:** 25/10/2021

Fitness to Work Certificate

Employee Data		Date 25/10/2021	
Name Thiyaggenison		Department/Company TROK Koman	
LD No. 89122724	Age 40 y.	Occupation HEAVY DRIVER	
Type of Medical Evaluation		Mark those applying ✓	
A1 Aircraft refuelling	☐	A6 Fire / Emergency response team work	☐
A2 Breathing apparatus	☐	A7 Professional driving	☐
A3 Business traveller	☐	A8 Remote location work	☐
A4 Catering and food preparation	☐	A9 Transfers – group A country	☐
A5 Crane or forklift driving & all heavy vehicles	☐	A10 Transfers – group B country	☐
Health Advisor Statement : The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.			
Fit with no restrictions		☒	
Fit with following restriction(s)			
The employee is fit for above work but should avoid the following task(s)	Temporary restriction	Permanent restriction	
Work near moving machinery or sharp edges			
Working at height			*
Lifting, pushing, or carrying weight over ____ Kg			
Ascend/descend ladders or stairs			
Operate motor vehicles, forklifts or heavy machinery			
Use of a respirator			
Repetitive twisting of valves or wrenches			
Flying			
Other (Specify)			
Temporary Unfit until			
Permanently Unfit			
Name of health advisor DR. R. ALI		Date 25-10-2021	



DEPARTMENT OF LABORATORY MEDICINE

File No: 0213649
Name: THIYAGARAJAN THIRUGNANASAMBADAM
Address:
Gender: M **Age:** 40 Y **Nationality:** INDIAN
GSM No.: 96766492 **ID Card No.:** 89122724
Ref. By: EXTERNAL DOCTOR

Report No: 0586139
Sample Date: 25/10/2021 **Time:** 8:59
Received By: ASHWINI
Received Date: 25/10/2021 **Time:** 9:03
Report Date: 25/10/2021 **Time:** 09:54
Bill No: 0791492 **Bill Date:** 25/10/2021
Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
PDO MEDICAL CHECK UP ABOVE 40(truckoman)		
FBS (FASTING BLOOD SUGAR)	9.64 mmol/L	3.9 - 6.1
Method :- Hexokinase	173.52 mg/dL	70 - 110
LIPID PROFILE - SERUM		
CHOLESTEROL (TOTAL)	4.74 mmol/L	1 - 5.1
Method:-Enzymatic	183.25 mg/dl	40 - 200
HDL (HIGH DENSITY LIPOPROTEIN)	1.000 mmol/L	0.777 - 1.813
" "	38.66 mg/dl	30 - 70
LDL (LOW DENSITY LIPOPROTEIN)	2.25 mmol/L	1.295 - 4.54
" "	86.89	50 - 172
VLDL (VERY LOW DENSITY LIPOPROTEIN)	1.49 mmol/L	0.259 - 1.036
" "	57.7 mg/dl	10 - 40
RATIO (TOTAL CHOL / HDL CHOL)	4.74	3.8 - 5.9
TRIGLYCERIDES	3.26 mmol/L	0.564 - 2.146
Method : Enzymatic	288.51 mg/dl	50 - 190
LIVER FUNCTION TEST - SERUM		
TOTAL BILIRUBIN - SERUM	0.512 mg/dL	0.1 - 1
Method : Diazo	8.76 µmol/L	1 - 17.1
DIRECT BILIRUBIN - SERUM	0.210 mg/dL	0.1 - 0.5
Method : Diazo	3.59 µmol/L	1 - 8.55
SGOT (AST)-SERUM (IFCC)	56.73 U/L	Male: up to 40.0 Female: up to 32.0
SGPT (ALT)-SERUM (IFCC)	97.89 U/L	Male: 10-50 Female: 10-35
ALKALINE PHOSPHATASE (ALP)-SERUM (IFCC)	109.96 U/L	Adult : Men -40-129



Processed By:
ASHWINI
Lab Technologist

MOH License No: 16064

Approved By:
ASHWINI
Lab Technologist

ASHWINI
Released By:
ASHWINI
Lab Technologist

MOH License No: 16064



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DEPARTMENT OF LABORATORY MEDICINE

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Address:
Gender: M **Age:** 40 Y **Nationality:** INDIAN
GSM No.: 96766492 **ID Card No.:** 89122724
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INVESTIGATION	RESULT	REFERENCE RANGE
		Female 35-104 Children:(Aged) 7months - 1Year :- <462 1Year - 3 Years :- <281 4 Years - 6 Years :- <269 7 Years - 12 Years :- <300 13 Years - 17 Years(M) :- <390 13 Years - 17 Years(F) :- <187
TOTAL PROTEIN-SERUM(Colorimetric Assay)	7.69 gm/dL	6.6 - 8.7
ALBUMIN - SERUM (Colorimetric Assay)	4.85 gm/dL	3.9 - 4.9
GLOBULIN - SERUM (Calculation)	2.84 gm/dL	2.3 - 3.5
ALBUMIN / GLOBULIN RATIO - Calculation	1.71	1.2 - 1.5
GGT(GAMMA GLUTAMYL TRANSPEPTIDASE) - SERUM	170.0 U/L	Men : 8-61 Female : 5-36
RENAL FUNCTION TEST (UREA - CREATININE)		
UREA - SERUM	6.75 mmol/L	1.7 - 8.3
Method : Kinetic Assay	40.54 mg/dL	10.2 - 49.8
CREATININE - SERUM	88.94 µmol/L	44.2 - 123.7
Method :-Jaffe Method	1.01 mg/dl	0.5 - 1.4
CBC (COMPLETE BLOOD COUNT)		
TOTAL WBC COUNT	9550 cells/cumm	4000 - 11000 cells/cumm
DC (DIFFERENTIAL COUNT)		
NEUTROPHILS	49.5 %	40-75%
LYMPHOCYTES	40.2 %	20-45%
EOSINOPHILS	1.9 %	2-6 %
MONOCYTES	7.9 %	2-8 %

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Ref. By: EXTERNAL DOCTOR	Bill No: 0791492 Bill Date: 25/10/2021
	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
BASOPHILS	0.5 %	0-1%
HB (HEMOGLOBIN)	15.8 gm/dl	Male-13 - 18 gm/dl Female-11- 15 gm/dl
TOTAL RBC COUNT	5.52 million/cu	MALE: 4.5-6.5million/cu FEMALE: 3.9-5.5million/cu
PLATELET COUNT	2.30 lakhs/cumm	1.0 - 4.0 lakhs / cumm
PCV (PACKED CELL VOLUME)	49.10 %	Males : 42% - 52% Females : 37% - 47%
MCV (MEAN CORPUSCULAR VOLUME)	88.90 FL	76 - 96 FL
MCH (MEAN CORPUSCULAR HEMOGLOBIN)	28.60 PG	27 - 33 PG
MCHC(MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION)	32.20 g/dl	32 - 36 g/dl
ESR (ERYTHROCYTE SEDIMENTATION RATE)	02 mm/ 1st hr	MALE:0-9 mm/ 1st hr FEMALE:0-20 mm/ 1st hr

Capillary Photometry Technology

Measures the kinetics of red cells aggregation.Clinical Laboratory and Standard Institute (CLSI) procedure for the ESR Test.

SICKLE CELL	NEGATIVE
URINE ROUTINE	
URINE BIOCHEMISTRY	
GLUCOSE	' + '
PROTEIN	NIL
KETONE	NIL
BILIRUBIN	NIL
pH	ACIDIC



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Lab Technologist

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Specialist Pathologist

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Address:	Received By: ASHWINI
Gender: M Age: 40 Y Nationality: INDIAN	Received Date: 25/10/2021 Time: 9:03
GSM No.: 96766492 ID Card No.: 89122724	Report Date: 25/10/2021 Time: 09:54
Ref. By: EXTERNAL DOCTOR	Bill No: 0791492 Bill Date: 25/10/2021
	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
UROBILINOGEN	NORMAL	
URINE MICROSCOPY (Centrifugation Method)		
RED BLOOD CELLS (RBC)	NIL /hpf	
PUS CELLS	1 - 2 /hpf	
EPITHELIAL CELLS	NIL /hpf	
CRYSTALS	NIL /hpf	
CAST	NIL /hpf	
BACTERIA	PRESENT /hpf	
YEAST CELLS	NIL /hpf	



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Lab Technologist



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Lab Technologist

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X-RAY REPORT

Doc No:	0058600
Name:	THIYAGARAJAN THIRUGNANASAMBADAM
Age/DOB:	40 Y Omani ID/ L.Card No:: 89122724
Sex:	Male
Referred By:	EXTERNAL DOCTOR
Clinical Diagnosis:	
X-Ray/UltraSound	CHEST X-RAY
Date:	25/10/2021
X-Ray Film No:	TO
Bill No:	0791492
Charge Sheet No:	

Both lung fields are normal

Both cp angles are clear

Mediastinal shadow and bony thorax are normal

Cardiac configuration is within normal limits

Conclusion: A normal X-ray appearance

Signature: 

DR. KALESHA SHAIK
Specialist Radiology
MOH Reg. No. 17925



213649

THYAGARAJAN THIRUGNANASAMBADAM

10/25/2021 09:10:45 AM

Oman AlKhair Hospital

ECG

Rate 74

PR 160

QRSD 96

QT 385

QTc 428

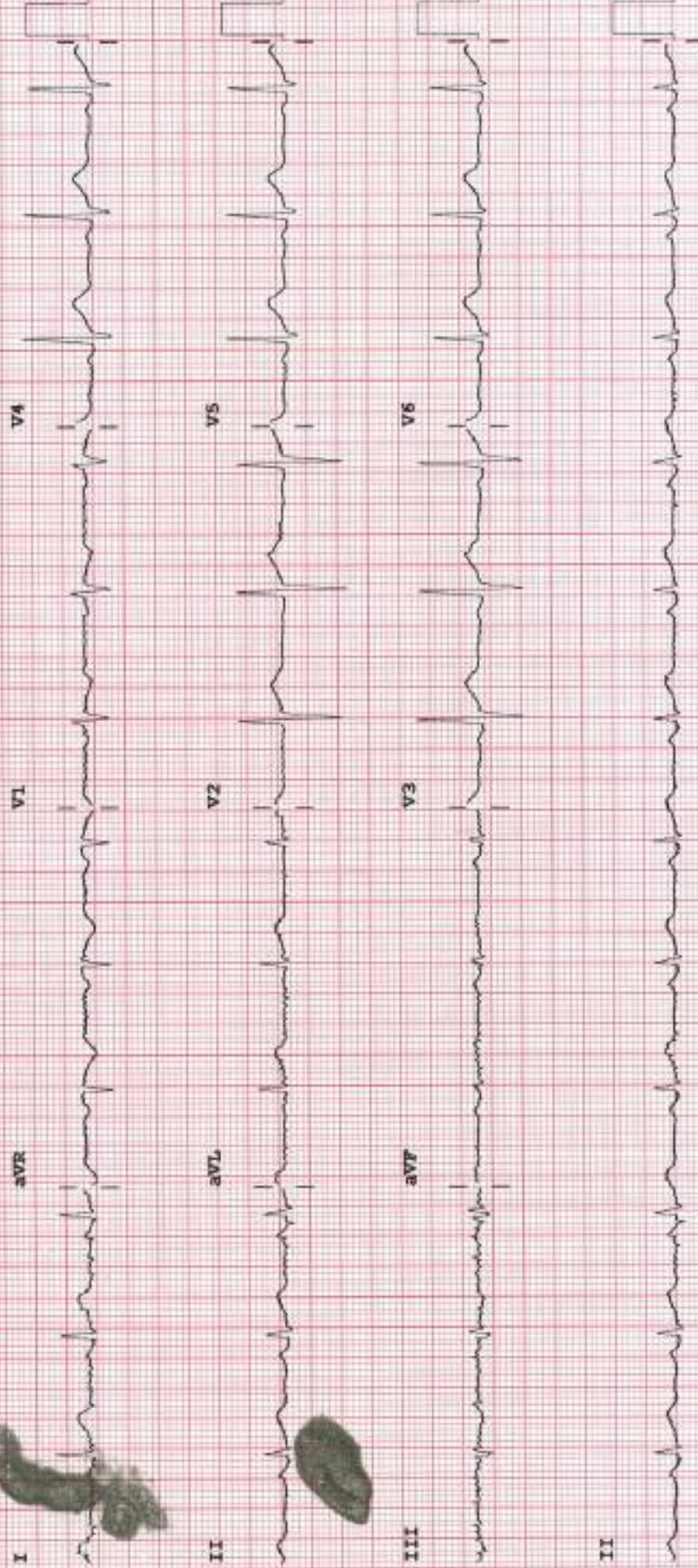
--AXIS--

P 48

R 19

T 19

12 Lead; Standard Placement



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

50- 0.50- 40 Hz W

PR10

L

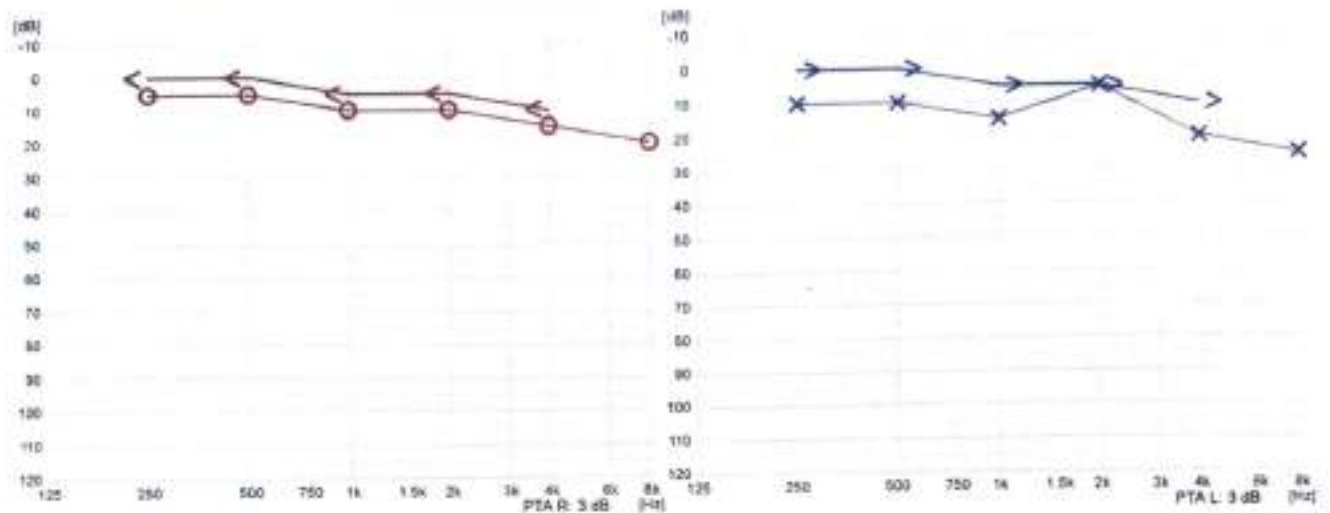
P2

SUPER QUALITY HEARING AID AND SPEECH THERAPY CENTER

IBRI

22349191

Code: 0791492	Last name, first name THIYAGARAJAN, THIRUGENKORNBADAM	Born:
Test type Tonal audiometry	Test date: 25/10/2021	



Legend	R	L
Air	O	X
AirMasked	Δ	□
Bone	<	>
BoneMasked	[	]
MCL	M	M
UCL	m	m
Free Field	⊗	⊗
Free FieldMasked	A	A
Binaural	B	
No response	I	

PTA
Right: 8.3 dB HL
Left: 10 dB HL

Comments

BILATERAL HEARING SENSITIVITY WITHIN NORMAL LIMITS

Signature:



Date: 25/10/2021