

Appendix 32: EX1 Form (Initial Examination Report)

INITIAL EXAMINATION REPORT (MEDICAL – CONFIDENTIAL)

 Petroleum Development Oman MEDICAL DEPARTMENT NMC SPECIALTY HOSPITAL, al hall		Surname: <u>AHMED KHAMIS SHAMIS</u> Forenames: <u>AL MAANI</u> Address: _____ Home telephone number: <u>95931055</u>	
Place of examination: _____	Date: <u>8/11/25</u>		
If a dependant enter employee's name here:			
Surname: <u>AHMED KHAMIS</u>		Forenames: <u>SHAMIS AL MAANI</u>	
Birth date: <u>25/11/1984</u>	Nationality: <u>OMANI</u>	Country of birth: <u>OMAN</u>	Religion: <u>MUSLIM</u>
☒ Male ☐ Female	☒ Married ☐ Single ☐ Separated / Divorced	Relationship to employee: ☒ Wife ☐ Son ☐ Daughter	Number of children: <u>4</u>
Reason for examination: Pre-Employment ☐ Pre-Overseas ☐		Job: <u>HSE - outdoor (interior area)</u> Area: <u>FAHUD</u>	
Name and address of family doctor: _____		List your last 3 jobs:	
		(1) _____	
		(2) _____	
Are you a Registered Disabled Person? (UK only) ☐		Do you belong to any Medical Insurance Scheme? ☐	
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)			
		Y	N
1. Sinus trouble	☒	21. Cancer	☒
2. Neck swelling/glands	☒	22. Heart Disease	☒
3. Difficulty in vision	☒	23. Rheumatic fever	☒
4. Any ear discharge	☒	24. Abnormal heartbeat	☒
5. Asthma/bronchitis	☒	25. High blood pressure	☒
6. Hayfever /other significant allergy	☒	26. Stroke	☒
7. Any skin trouble	☒	27. Serious chest pain	☒
8. Tuberculosis	☒	28. Any blood disease	☒
9. Shortness of breath	☒	29. Kidney disease	☒
10. Coughed/vomited blood	☒	30. Blood in urine	☒
11. Severe abdominal pain	☒	31. Diabetes	☒
12. Stomach ulcer	☒	32. Headaches/migraine	☒
13. Recurrent indigestion	☒	33. Dizziness/fainting	☒
14. Jaundice or hepatitis	☒	34. Epilepsy	☒
15. Gall Bladder disease	☒	35. Joints/spinal trouble	☒
16. Marked change in bowel habits	☒	36. Surgical operation	☒
17. Blood in stools (motions)	☒	37. Serious accident/fracture	☒
18. Marked change in weight	☒	38. Tropical disease	☒
19. Varicose veins	☒	39. Fear of heights	☒
20. Lump in breast/ampit	☒		
How much tobacco each day? <u>No</u>		Average daily alcohol consumption <u>No</u>	
Have you ever taken illicit drugs? () PDO test all new/potential employees for illicit/recreational drugs <u>No</u>			
FAMILY HISTORY: Diabetes ☒ Tuberculosis () Epilepsy () Asthma () Eczema () <u>Grand mother</u> - Heart disease () High blood pressure () Stroke () Blood Disease () Cancer ()			
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:- I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.			
Date: <u>02/11/25</u>		Signature of Applicant: _____	



FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

T2DM, on OHA: T. Diamicon, T. Sitagliptin, T. metformin

detected
4 months
ago -

N = Normal A = Abnormal (please describe)

PHYSICAL EXAMINATION

N	A	
		1. Eyes & Pupils
		2. E.N.T.
		3. Teeth & Mouth
		4. Lungs & Chest
		5. Cardiovascular System
		6. Abdo. Viscera
		7. Hernial Orifices
		8. Anus & Rectum
		9. Genito-urinary
		10. Extremities
		11. Musculo-skeletal
		12. Skin & Varicose Vns.
		13. C.N.S.

WNL -

HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE	HEARING	VISION	Colour Vision	Blood Group
167	87	31.2	102 75	77/min.	L -N R -N	DISTANT Uncorrected Corrected R L 9 12 N N	N	

N	A		LABORATORY AND OTHER SPECIAL INVESTIGATIONS	N	A	
		1. Urinalysis				7. Audiogram
		2. Hb, Bloodcount, ESR				8. Lung Function
		3. LFT, RFT, RBS				9. Chest X-Ray
		4. Drug Screen				10. ECG
		5. Lipids (40 years +)				11. CVS risk for 40 yrs. & above
		6. Sickle Cell test				12. HIV, Hepatitis screening

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

FIT

ASSESSMENT:

☒ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT

Date: 2/11/25 Name (Block Capitals): Dr. / Nurse

Signature:

REVIEW/CONSULTATION

Date: 2/11/25 Name (Block Capitals): Dr. / Nurse

Signature:

DR. ASWATNY R.
General Practitioner
MOH Lic. No. 26555
nmc specialty hospital, A



DEPARTMENT OF LABORATORY MEDICINE

File No: 50144788	Report No: 0169789
Name: AHMED KHAM'S SHAMIS AL MAANI	Sample Date: 02/11/2025 Time: 9:37
Address:	Received By:
Gender: M Age: 40 Y Nationality: OMANI	Received Date: Time:
GSM No.: 95931055 ID Card No.: 14873667	Report Date: 02/11/2025 Time: 14:53
Ref. By: DR ASWATHIY RAVI	Bill No: 040335* Bill Date: 02/11/2025

INVESTIGATION	RESULT	REFERENCE RANGE
FBC PACKAGE ABOVE 40 YEARS		
RANDOM BLOOD SUGAR	9.77 mmol/L	4.11 - 7.9mmol/L
CREATININE	67.00 μ mol/L	Adults: MALE: 62 – 106 μ mol/L FEMALE: 44 – 80 μ mol/L
SGPT (ALT)	41.20 U/L	MALE : up to 41 U/L FEMALE : up to 33 U/L
TOTAL WBC COUNT	$3.85 \times 10^9 / \mu$ L	4.00-11.00 $\times 10^9 / \mu$ L
DIFFERENTIAL COUNT		
NEUTROPHIL (%)	30.25 %	40-75%
LYMPHOCYTE (%)	58.45 %	20-45%
MONOCYTE (%)	7.33 %	2-8%
EOSINOPHIL (%)	2.33 %	1-6%
BASOPHIL (%)	1.64 %	0-1%
ERYTHROCYTE SEDIMENTATION RATE	24 mm/1st hr	MALE 0-15 mm/ 1st hr FEMALE 0-20 mm/ 1st hr
HAEMOGLOBIN	13.05 gm/dl	Male : 13-18 gm/dl Female:11-15 gm /dl childrens upto 7 year-11.0 - 13.0 gm /dl upto12years-11.5 - 14.5 gm /dl conc blood 13-13.5 gm /dl
SICKLE CELL	NEGATIVE	
Method: Solubility test (If Positive , Hb Electrophoresis / HPLC to be done to confirm Sickle cell anaemia / Trait).		
URINE ROUTINE		
URINE BIOCHEMISTRY	3+	
URINE GLUCOSE		NEGATIVE
URINE PROTEIN		NEGATIVE
URINE KETONE		NEGATIVE

Verified By:

Approved By:



10750

Lab Technologist

Specialist Pathologist

Electronically signed at: 11/2/2025 2:55:00

Printed at: 02/11/2025 2:55:10 PM

Page: 1 of 3



AUDIOMETRY REPORT

U107.05
02-NOV-25 10:27
DP 4s 4 sec avg
SN: G11005649 G12014595

Imad Khavis Shams

NAME:

x m MRN 50144798 Date of Test 2/11/25

Left: Pass



F2	L1	L2	DP	NF	SNR	P
2.0	65	55	-1	-18	16	P
3.0	65	55	-2	-20	10	P
4.0	65	55	-9	-19	9	P
5.0	65	55	-9	-5	-5	P

U107.05
02-NOV-25 10:28
DP 4s 4 sec avg
SN: G11005649 G12014595

NAME:

Right: Pass



F2	L1	L2	DP	NF	SNR	P
2.0	65	55	5	-12	17	P
3.0	66	53	5	-15	15	P
4.0	64	55	2	-20	21	P
5.0	65	55	-13	-20	7	P



fatma

Signature of the Technician

NMCOMAN/DOC/NSG/75



Pulmonary Function Report

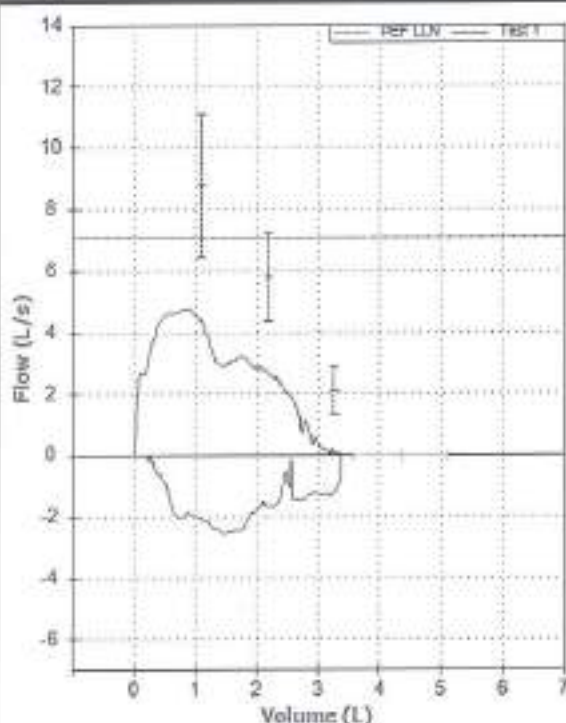
Subject Information

ID:	2025306_092112811	Alternate ID:	50144798	Middle Name:	Khamis
Last Name:	Shamis	First Name:	Ahmed	Date of Birth:	11/25/1984
Population:	MIDDLE EAST	Gender:	Male	Weight:	87.0 kg
Age:	40	Height:	167 cm		
BMI:	31.2	Smoking:	Non Smoker		

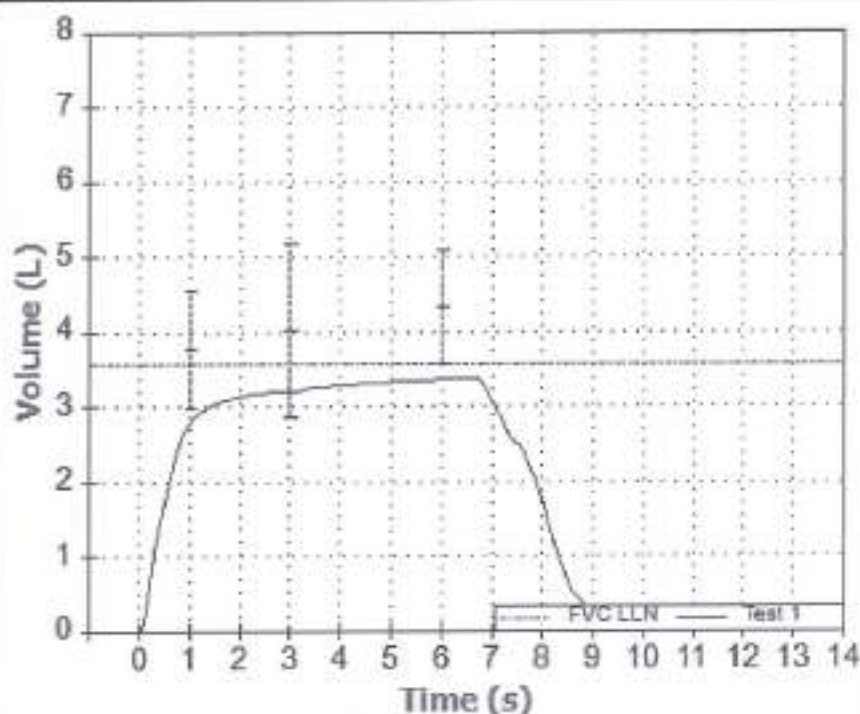
Test Session Information

Test Date:	11/2/2025 10:22	Device:	ALPHA Touch	Serial Number:	32166
No. of Tests:	2	Accuracy Chk:	5/30/2019 15:42	User:	Administrator
Pred. Values:	Golshan	Pred. Factor:	100%	Posture:	Sitting

Flow/Volume Graph



Volume/Time Graph



Results

Parameter	Pred	LLN	ATS/ERS Best	% Pred.	Z-Score
FVC (L)	4.34	3.58	3.57*	82	-1.66
FEV1 (L)	3.76	2.97	2.84*	76	-1.91
FEV1 Ratio	0.80	0.68	0.79	99	-0.14
FEV6 (L)	4.34	3.58	3.55*	82	-1.70
PEF (L/min)	591	425	288*	49	-2.99
FEF25-75 (L/s)	4.73	3.68	3.00*	63	-2.70

Values at BTPS, *Below lower limit of normality (LLN)

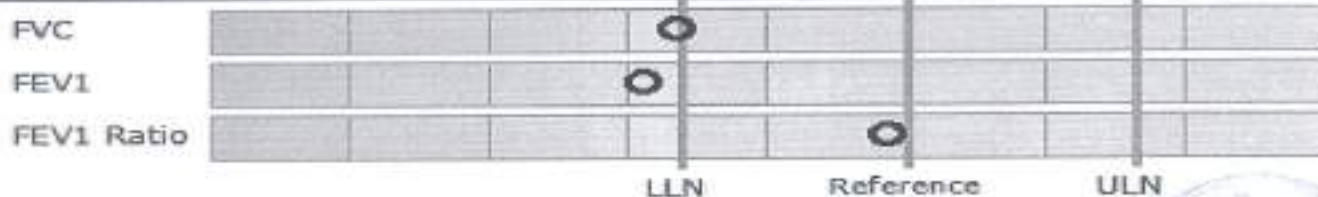
Session Quality and Repeatability Information

Session Grade	FVC Rep:	FEV1 Rep:	Slow Start of test	End of test criteria not achieved	Cough detected in 1st second
C	0.19 L (5.3%)	0.30 L (10.6%)	1 blow(s)	0 blow(s)	0 blow(s)

Computer Suggested Interpretation

Computer interpretations cannot be relied upon for diagnosis. Normal ventilatory function.

Reference Pictogram



ID: 501447798

Al Mubari, Ahmed Khams

Male 25/11/1984 (40 yr) Unknown

Height: - cm Weight: - kg BP: 0/0 mmHg

Med:

Tech:

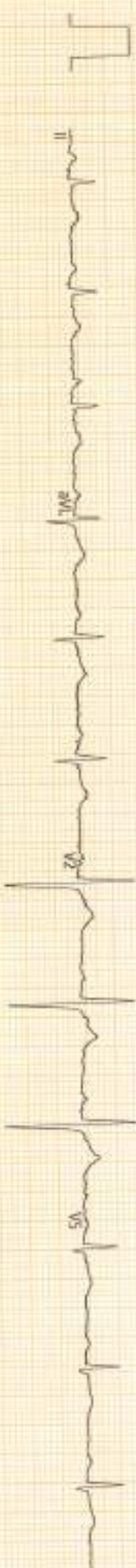
Note:

02/11/2025 10:33:51

HR:	72 bpm	(822 ms)	Rest/5s:	0.68/0.33 mV
PR:	174 ms		Sok Lyon:	1.00 mV
QRS:	92 ms		Avis:	21/55/9 °
QT/QTc:	396/411 ms			
P/TP/Te	182/116 ms			

Sinus rhythm
Normal ECG

UNCONFIRMED REPORT



Doc:

Zsornits, Ildunov/mv LP-40Hz AC-50Hz Cardiolite ECG2005 v 2.5.0.17528

Framingham Risk Score (2008)

Questions

- | | |
|---|------------------|
| 1. Gender? | Male |
| 2. Age? | 40-44 |
| 3. Total Cholesterol? | 5.16-6.19 mmol/L |
| 4. HDL? | 1.30-1.55 mmol/L |
| 5. Systolic Blood Pressure? | <120 mmHg |
| 6. On Medication for Hypertension? | No |
| 7. Smoker? | No |
| 8. Diabetic? | No |
| 9. Known Vascular Disease (CAD, PVD, S... | No |

About

The FRS estimates the 10-year risk of manifesting clinical CVD (CAD, Stroke, PVD, CHF, cardiac death). Although not examined in the 2008 model, it is common practice to double the FRS if there is a FHx of premature CAD in a 1st degree relative (men <55y, women <65y).

*The risk stratification tool for the ESC is the SCORE system which estimates 10y risk of CVD death. Patients with a 10y risk of CVD death ≥5% are considered high risk. The lipid guidelines recognize risk equivalents as a distinct category that warrant immediate treatment. For patients with an ESC SCORE ≥ 5% a 3 month trial of lifestyle measures is a reasonable starting point. If after 3 months the lipids remain above moderate risk targets and the SCORE remains ≥ 5% then intensive therapy to reach high risk targets is recommended.

References

Ralph B. D'Agostino, Sr, Ramachandran S. Vasan, Michael J. Pencina, Philip A. Wolf, Mark Cobain, Joseph M. Massaro and William B. Kannel.
General cardiovascular risk profile for use in primary care: the Framingham Heart Study.
Circulation 2008 February 12, 117 (6): 743-53

McPherson R et al.
Canadian Cardiovascular Society position statement—
recommendations for the diagnosis and treatment of dyslipidemia
and prevention of cardiovascular disease.
Canadian Journal of Cardiology 2006, 22 (11): 913-27

Management of Blood Cholesterol in Adults: Systematic Evidence
Review from the Cholesterol Expert Panel.

Ian Graham et al.
European guidelines on cardiovascular disease prevention in clinical
practice: executive summary: Fourth Joint Task Force of the
European Society of Cardiology and Other Societies on
Cardiovascular Disease Prevention in Clinical Practice (Constituted
by representatives of nine societies and by invited experts).
European Heart Journal, Volume 28, Issue 19, October 2007, Pages
2375-2414

The Framingham Risk Score (2008) calculator is created by QxMD.

Estimated 10-year Global CVD Risk

3.3%

Risk Category

Low Risk

Estimated Vascular Age

38 Years

Treatment Guidelines

ATP-III (2004)

Treatment Targets

LDL <160 mg/dL (<4.14 mmol/L)

Non-HDL <190 mg/dL (<4.93 mmol/L)

CCS (2009)

Initiate Pharmacotherapy if

LDL >5 mmol/L (>193 mg/dL)

TChol/HDL-C >6 mmol/L (>231 mg/dL)

Treatment Targets

≥50 % decrease in LDL-C

ESC (2007, see Info for more)

Treatment Targets

LDL <3 mmol/L (<120 mg/dL)

TChol <5 mmol/L (<194 mg/dL)

Created by QxMD



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