

MEDICAL EVALUATION REPORT FOR OQ CONTRACTORS - SUMMARY



CANDIDATE / EMPLOYEE IDENTIFICATION				
Civil ID / Passport #	Company ID #	Name		Position
89078772		KESAR SINGH		
Nationality	Age	Sex	Company	Location
INDIAN	54	M		

EXAMINATION TYPE				
Examination	☐ Pre-employment	☐ Periodic	☐ Exit	

VITAL SIGNS & BODY MEASURES				
Blood Pressure Category:	☒ Normal	☐ Prehypertension	☐ Hypertension Stage 1	☐ Hypertension Stage 2
BMI Category:	☐ Underweight	☒ Normal	☐ Overweight	☐ Obese
Remarks:				

VISUAL TEST				
Visual Acuity Test	RT	LT	Visual Field Test	☒ Normal
Colour Vision Test	☒ Normal	☐ Abnormal	Stereoscopic Vision Test	☒ Normal
Pre-existing condition:				
Remarks:				

RESPIRATORY SYSTEM				
Spirometry Test	☒ Normal	☐ Abnormal	Chest X Ray	☒ Normal
Pre-existing condition:				
Remarks:				

ENT SYSTEM				
Audiometry Test	☒ Normal	☐ Abnormal	Otscopy	☒ Normal
Pre-existing condition:				
Remarks:				

CARDIOVASCULAR SYSTEM				
ECG Test	☒ Normal	☐ Abnormal	Physical Assessment	☒ Normal
Pre-existing condition:				
Remarks:				

NEUROLOGICAL SYSTEM				
Physical Assessment	☒ Normal	☐ Abnormal		
Pre-existing condition:				
Remarks:				

MUSCULOSKELETAL SYSTEM				
Physical Assessment	☒ Normal	☐ Abnormal	Lumbar X Ray	☐ Normal
Pre-existing condition:				
Remarks:				

LABORATORY INVESTIGATIONS				
Lab Tests:	☒ Normal	☐ Abnormal	If abnormal, please specify below	Blood Grouping
Pre-existing condition:				
Remarks:				

Glucose Level Category	☐ Normal 80 - 100 mg/dl	☐ Pre-diabetic 100 - 125 mg/dl	☐ Diabetic > 125 mg/dl
Cholesterol Risk Category	☐ Low Risk LDL is less 130 mg/dl	☐ Moderate Risk LDL 130-159 mg/dl	☐ High Risk LDL > 160 mg/dl
Routine Urine Analysis	☐ Normal	☐ Abnormal	Stool Analysis
			☐ Normal
			☐ Abnormal
			☐ Not Required

QUESTIONNAIRES	
Medical & Surgical History Questionnaire	Remarks
Respiratory Protection Questionnaire	Remarks
Hearing Conservation Questionnaire	Remarks
Screening Questionnaire	Remarks

Fagerstrom Test - Smoking	☐ Non-smoker	☐ Low dependence	☐ Low to Mod dependence	☐ Moderate dependence
CAGE Questionnaire Alcohol Use	☐ No use of alcohol	☐ Screening negative	☐ Clinically significant	
SF36-20 Self-reported Questionnaire	☐ No positive answers	☐ Positive answers Factor I (1 to 5)	☐ Positive answers Factor II (6 to 10)	
	☐ Positive answers Factor III (11 to 15)	☐ Positive answers Factor IV (16 to 20)		

Clinic Doctor Name	License #	Hospital/Clinic	Doctor Signature & Clinic Stamp

GENERAL PRACTITIONER
SAUD AL KAMAA HOSPITAL - SALALAH
OH LICENCE # 3353



PHYSICAL ASSESSMENT FORM



CANDIDATE / EMPLOYEE IDENTIFICATION					
Civil ID / Passport #	Company ID #	Name		Position	
89078772		KESAR SINGH			
Nationality	Age	Sex	Company	Location	
INDIAN	54	M			
VITAL SIGNS					
Height	168 cm	Weight	75 Kg	BMI	26.6
Pulse	74 /min	Medical Practitioner Name		Signature	
VISUAL SYSTEM					
Visual Acuity Test	Right: 6/6 Uncorrected	Left: 6/6 Uncorrected	Right: Corrected	Left: Corrected	
Colour Vision Test (Ishihara)	# of Plates passed	Inform the Plates if failed	Visual Fields Test	Stereoscopic Vision Test	
Date of Examination:		Medical Practitioner Name:		Signature:	
RESPIRATORY SYSTEM					
(1) Spirometry Test Smoking Status: ☐ Never ☐ Ever Used ☐ Current Patient's Posture During Test: ☐ Standing ☐ Sitting Diagnosis: ☐ Asthma ☐ COPD ☐ Other _____ Nose-Clips Used: ☐ Yes ☐ No					
Acceptability Criteria (per ATS/AACCP): ☐ Free from artifacts ☐ Satisfactory exhalation ☐ Good start ☐ NOT satisfactory			Reproducibility Criteria (per ATS/AACCP): ☐ >3 acceptable curves: FEV1 values within 0.15L (150 ml) ☐ Total of THREE to EIGHT tests performed ☐ The patient CAN NOT or SHOULD NOT explain		
The Patient Demonstrated: ☐ Good Effort ☐ Difficulty following instructions ☐ Ability to obtain only one good effort ☐ Poor Effort ☐ Cooperation					
Date of Examination:		Medical Practitioner Name:		Signature:	
(2) Chest Shape and Movement ☐ Normal If abnormal, describe below: _____ ☐ Abnormal ☐ Not Examined			(3) Chest Percussion ☒ Normal If abnormal, describe below: _____ ☐ Abnormal ☐ Not Examined		
(3) Air Entry in Both Lungs ☐ Normal If abnormal, describe below: _____ ☐ Abnormal ☐ Not Examined			(4) Breath sounds ☒ Normal If abnormal, describe below: _____ ☐ Abnormal ☐ Not Examined		
Date of Examination:		Physician Name:		Signature:	
ENT SYSTEM					
(1) Otoscopy					
Ear Canal Collapse	Right: ☒ Yes ☐ No ☐ Not Exam	Left: ☒ Yes ☐ No ☐ Not Exam	Eardrum Position	Right: ☒ Normal ☐ Retracted ☐ Bulging ☐ Not Exam	Whisper Test: ☒ Normal ☐ Abnormal ☐ Not Exam
Drainage	Right: ☒ Yes ☐ No ☐ Not Exam	Left: ☒ Yes ☐ No ☐ Unknown	Eardrum Vascularity	Right: ☒ Normal ☐ Retracted ☐ Bulging ☐ Not Exam	Rinne Test: ☒ Normal ☐ Abnormal ☐ Not Exam
Perforation	Right: ☒ Yes ☐ No ☐ Not Exam	Left: ☒ Yes ☐ No ☐ Not Exam		Right: ☒ Normal ☐ Considerable ☐ Mid ☐ Not Exam	Weber Test: ☒ Normal ☐ Abnormal ☐ Not Exam
Commen	Right: ☒ Free ☐ A lot ☐ Not Exam	Left: ☒ Free ☐ A lot ☐ Not Exam		Left: ☒ Normal ☐ Considerable ☐ Mid ☐ Not Exam	
Audiologist Name: _____ Signature: _____				Acoustimetry Done: ☐ Yes ☐ No	

Dr. RAMANATHAN.C
M.B.B.S., M.S., D.L.O. FAGE
SPECIALIST IN ENT
SADR AL SAMAA HOSPITAL - SALALAH
MOH LICENCE # 13347



FITNESS TO WORK CERTIFICATE - OQ CONTRACTORS



EMPLOYEE IDENTIFICATION				
Civil ID / Passport #	Company ID #	Name		Position
89078772		KESAR SINGH		
Nationality	Age	Sex	Company	Location
INDIAN	54	M		

EXAMINATION TYPE		
☐ Pre-employment Examination (PRE)	☒ Periodic Medical Examination (PME)	☐ Post-absence Examination
☐ Change of Position Examination	☐ Exit Examination	☐ Critical Activities Examination
☐ Emergency Response Team	☐ Traveling Examination	☐ Medical Surveillance

Medical Suitability for Work	
Medical Suitability for Work	☒ Fit to work ☐ Fit with following restrictions ☐ Pending Fitness ☐ Not fit to work



Restrictions

☐ Working at height	☐ Pulling, pushing or carrying weight
☐ Working in confined space	☐ Ascend/descend ladders and stairs
☐ Working with electricity	☐ Walking or standing for long distance/period
☐ Working near rotating machinery	☐ Repetitive movements
☐ Working in noise area	☐ Mobile machinery operation
☐ Working in extreme heat	☐ Heavy lifting operation
☐ Handling chemical products	☐ Driving vehicle
☐ Use of respirator	☐ Emergency response duty

Other, specify

New Position	New Function	New Department
NA	NA	NA

Examination Date	Exams Performed

Medical Review Date	Employee Signature

Doctor Name	Medical License	Medical Doctor Signature
11/06/2025	Dr. SALAH IBRAHIM Hospital - 22 GENERAL PRACTITIONER BAP AL SAMAA HOSPITAL - 5011 REFERENCE = 1153	

OQ - Occupational Health Department



SCREENING QUESTIONNAIRE



CANDIDATE / EMPLOYEE IDENTIFICATION				
Civil ID / Passport #	Company ID #	Name		Position
89078772		KESAR SINGH		
Nationality	Age	Sex	Company	Location
INDIAN	54	M		

FAGERSTROM TEST				
Do you smoke? ☐ Yes ☒ No				
If YES, Please answer the following:				
How soon after waking up do you smoke your first cigarette?	☒ >60min	☐ 31-60min	☐ 6-30min	☐ <5 minutes
Do you find it difficult to avoid smoking where it is forbidden, such as work places, cinemas, shopping etc?	☐ Yes	☒ No		
What's the most difficult cigarette to quit or not to smoke	☒ Anyone	☐ The first in the morning		
How many cigarettes do you smoke per day	☒ <10	☐ 11-20	☐ 21-30	☐ >31
Do you smoke more frequently the first hours of the day than the rest of the day	☐ Yes	☒ No		
Do you smoke even when you're sick and have to stay in the bed most part of the day	☐ Yes	☒ No		

CAGE QUESTIONNAIRE				
Do you drink alcohol? ☐ Yes ☒ No				
If YES, Please answer the following:				
Did you ever feel that you should decrease the amount of drinks or cut down (stop) drinking?	☐ Yes	☒ No		
Do people bother you because they criticize the way you drink?	☐ Yes	☒ No		
Do you feel guilty or upset with yourself with the way you use to drink	☐ Yes	☒ No		
Do you drink in the morning to feel less nervous or decrease the hang over	☐ Yes	☒ No		
Have you had any problems related to alcohol	☐ Yes	☒ No		
Did you drink in the last 24 hours	☐ Yes	☒ No		

FATIGUE QUESTIONNAIRE				
Have you noticed that you are feeling tired recently ☐ Yes ☒ No				
Have you been feeling a lack of energy ☐ Yes ☒ No				
If YES, Please answer the following:				
For how many days did you feel tired or with lack of energy in the last week	☐ 1 day	☐ 2 days	☐ 3 days	☐ > 3 days
Did you feel tired or with lack of energy for more than 3 hrs in some days last week?	☐ 1 hour	☐ 2 hours	☐ 3 hours	☐ > 3 hours
Did you feel so tired that you had to make some effort to do things last week	☐ Yes	☒ No		
Did you feel tired or with lack of energy doing things you like last week	☐ Yes	☒ No		

SELF-REPORTING QUESTIONNAIRE (SRQ-20)				
1 Do you have trouble thinking clearly?	☐ Yes ☒ No	11 Is your digestion not good?	☐ Yes ☒ No	
2 Do you find it hard to like your daily work?	☐ Yes ☒ No	12 Do you have unpleasant sensations in your stomach?	☐ Yes ☒ No	
3 Do you find difficult taking decisions?	☐ Yes ☒ No	13 Do you get scared easily?	☐ Yes ☒ No	
4 Is your daily work a suffering?	☐ Yes ☒ No	14 Do you feel nervous, tense or worried?	☐ Yes ☒ No	
5 Do you feel tired all the time?	☐ Yes ☒ No	15 Do you feel unhappy?	☐ Yes ☒ No	
6 Are you easily tired?	☐ Yes ☒ No	16 Do you cry more than usual?	☐ Yes ☒ No	
7 Do you have frequent headaches?	☐ Yes ☒ No	17 Has the thought of ending your life been in your mind?	☐ Yes ☒ No	
8 Do you feel lack of hunger?	☐ Yes ☒ No	18 Do you find it difficult to perform your work?	☐ Yes ☒ No	
9 Do you sleep badly?	☐ Yes ☒ No	19 Have you lost interest in things?	☐ Yes ☒ No	
10 Do your hands tremble?	☐ Yes ☒ No	20 Do you feel you're worthless?	☐ Yes ☒ No	

Date: 11/06/2025

Candidate/Employee Signature



RESPIRATORY PROTECTION MEDICAL EVALUATION QUESTIONNAIRE - OSHA

Do you use a respirator? ☐ YES ☒ NO What type ☐ Disposable mask ☐ Cartridge Mask ☐ SCBA

1. Do you currently smoke tobacco, or have you smoked tobacco in the last month? ☐ YES ☒ NO

2. Have you ever had any of the following conditions?

1 YES ~~1~~ NO n. Spitzans 1 YES ~~1~~ NO c. Trouble smelling odors 1 YES ~~1~~ NO n. Claustrophobia (fear of closed in places)

☐ YES ☒ NO b. Diabetes (sugar disease) ☐ YES ☒ NO d. Allergic reactions that interfere with your breathing

3. Have you ever had any of the following pulmonary or lung problems?

☐ YES ☒ NO	a. Asbestosis	☐ YES ☒ NO	h. Pneumonia	☐ YES ☒ NO	i. Broken ribs
☐ YES ☒ NO	b. Asthma	☐ YES ☒ NO	f. Tuberculosis	☐ YES ☒ NO	j. Pneumothorax (collapsed lung)
☐ YES ☒ NO	c. Chronic bronchitis	☐ YES ☒ NO	g. Silicosis	☐ YES ☒ NO	k. Any chest injuries or surgeries
☐ YES ☒ NO	d. Emphysema	☐ YES ☒ NO	h. Lung cancer	☐ YES ☒ NO	l. Any other lung problem that you have been told about

4. Do you currently have any of the following symptoms of pulmonary or lung illness?

☐ YES ☒ NO	a. Shortness of breath	☐ YES ☒ NO	h. Coughing that wakes you early in the morning
☐ YES ☒ NO	b. Shortness of breath when walking fast on level ground or walking up a slight hill or incline	☐ YES ☒ NO	i. Coughing that occurs mostly when you are lying down
☐ YES ☒ NO	c. Shortness of breath when walking with other people at an ordinary pace on level ground	☐ YES ☒ NO	j. Coughing up blood in the last month
☐ YES ☒ NO	d. Have to stop for breath when walking at your own pace on level ground	☐ YES ☒ NO	k. Wheezing
☐ YES ☒ NO	e. Shortness of breath when washing or dressing yourself	☐ YES ☒ NO	l. Wheezing that interferes with your job
☐ YES ☒ NO	f. Shortness of breath that interferes with your job	☐ YES ☒ NO	m. Chest pain when you breathe deeply
☐ YES ☒ NO	g. Coughing that produces phlegm (thick sputum)	☐ YES ☒ NO	n. Any other symptoms that you think may be related to lung problems

5. Have you ever had any of the following cardiovascular or heart problems?

☐ YES ☒ NO	a. Heart attack	☐ YES ☒ NO	e. Swelling in your legs or feet (not caused by walking)
☐ YES ☒ NO	b. Stroke	☐ YES ☒ NO	f. Heart arrhythmia
☐ YES ☒ NO	c. Angina	☐ YES ☒ NO	g. High blood pressure
☐ YES ☒ NO	d. Heart failure	☐ YES ☒ NO	h. Any other heart problems that you've been told about

5. Have you ever had any of the following cardiovascular or heart symptoms?

☐ YES ☒ NO a. Frequent pain or tightness in your chest ☐ YES ☒ NO e. Heartburn or indigestion that is not related to eating
☐ YES ☒ NO b. Pain or tightness in your chest during physical activity ☐ YES ☒ NO f. Any other symptoms that you think might be related to heart
☐ YES ☒ NO c. Pain or tightness in your chest that interferes with your job
☐ YES ☒ NO d. In the past two years, have you noticed your heart skipping or missing a beat

7. Do you currently take medication for any of the following problems?

☐ YES ☒ NO	a. Breathing or lung problems	☐ YES ☒ NO	c. Blood pressure
☐ YES ☒ NO	b. Heart trouble	☐ YES ☒ NO	d. Sores/ulcers (Hb)

8. If you've used a respirator, have you ever had any of the following problems?

☐ YES ☒ NO a. Eye irritation
☐ YES ☒ NO b. Skin allergies or rashes
☐ YES ☒ NO c. Anxiety
☐ YES ☒ NO d. General weakness or fatigue
☐ YES ☒ NO e. Any other problem that interferes with your use of a respirator

Date: 11/16/20

Candidate/Employee Sign: _____





11/06/2025

TO WHOM SO EVER IT MAY CONCERN

Name of the Patient : KESAR SINGH

Date of Birth : 25/12/1971

Nationality : INDIAN

Civil No : 89078772

Height : 168 CM

Weight : 75 KG

Bp : 130/80 mmHg

Pulse : 74 bpm

This is to certify that, **Mr. KESAR SINGH**

underwent Medical examination, Chest X-Ray and Laboratory tests (Haemogram, RBS, LFT, RFT, and Urine Routine Examination) and results are found to be Normal. Sickling Test found Negative.

He is **MEDICALLY FIT.**



Dr. Seal & Sign



DEPARTMENT OF LABORATORY MEDICINE, SALALAH

File No: 6925214

Name: KESAR SINGH

Address:

Gender: M Age: 54 Y Nationality: INDIAN

GSM No.: 72063407 ID Card No.: 89078772

Report No: 7023621

Sample Date: 11/06/2025

Time: 09:25

Report Date: 11/06/2025

Time: 10:25

Bill No: 7521450

Bill Date: 11/06/2025

Ref. By: DR SALIH I SALIH

Test	Result	Normal Range
ETHYL ALCOHOL IN BLOOD	< 10.0	< 13mg/dl : NOT DETECTED

BADR

Medical Technologist

Printed at : 11/06/2025

Page : 1 of 2

Clinical Pathologist



Headquarters:

CR. No. 1693808, RB No. 443, P.C. 112,

Rural, Sultanate of Oman, Tel: +968 24799760, Fax: 24799765

Al Khurai: 24488322 | Sohar: 26846600 | Al Khoud: 24546009 | Salalah: 23291830

Barka: 26884910 | Suir: 23546112 | Nizwa: 25447777 | Fatg: 26754131

Email: info@badralsamaahospital.com

المقر الرئيسي:

س. ت. ر. ١٦٩٣٨٠٨، ص. ب. ٤٤٣، الرمز البريدي: ١١٢

روي سلطنة عمان، هاتف: ٢٤٧٩٩٧٦٠، فاكس: ٢٤٧٩٩٧٦٥

الكوبر: ٢٤٤٨٨٣٢٢ | صخر: ٢٦٨٤٦٦٠٠ | الخوض: ٢٤٥٤٦٠٠٩ | صلالة: ٢٣٢٩١٨٣٠

بركاء: ٢٦٨٨٤٩١٠ | صور: ٢٥٤٦١٣١ | نوي: ٢٥٤٧٧٧٧ | الفج: ٢٦٧٥٤١٣١

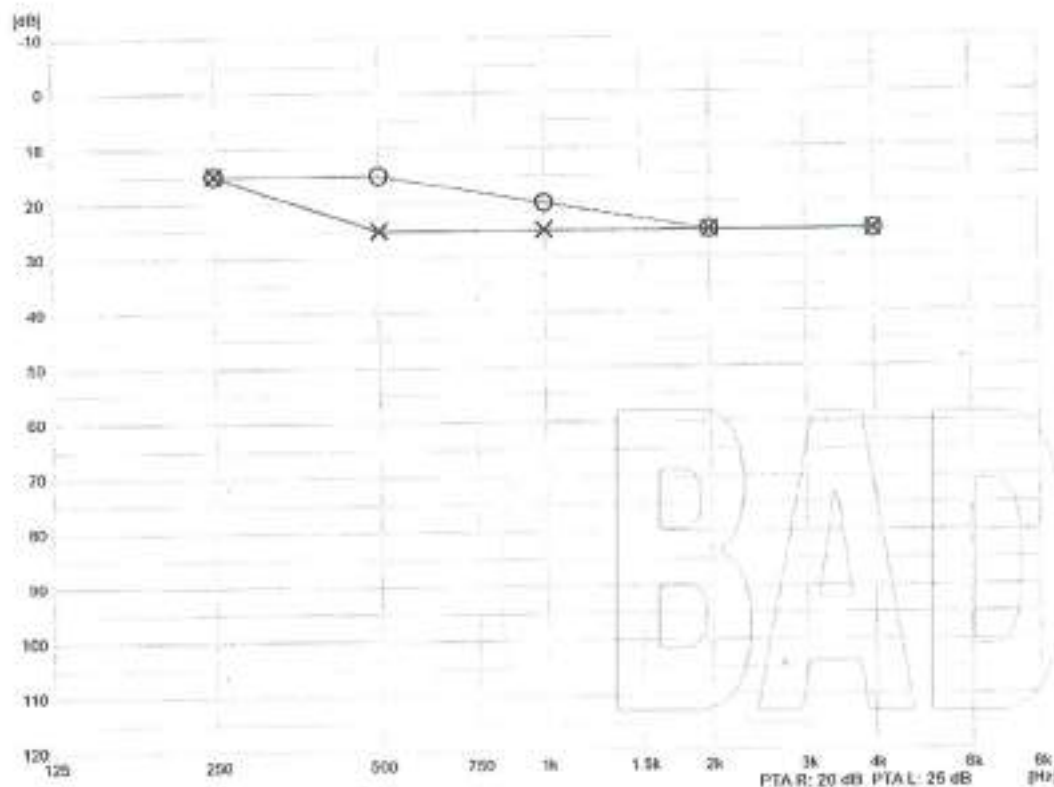
البريد الإلكتروني: info@badralsamaahospital.com



By Appointment and
 Special Clinics for Hearing
 Badr Al Samaa Hospital, Salalah, Oman

Code: 6925214 Last name, First name: KESAR SINGH Born: 25/12/1971

Test type: Tonal audiometry Test date: 11/06/2025



Legend	R	L
Air	○	×
AirMasked	△	□
Bone	<	>
BoneMasked	[	]
MCL	M	M
UCL	m	m
Free Field	∅	%
Free FieldMasked	A	A
Binaural	B	
No response	I	



Comments

NORMAL HEARING R

Dr. RAMANATHAN.C
 M.B.B.S., M.S., OLO, FRCG
 SPECIALIST ENT
 BADR AL SAMAA HOSPITAL - SALALAH
 MOH LICENCE # 13347

Signature

Date: 11/06/2025

Helped by Helderz - version 43, 2019 - www.helderzbaomedics.com

Headquarters:

CR No. 1693808, PB No. 443, PC, 112,
 Ruwi, Sultanate of Oman, Tel: +968 24799760, Fax: 24799765
 Al Khurair: 24488122 | Sohar: 26846660 | Al Khoud: 24546099 | Salalah: 21291830
 Barka: 26884910 | Sur: 25546112 | Nizwa: 25447777 | Falaj: 26754133
 Email: info@badralsamaahospital.com

المقر الرئيسي:

س.ت.د. : ٢٩٣٨٠٨ ص. ب. : ٤٤٣ - الرومي الجديد : ١١٢
 روي، سلطنة عمان، هاتف: ٢٤٧٩٩٧٦٠ / فاكس: ٢٤٧٩٩٧٦٥
 الخور: ٢٤٤٨٨١٢٢ / صور: ٢٥٥٤٦١١٢ / نوا: ٢٥٤٤٧٧٧٧ / الفج: ٢٦٧٥٤١٣٣
 البركاء: ٢٦٨٨٤٩١٠ / السوا: ٢٤٥٤٦١١٢ / الخود: ٢٤٥٤٦٠٩٩ / الخوير: ٢٤٤٨٨١٢٢ / صلالة: ٢١٢٩١٨٣٠
 البريد الإلكتروني: info@badralsamaahospital.com



DEPARTMENT OF LABORATORY MEDICINE, SALALAH

File No: 6925214

Name: KESAR SINGH

Address:

Gender: M Age: 54 Y Nationality: INDIAN

GSM No.: 72063407 ID Card No.: 89078772

Report No: 7023621

Sample Date: 11/06/2025

Time: 09:25

Report Date: 11/06/2025

Time: 10:25

Bill No: 7521450

Bill Date: 11/06/2025

Ref. By: DR SALIH I SALIH

Test	Result	Normal Range
------	--------	--------------

DRUG SCREENING IN URINE

COCAINE	NEGATIVE	
AMPHETAMINE	NEGATIVE	
METHAMPHETAMINE	NEGATIVE	
MARIJUANA	NEGATIVE	
METHADONE	NEGATIVE	
MORPHINE	NEGATIVE	
PHENCYCLIDINE	NEGATIVE	
BARBITURATES	NEGATIVE	
BENZODIAZEPINES	NEGATIVE	
TRICYCLIC ANTIDEPRESSANTS	NEGATIVE	

Medical Technologist

Printed at : 11/06/2025

Page : 1 of 2

Clinical Pathologist



Headquarters:

CR. No. 1693888, P8 No. 643, PC. 112,

Ruw. Sultanate of Oman, Tel: +968 24799766, Fax: 24799765

Al Khuman : 24488322 | Salala : 26846660 | Al Rhood : 24546099 | Salalah : 23291820

Barka : 26884910 | Sur : 25546112 | Nizwa : 25447777 | Falaj : 26794131

Email: info@badrahamaahospitals.com

المقر الرئيسي :

س. ت. 1693888، ص. ب. 643، الطرمز الجديد، ع

روي، سلطنة عمان، هاتف : 24799766، فاكس : 24799765

الخمر : 24488322 | صلالة : 26846660 | الرهود : 24546099 | السلالة : 23291820

بركة : 26884910 | صور : 25546112 | نزوى : 25447777 | فالج : 26794131

البريد الإلكتروني: info@badrahamaahospitals.com



DEPARTMENT OF LABORATORY MEDICINE, SALALAH

File No: 6925214
Name: KESAR SINGH
Address:
Gender: M Age: 54 Y Nationality: INDIAN
GSM No.: 72063407 ID Card No.: 89078772

Report No: 7023621
Sample Date: 11/06/2025 Time: 09:25
Report Date: 11/06/2025 Time: 10:25
Bill No: 7521450 Bill Date: 11/06/2025
Ref. By: DR SALIH I SALIH

Test	Result
------	--------

URINE ROUTINE EXAMINATION

PHYSICAL & CHEMICAL EXAMINATION

COLOUR	Pale Yellow
SP. GRAVITY	1.020
REACTION	Acidic(6.0)
PROTEIN	Nil
SUGAR	Nil
KETONE	Nil
UROBILINOGEN	Negative
BILIRUBIN	Nil
NITRATE	NEGATIVE

MICROSCOPIC EXAMINATION

R.B.Cs	Nil / HPF
PUS CELLS	1-2 / HPF
EPITHELIAL CELLS	1-2 / HPF
CASTS	Nil / HPF
CRYSTALS	Nil/HPF
PARASITES	Nil/HPF
OTHER FINDINGS	Nil/ HPF

Medical Teshnologist



Clinical Pathologist

Printed at:11/06/2025

Page : 1 of 1



DEPARTMENT OF LABORATORY MEDICINE, SALALAH

File No: 6925214
 Name: KESAR SINGH

Report No: 7023621
 Sample Date: 11/06/2025 Time: 09:25
 Report Date: 11/06/2025 Time: 10:25
 Bill No: 7521450 Bill Date: 11/06/2025
 Ref. By: DR SALIH I SALIH

Address:
 Gender: M Age: 54 Y Nationality: INDIAN
 GSM No.: 72063407 ID Card No.: 89078772

Test	Result	Normal Range
SGPT (ALT)	25 IU/L	Up to 41 IU / L
TOTAL BILIRUBIN	10.26 umol/L (0.60 mg/dl)	Up to 17 umol/l Up to 1.0 mg/dl
DIRECT BILIRUBIN	3.76 umol/L (0.22 mg/dl)	Up to 5 umol/l Up to 0.3 mg/dl
INDIRECT BILIRUBIN	6.5 umol/L (0.38 mg/dl)	Upto 12 umol/L Up to 0.7 mg/dl
PROTEIN TOTAL	75 gm/L (7.5 gm/dl)	60 - 83 gm/L 6.0 - 8.3 gm/d l
ALBUMIN	48 gm/L (4.8 gm/dl)	32 - 50 gm/L 3.2 - 5.0 gm/dl
GLOBULIN	27 gm/L (2.7 gm/dl)	23 - 35 gm /L 2.3 - 3.5 gm/dl
SICKLING TEST	NEGATIVE	

LIPID PROFILE

CHOLESTEROL [TOTAL]	3.1 mmol/L (120 mg/dl)	upto 5.17 mmol/L	up to 200 mg/dl
CHOLESTEROL [HDL]	0.78 mmol/L (30 mg/dl)	> 1.03 mmol/l	> 40 mg/dl
CHOLESTEROL [LDL]	1.97 mmol/l (76.2 mg/dl)	Upto 3.36 mmol/l	Up to 130 mg/dl
CHOLESTEROL [VLDL]	0.36 mmol/l (13.8 mg/dl)	Upto 1.29 mmol/l	up to 50 mg/dl
TRIGLYCERIDES	0.78 mmol/L (69 mg/dl)	up to 2.26 mmol/L	up to 200 mg/dl

Medical Technologist

Clinical Pathologist

printed at:11/06/2025

Page : 2 of 2





DEPARTMENT OF LABORATORY MEDICINE, SALALAH

File No: 6925214

Name: KESAR SINGH

Address:

Gender: M Age: 54 Y Nationality: INDIAN

GSM No.: 72063407 ID Card No.: 89078772

Report No: 7023621

Sample Date: 11/06/2025

Time: 09:25

Report Date: 11/06/2025

Time: 10:25

Bill No: 7521450

Bill Date: 11/06/2025

Ref. By: DR SALIH I SALIH

Test	Result	Normal Range
HAEMOGRAM		
TOTAL COUNT(W B C)	11 K/uL	4.0 - 11.0 K/uL
DIFFERENTIAL COUNT		
NEUTROPHILS	50 %	40- 75 %
LYMPHOCYTES	40 %	20 -45 %
EOSINOPHILS	02 %	01 - 06 %
MONOCYTS	03 %	02 - 10 %
BASOPHILS	00 %	
HAEMOGLOBIN	16 gm/dl	Male : 14 - 18 gm/dl Female - 12-16 gm/dl
R B C COUNT	5.87 mil/uL	3.8 - 5.8 mil/uL
PCV	48.6 %	37 - 47 %
M C V	82.7 fL	78 - 93 fL
M C H	28.3 pg	27 - 32 pg
M C H C	32.3 gm/dL	31 - 35 gm/dL
PLATELET COUNT	200 k/Ul	150 - 400 k/Ul
BLOOD SUGAR [RANDOM]	5.16 mmol/L (112 mg/dl)	Upto 7.77 mmol/l Up to 140 mg/dl
RENAL FUNCTION TEST		
UREA	5.64 mmol/L (34 mg/dl)	2.6-8.0mmol/L 10 - 45 mg/dl
CREATININE	63.65 umol/L (0.72 mg/dl)	61.88-123.76 umol/L 0.7 - 1.4 mg/dl
URIC ACID	285.5 umol/L (4.8 mg/dl)	Male:202-416 umol/L , Male:3.4-7.0 mg/dl, Female:149-357 Female:2.5-6.0mg/dl umol/L
LIVER FUNCTION TEST		
ALKALINE PHOSPHATASE	88 U/L	Male :40 - 129 U/L Female:-35 -104 U/L Children:1y-9 y:145-420 U/L 10y-11y:30 -560 U/L
SGOT (AST)	17 IU/L	Up to 40 IU / L

Medical Technologist

Printed at : 11/06/2025

Page : 1 of 2

Headquarters:

CR. No. 1693808, P.B No. 443, P.C. 112,

Rureit, Sultanate of Oman, Tel: +968 24799760, Fax: 24799765

Al Khoud : 24488322 | Salalah : 26846660 | Al Khoud : 24546099 | Salalah : 23291830

Nizwa : 26884910 | Sur : 25546112 | Nizwa : 25447777 | Falsj : 26754131

Email: info@badralsamaa.hospital.com

Clinical Pathologist



المقر الرئيسي:

س.ب.د. 1693808، ص.ب. 443، ب.ج. 112،

روي، سلطنة عمان، هاتف: +968 24799760، فاكس: 24799765

الخور: 24488322 | صلالة: 26846660 | الخور: 24546099 | صلالة: 23291830

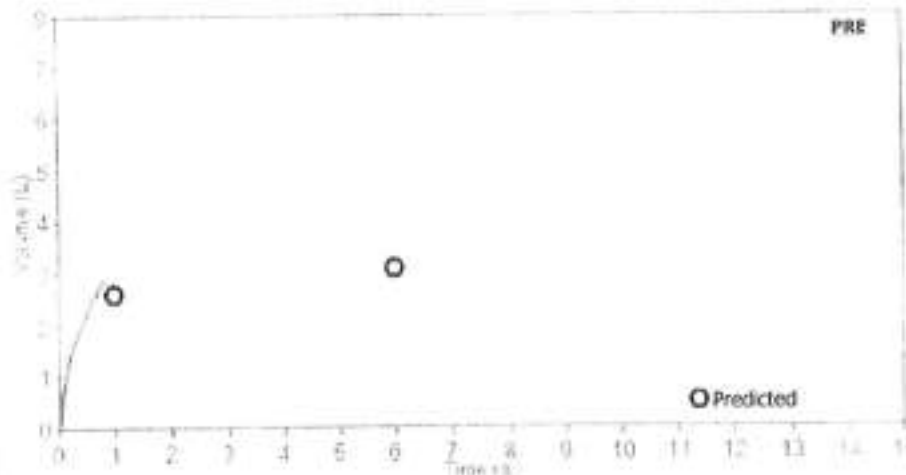
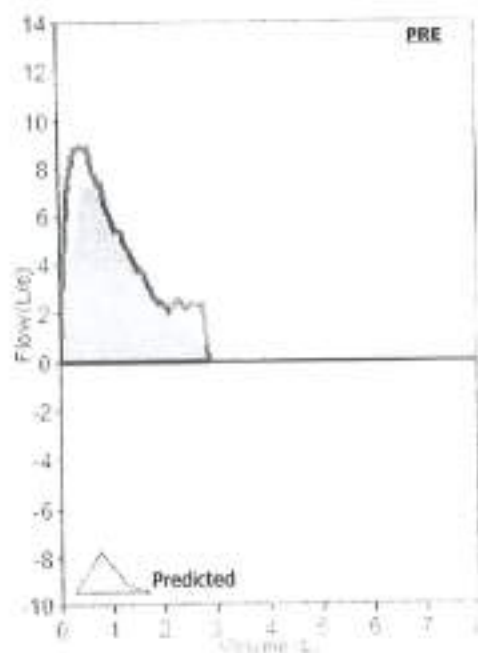
نصاء: 26884910 | صور: 25546112 | نصاء: 25447777 | فالج: 26754131

البريد الإلكتروني: info@badralsamaa.hospital.com

Pulmonary Function Test Results

Visit date 11/06/2025

Patient code	6925214	Age	54
Surname	Singh	Gender	Male
Name	Kesar	Height, cm	168
Date of birth	25/12/1971	Weight, kg	75
Ethnic group	Indian	BMI	26.6
Smoke	No	Pack-Year	0.5
Patient group			



Quality Control Grade: F
 0 Acceptable trials

Interpretation
 Normal Spirometry

PRE Trial date 11/06/2025

Parameters	LLN	Pred	Best	%Pred	Z-score	PRE # 1	PRE # 2	PRE # 3	POST	%Pred	%Chg
FVC	L	2.03	3.08	2.86*	93	-0.34	2.86		*		
FEV1	L	1.73	2.59	2.86*	110	0.51	2.86		*		
FEV1/FVC	%	74.9	85.1	100.0*	118	2.41	100.0		*		
PEF	L/s	4.11	7.53	9.05*	120	0.73	9.05		*		
ELA	Years		38	38	100		38				
FEF2575	L/s	1.47	3.25	3.77	116	0.48	3.77				
FET	s		6.00	0.81	14		0.81				
FIVC	L	2.03	3.08								
FEV1/VC	%	74.9	85.1								

*Best values from all loops - BTPS 1.092 25 °C (77 °F) - Predicted Knudson

Conclusion / Medical report

Signature



Instrument used
 spiromark II-BLE S/N U02906



X-RAY REPORT

Doc No:	6925214		
Name:	KESAR SINGH		
Age/DOB:	54 Y	Omani ID/ L.Card No::	89078772
Sex:	Male		
Referred By:	Dr. Mohamed Mounir Mahmoud		
Clinical Diagnosis:	NORMAL		
X-Ray/UltraSound	CHEST X-RAY		
Date:	11/06/2025		
X-Ray Film No:	682		
Bill No:	6985998		
Charge Sheet No:			

Both lung fields are normal

Both cp angles are clear

Mediastinal shadow and bony thorax are normal

Cardiac configuration is within normal limits

Conclusion: A normal X-ray appearance

Signature:

Dr. MOHAMED MOUNIR MAHMOUD
 Specialist radiologist
 MOH. Licence No: 18832





DEPARTMENT OF DIAGNOSTIC RADIOLOGY

Name	KESAR SINGH	Scan. No	3419760
Age	54 Years / male	Date	11/06/2025

Thanks for referral

Lumbar spine X RAY /AP and Lateral VIEW FINDINGS:

Mild to moderate narrowing At L4-L5 disk space.

The remaining vertebral bodies , disk spaces, lateral and spinous processes are within normal limits.

The alignment is normal with no fracture or dislocation.

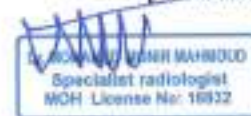
Normal appearance of the visualized soft tissue.

Impression:

Mild to moderate narrowing At L4-L5 disk space.

Dr. Mohamed mounir Mahmoud
 Radiology specialist

(Note: This modality is having its limitations and the report should be correlated with clinical and other relevant patient data)



ILD: 89078772

KESAR SINGH

Male 54 years

Req. No. :

11/06/2025

HR

P

PR

QRS

QT/QTcBz

P/QRS/T

RV5/SV1

11:20:58

: 80 bpm

: 93 ms

: 162 ms

: 85 ms

: 378/437 ms

: 60/7/50 °

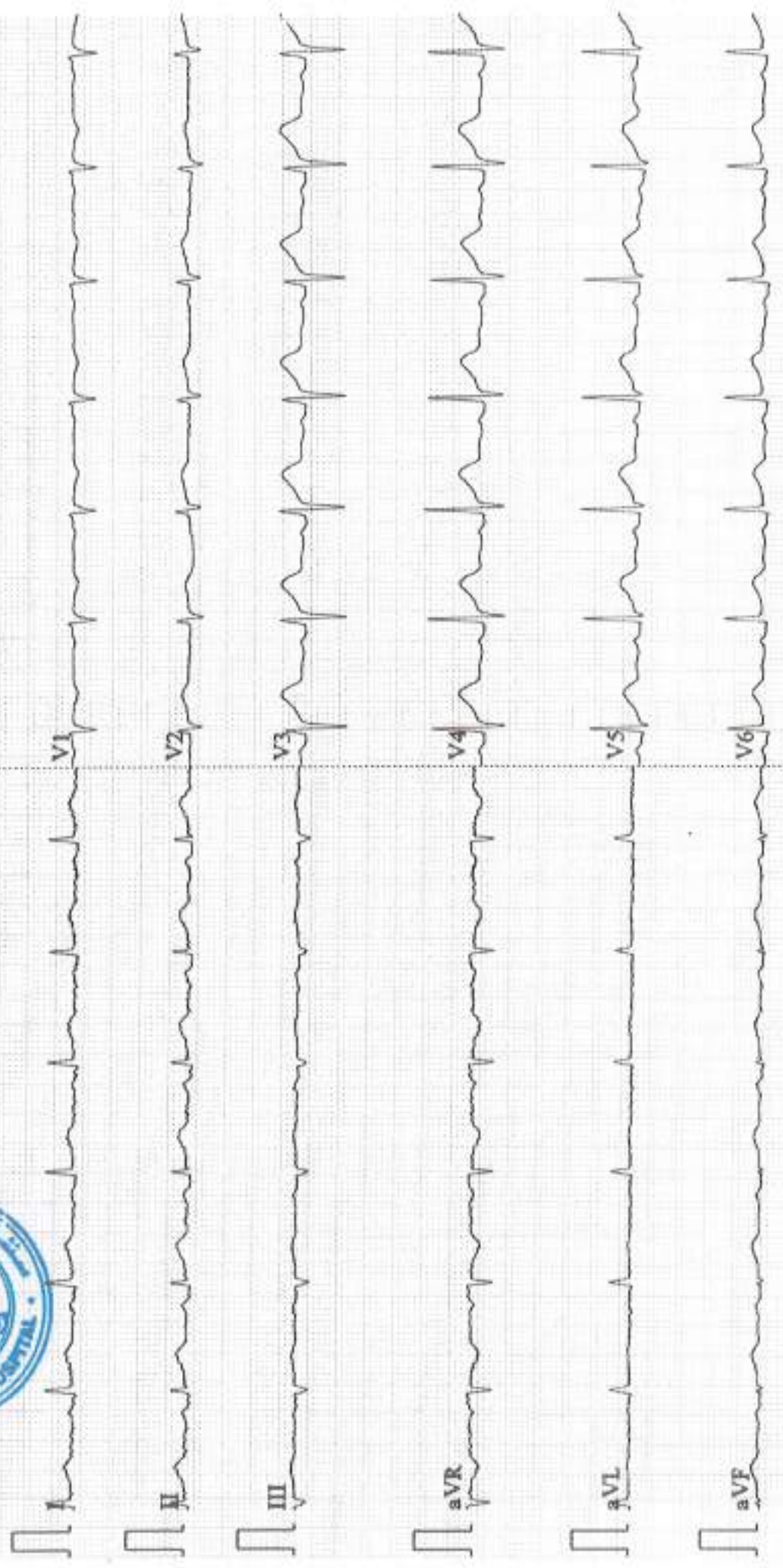
: 0.977/0.425 mV

Diagnosis Information:

Sinus Rhythm

Normal ECG

Report Confirmed by:



0s

5s

10s

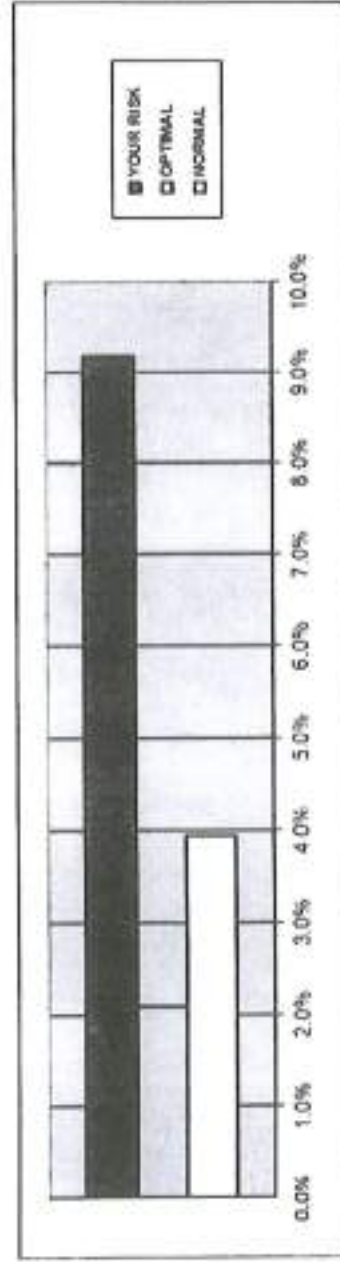
0.67-25Hz AC50 25mm/s 10mm/mV 2*5.0s V2.21 SEMIP V1.92 BADR AL SAMAA

General CVD Risk Prediction

Risk Factor	Units	(Type Over Placeholder Values in Each Cell)	Notes
Sex	male (m) or female (f)	m	
Age	years	54	
Systolic Blood Pressure	mmHg	120.0	
Treatment for Hypertension	yes (y) or no (n)	n	
Smoking	yes (y) or no (n)	y	
Diabetes	yes (y) or no (n)	n	
HDL	mg/dL	32	
Total Cholesterol	mg/dL	202	
Your 10-Year Risk			
(The risk score shown is derived on the basis of an equation. Other print products, use a point-based system to calculate a risk score that approximates the equation-based one.)			
9.2%			If value is < the minimum for the field, enter the minimum value. If value is > the maximum for the field, enter the maximum value.

Your Heart/Vascular Age

65



Calculator prepared by R.B.D' Agostino and M.J. Pencina Based on a publication by D'agostino et al. In Circulation
MR, KESAR SINGH
11-06-2025

