

Initial Medical Examination Report

INITIAL EXAMINATION REPORT (MEDICAL – CONFIDENTIAL)

Place of examination: Aster Hospital Ibra		Date: 25/09/2021	Surname: Joseph. George. George	
If a dependant enter employee's name here:		Home telephone number: 96282305	Forenames:	
Project: Turk Oman		Address:		
Birth date: 12/5/1965	Nationality: Indian	Country of birth: Indian	Religion:	
☐ Male ☐ Female	☐ Married ☐ Single ☐ Separated /Divorced	☐ Wife ☐ Son ☐ Daughter		Relationship to employee
Reason for examination		Number of children:		
Pre-Employment ☐ Job:		Pre-Overseas ☐ Area:		
Name and address of family doctor:		List your last 3 jobs		
		(1)		
Are you a Registered Disabled Person? (UK only) ☐		Do you belong to any Medical Insurance Scheme? ☐		
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)				
	Y	N	Y	N
1. Sinus trouble				
2. Neck swelling/glands				
3. Difficulty in vision				
4. Any ear discharge				
5. Asthma/bronchitis				
6. Hayfever /other significant allergy				
7. Any skin trouble				
8. Tuberculosis				
9. Shortness of breath				
10. Coughed/vomited blood				
11. Severe abdominal pain				
12. Stomach ulcer				
13. Recurrent indigestion				
14. Jaundice or hepatitis				
15. Gall Bladder disease				
16. Marked change in bowel habits				
17. Blood in stools (motions)				
18. Marked change in weight				
19. Varicose veins				
20. Lump in breast/ampit				
21. Cancer				
22. Heart Disease				
23. Rheumatic fever				
24. Abnormal heartbeat				
25. High blood pressure				
26. Stroke				
27. Serious chest pain				
28. Any blood disease				
29. Kidney disease				
30. Blood in urine				
31. Diabetes				
32. Headaches/migraine				
33. Dizziness/fainting				
34. Epilepsy				
35. Joints/spinal trouble				
36. Surgical operation				
37. Serious accident/fracture				
38. Tropical disease				
39. Fear of heights				
HAVE YOU EVER BEEN:-				
40. Rejected for employment or insurance for medical reasons				
41. Awarded benefits for industrial injury/illness				
42. Treated for a mental condition, e.g. depression				
43. Treated for problem drinking or drug abuse				
44. Exposed to toxic substance or noise				
FOR WOMEN ONLY				
Have you ever had:-				
45. An abnormal smear				
46. Any gynaecological treatment				
47. Are you pregnant?				
48. Have you had an illness not mentioned above				
How much tobacco each day? Average daily alcohol consumption				
Have you ever taken elicited drugs? () PDO test all new/potential employees for elicited/recreational drugs				
FAMILY HISTORY: Diabetes () Tuberculosis () Epilepsy () Asthma () Eczema ()				
Heart disease () High blood pressure () Stroke () Blood Disease () Cancer ()				
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-				
I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.				
Date: 25/09/2021	Signature of Applicant: [Signature]			

FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)		PHYSICAL EXAMINATION	
N	A		
✓		1. Eyes & Pupils	WALL
✓		2. E.N.T.	
✓		3. Teeth & Mouth	
✓		4. Lungs & Chest	
✓		5. Cardiovascular System	
✓		6. Abdo. Viscera	
✓		7. Hernial Orifices	
✓		8. Anus & Rectum	
✓		9. Genito-urinary	
✓		10. Extremities	
✓		11. Musculo-skeletal	
✓		12. Skin & Varicose Vns.	
✓		13. C.N.S.	

HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE	HEARING	VISION				Colour Vision	Blood Group																
181	80.8	24.4	130/80	85 /mins.	L R	<table border="1"> <thead> <tr> <th colspan="2">DISTANT</th> <th colspan="2">NEAR</th> </tr> <tr> <th>R</th> <th>L</th> <th>R</th> <th>L</th> </tr> </thead> <tr> <td>Uncorrected</td> <td>6/6</td> <td>6/6</td> <td>6/6</td> </tr> <tr> <td>Corrected</td> <td>6/6</td> <td>6/6</td> <td>6/6</td> </tr> </table>				DISTANT		NEAR		R	L	R	L	Uncorrected	6/6	6/6	6/6	Corrected	6/6	6/6	6/6		
DISTANT		NEAR																									
R	L	R	L																								
Uncorrected	6/6	6/6	6/6																								
Corrected	6/6	6/6	6/6																								

N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS	N	A
✓		1. Urinalysis	✓	
✓		2. Hb, Bloodcount, ESR		
✓		3. LFT, RFT, RBS	✓	
✓		4. Drug Screen	✓	
✓		5. Lipids (40 years +)		
✓		6. Sickle Cell test		

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

ASSESSMENT:

☒ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT

FIT WITH MEDICATIONS

Date: 25/09/2021 Name (Block Capitals): Dr. NANDANA

Signature: [Signature]

REVIEW/CONSULTATION

Date: Name (Block Capitals): Dr.

Signature:



Framingham Risk Assessment form

Framingham Risk Assessment (For all professional drivers, crane operators, forklift operator or other employees who are above 40 years of age).

Employee Name: Joseph George George

Emp #: 74574558

Date of Assessment: 25/09/22

1	Age	Years	
		56	
2	Gender	Female/Male	
		Male	
3	Total Cholesterol	mmol/L	
		5.87	
4	HDL Cholesterol	mmol/L	
		0.790	
5	Smoker	Yes/No	
		No	
6	Diabetes	Yes/No	
		No	
7	Systolic Blood pressure	mm Hg	
		120/80	
8	Is the patient being treated for High blood pressure?	Yes/No	
		No	

Framingham Risk score: 25-3 %

Framingham Risk Rating (Circle the appropriate score):

Low

Medium

High

Any further action or recommendations?

Assessment or Examination conducted by:

Dr. Ibrahim Al-Khair
LICENCE NO: 1215
Sultanate of Oman

Epworth Screening Quest. for Sleep Apnoea

Employee Data		Date: 25/09/2021
Name: Joseph George George	Department/Company: Tarek Oman	
I. D No. 74574558	Tel # 96282305	Occupation: Driver

This questionnaire will help identify if you have any health condition which may need a more detailed medical assessment as part of your fitness to work determination. If you have any queries please contact your local Health Services staff. All information provided on this form and during consultations remains strictly confidential. When further clinical evaluation is required following completion of a screening questionnaire, the details should be recorded on Q1 and E1 forms.

How likely are you to fall asleep in the following situations? (use 0 to 3 score as shown below)

- 0 Would never doze
 - 1 Slight chance of dozing
 - 2 Moderate chance of dozing
 - 3 High chance of dozing
- 0 sitting and reading
- 01 watching TV
- 0 sitting inactive in a public place (e.g. theatre or meeting)
- 0 as a passenger in the car for an hour without a break
- 0 Lying down to rest in the afternoon when circumstances permit
- 0 Sitting a talking with someone
- 0 Sitting quietly after lunch without alcohol
- 0 In a car, while stopped for a few minutes in traffic

Total 01

If you score a total of 15 or more you should seek advice from medical personnel on site before continuing to drive or operate machinery in the workplace.

Declaration: I (Print Name) certify that to the best of my knowledge the above information supplied by me is true and correct.

Signature: _____ **Date:** 25/09/2021

Fitness to Work Certificate

Employee Data		Date 25/09/2021	
Name Joseph George George		Department/Company Tuck Oman	
I.D No. 74574558	Age 56y	Occupation Driver	
Type of Medical Evaluation		Mark those applying ✓	
A1 Aircraft refuelling		A6 Fire / Emergency response team work	
A2 Breathing apparatus		A7 Professional driving	
A3 Business traveller		A8 Remote location work	
A4 Catering and food preparation		A9 Transfers – group A country	
A5 Crane or forklift driving & all heavy vehicles		A10 Transfers – group B country	
Health Advisor Statement : The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.			
Fit with no restrictions ✓ FIT WITH MEDICATION			
Fit with following restriction(s)			
The employee is fit for above work but should avoid the following task(s)	Temporary restriction	Permanent restriction	
Work near moving machinery or sharp edges			
Working at height			
Pulling, pushing, or carrying weight over ____ Kg			
Ascend/descend ladders or stairs			
Operate motor vehicles, forklifts or heavy machinery			
Use of a respirator			
Repetitive twisting of valves or wrenches			
Flying			
Other (Specify)			
Temporary Unfit until			
Permanently Unfit		Date	
Name of health advisor Dr. Nandani	Signature [Signature]	Date 25/09/2021	



DEPARTMENT OF LABORATORY MEDICINE

File No: 0236310
Name: JOSEPH GEROGE GEORGE
Address:
Gender: M **Age:** 56 Y **Nationality:** INDIAN
GSM No.: 96282305 **ID Card No.:** 74574558
Ref. By: EXTERNAL DOCTOR

Report No: 0583601
Sample Date: 25/09/2021 **Time:** 9:58
Received By: JIBI
Received Date: 25/09/2021 **Time:** 10:01
Report Date: 25/09/2021 **Time:** 12:50
Bill No: 0785868 **Bill Date:** 25/09/2021
Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
PDO MEDICAL CHECK UP ABOVE 40(truckoman)		
FBS (FASTING BLOOD SUGAR)	18.90 mmol/L	3.9 - 6.1
Method :- Hexokinase	340.2 mg/dL	70 - 110
LIPID PROFILE - SERUM		
CHOLESTEROL (TOTAL)	5.87 mmol/L	1 - 5.1
Method:-Enzymatic	226.93 mg/dl	40 - 200
HDL (HIGH DENSITY LIPOPROTEIN)	0.790 mmol/L	0.777 - 1.813
" "	30.54 mg/dl	30 - 70
LDL (LOW DENSITY LIPOPROTEIN)	3.99 mmol/L	1.295 - 4.54
" "	153.91	50 - 172
VLDL (VERY LOW DENSITY LIPOPROTEIN)	1.1 mmol/L	0.259 - 1.036
" "	42.48 mg/dl	10 - 40
RATIO (TOTAL CHOL / HDL CHOL)	7.43	3.8 - 5.9
TRIGLYCERIDES	2.40 mmol/L	0.564 - 2.146
Method : Enzymatic	212.4 mg/dl	50 - 190
LIVER FUNCTION TEST - SERUM		
TOTAL BILIRUBIN - SERUM	0.658 mg/dL	0.1 - 1
Method : Diazo	11.25 µmol/L	1 - 17.1
DIRECT BILIRUBIN - SERUM	0.236 mg/dL	0.1 - 0.5
Method : Diazo	4.04 µmol/L	1 - 8.55
SGOT (AST)-SERUM (IFCC)	145.28 U/L	Male: up to 40.0 Female: up to 32.0
SGPT (ALT)-SERUM (IFCC)	269.27 U/L	Male: 10-50 Female: 10-35
ALKALINE PHOSPHATASE (ALP)-SERUM (IFCC)	109.13 U/L	Adult : Men -40-129

Processed By:
JIBI
Lab Technologist
MOH LIC No: 4384

Approved By:
SREERAJ
Lab Technologist

Released By:
SREERAJ
Lab Technologist
MOH License No: 6644



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DEPARTMENT OF LABORATORY MEDICINE

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Gender: M Age: 56 Y Nationality: INDIAN	Received Date: 25/09/2021 Time: 10:01
GSM No.: 96282305 ID Card No.: 74574558	Report Date: 25/09/2021 Time: 12:50
Ref. By: EXTERNAL DOCTOR	Bill No: 0785868 Bill Date: 25/09/2021
	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
		Female 35-104 Children:(Aged) 7months - 1Year :- <462 1Year - 3 Years :- <281 4 Years - 6 Years :- <269 7 Years - 12 Years :- <300 13 Years - 17 Years(M) :- <390 13 Years - 17 Years(F) :- <187
TOTAL PROTEIN-SERUM(Colorimetric Assay)	8.11 gm/dL	6.6 - 8.7
ALBUMIN - SERUM (Colorimetric Assay)	4.69 gm/dL	3.9 - 4.9
GLOBULIN - SERUM (Calculation)	3.42 gm/dL	2.3 - 3.5
ALBUMIN / GLOBULIN RATIO - Calculation	1.37	1.2 - 1.5
GGT(GAMMA GLUTAMYL TRANSPEPTIDASE) - SERUM	229.39 U/L	Men : 8-61 Female : 5-36
RENAL FUNCTION TEST (UREA - CREATININE)		
UREA - SERUM	5.04 mmol/L	1.7 - 8.3
Method : Kinetic Assay	30.27 mg/dL	10.2 - 49.8
CREATININE - SERUM	88.91 µmol/L	44.2 - 123.7
Method :-Jaffé Method	1.01 mg/dl	0.5 - 1.4
CBC (COMPLETE BLOOD COUNT)		
TOTAL WBC COUNT	6980 cells/cumm	4000 - 11000 cells/cumm
DC (DIFFERENTIAL COUNT)		
NEUTROPHILS	44.5 %	40-75%
LYMPHOCYTES	37.8 %	20-45%
EOSINOPHILS	4.7 %	2-6 %
MONOCYTES	12.3 %	2-8 %

Jibi

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INVESTIGATION	RESULT	REFERENCE RANGE
BASOPHILS	0.7 %	0-1%
HB (HEMOGLOBIN)	15.8 gm/dl	Male-13 - 18 gm/dl Female-11- 15 gm/dl
TOTAL RBC COUNT	5.05 million/cu	MALE: 4.5-6.5million/cu FEMALE: 3.9-5.5million/cu
PLATELET COUNT	1.77 lakhs/cumm	1.0 - 4.0 lakhs / cumm
PCV (PACKED CELL VOLUME)	46.30 %	Males : 42% - 52% Females : 37% - 47%
MCV (MEAN CORPUSCULAR VOLUME)	91.70 FL	76 - 96 FL
MCH (MEAN CORPUSCULAR HEMOGLOBIN)	31.30 PG	27 - 33 PG
MCHC(MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION)	34.10 g/dl	32 - 36 g/dl
ESR (ERYTHROCYTE SEDIMENTATION RATE)	03 mm/ 1st hr	MALE:0-9 mm/ 1st hr FEMALE:0-20 mm/ 1st hr
Capillary Photometry Technology Measures the kinetics of red cells aggregation.Clinical Laboratory and Standard Institute (CLSI) procedure for the ESR Test.		
SICKLE CELL	NEGATIVE	
URINE ROUTINE		
URINE BIOCHEMISTRY		
GLUCOSE	'+++'	
PROTEIN	NIL	
KETONE	NIL	
BILIRUBIN	NIL	
pH	ACIDIC	

Processed By:
JIBI
Lab Technologist

Approved By:
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Released By:
SREERAJ
Lab Technologist



MOH LIC No: 4384

MOH License No: 6644

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INVESTIGATION	RESULT	REFERENCE RANGE
UROBILINOGEN	NORMAL	
URINE MICROSCOPY (Centrifugation Method)		
RED BLOOD CELLS (RBC)	NIL /hpf	
PUS CELLS	1 - 2 /hpf	
EPITHELIAL CELLS	NIL /hpf	
CRYSTALS	NIL /hpf	
CAST	NIL /hpf	
BACTERIA	PRESENT /hpf	
YEAST CELLS	NIL /hpf	

JIBI

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Lab Technologist
MOH LIC No: 4384

Approved By:
SREERAJ
Lab Technologist

SREERAJ
Medical Lab Technologist
Released By:
SREERAJ
Lab Technologist
MOH License No: 6644



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X-RAY REPORT

Doc No:	0058415
Name:	JOSEPH GEROGGE GEORGE
Age/DOB:	56 Y Omani ID/ L.Card No:: 74574558
Sex:	Male
Referred By:	EXTERNAL DOCTOR
Clinical Diagnosis:	
X-Ray/UltraSound	CHEST X-RAY
Date:	25/09/2021
X-Ray Film No:	TO
Bill No:	0785868
Charge Sheet No:	

Both lung fields are normal

Both cp angles are clear

Mediastinal shadow and bony thorax are normal

Cardiac configuration is within normal limits

Conclusion: A normal X-ray appearance

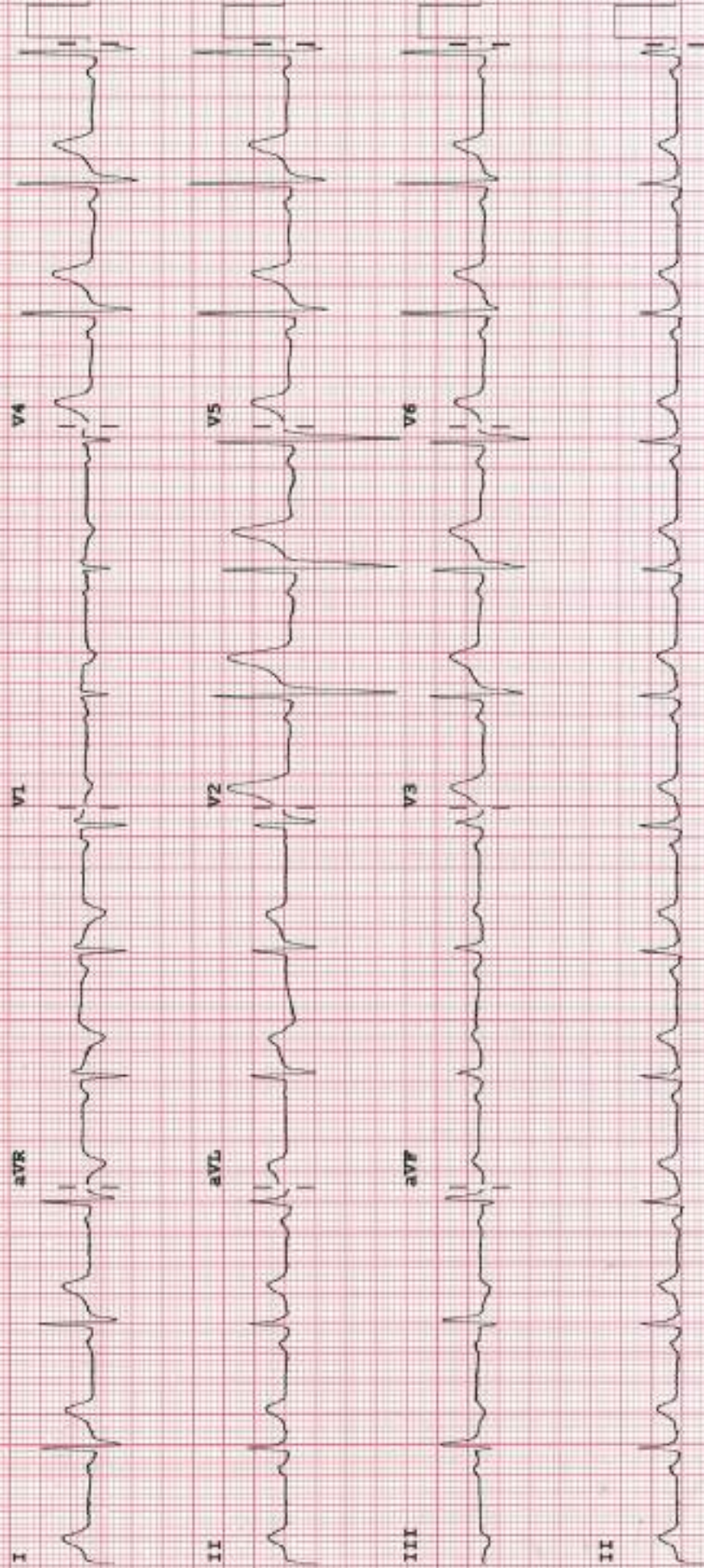
Signature: 
DR. KALESHA SHAIK
Specialist Radiology
MOH Reg. No. 17925



Rate	72
RR	833
PR	153
QRSD	103
QT	389
QTC	426

```
--AXIS--
P      52
QRS    65
e      12
```

12 Lead; Standard Placement



Device:

speed: 25 mm/sec

$I_{dmb} = 10 \text{ mm/mV}$

chest: 10.0 mm/mV

50~0.50-40 Hz W

PHILO CL

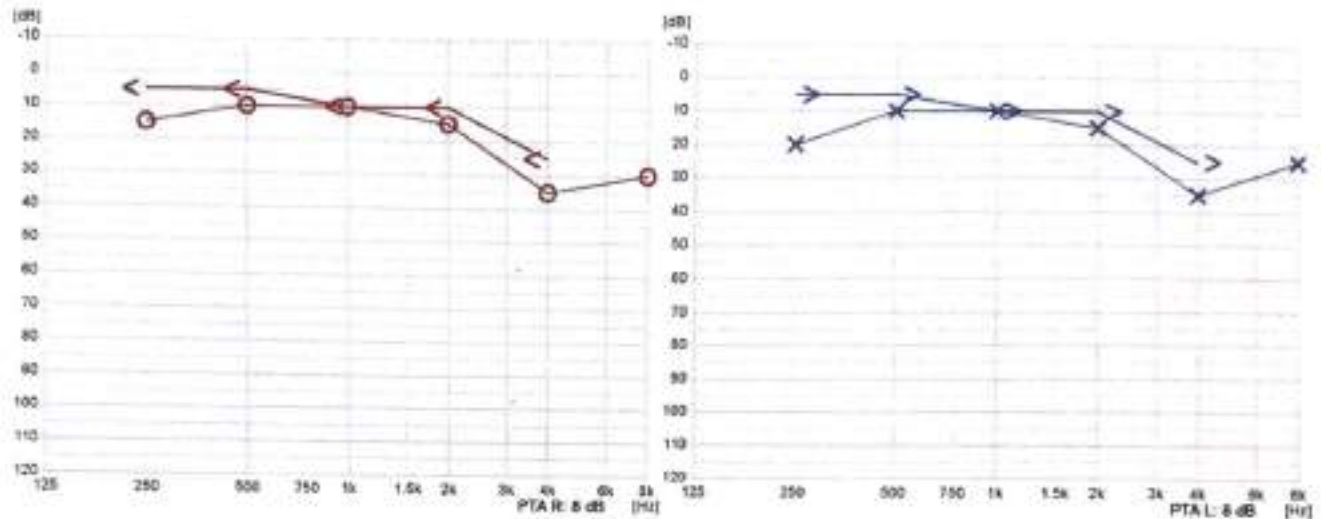
3

SUPER QUALITY HEARING AID AND SPEECH THERAPY CENTER

IBRI

22349191

Code: 0795888	Last name , First name GEORGE , JOSEPH GEORGE	Born: 08/09/2021
Test type Tonal audiometry	Test date: 25/09/2021	



Legend	R	L
Air	○	×
Air Masked	△	□
Bone	<	>
Bone Masked	[	]
MCL	M	M
UCL	m	m
Free Field	⊗	⊗
Free Field Masked	A	A
Binaural	B	
No response	I	

PTA
Right:- 11.6 dB HL
Left:- 11.6 dB HL

Comments

BILATERAL HEARING SENSITIVITY WITHIN NORMAL LIMITS WITH NOTCH AT 4KHz

Signature:



Date: 25/09/2021