

ROUTINE/PERIODIC EXAMINATION REPORT (MEDICAL- CONFIDENTIAL)



RUSAYL HEALTH CENTRE
ISO 9001- 2015 Certified Co.

PLEASE COMPLETE YOUR PERSONAL DETAILS IN BLOCK CAPITALS

Surname/Forenames		HAITHAM SALIM ALI ٤٣٢٤٧
Nationality		OMANI

Mobile No. ٩٧٦٥٣١٠٩	Home/Leave Address:	Company Number: ١٥٢٤٧	Reference Indicator:
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Personal Details

DOB - ٢٥/٠٩/١٩٨٩

A <input checked="" type="checkbox"/> Male <input type="checkbox"/> Female	<input checked="" type="checkbox"/> Married <input type="checkbox"/> Single <input type="checkbox"/> Separated /Divorced /Widow(er)
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Home/Leave Address: JALAN BESAR OMAN	Relationship to employee <input checked="" type="checkbox"/> Wife <input type="checkbox"/> Son <input type="checkbox"/> Daughter	No of Children: NIL
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Reason for Examination (tick as appropriate)

Periodic Medical Examination <input checked="" type="checkbox"/>	Final / Retirement <input type="checkbox"/>	Other Reason: <input type="checkbox"/>
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Employee only

B Present Job and Location: HELPER, TRUCKMAN	Next Job and Location: NMR
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Are you a registered person with special needs? <input type="checkbox"/>	Do you belong to any Medical Insurance Scheme? <input type="checkbox"/>
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Previous Medical History: All important medical events should be listed and dated at every medical examination. To be completed together with the interviewing Nurses or Doctor who will be able to help by referring to your notes.

Please answer the following questions and tick 'N' (no) or 'Y' (yes) in the column. If 'Y' Please describe

	N	Y	Description
Have you, since your last medical been treated by your family doctor or specialist for significant (major) ailments?			
1 Ear, nose, eye or throat problems		✓	
2 Chest problems like asthma, bronchitis, other bad cough		✓	
3 Heart abnormality, chest pains		✓	
4 Abdominal pains, abnormal bowel motions		✓	
5 Urogenital problems (kidney disease, menstrual disorder)		✓	
6 Skin trouble or allergies		✓	
7 Epileptic fits, dizzy spells or migraine		✓	
8 History of mental illness, depression anxiety		✓	
9 Diabetes, thyroid disease		✓	
10 Blood disorder e.g. anaemia, blood cancer e.g. leukaemia		✓	
11 Any history of accidents or fractures		✓	
12 Have you had any serious allergies		✓	
13 Do any dependants have a significant ongoing illness?		✓	
14 Any family history of cancers		✓	
Do you take any regular medicines, or have you taken in the past?		✓	
Do you smoke? If yes, what and how much each day?		✓	
Do you drink alcohol? If yes, what is your average weekly intake?		✓	
Have you ever taken elicited/recreational drugs?		✓	
Are you doing regular sports or physical activities?		✓	

STATEMENT: I have read the above questions and the above answers are correct and no information concerning my present or past state of health has been withheld. I understand and agree that this form will be held as a confidential record by PDO Medical Department, and may be copied (by paper or secure electronic transmission) to the Occupational Health Services for the purpose of Health Surveillance and other Occupational Health review.

C.R. No.: 1/25995/4

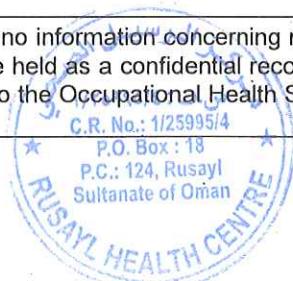
P.O. Box : 18

P.C.: 124, Rusayl

Sultanate of Oman

Date: ١٣-٠٦-٢٠٢١

Signature of Applicant:



FOR COMPLETION BY EXAMINING DOCTOR OR NURSE

Further details of medical history and recreational activities

HAITHAM SALIM ALI (32 yrs)

		PHYSICAL EXAMINATION												
N	A													
✓		1. Eyes & Pupils												
✓		2. E.N.T.												
✓		3. Teeth & Mouth												
✓		4. Lungs & Chest												
✓		5. Cardiovascular System												
✓		6. Abdo. Viscera												
✓		7. Hernial Orifices												
✓		8. Anus & Rectum												
✓		9. Genito-urinary												
✓		10. Extremities												
✓		11. Musculo-skeletal												
✓		12. Skin & Varicose Vns.												
✓		13. C.N.S.												

HEIGHT cm	WEIGHT kg	BMI	B.P. mm Hg	PULSE /mins.	HEARING L R	Uncorrected Corrected	VISION		N	A
							DISTANT R L	NEAR R L		
172	83	28.05 kg/m ²	110 70 mm Hg	66	L R	Uncorrected Corrected	6/6 6/6	6/6 6/6		

N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS	N	A
✓		1. Urinalysis		7. Audiogram
✓		2. Hb, Bloodcount, ESR		8. Lung Function
✓		3. LFT, RFT, RBS FBS		9. Chest X-Ray Not done
		4. Drug Screen		10. ECG
✓		5. Lipids (40 years +)		11. CVS risk for 40 yrs. & above
✓		6. Sickle Cell test		12. HIV, Hepatitis screening

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

- Hypertriglyceridemia [↑ TG - 220 mg/dl]. & advised
- Over weight [BMI - 28.05 Kg/m²].
- No other physical or mental abnormality found.

ASSESSMENT AND RECOMMENDATIONS:

FIT ALL AREAS FIT WITH RESTRICTION TEMPORARY UNFIT UNFIT

13-06-2021 DR. MOHAMMAD HARUN AR RASHID

Date:

Name (Block Capitals): Dr. / Nurse

Signature:

REVIEW/CONSULTATION



Date:

Name (Block Capitals): Dr. / Nurse



Signature: