

Initial Medical Examination Report

INITIAL EXAMINATION REPORT (MEDICAL - CONFIDENTIAL)

Surname: <u>Cunjit Singh</u>		Forenames: <u>Harbajan Singh</u>	
Address: <u>Trux Oman</u>		Home telephone number: <u>92096519</u>	
Place of examination: <u>Aster Hospital, Ibra</u>	Date: <u>26/10/2011</u>	Project: <u>Trux Oman</u>	
If a dependant enter employee's name here:		Country of birth: <u>India</u>	Religion: <u>Singh</u>
Birth date: <u>21/1/1980</u>	Nationality: <u>Indian</u>	Relationship to employee: <u>Wife</u>	
☒ Male ☐ Female	☒ Married ☐ Single ☐ Separated / Divorced	☐ Son ☐ Daughter	Number of children: <u>1</u>
Reason for examination: <u>Pre-Employment</u>		Job: <u>Area:</u>	
Name and address of family doctor:		List your last 3 jobs (1):	
Are you a Registered Disabled Person? (UK only) ☐		Do you belong to any Medical Insurance Scheme? ☐	
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)			
	Y	N	
1. Sinus trouble			21. Cancer
2. Neck swelling/glands			22. Heart Disease
3. Difficulty in vision			23. Rheumatic fever
4. Any ear discharge			24. Abnormal heartbeat
5. Asthma/bronchitis			25. High blood pressure
6. Hayfever /other significant allergy			26. Stroke
7. Any skin trouble			27. Serious chest pain
8. Tuberculosis			28. Any blood disease
9. Shortness of breath			29. Kidney disease
10. Coughed/vomited blood			30. Blood in urine
11. Severe abdominal pain			31. Diabetes
12. Stomach ulcer			32. Headaches/migraine
13. Recurrent indigestion			33. Dizziness/fainting
14. Jaundice or hepatitis			34. Epilepsy
15. Gall Bladder disease			35. Joints/spinal trouble
16. Marked change in bowel habits			36. Surgical operation
17. Blood in stools (motions)			37. Serious accident/fracture
18. Marked change in weight			38. Tropical disease
19. Varicose veins			39. Fear of heights
20. Lump in breast/armpit			
How much tobacco each day?		Average daily alcohol consumption	
Have you ever taken illicit drugs? () PDO test all new/potential employees for illicit/recreational drugs			
FAMILY HISTORY: Diabetes () Tuberculosis () Epilepsy () Asthma () Eczema ()			
Heart disease () High blood pressure () Stroke () Blood Disease () Cancer ()			
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-			
I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if necessary by the examining medical officer. I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.			
Date: <u>26/10/2011</u>	Signature of Applicant: <u>Cunjit Singh</u>		

FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)		PHYSICAL EXAMINATION
N	A	
	☒	1. Eyes & Pupils
☒		2. E.N.T.
☒		3. Teeth & Mouth
☒		4. Lungs & Chest
☒		5. Cardiovascular System
☒		6. Abdo. Viscera
☒		7. Hernial Orifices
☒		8. Anus & Rectum
☒		9. Genito-urinary
☒		10. Extremities
☒		11. Musculo-skeletal
☒		12. Skin & Varicose Vns.
☒		13. C.N.S.

HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE /mins.	HEARING L R	VISION DISTANT NEAR	Colour Vision	Blood Group
168cm	75.7	26.6	134/70	64		6/6 both eye with Corrected		
						Uncorrected		
						Corrected		

N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS	N	A	
☒		1. Urinalysis			7. Audiogram
☒		2. Hb, Bloodcount, ESR			8. Lung Function
☒		3. LFT, RFT, RBS	☒		9. Chest X-Ray
		4. Drug Screen	☒		10. ECG
		5. Lipids (40 years +)			11. CVS risk for 40 yrs. & above
☒		6. Sickle Cell test			12. HIV, Hepatitis screening

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

Vision Corrected both eye with spectacle.

ASSESSMENT:

☒ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT

Date: 26/10/21 Name (Block Capitals): Dr. Signature:

REVIEW/CONSULTATION

Date: 26/10/21 Name (Block Capitals): Dr. Review: ophthalmology consultation

Framingham Risk Assessment form

Framingham Risk Assessment (For all professional drivers, crane operators, forklift operator or other employees who are above 40 years of age):

Employee Name: Surjant Singh Harbajan Singh

Emp #: 70732688

Date of Assessment: 26/10/2021

1	Age	Years	<u>41</u>
2	Gender	Female/Male	<u>Male</u>
3	Total Cholesterol	mmol/L	<u>4.60</u>
4	HDL Cholesterol	mmol/L	<u>1.280</u>
5	Smoker	Yes/No	<u>No</u>
6	Diabetes	Yes/No	<u>No</u>
7	Systolic Blood pressure	mm Hg	<u>130</u>
8	Is the patient being treated for High blood pressure?	Yes/No	<u>No</u>

Framingham Risk score: 5.6 %

Framingham Risk Rating (Circle the appropriate score):

Low

Medium

High

Any further action or recommendations?

Assessment or Examination conducted by:

Dr. Rajesh Kumar
A.M.B.
REG. NO: 1288
GENERAL PRACTITIONER

Epworth Screening Quest. for Sleep Apnoea

Employee Data		Date: 26/1/2021
Name: Surjant Singh Harbyan Singh	Department/Company: Thar Amer	
I. D No. 707329688	Tel # 9209819	Occupation: Driver

This questionnaire will help identify if you have any health condition which may need a more detailed medical assessment as part of your fitness to work determination. If you have any queries please contact your local Health Services staff. All information provided on this form and during consultations remains strictly confidential. When further clinical evaluation is required following completion of a screening questionnaire, the details should be recorded on Q1 and E1 forms.

How likely are you to fall asleep in the following situations? (use 0 to 3 score as shown below)

- 0 Would never doze
 - 1 Slight chance of dozing
 - 2 Moderate chance of dozing
 - 3 High chance of dozing
- 0 sitting and reading
 - 0 watching TV
 - 0 sitting inactive in a public place (e.g. theatre or meeting)
 - 0 as a passenger in the car for an hour without a break
 - 0 Lying down to rest in the afternoon when circumstances permit
 - 0 Sitting a talking with someone
 - 0 Sitting quietly after lunch without alcohol
 - 0 In a car, while stopped for a few minutes in traffic
- Total 0

If you score a total of 15 or more you should seek advice from medical personnel on site before continuing to drive or operate machinery in the workplace.

Declaration: I, Surjant Singh Harbyan Singh (Print Name) certify that to the best of my knowledge the above information supplied by me is true and correct.

Signature: Surjant Singh Harbyan Singh Date: 26/1/2021

Fitness to Work Certificate

Employee Data		Date 26/10/2021	
Name Surjant Singh Harbajan Singh		Department/Company Truck Driver	
I.D No. 70732638	Age 49	Occupation Driver	
Type of Medical Evaluation		Mark those applying ✓	
A1 Aircraft refuelling	☐	A6 Fire / Emergency response team work	☐
A2 Breathing apparatus	☐	A7 Professional driving	☐
A3 Business traveller	☐	A8 Remote location work	☐
A4 Catering and food preparation	☐	A9 Transfers – group A country	☐
A5 Crane or forklift driving & all heavy vehicles	☐	A10 Transfers – group B country	☐
Health Advisor Statement : The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.			
Fit with no restrictions		☒	
Fit with following restriction(s)			
The employee is fit for above work but should avoid the following task(s)	Temporary restriction	Permanent restriction	
Work near moving machinery or sharp edges	☐	☐	
Working at height	☐	☐	
Pulling, pushing, or carrying weight over ____ Kg	☐	☐	
Ascend/descend ladders or stairs	☐	☐	
Operate motor vehicles, forklifts or heavy machinery	☐	☐	
Use of a respirator	☐	☐	
Repetitive twisting of valves or wrenches	☐	☐	
Flying	☐	☐	
Other (Specify)	☐	☐	
Temporary Unfit until			
Permanently Unfit			
Name of health adviser Dr. Rajat	Signature [Signature]	Date 26/10/2021	Date



DEPARTMENT OF LABORATORY MEDICINE

File No: 238365
Name: GURJANT SINGH HARBAJAN SINGH
Address:
Gender: M **Age:** 41 Y **Nationality:** INDIAN
GSM No.: 92096519 **ID Card No.:** 70732638
Ref. By: EXTERNAL DOCTOR

Report No: 0586268
Sample Date: 26/10/2021 **Time:** 10:45
Received By: SREERAJ
Received Date: 26/10/2021 **Time:** 10:49
Report Date: 26/10/2021 **Time:** 11:24
Bill No: 0791675 **Bill Date:** 26/10/2021
Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
PDO MEDICAL CHECK UP ABOVE 40(truckoman)		
FBS (FASTING BLOOD SUGAR)	4.86 mmol/L	3.9 - 6.1
Method :- Hexokinase	87.48 mg/dL	70 - 110
LIPID PROFILE - SERUM		
CHOLESTEROL (TOTAL)	4.60 mmol/L	1 - 5.1
Method:-Enzymatic	177.84 mg/dl	40 - 200
HDL (HIGH DENSITY LIPOPROTEIN)	1.280 mmol/L	0.777 - 1.813
" "	49.48 mg/dl	30 - 70
LDL (LOW DENSITY LIPOPROTEIN)	2.77 mmol/L	1.295 - 4.54
" "	106.77	50 - 172
VLDL (VERY LOW DENSITY LIPOPROTEIN)	0.56 mmol/L	0.259 - 1.036
" "	21.59 mg/dl	10 - 40
RATIO (TOTAL CHOL / HDL CHOL)	3.59	3.8 - 5.9
TRIGLYCERIDES	1.22 mmol/L	0.564 - 2.146
Method : Enzymatic	107.97 mg/dl	50 - 190
LIVER FUNCTION TEST - SERUM		
TOTAL BILIRUBIN - SERUM	0.495 mg/dL	0.1 - 1
Method : Diazo	8.46 µmol/L	1 - 17.1
DIRECT BILIRUBIN - SERUM	0.173 mg/dL	0.1 - 0.5
Method : Diazo	2.96 µmol/L	1 - 8.55
SGOT (AST)-SERUM (IFCC)	28.26 U/L	Male: up to 40.0 Female: up to 32.0
SGPT (ALT)-SERUM (IFCC)	53.61 U/L	Male: 10-50 Female: 10-35
ALKALINE PHOSPHATASE (ALP)-SERUM (IFCC)	76.96 U/L	Adult : Men -40-129

Processed By:
JIBI
Lab Technologist
MOH LIC No: 4384

Approved By:
SREERAJ
Lab Technologist

Released By:
SREERAJ
Lab Technologist
MOH License No: 6844



Printed at: 26/10/2021 11:28:45 AM

Page 1 of 4

DEPARTMENT OF LABORATORY MEDICINE

File No: 238365	Report No: 0586268
Name: GURJANT SINGH HARBAJAN SINGH	Sample Date: 26/10/2021 Time: 10:45
Address:	Received By: SREERAJ
Gender: M Age: 41 Y Nationality: INDIAN	Received Date: 26/10/2021 Time: 10:49
GSM No.: 92096519 ID Card No.: 70732638	Report Date: 26/10/2021 Time: 11:24
Ref. By: EXTERNAL DOCTOR	Bill No: 0791675 Bill Date: 26/10/2021
	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
		Female 35-104 Children (Aged) 7months - 1Year :- <462 1Year - 3 Years :- <281 4 Years - 6 Years :- <269 7 Years - 12 Years :- <300 13 Years - 17 Years(M) :- <390 13 Years - 17 Years(F) :- <187
TOTAL PROTEIN-SERUM(Colorimetric Assay)	7.29 gm/dL	6.6 - 8.7
ALBUMIN - SERUM (Colorimetric Assay)	4.45 gm/dL	3.9 - 4.9
GLOBULIN - SERUM (Calculation)	2.84 gm/dL	2.3 - 3.5
ALBUMIN / GLOBULIN RATIO - Calculation	1.57	1.2 - 1.5
GGT(GAMMA GLUTAMYL TRANSPEPTIDASE) - SERUM	35.45 U/L	Men : 8-61 Female : 5-36
RENAL FUNCTION TEST (UREA - CREATININE)		
UREA - SERUM	5.29 mmol/L	1.7 - 8.3
Method : Kinetic Assay	31.77 mg/dL	10.2 - 49.8
CREATININE - SERUM	92.06 µmol/L	44.2 - 123.7
Method :-Jaffé Method	1.04 mg/dl	0.5 - 1.4
CBC (COMPLETE BLOOD COUNT)		
TOTAL WBC COUNT	7980 cells/cumm	4000 - 11000 cells/cumm
DC (DIFFERENTIAL COUNT)		
NEUTROPHILS	53.6 %	40-75%
LYMPHOCYTES	38.0 %	20-45%
EOSINOPHILS	1.3 %	2-6 %
MONOCYTES	6.6 %	2-8 %

Jibi

Processed By:
JIBI
Lab Technologist

MOH LIC No: 4384

Approved By:
SREERAJ
Lab Technologist

SREERAJ
Medical Technologist
MOH Lic 8544

Released By:
SREERAJ
Lab Technologist

MOH License No: 6544



Printed at: 26/10/2021 11:28:45 AM

Page 2 of 4

DEPARTMENT OF LABORATORY MEDICINE

File No: 238365	Report No: 0586268
Name: GURJANT SINGH HARBAJAN SINGH	Sample Date: 26/10/2021 Time: 10:45
Address:	Received By: SREERAJ
Gender: M Age: 41 Y Nationality: INDIAN	Received Date: 26/10/2021 Time: 10:49
GSM No.: 92096519 ID Card No.: 70732638	Report Date: 26/10/2021 Time: 11:24
Ref. By: EXTERNAL DOCTOR	Bill No: 0791675 Bill Date: 26/10/2021
	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
BASOPHILS	0.5 %	0-1%
HB (HEMOGLOBIN)	15.6 gm/dl	Male-13 - 18 gm/dl Female-11- 15 gm/dl
TOTAL RBC COUNT	4.85 million/cu	MALE: 4.5-6.5million/cu FEMALE: 3.9-5.5million/cu
PLATELET COUNT	1.67 lakhs/cumm	1.0 - 4.0 lakhs / cumm
PCV (PACKED CELL VOLUME)	44.70 %	Males : 42% - 52% Females : 37% - 47%
MCV (MEAN CORPUSCULAR VOLUME)	92.20 FL	76 - 96 FL
MCH (MEAN CORPUSCULAR HEMOGLOBIN)	32.20 PG	27 - 33 PG
MCHC (MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION)	34.90 g/dl	32 - 36 g/dl
ESR (ERYTHROCYTE SEDIMENTATION RATE)	05 mm/ 1st hr	MALE:0-9 mm/ 1st hr FEMALE:0-20 mm/ 1st hr
Capillary Photometry Technology Measures the kinetics of red cells aggregation.Clinical Laboratory and Standard Institute (CLSI) procedure for the ESR Test.		
SICKLE CELL	NEGATIVE	
URINE ROUTINE		
URINE BIOCHEMISTRY		
GLUCOSE	NIL	
PROTEIN	NIL	
KETONE	NIL	
BILIRUBIN	NIL	
pH	ACIDIC	

Processed By:
JIBI
Lab Technologist
MOH LIC No: 4384

Approved By:
SREERAJ
Lab Technologist

Released By:
SREERAJ
Lab Technologist
MOH License No: 6644



Printed at: 26/10/2021 11:28:45 AM

Page 3 of 4

DEPARTMENT OF LABORATORY MEDICINE

File No: 238365
Name: GURJANT SINGH HARBAJAN SINGH
Address:
Gender: M **Age:** 41 Y **Nationality:** INDIAN
GSM No.: 92096519 **ID Card No.:** 70732638
Ref. By: EXTERNAL DOCTOR

Report No: 0586268
Sample Date: 26/10/2021 **Time:** 10:45
Received By: SREERAJ
Received Date: 26/10/2021 **Time:** 10:49
Report Date: 26/10/2021 **Time:** 11:24
Bill No: 0791675 **Bill Date:** 26/10/2021
Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
UROBILINOGEN	NORMAL	
URINE MICROSCOPY (Centrifugation Method)		
RED BLOOD CELLS (RBC)	NIL /hpf	
PUS CELLS	1 - 2 /hpf	
EPITHELIAL CELLS	NIL /hpf	
CRYSTALS	NIL /hpf	
CAST	NIL /hpf	
BACTERIA	PRESENT /hpf	
YEAST CELLS	NIL /hpf	

Processed By:
JIBI
Lab Technologist
MOH LIC No: 4384

Approved By:
SREERAJ
Lab Technologist

Released By:
SREERAJ
Lab Technologist

MOH License No: 6644



Printed at: 26/10/2021 11:28:45 AM

Page 4 of 4

X-RAY REPORT

Doc No:	0058610
Name:	GURJANT SINGH HARBAJAN SINGH
Age/DOB:	41 Y Omani ID/ L.Card No:: 70732638
Sex:	Male
Referred By:	EXTERNAL DOCTOR
Clinical Diagnosis:	
X-Ray/UltraSound	CHEST X-RAY
Date:	26/10/2021
X-Ray Film No:	TO
Bill No:	0791675
Charge Sheet No:	

Both lung fields are normal

Both cp angles are clear

Mediastinal shadow and bony thorax are normal

Cardiac configuration is within normal limits

Conclusion: A normal X-ray appearance

Signature: 

DR. KALESHA SHAIK
Specialist Radiology
MOH Reg. No. 17925



238365

41 Years

GURJANT SINGH

Male

26-Oct-21 10:07:00 AM

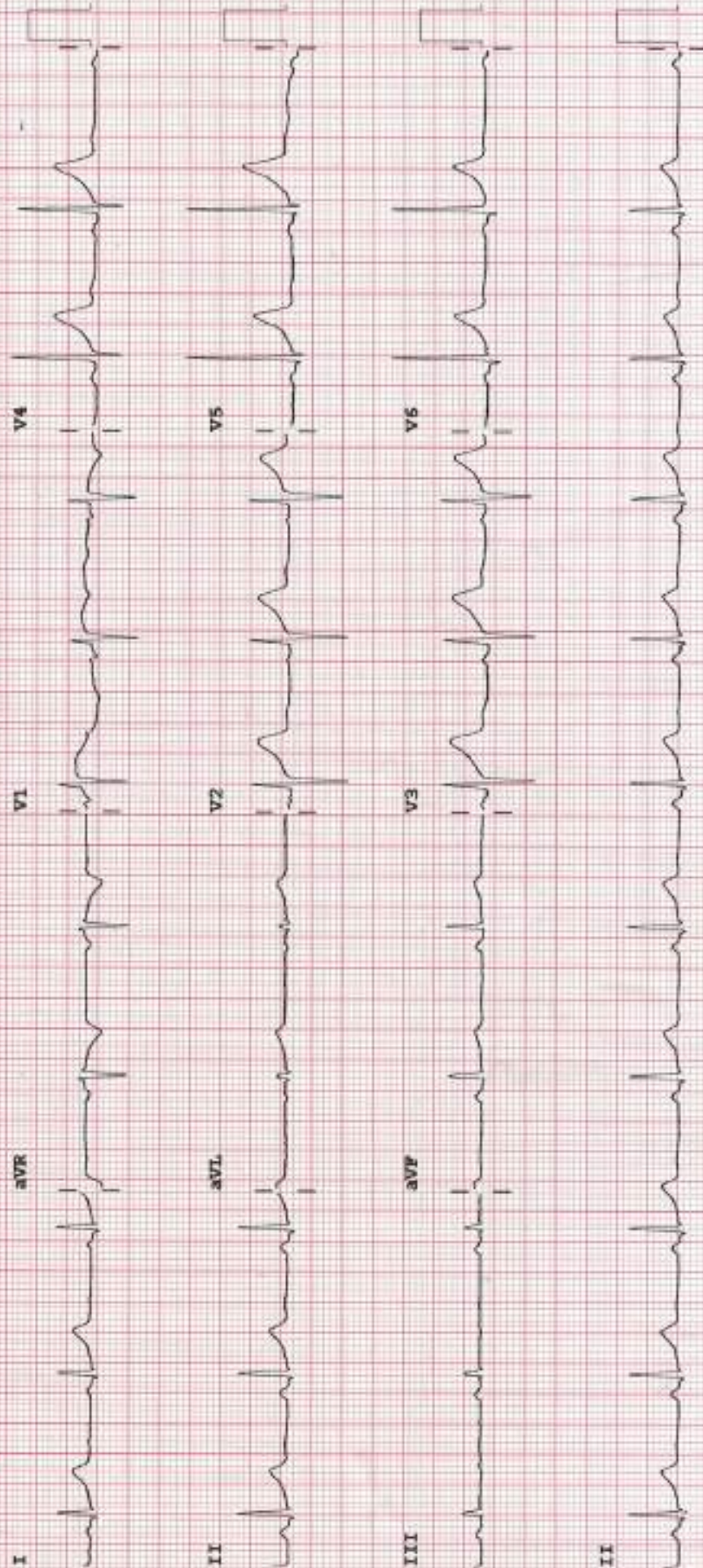
ASTER HOSPITAL IBRI (Emergency)

Rate 63
 RR 952
 PR 133
 QRS 80
 QT 407
 QTc 417

--AXIS--

P 65
 QRS 53
 T 28

12 Lead; Standard Placement



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

50~ 0.50~ 40 Hz W

PH10

CL

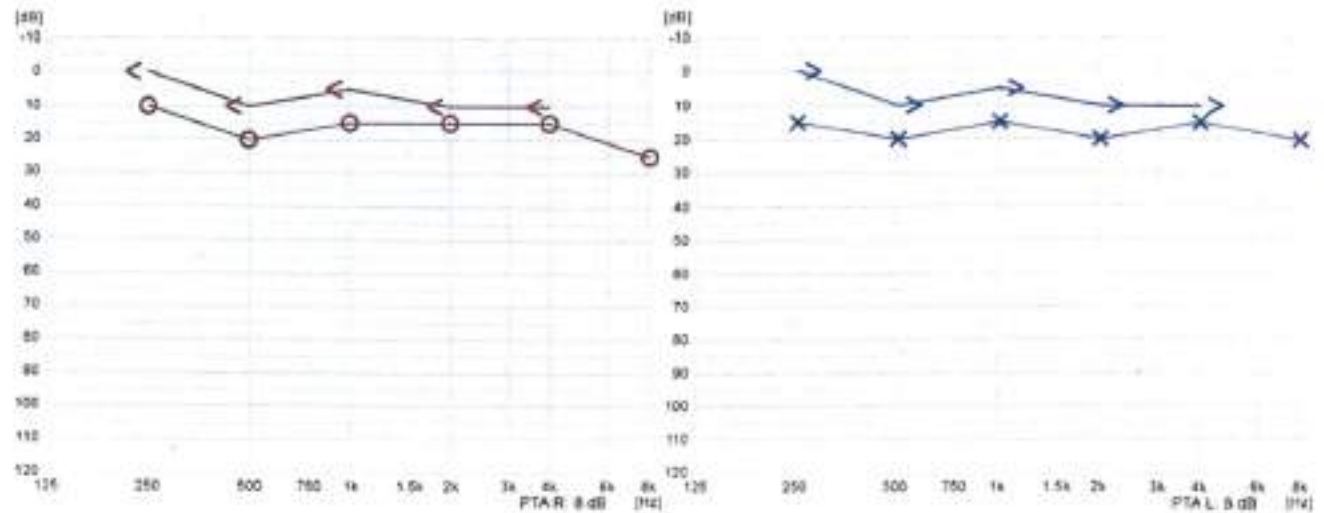
P?

SUPER QUALITY HEARING AID AND SPEECH THERAPY CENTER

IBRI

22349191

Code: 0791676	Last name , First name GUNJANT SINGH , HARBAZSINGH	Born:
Test type Tonal audiometry	Test date: 26/10/2021	



PTA
Right: 16.6 dB HL
Left: 18.3 dB HL

Comments
BILATERAL MINIMAL HEARING LOSS

Signature:



Date: 26/10/2021

Heard by Helena Bueredics Srl 2019 - www.federabionics.com