



مركز الرسيل الصحي RUSAYL HEALTH CENTRE

ISO 9001- 2015 Certified Co.

No. B14884

ROUTINE/PERIODIC EXAMINATION REPORT (MEDICAL- CONFIDENTIAL)



RUSAYL HEALTH CENTRE
ISO 9001- 2015 Certified Co.

PLEASE COMPLETE YOUR PERSONAL
DETAILS IN BLOCK CAPITALS

Surname/Forenames: Said Abdullah		Nationality: OMAN	
Home/Leave Address: Nizwa		Company Number: 949	
Mobile No: 95253318		Reference Indicator: JD-11004327	
Personal Details: 41y 1 DOB 10.05.1982			
A <input checked="" type="checkbox"/> Male <input type="checkbox"/> Female		<input checked="" type="checkbox"/> Married <input type="checkbox"/> Single <input type="checkbox"/> Separated /Divorced /Widow(er)	
Home/Leave Address:		Relationship to employee: <input type="checkbox"/> Wife <input type="checkbox"/> Son <input type="checkbox"/> Daughter	
No of Children:			
Reason for Examination (tick as appropriate)			
Periodic Medical Examination <input checked="" type="checkbox"/> Final / Retirement <input type="checkbox"/> Other Reason: <input type="checkbox"/>			
Employee only			
B Present Job and Location: ADD		Next Job and Location: NIMZ	
Are you a registered person with special needs? <input type="checkbox"/>		Do you belong to any Medical Insurance Scheme? <input type="checkbox"/>	
Previous Medical History: All important medical events should be listed and dated at every medical examination. To be completed together with the interviewing Nurses or Doctor who will be able to help by referring to your notes.			
Please answer the following questions and tick 'N' (no) or 'Y' (yes) in the column. If 'Y' Please describe			
	N	Y	Description
Have you, since your last medical been treated by your family doctor or specialist for significant (major) ailments?			
1			Ear, nose, eye or throat problems
2			Chest problems like asthma, bronchitis, other bad cough
3			Heart abnormality, chest pains
4			Abdominal pains, abnormal bowel motions
5			Urogenital problems (kidney disease, menstrual disorder)
6			Skin trouble or allergies
7			Epileptic fits, dizzy spells or migraine
8			History of mental illness, depression anxiety
9			Diabetes, thyroid disease
10			Blood disorder e.g. anaemia, blood cancer e.g. leukaemia
11			Any history of accidents or fractures
12			Have you had any serious allergies
13			Do any dependants have a significant ongoing illness?
14			Any family history of cancers
Do you take any regular medicines, or have your taken in the past?			
Do you smoke? If yes, what and how much each day?			
Do you drink alcohol? If yes, what is your average weekly intake?			
Have you ever taken elicited/recreational drugs?			
Are you doing regular sports or physical activities? <input checked="" type="checkbox"/>			
STATEMENT: I have read the above questions and the above answers are correct and no information concerning my present or past state of health has been withheld. . I understand and agree that this form will be held as a confidential record by PDO Medical Department, and may be copied (by paper or secure electronic transmission)) to the Occupational Health Services for the purpose of Health Surveillance and other Occupational Health review .			
Date: 08 / 06 / 2023 Signature of Applicant: Said			



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FOR COMPLETION BY EXAMINING DOCTOR OR NURSE

Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)

PHYSICAL EXAMINATION

N	A	
		1. Eyes & Pupils
		2. E.N.T.
		3. Teeth & Mouth
		4. Lungs & Chest
		5. Cardiovascular System
		6. Abdo. Viscera
		7. Hernial Orifices
		8. Anus & Rectum
		9. Genito-urinary
		10. Extremities
		11. Musculo-skeletal
		12. Skin & Varicose Vns.
		13. C.N.S.

HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE mins.	HEARING L R	VISION DISTANT NEAR R R
169	67	23.5	110/82	64	NORMAL	Uncorrected 10/10 Corrected 10/10

N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS	N	A	
		1. Urinalysis			7. Audiogram
		2. Hb, Bloodcount, ESR			8. Lung Function
		3. LFT, RFT, RBS			9. Chest X-Ray
		4. Drug Screen			10. ECG
		5. Lipids (40 years +)			11. CVS risk for 40 yrs. & above 3.9%
		6. Sickle Cell test			12. HIV, Hepatitis screening

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

A. Impaired fasting glucose.

ASSESSMENT AND RECOMMENDATIONS:

☒ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT

10 June 2013

Date: Name (Block Capitals): Dr. / Nurse

DR. ROMMEL WHIGAN MELENDEZ
GENERAL PRACTITIONER
RUSAYL HEALTH CENTRE
MOH LIC NO. 13982

Signature:

مركز الرسيل الصحي
RUSAYL HEALTH CENTRE
S.R. No.: 1259954, 1701101
P.O. Box : 18, P.C.: 124, Rusayl
Sultanate of Oman
SAHARA NIMR

REVIEW/CONSULTATION

P. Diabetic diet for 3 months; Monitor FBS monthly, Refer accordingly

Date: 10 June 2013 Name (Block Capitals): Dr. / Nurse

Signature: