

ROUTINE/PERIODIC EXAMINATION REPORT (MEDICAL- CONFIDENTIAL)



RUSAYL HEALTH CENTRE
ISO 9001- 2015 Certified Co.

PLEASE COMPLETE YOUR PERSONAL DETAILS IN BLOCK CAPITALS

Surname/Forenames	Said Abdullah Khanis Al Busaidi	
Nationality	Oman, Jordanian	
Company Number:	949	Reference Indicator:

Mobile No. 95253318

Home/Leave Address: Nilawa

Personal Details

41y 1 D.O.B 10/05/1982 ID-11004327

A <input checked="" type="checkbox"/> Male <input type="checkbox"/> Female	<input checked="" type="checkbox"/> Married <input type="checkbox"/> Single <input type="checkbox"/> Separated /Divorced /Widow(er)
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Home/Leave Address:

Relationship to employee

Wife Son Daughter

No of Children:

Reason for Examination (tick as appropriate)

Periodic Medical Examination Final / Retirement Other Reason:

Employee only

B Present Job and Location:

Next Job and Location:

14 DD

Nimz

Are you a registered person with special needs?

Do you belong to any Medical Insurance Scheme?

Previous Medical History: All important medical events should be listed and dated at every medical examination. To be completed together with the interviewing Nurses or Doctor who will be able to help by referring to your notes.

Please answer the following questions and tick 'N' (no) or 'Y' (yes) in the column. If 'Y' Please describe

	N	Y	Description
Have you, since your last medical been treated by your family doctor or specialist for significant (major) ailments?			
1 Ear, nose, eye or throat problems			
2 Chest problems like asthma, bronchitis, other bad cough			
3 Heart abnormality, chest pains			
4 Abdominal pains, abnormal bowel motions			
5 Urogenital problems (kidney disease, menstrual disorder)			
6 Skin trouble or allergies			
7 Epileptic fits, dizzy spells or migraine			
8 History of mental illness, depression anxiety			
9 Diabetes, thyroid disease			
10 Blood disorder e.g. anaemia, blood cancer e.g. leukaemia			
11 Any history of accidents or fractures			
12 Have you had any serious allergies			
13 Do any dependants have a significant ongoing illness?			
14 Any family history of cancers			
Do you take any regular medicines, or have you taken in the past?			
Do you smoke? If yes, what and how much each day?			
Do you drink alcohol? If yes, what is your average weekly intake?			
Have you ever taken elicited/recreational drugs?			
Are you doing regular sports or physical activities?			

STATEMENT: I have read the above questions and the above answers are correct and no information concerning my present or past state of health has been withheld. I understand and agree that this form will be held as a confidential record by PDO Medical Department, and may be copied (by paper or secure electronic transmission) to the Occupational Health Services for the purpose of Health Surveillance and other Occupational Health review.

08/06/2023 .

Date:

Signature of Applicant:

FOR COMPLETION BY EXAMINING DOCTOR OR NURSE

Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)		PHYSICAL EXAMINATION						
N	A							
	1. Eyes & Pupils	?						
	2. E.N.T.							
	3. Teeth & Mouth							
	4. Lungs & Chest							
	5. Cardiovascular System							
	6. Abdo. Viscera							
	7. Hernial Orifices							
	8. Anus & Rectum							
	9. Genito-urinary							
	10. Extremities							
	11. Musculo-skeletal							
	12. Skin & Varicose Vns.							
	13. C.N.S.							
HEIGHT cm 169	WEIGHT kg 67	BMI 23.5	B.P. 110/82	PULSE 64 mins.	HEARING L N/N/N R N/N/N Uncorrected Corrected	DISTANT R 9/6	VISION NEAR R 16	

N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS			N	A	
✓		1. Urinalysis					7. Audiogram
✓		2. Hb, Bloodcount, ESR					8. Lung Function
✓		3. LFT, RFT, RBS					9. Chest X-Ray
✓		4. Drug Screen					10. ECG
✓		5. Lipids (40 years +)					11. CVS risk for 40 yrs. & above 3.9%
✓		6. Sickle Cell test					12. HIV, Hepatitis screening

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

A. Impaired Fasting glucose.

ASSESSMENT AND RECOMMENDATIONS:

FIT ALL AREAS FIT WITH RESTRICTION

Dr. Buddhi

10 June 2023

Date: Name (Block Capitals): Dr. / Nurse

TEMPORARY UNFIT UNFIT

DR. ROMMEL WHIGAN MELENDRES
GENERAL PRACTITIONER
RUSAYL HEALTH CENTRE
MOH LIC NO. 13982

Signature:

مركز الرسيل الصحي
RUSAYL HEALTH CENTRE
P.O. No.: 1259954, Street No.: 18
P.O. Box: 18, P.C.: 124, Rusayl
Sultanate of Oman
SAHARA NIMR

REVIEW/CONSULTATION

P> Diabetic diet for 3 months; monitor FBS monthly, Refer accordingly

Date: Name (Block Capitals): Dr. / Nurse

10 June 2023

Signature:

JW